

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■ Thursday, October 3, 2019

<p>Members Present Gane Brooking, Committee Co-Chair Jerry Harris, BHAB Chair Ratan Bhavnani, BHAB Sheri Valley, BHAB Mark Schumacher, Turning Point Foundation Dana Secor, Turning Point Foundation Gray Wilking, Area Agency on Aging Elizabeth R. Stone, MHSOAC-CFLC</p> <p>Others Present Mary Haffner, BHAB Shirley Brandon, NAMI Stuart Fiedler, Client Network Kevin Janeway, Client Network</p>	<p>Ventura County Behavioral Health (VCBH) Managers/Staff Present Dr. John Schipper, Adult Division Chief Susan White Wood, Housing Manager</p> <p>NEXT MEETING: Thursday, November 7, 2019, 10:00 a.m. – 12:00 pm</p> <p>Ventura County Behavioral Health (VCBH) 1911 Williams Drive, second floor, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-Chair Gane Brooking called the meeting to order at 10:06 a.m.		
II.	Approval of the Agenda Ms. Brooking asked the committee to review and approve today's agenda. Gray Wilking moved to approve, Mark Schumacher seconded. The motion carried unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Brooking asked the committee to review and approve the minutes of the September 5, 2019 meeting. Ratan Bhavnani moved to approve, Jerry Harris seconded. The motion carried unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Brooking welcomed everyone and asked for introductions.		
V.	Public Comments Stuart Fiedler spoke about Franchise Tax Board and 19280, which addresses restitution for crime victims.		
VI.	Chair Announcements None.		
VII.	New Business A. December, January Schedule Ms. Brooking noted that the January meeting is scheduled on January 2 nd . Mr. Bhavnani moved to keep the meeting on December 5 th but not hold the meeting on January 2 nd . Sheri Valley seconded. The motion carried unanimously.	Meet in December, go dark in January 2020 M/S/C	
VIII.	Old Business A. Finalize Annual Report The committee reviewed the draft Annual Report. No changes were requested. Mr. Harris moved to approve the draft Annual Report for 2018-19. Mr. Bhavnani seconded. The motion carried unanimously.	Approve the 2018-19 Annual Report M/S/C	
IX.	Members and Participants Comments Shirley Brandon noted that the NAMI Walk has been moved from October 12, 2019 to May 2 nd , 2020. Also, as of October 1 st Roberta Griego is stepping into a temporary role as operations and outreach manager for NAMI Ventura County. Elizabeth R. Stone requested that Stuart Fiedler be made a member of this committee as he requested at a previous meeting. Ms. Brooking agreed and appointed Mr. Fiedler as a member.	Appoint Stuart Fiedler as a member	G. Brooking

	<p>Dana Secor noted that she is the Turning Point Foundation’s program manager for the Oxnard Clubhouse and New Vision Center in Ventura.</p> <p>Mr. Harris proposed to invite Dr. Streeter of Dignity Health to find out about a Crisis Stabilization Unit (CSU) that is being considered for St. John Regional Medical Center.</p> <p>Dr. Schipper noted that Dignity Health has been in contact with Vista del Mar Psychiatric Hospital regarding opening a CSU. Information is also being exchanged between VCBH and Dignity Health regarding drafting a contract or Memorandum of Understanding. Dr. Schipper provided some information about Dignity Health emPath program, its version of a CSU. A discussion took place regarding the county CSU, the role of the County Mental Health Director, the collection of data from all hospitals, medical clearance as related to involuntary holds, stigma, and ability to pay for medical treatment.</p> <p>Sheri Valley shared her concern about the diversion court and the fact that the judge wants to have Probation involved with clients even though they have not yet gone to trial. Ms. Stone shared reasons why Probation would be involved. Dr. Schipper suggested inviting Probation to give a presentation at BHAB and/or NAMI.</p> <p>Ms. Stone voiced her surprise at the Annual Report being discussed and approved prior to her late arrival. She shared her concern over several parts of the report: language that is not recovery-focused (Severely and Persistently Mentally Ill), and the focus of the 2019-20 objectives on crisis services. She also questioned the process by which individuals are appointed and reappointed to the BHAB.</p> <p>Mr. Schumacher noted that on October 10, Mental Health Day, an event will take place at the Wellness Center in Oxnard. It will include a panel discussion.</p>		
<p>X.</p>	<p>Update: Behavioral Health Adult Division – Dr. John Schipper VCBH staff internally debated client participation in a VC Star reporter’s story about the RISE team and possible impacts for the clients. The article was published recently.</p> <p>Dr. Schipper is visiting each Adult Division clinic to meet with staff. His focus is on outcome data. In July changes were made to the way data is collected from clients and staff. Staff are requesting feedback on the data. VCBH is looking into creating a portal for clients to access their own records.</p>		
<p>XI.</p>	<p>Item for Next Meeting Agenda Presentation on a program for veterans.</p>		
<p>XII.</p>	<p>Adjourn The meeting adjourned at noon.</p>		

