

**BEHAVIORAL HEALTH ADVISORY BOARD
EXECUTIVE COMMITTEE
MINUTES ■ Monday, September 9, 2019**

<p><u>BHAB Officers Present</u> Janis Gardner, Chair Ratan Bhavnani, 1st Vice Chair Gane Brooking, 2nd Vice Chair Jerry Harris, Chair Emeritus</p> <p><u>Others Present</u> Stuart Fiedler, Client Network Scott Walker, Crisis Intervention Team</p>	<p><u>Ventura County Behavioral Health (VCBH) Staff Present</u> Sevet Johnson, Director Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Monday, October 14, 2019, 1:00 – 3:00 p.m.</p> <p>Ventura County Behavioral Health (VCBH) 1911 Williams Drive, Lake Cachuma Room (second floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Gardner called the meeting to order at 1:05 p.m.		
II.	Approval of the Agenda Ms. Gardner asked the Committee to review and approve today’s agenda. Gane Brooking moved to approve, Ratan Bhavnani seconded. The motion carried unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Gardner asked the committee to review and approve the minutes of the August 12, 2019 meeting. Ms. Brooking moved to approve, Jerry Harris seconded. The motion carried, with Mr. Bhavnani abstaining as he did not attend the meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Gardner welcomed everyone and asked for introductions.		
V.	Chair Announcements <ul style="list-style-type: none"> • The VCBH Suicide Prevention conference will be on September 13 at Moorpark College. • The Ventura County Star recently ran an article titled “Where do homeless go after hospital?” A new law directs hospitals to develop a discharge plan for homeless patients, including a place to be discharged to. • Ventura County has an economic vitality strategic action plan with new strides in housing vouchers for the disabled. The County has also established a diversity and inclusion task force to focus on increased diversity in the workforce. • The Children’s Crisis Stabilization Unit has helped 61% of youth treated avoid mental health hospitalization. • Ventura County Medical Center is working to expand the number of beds in the Inpatient Psychiatric Unit. • Vaping and its dangers have been in the news; see attached handout. 		
VI.	Public Comments Stuart Fiedler spoke about taxation code 19280, which addresses restitutions to victims of crime.		
VII.	Board Members Comments and Announcements Mr. Harris noted that the LPS Reform Workgroup, which he chairs, has met and is seeking information. He requested that VCBH provide clarification on the requirements regarding medical clearance and taking a person on a 5150 involuntary hold to a non-designated LPS emergency room. Dr. Johnson agreed to follow up on this. Mr. Bhavnani noted that NAMI will hold its general meeting the following evening at its office at the Camarillo Airport. The theme of the meeting will be “Mental Illness Is Not a Crime.”	Gather information re medical clearance and 5150 patients in emergency rooms	Dr. Johnson

