

BEHAVIORAL HEALTH ADVISORY BOARD  
**ADULT SERVICES COMMITTEE**  
**MINUTES ■ Thursday, September 1st, 2016**

<p><b>Present:</b>          Karyn Bates, Co-Chair          Nancy Borchard, Co-Chair          Gane Brooking, BHAB          Ratan Bhavnani, BHAB          Rachel McDuffee, Aegis          David Deutsch, NAMI          Candace Bibb, Pacific Clinic          Jessica Lora, Pacific Clinic          Larry Berent, Telecare          Kalie Matisek, Turning Point Foundation          Mark Schumacher, Turning Point Foundation          Denise Noguera, VCAAA          Brenda Tungui, VCAAA          Deborah Schreiber, VSSTF</p>	<p><b>VCBH staff:</b>          John Schipper, Adult Division Manager          Colleen Kelly, ADP          Pam Roach, Transformational Liaison          Edith Pham, BHAB Assistant          Irma Victorino, Management Assistant</p> <p><b>Guests:</b>          Maria Christine Cavucci, California Forensic Medical Group          Cecil Argue, Sheriff's Office</p> <p><b>Next meeting: Thursday October 6, 2016</b>          Ventura County Behavioral Health,          1911 Williams Drive, 2<sup>nd</sup> Floor, Oxnard</p>
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Note: The Committee has not yet approved these minutes. There may be corrections before they are accepted in their final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
<b>I.</b>	<b>Call to Order</b> Co-chair Nancy Borchard called the meeting to order at 10:05 a.m.		
<b>II.</b>	<b>Welcome and Introductions</b> Co-chair Borchard welcomed everyone and requested introductions.		
<b>III.</b>	<b>Approval of the Agenda</b> 1. Co-chair Bates asked the Committee for any discussion or changes to the agenda. 2. A motion was made and seconded approving the agenda.	The agenda was approved. M/S/C	
<b>IV.</b>	<b>Approval of the Minutes</b> 1. Co-chair Bates asked the Committee for any discussion or changes to the July 7, 2016 minutes of meeting. 2. A motion was made and seconded approving the minutes as written.	The minutes were approved as written. M/S/C	
<b>V.</b>	<b>Chair Announcements</b> 1. Co-chair Bates announced that BHAB Adult Committee will have transition of administrative task. Edith Pham, the current BHAB Assistant, will take over the task overseeing all BHAB Committees including the Adult Committee. Irma Victorino, the current minute taker of the Committee, will be relieved from this task starting next month. 2. Co-Chair Bates introduced Edith Pham as the new minute taker of the BHAB Adult Committee. 3. Co-Chair Bates presented Ms. Victorino a token of appreciation 4. Ms. Victorino expressed appreciation to Co-Chairs and Committee members.		
<b>VI.</b>	<b>Public Comment</b> None		
<b>VII.</b>	<b>Time Certain: Presentation, Maria Christine Cavucci, Psy.D Clinical Psychology, MRT Program Director, Mental Health Services, California Forensic Medical Group and Cecil Argue, Inmate Services Sheriff's Office</b> 1. Cecil Argue, Inmate Services Sheriff's Office, mentioned that they have been providing programs to inmates for several		

	<p>years. Recently, the California Forensic medical Group (CFMG) has been making Moral Reconciliation Therapy (MRT) available in the general population for some time and is an evidenced-based practice. They are starting a pilot program to expand MRT and make it available to inmates with mental illness. The program has been proven responsive to the needs of inmates especially in the Correctional Facility for women in Todd Road and Main Jail for men.</p> <ol style="list-style-type: none"> <li>2. Mr. Argue explained that MRT, Moral Reconciliation Therapy, is a tool currently used at the Todd Road jail for women and the main jail. The program consists of a step-by-step program highlighting honesty, trust, and accountability. Passage from one step to the next is predicated upon a personal testimony and peer review. The program may be completed in 16 to 36 weeks. Cecile explained that MRT has significantly increased participation among inmates in the jail. Studies shows that MRT has also increased moral reasoning levels and has considerably enhanced life purpose.</li> <li>3. It was noted that this program is a therapeutic approach as opposed to authoritative in nature. It is expected that participants read the book in most part, provide community hours and opportunity to help others.</li> <li>4. Mr. Argue shared the workbook "<i>How to Escape Your Prison, A Moral Reconciliation Therapy</i>" by Gregory Little and Kenneth Robinson. He discussed the contents of the book in general. The workbook costs \$25 and can be ordered online at <a href="https://www.cimrt.com">https://www.cimrt.com</a>.</li> <li>5. Dr. Cavucci mentioned that they will be collecting their own data to determine its effectiveness.</li> <li>6. John Schipper, VCBH Adult Division Manager, reviewed the 4-day training for various staff members, including himself, who actually worked through the steps, gaining insight and experience to successfully facilitate MRT.</li> </ol>		
<p><b>VIII.</b></p>	<p><b>Review 2015-2016 BHAB Adult Committee Annual Report – For Action</b></p> <ol style="list-style-type: none"> <li>1. The draft 2015-2016 BHAB Adult Committee Annual Report was presented and discussed.</li> <li>2. The following corrections were made: <ol style="list-style-type: none"> <li>a. Corrected spelling of Cheryl Malinowski</li> <li>b. Added title of Ricardo Torres, Resident Services Coordinator</li> <li>c. Corrected acronym of RCCS to Recovery-Centered Clinical System</li> <li>d. Added title of Ratan Bhavnani, Board Member, NAMI California</li> <li>e. Under item 5 of Attaining Goals it was suggested replacing statement with: <p style="margin-left: 40px;">“As a result of unrelenting advocacy from the community, including members of our committee, the City of Ventura is exploring zoning changes to facilitate the establishment of a year-round homeless shelter with wrap-around services;”</p> </li> </ol> </li> <li>3. The following were added to the report: <ol style="list-style-type: none"> <li>a. Challenges: <ol style="list-style-type: none"> <li>i. Expanding services and housing for individuals with mental health and autism challenges; and</li> <li>ii. Expanding services and housing for individuals with mental health and addiction challenges</li> </ol> </li> <li>b. Recommendations:</li> </ol> </li> </ol>		

