

**BEHAVIORAL HEALTH ADVISORY BOARD  
ADULT SERVICES COMMITTEE  
MINUTES ■ Thursday, April 5, 2018**


<p><b>Present</b> Nancy Borchard, Committee Co-Chair Gane Brooking, Committee Co-Chair Jerry Harris, BHAB Chair Ratan Bhavnani, BHAB Sheri Valley, BHAB David Deutsch, NAMI Cheryl Malinowski, Telecare Gray Wilking, VCAAA</p>	<p><b>VCBH Managers/Staff Present</b> Salvador Manzo, Adult Division Manager Anna Flores, ADP Manager Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b> <b>Thursday, May 3, 2018, 10:00 a.m. – 12:00 pm</b></p> <p>Ventura County Behavioral Health 1911 Williams Drive, second floor, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Co-Chair Nancy Borchard called the meeting to order at 10:07 a.m.		
II.	<b>Approval of the Agenda</b> Ms. Borchard asked the Committee to review and approve today's agenda. Ratan Bhavnani moved to approve, Anna Flores seconded. The motion passed unanimously.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Ms. Borchard asked the committee to review and approve the minutes of the March 1 <sup>st</sup> , 2018 meeting. Mr. Bhavnani moved to approve, Sheri Valley seconded. <ul style="list-style-type: none"> <li>Gane Brooking requested that her Chair Announcement be amended to read: "Gane Brooking noted that Senior Concerns held a meeting on February 21<sup>st</sup>, which included a presentation by a lawyer from Justice in Aging. The next Senior Concerns quarterly meeting, in May, will cover LGBTQ and dementia. " The motion passed unanimously as amended.</li> </ul>	The minutes were approved as amended. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Ms. Borchard welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> Ms. Borchard commented on articles that have been published recently in the Angeles magazine: <ol style="list-style-type: none"> <li>The Trump Administration wants prosecutors to consider the death penalty as punishment for some drug offenders.</li> <li>There has been an increase in the number of mentally ill patients being euthanized in the Netherlands, according to a Dutch monitoring committee.</li> </ol> <p>Ms. Borchard noted that the BHAB has been discussing a proposed change to the definition of "gravely disabled" A brief discussion followed regarding unintended consequences of laws.</p>		
VI.	<b>Public Comments</b> None.		
VII.	<b>Presentation: A New Start for Moms (ANSFM) – Jonathan Eymann, ANSFM Clinic Administrator, and Richard LaPerriere, Alcohol and Drug Programs (ADP) Oxnard Center Clinic Administrator</b> Richard LaPerriere provided an overview of the Alcohol and Drug Programs (ADP). Various types of services are provided, including to adolescents ages 12-17. The average time between orientation and treatment is ten days. Clients must meet medical necessity. ADP follows the federal confidentiality rules.		

