

BEHAVIORAL HEALTH ADVISORY BOARD
ADULT SERVICES COMMITTEE
MINUTES ■ Thursday, March 4, 2021

<p><u>Members Present</u> Nancy Borchart, Committee Co-Chair Gane Brooking, Committee Co-Chair Jerry Harris, BHAB Ratan Bhavnani, BHAB Carol Thomas, BHAB Mary Haffner, BHAB Scott Walker, VCSO CIT Elizabeth R. Stone, BHAB Adele Montijo, Family member, NAMI Roberta Griego, NAMI Gray Wilking, VCAAA</p> <p><u>Others Present</u> Stephen Kass, Ventura Housing Authority Lorena Suarez, Spanish-language interpreter</p>	<p><u>Ventura County Behavioral Health (VCBH) Managers/Staff Present</u> Dr. John Schipper, Adult Division Chief Jessica Davis, Substance Use Treatment Services (SUSS) Susan White Wood, Behavioral Health Housing Manager Joanna Peterson, BHAB Assistant</p> <p>NEXT MEETING: Thursday, May 6, 2021, 10:00 – 11:30 AM</p> <p>Ventura County Behavioral Health (VCBH) 1911 Williams Drive, second floor, Oxnard</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Co-Chair Nancy Borchart called the meeting to order at 10:00 a.m.		
II.	Approval of the Agenda Ms. Borchart asked the committee to review and approve today’s agenda. Ratan Bhavnani moved to approve, Jerry Harris seconded. The motion carried unanimously through roll call.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Borchart asked the committee to review and approve the minutes of the January meeting. Mr. Harris moved to approve; Mrs. Thomas seconded. The minutes were approved unanimously through roll call.	The minutes were approved. M/S/C	
IV.	Welcome and Introductions Ms. Borchart welcomed everyone and asked for introductions.		
V.	Public Comments None		
VI.	Chair Announcements Ms. Borchart stated her concern in keeping people out of jail, and how to provide the best service in jail. She is interested in learning of the programs offered in jails, specifically the TIMU to ensure the best treatment/services are available.		
VII.	Follow up on Patient Placements by Dr. Schipper: As requested, Dr. Schipper followed up the last meeting’s presentation on the range of clinical placements available to VCBH clients. He reviewed the number of beds and clients in placement ranging from the state hospital to board & care, including out-of-county facilities (see attached Table 1). Additionally, he responded to questions submitted which included inquiry as to the cost of out-of-county placements with a review of dollars from FY19-20 (see attached Table 1a). He spoke to the chronological development of placements both locked/unlocked and in-/out-of-county (see attached Table 1b). Dr. Schipper spoke to the role of three ARS staff in placing and monitoring VCBH clients in these levels of care and presented data relating the age and length of time on conservatorship using the LPS caseload from Nov 2020 (see attached Table 2a).		

	<p>Mary Haffner expressed concerned about risk of jail as an alternative of involuntary holds in some cases, especially young people, and the county’s “philosophy” about conservatorship. The conservatorship process as a legal proceeding resulting from a multi-agency input/effort (i.e., outpatient and inpatient treatment providers, Public Guardian, and County Counsel) was described in contrast to a philosophy.</p> <p>Ratan Bhavnani inquired about the number of inpatient beds occupied by patients involved in the conservatorship and the length of time required. Dr. Schipper could not provide the number of beds, but estimated 30-40 days to be placed on full conservatorship. It then would take 63.9 days for the person to be placed.</p> <p>Elizabeth R. Stone inquired about the prospect of utilizing a new Crestwood facility in Lompoc which Dr. Schipper indicated was unlikely at this time. She also asked if the spreadsheet VCBH uses to track conservatees is shared with other agencies. Dr. Schipper explained the separate lists maintained by VCBH and PG were reconciled, but not shared.</p> <p>Roberta Griego inquired about the status of clients following the termination of conservatorship. Dr. Schipper reviewed the circumstances commonly leading to termination of conservatorship and the conservatorship data for CY18-20 (see attached Table 2).</p> <p>Jerry Harris asked about the prospect of arrest of patients for alleged crimes while in treatment in Hillmont Psychiatric Center. Dr. Schipper spoke to the history of discussions involving the District Attorney’s Office and Ventura Police around legal “capacity”. Raised concern about the implications of inpatients being Immune from arrest/prosecution.</p> <p>Elizabeth R. Stone asked for more data as to the age range/breakdown of those on conservatorship and the implications of substance use.</p> <p>Nancy Borchard asked the nature/extent to which insurance covers the cost of treatment in placement. Dr. Schipper indicated the MediCal and County General Fund does pay for a portion.</p>		
VIII.	<p>Member and Participant Comments:</p> <p>Gray Wilking provided an update on the PEARLS (Program to Encourage Active and Rewarding Lives) program, a MHSA funded, VCBH-VCAAAA joint venture. It is an evidence-based program that targets depression in adults 60+ years of age. PEARLS has 119 enrolled clients, is accepting referrals, but has a short waiting list. 191 participants have graduated in the first year with 80% observed to have had symptom reduction.</p> <p>Adele Montijo inquired how to communicate questions.</p>	Follow-up with Vickie Poliquin	Nancy Borchard
IX.	<p>Items for Next Meeting Agenda</p> <p>Presentation on the Therapeutic Inmate Management Unit (TIMU) in the jail Follow-up from the STAR assessment Suicides in the jail</p>		
X.	<p>Adjourn</p> <p>The meeting adjourned at 11:29 a.m.</p>		

