

**BEHAVIORAL HEALTH ADVISORY BOARD  
ADULT SERVICES COMMITTEE  
MINUTES ■ Thursday, April 4, 2019**

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| <p><b>Members Present</b><br/> Nancy Borchard, Committee Co-Chair<br/> Gane Brooking, Committee Co-Chair<br/> Ratan Bhavnani, BHAB<br/> Kevin Clerici, BHAB<br/> Jerry Harris, BHAB Chair<br/> Sheri Valley, BHAB<br/> Rachel McDuffee, Aegis Treatment Centers<br/> David Deutsch, The Client Network<br/> Cici Romero, TAY Tunnel<br/> Mark Schumacher, Turning Point Foundation<br/> Dana Secor, Turning Point Foundation<br/> Denise Noguera, Ventura County Area Agency on Aging<br/> Elizabeth R. Stone, MHSOAC-CFLC</p> <p><b>Others Present</b><br/> Gray Wilking, Ventura County Area Agency on Aging<br/> Scott Walker, Crisis Intervention Team<br/> Dan Powell, VCMC-IPU/CSU<br/> Sheri Block, VCMC/Santa Paula Hospital<br/> Barbara Keller, Housing Authority City of San Buenaventura<br/> Bob Wickham, NAMI<br/> Lynne Gibbs<br/> Dave Rose</p> | <p><b>Ventura County Behavioral Health (VCBH) Managers/Staff Present</b><br/> Dr. John Schipper, Adult Division Chief<br/> Pam Roach, Transformational Liaison<br/> Anna Flores, Alcohol and Drug Programs Manager<br/> Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b><br/> <b>Thursday, May 2, 2019, 10:00 a.m. – 12:00 pm</b></p> <p>Ventura County Behavioral Health<br/> 1911 Williams Drive, second floor, Oxnard</p> |
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

|      | DISCUSSION/CONCLUSIONS   | RECOMMENDATIONS/<br>ACTIONS                         | RESPONSIBLE |
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| I.   | <b>Call to Order</b><br>Co-Chair Gane Brooking called the meeting to order at 10:05 a.m.   |   |             |
| II.  | <b>Approval of the Agenda</b><br>Ms. Brooking asked the committee to review and approve today's agenda. Ratan Bhavnani moved to approve, Mark Schumacher seconded. The motion carried unanimously. Elizabeth Stone inquired about the process to get items put on the agendas; Ms. Borchard explained that the Co-Chairs develop the agendas, taking into consideration the feedback from the committee members. | The agenda was approved as written.<br><b>M/S/C</b> |             |
| III. | <b>Approval of the Minutes</b><br>Ms. Brooking asked the committee to review and approve the minutes of the March 7, 2019 meeting. Mr. Schumacher moved to approve, Mr. Bhavnani seconded. The motion carried unanimously.   | The minutes were approved as written. <b>M/S/C</b>  |             |
| IV.  | <b>Welcome and Introductions</b><br>Ms. Brooking welcomed everyone and asked for introductions.  |   |             |
| V.   | <b>Public Comments</b><br>Scott Walker noted that the Oxnard Police Department is selling Autism Awareness patches; proceeds benefit the Autism Society. Oxnard PD officers are wearing the patch.   |   |             |
| VI.  | <b>Chair Announcements</b><br>Ms. Brooking noted that the Oxnard temporary shelter is doing well; people are pleased with the two new managers. Renovation on the Knoll Drive building in Ventura is due to start in June; the office building will be converted into a permanent shelter.   |   |             |
| VII. | <b>Update on the Crisis Stabilization Unit (CSU) – Dan Powell, Mental Health Operations Supervisor Inpatient Unit, and Sheri Block, VCMC/Santa Paula Hospitals</b> <ul style="list-style-type: none"> <li>The anticipated opening date of the CSU has been pushed back to April 23 due to staffing issues with psychiatrists. The CSU will open with four spaces, and eventually should have</li> </ul>          |   |             |