	<p>Jonathan Eymann provided information about A New Start for Moms (ANSFM). This program focuses on mothers who are pregnant or have children, although their children are not served by ANSFM. About 110 mothers are currently receiving services, including some who do not have custody of their children.</p> <p>ANSFM provides a variety of treatment options. The latest one is Mindful Parenting, which helps mothers and babies ages 6 months to 16 months interact with each other. ANSFM provides in-house child care during treatment groups and transportation as needed.</p> <p>Mothers who need inpatient treatment are referred to Prototypes, a program for women only that can accommodate children. As a stepdown, about two years ago ANSFM started intensive outpatient services, which consist of about six hours of treatment per day five days a week.</p> <p>ANSFM has clinics in Ventura, Simi Valley, Oxnard, and Thousand Oaks. The program is primarily federally funded: Drug Medi-Cal, Affordable Care Act. A few clients are self-pay or have private insurance.</p> <p>See attached for details.</p>		
VIII.	<p><b>Committee Membership</b></p> <p>Ms. Borchard noted that letters have been sent out to various local contractors and agencies to request that they designate a staff to attend the meetings of this committee on a regular basis. A few letters came back as undeliverable.</p> <p>Anna Flores volunteered to contact Rachel McDuffee of Aegis and staff at Prototype and invite them to attend the meetings of this committee.</p> <p>It was suggested to invite Suzanne Zimmerman, nursing director for Anka. David Deutsch will try to provide her contact information to the BHAB assistant.</p>	<p>Contact Aegis and Prototypes</p> <p>Contact Anka</p>	<p>A. Flores</p> <p>E. Pham</p>
IX.	<p><b>Members and Participants Comments</b></p> <p>David Deutsch noted that NAMI no longer has access to the venue it was using for its General Meetings; the meeting on April 10 had to be canceled. NAMI is looking for a new venue; suggestions are welcome.</p> <p>Mr. Bhavnani noted that:</p> <ul style="list-style-type: none"> <li>• AB 417 has passed. This emergency bill allows Aurora Vista del Mar Psychiatric Hospital to open its intensive outpatient program prior to reopening its inpatient unit, which closed due to the Thomas Fire.</li> <li>• SB 1363 is making its way through the legislative process. It would allow tax payers to contribute to a California Highway Patrol Crisis Intervention Team fund.</li> </ul> <p>Gray Wilking noted that Denise Noguera is back at work and will resume attending this committee meetings and be involved with the Suicide Prevention Committee.</p> <p>Cheryl Malinowski noted that Telecare has hired Cindy Doult to oversee Ventura Early Intervention Prevention Services (VIPS), Vista and Assist.</p>		
X.	<p><b>Update: Behavioral Health Adult Division – Salvador Manzo</b></p> <p>A. VCBH is in the middle of its External Quality Review Organization (EQRO) yearly review.</p> <p>B. Discussions are ongoing regarding the possibility of opening an adult Crisis Stabilization Unit at the Inpatient Unit.</p> <p>C. VCBH has just completed the compilation of a list of providers and sent it to the state. All counties were required to do this and were given only three weeks to complete this task.</p> <p>D. An Assist stakeholders meeting will take place on April 9 at 3:00 p.m. at VCBH.</p>		

	<p>E. VCBH has been awarded a triage grant. This will allow some staff to ride along with Ventura Police Department, Oxnard PD, Simi Valley PD, and two will ride along with Sheriff deputies.</p>		
<p><b>XI.</b></p>	<p><b>Update: Behavioral Health Substance Use Disorders – Anna Flores</b></p> <p>A. A part-time staff has been hired to work at the Juvenile Facility. He helps the youth being released from custody connect/reconnect to their VCBH home clinic. This staff and Richard LaPerriere will present at the Annual Hospital and Institutions Conference with Al-Anon Participation on April 6, 7 and 8 in Ventura.</p> <p>B. Under the Drug Medi-Cal Organized Delivery System (DMC-ODS), staff will be able to bill for Vivitrol injections, which are given to some clients once a month.</p>		
<p><b>XII.</b></p>	<p><b>Adjourn</b> The meeting adjourned at 11:50 a.m.</p>		



VENTURA COUNTY  
**BEHAVIORAL HEALTH**  
A Department of Ventura County Healthcare Agency

April 5, 2018

## VCBH Alcohol and Drug Programs Focus on A New Start For Moms

Jonathan Eymann, BH Clinic Administrator  
Richard LaPerriere, BH Clinic Administrator

### VCBH Alcohol and Drug Programs

- ▶ California State and Medi-Cal certified Clinics
- ▶ California Certified counselors/clinicians
- ▶ Bilingual and bi-cultural staff
- ▶ Treatment provided in English and Spanish
- ▶ Translation services for other languages including ASL
- ▶ Referrals using ASAM Placement Criteria



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## VCBH Alcohol and Drug Programs

- ▶ Detoxification services referrals
- ▶ Perinatal Program
- ▶ Co-Occurring Disorders Treatment (COD)
- ▶ Intensive Outpatient Treatment (IOT)
- ▶ Early Recovery Treatment (ER)
- ▶ Relapse Prevention (RP)
- ▶ Adolescent Treatment



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## Access to Treatment

- ▶ VCBH ADP Outpatient Clinics are open for clinical services from 8:30 a.m. to 8 p.m. Prospective clients are scheduled for an orientation to our services with a substance abuse counselor.
- ▶ Each VCBH ADP clinic conducts orientations to treatment services. Those are scheduled by front desk staff or the counselor on-call: Walk-in/telephone calls and agency referrals.
- ▶ Releases of Information are obtained to aid in coordination of care with the referral source and support system.



