

BEHAVIORAL HEALTH ADVISORY BOARD
Adult Services Committee Meeting
Thursday, October 3, 2019, 10:00 a.m. - noon

Ventura County Behavioral Health (VCBH)
1911 Williams Drive, Lake Tahoe Room (second floor) • Oxnard, CA 93036

AGENDA

- I. Call to Order
- II. Approval of the Agenda – **ACTION**
- III. Approval of the September Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Public Comments – 3 minutes per speaker
- VI. Chair Announcements
- VII. New Business
 - A. December, January Schedule – **ACTION**
- VIII. Old Business
 - A. Finalize Annual Report - **ACTION**
- IX. Members and Participants Comments
- X. Ventura County Behavioral Health (VCBH) Updates
 - A. Adult Division – Dr. John Schipper, Adult Division Chief
 - B. Substance Use Disorders – Anna Flores, Manager
 - C. Mental Health Services Act (MHSA) – Clara Barron, MHSA Programs Operational Manager
- XI. Items for Next Meeting Agenda
- XII. Adjourn

Next Meeting: Thursday, November 7, 2019, 10:00 a.m. - noon

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact: Behavioral Health Administration, at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

JUNTA ASESORA DE SALUD DEL COMPORTAMIENTO
Reunión del comité de servicios para adultos
Cerrado jueves , 3 de octubre de , 2019 , 10:00 am - mediodía
Salud conductual del condado de Ventura (VCBH)
1911 Williams Drive, Lake Tahoe Room (segundo piso) • Oxnard, CA 93036

AGENDA

- I. Llama para ordenar
- II. Aprobación de la Agenda - **ACCIÓN**
- III. Aprobación del acta de septiembre - **ACCIÓN**
- IV. Bienvenida y Presentaciones
- V. Comentarios públicos: 3 minutos por orador
- VI. Anuncios de la presidencia
- VII. Nuevo negocio
 - A. Diciembre , horario de enero - **ACCIÓN**
- VIII. Viejo negocio
 - A. Finalizar informe anual - **ACCIÓN**
- IX. Comentarios de miembros y participantes
- X. Salud Mental del Condado de Ventura (VCBH) U actualizar el clip
 - A. División de Adultos - Dr. John Schipper, Jefe de División de Adultos
 - B. Trastornos por uso de sustancias - Anna Flores, Gerente
 - C. Ley de Servicios de Salud Mental (MHSA) - Clara Barron , Gerente Operacional de Programas MHSA
- XI. Elementos para la agenda de la próxima reunión
- XII. Aplazar

Próxima reunión : Jueves, 7 de noviembre de , 2019 , 10:00 am - mediodía

Los miembros del público que realizan presentaciones orales ante la Junta en relación con uno o más puntos del orden del día o no incluidos en el orden del día en una sola reunión están limitados a un tiempo total acumulado que no exceda (5) minutos para todas sus presentaciones orales en dicha reunión a menos que de lo contrario proporcionado. El período completo de comentarios públicos está limitado a no más de (20) minutos en total para todos los oradores. NOTA: El Presidente puede limitar el número o la duración de los oradores en un asunto. En cumplimiento con la Ley de Estadounidenses con Discapacidades, si necesita asistencia especial para participar en esta reunión, comuníquese con: Behavioral Health Administration, al (805) 981-6830 . La notificación anticipada razonable de la necesidad de acomodación antes de la reunión (es preferible un aviso con 48 horas de anticipación) nos permitirá hacer arreglos razonables para garantizar la accesibilidad a esta reunión.

**BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
2018-19 Annual Report**

Submitted by Nancy Borchard and Gane Brooking, Co-Chairs

Committee members

Nancy Borchard, BHAB, Committee Co-Chair
Gane Brooking, BHAB, Committee Co-Chair
Jerry Harris, BHAB Chair Emeritus
Ratan Bhavnani, BHAB
Sheri Valley, BHAB
David Deutsch, Client Network
Scott Walker, Crisis Intervention Team
Barbara Keller, Housing Authority City of Ventura

Elizabeth R. Stone, MHSOAC
Bob Wickham, NAMI
Ascencion "Cici" Romero, TAY Tunnel
Cindy Doult, Telecare
Kalie Matisek, Turning Point Foundation
Dana Secor, Turning Point Foundation
Mark Schumacher, Turning Point Foundation
Gray Wilking, Area Agency on Aging

Participants

Ventura County Behavioral Health
Ventura County Probation Agency

MISSION

The BHAB Adult Services Committee advocates for continuum of care in the development and expansion of mental health and addiction services that support the stabilization and recovery of adult and older adult clients. The Committee's monthly meetings provide a forum for discussion of current department activities regarding Adult Services as well as an opportunity for collaboration with community-based providers and stakeholders. We seek to ensure integrated services for clients seeking mental health and substance abuse services. By educating ourselves and the community, the stigma associated with mental health and substance abuse will be reduced.

