

BEHAVIORAL HEALTH ADVISORY BOARD

ADULT SERVICES COMMITTEE

MINUTES ■ Thursday, October 6, 2016

<p>Present Karyn Bates, Co-Chair Nancy Borchard, Co-Chair Gane Brooking, BHAB David Deutsch, NAMI Jennifer Goble, Pacific Clinics Laura Pancake, Pacific Clinics Kalie Matisek, Turning Point Foundation Mark Schumacher, Turning Point Foundation Denise Noguera, VCAAA Brenda Tungui, VCAAA Liz Warren, Client Network Lisa Lawrence, Housing Authority – City of Ventura Elizabeth Stone</p>	<p>VCBH Managers/Staff Present John Schipper, Adult Division Manager Anna Flores, Alcohol and Drug Program Richard Niemi, VCMC Inpatient Psych Unit Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Thursday, November 3rd, 2016, 10:00 a.m. – noon</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-Chair Nancy Borchard called the meeting to order at 10:05.		
II.	Approval of the Agenda Ms. Borchard asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Borchard asked the committee to review and approve the minutes of the September 1 st , 2016 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Borchard welcomed everyone and asked for introductions.		
V.	Chair Announcements Ms. Bates distributed: 1. a flyer announcing the Ventura City Council Candidate Forum on Housing & Homelessness on October 11 at 7:00 p.m.; 2. an article titled "Laura's Law program receives \$4M boost", which appeared in the 9/16/16 edition of VC Star; 3. an article titled "Author focuses on small prefab homes," which appeared in the 10/1/16 edition of VC Star; 4. a card on TinyHouseExpedition.com, which follows two filmmakers in their tiny house road trip across North America.		
VI.	Public Comments None.		
VII.	Presentation: Ventura Peer Services – Jennifer Goble, Pacific Clinics Ms. Goble distributed the schedule of Wellness Recovery Action Plan (WRAP) classes that are held in various VCBH clinics. Pacific Clinics employs 17 recovery coaches, eleven of them full time, one vacancy. Five are bilingual. The recovery coaches are embedded in the VCBH Adult outpatient clinics, where they support the VCBH treatment team and participate in their staff meetings. In collaboration with Sevet Johnson, VCBH manager overseeing the Pacific Clinics contract, Ms. Goble matched the recovery coaches to the clinics as best as possible to meet the community needs.	Information	

	<p>The recovery coaches facilitate two WRAP classes weekly at each VCBH clinic, including one Spanish WRAP class in Santa Paula, North Oxnard and South Oxnard currently.</p> <p>Recovery coaches were trained to lead supported employment groups, where clients' aspirations guide the search for employment.</p> <p>The target population Pacific Clinics will focus on is the Post Incarceration/ Hospitalization individuals. Recovery Coaches will support the re-establishment of services back to their home clinics. Data baselines will be created to establish the number of appointments set and kept after discharge.</p> <p>All recovery coaches received two weeks of training. Laura Pancake leads group supervision for the coaches.</p>		
<p>VIII.</p>	<p>Members' Comments</p> <p>A. Mark Schumacher stated that Peer Employment Training (PET) will be offered, through the collaboration of Turning Point and the Client Network, to anyone who had completed all 8 WRAP classes. The graduates may become employed as Recovery Coaches or may choose to become volunteers as "Peer Interns."</p> <p>On November 11th Turning Point will hold a graduation for the Peer Employment Training. Applications for the next class is October 15. The training will be from November 7 to 11. Up to 20 people may take the class.</p> <p>B. Kalie Matissek stated that a CASRA conference will take place in Pasadena on November 17th, titled "Community Integration of Consumers/Peers." Mark Schumacher will be one of the presenters.</p> <p>C. David Deutsch stated that NAMI is one of seven agencies to receive a \$5,000 grant from the Ventura County Credit Union. NAMI's new Program Coordinator is Olivia Villalobos-Niles.</p>	<p>Information</p>	
<p>IX.</p>	<p>Update: Behavioral Health Adult Division – Dr. John Schipper</p> <p>A. Michael Rodriguez is the new manager for the Ventura and Santa Paula clinics, Older Adult, and Benefits.</p> <p>B. Two Clinic Administrator positions are vacant, both in South Oxnard.</p> <p>C. The 16-bed Horizon View Mental Health Rehabilitation Center (MHRC) in Camarillo is getting ready for its opening. The ribbon-cutting ceremony is planned for November 17th at 3:00 p.m. VCBH has contracted with Telecare to run the facility. Josh Hartman is Telecare's MHRC manager. Most staff have been hired, but filling the overnight shift is challenging. Once the facility is open, clients currently at Sylmar will be returned to the county as appropriate. The average length of stay will be about 18 months.</p> <p>D. The implementation of Laura's Law/Assisted Outpatient Treatment (AOT) is being planned through a weekly workgroup that includes various stakeholders and a BHAB workgroup led by Mary Haffner and Ratan Bhavnani. In Ventura County, the program is called Assist.</p> <p>E. Susan Kelly has retired from her position as the Youth & Family Division manager; Pete Pringle is the new manager.</p>	<p>Information</p>	
<p>X.</p>	<p>Update: Behavioral Health Alcohol and Drug Program – Anna Flores</p> <p>A. Alcohol and Drug Program (ADP) is changing its name to Substance Use Disorders (SUD).</p> <p>B. Colleen Kelly, Oxnard ADP manager, is retiring.</p> <p>C. Anita Catapusan is the new manager for the Drug Medi-Cal Organized Delivery System Waiver (DMC-ODS).</p>	<p>Information</p>	
<p>XI.</p>	<p>Adjourn</p> <p>The meeting adjourned at 11:55.</p>		

