

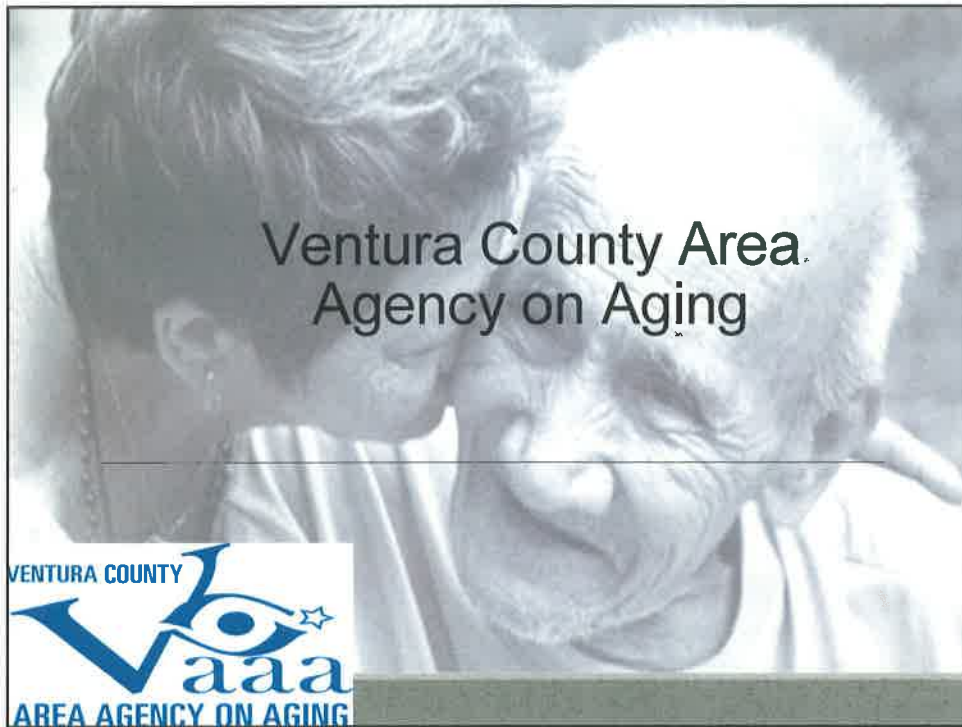
**BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ▪ Thursday, March 7, 2019**

<p>Members Present Nancy Borchard, Committee Co-Chair Gane Brooking, Committee Co-Chair Jerry Harris, BHAB Chair Ratan Bhavnani, BHAB Sheri Valley, BHAB David Deutsch, Client Network Kalie Matissek, Turning Point Foundation Mark Schumacher, Turning Point Foundation Denise Noguera, VCAAA Elizabeth R. Stone</p> <p>Others Present Gray Wilking, Area Agency on Aging Victoria Jump, VCAAA Barbara Keller, HACSB Michelle Surber, Telecare Scott Walker, CIT Lisa Powell Stuart Fiedler, Client Network Dave Rose, Turning Point Foundation</p>	<p>Ventura County Behavioral Health (VCBH) Managers/Staff Present Dr. John Schipper, Adult Division Chief Anna Flores, Alcohol and Drug Programs Manager Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Thursday, April 4, 2019, 10:00 a.m. – 12:00 pm</p> <p>Ventura County Behavioral Health 1911 Williams Drive, second floor, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-Chair Gane Brooking called the meeting to order at 10:05 a.m.		
II.	Approval of the Agenda Ms. Brooking asked the committee to review and approve today's agenda. Sheri Valley moved to approve, Denise Noguera seconded. The motion carried unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Brooking asked the committee to review and approve the minutes of the February 7, 2019 meeting. <ul style="list-style-type: none"> o Denise Noguera requested that in the attendance log Barbara Keller not be listed as "VCAAA." o Edith Pham noted that the attendance log shows "Stephanie Segura, HACSB"; this should read "Maegen Segura, HACSB" and "Stephanie Spampanato, HACSB." Ratan Bhavnani moved to approve the minutes as amended, Elizabeth Stone seconded. The motion carried unanimously.	The minutes were approved as amended. M/S/C	
IV.	Welcome and Introductions Ms. Brooking welcomed everyone and asked for introductions.		
V.	Public Comments Stuart Fiedler made a comment regarding funding for homeless shelters. He also raised questions regarding Probation and his own case.		
VI.	Chair Announcements Ms. Brooking noted that the Oxnard pilot shelter in Oxnard is now open 24/7. It provides supportive services, including from VCBH Rapid Integrated Support and Engagement (RISE) three days per week. Pets are allowed. Entry is through 2-1-1. New managers are running the shelter. Ms. Brooking also noted that renovation work will start in the near future on the building that will house a homeless shelter in Ventura. Ms. Borchard requested information on the requirements for being accepted into the shelter.		

