

BEHAVIORAL HEALTH ADVISORY BOARD  
**EXECUTIVE COMMITTEE**  
**MINUTES ■ Monday, October 14, 2019**

<p><b><u>BHAB Officers Present</u></b>          Janis Gardner, Chair          Ratan Bhavnani, 1<sup>st</sup> Vice Chair          Gane Brooking, 2<sup>nd</sup> Vice Chair          Gina Petrus, Secretary          Jerry Harris, Chair Emeritus</p> <p><b><u>Others Present</u></b>          Carol Thomas, BHAB          Kevin Janeway, Client Network          Cece Casey          Roberta Griego, NAMI Ventura County          Mark Stadler, CIT          Shar Busch, Ventura County Public Health, Tobacco Policy Program</p>	<p><b><u>Ventura County Behavioral Health (VCBH) Staff Present</u></b>          Sevet Johnson, Director          Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b>  <b>Tuesday, November 12, 2019, 1:00 – 3:00 p.m.</b></p> <p>Ventura County Behavioral Health (VCBH)          1911 Williams Drive, Lake Cachuma Room (second floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Chair Gardner called the meeting to order at 1:00 p.m.		
II.	<b>Approval of the Agenda</b> Ms. Gardner asked the Committee to review and approve today’s agenda. Gane Brooking moved to approve, Ratan Bhavnani seconded. The motion carried unanimously.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Ms. Gardner asked the committee to review and approve the minutes of the September meeting. Mr. Bhavnani moved to approve, Jerry Harris seconded. Mr. Harris requested to add a sentence at the end of item X.A, to read “Mr. Harris strongly objected to having workgroup chairs take their own meeting minutes.” The motion carried unanimously as amended.	The minutes were approved as amended. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Ms. Gardner welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> A. The Board of Supervisors will vote on October 15 on whether to approve Health Care Agency’s application for a one-time funding for a Whole Person Care (WPC) pilot housing program. B. Per Capt. Fryhoff, California has launched its first statewide hotline to provide non-emergency emotional support for those struggling with mental and emotional wellbeing. The number is 1-855-845-7415. C. According to the National Institute of Health, researchers have linked vaping nicotine to cancer. D. Per and article read by Dr. Johnson, there is a rare alliance between gun enthusiasts and mental health experts in Oregon and other states in relation to suicide prevention.		
VI.	<b>Public Comments</b> Shar Busch noted that the following morning the Board of Supervisors will hear a presentation on vaping. She requested that the BHAB support this by attending the meeting or by sending a letter of support that Public Health has prepared.  Cece Casey spoke about her loved one, who has been living for many years at Anne Sippi facility. She requested that the contract between VCBH and Anne Sippi include evidence-based treatment and caseload to maintain the services her loved one had been receiving.  Roberta Griego invited all to attend the NAMI general meeting on November 12. She also invited all to attend the NAMI Client Holiday Party on December 10 at 5:00 p.m. at the Elks Lodge in Oxnard. Kevin Janeway spoke about the homeless resource fair on October 15 at Oxnard Plaza Park; 25 agencies will participate.		

