

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
PREVENTION COMMITTEE
MINUTES ■ June 9, 2014**

Members Present

Karyn Bates, BHAB Member
Juls Christian, Consumer/Family
June Ewart, Community Coalition United
Janis Gardner, BHAB Member, Chair, Prevention Committee
Katherine Kasmir, Straight Up Ventura County
Kiran Sahota, BHAB Member

**NEXT MEETING: July 14, 2014
3:15 – 4:30 PM**

Ventura County Behavioral Health
Conference Room "C"
1911 Williams Dr., Suite 200, Oxnard CA 93036

Members Absent

Ratan Bhavnani, NAMI Ventura County
Nancy Borchard, BHAB Member
Kate Mills, BHAB Member
Regina Poynter, Client Network

VCBH Managers/Staff Present

Dan Hicks, ADP Prevention Services Manager
Janet Kaplan, ADP Prevention Services
Esperanza Ortega, PEI
KerryAnn Schuette, PEI Manager
Glenda Valles, Mgmt. Asst., ADP Prevention Services

Other Attendees

Valerie Barrett, Vista Del Mar Hospital
Mary Ellen Collins, Voice 4 Families

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:15 PM by Chair, Janis Gardner		
II.	Approval of May 12, 2014 Agenda	Agenda Approved M/S/C	
III.	Approval of the Minutes A. Minutes of April 7, 2014 were approved as written B. Minutes of May 12, 2014 were approved with the following changes: Under Staff Update, A., line 1: "CCC" should be changed to "CCU" and "Simi Valley Parks and Recreation District" should be changed to read: "Rancho Simi Recreation and Park District".	Minutes Approved M/S/C Minutes Approved as amended M/S/C	
IV.	Welcome and Introductions The Chair welcomed all and introductions were made around the table.		
V.	Chair Announcements A. The Chair reported that a test study of 60 youths was conducted at the University of Chicago and findings revealed that seeing others smoking e-cigarettes increased the urge to smoke but seeing regular cigarette smokers did not have the same effect. She also reported that some young people are now using marijuana in e-cigarettes. B. VCBH held a Recovery Month event at the Ventura Beach Marriott in May on "Schizophrenia: The Journey to Recovery is Possible". One of the presenters was Dr. John Tsuang, Director of the Dual Diagnosis Treatment Program, Harbor/UCLA Medical Center. Substance abuse is especially problematic for those suffering from schizophrenia. Studies of dual diagnosed schizophrenics indicate that 60-90% use nicotine and of these 28.5% were dependent, 17-80% use marijuana and 50% were dependent. In addition, 21-80% of schizophrenics used alcohol and 43-65% were dependent. According to Dr. Tsuang, successful treatment methods for schizophrenics include the 12-step		

	models of Alcoholics and Narcotics Anonymous. Total abstinence from drugs and alcohol use was most effective except for heroin users who respond better to a harm reduction approach and cognitive behavioral therapy.		
VI. Public Comments	<p>A. Valerie Barrett, Vista Del Mar Behavioral Healthcare Hospital, spoke briefly on the programs offered by the hospital. The hospital has an adolescent program which accommodates patients 12 years of age and up. Services also include a dual diagnosis program, medical detox capabilities, and crisis center.</p>		
VII. Staff Update	<p>A. Janet Kaplan, ADP Prevention Services, reported on the following:</p> <ol style="list-style-type: none"> 1. A Social Host Ordinance workshop was held at the East Ventura County Sheriff's Station in Thousand Oaks on May 15, 2014. The event was a joint collaboration between ADP Prevention Services and the Ventura County Sheriff's Office. Attendees included Sheriff Geoff Dean and other law enforcement personnel, prevention providers, and representatives from other counties and agencies interested in developing and implementing Social Host Ordinances in their areas. More information can be found at www.venturacountylimits.org. 2. Conejo Valley Unified School District received an award for the Breakthrough Assistance Program and acknowledged the funding and technical support by VCBH in making the pilot program a success. 3. Dan Hicks attended a CPI Regional Forum in Orange County on June 6, 2014 sponsored by the Center for Applied Research Solutions (CARS). Mr. Hicks gave a presentation on integrated prevention efforts in Ventura County. <p>B. KerryAnn Schuette reported on the following:</p> <ol style="list-style-type: none"> 1. VCBH recently hosted a My 3 App Training for suicide prevention. 75 persons were trained. 2. The Countywide Coordinating Council (CCC) for suicide prevention meets on the first Friday of the month and will meet on July 11th from 10 to 11:30 AM. 3. The Leadership Summit was held on April 24th. Presentations on trauma/informed care and the Triple P program were given. More information is available at www.ACEsconnection.org which is an interactive website dealing with adverse childhood experiences. 		
VIII. New Business	<p>A. The Chair distributed the Mission Statement for the Behavioral Health Advisory Board for review and requested input from committee members to establish the Goals of the BHAB Prevention Committee.</p>		
IX. Old Business	<p>A. Site Visits – The chair commented that she would like to visit the Breakthrough Assistance Program in Conejo Valley Unified School District. She asked members for input on what sites they may be interested in visiting.</p> <p>B. Office of Traffic Safety (OTS) Update – Dan Hicks reported that he remains optimistic that the grant will be awarded and has been in discussion with OTS personnel to clarify items in the submitted proposal.</p>		
X. Board Member Comments and Announcements	None		
XI. Time Certain Presentation – 3:45 PM	<p>A. Mary Ellen Collins, Voice 4 Families – Mental Health First Aid (MHFA) The purpose of MHFA training is to raise awareness, relieve distress, and give hope to those with mental health disorders. A group exercise was conducted to simulate an auditory hallucination to give everyone an idea of what those in a state of psychosis may experience. MHFA training is an 8 hour session and includes interactive video. MHFA training schedule can be obtained from Arieta Faiivae at 981-2220.</p>		
XII. Future Meeting Discussion	<p>A. Tentative for July 14 - Early Detection and Intervention for the Prevention Psychosis (EDIPP)</p> <p>B. Tentative for September – Marijuana and Mental Health Presentation</p>		
XIII. Adjourn	Meeting was adjourned at 4:30 PM	Next Meeting: July 14, 2014	