

BEHAVIORAL HEALTH ADVISORY BOARD
Executive Committee Meeting
Monday, March 9, 2020, 1:00 – 3:00 p.m.
Ventura County Behavioral Health (VCBH)
1911 Williams Drive, Lake Cachuma Room • Oxnard, CA 93036

AGENDA

- I. Call to Order
- II. Approval of the Agenda – **ACTION**
- III. Approval of the February 20, 2020 Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Chair Announcements (5 min.)
- VI. Public Comments (3 min. per speaker)
- VII. Board Members Comments and Announcements (3 min. per speaker)
- VIII. Director’s Updates – Dr. Sevet Johnson
- IX. Secretary’s Report – Gina Petrus (5 min.)
- X. New Business
 - A. BHAB Annual Report Fiscal Year 2018-19 Presentation to the Board of Supervisors on May 5th
 - B. Written Public Comment Submissions for Minutes
 - C. Housing Workgroup Update
- XI. Old Business
 - A. Letter to Request VCBH Establish a BHAB Budget - **ACTION**
 - B. Future Presentations
 - C. Future Recognitions
- XII. Develop Agenda for the General Meeting - Discussion
 - a. *New Business*
 - 1. *BHAB Annual Report Fiscal Year 2018-19 Presentation to the Board of Supervisors on May 5th*
 - 2. *Written Public Comment Submissions for Minutes*
 - 3. *Update from VCBH and BHAB Housing Workgroup Meeting*
 - b. *Old Business*
 - 1. *Letter to Request VCBH Establish a BHAB Budget - ACTION*
- XIII. Public Comments
- XIV. Adjourn

Next Meeting: Monday, April 13, 2020


JUNTA ASESORA DE SALUD DEL COMPORTAMIENTO
Reunión del comité ejecutivo
Lunes por , 9 de marzo de , 2020 , 1:00-15:00
Salud conductual del condado de Ventura (VCBH)
1911 Williams Drive, Lake Cachuma Room • Oxnard, CA 93036

AGENDA

- I. Llama para ordenar
- II. Aprobación de la Agenda - **ACCIÓN**
- III. Aprobación del acta del 20 de febrero de 2020 - **ACCIÓN**
- IV. Bienvenida y Presentaciones
- V. Anuncios de la silla (5 min.)
- VI. Comentarios públicos (3 min. Por hablante)
- VII. Comentarios y anuncios de los miembros de la Junta (3 min. Por orador)
- VIII. Actualizaciones del Director - Dr. Sevet Johnson
- IX. Informe del Secretario - Gina Petrus (5 min .)
- X. Nuevo negocio
 - A. Informe Anual BHAB año fiscal 2018-19 Presentación a la Junta de Supervisores el 5 de mayo
 - B. Envíos de comentarios públicos por escrito para las actas
 - C. Actualización del grupo de trabajo de vivienda
- XI. Viejo negocio
 - A. Carta para solicitar VCBH Establecer un presupuesto BHAB - **ACCIÓN**
 - B. Presentaciones Futuras
 - C. Reconocimientos futuros
- XII. Desarrollar la Agenda para la Junta General - Discusión
 - a. *Nuevo negocio*
 - 1. *Informe Anual BHAB año fiscal 2018-19 Presentación a la Junta de Supervisores el 5 de mayo*
 - 2. *Envíos de comentarios públicos por escrito para las actas*
 - 3. *Actualización de VCBH y BHAB Housing Workgroup Meeting*
 - b. *Viejo negocio*
 - 1. *Carta para solicitar VCBH Establecer un presupuesto BHAB - ACCIÓN*
- XIII. Comentarios públicos
- XIV. Aplazar

Próxima reunión: lunes 13 de abril de 2020

Los miembros del público que realizan presentaciones orales ante la Junta en relación con uno o más puntos del orden del día o no incluidos en el orden del día en una sola reunión están limitados a un tiempo total acumulado que no exceda de cinco (5) minutos para todas sus presentaciones orales en dicha reunión. Ninguno de los miembros del público que se indique lo contrario. El período completo de comentarios públicos está limitado a no más de (20) minutos en total para todos los oradores. NOTA: El Presidente puede limitar el número o la duración de los oradores en un asunto. En cumplimiento de la Ley de Estadounidenses con Discapacidades, si necesita asistencia especial para participar en esta reunión, comuníquese con: Behavioral Health Administration, al (805) 981-6830. La notificación anticipada razonable de la necesidad de acomodación antes de la reunión (es preferible un aviso con 48 horas de anticipación) nos permitirá hacer arreglos razonables para garantizar la accesibilidad a esta reunión.



COUNTY OF VENTURA
Behavioral Health Advisory Board

**Highlights of the
Behavioral Health Advisory Board
ANNUAL REPORT Fiscal Year 2018-19**

Janis Gardner, Chair
March 5th, 2020

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BHAB Commitment and Motivation

The heights by great men reached and kept
Were not attained by sudden flight,
But they, while their companions slept,
Were toiling upward in the night.