	<ul style="list-style-type: none"> <li>i. CRT admissions should primarily serve those in crisis who do not meet criteria for placement in the IPU; and</li> <li>ii. Upon discharge, provide Health Navigation to IPU and CRT clients to address primary health care and mental health services, assuring whole-person care.</li> </ul> <p>4. The final report will be submitted to Jerry Harris, BHAB 2<sup>nd</sup> Vice President, who is preparing the BHAB Annual Report.</p> <p>5. After discussion and consideration, the 2015-2016 BHAB Adult Committee Annual Report was approved, moved and seconded as amended.</p>	<p>The 2015-2016 BHAB Adult Committee Annual Report was approved as amended – M/S/C</p>	
<p><b>IX.</b></p>	<p><b>Members Comments</b></p> <ol style="list-style-type: none"> <li>1. Karyn Bates – The Ventura Social Services Taskforce will meet next Wednesday, Sept. 7, 3:15 pm at the Catholic Charities Ave to discuss family homelessness. The Steering Committee is composed of representatives from St. Vincent de Paul, Salvation Army, Project Understanding, and Ventura County Social Services.</li> <li>2. <b>NAMI</b>, David Deutsch – NAMI General Meeting on Tuesday, Sept. 13, 2016 at Vineyard Community Church will be a community forum - an opportunity to get perspective where NAMI is currently now. For concerns and suggestions for other topics, email <a href="mailto:info@namiventura.org">info@namiventura.org</a>.</li> <li>3. <b>Aegis</b>, Rachel McDuffee – they are currently providing services to 65 clients.</li> <li>4. <b>Turning Point Foundation</b> <ol style="list-style-type: none"> <li>a. Kalie Matisek – Turning Point Admin offices moved last week to 557 Thompson Road Blvd.; phone number (805) 652-0000. Ribbon cutting is on September 15 at 4:30 pm.</li> <li>b. Mark Schumacher           <ol style="list-style-type: none"> <li>i. Quality of Life project has expanded into some smaller Board &amp; Cares. The Wellness Center has increased its emphasis on services at the Ventura location. They provide transportation from River Haven, Turning Point’s dome-community near Ventura Harbor to the Wellness Center in Ventura.</li> <li>ii. Participation of Latino indigenous community has increased.</li> <li>iii. There will be a walk next Saturday at La Colonia. A resource table will be available for information about their services.</li> </ol> </li> </ol> </li> <li>5. <b>Pacific Clinic, Candace Bibb and Jessica Lora</b> – Both Ms. Bibb and Ms. Lora work for the Peer Services. Wrap classes are provided in each clinic. There are currently 15 Recovery Coaches employed out of a possible 18 allowed under the new contract. Pacific Clinics Recovery Coaches will be especially focusing on follow-up with clients upon discharge from the CRT the IPU and our jails. The VCBH Pacific Clinics’ contract has reduced budget and a narrower scope of work than the past contract VCBH had with Recovery Innovations. Many of our committee members expressed disappointment at this and will advocate for re-expansion of our Recovery Training and Recovery Coach numbers and roles.</li> <li>6. <b>Telecare</b>, Larry Berent –       <ol style="list-style-type: none"> <li>a. The recent audit of The State Department of Health of Telecare Rehab Program Casas B and D were successful.</li> <li>b. “Casa Olympics” attended by staff and residents held last Friday was successful. All Casa residents participated and plan to invite neighbors in the future.</li> </ol> </li> </ol>		

	7. Pam Roach, VCBH Transformational Liaison announced the second printing and distribution of the Adult Safety Plan which our Committee created.		
<b>X.</b>	<p><b>Mental Health Update – Dr. John Schipper, Adult Division Manager</b></p> <ol style="list-style-type: none"> <li>1. <b>Horizon View</b> - opening date of Horizon View or the locked Mental Health Rehabilitation Center (MHRC) near Camarillo Airport is on December 13. Building handover of contractor to VCBH is on Oct. 28.</li> <li>2. <b>Laura’s Law</b> – <ol style="list-style-type: none"> <li>a. The workgroup conducted a collaborative meeting at Orange County. John Schipper, Diana Mueller, County Counsel and Rod Kodman, Public Defender met with their counterparts to discuss details of legal processes. The second day of the visit was to observe actual court proceedings. Judge Frederick Bysshe of Ventura Superior Court was present during the second day of visit. The visit was arranged by Telecare, contract provider overseeing AOT in Orange County.</li> <li>b. Official notice of recipients of the SAMHSA grant application in support of the implementation of an Assisted Outpatient Treatment (AOT) will be announced tomorrow, September 2.</li> </ol> </li> </ol>		
<b>XI.</b>	<p><b>Alcohol and Drug Update – Colleen Kelly, ADP</b></p> <ol style="list-style-type: none"> <li>1. Colleen Kelly is making the report on behalf of Anna Flores.</li> <li>2. ADP is providing adolescent services to students at Ventura, Oxnard, Gateway and Frontier schools.</li> </ol>		
<b>XII.</b>	<p><b>Adjourn</b> The meeting adjourned at 12:15 pm. Next meeting is on Thursday, October 6, 2016.</p>		