

**BEHAVIORAL HEALTH ADVISORY BOARD**  
**Adult Services Committee Meeting**  
**Thursday, August 1<sup>st</sup>, 2019, 10:00 a.m. - noon**

Ventura County Behavioral Health (VCBH)  
1911 Williams Drive, Lake Tahoe Room (second floor) • Oxnard, CA 93036

**AGENDA**

- I. Call to Order
- II. Approval of the Agenda – **ACTION**
- III. Approval of the Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Public Comments – 3 minutes per speaker
- VI. Chair Announcements
- VII. Old Business
  - A. Annual Report - Draft a List of Achievements for Fiscal Year 2018-19
  - B. Progress on the Inpatient/Crisis Stabilization Unit Action Plan
  - C. Progress on the Services to Older Adult Population Action Plan
- VIII. Members and Participants Comments
- IX. Ventura County Behavioral Health (VCBH) Updates
  - A. Adult Division – Dr. John Schipper, Adult Division Chief
  - B. Substance Use Disorders – Anna Flores, Manager
  - C. Mental Health Services Act (MHSA) – Clara Barron, MHSA Programs Operational Manager
- X. Items for Next Meeting Agenda
- XI. Adjourn

Next Meeting: Thursday, September 5, 2019, 10:00 a.m. - noon

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact: Behavioral Health Administration, at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

BHAB Adult Services Committee  
Questions/Thoughts for Discussion Regarding Action Plan Updates on 8/1/19

**Scope/purview of the committee**

1. Does the committee have the power/purview to do what is included in the action plans (design and implementation)? Or is the role of the committee more about educating and supporting certain kinds of programs?
2. Does the committee want to focus support efforts on one specific program (like peer support) or several? If several, do we want to identify certain types of programming we feel is needed? Another route could be supporting and advocating for programs that come out of the impending VCBH Request for Proposal (RFP) to keep things consistent, and so we know there is money for new programming so it is more likely to happen.

**Peer Advocacy**

The committee should advocate for peer programming. However, it should not necessarily be identifying peers, reaching out to peers, exploring funding for peer programs, or exploring entities to facilitate peer programming. It seems that these tasks are outside of the scope of the committee. The challenge is to advocate for peer programming when this was cut out of the VCBH budget recently. Maybe those BHAB Adult Services Committee members that are passionate about peer services can make some sort of appeal to VCBH to look into new peer programming.

**Older Adult Population**

1. Since there is, or will be soon be, an RFP for outreach to older adults, one action step could be to stay abreast of the developments of the RFP and request a presentation from the grantee/contractor when there is one.
2. Another action item for the "older adults outpatient services" plan could be to create a workgroup that contacts various entities in the county (nonprofits, other government agencies, etc.) to discuss and advocate for increased services for older adults.
3. Create a service matrix that is specific to older adults. The committee chairs could assign a workgroup to work on that/encourage VCBH staff to create it.
4. Consider combining the two plans as we discussed at one point.

# COUNTY OF VENTURA – BEHAVIORAL HEALTH ADVISORY BOARD

## ACTION PLAN

### Adult Services Committee

*a/o 6/4/2019*

OBJECTIVE TITLE: Advocate for increased services to the older adult population (60+ y/o)

SPECIFIC OBJECTIVE: Advocate for expansion of the CSU @ VCMC

Advocate for additional hospitals to open a CSU

KEY INDICATORS:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

ACCOUNTABILITY: \_\_\_\_\_ TARGET COMPLETION DATE: June 30, 2020

ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET	DELAYED*	STATUS
1. Quarterly reports from Dan Powell on data from CSU/PPU (see requested data sheet)						
2. Invite Audra Strickland (Assn of Hosp) to discuss how things are going in VC as well as learning how things work other places						
3. Engage in conversation with Kim Milstien to communicate need for expansion of CPU						

\*Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).

	ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET	DELAYED*	STATUS
4.	Continued updates from Dr. Streeter/Dignity Health rep re: plans to open CSU						
5.	Encourage outreach and engagement to constituents and consumers in Simi & TO to advocate for CSU						
6.							
7.							
8.							

\*Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).

## **Data About CSU & IPU Requested**

### **Basic Data:**

1. Numbers served
2. Disposition
3. Was hospitalization prevented?

### **Admittance:**

1. How many clients need medical care prior to admission to CSU?
2. For what types of issues?
3. Where are patients who are not deemed suitable for the CSU referred?
4. How effective are those referrals?

### **Impact on ER's:**

1. Is CSU making a difference in the local ED's ?
2. How many ED patients get sent out of County?

### **Re-Admittance:**

1. How many people released from CSU return?
2. Within what time periods?

### **Funding:**

1. Cost of running CSU?
2. Possible funding sources to fund additional staff to handle more patients?
3. Can grants be used to fund staffing?
4. How about in the VCHCA budget?

