

# VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## EXECUTIVE COMMITTEE MEETING

MINUTES ■ SEPTEMBER 14, 2015

<p><b>Members Present</b>  <b>Janis Gardner</b>, BHAB Chair  <b>Carol Thomas</b>, BHAB  <b>Jerry Harris</b>, BHAB  <b>Larry Hicks</b>, BHAB  <b>Beverly Wisotsky</b>, BHAB  <b>Karyn Bates</b>, BHAB  <b>Nancy Borchard</b>, BHAB</p> <p><b>VCBH Staff Present</b>  <b>Elaine Crandall</b>, Director  <b>Gloria Cloud Vega</b>, Admin. Assist.</p>	<p><b>Guests</b>  <b>Gane Brooking</b>  <b>Liz Warren</b>  <b>Cece Casey</b>  <b>Ratan Bhavnani</b></p> <p><b>NEXT MEETING: Monday, October 12, 2015</b>  <b>1:00 PM – 3:00 PM</b></p> <p>Ventura County Behavioral Health Administration          Lake Cachuma Conference Room          1911 Williams Dr., Suite 200, Oxnard CA 93036</p>
--	--

*Note: The committee has not yet approved these minutes. There may be corrections before the minutes are accepted in final form.*

	DISCUSSION/CONCLUSIONS	ACTIONS	RESPONSIBLE
I.	Call to Order Ms. Gardner called the meeting to order at 1:03pm		
II.	Approval of the Agenda ( <i>Action</i> ) The September 14, 2015, meeting AGENDA was approved.	The agenda was approved. M/S/C	
III.	Approval of the Minutes ( <i>Action</i> ) The Minutes of August 10, 2015 meeting was approved.	The minutes were approved M/S/C.	
IV.	Welcome and Introductions Introductions were made around the table.	Information	
V.	Chair Announcements – 10 mins. Chair, Janis Gardner made the following announcements. 1. September is "Suicide Prevention and Awareness" Month and October is "Bullying" Month; on October 1, there's an event "End Bullying" at Simi Valley Public Library 6-9pm; the "Night in Oaxaca" event was well attended and presentations informative. 2. The NAMI Multicultural Summit was extremely interesting and educational. 3. Casa Pacifica held a meeting of California Regional Suicide Prevention Network taught that having a "Suicide Attempt Survivors" Support Group to fight stigma, manage risks and coping skills is extremely important. 4. Senate Bill from 8/16/15 was approved for tobacco regulation bills including measures to define E-cigarettes as a tobacco product and raise the legal age to purchase from 18 to 21. The bills now go to the Assembly where there is strong opposition from the vaping industry, before going to the Senate Appropriations Committee. Also, in Camarillo, the City Council voted 4-1 to add E-cigarettes to the city's smoking ordinance. (CeCe Casey asked if they would be raising taxes on this as well. The Chair will get back to her on this).	Information  Taxes on E-Cigarettes? CeCe Casey	Janis Gardner
VI.	Public Comments – 3 mins. per speaker Ms. Casey mentioned that those who aren't volunteering feel extremely left out of the process and it behooves all of us to encourage their involvement. <i>AMENDED 10/12/15-Laura's Law is court ordered Assisted Outpatient Treatment for severe and persistent mental illness (SPMI) clients with specific criteria who lack insight into their illness and do not voluntarily see treatment. These folks have been overlooked by the system because it is based on those clients who volunteer for treatment. That has left many with the medical condition of SPMI out of the treatment process.</i> Ratan thanked all those who came to the NAMI Summit.	Information	
VII.	Board Member Comments – 3 mins. per speaker Nancy Borchard discussed the possibility of having a program within the Crisis Team that would partner with the Police. Director Crandall stated that the Adults Department is actively working on this already. Director Crandall mentioned that Rapid Response Program of Orange County has	Information	