<p><b>VII.</b></p>	<p><b>Board Members Comments and Announcements</b></p> <p>Mr. Harris noted that Governor Newsom has vetoed SB 10, which deals with peer support specialist certification. The governor has signed a bill that changes the Welfare &amp; Institutions Code as related to mental health boards; County Counsel will need to revise the BHAB Bylaws to reflect these changes. Mr. Harris also noted that he will attend the quarterly meeting of the California Association of Local Mental Health Boards &amp; Commissions (CALBHB/C) in Sacramento; incarceration of individuals with mental health issues and law enforcement will be discussed.</p> <p>Mr. Bhavnani noted that Ms. Gardner and he attended the Turning Point Foundation’s Mental Health Day event on October 10. Dr. Johnson sat on the panel.</p> <p>Ms. Brooking noted that the Cultural Equity Advisory Committee will recommend that VCBH implement training for its staff regarding the trauma that people suffer from detention and deportation.</p>		
<p><b>VIII.</b></p>	<p><b>Hospital Perspectives – Audra Strickland, Hospital Association of Southern California (HASC) Regional Vice President for Ventura and Santa Barbara Counties</b></p> <p>Individuals who are in a mental health crisis may go a hospital emergency department (ED). Hospital staff can call the Crisis Team for assessment or can call the Crisis Stabilization Unit (CSU) for bed availability. There have been challenges due to Crisis Team staffing shortages and psychiatric bed shortages. Patients may be transferred to Vista del Mar Psychiatric Hospital in Ventura or go out of county.</p> <p>Challenges with this process include: the reason for the holds written in the field by law enforcement may not meet criteria or may no longer be present, lack of psychiatric beds, disagreement between ED physicians and Crisis Team or CSU, patients’ medical needs, ambulance transportation to out-of-county facilities.</p> <p>To remedy the challenges, some local hospitals use telepsychiatry to speak to a psychiatrist remotely, and some have hired a psychiatrist. The County graciously allows ED physicians and psychiatrists to take the county training that gives them the authority to write and break involuntary holds. Some hospitals are considering opening their own CSU. The County has permitted a pilot program for the East County between Vista del Mar Psychiatric Hospital and a few local hospitals. Under this pilot, Vista del Mar would operate a hospital-only crisis response team. Under this pilot, a hospital could call the VCBH Crisis Team to request an assessment; or it could call Vista del Mar Crisis Team, which would dispatch a clinician to respond in person to the ED, do an assessment of the patient and write or break a hold if appropriate. If a hold is necessary, the clinician would help find a bed, either at the Inpatient Psychiatric Unit (IPU), the CSU, Vista del Mar, or other facility. This pilot program will help track the number of holds that are written and help link patients to outpatient services when inpatient services are not appropriate.</p> <p>Mr. Harris requested data to help the BHAB make recommendations to VCBH and the Board of Supervisors. Ms. Strickland noted that hospitals use a computer program to collect data on psychiatric patients coming to the EDs, but the use of this program is not compulsory. The Office of Statewide Health Planning and Development (OSHPD) has a website that contains data, although this website can be hard to navigate.</p> <p>In answer to various questions, Ms. Strickland noted that:</p> <ol style="list-style-type: none"> <li>1. The local California Department of Public Health (CDPH) requires that medical screenings be done in EDs.</li> <li>2. HASC continues to work with CDPH regarding the use of non-designated LPS hospitals for behavioral health patients.</li> <li>3. HASC is looking at health information exchange (HIE) so that patient records can be shared between various treating systems. HASC could work on a universal consent form that would help families know where their loved ones are transferred and help treating ED staff learn their patients’ clinical history.</li> </ol>		

	<p>4. Training is being done in EDs to teach staff how to deescalate situations.</p> <p>5. The hospitals are working to partner with interested agencies to create a local sobering center, which would be a hospital diversion option.</p> <p>Gina Petrus requested data regarding children and adolescents. Mr. Bhavnani and Mr. Harris noted that the BHAB is eager to help HASC. Ms. Gardner thanked Ms. Strickland, who agreed to return in a few months to provide an update.</p>	Provide update in a few months	A. Strickland
IX.	<p><b>Director's Updates – Dr. Sevet Johnson</b></p> <p>A. Supervisor Bennett is interested in acting on vaping issues and teens. Supervisor Parks worked with him and VCBH to help prepare an ordinance that would establish a moratorium on new tobacco retailers and vape shops.</p> <p>B. On October 22 the Power and Impact of Opioids will take place at the Reagan Library.</p> <p>C. On October 23 and 24 a Statewide Integrated Care Conference will take place at the Hilton Universal City Hotel.</p> <p>D. On October 24 California Lutheran will host an event on The Underlying Causes of Immigration from Mexico to the US.</p> <p>E. On November 12, to mark the first-year anniversary of the County Opioid Abuse Suppression Taskforce (COAST), a meeting will take place to look back on what has been done in the past year and what needs to be done.</p> <p>F. Governor Newsom has signed a packet of gun legislation bills, including one requiring that the phone number for the national suicide prevention hotline be posted where guns are sold.</p> <p>G. On November 8 at the Thousand Oaks Performing Arts Center, an event will take place where people will talk about the Borderline shooting. VCBH will attend.</p>		
X.	<p><b>Secretary's Report – Gina Petrus</b></p> <p>Ms. Petrus noted that BHAB member attendance at the Youth &amp; Family Committee meeting the previous week was a little down.</p> <p>Ms. Gardner noted two openings. One follows Irene Pinkard's resignation.</p>		
XI.	<p><b>New Business</b></p> <p>A. BHAB Committee Objectives for Fiscal Year 2019-20</p> <p>The committee reviewed the list of each committee's objectives. Ms. Gardner noted that the document will be discussed at the upcoming General meeting, and the full board will select one objective from each committee on which to focus. No action was taken on this agenda item.</p>		
XII.	<p><b>Old Business</b></p> <p>A. Annual Report – Update</p> <p>Ms. Gardner noted that the Annual Report should go to the Executive and full Board in January for approval.</p> <p>B. Future Presentations</p> <ol style="list-style-type: none"> <li>Ms. Gardner noted that the Inpatient Psychiatric Unit (IPU) and Rapid Integrated Support and Engagement (RISE) should present at the same time in January. Mr. Bhavnani requested that Ms. Gardner ask Dr. Johnson the reason for this. Mr. Harris requested that the presentation include information on the CSU.</li> <li>Ms. Gardner noted that the November General meeting will include an update from William Foley, Health Care Agency Director, and a VCBH Fiscal update. Mr. Harris requested a handout of a summary sheet of the budget. He also requested to not have presentations at every General meeting so that the Board has time for in-depth discussions. Ms. Gardner noted that presentations have been scheduled on a regular basis solely at the request of BHAB members.</li> <li>During the September General meeting, suggestions had been made for presentations on the diversion program and on Early Detection and Intervention for the Prevention of Psychosis (EDIPP).</li> <li>Mr. Janeway made a public comment and suggested an update on the Todd Road Jail's medical and psychiatric unit. Mark Stadler noted that the unit will not open for another two years or so.</li> </ol>	<p>Ask Dr. Johnson about the IPU and RISE presentation</p> <p>Ask Fiscal for a summary sheet of the budget</p>	<p>J. Gardner</p> <p>E. Pham</p>