JUNTA ASESORA DE SALUD DEL COMPORTAMIENTO
COMITÉ DE SERVICIOS PARA ADULTOS
MINUTOS ■ Jueves 3 de octubre de 2019

<p><u>Miembros presentes</u> Gane Brooking, copresidente del comité Jerry Harris, presidente de BHAB Ratan Bhavnani, BHAB Sheri Valley, BHAB Mark Schumacher, Fundación Turning Point Dana Secor , Fundación Turning Point Gray Wilking, Agencia de Área sobre Envejecimiento Elizabeth R. Stone, MHSOAC-CFLC</p> <p><u>Otros presentes</u> Mary Haffner, BHAB Shirley Brandon, NAMI Stuart Fiedler , red de clientes Kevin Janeway, red de clientes</p>	<p><u>Gerentes / personal presente de Ventura County Behavioral Health (VCBH)</u> Dr. John Schipper, Jefe de División de Adultos Susan White Wood, Gerente de Vivienda</p> <p>SIGUIENTE JUNTA: Jueves , 7 de noviembre de 2019 , 10 : 00 a.m. - 12: 00 p.m.</p> <p>Salud conductual del condado de Ventura (VCBH) 1911 Williams Drive , segundo piso , Oxnard</p>
<p>Nota: El comité aún no ha aprobado estas actas. Puede haber adiciones / eliminaciones o correcciones antes de que las actas se acepten en forma final.</p>	

	DISCUSIÓN / CONCLUSIONES	RECOMENDACIONES / COMPORTAMIENTO	RESPONSABLE
YO.	Llama para ordenar El Copresidente Gane Brooking convocó la reunión a las 10:06 a.m.		
II	Aprobación de la agenda La Sra. Brooking le pidió al comité que revisara y aprobara la agenda de hoy. Gray Wilking se movió para aprobar, Mark Schumacher lo secundó. La moción fue aprobada por unanimidad.	La agenda fue aprobada como está escrita. M / S / C	
III.	Aprobación del acta La Sra. Brooking le pidió al comité que revise y apruebe las actas de la reunión del 5 de septiembre de 2019 . Ratan Bhavnani hizo la moción para aprobar, Jerry Harris lo secundó. La moción fue aprobada por unanimidad.	Las actas fueron aprobadas tal como están escritas . M / S / C	
IV.	Bienvenida y Presentaciones La Sra. Brooking dio la bienvenida a todos y pidió presentaciones.		
V.	Comentarios públicos Stuart Fiedler habló sobre la Franchise Tax Board y 19280, que aborda la restitución para las víctimas de delitos.		
VI.	Anuncios de la presidencia Ninguna.		
VII.	Nuevo negocio A. Diciembre, horario de enero La Sra Brooking señaló que la reunión de enero está previsto el 2 de enero nd . El Sr. Bhavnani se trasladó a mantener la reunión el 5 de diciembre pero no celebrar la reunión el 2 de enero nd . Sheri Valley lo secundó. La moción fue aprobada por unanimidad.	Reunirse en diciembre, oscuro en enero de 2020 M / S / C	
VIII	Viejo negocio A. Finalizar informe anual El comité revisó el borrador del Informe Anual. No se solicitaron cambios. El Sr. Harris propuso aprobar el borrador del Informe Anual para 2018-19. El Sr. Bhavnani lo secundó. La moción fue aprobada por unanimidad.	Aprobar el Informe Anual 2018-19 M / S / C	
IX .	Comentarios de miembros y participantes Shirley Brandon señalar que la Caminata NAMI se ha movido del 12 de octubre, 2019 de mayo de 2 nd , 2020. Además, a partir de octubre 1 st Roberta Griego es el		