	Ms. Borchard noted that new members, including Barbara Keller, will be appointed to this committee.		
VII.	<p>Presentation: Ventura County Area Agency on Aging (VCAAA) – Victoria Jump, Director VCAAA serves people ages 60 and over, people with disabilities, and family caregivers. Services are provided by VCAAA or by contracted providers. Yearly, 25,000 unduplicated clients receive services. Depression affects the older adult population. Gaps in services have been identified.</p> <p>See attached for details.</p>		
VIII.	<p>New Business</p> <p>A. Support for Assembly Bills 12, 339 and 340 Scott Walker noted that the bills were introduced by Assemblymember Jacqui Irwin to address gun violence. Sheriff Ayub supports these bills. Ms. Borchard noted that the committee can recommend that the full BHAB review the bills and consider supporting their implementation. Mr. Bhavnani noted that NAMI does not currently have a recommendation on these bills. He reminded the committee that the BHAB Legislative workgroup brings awareness of legislation that is being introduced, but it is up to individuals to support a bill. This committee requested more information on the bills before voting. Ms. Borchard, Ms. Brooking and Scott Walker agreed to work together on inviting a presenter from the Sheriff’s Department to next month’s meeting. No action was taken on this item.</p> <p>B. Recovery Services – Anna Flores, Alcohol and Drug Program (ADP) Manager Recovery services used to be called aftercare. ADP has purchased an Evidence-Based Program, Telehealth Aftercare for Adults and Telehealth Aftercare for Adolescents, which will go live in April. The goals are to give people assistance to remain in remission, and for those who have relapsed, to have the duration of the relapse be as short as possible. Phone support and group support will be provided. Services will be billable to Medi-Cal, although at a lower rate than primary treatment, and there will be no cap on how long a person receives this type of services.</p>	Invite a presenter to provide information on the bills	N. Borchard, G. Brooking, S. Walker
IX.	<p>Old Business</p> <p>A. Update Action Plans This item was tabled due to time constraints.</p>		
X.	<p>Members and Participants Comments</p> <p>Jerry Harris noted that he will present the BHAB Annual Report to the Board of Supervisors on March 19. He plans to mention that the committee is reviewing the Lanterman Petris Short (LPS) Reform Taskforce report, as discussed during this committee’s February meeting.</p> <p>Elizabeth Stone noted that the Santa Barbara Sheriff’s Department has a holistic defense program. She suggested a future presentation on that program.</p>		
XI.	<p>Update: Behavioral Health Adult Division – Dr. John Schipper</p> <p>A. Dr. Schipper is advocating for stakeholder input around the launch of the adult Crisis Stabilization Unit (CSU), scheduled for April. Ms. Borchard noted that she will meet with Dr. Streeter of Dignity Health, who had presented to this committee regarding the feasibility of Dignity Health opening its own CSU.</p> <p>B. The Inpatient Psychiatric Unit (IPU) was affected by a norovirus outbreak starting last week and could not admit new clients until the outbreak is over.</p>		
XII.	<p>Item for Next Meeting Agenda</p> <p>Lanterman Petris Short (LPS) Conservatorship Reform. Assembly Bills 12, 339 and 340.</p>		
XIII.	<p>Adjourn</p> <p>The meeting adjourned at 12:08 p.m.</p>		



Role of the VCAAA

- To serve Ventura County's aged 60+ population, adults with disabilities and family caregivers
- Develop community-based systems of care that provide services
- Enhance and support existing community based service providers systems of care
- Promote citizen involvement in the planning and delivery of services for Ventura County's older population and their caregivers.