	<p>C. Future Recognitions</p> <p>Ms. Gardner agreed to contact Supervisor Zaragoza’s office to obtain information on Ms. Pinkard that could be used for preparing her certificate of recognition. Arcenio Lopez of MICOP will be recognized in February. Edith Pham noted that Margaret Cortese had suggested recognizing Alex Nguyen, Oxnard City Manager, for his work on homelessness; this will be discussed at the General meeting.</p>	Contact Supervisor Zaragoza’s office	J. Gardner
<b>XIII.</b>	<p><b>Develop Agenda for the General Meeting – Discussion</b></p> <p>Ms. Gardner noted that she is waiting to hear from CEO Michael Powers regarding his presentation and the amount of time that he needs.</p> <p>The Executive Team reviewed the proposed agenda. The following changes were made:</p> <ul style="list-style-type: none"> <li>- Under New Business, add: Welfare &amp; Institutions Code Changes – Jerry Harris; and Site Visits.</li> <li>- Include Housing Workgroup Update – Gane Brooking</li> <li>- Remove Data Notebook Update, and put this on the November agenda.</li> </ul>		
<b>XIV.</b>	<p><b>Public Comments</b></p> <p>Kevin Janeway asked about warm hand-off for youth housed in the Juvenile Facility. Ms. Petrus noted that she sits on the Juvenile Justice Delinquency Prevention Committee; she will look into this.</p>		
<b>XV.</b>	<p><b>Adjourn</b></p> <p>The meeting adjourned at 2:55 p.m.</p>		

## Behavioral Health Advisory Board EXECUTIVE Meeting Attendance 2019-2020

Members 2019-2020	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Janis Gardner Chair	X	X	X	X								
Ratan Bhavnani 1 <sup>st</sup> Vice Chair	X		X	X								
Gane Brooking 2 <sup>nd</sup> Vice Chair	X		X	X								
Gina Petrus Secretary	X	X		X								
Jerry Harris Chair Emeritus	X	X	X	X								
Joe S. Ramirez Member At Large		X		e								

Present = X

District 1	Supervisor Bennett
District 2	Supervisor Parks
District 3	Supervisor Long
District 4	Supervisor Huber
District 5	Supervisor Zaragoza

JUNTA ASESORA DE SALUD DEL COMPORTAMIENTO

**COMITÉ EJECUTIVO**

**MINUTOS ▪ Lunes , 14 de Octubre de 2019**

<p><b><u>BHAB Oficial s Presente</u></b>                  Janis Gardner, presidente                  Ratan Bhavnani , <sup>1er</sup> Vicepresidente                  Gane Brooking , <sup>2º</sup> Vicepresidente                  Gina Petrus , Secretaria                  Jerry Harris, presidente emérito</p> <p><b><u>Otros presentes</u></b>                  Carol Thomas, BHAB                  Kevin Janeway, red de clientes                  Cece Casey                  Roberta Griego , Condado de NAMI Ventura                  Mark Stadler, CIT                  Shar Busch, Programa de Política de Tabaco de Salud Pública del Condado de Ventura</p>	<p><b><u>Presente del personal de Ventura County Behavioral Health (VCBH)</u></b>                  Sevet Johnson , Director                  Edith Pham, Asistente BHAB</p> <p><b>SIGUIENTE JUNTA:</b>  <b>Cerrado martes , 12 de noviembre de , 2019 , 1 : 00 - 3:00 pm</b></p> <p>Salud conductual del condado de Ventura (VCBH)                  1911 Williams Drive , Lake Cachuma Room ( segundo piso) ,                  Oxnard</p>
<p>Nota: El comité aún no ha aprobado estas actas. Puede haber adiciones / eliminaciones o correcciones antes de que las actas se acepten en forma final.</p>	

