

BEHAVIORAL HEALTH ADVISORY BOARD
EXECUTIVE COMMITTEE
MINUTES ■ Monday, February 12, 2018

<p>BHAB Officers Present Jerry Harris, Chair Ratan Bhavnani, 1st Vice Chair Kay Wilson-Bolton, 2nd Vice Chair Nancy Borchard, Secretary Gane Brooking, Member-At-Large Janis Gardner, Chair Emeritus</p> <p>Others Present David Deutsch, NAMI Sally Harrison, County Executive Office Jetta Zellner Vista del Mar Hospital</p>	<p>VCBH Staff Present Elaine Crandall, Director Patrick Zarate, Acting Director Terri Yanez, Administrative Division Chief Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Monday, March 12, 2018, 1:00 – 3:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Cachuma Room (second floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Harris called the meeting to order at 1:00 p.m.		
II.	Approval of the Agenda Mr. Harris asked the Committee to review and approve today's agenda. Janis Gardner moved to approve, Ratan Bhavnani seconded. The motion passed unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Mr. Harris asked the committee to review and approve the minutes of the January 8, 2018 meeting. Ms. Gardner moved to approve, Mr. Bhavnani seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Mr. Harris welcomed everyone and asked for introductions.		
V.	Chair Announcements Mr. Harris reminded those in attendance that he will be making his presentation to the Board of Supervisors on the next day, February 13 at 10:30 a.m. All were invited to attend.		
VI.	Public Comments David Deutsch announced NAMI's golf tournament on April 6 at River Ridge in Oxnard. He noted that the NAMI General meeting will take place the following day. The NAMI Walk has been postponed to October 13 due to the Thomas Fire.		
VII.	Board Members Comments and Announcements Mr. Bhavnani introduced Jetta Zellner, whom he invited to the meeting to provide an update on Vista del Mar Hospital. Ms. Zellner noted that following the Thomas Fire, the administrative offices moved to a new location on Victoria Avenue in Ventura. The hospital is considering putting beds in suspension as the facility has to provide 24-hour care in order to maintain its license. If it puts some of its 87 beds in suspension, it is hoping to reopen 55 beds in May. The hospital expects that it will take up to two years to reopen all the beds, and it will need the support of the community. The hospital had to lay off 220 staff. Many have found positions with the County and with other hospitals.		

VIII.	<p>Director's Updates – Elaine Crandall</p> <p>Ms. Crandall noted that she has made the difficult decision to leave the department and county employment at the end of the month. The recruitment for a new Director will be managed by the County Executive Office (CEO).</p> <p>Patrick Zarate distributed two handouts:</p> <ol style="list-style-type: none"> 1. California Institute for Behavioral Health Solutions (CIBHS) 8th Annual Evidence-Based Practices (EBP) Symposium on April 5-6 in Sacramento. Three VCBH staff will present on mental health provider attitudes toward EBPs. 2. A fact sheet from the Department of Health Care Services (DHCS) regarding Drug Medi-Cal Organized Delivery System (DMC-ODS) Pilot Program. Currently, 53 counties have opted into the voluntary program. VCBH Alcohol and Drug Programs has submitted its plan to set up a network/system of care. Once DMC-ODS is in place, by July 2018, Medi-Cal will start reimbursing some services, such as residential drug treatment, detoxification and case management, which are not currently reimbursed. <p>Mr. Zarate noted that VCBH has been working with DHCS regarding funding to provide crisis counseling to people who have been affected by the Thomas Fire. The additional funding is for 60 days, which can be followed by a second application for nine months.</p>		
IX.	<p>Secretary's Report – Nancy Borchard</p> <p>The Board of Supervisors has appointed Sheri Valley as the newest member of the BHAB.</p>		
X.	<p>New Business</p> <p>A. Review January 22 General Board Meeting to Identify Needed Improvements The Executive team agreed that the meeting went well. Mr. Bhavnani noted that the Crisis Intervention Team (CIT) awards ceremony went faster than the previous year.</p> <p>B. Welfare and Institutions Code (WIC) 5270 Presentation by Dr. Joseph Vlaskovits Mr. Harris has scheduled Dr. Vlaskovits to present at the April General Meeting. The WIC 5270 provides an additional 30 days of involuntary psychiatric hold over that of a 5150 hold.</p> <p>C. Schedule New Member Orientation Mr. Harris requested that some officers participate in the new member orientation. He asked the BHAB assistant to schedule an orientation meeting for the two new board members.</p> <p>D. Report on California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) Southern Region Meeting and Mental Health Board Training on January 19-20, 2018 Gane Brooking noted that the meeting included a presentation on cooperation between county behavioral health departments and Department of Rehabilitation, resulting in clients being placed in competitive jobs. There was also a training and discussion about cultural competence and cultural humility.</p>	Schedule orientation	E Pham
XI.	<p>Old Business</p> <p>A. BHAB 2016-17 Annual Report – Board of Supervisors Receive and File – February 13, 2018 The Annual Report has been filed with the Board of Supervisors (BOS).</p> <p>B. BHAB Annual Report Overview and Operational Activity Update Presentation – Board of Supervisors Meeting on February 13, 2018 Mr. Harris is scheduled to give a presentation to the BOS. He will review the Annual Report and highlight the work of the board. All are invited to attend.</p>		