VENTURA CITY COUNCIL CANDIDATE FORUM ON HOUSING & HOMELESSNESS

TUESDAY, OCTOBER 11, 7-9 PM

**VENTURA CHURCH OF CHRIST
5401 BRYN MAWR, VENTURA 93003
(doors will open at 6:30 PM)**

FORUM CANDIDATES:

Lorrie Brown

Cheryl Heitmann

Randall Richman

Jeannette Sanchez-Palacios

Michael Anthony Graves

Jacqueline Martenson

Christy Weir

Matt LaVere

Brian Lee Rencher

Dave Grau

This forum will focus on issues concerning housing needs and opportunities, services and homelessness. Other topics will be addressed at the request of the audience and discretion of the moderator.

Moderator: Reverend Kris Bergstrom, Church of the Foothills

Sponsored by: Ventura Social Services Task Force

VENTURA CITY COUNCIL CANDIDATE FORUM ON HOUSING AND HOMELESSNESS
TUESDAY, OCTOBER 11, 7 PM (doors will open at 6:30 PM)

Introduction: The issues of homelessness are multi-faceted. They affect everyone in our community: business owners, home owners, tourists, and, of course, people who are without a home. Causes of homelessness include the lack of affordable housing, the dissolution of family relationships (including divorce, domestic violence, and foster care), addiction, and mental illness. We are here today to hear what each of you will do in the areas of housing and homelessness.

Open-ended questions:

1. For many years, the City has helped fund a Winter Warming Shelter at the Armory in Oxnard or in Ventura. It operated from 6 pm to 6 am for four months each year. Each year the same people returned, still homeless. All local, state, and federal agencies agree that this is a failed approach. Research shows that smaller, local shelters that are linked to services that quickly re-house people are more effective. What role do you think the Ventura City Council should play in creating a permanent shelter that follows proven best practice and works to move people out of homelessness?
2. No group alone can end homelessness. There must be a fully coordinated approach. The County Continuum of Care calls this approach Pathways to Home. What will you do to bring the community together to fully support the implementation of this coordinated, cooperative, community-wide approach?
3. In the past five years, the vast majority of housing has been market rate housing for those with middle or high income. What ideas do you have for increasing the number of housing units built for those with very low, and extremely low income?
4. The Ventura Social Services Task Force and the City Council Subcommittee on Homelessness have identified nine recommendations from the Ventura County Recalibrated Ten-Year Strategy to End Homelessness as key area in which the City can take important steps to help end homelessness. They include implementing Housing First; creating Permanent Supportive Housing, Permanent Very Low and Extremely Low-Income Housing and Shelters; providing Homelessness Prevention Resources and services; improving Discharge planning; and increasing Social model detox beds, Business-community involvement, and Faith-community involvement. What specific steps will you take to move some of these nine recommendations forward?
5. What role do you think city government should play in helping to address poverty and specifically homelessness?

