

**BEHAVIORAL HEALTH ADVISORY BOARD  
ADULT SERVICES COMMITTEE  
MINUTES ▪ Thursday, June 1<sup>st</sup>, 2017**

<p><b><u>Present</u></b>          Karyn Bates, Co-Chair          Nancy Borchard, Co-Chair          Gane Brooking, BHAB          Ratan Bhavnani, BHAB          Sidney White, BHAB          Rachel McDuffee, Aegis Treatment Centers          Lilia Simakova, Anka CRT          Mark Stadler, CIT          David Deutsch, NAMI          Sara Bavar, NAMI          Jennifer Goble, Pacific Clinics          Dana Secor, Turning Point Foundation          Mark Schumacher, Turning Point Foundation          Deborah Schreiber, VSSTF</p>	<p><b><u>VCBH Managers/Staff Present</u></b>          John Schipper, Adult Division Chief          Pam Roach, Transformational Liaison          Anna Flores, ADP          Clara Barron, MHSA          Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b>  <b>Thursday, July 6, 2017, 10:00 a.m. – 12:00 pm</b></p> <p>Ventura County Behavioral Health          1911 Williams Drive, second floor, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Co-Chair Nancy Borchard called the meeting to order at 10:05.		
II.	<b>Approval of the Agenda</b> Ms. Borchard asked the Committee to review and approve today's agenda. Ratan Bhavnani moved to approve, Gane Brooking seconded. The motion passed unanimously.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Ms. Borchard asked the committee to review and approve the minutes of the May 4, 2017 meeting. Ratan Bhavnani moved to approve, Gane Brooking seconded. The motion passed unanimously.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Ms. Borchard welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> Co-Chair Karyn Bates made two announcements:  A. A free emergency dental treatment event will be held on June 19 at 305 E. Port Hueneme Rd, in Port Hueneme. This annual event will provide free dental treatment to as many people as can be seen, on a first come, first serve basis.  B. The Ventura Channel 6 public access CAPS TV is broadcasting a show regarding City Center, a facility for homeless, and its desire to expand, which is supported by the city of Ventura.		
VI.	<b>Public Comments</b> None.		
VII.	<b>Meeting Schedule for 2017-18</b> Ms. Bates proposed that the committee go dark in August and December, as it did last year, with the understanding that if something urgent comes up, a special meeting can be called. The committee agreed.  Ms. Bates polled the committee to make sure that most or all can attend the next meeting on July 6. Most do plan to attend that day.	Go dark in August and December	

VIII.	<p><b>Discussion: Adult Services Committee Objectives for 2017-18</b>  A preliminary discussion of the committee objectives for the coming year took place.  ➤ No final decision was made, so this will be discussed again.</p>		
IX.	<p><b>Discussion: Adult Services Committee Annual Report for 2016-17</b>  The committee reviewed and discussed draft 1 of its 2016-17 Annual Report:</p> <p><b>Mission</b>  The committee decided to leave as is.</p> <p><b>Purpose</b>  A suggestion was made to add "We educate ourselves in order to better advocate as individuals for our target population in the larger community."  ➤ No final decision was made, so this will be discussed again.</p> <p><b>Goals/Objectives</b>  After a brief discussion, Ms. Borchard asked that everyone email Edith Pham their ideas for the committee's goals/objectives and ways to implement them. This should be done before the end of June. The feedback will be compiled and discussed during the July 6 meeting.</p> <p><b>Challenges</b>  The committee proposed:  1. Lack of affordable housing options and the high cost of housing in Ventura county.  2. Lack of funds for transitional housing.  3. Severe lack of housing options for individuals with little or no income.  4. Cuts in MHSA-funded programs.  ➤ No final decision was made, so this will be discussed again.</p> <p><b>Opportunities</b>  Not discussed.</p>	Send feedback to Edith Pham by 6/29	All
X.	<p><b>Participants Comments</b></p> <p>A. Ratan Bhavnani noted that the Department of Housing and Community Development (HCD) has released the draft No Place Like Home (NPLH) program guidelines and was seeking public comments through May 29. He will provide information to Edith Pham, who will forward to the committee.</p> <p>B. Clara Barron noted that:  1. The state has approved the Children's Accelerated Access to Treatment and Services (CAATS) Innovative project that will provide mental health screening to all children entering the foster care system.  2. The VCBH MHSA team is working on its draft annual report; the final version of the document will be sent to the state.  3. In response to the committee's request for information, Ms. Barron will ask Kiran Sahota, MHSA Manager, to provide an update on NPLH.</p> <p>C. Lilia Simakova noted that the Crisis Residential Treatment (CRT) has no openings. Clients come from the Inpatient Unit (IPU) or from Outpatient Psychiatric Observation Services (OPOS) as a diversion from IPU. There is no mechanism for families or law enforcement to bring individuals to the CRT. Discharges can be challenging for those who are homeless; they usually go to the Rescue Mission (men) or Lighthouse (women) in Oxnard) or to a Board &amp; Care facility. Many clients request to be placed at Casa de Esperanza, an 18-month program, which has very little turnover/bed availability. The average length of stay at the CRT is two weeks.</p>	Share draft NPLH	R. Bhavnani, E. Pham