Henry Wadsworth Longfellow
(The Ladder of St. Augustine)

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Committed to Serving The Community

Introduction

BHAB members consider their work and their appointments seriously. The BHAB is comprised of members of the Ventura County community who are appointed by their district County Supervisor.

The BHAB has four committees whose job it is to address issues related to age-specific populations, to collect information and data, and then make recommendations to the BHAB. The committees arrange for regular presentations from contractors, providers, stakeholders and the community-at-large. The committees also assess services provided in the county to these populations and identify gaps in services or programs that may be lacking and need to be addressed or improved.

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Behavioral Health Advisory Board Committees- Defining Measurable Objectives

- * **Adult Services Committee** - This committee focuses on the full continuum of care that supports the wellness and recovery of individuals with mental health and substance use disorder issues, including community supports.
- * **Transitional Aged Youth Committee (TAY)** - This committee advocates for the mental health, wellness and recovery of youth and young adults ages 16 to 25, including community supports, with the goal of empowering TAY to become healthy and productive adults.
- * **Youth and Family Committee** - This committee serves youth through age 18 by advocating for mental health and/or substance use disorders, including community supports and housing.
- * **Prevention Committee** - This committee advocates for greater community awareness of Behavioral Health risk factors for individuals with mental illness and substance use disorders, with the primary focus on preventing the onset and exacerbation of behavioral health disorders.
- * Current committee participants include BHAB members, consumers, VCBH contract providers, family members, community-based service representatives, consumers, and VCBH staff. Committees are open to all stakeholders, consumers and the community-at-large.

THE ADULT COMMITTEE

**Nancy Borchard and Gane Brooking, Co-Chairs
Supervisor Long**

- * Advocated for the opening of the Crisis Stabilization Unit (CSU), which opened in April, 2019.
- * Had a dialogue with a local community hospital regarding the opening of a private CSU.
- * Advocates for the development of a Request for Proposal (RFP) for services for the older adult population.
- * Advocates for increased housing for clients and identified high risk needs and followed up by gathering information.

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THE TAY COMMITTEE

**Margaret Cortese, Chair
Supervisor Zaragoza**

- * Increased employment opportunities for the TAY population through PathPoint and the Department of Rehabilitation.
- * Increased community outreach with Interface. Have increased its street outreach through Continuum of Care (CoC) funding and with Pacific Clinics TAY Tunnel.
- * Advocates for Logrando Bienestar outreach to schools.
- * Provides regular updates on the work of the committee to the Behavioral Health Advisory Board.

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THE YOUTH AND FAMILY COMMITTEE

Denise Nielsen, Chair
Supervisor Huber

- * Committee receives regular updates on the Continuum of Care Reform (CCR), its successes and challenges.
- * Created innovative strategies to learn about parents/caregivers' needs and concerns.
- * Maintains the availability of relevant materials on the Ventura County Behavioral Health's Wellnesseveryday/saludsiempre website.
- * Continues to oversee the development of the family resource app.

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THE PREVENTION COMMITTEE

Janis Gardner, Chair
Supervisor Long

- * Added numerous new stakeholders, a Chief Of Police, community participants, contractors and providers from various entities throughout Ventura County. These new members have proved to be valued members of the committee and the community-at-large.
- * Supported, collaborated and advocated for information on topics within the scope of Cannabis Education and Awareness for Youth, MHSA, Mental Health Prevention, Early Intervention, Alcohol and Drug Substance Abuse concerns, Mental Illness, Opioid Use, Youth E-Cigarette usage, Suicide Prevention and Vaping.

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BHAB COLLABORATIONS, ADVOCACIES AND ACCOMPLISHMENTS

BHAB members and BHAB committees are proud of their collaborations, achievements, activities and advocacies in which they have been involved, both individually and collectively. BHAB members have supported and advocated for countless Mental Health and Substance Use programs within Ventura County and with the Behavioral Health Department that have been successfully implemented. We hold in the highest regard the strong relationships and collaboration we have garnered with the VCBH Director and other county agencies and related departments.

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- * Advocated for and supported the Children's CSU, the Mental Health Rehabilitation Center (MHRC) and the Adult Crisis Stabilization Unit (CSU), which opened in April 2019;
- * VCBH and BHAB members provided support to the community following the Borderline shooting and Woolsey Fire;
- * Collaborative efforts with VCBH on Mental Health and Substance Use issues in addition to the Public Health Department on vaping and flavored vape products;
- * Formed a Legislative workgroup to keep track of pertinent Mental Health and Substance Use legislative bills and laws;
- * Advocated, supported and participated in the Growing Works nursery;

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- * Advocated for the development of an eating disorders program within the VCBH Youth & Family clinics;
- * Advocated for the continuum of crisis care to be strengthened;
- * Collaborative efforts with VCBH, the Crisis Intervention Team staff, the Ventura County Sheriff's Department, Crisis Intervention Team (CIT), MHSA staff, the Assisted Outpatient Treatment/Laura's Law staff; Public Health and others;
- * Advocated for additional CSU and IPU beds and chairs;
- * Supported and collaborated with VCBH in helping to prevent the onset of substance use and mental illness amongst multi-generational populations.