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|                     | <p>12 spaces. It is expected that about 60% of clients should be able to move to a lower level of care, while approximately 40% will be admitted to the Inpatient Psychiatric Unit (IPU).</p> <ul style="list-style-type: none"> <li>• Both voluntary and 5150 involuntary admissions will be accepted. The CSU psychiatrists will have the ability to break a 5150 hold if the client no longer meets the requirements, and the hold will not be reported to the Department of Justice. Anyone who presents to the CSU or IPU will be assessed; part of the assessment process may include screening for drugs and alcohol.</li> <li>• Initially, hospitals' Emergency Departments (EDs) will handle the medical clearances and medical screenings. The goal is to eventually do Medical Screening Exams in the CSU.</li> <li>• Staff from the VCBH Rapid Integrated Support and Engagement (RISE) Team will provide services at the CSU on a part-time basis.</li> <li>• Admission and readmission rates will be tracked, along with other data.</li> </ul> <p>Mr. Powell thanked all who have been working with the IPU management team to prepare for the opening of the CSU. He welcomes the support of the BHAB in requesting the additional staffing positions that are needed for the expansion to 12 spaces. They are encouraged to contact Ventura County Medical Center (VCMC) administration first. Mr. Bhavnani suggested speaking with Kim Milstien, Chief Executive Officer of the Ventura County Hospitals, to ask for additional positions at the CSU. Mr. Harris noted that he met with her, and she showed interest.</p> <p>Mr. Powell noted that the IPU takes clients ages 18 to 64. Those 65 and over receive a psychiatric assessment to evaluate the best care options for them. Older adults are not routinely admitted to the IPU for their own safety; instead, they are transferred to facilities such as Verdugo Hills in Glendale or Tarzana/Encino, to name a few.</p> <p>Mr. Clerici thanked all those who worked to open the CSU. Mr. Bhavnani noted that he gets calls from family members complaining about law enforcement not taking clients to the IPU or emergency departments.</p> <p>The committee requested a CSU update in about three months.</p> |   |   |
| <p><b>VIII.</b></p> | <p><b>New Business</b></p> <p>A. Appoint/Remove Members<br/>Ms. Borchard appointed Gray Wilking (taking the place of Denise Noguera), Barbara Keller, Scott Walker and Bob Wickham to the committee.<br/>David Deutsch noted that Liz Warren of the Client Network is planning to resume her attendance as soon as she is able to.</p> <p>B. Draft Action Plan on Crisis Stabilization Unit (CSU) and Inpatient Psychiatric Unit (IPU)<br/>Ms. Borchard noted that an Action Plan is needed to ensure progress. Ms. Stone suggested that a workgroup prepare a draft. Ms. Borchard and Ms. Brooking agreed. Mr. Clerici and Ms. Brooking volunteered to be part of the workgroup.</p> <p>C. Draft Action Plan on Lanterman Petris Short (LPS) Reform Study<br/>Mr. Harris noted that the committee can work on objectives, including this one, that were not selected by the full board. When he recently presented the BHAB Annual Report to the Board of Supervisors, the Supervisors were interested in the LPS Reform and requested a copy of the study.<br/>Mr. Bhavnani agreed to seek a presenter who can give information on the LPS Reform Study.</p>  | <p>Draft action plan on CUS and IPU</p> <p>Seek presenter re LPS Reform Study</p> | <p>K Clerici,<br/>G Brooking</p> <p>R. Bhavnani</p> |
| <p><b>IX.</b></p>   | <p><b>Old Business</b></p> <p>A. Progress on the Older Adults Action Plans<br/>Ms. Borchard tabled this item due to time constrains. Ms. Wilking and Stone noted that they were part of a workgroup that met several times in December to draft the two Older Adult Action Plans, which have not been reviewed yet.</p>   |   |   |

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|                     | <p><b>B. Finalize Adult Safety Plan Update</b><br/> Pam Roach gave a brief history of the creation and use of the Adult Safety Plan and of the discussion that took place at the February meeting. Since then, she has not received further requests for change. A discussion took place. Bob Wickham agreed to have NAMI Helpline listed under Resources. Cici Romero noted that the form works well and is used by people at the TAY Tunnel. She requested to have the TAY Tunnel listed under Resources. Mark Schumacher requested to have the Wellness Center listed under Resources.<br/> Mr. Schumacher moved to approve the Adult Safety Plan as updated, Ms. Romero seconded. The motion passed, with Ms. Stone opposing.</p>  | <p>Approve updated Adult Safety Plan<br/> <b>M/S/C</b></p> |  |
| <p><b>X.</b></p>    | <p><b>Members and Participants Comments</b><br/> Sheri Valley thanked Dr. Schipper for the work that the Assist program does. She also asked about parity between mental health and physical health care. Ms. Borchard agreed that the committee could receive an update on health navigator and on Whole Person Care.<br/><br/> Ms. Romero noted that the TAY Tunnel is having an Open House every Thursday between April 4<sup>th</sup> and May 2<sup>nd</sup>, from 10:00 a.m. to 1:00 p.m.<br/><br/> Lynne Gibbs noted that legislation regarding the definition of grave disability has been reintroduced as SB 640 and AB 1572.</p>  |  |  |
| <p><b>XI.</b></p>   | <p><b>Update: Behavioral Health Adult Division – Dr. John Schipper, Adult Division Chief</b><br/> VCBH has a new Housing Manager: Susan White Wood. She and Dr. Schipper will meet with Board &amp; Care operators to discuss their interest in increasing their number of beds. Funds from Mental Health Services Act (MHSA) No Place Like Home targets independent living, for which many VCBH clients are not appropriate.<br/> VCBH wants to get a better understanding of clients’ housing needs. One idea is for VCBH clinicians and case managers to ask about this during each contact with clients.<br/> The Homeless Management Information System (HMIS) collects data related to housing needs. It improves the sharing of knowledge among various agencies.</p> <ul style="list-style-type: none"> <li>• Kevin Clerici noted that the primary channel to access the Oxnard temporary emergency shelter is through 2-1-1. This shelter has been running at capacity for the previous several days. There is a waiting list. A few beds are set aside for people brought in by law enforcement who are not breaking the law but need a place to stay.</li> <li>• Cici Romero noted that the winter warming shelter does not screen people unless they have a current tuberculosis (TB) test.</li> </ul> |  |  |
| <p><b>XII.</b></p>  | <p><b>Behavioral Health Substance Use Disorders – Anna Flores, Alcohol &amp; Drug Programs Manager</b><br/> Ms. Flores did not provide a report due to time constrains.</p>  |  |  |
| <p><b>XIII.</b></p> | <p><b>Item for Next Meeting Agenda</b><br/> Action Plans.</p>  |  |  |
| <p><b>XIV.</b></p>  | <p><b>Adjourn</b><br/> The meeting adjourned at 12:05 p.m.</p>   |  |  |

PACIFIC CLINICS

**TAY  
TUNNEL**

**SPRING OPEN HOUSE**

EVERY THURSDAY

APRIL 4<sup>TH</sup> – MAY 2<sup>ND</sup>

10AM – 1PM

LOCATION

141 W Fifth St Suite D Oxnard.  
Ca



No appointment needed

Light refreshments will be  
provided

Free Service

Are you or do you know a youth between the ages of 18-25? If so, come join us at our weekly open house where individuals can learn about our program and get to know staff.



**Pacific Clinics**  
ADVANCING BEHAVIORAL HEALTHCARE

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