

BEHAVIORAL HEALTH ADVISORY BOARD  
**ADULT SERVICES COMMITTEE**  
**MINUTES ■ Thursday, January 4, 2018**

<p><b>Present</b>  Nancy Borchard, Committee Co-Chair  Gane Brooking, Committee Co-Chair  Jerry Harris, BHAB Chair  David Deutsch, NAMI  Kalie Matissek, Turning Point Foundation  Mark Schumacher, Turning Point Foundation  Dana Secor, Turning Point Foundation  Gray Wilking, VCAAA  Dan Powell, VCMC IPU Manager  Sheri Valley</p>	<p><b>VCBH Managers/Staff Present</b>  John Schipper, Adult Division Chief  Richard LaPerriere, Oxnard ADP Clinic Administrator  Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b>  <b>Thursday, February 1, 2017, 10:00 a.m. – 12:00 pm</b></p> <p>Ventura County Behavioral Health  1911 Williams Drive, second floor, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Co-Chair Gane Brooking called the meeting to order at 10:05 a.m.		
II.	<b>Approval of the Agenda</b> Ms. Brooking asked the Committee to review and approve today's agenda. Mark Schumacher moved to approve, Dr. John Schipper seconded. The motion passed unanimously.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Ms. Brooking asked the committee to review and approve the minutes of the November 2, 2017 meeting. Dr. Schipper moved to approve, Kalie Matissek seconded. The motion passed unanimously.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Ms. Brooking welcomed everyone and asked for introductions.		
V.	<b>Public Comments</b> None.		
VI.	<b>Chair Announcements</b> Co-Chair Nancy Borchard noted that on January 23 <sup>rd</sup> at 6:00 p.m. the City of Oxnard will hold a public hearing on funds available from the US Department of Housing & Urban Development (HUD). Ms. Borchard encouraged all who are available to attend the meeting and speak in favor of low-income housing.	Information	
VII.	<b>Vignette: Area Agency on Aging Helping One Client</b> A short video was shown. It highlights the help that Denise Noguera of the Area Agency on Aging provided to a homeless veteran. The video can be viewed at <a href="https://www.YouTube.com/watch?v=s7NPFxuBzII">https://www.YouTube.com/watch?v=s7NPFxuBzII</a>  Ms. Brooking noted that the Culture, Equity Advisory Committee is working on projects that will benefit the older adult population, including improved signage at the clinics. It will look at bringing Quality of Life to Skilled Nursing Facilities and improving outreach. Also, the Ventura Social Services Task Force is going to send to the City of Ventura a list of needed services, including a year-round shelter.  Kalie Matissek noted that the 15-bed transitional housing program that Turning Point manages has six openings for veterans. People can stay up to six months while their benefits are put in place.	Information	
VIII.	<b>Presentation: Hillmont Psychiatric Center - Dan Powell, Ventura County Medical Center (VCMC) Inpatient Unit Supervisor</b> On January 25, 2017 the VCMC psychiatric center changed its Assessment & Referral (A&R) program to the Outpatient Psychiatric Observation Service (OPOS)	Information	