VIII.	<p>Director's Updates</p> <p>A. A training on human trafficking will take place on September 12; it is open to the public.</p> <p>B. VCBH is co-hosting a Youth Mental Health Town Hall with Assemblymember Jacqui Irwin's office on Saturday, November 16 at the Ventura County Office of Education.</p> <p>C. Two weeks ago a stakeholder meeting was held in Santa Paula. This was an opportunity to share information about the services that the Health Care Agency provides in the Santa Clara Valley, led by VCBH.</p> <p>D. VCBH will present the Suicide Prevention Conference on September 13 at Moorpark College. Attendance is encouraged.</p> <p>E. A VCBH-wide staff retreat was held on August 21st. The event focused on burnout and caregiver care.</p>		
IX.	<p>Secretary's Report – Gina Petrus</p> <p>In Ms. Petrus's absence, Ms. Gardner noted that Supervisor Parks will recommend former BHAB member Carol Thomas for appointment to the BHAB.</p>		
X.	<p>New Business</p> <p>A. Workgroup – Community Participation – Update Ms. Gardner noted that the BHAB Assistant will add the Prevention Committee to her responsibilities. To lighten her workload, the Chairs of the workgroups will need to take on more responsibilities, e.g. send out emails. Per the BHAB Bylaws, workgroup membership is not limited to BHAB members. The Chairs of the workgroups have discretion as to who can attend. Those Chairs should prepare their own meeting minutes.</p> <p>B. BHAB Committees Objectives Most committees have finalized their objectives for this fiscal year.</p> <p>C. November Executive Meeting – Move to Tuesday, November 12 Due to the Veterans' Day closure, the November Executive meeting needs to be pushed back to the following day, November 12. Mr. Bhavnani requested that changes in BHAB General meeting dates due to holidays be action items.</p>		
XI.	<p>Old Business</p> <p>A. Committees' Annual Reports – Submission by November 1st Edith Pham noted that all committees are working on their reports.</p> <p>B. 2019 Data Notebook Status Ms. Pham noted that she requested and obtained an extension for turning in the finalized document to the state. The due date is now January 31, 2020. A meeting is being scheduled for a few interested BHAB members and VCBH managers to meet and work on the document.</p> <p>C. BHAB Harvest Fest Potluck on October 21st, 11:45 a.m. – 12:45 p.m. Ms. Gardner noted that anyone who attends the potluck is asked to bring a dish to share. Dr. Johnson confirmed that VCBH will provide plates, silverware, napkins and drinks but not food.</p> <p>D. Future Presentations Public Administration/Public Guardian in September. Health Care Agency Director Bill Foley in October. VCBH fiscal update in November. Mr. Harris asked about workload data on the Inpatient Psychiatric Unit and the Crisis Stabilization Unit, which were going to be done on a quarterly basis. Mr. Harris also requested a presentation about what happens to people brought to emergency rooms on a 5150 involuntary hold. Ms. Gardner agreed to invite Audra Strickland, of the Southern California Hospital Association, to attend the October or November BHAB Executive meeting, and possibly present at the February 2020 General meeting.</p>	<p>Provide supplies and drinks for potluck lunch on October 21st</p> <p>Invite A. Strickland to a BHAB Executive meeting</p>	<p>VCBH</p> <p>J. Gardner</p>

	<p>E. Future Recognitions Crisis Intervention Team recognitions in January 2020. Ms. Gardner suggested Arcenio Lopez of MICOP. Mr. Bhavnani suggested Dr. Rekha Tailor, a psychiatrist at the Simi Valley Adult clinic, as he has heard good things about her from several families. The Executive team agreed to the suggestions.</p>		
<p>XII.</p>	<p>Develop Agenda for the General Meeting – Discussion The Executive Team reviewed the proposed agenda. The following changes were made:</p> <ul style="list-style-type: none"> - Under New Business, list item # 1 as Workgroup Membership. - Add one item: BHAB/Committee Processes <p>A brief discussion took place regarding the IMD Exclusion Waiver and the broader 1115 Waiver. Dr. Johnson noted that the state has not yet released the document; when it does, stakeholder input will be solicited.</p>		
<p>XIII.</p>	<p>Public Comments None.</p>		
<p>XIV.</p>	<p>Adjourn The meeting adjourned at 2:20 p.m.</p>		

Behavioral Health Advisory Board EXECUTIVE Meeting Attendance 2019-2020

Members 2019-2020	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Janis Gardner Chair	X	X	X									
Ratan Bhavnani 1 st Vice Chair	X		X									
Gane Brooking 2 nd Vice Chair	X		X									
Gina Petrus Secretary	X	X										
Jerry Harris Chair Emeritus	X	X	X									
Joe S. Ramirez Member At Large		X										

Present = X

- District 1 Supervisor Bennett
- District 2 Supervisor Parks
- District 3 Supervisor Long
- District 4 Supervisor Huber
- District 5 Supervisor Zaragoza

JUNTA ASESORA DE SALUD DEL COMPORTAMIENTO
COMITÉ EJECUTIVO
MINUTOS ■ Lunes , 9 de septiembre , 2019