6. What leadership will you exercise and action will you take as a Council member to assure the appropriate jobs, services and/or shelter options are in place for individuals and families experiencing homelessness in our community, including how you will engage and equip the business and faith communities to be a part of your efforts?
7. Inclusionary zoning, also known as inclusionary housing, is a term which refers to municipal and county planning ordinances that require a given share of new construction to be affordable by people with extremely low to moderate incomes. The City of Ventura has two such ordinances. Do you support maintaining some version of Inclusionary Housing Ordinances either with a mandate to build affordable housing on site or a substantial in-lieu fee for every housing project (rental & for-sale) in every part of the City?
8. Businesses in Ventura face problems with people experiencing homelessness seeking shelter in their doorways or alleys, especially during extremely hot days, rainy days or cold nights. This often results in nuisance calls to the Police Department. How would you address this reality?
9. The city of Pomona was recently sued for their practice of ticketing people for sleeping in public. They were directed this was illegal; if there are not places for people who are without a home to sleep, authorities may not cite them. We now have people in Ventura being taken to jail for warrants for unpaid tickets for sleeping in public; they are homeless and have no money and no other place to sleep. How would you direct the Ventura Police Department to behave when people who have no other place to sleep are found sleeping in public spaces?
10. The Ventura City Council voted in August, 2016 to establish a task group with representatives from the business, law enforcement, county and city staff, the Continuum of Care, social service agencies, the faith community, advocacy groups and individuals to develop a plan that will be presented to council in March 2017. This group has adopted the following: Ventura seeks to provide all housing types along the continuum of care, including crisis housing, transitional housing, permanent supportive housing and extremely affordable housing. In addition, it is vital that all supportive services are available and provided to individuals at the appropriate level regardless of the type of housing they are utilizing. What role does the city have in implementing this plan? Do you support this goal? If measure O passes, how would you allocate funding? If measure O does not pass, how would you propose that the city help implement this plan?

Laura's Law program receives \$4M boost

AMANDA COVARRUBIAS

AMANDA.COVARRUBIAS@VCSTAR.COM, 805-437-0218

A \$4 million federal grant will allow Ventura County to serve up to 60 people through the Laura's Law program that provides for the court-ordered treatment of the severely mentally ill, officials said this week.

The grant from the Substance Abuse and Mental Health Services Administration will help fund the county's Laura's Law program approved in March by the Ventura County Board of Supervisors. The \$4 million — or \$1 million a year for the next four years — comes on top of \$600,000 already allocated to the program, which is scheduled to begin in January.



Elaine Crandall

The law was enacted by the state in 2002 without a funding source, and few counties offered programs until recently.

But interest has grown since Gov. Jerry Brown signed a bill allowing the proceeds of an income tax on millionaires to be used. That's the source of the initial allocation.

"Our hope is that people who have been resistant to treatment will have the incentive to get the help they need," said Elaine Crandall, director of the Ventura County Behavioral Health Department. "Issues of mental health are so prevalent in our society, and typically it's very underfunded compared to the need. So anytime we can get a leg up on this, we're just thrilled."

The law allows judges to order outpatient treatment for mentally ill people who have refused treatment, are "substantially deteriorating" in their conditions and have a history of involuntary hospitalizations or violent acts. A clinical specialist also must find that they are unlikely to survive safely in the community without supervision. They do not need to be a danger to themselves or others or gravely disabled, conditions that allow them to be held for up to 72 hours in a psychiatric hospital.

See GRANT, Page 2A

VENTURA COUNTY STAR

PART OF THE USA TODAY NETWORK

Friday, September 16, 2016

Grant

Continued from Page 1A

The law does not force individuals to take medication, but proponents say a judge's order can result

in increased cooperation. The grant will help pay for several staff positions, including a registered nurse and case managers, and will contribute to the salaries of a civil law clerk, a judge and a public defender, among others, Crandall said.