Direct Services

- ADRC - Information & Assistance
- Health Insurance Counseling & Advocacy Program (HICAP)
- Benefit Enrollment Center
- Fall Prevention
- Elder Abuse prevention
- Case Management
- Transportation
- Home Share
- ElderHelp
- Senior Nutrition
- Family Caregiver Services

Contracted Services

For Seniors

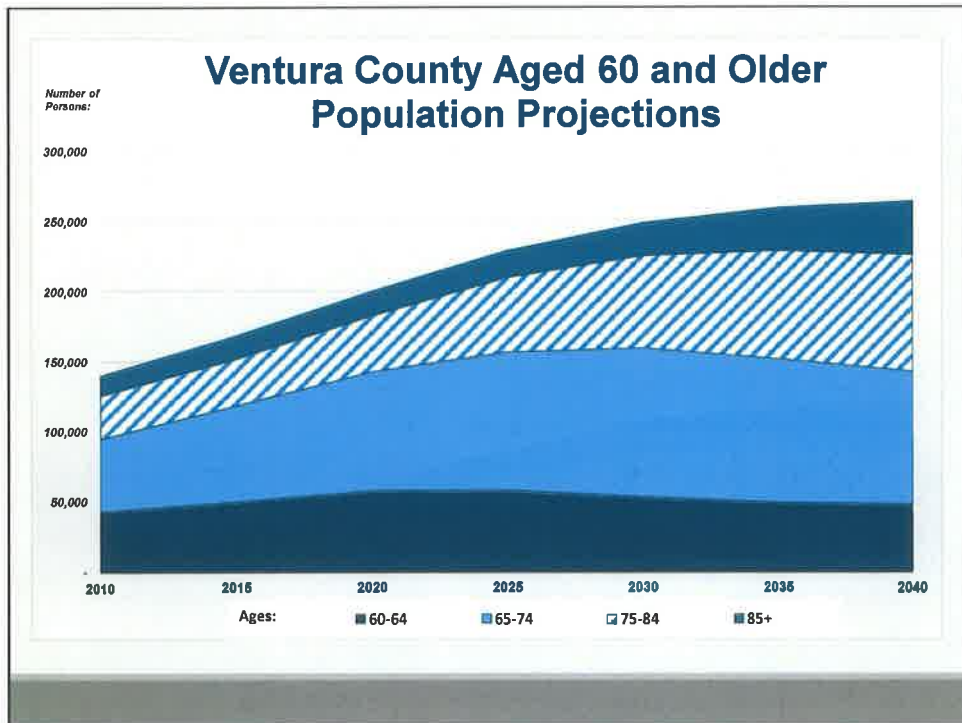
- Senior Nutrition – Congregate and Home Delivered Meals
- Legal services (non-criminal)
- Long term care Ombudsman
- Emotional Support (warm) line
- Employment training (SCSEP)