	<p>in order to comply with state regulations. After patients receive a Medical Screening Exam, the OPOS provides assessment for acute hospitalization. It has 12 beds. Staffing includes a multi-disciplinary team. All patients receive a psychiatric evaluation within 23 hours 59 minutes of arrival. The OPOS addresses the patients' immediate needs and returns them home or places them without being hospitalized whenever appropriate. Sometimes patients stay longer at the OPOS while they wait for a bed to become available, or they are waiting for a ride. A majority of clients come from VCMC.</p> <p>When a doctor determines that patients are not ready for discharge, they stay in the Inpatient Unit (IPU) even if insurance or Medi-Cal coverage is denied. The IPU admits patients up to age 64, with possible exception for those 65 and older. Most admissions are on a 5150 involuntary hold, and voluntary admissions are accepted.</p> <p>The IPU readmission rate is lower than that nationwide. This is attributed to consistent practices in the IPU and a supportive outpatient behavioral health team.</p> <p>In answer to questions, Mr. Powell noted that:</p> <ol style="list-style-type: none"> <li>1. IPU has talked to VCMC regarding serving dinner trays on time so that visiting hours do not get delayed.</li> <li>2. A client-friendly atmosphere has to be weighed against IPU's concerns regarding contraband and safety.</li> </ol> <p>David Deutsch noted that the problems that Friends in the Lobby had been experiencing recently in regards to security guards is no longer an issue.</p> <p>See attached PowerPoint presentation for details.</p>		
<p><b>IX.</b></p>	<p><b>Members and Participants Comments</b></p> <p>A. David Deutsch thanked VCBH for providing transportation to the NAMI party on December 12, 2017. The event was very well attended. Mark Stadler of the Crisis Intervention Team and Dr. Vlaskovits will present at the upcoming NAMI General meeting. Dr. Vlaskovits will talk about Welfare &amp; Institutions Code 5270, which provides for up to 30 days of inpatient commitment above the current maximum 5150/72-hour holds and 5250/14-day holds; some other counties have implemented this.</p> <p>B. Kalie Matisek will lead a Turning Point World Tour on January 10 from 9:30 a.m. to 1:30 p.m. She invited all to participate and learn about Turning Point's continuum of care by touring Our Place Safe Haven/ Stephenson House, New Visions Center, Veterans Transitional Housing, River Haven, and the Oxnard Wellness Center. Ms. Matisek proposed organizing a tour for BHAB members.</p> <p>C. Gray Wilking asked for information on a workgroup. Ms. Brooking explained that a committee will help organize the next Suicide Prevention Conference in September; this conference will focus on older adults. Additionally, the Culture, Equity Advisory Committee has a workgroup that focuses on the older adult population. Both groups would benefit from Area Agency on Aging's participation.</p> <p>D. Jerry Harris noted that:</p> <ol style="list-style-type: none"> <li>1. As Chair of the BHAB, he is pushing for the committees to play a more active role in the activities of the BHAB.</li> <li>2. On January 9<sup>th</sup> the Board of Supervisors will vote on revised BHAB Bylaws.</li> <li>3. On February 13<sup>th</sup> Mr. Harris will give a presentation to the Board of Supervisors regarding the BHAB Annual Report; one of the points he will make will be on inpatient beds and the need to integrate services through Whole Person Care.</li> <li>4. At its General Meeting of January 22<sup>nd</sup> the BHAB will hold the Crisis Intervention Team award ceremony.</li> </ol>	<p>Information</p>	

	<p>5. At that meeting the BHAB will also review and vote on the Data Notebook, which is required by the state. This year, the document focuses on the older adult population and contains a lot of data from the state.</p>	
X.	<p><b>Update: Behavioral Health Adult Division – Dr. John Schipper</b></p> <p>A. During the Thomas Fire VCBH staff went outside their scope to respond to the needs of the community. Staff helped at the shelters, including the Ventura Fairgrounds on the morning after the start of the fire. They manned resource tables at several town hall meetings. VCBH held a forum exclusively on mental health at the Ventura Presbyterian Church, but very few members of the public attended. Over 300 staff were deployed over the course of the disaster.</p> <p>B. Dan Powell, Dr. Schipper and other have been meeting to focus on changes that are related to the implementation of managed care in regards to hospitalizations.</p>	Information
XI.	<p><b>Update: Behavioral Health Substance Use Disorders – Richard LaPerriere, Oxnard Alcohol &amp; Drug Program (ADP) Clinic Administrator</b></p> <p>A. The Ventura Center is scheduled to move on February 1<sup>st</sup> from 24 E. Main St in Ventura, where it has been located for 17 years, to 5850 Thille in Ventura.</p> <p>B. The ADP Ventura Center received no-disallowances from a Department of Health Care Services (DHCS)/Medi-Cal Post Service Post Payment (PSPP) audit that was conducted in early December.</p> <p>C. ADP is collaborating with Interface regarding human trafficking, a problem that affects some ADP clients. Dr. Schipper noted that the Juvenile Justice program is also facing this issue.</p> <p>D. It is anticipated that managed care will provide more services for the clients, but the regulations are more stringent. ADP is waiting for the state to approve the rates it has submitted.</p>	Information
XII.	<p><b>Adjourn</b></p> <p>The meeting adjourned at 12:05 p.m.</p>	

# *VENTURA COUNTY MEDICAL CENTER PSYCHIATRIC CENTER*

## IPU & OPOS Report

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ADULT SERVICES COMMITTEE

JANUARY 4<sup>TH</sup> 2018

PRESENTED BY

DAN POWELL, M.A., MFT, BCBA

## Presentation Outline

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- Overview of Outpatient Psychiatric Observation Service (OPOS)
- Review of Current OPOS Stats
- Review of Current IPU Stats
- Questions