	<p>graciously supplied examples of forms, processes, etc. for use at VCBH. Jerry Harris mentioned he would prefer this be “part of” a program rather than a completely separate program. There was discussion about involving a representative from the Police Department (Ron Nelson) to participate including the involvement of the Juvenile Facility representative, Heather Johnson. Elaine Crandall will contact Ron Nelson and Heather Johnson. Comments from Members were: requesting a mental health assessment when a person is booked into a facility; the possibility of involvement by Rick Barrios of Ventura County Jail to see if clients could get better treatment in the jails. A lot of changes have occurred in the Jail since the disbanding of the Jail Workgroup. The BHAB would like to find what all has been accomplished and what more needs to be done; what has been going on in last 3 years and reassess. A concern mentioned was when someone is identified with mental health problems in jail, is the family notified and also, how soon are they seen by a doctor in the jail. Some medications from the outside are not available in the Jail environment. An accountability of someone who follows up to see if Information to the families has been provided by Jail staff. Director Crandall asked if there was a list of Action Items from the Jail Workgroup, so appropriate follow up can be addressed. Director Crandall will contact Ron Nelson/Rick Barrios to set a meeting as soon as she can get documentation of results from Jail Workgroup. Director Crandall will ask Anna Ware if she has any information from the Jail Workgroup. Liz Warren again, suggested contacting Heather Johnson, Community Svcs. Coordinator of VCBH; Director Crandall will aim for more information by next BHAB Exec. Meeting (10/12.) Director Crandall mentioned that this discussion is exactly the topic that she is having with her staff asking questions, what does community want? What do clients want? Director Crandall has compiled a list of growing needs which will be shown in a Full Service chart (to be finished this week) so you can see at a glance, what/who is being served (%’s); staff allocated, where gaps are, etc., see what VCBH is doing, what they’re being asked to do and what you believe is needed to be done. Policy changes and growth strategies are being discussed as well as other ways to bring revenues in for funding staff and programs. We can shift what we do, rather than reinvent. Director Crandall wondered if we are we resourcing to what our needs are and are we meeting objectives? Regarding the (developing) chart/presentation, Ms. Casey asked where the Hillmont Facility will be on the chart that Director Crandall is compiling, will it be ahead of CRT or IPU? Karyn Bates requested feedback from clients/family members. Director Crandall stated this Full Service Chart is a first step....yes, we need to talk to all people. Nancy Borchard mentioned that there was a survey. Jerry Harris suggested the Committee consider a Legislative Update Report...Elaine Crandall will bring to the meetings as she receives them. <i>AMENDED 10/12/15-Jerry Harris suggested in retrospect, when updating the Bylaws, to consider adding a legislative/grant committee.</i> Mr. Harris mentioned that the Annual Report is due by the end of the Fiscal Year. Director Crandall is already collecting information. Jerry Harris has information from previous annual reports and will collaborate with Chair Gardner and Director Crandall to compile.</p>	<p>Contact Heather Johnson</p> <p>Contact Ron Nelson/contact Anna Ware/Rick Barrios Jail Workgroup Info</p> <p>Hillmont on VCBH chart?</p> <p>Legislative Updates</p> <p>Annual Report</p>	<p>Elaine Crandall</p> <p>Elaine Crandall</p> <p>Elaine Crandall</p> <p>Elaine Crandall</p> <p>Elaine Crandall</p> <p>Jerry Harris/Janis Gardner/Elaine Crandall</p>
VII.	Old Business – 30 mins.		
	<p>A. Data Notebook Workgroup Update – Chair announced next meeting is 9/28 at 1pm. Staff helping to finalize data; a representative from ADP will be there; EC will also be there. KB-Wish lists includes: Housing for SPMI; Geriatric Psychiatric Facilities; CR for youth; year round homeless shelter with wraparound services; MH crisis worker to go with police; Crisis Team expansion, increase number of clinicians, etc. Anne Sippi Program (Bakersfield) is an example of a B&amp;C that has these services.</p> <p>B. Laura’s Law (LL) Letter Discussion –The Chair announced a draft letter has been submitted to VCBH and will be presented at the BHAB General Meeting 9/21/15 to discuss in public. BHAB members were asked to bring changes to the Board Meeting. The Chair announced that Jerry Harris will wordsmith the document for clarity and another final draft will be presented. It was also announced that VCBH will validate the letter prior to submission.</p> <p>C. Bylaws Update – The Chair stated Jacquelyn Smith of County Council, has assisted the BHAB in making recommendations regarding this document. Her input and suggestions were very helpful and much appreciated. These Bylaws will be presented to the BHAB Committee at the BHAB General Meeting 9/21/15 for approval.</p>	<p>Information.</p> <p>Revise draft LL Report</p>	<p>Janis Gardner/ Jerry Harris</p>
IX.	New Business – 10 mins.		
	<p>A. Announce Recognition Awards for October- Kiran Sahota, MHSA and previous BHAB Board Member and Janet Kaplan, ADP/DUI will be recognized October 12, at the BHAB General Meeting.</p>	<p>OCT-Kiran Sahota/Janet Kaplan How much MHSA \$ spent on Prevention-SPMI?</p>	<p>Elaine Crandall</p>

	<p>B. MHSA Funding for SPMI Discussion- how much of that money is spent towards Prevention in SPMI? CECE's question – EC will address. A chart will be presented addressing this at the BHAB General Meeting on 9/21/15.</p> <p>C. IPU Update– the State has accepted the VCBH Plan of Action and as a result, a joint meeting between Public Health, VCBH and Hospital will be held. Director Crandall will provide an update.</p> <p>D. Crisis Stabilization Unit/Crisis Residential Unit- A meeting with Mike Powers and Barry Fisher had to be postponed and the feeling is that the start date will now be February 2016. Director Crandall will provide an update.</p>	<p>Meeting Results</p> <p>Update on start date</p>	<p>Elaine Crandall</p> <p>Elaine Crandall</p>
X.	Events and Announcements – 10 mins.		
	<p>A. Mental Health Rehabilitation Center Groundbreaking – September 16, 2015 1-3pm. Chair, Janis Gardner reminded the Committee that they need to RSVP for this event.</p> <p>B. Time Certain Presentation-Dr. Celia Woods, Mental Health Medical Director/Alcohol and Drug Medical Director, will make a presentation on 9/21/15 at the BHAB General Meeting.</p>	Information.	
XI.	Adjourn		
	The meeting adjourned at 2:40 PM.	Next BHAB Executive Meeting:	October 12, 2015

## Behavioral Health Advisory Board **EXECUTIVE** Meeting Attendance 2015-16

District	TERMS	Member	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar
District 2	9/17/13-9/17/16	Janis Gardner-CHAIR	X	X	X						
Sup. Parks	1/5/15-1/7/19	Carol Thomas-1 <sup>st</sup> Co-Chair		X	X						
	3/18/14-3/17/17	Beverly Wisotsky, LMFT-2 <sup>nd</sup> Co-Chair		X	X						
District 3	4/14/15-4/14/18	Kay Wilson-Bolton		X							
Supvr. Long	12/2/14-12/1/17	Larry Hicks		X	X						
District 4-Supvr Foy	9/17/13-9/17/16	Jerry Harris, Secretary	X	X	X						

Present = X