TABLE 1

Level	Facility	Location	Available beds	Clients in placement
Locked	Metropolitan State Hospital	Norwalk	n/a	0
	Horizon View	Camarillo	16	14
	Sylmar Health & Rehabilitation Center	Sylmar	n/a	9
	California Psychiatric Transitions	Delhi	n/a	0
	Crestwood MHRC	Bakersfield	n/a	2
	Parkside Healthcare	El Cajon	n/a	12
	View Heights	Los Angeles	n/a	7
Total				44
Unlocked	Hillmont House	Camarillo	15	14
	Crestwood The Bridge	Bakersfield	n/a	0
	Ann Sippi Clinic, Bakersfield	Bakersfield	12	11
	Ann Sippi Clinic, Los Angeles	Los Angeles	12	7
	Casa de Esperanza (Casas B, C, and D)	Camarillo	45	45
Total				77
Board & Cares	Casa de Esperanza (Casa E)	Camarillo	15	15
	Brown's Board & Care	Oxnard	10	8
	Cottonwood	Saticoy	24	16
	Sandra Jarmon's	Oxnard	6	4
	Sunrise Manor	Oxnard	60	49
	Thompson Place (formerly La Siesta)	Ventura	26	0
Total				92
Residential Care for the Elderly	The Elms	Ventura	54	46
	Hickory House	Camarillo	34	26
Total				72
Skilled Nursing Facilities	Telecare La Paz	Paramount	n/a	5
	Pasadena Senior Living	Pasadena	n/a	1
	Vista Knoll	Vista	n/a	7
Total				13
Out-of-County Placements	Various Board & Cares, Room & Boards, SNFs	Los Angeles	n/a	49

**Out of County Client Services
FY 19-20**

Facility	Location	FY 19-20 Annual Costs
Sylmar	Sylmar, CA	\$975,038.17
CPT	Delhi, CA	\$452,143.88
Crestwood Bakersfield	Bakersfield, CA	\$161,489.36
Telecare La Paz	Paramont, CA	\$449,430.66
Parkside Healthcare	El Cajon, VA	\$84,325.00
Vista Knoll	Vista, CA	\$96,164.00
Ann Sippi Los Angeles	Los Angeles, CA	\$734,000.37
Ann Sippi Bakersfield	Bakersfield, CA	\$824,283.99
Pasadena Senior Living	Pasadena, CA	\$12,766.44
Out-of-County Placements		\$3,789,641.87

TABLE 1b

	Facility	Year of first placement
Locked	MSH	< 2000
	Sylmar Health & Rehabilitation Center	~2003
	California Psychiatric Transitions	2013
	Crestwood MHRC	~2014
	Horizon View	2016
	View Heights	2020
	Parkside Healthcare	2020
Unlocked	Ann Sippi Clinic, Bakersfield	~2005
	Casa de Esperanza (all Casas)	2005
	Hillmont House	2009
	Ann Sippi Clinic, Los Angeles	2014

Duration by category	# of LPS conserved clients*	Average of Age (yrs)	Average of Years on Conservatorship	Cumulative % of total
<1yr	27	41.2	0.5	18%
1-2yrs	32	43.8	1.8	39%
3-4yrs	14	45.3	4.0	48%
5-6yrs	15	48.2	5.8	58%
7-8yrs	13	57.4	7.7	67%
9-10yrs	7	55.9	10.0	72%
11-12yrs	10	55.5	11.7	78%
13-14yrs	8	61.4	14.0	83%
15+yrs	11	60.5	17.9	91%
20+yrs	8	61.8	22.8	96%
30+yrs	6	64.2	35.0	100%
Grand Total	151	50.3	8.0	

*the full LPS conservatorship caseload in Nov 2020

Most Recent Report from Public Guardian

LPS		
	Active	155
	TCon	7
	Referral	0
TOTAL LPS:		162
Murphy		
	Active	9
	TCon	3
TOTAL MURPHY:		12

Average wait for placement following final LPS ruling (2019-20)	63.9 days
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After LPS conservatorship

Terminations 2018-20		32
	Remaining in voluntary treatment with VCBH	25
	Deceased (i.e., natural causes) while in placement	5
	Missing from VCBH treatment	2