## Outpatient Psychiatric Observation Service Mission/Focus

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- ▶ Jan 25<sup>th</sup> 2017 CDPH required the opening of the OPOS.
- ▶ Evaluation process revolves around whether a patient meets medical criteria for acute hospitalization.
- ▶ Medication management
- ▶ Referrals are given if patients are not admitted
- ▶ RISE Team available in the OPOS

## OPOS Environment

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12 Bed capacity

Access to restrooms and showers

Washer and Dryer

Access to a spacious and bright Community Room (with TV, books, magazines) with murals on the walls.

Access to snacks as needed.

## Staffing in the OPOS

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16 hours of MD, Daily in the OPOS

2 RNs x 24 hours

1 Psych Tech

1 Security Officer

1 Staff Member from RISE Team

1:4 Nursing staff ratios

## OPOS Cont.

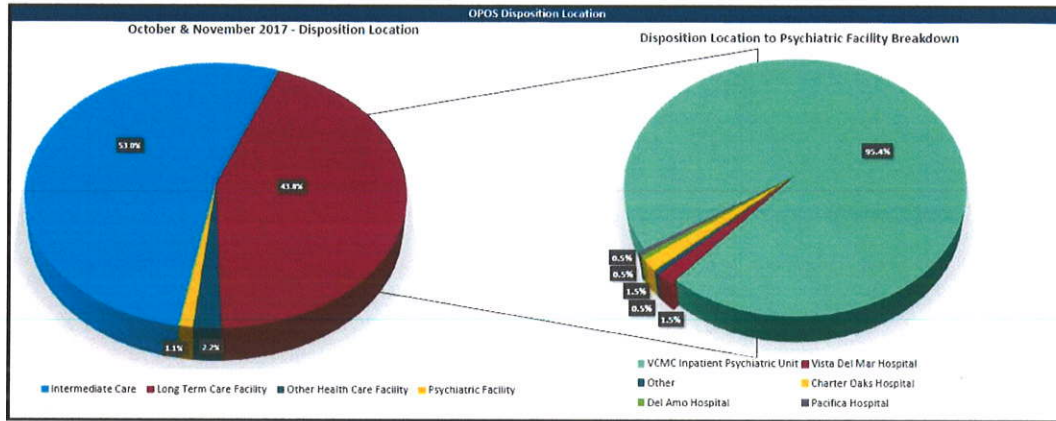
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All patients receive a Medical Screening Exam (MSE) Prior to arriving in OPOS

Patients can speak directly with MD, RN and Social Worker about their status, meds, disposition, etc....

Patients receive a psychiatric evaluation within 23 hrs 59 min of arrival.

## OPOS Disposition Location



## Inpatient Psychiatric Unit (IPU) Activities

- Visiting with friends and family
- Chemical Dependency Group with CD Counselor
- Individual Therapy
- Group Psychotherapy
- Psychiatry
- Nursing Care
- Nursing Groups
- Occupational Therapy
- Case Management
- Haircuts by a Licensed Cosmetologist 1X per week