### **Data collection issues:**

1. How to get accurate numbers, as some may have private insurance
2. How to determine if CSU making a difference in the local ED's

**COUNTY OF VENTURA – BEHAVIORAL HEALTH ADVISORY BOARD**

**ACTION PLAN :**

**Adult Services Committee**

*a/o 6/4/2019*

OBJECTIVE TITLE: Advocate for increased services to the older adult population (60+)

SPECIFIC OBJECTIVE: **Advocate for enhanced Outpatient Service Options for Older Adults**

KEY INDICATORS: 1. Support development of pilot (8-week?) site-based support groups for older adults

2. Advocate for peer specialists/peer support services for older adults

3.

ACCOUNTABILITY: \_\_\_\_\_ TARGET COMPLETION DATE: **June 30, 2020**

ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET DELAYED*	STATUS
1. Determine locations of high-density housing complexes where large proportion of 'eligible' seniors reside	1/10/2019	2/7/2019	Denise/Gray		<b>Completed</b> For HASCB City Of Ventura (01/17/2019) <b>Completed</b> For All Sites Throughout Ventura County by Gray & Denise (2/5/2019)
2. Learn what/which support services (to all residents) are currently offered – include by whom and in which language(s) - in housing sites determined above				<i>continued</i>	awaiting assignment of person responsible
Plan outreach to existing service providers at sites determined in step 1 to explore cooperative arrangements			tba	<i>continued</i>	awaiting assignment of person responsible

\*Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).

ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET DELAYED*	STATUS
Compile listing of all services for elder adults in county for design into a graphic service matrix	1/4/2019	4/4/2019	Gray		received some information from Area Agency on Aging (AAA), 1/24/2019
Encourage VCBH to draft and publish service matrix of older adult services			tba	<i>continued</i>	awaiting assignment of person responsible
Identify current peer specialists who might be considered older adults and who might have an interest in facilitating support groups to elder adults			tba	<i>continued</i>	awaiting assignment of person responsible
Outreach to peers who might be interested in being trained to run support groups (including Spanish speakers)			tba	<i>continued</i>	awaiting assignment of person responsible
Explore funding for training of additional peers for skills running site-based elder adult support groups and/or areas/programs identified with VCBH			tba	<i>continued</i>	awaiting assignment of person responsible
Explore entities to provide training/support for facilitating site-based support groups for elder adults and/or areas/programs identified with VCBH			tba	<i>continued</i>	awaiting assignment of person responsible

\* Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).

**COUNTY OF VENTURA – BEHAVIORAL HEALTH ADVISORY BOARD**

**ACTION PLAN**

**Adult Services Committee**

*a/o 6/4/2019*

OBJECTIVE TITLE: Advocate for increased services to the older adult population (60+ y/o)

SPECIFIC OBJECTIVE: Advocate for the establishment of a Geriatric Inpatient services (IPU)

Ascertain updated and detailed data re: factors that contribute to need for IPU

KEY INDICATORS: 1. Advocate for inpatient services for adults 60+ years old

2. Encourage creation of graphic service matrix of elder adult services for future publication and distribution

3. \_\_\_\_\_

ACCOUNTABILITY: \_\_\_\_\_ TARGET COMPLETION DATE: June 30, 2020

ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET	DELAYED*	STATUS
1. Gather information to understand rationale for exclusion of adults 64+ y/o from HPC/IPU including contacting County counsel	1/4/2019	2/7/2019	Gane		<i>continued</i>	Gane has been unable to get assistance in contacting counsel - <b>additional direction/assistance needed</b>
2. Research inpatient options available to adults 60+ y/o in other counties/states	1/4/2019	2/7/2019	Gane			Received list of LPS facilities throughout California from Peter 1/24/2019 Gane will contact CMH
3. Identify and invite speaker(s) from entity(ies) with potential for operating a geriatric IPU to present to adult services committee	1/4/2019	3/7/2019	Gane/ tba		<i>continued</i>	a/o 2/22/2019, Gane has been unable to contact potential speaker(s) - <b>additional direction/assistance needed</b>

\*Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).

ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET	DELAYED*	STATUS
4. Invite presentation on established indicators and factors that contribute to older adults needing admission to a geriatric IPU	1/4/2019	4/4/2019			<i>continued</i>	
5. Gather county-wide data (prevalence) on identified indicators and factors from #4	4/1/2019	5/2/2019			<i>continued</i>	received some demographic data from Denise/AAA, 2/15/2019

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# COUNTY OF VENTURA – BEHAVIORAL HEALTH ADVISORY BOARD

## ACTION PLAN

### Adult Services Committee

a/o 6/4/2019

OBJECTIVE TITLE: Advocate for increased peer services

SPECIFIC OBJECTIVE:

KEY INDICATORS: 1.

2.

3.

ACCOUNTABILITY:

TARGET COMPLETION DATE: June 30, 2020

	ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET	DELAYED*	STATUS
1.	Invite VCBH to present on other areas/programs in which additional peers could be employed						
2.							
3.							

\*Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).