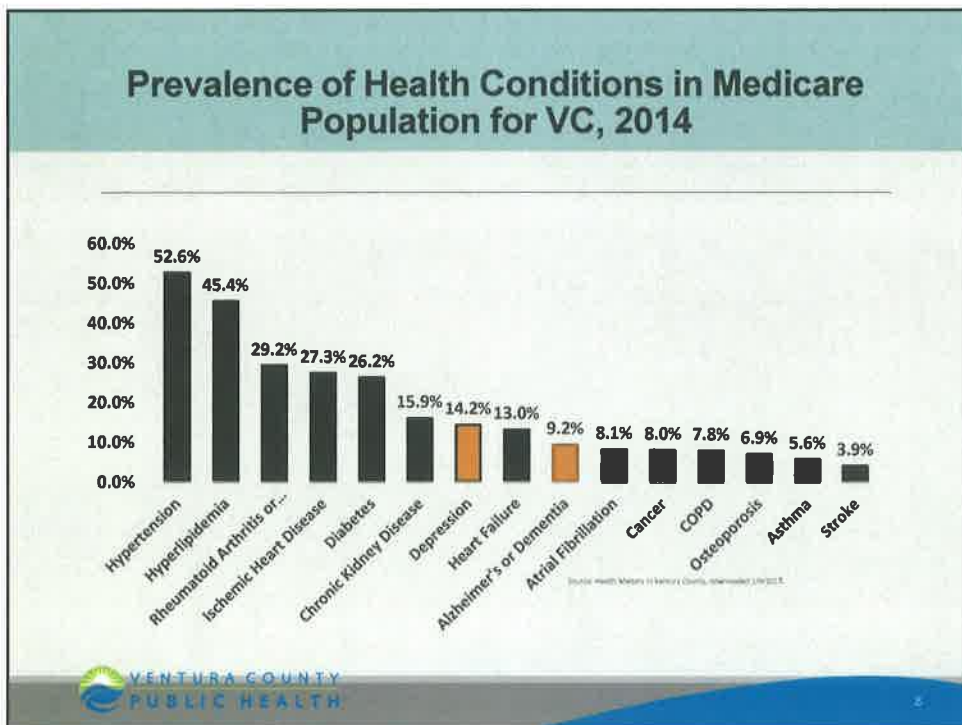
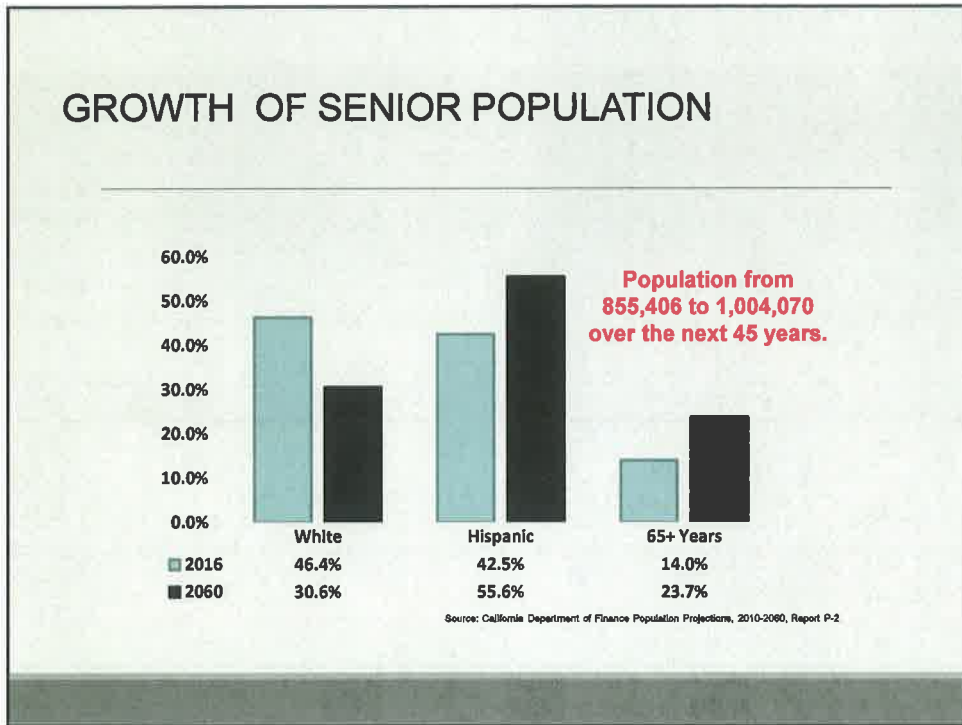
For Family Caregivers

- Case management
- Caregiver training
- Support groups
- Home adaptations
- Respite
- Pre-placement counseling

Challenges


1. Increasing older adult population
2. Health of the population
3. Increasing isolation of the older adult population
4. Change in family dynamics





Leading Causes of Death, 2012-2014 (VC and CA) and 2014 (US)

Rank	Ventura County	California	United States
1	All Cancers	All Cancers	Diseases of the Heart
2	Coronary Heart Disease	Coronary Heart Disease	All Cancers
3	Cerebrovascular Disease (Stroke)	Cerebrovascular Disease (Stroke)	Chronic Lower Respiratory Disease
4	Alzheimer's Disease	Chronic Lower Respiratory Disease	Accidents (Unintentional Injuries)
5	Chronic Lower Respiratory Disease	Alzheimer's Disease	Cerebrovascular Disease (Stroke)
6	Accidents (Unintentional Injuries)	Accidents (Unintentional Injuries)	Alzheimer's Disease
7	Diabetes	Diabetes	Diabetes
8	Drug-Induced Deaths	Influenza-Pneumonia	Influenza-Pneumonia
9	Suicide	Chronic Liver Disease and Cirrhosis	Kidney Disease
10	Chronic Liver Disease and Cirrhosis	Drug-Induced Deaths	Suicide


9

Isolation

- Older adults who describe themselves as lonely have a 59% greater risk of functional decline
- 29% of older adults live alone
- Prolonged isolation can be as bad for your health as smoking 15 cigarettes a day

Hoarding

- Hoarding in older adults becomes more severe with age
- Link between hoarding and depression
- Average age of a person seeking treatment for hoarding is 50

Caregiver Burnout

- 17% of caregivers feel that their health in general has gotten worse as a result of caregiving responsibilities
- 40%-70% of caregivers have clinically significant symptoms of depression
- 4 in 10 caregivers find their situation highly stressful

Where can we make a difference?