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## Time to Services

- ▶ Assessment thoroughly reviewed in clinical staffing led by Medical director.
- ▶ Treatment planning session determines the treatment course including group schedule, length of initial stay; referrals as needed. Reviewed and vetted by Medical Director.
- ▶ VCBH ADP average for orientation to treatment services: 10 days.



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## Medical Necessity

- ▶ 22 CCR § 51303
- ▶ In order to qualify for DMC Health Care Services a diagnosis of a current chemical dependency disorder must be rendered which is:
  - ▶ Clinically significant (is a condition identified as a Substance Use Disorder in DSM V).
  - ▶ Is associated with serious symptoms--It impairs the patient's ability in one or more major life functions.
  - ▶ The treatment is one which can be reasonably expected to improve the patient's condition or level of functioning.




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## ADP Target Population Quadrant 3

Kenneth Minkoff Treatment Matching Paradigm


<b>Quadrant 1</b> Low severity MH Low severity AOD	<b>Quadrant 2</b> High severity MH Low severity AOD
<b>Quadrant 3</b> Low severity MH High severity AOD	<b>Quadrant 4</b> High severity MH High severity AOD



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## A Word on Confidentiality

- ▶ Under 42 U.S.C. § 290dd-2(a); 42 C.F.R. § 2.1 – 2.3. the law requires:
- ▶ Any federally assisted alcohol or drug program to protect the confidentiality of the “identity, diagnosis, prognosis or treatment of any patient.”
- ▶ These confidentiality rules have been in effect for more than twenty-five years.



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## ADP Outpatient Program Services

- ▶ Services begin with a comprehensive assessment using SAMHSA approved Best Practice tools; ASAM Assessment; urinalysis; psychosocial and alcohol/drug history.
- ▶ Treatment course determined by medical necessity.
- ▶ Treatment occurs in group setting using Best Practice curriculum.
- ▶ Individual sessions as determined by client needs.
- ▶ Length of Treatment determined by severity of condition, client progress. Most courses begin with a 90 days length and based on re-assessment can continue up to a year. Most clients complete within 6 months.



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## A New Start For Moms target population

- Pregnant and substance using; or
- Parenting and substance using, with a child(ren) ages birth through 17.
- Parenting also includes a woman who is attempting to regain legal custody of her child(ren).

### **Priority admission:**

pregnant injection drug users;  
pregnant substance users;  
parenting injection drug users; and  
parenting substance users.



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## A New Start For Moms Mental Health Services

A unique integrated mental health program embedded in ADP.  
Only clients enrolled in ANSFM ADP are eligible for MH services through New Start.

Services provided by Pre-doctoral interns and supervised by Dr. Linda Gertson

Target population: perinatal, quadrant 3

42 CFR rules apply to both ADP and MH services at ANSFM



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## A New Start For Moms Curriculum

Living in Balance- Moving from a life of addiction to a life of recovery

Matrix Model- treatment approach for stimulant use

Co-occurring Disorders Program

Effective Parenting

Seeking Safety

Anger Management

Mindful Parenting – forming secure attachments



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## Population served

Fiscal year 2016-2017 ANSFM provided services to 135 women in the ODF and Perinatal programs. 52% of clients successfully completed the programs.

National average is currently at 35%.



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## Primary diagnosis

These are the primary diagnoses in our current client population:  
61% Present with methamphetamine/amphetamine dependence;

17% present with opioid dependence;

15% present with alcohol dependence;


7% present with cannabis dependence.



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## VCBH ADP Services

- ▶ **Ventura Center**  
24 E. Main Street, Ventura, CA 93001  
(805) 652-6919 Fax: (805) 652-0868  
Clinic Administrator: Chris Huey
- ▶ **Simi Center**  
3150 Los Angeles Avenue, Simi Valley, CA 93065  
(805) 577-1724 Fax: (805) 577-1721  
Clinic Administrator: Cris Ford
- ▶ **Oxnard Center**  
1911 Williams Drive, Suite C, Oxnard, CA 93036  
(805) 981-9200 Fax: (805) 981-9201  
Clinic Administrator: Richard Laperriere
- ▶ **A New Start For Moms**  
1911 Williams Drive, Suite 140, Oxnard, CA 93036  
(805) 981-9250 Fax: (805) 981-9251  
Clinic Administrator: Jonathan Eymann



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## Questions?