<p><u>BHAB Oficial s Presente</u> Janis Gardner, presidente Ratan Bhavnani , ^{1er} Vicepresidente Gane Brooking , ^{2º} Vicepresidente Jerry Harris, presidente emérito</p> <p><u>Otros presentes</u> Stuart Fiedler, red de clientes Scott Walker, equipo de intervención en crisis</p>	<p><u>Presente del personal de Ventura County Behavioral Health (VCBH)</u> Sevet Johnson , Director Edith Pham, Asistente BHAB</p> <p>SIGUIENTE JUNTA: Lunes por , 14 de octubre de , 2019 , 1 : 00 - 3:00 pm</p> <p>Salud conductual del condado de Ventura (VCBH) 1911 Williams Drive , Lake Cachuma Room (segundo piso) , Oxnard</p>
<p>Nota: El comité aún no ha aprobado estas actas. Puede haber adiciones / eliminaciones o correcciones antes de que las actas se acepten en forma final.</p>	

	DISCUSIÓN / CONCLUSIONES	RECOMENDACIONES / COMPORTAMIENTO	RESPONSABLE
YO.	Llama para ordenar El presidente Gardner dio por terminada la reunión a la 1:05 p.m.		
II	Aprobación de la agenda La Sra. Gardner solicitó al Comité que revise y apruebe la agenda de hoy. Gane Brooking se movió para aprobar, Ratan Bhavnani lo secundó. La moción fue aprobada por unanimidad.	La agenda fue aprobada como está escrita. M / S / C	
III.	Aprobación del acta La Sra. Gardner le pidió al comité que revisara y aprobara el acta de la reunión del 12 de agosto de 2019 . La Sra. Brooking hizo la moción para aprobar, Jerry Harris lo secundó. La moción fue aprobada , y el Sr. Bhavnani se abstuvo ya que no asistió a la reunión .	Las actas fueron aprobadas tal como están escritas. M / S / C	
IV.	Bienvenida y Presentaciones La Sra. Gardner dio la bienvenida a todos y pidió presentaciones.		
V.	Anuncios de la presidencia <ul style="list-style-type: none"> • La conferencia de Prevención del Suicidio de VCBH será el 13 de septiembre en Moorpark College. • El Ventura County Star publicó recientemente un artículo titulado “¿ A dónde van las personas sin hogar después del hospital?”. Una nueva ley ordena a los hospitales que desarrollen un plan de alta para pacientes sin hogar , que incluya un lugar para recibir el alta. • El Condado de Ventura tiene una vitalidad económica y un plan de acción estratégico con nuevos avances en los vales de vivienda para discapacitados. El Condado también ha establecido un grupo de trabajo de diversidad e inclusión para enfocarse en una mayor diversidad en la fuerza laboral. • La Unidad de Estabilización de Crisis de Niños ha ayudado al 61% de los jóvenes tratados a evitar la hospitalización de salud mental. • El Centro Médico del Condado de Ventura está trabajando para expandir el número de camas en la Unidad de Psiquiatría para pacientes hospitalizados. • Vaping y sus peligros han estado en las noticias; ver folleto adjunto. 		
VI.	Comentarios públicos Stuart Fiedler habló sobre el código tributario 19280, que aborda las restituciones a las víctimas de delitos.		
VII.	Comentarios y anuncios de los miembros de la Junta El Sr. Harris señaló que el Grupo de Trabajo de Reforma de LPS, que preside, se ha reunido y está buscando información. Solicitó que VCBH proporcione aclaraciones sobre los requisitos con respecto a la autorización médica y llevar a una persona en una detención involuntaria 5150 a una sala de emergencias LPS no designada. El Dr. Johnson acordó hacer un seguimiento de esto.	Recopilar información sobre autorización médica y 5150 pacientes en salas de emergencia	Dr. Johnson