## IPU Environment

30 bed capacity

Access to restrooms and showers

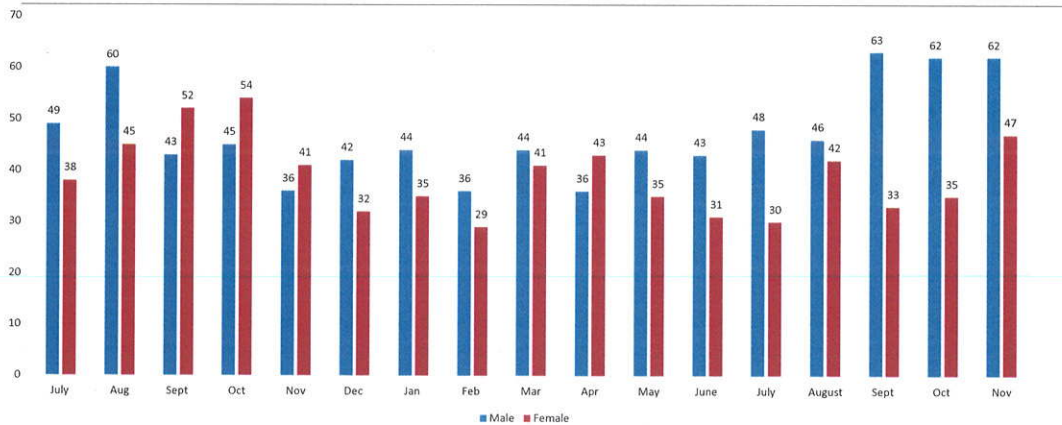
Access to a Washer and Dryer

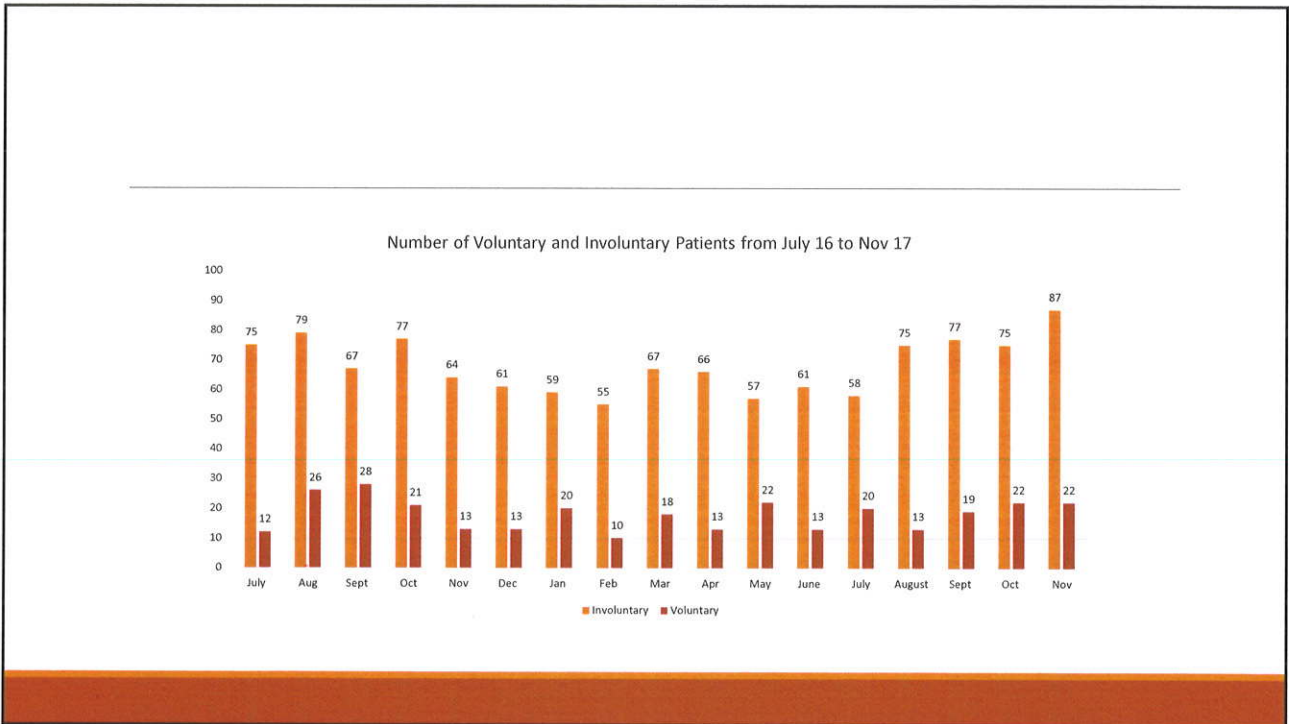
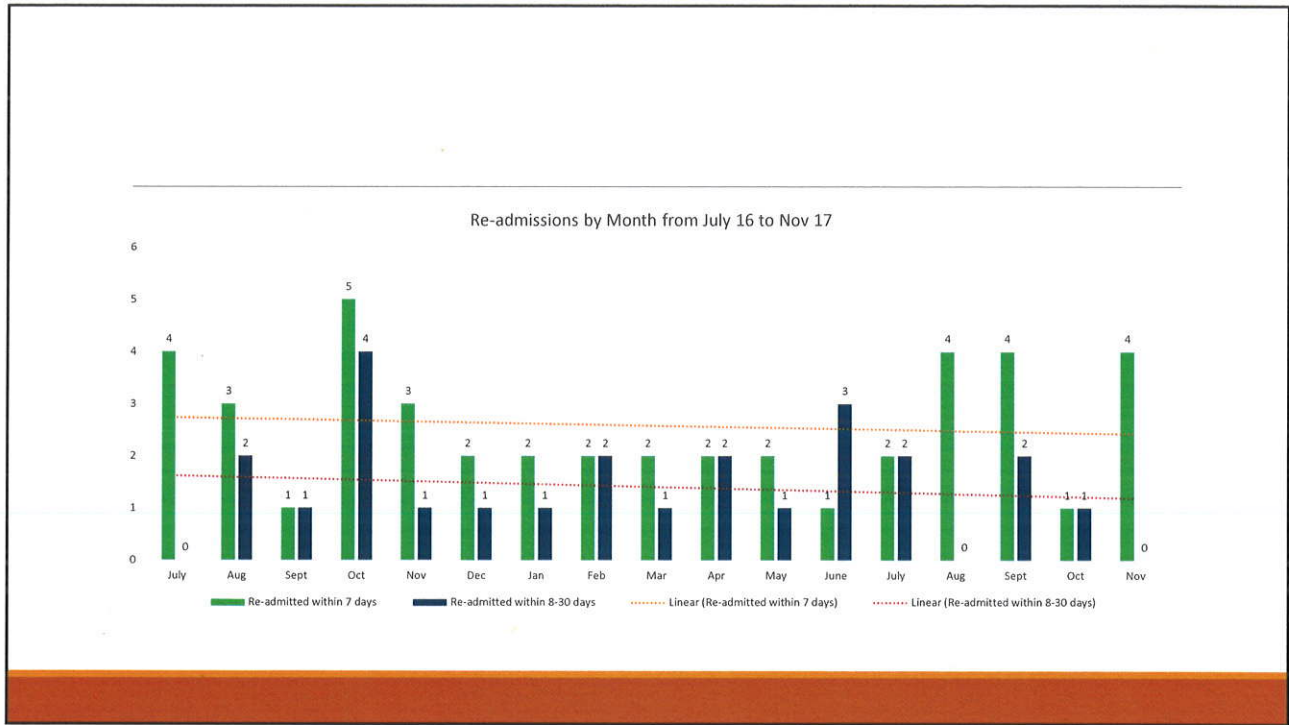