Without the federal grant, the county would have been able to serve about 20 people, Crandall said. That number will triple, she said. People will come into the program through referrals from community members, law

enforcement officials and social service workers, she said. Crandall said the county may not have been able to win the competitive grant without the help of Laura's Law work group chairs Ratan Bhavnani and Mary Hafner and be-

havioral health advisory board chair Janis Gardner. The legislation is named after Laura Wilcox, a 19-year-old woman who was shot to death in 2001 along with two other people by a mentally ill man in Nevada County.

Author focuses on small prefab homes

Today's models have elegant, eco-friendly and economical designs

KATHERINE ROTH
ASSOCIATED PRESS

Author Sheri Koones believes that prefab houses (or "prefabulous," as she calls them) are the homes of the future. She's written five books about them.

In the new "Prefabulous Small Homes" (The Taunton Press), Koones focuses on modestly sized homes and cottages, between 350 and 2,500 square feet.

"It is definitely possible to live large but on a small footprint without cramping your style or budget," she said in an interview.

Compared to the basic modular homes of a decade ago, Koones says, these prefab residences are more elegant, eco-friendly and economical. Unlike traditional, on-site home building, they can be put up in a matter of days or weeks.

The book profiles 32 homes across the country and explains some of the latest technologies. In a foreword, Robert Redford extols the ecological virtues of going prefab.

Excerpts from Koones' interview with The Associated Press:

AP: How did this book come about?

Koones: I've been writing about prefab construction for a long time. If you're going to write about energy-efficient, sustainable homes, it really has to be prefab. The technology has come so incredibly far in recent years. And the more I traveled and looked around, the more I saw that there was a trend toward living smaller, and focusing on travel and other things instead of pouring all your time and resources into your home. Today, almost anything that can be built on-site can be built prefab. In Japan, most of the houses are prefabricated, and in Australia many of them are. We're slowly going in that direction, too.

AP: The homes featured in your book look very expensive. How economical are small, prefab homes?

Koones: Prefab houses can cost from 5 percent to 15 percent less than an on-site built house. And we know that building prefab saves time and energy both in the construction process and also in terms of maintenance. You wouldn't want someone to dump a bunch of car parts in your driveway and build a car there, so why would you want a home built that way? It's so wasteful.



JEREMY SCOTT/TAUNTON PRESS VIA AP

This Tampa, Fla., home is featured in the book "Prefabulous Small Houses" by Sheri Koones. The home is just 352 square feet, but the design makes it feel much larger inside.

ways and rooms used for multiple purposes are elements shared by many of the homes featured in this book. The emphasis is on living well as opposed to living big.

AP: Could you talk a little about the new technologies that are becoming available?

Koones: I am wowed by the houses created by students for the Solar Decathlon, sponsored by the U.S. Department of Energy every two years. These are really the architects, builders and manufacturers of the future. Three of the amazing homes in the book feature important Solar Decathlon innovations. The SU+RE House, built by a team at Stevens Institute of Technology, is designed to withstand the next hurricane on the New Jersey shore, and because it uses marine technology instead of stilts, it's easier to access for a wider range of people. And the DesertSol House, built by students at the University of Nevada, Las Vegas, finds creative ways to save water and use it for cooling.

AP: What are the biggest misperceptions about prefab housing?

Koones: People still think of it as cheap and boxy. But if I were building a

and in Australia many of them are. We're slowly going in that direction, too.

AP: The homes featured in your book look very expensive. How economical are small, prefab homes?

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AP: What design elements do these homes use to help them feel comfortable and roomy despite their diminutive size?

