

BEHAVIORAL HEALTH ADVISORY BOARD
EXECUTIVE COMMITTEE
MINUTES ■ Monday, March 11, 2019

<p><u>BHAB Officers Present</u> Jerry Harris, Chair Ratan Bhavnani, 1st Vice Chair Gane Brooking, 2nd Vice Chair Janis Gardner, Secretary Gina Petrus, Member-At-Large</p> <p><u>Others Present</u> Scott Walker, CIT Program Stuart Fiedler Kevin Janeway, Client Network Elizabeth R. Stone, Peer Advocate Bob Wickham, NAMI Ventura County</p>	<p><u>Ventura County Behavioral Health (VCBH) Staff Present</u> Sevet Johnson, Director Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Monday, April 8, 2019, 1:00 – 3:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Cachuma Room (second floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Harris called the meeting to order at 1:00 p.m.		
II.	Approval of the Agenda Mr. Harris asked the Committee to review and approve today's agenda. Ratan Bhavnani moved to approve, Janis Gardner seconded. The motion carried unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Mr. Harris asked the committee to review and approve the minutes of the February 11, 2019 meeting. Ms. Gardner moved to approve, Mr. Bhavnani seconded. The motion carried unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Mr. Harris welcomed everyone and asked for introductions.		
V.	Chair Announcements Mr. Harris noted that his attendance at a meeting in Sacramento will prevent him from attending the BHAB Executive meeting on April 8. Mr. Bhavnani agreed to chair that meeting, and Ms. Gardner and Ms. Petrus will attend, ensuring a quorum.	Chair April 8 BHAB Executive meeting	R. Bhavnani
VI.	Public Comments None.		
VII.	Board Members Comments and Announcements Gane Brooking noted that the Oxnard shelter for homeless is open 24/7. Entry is through 2-1-1. She shared her feeling that the community needs to change its attitude toward the homeless, and Mr. Harris suggested that VCBH develop a White Paper on the composition of the homeless population in Ventura county, similar to a presentation that Dr. Schipper had done at one of the BHAB committee meetings in the past. Dr. Johnson noted that VCBH's mandate is to provide mental health and substance use services; she suggested Susan White Wood, VCBH Housing Manager, as the most appropriate person to develop an overview on homelessness. An update on this issue will be provided at a future Executive Committee meeting.		
VIII.	Director's Updates – Dr. Sevet Johnson A. Following the Borderline Bar & Grill mass shooting on November 7, 2018, Supervisor Parks has convened a Mental Health Safety Triage Taskforce, whose goal is to map out ways to help the community heal after a disaster. It has met twice and includes the participation of high-level managers from VCBH, the Health Care Agency, the Sheriff's Office, and other agencies. A VCBH consumer should sit on the taskforce to provide a unique perspective on the consequences of disasters, and Kevin Janeway expressed interest. Mr. Bhavnani agreed to speak to NAMI Ventura County to identify a potential volunteer.	Volunteer to sit on taskforce Help identify a NAMI volunteer for taskforce	K. Janeway R. Bhavnani

	<p>B. VCBH and the Inpatient Psychiatric Unit (IPU) have been working on policies for the Crisis Stabilization Unit (CSU), which is anticipated to open on April 1st inside the IPU. Four chairs should open at that time, with a maximum of 12 chairs when fully implemented. VCBH and VCMC are working with California Department of Public Health (CDPH) to prepare for the opening. Staffing ratio will be 4:1.</p> <p>C. VCBH is looking at increasing access to psychiatrists through the use of tele-psychiatry.</p> <p>D. Dr. Johnson attended a Master the Disaster event on February 27, organized by Ventura County Emergency Medical Services, Emergency Preparedness Office, part of the Public Health Department. It was well attended. Burnout among first responders was addressed during that meeting.</p> <p>E. Dr. Johnson thanked all who attended the opening session and/or other meetings of the External Quality Review Organization (EQRO) in late February.</p>		
IX.	<p>Secretary's Report – Janis Gardner</p> <p>Ms. Gardner noted that there are two openings on the BHAB: one in Supervisor Long's District, and one in Supervisor Parks' District.</p> <p>Ms. Gardner is planning to call one member who has not been participating regularly in the General meetings or committee meetings to determine whether this person is still interested in remaining as a member on the board</p>		
X.	<p>New Business</p> <p>A. Evaluate February General Meeting Ms. Gardner was glad to see that BHAB members were excited about the upcoming Strengths, Weaknesses, Opportunities and Threats (SWOT) Analysis meeting.</p> <p>B. Identify Potential Candidates for Appointment to the Nominating Committee The Executive team identified Claudia Armann, Nancy Borchard, Patricia Mowlavi, Irene Pinkard, Mary Haffner and Sheri Valley as potential candidates for the Nominating Committee. Mr. Harris will contact them and ask them about their interest in serving. He will appoint three members to the committee during the April Executive meeting, with the full board confirming his appointment at the April General meeting.</p> <p>C. Review Committee Reports – Action Plan Updates Mr. Harris requested that the BHAB Adult Services Committee develop an Action Plan on opening a CSU in Ventura, possibly a second CSU in a different city, and increase the number of inpatient beds at the IPU.</p> <p>D. CALBHB/C Update – Annual Meeting/Training Session and Legislative Day in Sacramento on April 9 and 10 Mr. Harris noted that CALBHB/C will cover the cost associated with his participation in the two-day event, and it will cover the cost for a second member of the BHAB. Ms. Brooking expressed interest in attending, and the Executive committee agreed to have Mr. Harris request that the expenses related to her attendance be covered by CALBHB/C.</p> <p>E. Implications of a VCBH-Managed Inpatient Psychiatric Unit (IPU) Mr. Harris noted that at the last General meeting Supervisor Parks brought up the idea of having the CSU and IPU managed by VCBH rather than VCMC. Under current regulations, this is not feasible. However, Mr. Harris would like to advocate for VCBH to have a strong voice in the CSU and IPU program planning and client discharge planning. This would include participating in regular program review meetings. Dr. Johnson noted that senior managers from VCBH and IPU have operational meetings on a monthly basis regarding the CSU. Mr. Harris and Mr. Bhavnani voiced their support for a similar meeting to discuss IPU issues and warm hand-off of clients upon their discharge.</p>	<p>Contact potential candidates for the Nominating Committee</p> <p>Develop Action Plan on opening a CSU in increasing beds at IPU</p> <p>Contact CALBHB/C, request that it cover G. Brooking's expenses for trip to Sacramento</p>	<p>J. Harris</p> <p>N. Borchard, G. Brooking</p> <p>J. Harris</p>