	DISCUSIÓN / CONCLUSIONES	RECOMENDACIONES / COMPORTAMIENTO	RESPONSABLE
YO.	<b>Llama para ordenar</b> El presidente Gardner dio por terminada la reunión a la 1:00 p.m.		
II	<b>Aprobación de la agenda</b> La Sra. Gardner solicitó al Comité que revise y apruebe la agenda de hoy. Gane Brooking se movió para aprobar, Ratan Bhavnani lo secundó. La moción fue aprobada por unanimidad.	La agenda fue aprobada como está escrita. <b>M / S / C</b>	
III.	<b>Aprobación del acta</b> La Sra. Gardner le pidió al comité que revisara y aprobara el acta de la reunión de septiembre . El Sr. Bhavnani se movió para aprobar, Jerry Harris lo secundó. El Sr. Harris solicitó agregar una oración al final del ítem XA , para leer "Sr. Harris se opuso firmemente a que los presidentes de los grupos de trabajo tomen sus propias minutas de la reunión ". La moción fue aprobada por unanimidad en su forma enmendada .	Las actas fueron aprobadas en su forma enmendada . <b>M / S / C</b>	
IV.	<b>Bienvenida y Presentaciones</b> La Sra. Gardner dio la bienvenida a todos y pidió presentaciones.		
V.	<b>Anuncios de la presidencia</b> A. La Junta de Supervisores votará el 15 de octubre sobre la aprobación de la solicitud de Agencia de Cuidado de la Salud para una financiación de una sola vez para un entero Pe programa piloto de vivienda rson Care (WPC). B. Por Ca pt. Fryhoff, California ha lanzado su primera en todo el estado caliente línea para proporcionar apoyo emocional no es de emergencia para aquellos que luchan con el bienestar mental y emocional. El número es 1-855-845-7415. C. Según el Instituto Nacional de Salud, los investigadores han relacionado la nicotina vaping con el cáncer. D. Según un artículo leído por el Dr. Johnson, existe una rara alianza entre los entusiastas de las armas y los experimentos de salud mental en Oregon y otros estados en relación con la prevención del suicidio.		
VI.	<b>Comentarios públicos</b> Shar Busch señaló que a la mañana siguiente, la Junta de Supervisores escuchará una presentación sobre el vapeo. Ella solicitó que el BHAB apoye esto asistiendo a la reunión o enviando una carta de apoyo que la Salud Pública ha preparado.  Cece Casey habló sobre su ser querido, que ha estado viviendo durante muchos años en las instalaciones de Anne Sippi . Ella solicitó que el contrato entre VCBH y Anne Sippi incluya tratamiento basado en evidencia y casos para mantener los servicios que su ser querido había estado recibiendo.		