	<p>paso de ping en un temporal papel como Operación s y m Extensión anager de NAMI del Condado de Ventura .</p> <p>Elizabeth R. Stone solicitó que Stuart Fiedler sea miembro de este comité como lo solicitó en una reunión anterior . La Sra. Brooking estuvo de acuerdo y nombró al Sr. Fiedler como miembro.</p> <p>Dana Secor señaló que ella es la gerente del programa de la Fundación Turning Point para el Oxnard Clubhouse y el New Vision Center en Ventura.</p> <p>El Sr. Harris propuso invitar al Dr. Streeter de D ignity Health a conocer una Unidad de Estabilización de Crisis (CSU) que se está considerando para el Centro Médico Regional St. John.</p> <p>El Dr. Schipper señaló que Dignity Health ha estado en contacto con el Hospital Psiquiátrico Vista del Mar para abrir una CSU. También se está intercambiando información entre VCBH y Dignity Health con respecto a la redacción de un contrato o Memorando de entendimiento. El Dr. Schipper proporcionó información sobre el programa emPath de Dignity Health , su versión de una CSU. Se llevó a cabo una discusión sobre la CSU del condado, el papel del Director de Salud Mental del Condado, la recopilación de datos de todos los hospitales, la autorización médica en relación con las retenciones involuntarias, el estigma y la capacidad de pagar el tratamiento médico.</p> <p>Sheri Valley compartió su preocupación por el tribunal de desviación y el hecho de que el juez quiere involucrar a Probation con los clientes a pesar de que aún no han ido a juicio. La Sra. Stone compartió las razones por las cuales la libertad condicional estaría involucrada. El Dr. Schipper sugirió invitar a Probation a dar una presentación en BHAB y / o NAMI.</p> <p>La Sra. Stone expresó su sorpresa por el Informe Anual que se discutió y aprobó antes de su llegada tardía. Ella compartió su preocupación sobre varias partes del informe: lenguaje que no se enfoca en la recuperación (Gravemente y persistentemente enfermo mental), y el enfoque de los objetivos 2019-20 en servicios de crisis . Ella también cuestionó el proceso por el cual los individuos son designados y nombrados de nuevo a la BHAB.</p> <p>El Sr. Schumacher señaló que el 10 de octubre, Día de la Salud Mental, se llevará a cabo un evento en el Centro de Bienestar en Oxnard. Incluirá un panel de discusión.</p>	<p>Nombrar a Stuart Fiedler como miembro</p>	<p>G . Brooking</p>
<p>X.</p>	<p>Actualización: División de adultos de salud conductual - Dr. John Schipper El personal VCBH internamente debatió la participación del cliente en un VC estrella repor historia de ter sobre el equipo de RISE y los posibles impactos para los clientes . El artículo fue publicado recientemente.</p> <p>El Dr. Schipper visita cada clínica de la División de Adultos para reunirse con el personal. Su enfoque está en los datos de resultados. En julio se realizaron cambios en la forma en que se recopilan los datos de los clientes y el personal. El personal solicita comentarios sobre los datos. VCBH está buscando crear un portal para que los clientes accedan a sus propios registros.</p>		
<p>XI</p>	<p>Artículo para la agenda de la próxima reunión Presentación de un programa para veteranos.</p>		
<p>XI I.</p>	<p>Aplazar Se levantó la sesión al mediodía.</p>		



Thursday, October 10

Oxnard Wellness Center
CenterPoint Mall
6 pm – 7:30 pm
2697 Saviers Road
Oxnard, CA 93033

Join us with a panel of mental health experts and others as we provide a platform to give hope, connect people and empower our community discussing strategies to prevent suicide in Ventura County

Turning Point Foundation, Ventura County Behavioral Health, Vista del Mar Hospital, NAMI, Turning Point's Peer Programs Director and Christine Ray, parent/advocate are working together in our community to prevent suicide.

Your questions about mental health and suicide are important to us. Suicide is a deep and complicated subject

**BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
2018-19 Annual Report**

Submitted by Nancy Borchard and Gane Brooking, Co-Chairs

Committee members

Nancy Borchard, BHAB, Committee Co-Chair
Gane Brooking, BHAB, Committee Co-Chair
Jerry Harris, BHAB Chair Emeritus
Ratan Bhavnani, BHAB
Sheri Valley, BHAB
David Deutsch, Client Network
Scott Walker, Crisis Intervention Team
Barbara Keller, Housing Authority City of Ventura

Elizabeth R. Stone, MHSOAC
Bob Wickham, NAMI
Ascencion "Cici" Romero, TAY Tunnel
Cindy Doult, Telecare
Kalie Matisek, Turning Point Foundation
Dana Secor, Turning Point Foundation
Mark Schumacher, Turning Point Foundation
Gray Wilking, Area Agency on Aging

Participants

Ventura County Behavioral Health
Ventura County Probation Agency

MISSION

The BHAB Adult Services Committee advocates for continuum of care in the development and expansion of mental health and addiction services that support the stabilization and recovery of adult and older adult clients. The Committee's monthly meetings provide a forum for discussion of current department activities regarding Adult Services as well as an opportunity for collaboration with community-based providers and stakeholders. We seek to ensure integrated services for clients seeking mental health and substance abuse services. By educating ourselves and the community, the stigma associated with mental health and substance abuse will be reduced.

2018-19 OBJECTIVES OF THE BHAB ADULT SERVICES COMMITTEE

1. Advocate for effective assessment and referral for individuals in crisis at the Hillmont Psychiatric Center in cooperation with local hospitals and law enforcement, with particular emphasis on developing a Crisis Stabilization Unit and increasing inpatient beds, both public and private, within the community.
2. Advocate for the Crisis Residential Treatment (CRT) to be used as both a crisis prevention to avoid hospitalization and as a step-down from Hillmont Psychiatric Center or other intensive service.
3. Advocate for increased services to the older adult population.
4. Participate in all efforts to establish affordable and supportive housing for individuals who live with mental health and/or substance use disorder challenges.