Gaps in Services

1. Alzheimer's and dementia related diagnosis and support
2. In-home counseling
3. Hoarding counseling
4. Caregiver counseling
5. Depression related counseling
6. Addiction counseling – older adults and opioids



For more information

477-7300

Or (800) 510-2020

Ventura County Area Agency on Aging's

LIVE

Well

NOT JUST ABOUT AGING, BUT AGING WELL.

*NO SOLAMENTE ENVEJECIENDO,
PERO ENVEJECIENDO CON DIGNIDAD.*

Vol. 2 • 2018–2019



Ventura County's Premier
Resource Guide FOR
Seniors, Caregivers & People with Disabilities

La Principal **Guía de Recursos**
PARA Personas de la Tercera Edad, Sus Cuidadores, e
Individuos con Discapacidades del Condado de Ventura



ASSEMBLYMEMBER

DISTRICT 44

(/)

Assemblymember Irwin introduces bill package addressing gun violence

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Friday, February 1, 2019

SACRAMENTO – On the same week that the State Assembly adjourned in the memory of the Borderline shooting victims, Assemblymember Jacqui Irwin (D – Thousand Oaks) introduced a package of bills that will help keep firearms out of the hands of people who pose a threat to themselves or others.

“Far too many people that our courts have found to be too dangerous to possess firearms continue to possess these deadly weapons,” Assemblymember Jacqui Irwin said. “By improving the Gun Violence Restraining Order (GVRO) law and empowering local law enforcement agencies to reduce the backlog of armed prohibited persons, these bills provide the tools that are necessary to proactively keep our communities safe while respecting the rights and due process of responsible gun owners.”

- **AB 12**, previously introduced, is symbolic of the 12 victims of the Borderline tragedy on November 7th, 2018. The bill was amended to make GVROs a more efficient and reliable tool for law enforcement by: (1) allowing for the simultaneous approval of a search warrant for firearms and ammunition when a GVRO is issued, (2) extending the default prohibition for notice and hearing GVROs from one to five years, and (3) clarifying that there is no 24 hour grace period for

temporary emergency GVROS that would enable owners to hide, sell, transfer, or even use their firearm instead of handing it over to law enforcement.

- **AB 339** addresses the lack of awareness of GVROs by requiring local law enforcement agencies to create policies and standards for their own departmental use of GVROs. Fewer than 200 GVROs were issued in the first two years the law was in effect. This bill will provide an opportunity for local law enforcement agencies to work with their front-line officers, mental health professionals, and community members to tailor policies to meet community expectations.
- **AB 340** creates a grant program for local jurisdictions to investigate and remove weapons from prohibited persons. California law makes it illegal for those who have previously been convicted of a felony or violent misdemeanor, as well as persons experiencing mental health crises or narcotics addiction, to possess firearms. A persistent backlog of 10,000+ subjects in the state's Armed Prohibited Persons System (APPS), which tracks these subjects and is administered by the California Department of Justice, highlights the importance of engaging local peace officers with on-the-ground knowledge of their community.

"I appreciate Assemblymember Irwin working with law enforcement to identify issues that should be addressed," Ventura County Sheriff Bill Ayub said. "This is about keeping guns out of the hands of people who should not have access to them and is an important step to providing our law enforcement officers with the laws and tools to keep our community safe."

CONTACT JACQUI (<https://a44.asmdc.org/contact-jacqui>)

SIGNUP FOR UPDATES

(<https://lcmsubcontact.lc.ca.gov/PublicLCMS/NewsletterPopup.php?district=AD44>)

Resources

Resources



(<https://www.treasurer.ca.gov/able>)

**COUNTY OF VENTURA – BEHAVIORAL HEALTH ADVISORY BOARD
ACTION PLAN - Adult Services Committee**

As of 2/22/19

OBJECTIVE TITLE: Advocate for increased services to the older adult population (60+)

SPECIFIC OBJECTIVE: Advocate for enhanced Outpatient Service Options for Older Adults

KEY INDICATORS: 1. Support development of pilot (8-week?) site-based support groups for older adults

2. Advocate for peer specialists/peer support services for older adults

3.