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VENTURA COUNTY ALCOHOL & DRUG PROGRAMS

# adult services

*Hope.  
Help.  
Healing.*



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ALCOHOL & DRUG PROGRAMS

(805) 981-9200 • 1911 Williams Drive, Oxnard, CA 93036 • [www.VenturaCountyLimits.org](http://www.VenturaCountyLimits.org)

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# the myths

***Marijuana is not addictive.***

***Over the counter and prescription drugs are always safe.***

***I can still have one drink if I'm pregnant.***

## **The facts:**

- 1) Long-term use of marijuana can lead to compulsive seeking and abuse that interfere with normal life activities. Research shows that approximately 9% of people who use marijuana became dependent.
- 2) Youth and young adults are the fastest growing segment of the population abusing prescription drugs. The misuse of prescription drugs is second only to marijuana as the nation's most prevalent drug problem.
- 3) Alcohol consumed during pregnancy increases the risk of alcohol related birth defects, including growth deficiencies, facial abnormalities, central nervous system impairment, behavioral disorders, and impaired intellectual development. No amount of alcohol consumption can be considered safe during pregnancy. Alcohol can damage a fetus at any stage of pregnancy.

Sources: 1) *Marijuana in Ventura County: A Gateway for Discussion (Second Edition)*, 2014. 2) *Office of National Drug Control Policy (ONDCP), Fact Sheet: Prescription Drugs: Weighing the Benefits and the Risks*, 2010. 3) *Centers for Disease Control and Prevention (CDC)*.

## VCBH ALCOHOL & DRUG PROGRAMS

### ADULT SERVICES

...offer a range of outpatient treatment services designed to help individuals coping with a substance use disorder. Our services include screening, crisis intervention, individual, group and family counseling, HIV education, assessment and evaluation, referrals to community based services, and outreach to the community. Our programs serve the entire county, with clinics located in Oxnard, Ventura and Simi Valley. Specialized programs provide services for persons who have been dually diagnosed with substance use and mental health problems.

### PREVENTION SERVICES

...are designed to prevent alcohol and other drug-related community problems using environmental and community change approaches. The mission is to implement effective and sustainable primary prevention initiatives to reduce community alcohol and other drug problems. We engage many segments of our community including residents, coalitions, a wide range of agencies including law enforcement, medical partners, colleges and universities, and elected officials; all to address the problems posed by alcohol and drugs across Ventura County.

### SNAPSHOT OF COMMUNITY EFFORTS

- Initiated the passing of Social Host Ordinances in the cities and unincorporated areas of Ventura County to combat underage drinking. These laws hold individuals civilly liable for underage drinking parties by imposing a fine.
- Present educational presentations in local schools to educate staff and parents about the dangers of alcohol and drug use, and strategies to reduce risks.
- Provide support to cities with an effective management of retail establishments.
- Partner with various agencies to address the problem of impaired driving and ways to prevent the tragedies that result.
- Talk to parents and youth about prescription and over-the-counter drug misuse and help to establish safe disposal bins in local police stations.
- Work to ensure safe alcohol retail practices county-wide.

## A NEW START FOR MOMS

...is a special program in Ventura County where women can get help for alcohol and other drug-related problems. Our center is special because we offer services not only to women age 18 and over, but especially to those who are pregnant or have children. Dealing with one's own alcohol or drug problems is especially difficult when there are children to consider. We give women a second chance at healing and ensuring the health and safety of their children.

### A New Start for Moms offers:

- Alcohol and Drug Treatment
- Basic Health Screening
- Parenting Education
- On-Site Child Watch Services
- Psychiatric Evaluation
- Referrals to Services
- HIV Education
- Infant and Child Assessment

women

“  
*I had no idea  
that my drinking  
alcohol would  
affect his ability  
to speak or  
learn to walk.*”



## OUTPATIENT TREATMENT SERVICES

Our Adult Services are designed for adults 18 and over seeking help with alcohol and/or other substance use problems. Our Centers promote recovery from substance use problems and provide leadership in the treatment of alcohol, substance use and co-occurring substance use and mental health disorders. We strive to reduce the destructive effects of the use and abuse of alcohol and other drugs on individuals, families, and the community. We are dedicated to our clients' empowerment in their personal journeys of recovery from addiction. Our Centers serve Ventura County, with locations in Oxnard, Ventura and Simi Valley. An individual with a substance use problem, along with their family members, will receive treatment in a caring and client-centered environment. Counselors are available to provide treatment, education and support, leading to the development of a healthy lifestyle and the hope for a brighter tomorrow.