	<p>C. 2017 Data Notebook Follow-up Ms. Pham noted that the state has received the Data Notebook and will study it. It is compiling a report based on the 2016 Data Notebooks that various counties have submitted. Ms. Brooking noted that at the CALBHB/C meeting, it was suggested that mental health boards use the document as a theme for a year.</p> <p>D. Use of Action Plan Format and Tools for BHAB Objectives A discussion took place regarding the use of the Action Plan. Nancy Borchard noted that the objectives of the committees can be broad. It was agreed that when the committees are unclear on the steps it should take to achieve an objective, the committee chairs should bring the discussion to the full board for suggestions. Mr. Harris noted that the form will help the committees keep track of their progress toward achieving objectives. Mr. Harris requested that the BHAB assistant distribute the committee attendance log to all members at the general board meetings on a monthly basis. Kay Wilson-Bolton volunteered to call members who have not attended committee meetings since July and encourage them to attend.</p> <p>E. BHAB Brochure – Status The team agreed to delay the printing of the insert until a new Director is hired, and to print 250 copies of the brochure.</p>	<p>Update attendance log, distribute to all members</p> <p>Call members who have not participated as members of committees</p> <p>Get brochures printed</p>	<p>E Pham</p> <p>K Wilson-Bolton</p> <p>E Pham</p>
<p>XII.</p>	<p>Develop Agenda for the General Meeting – Discussion The team reviewed the agenda for the upcoming General Meeting. It was agreed that Ms. Borchard will present Lou Matthew with the recognition certificates for her and her husband, and that Mr. Harris and Ms. Gardner will present the recognition for Elaine Crandall and Patrick Zarate.</p> <p>Mr. Harris noted that the MHSA presentation might be postponed in order to give MHSA staff sufficient time to finalize their proposals.</p> <p>A brief discussion took place regarding re-defining “Gravely Disabled.” This will be listed as an action item on the General Meeting agenda.</p> <p>Mr. Harris requested to have copies of the final Annual Report.</p> <p>Mr. Harris requested that committee chairs bring a list of proposed site visits to the next general board meeting.</p>	<p>Make copies of Annual Report</p> <p>Make list of site visits</p>	<p>E Pham</p> <p>Committee chairs</p>
<p>XI.</p>	<p>Adjourn The meeting adjourned at 3:10 p.m.</p>		