	El Sr. Bhavnani señaló que NAMI celebrará su reunión general la tarde siguiente en su oficina en el aeropuerto de Camarillo. El tema de la reunión será "La enfermedad mental no es un delito".		
VIII	<p>Actualizaciones del director</p> <p>A. El 12 de septiembre se realizará una capacitación sobre trata de personas ; que está abierto al público.</p> <p>B. VCBH se co-anfitrión de una M para jóvenes ental Salud Ciudad H todos con la oficina del asambleísta Jacqui Irwin el sábado 16 de noviembre en la Oficina de Educación del Condado de Ventura.</p> <p>C. Hace dos semanas se celebró una reunión de partes interesadas en Santa Paula . Esta fue una oportunidad para compartir información sobre los servicios que proporciona la Agencia de Atención Médica en el Valle de Santa Clara, dirigida por VCBH.</p> <p>D. VCBH presentará la Conferencia de Prevención del Suicidio el 13 de septiembre en Moorpark College. Se alienta la asistencia.</p> <p>E. Un retiro de personal de todo el VCBH se llevó a cabo el 21 de agostost . El evento se centró en el agotamiento y la atención del cuidador.</p>		
IX.	<p>Informe secreto de Ary - Gina Petrus</p> <p>En ausencia de la Sra . Petrus, la Sra. Gardner señaló que la Supervisora Parks recomendará al ex miembro de BHAB Carol Thomas para su nombramiento en la BHAB.</p>		
X.	<p>Nuevo negocio</p> <p>A. Grupo de trabajo - Participación comunitaria - Actualización La Sra. Gardner señaló que el Asistente de BHAB agregará el Comité de Prevención a sus responsabilidades. Para aligerar su carga de trabajo, los presidentes de los grupos de trabajo deberán asumir más responsabilidades, por ejemplo, enviar correos electrónicos. Por los Estatutos BHAB, grupo de trabajo m IEMBROS no se limita a los miembros BHAB. Los presidentes de los grupos de trabajo tienen discreción sobre quién puede asistir. Esas sillas deben preparar sus propias minutas de reunión.</p> <p>B. Comités BHAB Objetivos La mayoría de los comités han finalizado sus objetivos para este año fiscal.</p> <p>C. Reunión ejecutiva de noviembre - Pase al martes 12 de noviembre Debido al cierre del Día de los Veteranos, la reunión ejecutiva de noviembre debe postergarse hasta el día siguiente, 12 de noviembre. El Sr. Bhavnani solicitó que los cambios en las fechas de la reunión general de BHAB debido a días festivos sean elementos de acción.</p>		
XI	<p>Viejo negocio</p> <p>A. Informes Anuales Comités - Comunicación para noviembre de 1st Edith Pham señaló que todos los comités están trabajando en sus informes.</p> <p>B. Estado del cuaderno de datos 2019 La Sra. Pham señaló que solicitó y obtuvo una extensión para entregar el documento finalizado al estado. La fecha de vencimiento es ahora el 31 de enero de 2020. Se está programando una reunión para algunos miembros interesados de BHAB y gerentes de VCBH para reunirse y trabajar en el documento.</p> <p>C. Potluck BHAB Harvest Fest de octubre 21 dest , 11:45 - 24:45 La Sra. Gardner señaló que a cualquiera que asista a la comida se le pide que traiga un plato para compartir. El Dr. Johnson confirmó que VCBH proporcionará platos, cubiertos, servilletas y bebidas, pero no alimentos.</p> <p>D. Presentaciones Futuras Administración pública / tutor público en septiembre. Director de la Agencia de Atención Médica Bill Foley en octubre. Actualización fiscal de VCBH en noviembre.</p>	Proporcionar suministros y bebidas para almuerzo informal st el 21 de octubre	VCBH

Presente = X

Supervisor del Distrito 1 Bennett
Parques Supervisores del Distrito 2
Supervisor del Distrito 3 Largo
Supervisor del Distrito 4 Huber
Supervisor del Distrito 5 Zaragoza

Actas del Comité Ejecutivo de BHAB del 9 de septiembre de 2019 ■

VAPING-E-CIGARETTES-THC ARTICLES-
SOURCES AND DATES

(Compiled by Janis Gardner)

September 7th, 2019-Wall Street Journal/New York Department of Health

"Health Officials are warning consumers about a mysterious vaping-linked lung disease"

The FDA is telling people to avoid products that contain THC while the CDC is saying to avoid e-cigarettes. Federal health officials are reviewing 450 cases linked to vaping across 33 states. At least three people have died from the illness. In many cases people vaped both nicotine and THC.