- * Created Action Plans for Older Adults, outpatient services, inpatient services and education, pediatric and adult psychiatric beds, education and awareness for youth, housing options for Transitional Aged Youth, Older Adults and the Homeless population;
- * Dispatched a letter to the Board of Supervisors regarding the Institution for Mental Diseases (IMD) Exclusion Waiver;
- * Supported VCBH Prevention Services youth cannabis and vaping efforts;
- * Attended and participated annually in the National Rx and Heroin Convention;
- * Established a Lanterman, Petris, Short (LPS) Workgroup.

Next Steps

- * Continue to be persistent in BHAB's efforts to identify behavioral health needs within the county.
- * Continue to seek opportunities for service and improvement.
- * Maintain close collaboration with VCBH, county agencies and community partnerships.
- * Continue to advocate for the community's needs and provide help and hope for a better tomorrow.



Ventura County Behavioral Health Advisory Board

March 9, 2020

DRAFT

Members:

Claudia Armann
Jamie Banker
Ratan Bhavnani, 1st Vice Chair
Nancy Borchard
Gane Brooking, 2nd Vice Chair
Kevin Clerici
Margaret Cortese
Cmdr. James Fryhoff
Monique Garcia
Janis Gardner, Chair
Mary Haffner
Jerry Harris, Chair Emeritus
Patricia Mowlavi
Denise Nielsen
Supervisor Linda Parks
Gina Petrus, Secretary
Joe S. Ramirez
Michael Rodriguez
Carol Thomas, Member At Large
Marlen Torres
Sheri Valley

Board of Supervisors
County of Ventura
800 South Victoria Avenue
Ventura, CA 93009

Subject: Request that a budget be established to enable the Behavioral Health Advisory Board and its members to pursue its duties.

Recommendations:

1. Approve and authorize a budget for the Behavioral Health Advisory Board (BHAB), for FY 2020-21.
2. Approve and authorize Ventura County Behavioral Health to administer the BHAB budget.

Discussion:

The California Welfare & Institutions Code (WIC) has been updated to allow for funding related to behavioral health boards and commissions. WIC 5604.3 now reads:

- (a) The Board of Supervisors may pay from any available funds the actual and necessary expenses of the members of the Mental Health Board of a Community mental health services incurred incident for the performance of their official duties and functions. The expenses may include travel, lodging, child care and meals for the members of an advisory board while on official business as approved by the director of mental health programs.
- (b) Governing bodies are encouraged to provide a budget for the local mental health board, using MHSA Program Planning and Administrative revenues identified in WIC 5604.3, that is sufficient to facilitate the purpose, duties, and responsibilities of the local mental health board."

The California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) supports the establishment of budgets for local Behavioral Health Boards and Commissions and recommends these expenses be allocated from MHSA Community Program Planning (CPP) funding, total not to exceed 5 percent of MHSA annual revenue.

Dr. Sevet Johnson, Director
Ventura County Behavioral Health

Address:
1911 Williams Drive, Suite 200
Oxnard, CA 93036
Phone: 805-981-1115
Fax: 805-658-4512

We believe that the proposed budget is modest and will enable the BHAB to ensure that expenses of consumer members are covered as needed to attend meetings, cover child care if necessary, and enable consumer members to attend conferences for education enhancement purposes. In addition, it will provide funding to support BHAB members to attend conferences and meeting with other Behavioral Health Boards and Commissions to share information, gain information to enhance the performance of the BHAB, learn about programs in other counties that may have the potential to improve and enhance services in Ventura County, and to network with members of other boards and commissions.

The proposed budget request for FY 2020-21 is attached for your review. In the meantime, should you have any questions or require additional information, please let me know.

Janis Gardner
Chair, Behavioral Health Advisory Board

Ratan Bhavnani
First Vice Chair, Behavioral Health Advisory Board

cc: Dr. Sevet Johnson

Attachments:
Exhibit 1 – Budget

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Ventura County
Behavioral Health Advisory Board

BUDGET REQUEST BEHAVIORAL HEALTH ADVISORY BOARD FY 2020-21			
	ITEM	DESCRIPTION	AMOUNT
1	Registration Fees	Fees for BHAB members to attend relevant conferences. Average \$300 each, not to exceed 8 registrations per year.	\$2,400.00
2	Travel Expenses	Expenses to permit BHAB members to travel and attend conferences and meetings. To include travel, lodging and meals.	\$6,400.00
3	Food and Beverages	Light snacks and beverages as appropriate, to better engage community members at regular or special BHAB meetings.	\$1,200.00
	TOTAL BUDGET		\$10,000.00