Koones: High ceilings, limited hall-

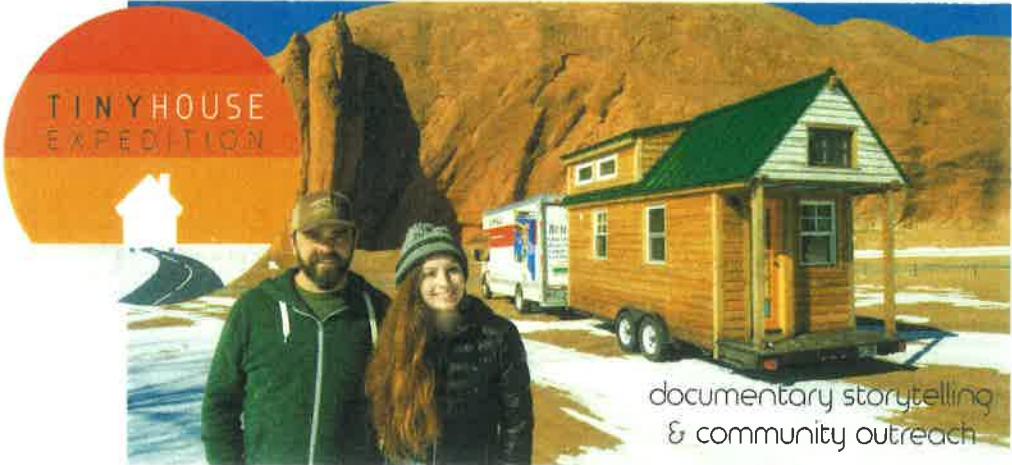
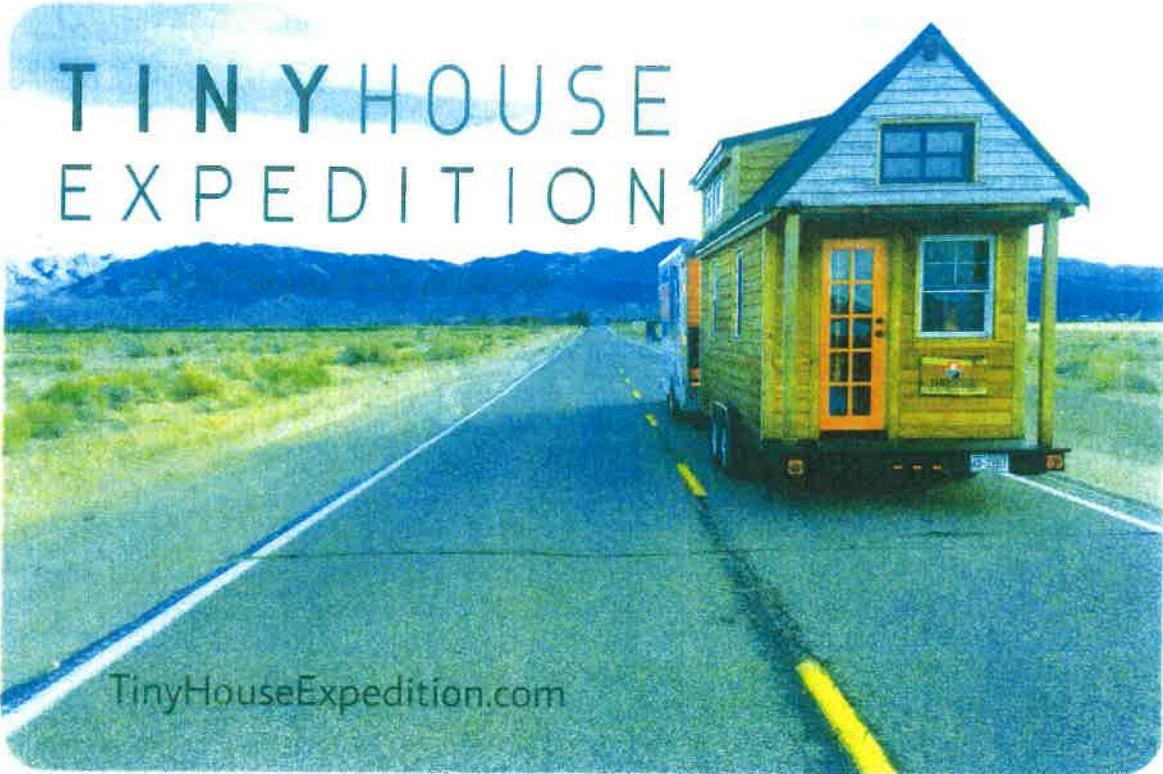
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AP: What are the biggest misperceptions about prefab housing?

Koones: People still think of it as cheap and boxy. But if I were building a house today, it's the only kind I would consider. All of the elegant houses in this book were custom-built and are anything but plain. Each is clearly unique and special.

like

they can be put up in a matter of days



Inspiring people to think BIG & build small to create more meaningful lifestyles, sustainable housing and connected communities.

Follow filmmakers, Alexis & Christian's epic tiny house road trip across North America!