	<p>Roberta Griego invitó a todos a asistir a la reunión general de NAMI el 12 de noviembre. También invitó a todos a asistir a la fiesta navideña para clientes de NAMI el 10 de diciembre a las 5:00 pm en Elks Lodge en Oxnard. Kevin Janeway habló sobre la feria de recursos para personas sin hogar el 15 de octubre en Oxnard Plaza Park; Participarán 25 agencias.</p>		
<p>VII.</p>	<p><b>Comentarios y anuncios de los miembros de la Junta</b></p> <p>El Sr. Harris señaló que el Gobernador Newsom ha vetado la SB 10, que se ocupa de la certificación de especialistas de apoyo entre pares. El gobernador ha firmado un proyecto de ley que cambia el Código de Bienestar e Instituciones en relación con las juntas de salud mental ; El Consejo del Condado deberá revisar los Estatutos de BHAB para reflejar estos cambios. El Sr. Harris también señaló que asistirá a la reunión trimestral de la Asociación de Juntas y Comisiones Locales de Salud Mental de California (CALBHB / C) en Sacramento; se discutirá el encarcelamiento de personas con problemas de salud mental y la aplicación de la ley.</p> <p>El Sr. Bhavnani señaló que la Sra. Gardner y él asistieron al evento del Día de la Salud Mental de la Fundación Turning Point el 10 de octubre. El Dr. Johnson se sentó en el panel.</p> <p>La Sra. Brooking señaló que el Comité Asesor de Equidad Cultural recomendará que VCBH implemente capacitación para su personal sobre el trauma que sufren las personas por detención y deportación.</p>		
<p>VIII</p>	<p><b>Perspectivas del hospital - Audra Strickland, Vicepresidenta regional de la Asociación de hospitales del sur de California (HASC) para los condados de Ventura y Santa Bárbara</b></p> <p>Las personas que están en crisis de salud mental pueden ir al departamento de emergencias (DE) de un hospital . El personal del hospital puede llamar al Equipo de Crisis para evaluación o puede llamar a la Unidad de Estabilización de Crisis (CSU) para disponibilidad de camas . Ha habido desafíos debido a la escasez de personal del Equipo de Crisis y la escasez de camas psiquiátricas. P en ient s puede ser transferido en Vista del Hospital del Mar de Psiquiatría en Ventura o ir fuera del condado.</p> <p>Los desafíos con este proceso incluyen: la razón de las retenciones escritas en el campo por la policía puede no cumplir con los criterios o puede que ya no estén presentes, la falta de camas psiquiátricas , el desacuerdo entre los médicos de urgencias y el equipo de crisis o CSU , las necesidades médicas de los pacientes, ambulancia de transporte ación a las instalaciones fuera del condado.</p> <p>Para poner remedio a los desafíos, s ome locales hospitales utilizan telepsiquiatría hablar con un psiquiatra de forma remota, y algunos ja he contrató a un psiquiatra. El condado gentilmente permite a los médicos y psiquiatras de ED tomar la capacitación del condado que les da la autoridad para escribir y romper retenciones involuntarias . Algunos hospitales están considerando abrir su propia CSU. El Condado ha permitido un programa piloto para el Condado Este entre el Hospital Psiquiátrico Vista del Mar y algunos hospitales locales . Bajo este piloto, Vista del Mar operaría un equipo de respuesta a crisis solo hospitalario . Bajo este piloto, un hospital podría llamar al Equipo de Crisis de VCBH para solicitar una evaluación; o podría llamar al Equipo de Crisis de Vista del Mar , que enviaría a un médico para que responda en persona al servicio de urgencias , haga una evaluación del paciente y escriba o suspenda una retención si corresponde . Si es necesaria una retención, el clínico ayudaría a encontrar una cama, ya sea en la Unidad de Psiquiatría para pacientes hospitalizados (UIP), la CSU, Vista del Mar u otra instalación . Este programa piloto ayudará a rastrear el número de retenciones escritas y ayudará a vincular a los pacientes con los servicios ambulatorios cuando los servicios hospitalarios no sean apropiados.</p> <p>El Sr. Harris solicitó datos para ayudar al BHAB a hacer recomendaciones a VCBH y a la Junta de Supervisores. La Sra. Strickland señaló que los hospitales utilizan un programa informático para recopilar datos sobre pacientes psiquiátricos que llegan a los servicios de urgencias , pero el uso de este programa no es obligatorio. La Oficina de Planificación y Desarrollo de Salud Estatal (OSHPD) tiene un sitio web que contiene datos , aunque este sitio web puede ser difícil de navegar .</p> <p>En respuesta a varias preguntas, la Sra. Strickland señaló que:</p>		