Behavioral Health Advisory Board EXECUTIVE Meeting Attendance 2017-2018

Members	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Jerry Harris Chair	X	X	X	X	X	X	X					
Ratan Bhavnani 1 st Vice Chair	X	X	X	X	X	X						
Kay Wilson-Bolton 2 nd Vice Chair						X						
Nancy Borchard Secretary	X		X		X	X	X					
Gane Brooking Member At Large	X	X	X	X	X	X	X					
Janis Gardner Member Emeritus	X	X	X	X	X	X	X					

Present = X

District 1	Supervisor Bennett
District 2	Supervisor Parks
District 3	Supervisor Long
District 4	Supervisor Foy
District 5	Supervisor Zaragoza

Zarate, Patrick

From: News from CIBHS <cibhs_newsletter=cibhs.org@mail86.sea31.mcsv.net> on behalf of News from CIBHS <cibhs_newsletter@cibhs.org>
Sent: Tuesday, February 06, 2018 11:04 AM
To: Zarate, Patrick
Subject: The 8th Annual Evidence-Based Practices (EBP) Symposium



February 6, 2018 California Institute for Behavioral Health Solutions >

CONFERENCE

The 8th Annual Evidence-Based Practices (EBP) Symposium

Building Lives Beyond Trauma

APRIL 5-6, 2018

Preview the Draft EBP Symposium Agenda that shows a listing of thoughtful keynotes and presentations which inspire hope, despite significant and complex traumas, and shows it is possible for behavioral health clients and family members to live happy and healthy, meaningful lives.

The Symposium will consist of high-quality presentations relating to strategies that are culturally relevant, focused on the unique needs of the substance use disorder population, and focused on strategies and tools for successful implementation.

The Symposium is intended to provide a range of trauma-related practices grounded in data-informed research across a continuum of evidence. This will include Effective, Efficacious, Promising and Emerging Practices such as Culturally Defined Practices.

The Symposium is designed for behavioral health, child welfare, probation, education, healthcare, and private insurance providers who are implementing or would like to implement Evidence-Based Practices.

Workshops will feature the continuum of Evidence-Based Practices for young children, youth, transitional age youth, adults and older adults.

Thursday, April 5, 2018 continued

10:15AM – 11:30AM **SESSION ONE continued**

MENTAL HEALTH PROVIDER ATTITUDES TOWARD EBPs

Patricia Gonzalez, PhD, Research Psychologist, Ventura County Behavioral Health

Alexis Villegas, BA, Research Assistant, Ventura County Behavioral Health

Angela Riddle, LCSW, Clinic Administrator, Ventura County Behavioral Health

This presentation will identify organizational and mental health provider characteristics that facilitate or hinder the implementation of Evidence-Based Practices (EBPs). A greater understanding of these factors allows for increased acceptance of EBPs and will be conducive to a healthy work environment, particularly within public mental health sectors.

MORAL RECOGNITION THERAPY TRAUMA MODEL

Natasha Stoner

MODERATOR: *Khani Gustafson, MSW, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)*

11:30AM – 11:45AM Break

11:45AM – 12:45PM **LUNCH** (included with registration)

12:45PM – 1:00PM Break

1:00PM – 2:15PM **SESSION TWO**

THE EVALUATION OF PARENT-CHILD INTERACTION THERAPY (PCIT) AT A NON-PROFIT AGENCY SERVING AT-RISK FAMILIES IN LOS ANGELES COUNTY

Diana Madris, Research Associate, Research and Evaluation Center, Children's Institute Inc.

This workshop will describe the utilization of PCIT to lower emotional and behavioral symptoms in children who have experienced trauma or maltreatment. PCIT has also proved to be beneficial for enhancing parenting and decreasing negative behavioral and emotional issues that are present in at-risk families.

AGGRESSION REPLACEMENT TRAINING® THE PREPARED ADULT WITH FAMILIES UTILIZING FUNCTIONAL FAMILY THERAPY

Mark Amendola, LCSW, BCD, Master Trainer, Educational & Treatment Alternatives, Inc.