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-  @TinyHouseX

Pacific Clinics Ventura County Peer Services

OCTOBER 6, 2016

JENNIFER GOBLE, PROGRAM DIRECTOR

LAURA PANCAKE, LCSW, VICE PRESIDENT



Peer Recovery Services Staffing

- **SOW: Recruitment, hire, train, supervise, mentor and retain individuals with lived experience that work as Peer Recovery Coaches at VCBH clinics and specialty programs**
- 17 Peer Recovery Coaches
 - 6 Part-time
 - 11 Full-time
 - 5 Bilingual Spanish-speaking
 - 1 FTE vacancy
 - Embedded in each of the 9 VCBH specialty mental health clinics
- 3 Team Leads
 - Supervising 6-7 staff each
 - Overseeing Specific Geographic Regions
 - 1 Bilingual Spanish-speaking

Peer Recovery Services Target Populations

- Enrolled out-patient VCBH consumers in a variety of settings
- Including individuals transitioning from:
 - Crisis Residential Treatment (CRT)
 - Inpatient Psychiatric Units (IPU, including Vista Del Mar)
 - Incarceration - County Jail
 - Support the re-establishment of services back at their "home clinic" to avoid on-going hospitalizations or incarceration.

Role of the Peer Recovery Coach

- Supporting activities that support the treatment goals of each individual, while focusing on wellness and community integration.
- Role model to peers, exhibiting competency in personal recovery and use of coping skills; serving as a consumer advocate and providing consumers information and peer support
- Facilitating classes as determined by the Clinic Administrator in consultation with the Team Supervisor.
- Goal of these services is to assist consumers in regaining independence within the community and mastery over their own recovery process.

Additional Peer Recovery Services

- Wellness Recovery Action Plan (WRAP) Classes
 - 2 Classes Conducted Weekly at Each VCBH Clinic
 - Spanish Classes Offered Weekly at the Santa Paula, North Oxnard and South Oxnard Clinics
- Supported Employment Services
 - Pre-employment Preparation
 - Assistance with obtaining employment in the community
 - Ongoing Support and Retention

Outcome Measurements

- Milestones of Recovery Scale (MORS)
- Number of Consumers Served in Each Setting
- Direct Contact Hours
- Groups Provided and Number of Consumers who Attended
- Post-Hospitalization Specific Outcomes & Post-Incarceration Specific Outcomes
 - Number of Consumers Assigned to a Peer Recovery Coach
 - Number of Consumers Successfully Contacted
 - Appointments Set and Met

Outcome Measurements

- Number of Consumers who Become Employed
- Number of Consumers who Utilize Transportation Independently
- Number of Consumers who Enroll in School
- Number of Consumers who Volunteer

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Pacific Clinics
ADVANCING BEHAVIORAL HEALTHCARE

Wellness

Recovery

Action

Plan

What is W. R. A. P?

It is a road map to what it looks like to be well.

Who can participate?

ANYONE enrolled as a Ventura County Behavioral Health Consumer

Ready to kick start your recovery? Come check out our W. R. A. P classes!
For details, please see your recovery coach at your local Ventura County Behavioral Health Clinic.

Clinic	Peer Recovery Coach	Time	Day
South Oxnard	Adelita Contreras	11:00am-1:00pm	Mondays (English) Fridays (Spanish)
Ventura Adults	Amy Hawkins	1:00pm-3:00pm	Mondays
Transitions	Todd Nagasawa	10:00am-12:00pm	Fridays
CasaTay		12:30pm-2:00pm	Mondays
North Oxnard	Isabelle Barrault	1:00pm-2:30pm	Tuesdays
Conejo	Sue Cooper & Adina Goldberger	1:00pm-3:00pm	Mondays (Spanish) Fridays (English)
Santa Paula	Sylvia Mendez	1:00pm-3:00pm	Mondays
Simi Valley	David Melilli & Katrina Engel	10:00am-12:00pm	Fridays
Older Adults	Zina Drouhes Lona De La Cruz	11:00am-1:00pm	Tuesdays (Spanish) Fridays
		10:00am-12:00pm	Wednesdays and Fridays
		11:00am-12:30pm	Fridays

If you have any questions please contact Ventura County Peer Services

(805)981-5439 or vtapeerservices@pacificclinics.org



Pacific Clinics
ADVANCING BEHAVIORAL HEALTHCARE