INTRODUCTION

The BHAB Adult Services Committee meets on the first Thursday of the month from 10:00 a.m. to 12:00 p.m. in the Ventura County Behavioral Health (VCBH) Administration building in Oxnard. Attendance, participation and membership are open to individuals who receive mental health and/or substance use services through Ventura County Behavioral Health (VCBH), to service providers, Behavioral Health Advisory Board (BHAB) members, and

anyone with an interest in the adult and older adult population. The Adult Services Committee reviews the needs, programs and services for this population and reports on these matters to the BHAB.

ACHIEVEMENTS

1. The opening of the Crisis Stabilization Unit (CSU), for which the committee had advocated.
2. Dialogued with local community hospital regarding the opening of a private CSU.
3. Advocated for the development of a Request for Proposal (RFP) for services for the older adult population.
4. Recommendation was made to Mental Health Services Act (MHSA) staff to follow up on a Request for Proposal (RFP) for older adults.
5. Advocated for increased housing for clients.
6. Expanded the representation of stakeholders on this committee.
7. Identified high priority needs and followed up by gathering information.

2018-19 PRESENTATIONS

September 2018: VCBH Office of Health Equity and Cultural Diversity, presented by Maria Hernandez.

October 2018: Coalition for Family Harmony, presented by Sandy Gomez and Cynthia Gonzalez.

February 2019: Crisis Stabilization Unit and Dignity Health, presented by Dr. Robert Streeter, St. John Regional Medical Center.

March 2019: Ventura County Area Agency on Aging, presented by Victoria Jump.

April 2019: Ventura County Crisis Stabilization Unit Update, presented by Dan Powell and Sheri Block

June 2019: Housing Update, presented by Susan White Wood

CHALLENGES

1. There is an insufficient number of psychiatric inpatient beds to address Ventura County's needs.
2. Lack of affordable housing options and the high cost of housing in Ventura county.
3. Severe lack of housing options for those with no or little income.
4. The high cost of the Inpatient Unit placements for those who have both mental and developmental challenges.
5. Underutilization of peers in a broader manner within Ventura County's Behavioral Health System of Care added to a limited number of peer programs providing peer support.
6. Gaps in access to certain services that cause clients to be placed out of county. These include: (A) lack of affordable housing; (B) lack of secure supportive housing for individuals who are not currently capable of standing trial; (C) lack of integrated mental and physical health facilities; (D) lack of older adult inpatient psychiatric beds; (E) lack of adult inpatient psychiatric hospital beds.
7. Lack of treatment facilities for those with substance use disorders as well as funding to support this type of treatment.

OPPORTUNITIES

1. Become more involved in advocating for housing, particularly for those with mental health and substance use disorders.
2. Begin the process to address the needs of the projected surge in the older adult population.
3. Monitor MHSA programs in Ventura County to ensure that they address the needs of individuals with Serious and Persistent Mental Illness (SPMI).
4. Determine how peer support is functioning within the Ventura County System of Care; is it increasing; are individuals with lived experience being utilized to their full potential; advocate for the expansion of peer support services in the East County.

RECOMMENDATIONS

1. Continue to closely monitor how MHSA funds are used and how they address the identified needs of the County's SPMI population.
2. Focus on how crisis situations are being handled within the County.
3. Continue efforts to streamline the process reducing the time from referral/scheduling an appointment to receipt of service.
4. Determine whether the Screening, Triage, Assessment and Referral (STAR) method is the most efficient and best approach to quickly access services.
5. Ensure that Peer Support services are used to run Wellness, Recovery and Action Plan (WRAP) classes and to best help assist clinicians and staff.

2019-20 OBJECTIVES OF THE BHAB ADULT SERVICES COMMITTEE

1. Advocate for the expansion of the Crisis Stabilization Unit (CSU) at the Hillmont Psychiatric Hospital to the maximum approved number of chairs (12) including the capability of conducting medical clearance examinations on-site.
2. Advocate for the reactivation of the 12 inpatient beds at the Hillmont Psychiatric Hospital currently not in use.
3. Advocate for the Crisis Residential Treatment (CRT) facility to be used for both a crisis prevention unit to avoid hospitalizations and as a step-down from Hillmont Psychiatric Hospital or other intensive service.
4. Advocate for the development of a CSU supported by one of the community hospitals in Ventura County.
5. Advocate for access to increased inpatient, community based and in-home services to the older adult population.
6. Participate in all efforts to establish affordable and supportive housing for individuals who live with mental health and/or substance use disorder challenges that includes additional VCBH staff to provide supportive services associated with No Place Like Home and other potential supportive housing developments.