- D. Mark Stadler noted that at the end of the CIT training in late May, 49 new law enforcement officers graduated, 47 of them from Ventura county and cities. County-wide, close to 80% of law enforcement personnel are CIT-trained.  
A grand jury has recommended to increase attendance at the CIT trainings, which can accommodate up to 50 participants but averages 40, or adding a class, although this could strain the volunteer instructors.
- E. Mark Schumacher noted that the Wellness Center is strengthening its relationship with the Mexican consulate in Oxnard. The center is in the process of providing peer support at the consulate.  
WRAP classes are being offered in English, Spanish. There are also WRAP-for-Addiction classes. Due to the impact of the budget cuts, the peer employment training class will be pushed back toward the end of the year. A WRAP graduation ceremony will take place on June 6 for Castillo del Sol. Turning Point is helping peer support specialists in their search for employment.
- F. Pam Roach noted that orientations and smoking cessation classes are going well. Turning Point is running smoking cessation groups at some Board & Care facilities to prepare clients for the more formal class.
- G. Jennifer Goble noted that Pacific Clinics is working with VCBH to phase out peer services. Twenty staff will lose their job; some have found other employment, and the others are getting support. A few have passed the county's Mental Health Associate (MHA) test. Ratan Bhavnani noted that NAMI had considered the use of recovery coaches for people who are not clients of VCBH.  
Ms. Goble noted that recovery coaches have helped clients post-hospitalization and post-incarceration.  
Ms. Goble invited all to stop by their office in the VCBH building in North Oxnard during coffee time on Thursdays from 11:30 to 1:00 until the end of June, and say goodbye to the peer support specialists.  
On a personal note, Ms. Goble will be moving to Pasadena.
- H. Rachel McDuffee noted that Aegis Treatment Centers held an open house at its Simi Valley clinic. In the near future the Simi Valley clinic will offer methadone, buprenorphine and Vivitrol treatment, as happens in the Ventura facility.
- I. Gane Brooking noted that the consulate is planning their annual binational health event in October.  
The Continuum of Care Alliance, which focuses on housing, will hold its Board on June 14<sup>th</sup>.  
Starting in July, 211 staff will assess callers regarding their needs and will connect them to available resources.
- J. David Deutsch noted that more than 1300 people participated in the NAMI Walk on May 6<sup>th</sup>. Next year the Walk will be on April 28.  
Mr. Deutsch invited all to attend the following events:  
On June 13<sup>th</sup> at its general meeting starting at 7:00 p.m. in Camarillo, NAMI will host an attorney specializing in Supplemental Security Income (SSI), who will speak about criteria for disability applications and appeals.  
On June 23<sup>rd</sup> at 6:00 p.m. NAMI will present A Minority Mental Health Awareness event at the Bethel AME Church in Oxnard.
- K. Sidney White noted that he has been approached regarding chairing a BHAB group on housing. This is in the preliminary stages.

<p><b>XI.</b></p>	<p><b>Update: Behavioral Health Adult Division – Dr. John Schipper</b></p> <p>A. Some staff (from Telecare and from VCBH RISE, Quality Improvement and Dr. Schipper) attended a mandatory Substance Abuse &amp; Mental Health Services Administration (SAMHSA) conference and training in Virginia. This was attended by counties throughout the nation that have an Assisted Outpatient Treatment (AOT) program. The AOT grant in some places seems to provide basic services. The VCBH evaluation team presented on data gathering, and Dr. Schipper presented on the stakeholder process that took place.</p> <p>B. The federal government agrees to the idea that VCBH consider for the AOT program people who are not under court order, and it has approved VCBH collecting data on these people. It has also agreed to VCBH giving the same services to all AOT clients, whether they are court ordered or not.</p> <p>C. VCBH currently does not have any client court-ordered to AOT. However, this will probably change soon. Currently, four clients have signed a treatment plan and are part of the program; VCBH has committed to having 40 clients enrolled by October 2017.</p> <p>D. VCBH has met recently with Tri-Counties Regional Center (TCRC) regarding the closing of some developmental centers. As a result of the closing, TCRC is expecting five of its clients to return to the county.</p> <p>E. VCBH is working on hiring a housing manager.</p>	<p>Information</p>	
<p><b>XII.</b></p>	<p><b>Update: Behavioral Health Substance Use Disorders – Anna Flores</b></p> <p>A. The VCBH Alcohol &amp; Drug Programs website <a href="http://VenturaCountyLimits.org">VenturaCountyLimits.org</a> is an excellent resource for articles, brochures, conferences, and information. It has added new toolkits, such as a quiz on marijuana.</p> <p>B. The ADP outpatient clinics are collaborating with Aegis Treatment Centers. The county has invested in Vivitrol doses.</p>	<p>Information</p>	
<p><b>XIII.</b></p>	<p><b>Adjourn</b> The meeting adjourned at 12:05 p.m.</p>		