	<ol style="list-style-type: none"> <li>1. El Departamento de Salud Pública local de California (CDPH) requiere que los exámenes médicos se realicen en los DE .</li> <li>2. HASC continúa trabajando con CDPH con respecto al uso de hospitales LPS no designados para pacientes de salud conductual.</li> <li>3. HASC está analizando el intercambio de información de salud (HIE) para que los registros de pacientes se puedan compartir entre varios sistemas de tratamiento. HASC podría trabajar en un formulario de consentimiento universal que ayudaría a las familias a saber dónde se transfieren a sus seres queridos y ayudaría a tratar al personal de urgencias a conocer la historia clínica de sus pacientes.</li> <li>4. La formación se está haciendo en ED s para enseñar al personal cómo distender situaciones .</li> <li>5. Los hospitales están trabajando para asociarse con las agencias interesadas para crear un centro de sobriedad local , que sería una opción de desvío del hospital .</li> </ol> <p>Gina Petrus solicitó datos sobre niños y adolescentes. El Sr. Bhavnani y el Sr. Harris notaron que BHAB está ansioso por ayudar a HASC. La Sra. Gardner agradeció a la Sra. Strickland, quien acordó regresar en unos meses para proporcionar una actualización.</p>	<p>Proporcionar actualización en unos pocos meses.</p>	<p>Una . Strickland</p>
<p><b>IX .</b></p>	<p><b>Actualizaciones del Director - Dr. Sevet Johnson</b></p> <ol style="list-style-type: none"> <li>A. El supervisor Bennett está interesado en actuar en asuntos de vapeo y adolescentes . El supervisor Parks trabajó con él y con VCBH para ayudar a preparar una ordenanza que establecería una moratoria sobre los nuevos minoristas de tabaco y tiendas de vapeo.</li> <li>B. El 22 de octubre, el poder y el impacto de los opioides tendrá lugar en la Biblioteca Reagan.</li> <li>C. Los días 23 y 24 de octubre se llevará a cabo una Conferencia Estatal de Atención Integrada en el Hotel Hilton Universal City.</li> <li>D. El 24 de octubre, California Lutheran organizará un evento sobre Las causas subyacentes de la inmigración de México a los Estados Unidos.</li> <li>E. El 12 de noviembre , para conmemorar el primer aniversario del Grupo de Trabajo para la Supresión del Abuso de Opioides del Condado (COAST) , se realizará una reunión para analizar lo que se hizo el año pasado y lo que hay que hacer.</li> <li>F. El gobernador Newsom ha firmado un paquete de proyectos de ley de legislación sobre armas, incluido uno que requiere que se publique el número de teléfono de la línea directa nacional de prevención de suicidios donde se venden armas.</li> <li>G. El 8 de noviembre en el Thousand Oaks Performing Arts Center, se llevará a cabo un evento donde la gente hablará sobre el tiroteo en Borderline. VCBH asistirá.</li> </ol>		
<p><b>X.</b></p>	<p><b>Informe secreto de Ary - Gina Petrus</b></p> <p>La Sra. Petrus señaló que la asistencia de los miembros de BHAB a la reunión del Comité de Jóvenes y Familia la semana anterior fue un poco baja.</p> <p>La Sra. Gardner observó dos aperturas. Uno sigue a la renuncia de Irene Pinkard .</p>		
<p><b>X yo</b></p>	<p><b>Nuevo negocio</b></p> <p>A. Objetivos del Comité BHAB para el año fiscal 2019-20</p> <p>El comité revisó la lista de los objetivos de cada comité. La Sra. Gardner señaló que el documento será discutido en la próxima reunión general, y la junta completa seleccionará un objetivo de cada comité en el cual enfocarse. No se tomó ninguna medida sobre este tema del programa.</p>		
<p><b>XII</b></p>	<p><b>Viejo negocio</b></p> <p>A. Informe anual - Actualización</p> <p>La Sra. Gardner señaló que el Informe Anual debería ir a la Junta Ejecutiva y completa en enero para su aprobación.</p> <p>B. Presentaciones Futuras</p> <ol style="list-style-type: none"> <li>1. La Sra. Gardner señaló que la Unidad de Psiquiatría para pacientes hospitalizados (UIP) y el Compromiso y apoyo integrados rápidos (RISE) deberían presentarse al mismo tiempo en enero. El Sr. Bhavnani solicitó que la Sra. Gardner le preguntara al Dr. Johnson la razón de esto. El Sr. Harris solicitó que la presentación incluya información sobre la CSU.</li> </ol>	<p>Pregúntele al Dr. Johnson sobre la presentación de IPU y RISE</p>	<p>J . Gardner</p> <p>E . Pham</p>

	<p>2. La Sra. Gardner señaló que la reunión general de noviembre incluirá una actualización de William Foley, Director de la Agencia de Atención Médica, y una actualización fiscal de VCBH. El Sr. Harris solicitó una hoja de resumen del presupuesto. También solicitó no tener presentaciones en cada reunión general para que la Junta tenga tiempo para discusiones en profundidad. La Sra. Gardner señaló que las presentaciones se han programado de manera regular únicamente a pedido de los miembros de BHAB .</p> <p>3. Durante la reunión general de septiembre , se hicieron sugerencias para presentaciones sobre el programa de desvío y sobre Detección temprana e intervención para la prevención de la psicosis (EDIPP).</p> <p>4. El Sr. Janeway hizo un comentario público y sugirió una actualización sobre la unidad médica y psiquiátrica de la cárcel de Todd Road. Mark Stadler señaló que la unidad no se abrirá por otros dos años más o menos.</p>	Solicite a Fiscal una hoja de resumen del presupuesto.	
	<p>C. Reconocimientos futuros</p> <p>La Sra. Gardner acordó ponerse en contacto con la oficina del Supervisor Zaragoza para obtener información sobre la Sra. Pinkard que podría usarse para preparar su certificado de reconocimiento. Arcenio López de MICOP será reconocido en febrero. Edith Pham señaló que Margaret Cortese había sugerido reconocer a Alex Nguyen, Gerente de la ciudad de Oxnard, por su trabajo en la falta de vivienda; t Obra su será discutido en la reunión general.</p>	Contactar con la oficina del Supervisor Zaragoza	J . Gardner
XI II.	<p><b>Desarrollar la Agenda para la Junta General - Discusión</b></p> <p>La Sra. Gardner señaló que está esperando saber del CEO Michael Powers con respecto a su presentación y la cantidad de tiempo que necesita.</p> <p>El Equipo Ejecutivo revisó la agenda propuesta. Se realizaron los siguientes cambios:</p> <ul style="list-style-type: none"> <li>- T nder nuevo negocio , añadir : Welfare &amp; Institutions Code Changes - Jerry Harris ; un nd visitas al sitio.</li> <li>- Incluir actualización del grupo de trabajo de vivienda - Gane Brooking</li> <li>- Elimine la actualización de Data Notebook y colóquela en la agenda de noviembre.</li> </ul>		
XIV	<p><b>Comentarios públicos</b></p> <p>Kevin Janeway preguntó sobre la entrega cálida para los jóvenes alojados en las instalaciones juveniles. La Sra. Petrus señaló que es miembro del Comité de Prevención de Delincuencia de Justicia Juvenil ; ella investigará esto.</p>		
X V.	<p><b>Aplazar</b></p> <p>Se levanta la sesión a las 2:55 p.m.</p>		

