

BEHAVIORAL HEALTH ADVISORY BOARD  
**EXECUTIVE COMMITTEE**  
**MINUTES ■ Monday, July 11, 2016**

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| <p><b><u>Board Members Present</u></b><br/>         Janis Gardner, Chair<br/>         Jerry Harris, 2<sup>nd</sup> Vice Chair<br/>         Larry Hicks, Member-At-Large<br/>         Karyn Bates<br/>         Ratan Bhavnani<br/>         Gane Brooking<br/>         Patricia Mowlavi</p> <p><b><u>VCBH Staff Present</u></b><br/>         Elaine Crandall, Director<br/>         Edith Pham, BHAB Assistant</p> | <p><b><u>Others Present</u></b><br/>         Barbara Weir<br/>         Cecil Argue, Sheriff's Office<br/>         Nicoleta Weeks, California Forensic Medical Group<br/>         Maria Cabucci, California Forensic Medical Group</p> <p><b>NEXT MEETING:</b><br/> <b>Monday, August 8, 2016, 1:00 – 3:00 p.m.</b></p> <p>Ventura County Behavioral Health<br/>         1911 Williams Drive, Suite 200, Oxnard</p> |
| <p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>  |  |

|      | DISCUSSION/CONCLUSIONS   | RECOMMENDATIONS/<br>ACTIONS                           | RESPONSIBLE |
|------|--|---|-------------|
| I.   | <b>Call to Order</b><br>Chair Gardner called the meeting to order at 1:03 p.m.   |   |             |
| II.  | <b>Approval of the Agenda</b><br>Ms. Gardner asked the Committee to review and approve today's agenda.   | The agenda was approved as written.<br><b>M/S/C</b>   |             |
| III. | <b>Approval of the Minutes</b><br>Ms. Gardner asked the committee to review and approve the minutes of the June 6, 2016 meeting.   | The minutes were approved as written.<br><b>M/S/C</b> |             |
| IV.  | <b>Welcome and Introductions</b><br>Ms. Gardner welcomed everyone and asked for introductions.   |   |             |
| V.   | <b>Chair Announcements</b><br>Chair Gardner thanked Board members who were active during her vacation.   |   |             |
| VI.  | <b>Board Members Comments and Announcements</b><br>A. Ratan Bhavnani reminded everyone that NAMI will hold its regular meeting on 7/12 at 7:00 p.m. in Camarillo. The meeting will include a screening of a documentary called CODE (Corrections Officers De-escalation Education).<br><br>B. Patricia Mowlavi has reached out to Telecare Casas in Camarillo and the VCBH Adult and Youth & Family clinics in Thousand Oaks. All three sites welcome a large delegation of BHAB; however, the Executive Team feels there should be no more than six members participating in a site visit. Jerry Harris suggested that some Board members may be interested in touring the facilities rather than do a more comprehensive site visit.<br><br>C. Karyn Bates noted that she shared information she received from Nancy Borchard regarding an opportunity for a \$100,000 housing grant for people with physical and mental health problems. Non-profit agencies must submit their letter of intent before the end of July. |   |             |
| VI.  | <b>Public Comments</b><br>Bilal Hassoun spoke about his disapproval with the way he was recently treated by Turning Point and Ventura County Behavioral Health (VCBH).   |   |             |
| VII. | <b>Director's Report</b><br>Ms. Gardner shared that Elaine Crandall has been out ill and might not be able to attend the General Meeting on July 18 <sup>th</sup> . Ms. Gardner will send flowers to Ms. Crandall on behalf of the Board.  |   |             |

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|---------------------|---|---|----------------|
| <p><b>VIII.</b></p> | <p><b>New Business</b></p> <p>A. Recognition Award for July 18<sup>th</sup> General Meeting: René Beauchesne<br/>Mr. Beauchesne will be recognized for his years of service on the Mental Health Board/BHAB and his years as a VCBH employee.<br/>Ms. Gardner reminded everyone that the information included on the awards is collected by the Board member nominating the person or organization to be recognized.</p> <p>B. Future Recognitions<br/>Members proposed to recognize Dr. O’Sullivan of the Conejo Adult Clinic, Dr. Celia Woods, Sheriff Dean and the staff at the Sheriff’s Detention Facility, and a line staff in the Alcohol and Drug Program.</p> <p>C. Moral Reconciliation Therapy (MRT)<br/>Nicoleta Weeks of California Forensic Medical Group (CFMG) explained that her company provides services at the jail. It introduced the MRT to the general custody population about two years ago and is going to offer it to the mentally ill population.<br/>Cecil Argue gave information on the MRT, which primarily attempts to change the thinking process of substance abusers.<br/>Nicoleta Weeks and Cecil Argue agreed to present at the upcoming General Meeting.</p> <p>D. Board Training by Carol Thomas<br/>Carol Thomas is not in attendance. The scheduling of the training will be discussed at the upcoming General Meeting.</p> <p>E. In-service on Filling Out the Site Visit Report form<br/>After a brief discussion, it was decided that the training would be done during the upcoming General Meeting.</p> |   |                |
| <p><b>X.</b></p>    | <p><b>Old Business</b></p> <p>A. Site Visit Report: Pre-Trial Detention Facility<br/>Jerry Harris and the BHAB Members will give a report on their visit at the upcoming General Meeting.</p> <p>B. Annual Report<br/>Jerry Harris does not have anything new to report as he had been focusing on the Pre-trial Detention Facility visit and report.</p>   |   |                |
| <p><b>IX.</b></p>   | <p><b>Events and Announcements</b></p> <p>A. After a brief discussion, it was decided that all Board Members will receive the monthly meeting announcements of the four BHAB Committees.</p> <p>B. Karyn Bates shared that:</p> <ol style="list-style-type: none"> <li>1. the BHAB Adult Services Committee and the Client Network will go dark in August;</li> <li>2. during its regular meeting this evening, the Ventura City Council will discuss homelessness. Ms. Bates gave a brief overview of a program in Santa Barbara called Showers of Hope, which provides a trailer for homeless people to take showers.</li> </ol>  | <p>Send Committee meeting announcements</p> | <p>E. Pham</p> |
| <p><b>XI.</b></p>   | <p><b>Adjourn</b><br/>The meeting adjourned at 2:30.</p>  |   |                |

## Behavioral Health Advisory Board EXECUTIVE Meeting Attendance 2016-2017

| Members                                    | July | Aug | Sept | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June |
|--|------|-----|------|-----|-----|-----|-----|-----|-----|-----|-----|------|
| Janis Gardner<br>Chair                     | x    |     |      |     |     |     |     |     |     |     |     |      |
| Carol Thomas<br>1 <sup>st</sup> Vice-Chair |      |     |      |     |     |     |     |     |     |     |     |      |
| Jerry Harris<br>2 <sup>nd</sup> Vice Chair | x    |     |      |     |     |     |     |     |     |     |     |      |
| Nancy Borchard<br>Secretary                |      |     |      |     |     |     |     |     |     |     |     |      |
| Larry Hicks<br>Member At Large             | x    |     |      |     |     |     |     |     |     |     |     |      |

|                  |   |  |  |  |  |  |  |  |  |  |  |  |
|------------------|---|--|--|--|--|--|--|--|--|--|--|--|
| Karyn Bates      | x |  |  |  |  |  |  |  |  |  |  |  |
| Ratan Bhavnani   | x |  |  |  |  |  |  |  |  |  |  |  |
| Gane Brooking    | x |  |  |  |  |  |  |  |  |  |  |  |
| Patricia Mowlavi | x |  |  |  |  |  |  |  |  |  |  |  |

Present = x