<p>XI. Old Business</p>	<p>A. Annual Report Presentation to the Board of Supervisors on March 19, 11:30 a.m. Mr. Harris is hoping for a strong turnout as he presents the BHAB Annual Report to the Board of Supervisors.</p> <p>B. Plan Strengths, Weaknesses, Opportunities and Threats (SWOT) Analysis to take place on March 18, 11:45 a.m. Mr. Harris requested to have a couple of flip charts and tape for this meeting. He invited BHAB members to start thinking about the strengths of the BHAB.</p> <p>C. Composition of the Current Board Members by Category – Results of Member Self-Identified Disclosure The BHAB Assistant shared the results of the survey that was conducted during the February General meeting: 13 members provided information. One self-identified as a Consumer, six as Family Member, and six as Interested Community Member. Mr. Harris asked the BHAB Assistant to follow up with the BHAB members who did not attend the February General meeting and ask them to complete the survey. Elizabeth Stone made a public comment. She noted that she has applied to serve on the BHAB and has interviewed with Supervisor Long’s staff but was told that they are looking for representation from the Santa Paula/Fillmore area.</p> <p>D. Data Notebook Update Ms. Brooking noted that VCBH managers were not present during the Data Notebook Workgroup meeting of March 4, but they had provided written answers. Ms. Brooking and Ms. Petrus, who were the only BHAB members who attended the meeting, had some questions, which were forwarded to the managers by the BHAB Assistant; answers are pending. Mr. Harris asked for another Data Notebook Workgroup meeting, to be attended by the VCBH managers. The BHAB Assistant noted that an extension of the deadline for returning the Notebook to the state needs to be requested.</p> <p>E. Future Presentations Ms. Stone made a public comment and suggested a presentation by Dr. Sherylynn Lee of the Santa Barbara Sheriff’s Department regarding its Holistic Defense program. Scott Walker made a public comment and noted that the Sheriff’s Department in Santa Barbara County works differently than in Ventura County. Mr. Harris will consider the request for presentation. Mr. Bhavnani suggested that it might be more appropriate for the BAB Adult Services Committee. Ms. Gardner suggested a presentation on vaping and noted that Dr. Denering, Alcohol & Drug Programs Chief, or her staff can present in May or June, perhaps in conjunction with Public Health. Mr. Harris agreed that it is important to have Public Health present. Ms. Gardner will coordinate the presentation.</p> <p>F. Future Recognitions Ms. Brooking noted that she is working on a recognition for Dr. O’Sullivan.</p>	<p>Provide supplies for SWOT Analysis</p> <p>Follow up with members who did not take the survey</p> <p>Set up meeting</p> <p>Request extension</p> <p>Coordinate presentation on vaping</p> <p>Draft recognition</p>	<p>E. Pham</p> <p>E. Pham</p> <p>E. Pham</p> <p>E. Pham</p> <p>J. Gardner</p> <p>G. Brooking</p>
<p>XII. Develop Agenda for the General Meeting – Discussion</p>	<p>The Executive team reviewed the proposed agenda. The following changes were made:</p> <p>Under New Business:</p> <ul style="list-style-type: none"> - change 2. to VCMC Crisis Stabilization Unit (CSU) Update – Supervisor Parks – Action - add CALBHB/C Update <p>Under Old Business:</p> <ul style="list-style-type: none"> - remove 2018 Data Notebook - Action - add Annual Report Presentation to the Board of Supervisors - add Proposed Site Visit to Vista del Mar Psychiatric Hospital – Gane Brooking - add Composition of the Current Board 		

XI.	Public Comments Bob Wickham noted that NAMI Ventura County has drafted a letter regarding Institution for Mental Diseases (IMD) Exclusion Waiver and has sent it to VCBH, the Board of Supervisors, and the Governor. He agreed to send the letter to Mr. Harris. Mr. Wickham also noted that NAMI Ventura County will attend the Legislative Day in Sacramento on April 10.		
	Adjourn The meeting adjourned at 2:50 p.m.		

Behavioral Health Advisory Board EXECUTIVE Meeting Attendance 2018-2019

Members 2018-19	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Jerry Harris Chair	X	X	X	X	X		X	X	X			
Ratan Bhavnani 1 st Vice Chair	X	X	X	X			X	X	X			
Gane Brooking 2 nd Vice Chair	X	X	X	X	X		X	X	X			
Janis Gardner Secretary	X	X	X	X	X		X	X	X			
Gina Petrus Member-At-Large									X			

Present = X

- District 1 Supervisor Bennett
- District 2 Supervisor Parks
- District 3 Supervisor Long
- District 4 Supervisor Foy
- District 5 Supervisor Zaragoza