ACCOUNTABILITY: _____ TARGET COMPLETION DATE: June 30, 2019

ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET DELAYED*	STATUS
1. Determine locations of high-density housing complexes where large proportion of 'eligible' seniors reside	1/10/2019	2/7/2019	Denise Noguera/Gray Wilking		Completed For HASCB City Of Ventura (01/17/2019) Completed For All Sites Throughout Ventura County by Gray & Denise (2/5/2019)
2. Learn what/which support services (to all residents) are currently offered – include by whom and in which language(s) - in housing sites determined above	2/7/2019	3/7/2019	TBA	<i>continued</i>	awaiting assignment of person responsible
3. Identify current peer specialists who might be considered older adults and who might have an interest in facilitating support groups to elder adults	2/1/2019	3/7/21019	Elizabeth Stone/ Gane Brooking	<i>continued</i>	

* Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).

	ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET	DELAYED*	STATUS
4.	Outreach to peers who might be interested in being trained to run support groups (including Spanish speakers)	3/7/2019	4/4/2019	Elizabeth Stone/ TBA			
5.	Discuss with VCBH other areas/programs in which additional peers could be employed	3/7/2019	4/4/2019	TBA			
6.	Plan outreach to existing service providers at sites determined in step 1 to explore cooperative arrangements	3/7/2019	5/2/2019	TBA			
7.	Draft a plan for implementation with VCBH regarding other areas/programs in which peers could be employed	4/4/2019	6/6/2019	TBA			
8.	Explore funding for training of additional peers for skills running site-based elder adult support groups and/or areas/programs identified with VCBH	4/4/2019	5/2/2019	TBA			
9.	Explore entities to provide training/support for facilitating site-based support groups for elder adults and/or areas/programs identified with VCBH	4/4/2019	6/6/2019	TBA			

* Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).

COUNTY OF VENTURA – BEHAVIORAL HEALTH ADVISORY BOARD
ACTION PLAN - Adult Services Committee
As of 2/22/19

OBJECTIVE TITLE: Advocate for increased services to the older adult population (60+ y/o)

SPECIFIC OBJECTIVE: Advocate for the establishment of a Geriatric Inpatient services (IPU)

Ascertain updated and detailed data re: factors that contribute to need for IPU

KEY INDICATORS: 1. Advocate for inpatient services for adults 60+ years old

2. Written report summarizing local findings re: factors that contribute to need for IPU presented to County

3. Creation of graphic service matrix of elder adult services for future publication and distribution

ACCOUNTABILITY: _____ TARGET COMPLETION DATE: June 30, 2019

	ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP:		STATUS
					ON TARGET	DELAYED*	
1.	Gather information to understand rationale for exclusion of adults 60+ y/o from HPC/IPU including contacting County counsel	1/4/2019	2/7/2019	Game Brooking		<i>continued</i>	Game has been unable to get assistance in contacting counsel - additional direction/assistance needed
2.	Research inpatient options available to adults 60+ y/o in other counties/states	1/4/2019	2/7/2019	Game Brooking/ Elizabeth Stone			Received list of LPS facilities throughout California from Peter 1/24/2019 Game will contact CMH
3.	Identify and invite speaker(s) from entity(ies) with potential for operating a geriatric IPU to present to adult services committee	1/4/2019	3/7/2019	Game Brooking/ TBA		<i>continued</i>	As of 2/22/2019 , Game has been unable to contact potential speaker(s) - additional direction/assistance needed

* Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).

	ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET	DELAYED*	STATUS
4.	Research established indicators and factors that contribute to older adults meeting admitting criteria to a geriatric IPU	1/4/2019	4/4/2019	Elizabeth Stone/ TBA (seek assistance from VCBH with data)			
5.	Compile listing of all services for elder adults in county for design into a graphic service matrix	1/4/2019	4/4/2019	Denise Noguera/ Elizabeth Stone/ Gray Wilking			received some information from Area Agency on Aging (AAA), 1/24/2019
6.	Gather county-wide data (prevalence) on identified indicators and factors from #4	4/1/2019	5/2/2019	TBA (seek assistance from VCBH with data)			received some demographic data from Denise/AAA, 2/15/2019
7.	Assess veracity of anecdotal evidence suggesting high levels isolation and/or depression in older adults vis-à-vis data from #6; for example, where housed? access to technology?	4/15/2019	5/2/2019	TBA (seek assistance from VCBH with data analysis)			
8.	Present draft of design for service matrix to committee	4/4/2019	6/6/2019	Denise Noguera/ Elizabeth Stone/ Gray Wilking			

* Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).