## Junta Asesora de Salud Mental Asistencia Ejecutiva a la Reunión 2019-2020

Miembros 2019-2020	julio	ago	Septiembre	oct	nov	dic	ene	feb	mar	abr	Mayo	junio
Janis Gardner Silla	X	X	X	X								
Ratan Bhavnani er 1 Vicepresidente	X		X	X								
Gane Brooking nd 2 Vicepresidente	X		X	X								
Gina Petrus Secretario	X	X		X								
Jerry Harris Silla emérita	X	X	X	X								
Joe S. Ramirez Miembro en general		X		mi								

Presente = X

## Thank You to Our Partners in Mental Health



TurningPointFoundation.org



VENTURA COUNTY  
BEHAVIORAL HEALTH

vcbh.org



National Alliance on Mental Illness  
NAMIventura.org



VISTA del MAR  
Behavioral Healthcare Hospital  
VistaDelMarHospital.com

### Get Help

Confidential 24 hour/7day crisis and referral line

1-866-998-2243

Suicide Prevention Lifeline

1-800-273-8255

Substance Use Treatment Services

1-844-385-9200

Text HOME to 741741

from anywhere in the United States,  
anytime, about any type of crisis.

## Ventura County Mental Health Day



There is hope. Suicides are preventable.  
With awareness, commitment and action  
we can save lives. Together.

#WorldMentalHealthDay

#SuicidePrevention

#805Hope



Oxnard Wellness Center • CenterPoint Mall  
2697 Saviers Road, Oxnard, CA 93033



This community townhall is designed to gather valuable insight and ideas on suicide prevention across Ventura County. It is the first community meeting to be hosted at Turning Point's Wellness Center in.

Every year in Ventura County, nearly 93 people die as a result of suicide and many more attempt to end their lives. No part of society is immune from suicide. Suicide is a public health issue that affects us all. Suicide is one of the top 10 causes of death in the United States and, among young persons aged 15–24 years, it is the second leading cause of death after accidents. The emotional cost to the bereaved survivors of suicide is immeasurable.

But it's not all bad news. The good news is that the prevention of suicide is possible. While the causes of suicide are complex, we know that the promotion of good mental health, the prevention of mental illness and a reduction of stigma all contribute to mental wellness and the reduction of suicide and its consequences.

By educating ourselves about the warning signs and recognizing risk factors, by agreeing to participate in a training program, by reaching out to a fellow human in need, we can all prevent suicide.

Our Moderator

### Marie Limauro

Community advocate who serves on the board of directors of the Turning Point Foundation and is the current vice chair. Marie's fundraising and advocacy for Turning Point supports initiatives ranging from mental wellness to housing to career development programs. Before stepping into her current role in adult and senior services with the City of Ventura, Marie served as the community liaison for The Trade Desk, a global technology company headquartered in downtown. Marie earned her Bachelor of Science in Psychology and graduated with Psi Chi honors from California State University Channel Islands.

### Our Panelist

#### Roberta Griego

Vice President, Special Projects and currently acting Operations & Community Development/Outreach Manager for NAMI Ventura County. In addition to serving on the NAMI Ventura County Board of Directors, she manages the NAMIWalk which kicks off Mental Health Month on Saturday, May 2nd, 2020 in Ventura.

#### Dr. Sevet Johnson

Director for the Ventura County Behavioral Health Department and a licensed Clinical Psychologist. She received her Doctorate from the California School of Professional Psychology and her Masters' in Marriage and Family Therapy from Pepperdine Graduate School of Education and Psychology. As a Behavioral Health Manager, she developed programs, managed several contracts, managed outreach, assisted in the creation of policies and procedures and ensured all outpatient clinic and regulatory operations were met while overseeing staff in the Adults Division of Ventura County Behavioral Health.