September 6, 2019 NPR News-

"CDC Says Number Of Possible Cases Of Vaping-Related Lung Illness Has Doubled"

https://www.npr.org/sections/health-shots/2019/09/06/758337583/cdc-says-number-of-possible-cases-of-vaping-related-lung-illness-has-doubled?sc=17&f=1001&utm_source=iosnewsapp&utm_medium=Email&utm_campaign=app

September 6, 2019-NBC Health and Science-

"Michigan becomes first state to ban sales of flavored e-cigarettes"

Governor Gretchen Whitmer uses her executive authority to ban flavored vaping products for six months and is also restricting marketing, preventing companies from advertising vaping products as "clean", "safe", "healthy", and other terms that portray the products as harmless.

September 6, 2019-Washington Post

"Contaminant Found in Marijuana Vaping Products Linked to Deadly Lung Illnesses, Tests Show"

State and federal health officials investigating mysterious lung illnesses linked to vaping have found the *same chemical in samples of marijuana produces used by people sickened in different parts of the county* and who used different brands of products in recent weeks.

September 3, 2019 CNN

"Another Death From Lung Illness Linked to Vaping Reported".
Oregon health officials are investigating a death from severe respiratory illness that could be linked to vaping, according to an announcement made Tuesday by the Oregon Health Authority.

September 3, 2019-Journal of the Endocrine Society
-*"Vaping May Harm Fertility In Young Women".*
E-Cigarette use during pregnancy impairs metabolic health in daughters, mouse study finds.

September 1, 2019-VCOE-
New street signs in Oxnard have been posted saying: *"Tobacco and Drug Use are Prohibited Including E-Cigarettes & Vapes".*

August 29, 2019-
U.S. Department of Health & Human Services-*"Surgeon General Releases Advisory on Marijuana's Damaging Effects on the Developing Brain"*

August 26, 2019-
The Washington Post and NBC News-
"Fake Juul pods line store shelves, worrying users and posing another threat to the embattled company".
Counterfeit products have all traced back to China.

August 24 2019-NBC News.com—
Tweet: ONDCP Chief Medical Officer-
"More than 150 cases of vaping-lung related diseases being investigated across the U.S." Thank you @CDC.gov

August 24, 2019-The Washington Post
-*"He Went from Hiking Enthusiast to, 'On Death's Door' within days".*
Doctors blame vaping.

August 23 2019-
The Washington Post-*"First Death Reported from Lung Illness Linked to Vaping Officials Say".*

Patients have acknowledged using products that contain THC.

August 16, 2019-NPR News-

"What's Behind A Cluster Of Vaping-Related Hospitalizations?"

The common demoninator with lung illnesses officias say is, "They all have reported vaping."

August 15, 2019-CNN-

"States Report Patients With Severe Lung Disease After Vaping"-

Minnesota Health Officials have identified four cases of severe lung injury that could be connected to vaping, similar to what could be dozens more cases in nearby Wisconsin and Illinois.

May 16, 2019-

"Discipline Or Treatment? Schools Rethinking Vaping Response".

Schools exploring cessation programs for students caught vaping or with vaping paraphernalia. Teaching teens about how vaping companies have been courting them with flavored products seems to be having a positive effect.

February 2, 2016- The Denver Post-*"Vaping Dangers: Reports of burns, injuries from exploding e-Cigarettes".*

Patient spent 10 days in hospital suffering from a broken neck, facial fractures, burns to his mouth and shattered teeth from an e-cigarette battery that exploded. University of Colorado Hospital Burn Center has had four e-cigarette-related burns from December to January, 2019.