## **2016 PUBLIC SERVICE ANNOUNCEMENT**

(Announcement or post from Now through June 19, 2017)

**California Dental Group**  
**(818) 513-7100**  
[ehdentalgroup@gmail.com](mailto:ehdentalgroup@gmail.com)

### **FREE EMERGENCY DENTAL TREATMENT EVENTS IN PORT HUENEME**

Use: Immediate: TFN  
Time: 30 seconds  
Agency: California Dental Group  
Title: Free Dentistry Event

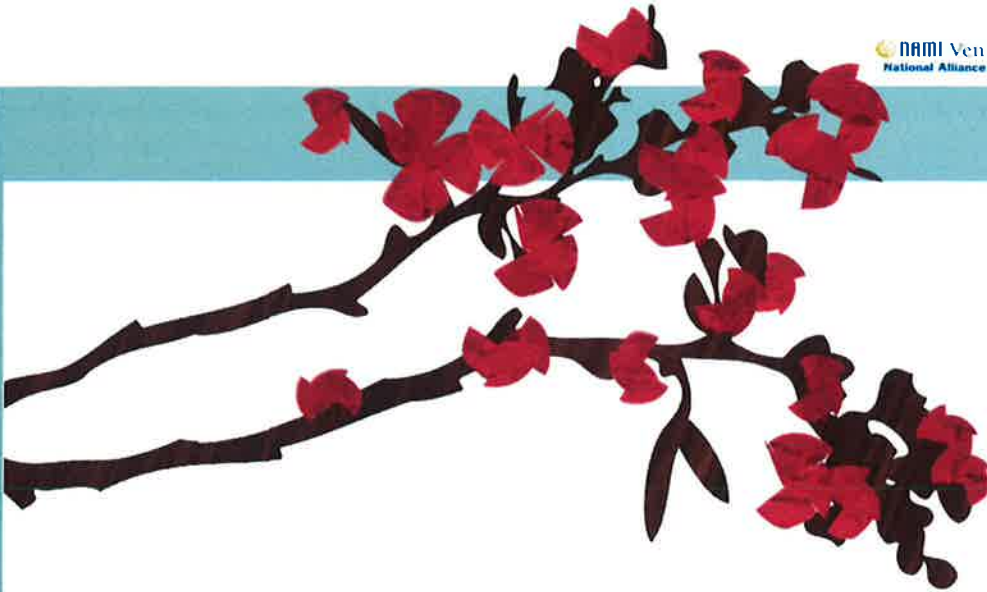
Main Point: **Free** emergency dental treatments will be provided by California Dental Group on Monday, June 19, 2017

- **Monday, June 19, 2017 from 9am to 3pm at Oxnard/Port Hueneme office**  
305 E. Port Hueneme Rd.  
Port Hueneme, CA 93041  
(800) 734-7454 or (805) 488-1112

**This annual event provides free dental treatments including fillings, extractions, toothache treatments, and cleaning of infected gums (1 area).**

All treatments will be provided at **no charge** to as many people as can be seen, on a first come, first serve basis. One emergency treatment per patient. No appointments.

For questions call  
**(800) 734-7454** or  
**(805) 488-1112** in Oxnard/Port Hueneme



NAMI VENTURA COUNTY PRESENTS:  
**A MINORITY  
MENTAL HEALTH AWARENESS  
EVENT**

IN HONOR OF BEBE MOORE CAMPBELL NATIONAL MINORITY MENTAL  
HEALTH AWARENESS MONTH

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**DATE: FRIDAY, JUNE 23<sup>RD</sup>**

**TIME: 6-8:00 PM**

LOCATION:

BETHEL AME CHURCH

855 SOUTH F STREET

OXNARD, 93030

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Speakers from diverse cultural backgrounds will present on various cultural views about mental illness and NAMI will share information regarding available resources in our communities. There will also be refreshments and music for your enjoyment.

We invite all who are interested in this important event to attend.

This event is presented in partnership with CalMHSA and Each Mind Matters.

FOR MORE INFORMATION CONTACT: NAMI VENTURA COUNTY (805) 641-2426 OR  
INFO@NAMIVENTURA.ORG – WE LOOK FORWARD TO SEEING YOU ON JUNE 23<sup>RD</sup>!

“It’s not shameful to have a mental illness. Get treatment. Recovery is possible.” – Bebe Moore Campbell