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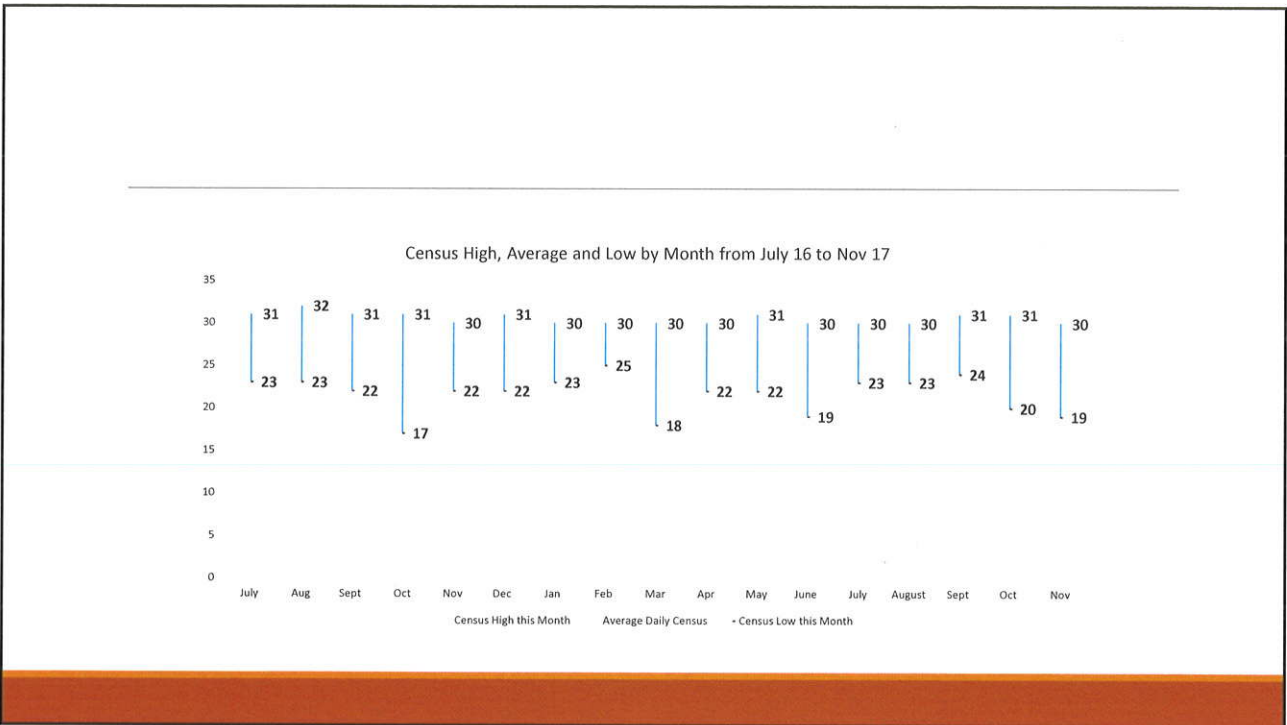
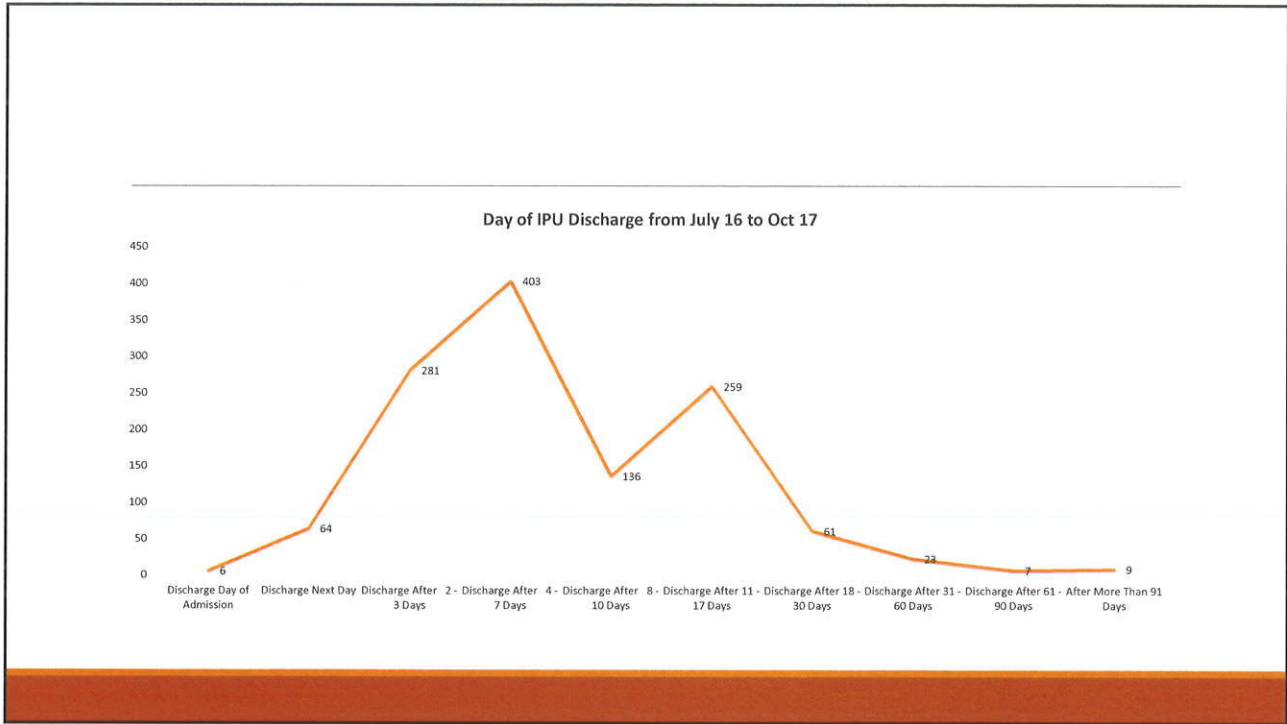
Patio Breaks for outdoor activities

24/7 Access to snacks as needed.

IPU Admissions by Gender from July 16 to Nov 17







Questions?

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Thank you!

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