#### Jason Meek, MPA, LAADC, MCAS, M-RAS

Executive Director of Turning Point. For over twenty-years, Jason has directed specialized programs and care for the those experiencing suicidal ideation, homelessness, mental illness, and are marginalized. He holds multiple degrees and certifications that include: Psychology, Addiction, Public Administration, Social Science, Criminal Administration, and Human Resources.

#### Christine Ray, Advocate and Parent

Christine is an advocate for suicide prevention because she says she can't let the death of her son to be in vain. It never occurred to her that there was a stigma surrounding suicide. Christine says, "I can't be ashamed or embarrassed by anything my son has ever done. I love him with my entire being."

#### Mark Schumacher, Director Peer Programs

As the Peer Programs Director for Turning Point, Mark's programs are staffed by Peers with their own lived experience who assist others in their recovery, including The Wellness Center, a day program for individuals with mental health and/or drug and alcohol challenges, Quality of Life, taking services directly to individuals residing in Board and Care facilities, RISE, an outreach program to link individuals to services at VCBH, and Growing Works, a wholesale nursery with supported employment/job readiness program for VCBH referrals.

#### Dr. Pilar Sumalpong

Director of Vista del Mar Hospital's Military Support Program and private practitioner. NRHSP #55927. Specializing in the treatment of PTSD, active duty and veteran mental health and wellness. Trained in Cognitive Processing Therapy (CPT), Eye Movement Desensitization and Reprocessing (EMDR) and certified in Prolonged Exposure Therapy.

Behavioral Health Advisory Board  
**Committee Objectives for Fiscal Year 2019-20**

### **Adult Services Committee**

1. Advocate for the expansion of the Crisis Stabilization Unit (CSU) at the Hillmont Psychiatric Hospital to the maximum approved number of chairs (12) including the capability of conducting medical clearance examinations on-site.
2. Advocate for the reactivation of the 12 inpatient beds at the Hillmont Psychiatric Hospital currently not in use.
3. Advocate for the Crisis Residential Treatment (CRT) facility to be used for both a crisis prevention unit to avoid hospitalizations and as a step-down from Hillmont Psychiatric Hospital or other intensive service.
4. Advocate for the development of a CSU supported by one of the community hospitals in Ventura County.
5. Advocate for access to increased inpatient, community-based and in-home services to the older adult population.
6. Participate in all efforts to establish affordable and supportive housing for individuals who live with mental health and/or substance use disorder challenges that includes additional VCBH staff to provide supportive services associated with No Place Like Home and other potential supportive housing developments.

### **Transitional Age Youth (TAY) Committee**

1. Advocate for increased housing options for TAY.
2. Review the needs of the TAY population. Develop and prioritize strategies to address service needs for the TAY population relative to mental health and substance abuse treatment.
3. Encourage increased participation of community partners serving TAY in the BHAB TAY Committee meetings.
4. Develop approaches to increase community outreach, especially to underserved communities. Improve communication among parents, clients, agencies and the TAY Committee.
5. Engage TAY population membership on this committee.

### **Youth & Family Committee**

1. **Continuum of Care**
  - a. Follow the implementation of the Continuum of Care Reform (CCR). Identify further needs or gaps in services to children in foster care.
  - b. Follow the continuum of crisis care for children covered by Medi-Cal and children with private insurance. Provide feedback to the Behavioral Health Advisory Board (BHAB), Ventura County Behavioral Health (VCBH) and community providers.
  - c. Ensure communication and care coordination of health record information between care providers.
2. **Community and Parent Outreach**
  - a. Engage community agencies to schedule presentations regarding the role and activities of this Committee.
  - b. Recruit community members to serve on the Committee, and inform families about mental health services available.
  - c. Create innovative strategies to learn about parents/caregivers' needs and concerns.

- d. Raise awareness of alcohol and substance use resources. Actively disseminate alcohol and substance use prevention resources to the community partners, including community-based organizations (CBOs), law enforcement, and school districts.
- e. Maintain the availability of relevant materials on the Ventura County Behavioral Health's *welnesseveryday/saludsiempre* website.
- f. Continue to explore the use of technology to enhance access to services and resources.
- g. Identify and address system barriers for access to service needs for children ages 0-5. Advocate for improvement in the continuum of services.

## **Prevention Committee**

1. Support and collaborate with VCBH and the BHAB in helping to prevent the onset of substance use and mental illness amongst multi-generational populations.
2. Promote vaping and cannabis education and awareness.