Robert Oliver, EdD, Master Trainer, Educational & Treatment Alternatives, Inc.

This workshop will describe the benefits of the combined use of Functional Family Therapy and Aggression Replacement Training®.



The Drug Medi-Cal Organized Delivery System Pilot Program

What is the Drug Medi-Cal Organized Delivery System (DMC-ODS)?

The DMC-ODS is a voluntary pilot program that offers California counties the opportunity to expand access to high-quality care for Medi-Cal enrollees with substance use disorders (SUD). The goal of the DMC-ODS is to demonstrate how organized SUD care improves beneficiary health outcomes, while decreasing system-wide health care costs. Counties that choose to participate in the DMC-ODS are required to provide access to a full continuum of SUD benefits modeled after the American Society of Addiction Medicine (ASAM) Criteria. This approach is expected to provide eligible enrollees with access to the care and services they need for a sustainable and successful recovery.

What Are the Advantages of Implementing the DMC-ODS?

The DMC-ODS will improve access to quality care by:

- Expanding local networks of high quality providers through selective provider contracting;
- Requiring the use evidence-based practices in SUD treatment;
- Increasing coordination with other systems of care, including physical and mental health;
- Increasing local control and accountability with greater administrative oversight; and,
- Creating quality assurance and utilization controls to promote efficient and effective use of resources.

What is the ASAM Criteria & Why is it Important?

The ASAM Criteria is the result of a collaboration of experts that began in the 1980s to define a national set of criteria for providing outcome-oriented and results-based care in the treatment of addiction. The ASAM Criteria is a proven model in the SUD field, and is the most widely used and comprehensive set of guidelines for assessing patient needs and optimizing placement into SUD treatment. Counties that implement the DMC-ODS are required to use the ASAM Criteria to ensure that eligible beneficiaries have access to the SUD services that best align with their treatment needs.

Who is Eligible to Receive DMC-ODS Services?

To receive services through the DMC-ODS, the beneficiary must meet the following criteria:

1. The beneficiary must be enrolled in Medi-Cal;
2. The beneficiary must reside in a county that is participating in the DMC-ODS;

3. The beneficiary must have at least one diagnosis from the Diagnostic and Statistical Manual of Mental Disorders (DSM) for Substance-Related and Addictive Disorders with certain exceptions, or for youth under 21, be assessed as “at-risk” for developing a SUD; and,
4. The beneficiary must meet the ASAM Criteria definition of medical necessity for services (or ASAM adolescent treatment criteria for youth under 21).

What New Benefits are Available through the DMC-ODS?

The standard Drug Medi-Cal program covers outpatient services, intensive outpatient services, limited perinatal residential services, and narcotic treatment program services. Optional participation in the DMC-ODS allows counties to cover an expanded array of SUD services for Medi-Cal enrollees in their community. Counties participating in the DMC-ODS are required to provide the following SUD services for Medi-Cal enrollees:

DMC-ODS Benefits	Standard Drug Medi-Cal Benefits
Outpatient Services	Outpatient Services
Intensive Outpatient Services	Intensive Outpatient Services
Residential Treatment (multiple levels of care for all enrollees and no bed limitation)	Perinatal Residential Treatment (perinatal only and 16 bed limitation)
Withdrawal Management (continuum)	Inpatient Hospital Detoxification
Narcotic Treatment Program Services	Narcotic Treatment Program Services
Recovery Services	
Case Management	
Physician Consultation	
Additional Medication Assisted Treatment (optional)	
Partial Hospitalization (optional)	

How Can I Learn More about the DMC-ODS?

There are several resources available if you would like to learn more about the DMC-ODS:

- Visit <http://www.dhcs.ca.gov/provgovpart/Pages/Drug-Medi-Cal-Organized-Delivery-System.aspx>
- Send an email to DMCODSWAIVER@dhcs.ca.gov
- Get in touch with your county to learn more about local efforts to implement the DMC-ODS