2018-19 OBJECTIVES OF THE BHAB ADULT SERVICES COMMITTEE

1. Advocate for effective assessment and referral for individuals in crisis at the Hillmont Psychiatric Center in cooperation with local hospitals and law enforcement, with particular emphasis on developing a Crisis Stabilization Unit and increasing inpatient beds, both public and private, within the community.
2. Advocate for the Crisis Residential Treatment (CRT) to be used as both a crisis prevention to avoid hospitalization and as a step-down from Hillmont Psychiatric Center or other intensive service.
3. Advocate for increased services to the older adult population.
4. Participate in all efforts to establish affordable and supportive housing for individuals who live with mental health and/or substance use disorder challenges.

INTRODUCTION

The BHAB Adult Services Committee meets on the first Thursday of the month from 10:00 a.m. to 12:00 p.m. in the Ventura County Behavioral Health (VCBH) Administration building in Oxnard. Attendance, participation and membership are open to individuals who receive mental health and/or substance use services through Ventura County Behavioral Health (VCBH), to service providers, Behavioral Health Advisory Board (BHAB) members, and

anyone with an interest in the adult and older adult population. The Adult Services Committee reviews the needs, programs and services for this population and reports on these matters to the BHAB.

ACHIEVEMENTS

1. The opening of the Crisis Stabilization Unit (CSU), for which the committee had advocated.
2. Dialogued with local community hospital regarding the opening of a private CSU.
3. Advocated for the development of a Request for Proposal (RFP) for services for the older adult population.
4. Recommendation was made to Mental Health Services Act (MHSA) staff to follow up on a Request for Proposal (RFP) for older adults.
5. Advocated for increased housing for clients.
6. Expanded the representation of stakeholders on this committee.
7. Identified high priority needs and followed up by gathering information.

2018-19 PRESENTATIONS

September 2018: VCBH Office of Health Equity and Cultural Diversity, presented by Maria Hernandez.

October 2018: Coalition for Family Harmony, presented by Sandy Gomez and Cynthia Gonzalez.

February 2019: Crisis Stabilization Unit and Dignity Health, presented by Dr. Robert Streeter, St. John Regional Medical Center.

March 2019: Ventura County Area Agency on Aging, presented by Victoria Jump.

April 2019: Ventura County Crisis Stabilization Unit Update, presented by Dan Powell and Sheri Block

June 2019: Housing Update, presented by Susan White Wood

CHALLENGES

1. There is an insufficient number of psychiatric inpatient beds to address Ventura County's needs.
2. Lack of affordable housing options and the high cost of housing in Ventura county.
3. Severe lack of housing options for those with no or little income.
4. The high cost of the Inpatient Unit placements for those who have both mental and developmental challenges.
5. Underutilization of peers in a broader manner within Ventura County's Behavioral Health System of Care added to a limited number of peer programs providing peer support.
6. Gaps in access to certain services that cause clients to be placed out of county. These include: (A) lack of affordable housing; (B) lack of secure supportive housing for individuals who are not currently capable of standing trial; (C) lack of integrated mental and physical health facilities; (D) lack of older adult inpatient psychiatric beds; (E) lack of adult inpatient psychiatric hospital beds.
7. Lack of treatment facilities for those with substance use disorders as well as funding to support this type of treatment.

OPPORTUNITIES

1. Become more involved in advocating for housing, particularly for those with mental health and substance use disorders.
2. Begin the process to address the needs of the projected surge in the older adult population.
3. Monitor MHSA programs in Ventura County to ensure that they address the needs of individuals with Serious and Persistent Mental Illness (SPMI).
4. Determine how peer support is functioning within the Ventura County System of Care; is it increasing; are individuals with lived experience being utilized to their full potential; advocate for the expansion of peer support services in the East County.

RECOMMENDATIONS

1. Continue to closely monitor how MHSA funds are used and how they address the identified needs of the County's SPMI population.
2. Focus on how crisis situations are being handled within the County.
3. Continue efforts to streamline the process reducing the time from referral/scheduling an appointment to receipt of service.
4. Determine whether the Screening, Triage, Assessment and Referral (STAR) method is the most efficient and best approach to quickly access services.
5. Ensure that Peer Support services are used to run Wellness, Recovery and Action Plan (WRAP) classes and to best help assist clinicians and staff.

2019-20 OBJECTIVES OF THE BHAB ADULT SERVICES COMMITTEE

1. Advocate for the expansion of the Crisis Stabilization Unit (CSU) at the Hillmont Psychiatric Hospital to the maximum approved number of chairs (12) including the capability of conducting medical clearance examinations on-site.
2. Advocate for the reactivation of the 12 inpatient beds at the Hillmont Psychiatric Hospital currently not in use.
3. Advocate for the Crisis Residential Treatment (CRT) facility to be used for both a crisis prevention unit to avoid hospitalizations and as a step-down from Hillmont Psychiatric Hospital or other intensive service.
4. Advocate for the development of a CSU supported by one of the community hospitals in Ventura County.
5. Advocate for access to increased inpatient, community based and in-home services to the older adult population.
6. Participate in all efforts to establish affordable and supportive housing for individuals who live with mental health and/or substance use disorder challenges that includes additional VCBH staff to provide supportive services associated with No Place Like Home and other potential supportive housing developments.