### Services

- Individual and group counseling
- Family counseling
- Community referrals
- Co-occurring Disorders program for individuals with substance use and a mental health diagnosis
- Programs for court-mandated individuals
- Drug testing
- Confidential treatment services
- Education and support services
- Intensive outpatient program for women and children
- Crisis intervention

## ALCOHOL & DRUG PROGRAMS ALSO OFFER:

### The DUI Program

...offers a First Offender DUI Program and a Multiple Offender DUI Program for individuals convicted of driving under the influence.

### Youth Services

...include prevention services, assessment, treatment, crisis intervention and referral services to youth and families.

### Prevention Services

...works to prevent alcohol and other drug-related community problems using environmental and community change approaches.

*Recovery. Healing. Hope. The journey starts here.*

## WHY VENTURA COUNTY ALCOHOL & DRUG PROGRAMS?

- Multi-lingual staff & programming
- Evidence-based treatment model
- Standardized assessment and validated screening tool
- State certified alcohol and drug counselors
- Licensed staff
- Therapist referrals
- Licensed Drug Medi-Cal provider
- Employment internship opportunities
- Clinics across the county
- Outcome-driven services
- Medical screening by qualified physician assistants
- State and national recognition awards for excellence in service

evidence-  
based

### **Access to a full range of services, including:**

- Prevention, education & intervention
- Screening, assessment & referral
- Drug testing
- Access to detoxification referrals
- Joint agency collaboration with mental health services
- Crisis mental health emergency services
- Collaborative inter-agency team approach
- On-site HIV testing and counseling
- Residential treatment referrals

## LOCATIONS

### Outpatient Treatment Programs

**Clinic Hours:** Monday–Friday, 8:00 AM–5:00 PM

**For more information** about our Adult Services Programs call (805) 981-9200.

#### **Ventura Center**

24 East Main Street  
Ventura, CA  
(805) 652-6919

#### **Simi Valley Center**

3150 Los Angeles Avenue  
Simi Valley, CA  
(805) 577-1724

#### **Oxnard Center**

1911 Williams Drive  
Oxnard, CA  
(805) 981-9200

#### **A New Start for Moms**

1911 Williams Drive, Suite 140  
Oxnard, CA  
(805) 981-9250

### Driving Under the Influence (DUI) Programs

- Thousand Oaks DUI: 125 W. Thousand Oaks Blvd., Suite 400, Thousand Oaks  
(805) 777-3506
- Fillmore DUI: 828 Ventura Street, Suite 250, Fillmore • (805) 524-8644
- Oxnard DUI: 1911 Williams Drive, Suite C, Oxnard • (805) 981-9210
- Simi Valley DUI: 3150 E. Los Angeles Avenue, Simi Valley • (805) 520-0305
- Ventura DUI: 5850 Thille Street, Suite 105, Ventura • (805) 662-1840

### Youth Services

- Oxnard Center: 1911 Williams Drive, Oxnard • (805) 981-9200
- Simi Valley Center: 3150 E. Los Angeles Avenue, Simi Valley • (805) 577-1724
- Ventura Center: 24 East Main Street, Ventura • (805) 652-6919
- Fillmore Center: 828 Ventura Street, Suite 250, Fillmore • (805) 524-8644

### Prevention Services

1911 Williams Drive, Suite 210, Oxnard, CA 93036 • (805) 981-6831



VENTURA COUNTY  
**BEHAVIORAL HEALTH**  
ALCOHOL & DRUG PROGRAMS

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[www.VenturaCountyLimits.org](http://www.VenturaCountyLimits.org)

Ventura County Alcohol and Drug Programs provide high quality, affordable behavioral healthcare and substance use treatment services. We are fully licensed and certified by the State of California.

Rules for acceptance and participation in the program are the same for everyone without regard to race, color, national origin, age, sex, or disability. We encourage culturally competent and language appropriate collaborations with families, professionals, and communities.

The Centers operate on a sliding fee scale and accept private insurance, Drug Medi-Cal and private pay.