

BEHAVIORAL HEALTH ADVISORY BOARD
Executive Committee Meeting
Monday, August 10, 2020, 1:00 – 2:30 PM
VIRTUAL MEETING VIA ZOOM

Zoom Participation

The following information referenced below and on page two of this Agenda is provided to you in support of your attending the upcoming BHAB Executive Committee Meeting via Zoom:

Join the zoom meeting in the following way:

Join Zoom Meeting: <https://us02web.zoom.us/j/81014411236?pwd=KzJwU2phdVlxZkt4akJjajUwVGRDQT09>
Meeting ID: 810 1441 1236
Password: 785009
Dial-in: 669-900-9128

AGENDA

- I. Call to Order
- II. Roll Call - Board Executive Committee Attendees
- III. Approval of the Agenda – **ACTION** (Roll Call)
- IV. Approval of the July 13, 2020 Minutes – **ACTION** (Roll Call)
- V. Welcome and Introductions
- VI. Public Comments (3 minutes per speaker)
- VII. Chair Comments and Announcements (3 min.)
- VIII. Director’s Updates – Dr. Sevet Johnson (10 min.)
- IX. Board Executive Committee Member Comments and Announcements
- X. Secretary’s Report – Mary Haffner (3 min.)
- XI. Old Business
 - A. Lanterman, Petris, Short (LPS) Reform Workgroup Report Update – Jerry Harris
 - B. Bylaws Amendments – Status Update – Dr. Sevet Johnson – **ACTION** (Roll Call)
 - C. MHSA and Performance Outcome Measures Workgroup – Update
- XII. New Business
 - A. Best Practice – Conduct – **ACTION** (Roll Call)
 - B. Mentor Program for New Members
 - C. Recognition Certificates – Dr. Gina Petrus, Dr. Jamie Banker, Monique Garcia
- XIII. Develop Agenda for Virtual General Meeting scheduled on August 17, 2020 at 1:00 PM
 1. *Old Business*
 1. *Lanterman, Petris, Short (LPS) Reform Workgroup Report – Jerry Harris*
 2. *Bylaws Amendments – Status Update – Dr. Sevet Johnson – **ACTION** (Roll Call)*
 3. *MHSA and Performance Outcome Measures Workgroup – Update*

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed five (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact: Behavioral Health Administration, at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

2. *New Business*

1. *Best Practice – Conduct – ACTION (Roll Call)*
2. *Mentor Program for New Members*
3. *Recognition Certificates – Dr. Gina Petrus, Dr. Jamie Banker, Monique Garcia*
4. *Review BHAB Mission, Vision and Objectives – Discussion – ACTION (Roll Call)*
5. *Develop Preliminary Plan for Fiscal Year 2019-20 Annual Report Preparation – Discussion – ACTION (Roll Call)*

3. *Future Presentations*

1. *Jail Based Competency Treatment Program at the Pre-Trial Detention Facility (PTDF) (August 17) – Commander Mike Hartmann (20 min.)*
2. *Ventura County Office of Education (VCOE) Prevention Services Coordination for Schools (August 17) – Dawn Anderson, VCOE Director of Comprehensive Health and Prevention Programs (20 min.)*
3. *Rancho Sierra Apartments Project to Build Housing for Homeless and Mentally Ill (No Place Like Home) (September 15) – Susan White Wood, VCBH Housing Manager, Derrick Wada, Senior Project Manager and Juliana Gallardo, Project Manager with Many Mansions (20 min.)*

XIV. Adjourn

Next Meeting: September 14, 2020

Zoom Participation Information - continued

Please note the following important information related to supporting your participation in the upcoming meeting:

1. The meeting will be recorded.
2. All participants are muted upon entry to minimize any unintended disruption of background sounds.
3. Zoom will initially start with a “**waiting room**” at the start of the meeting, you will be “admitted” into the waiting room.
4. During the Public Comments portion of the agenda, participants will be unmuted and able to comment for up to 3 minutes. Comments can be shared in the following ways:
 - a. If you are joining the meeting via video/audio, you join the comment cue by clicking on the participant window at the bottom of the zoom screen and then click on the “**raise hand**” feature in that participant window.
 - b. If you are joining the meeting by telephone only, you join the comment cue by pressing *9.
5. Comments will be taken in the order they are received and are allotted 3 minutes. At the end of the three minutes, you will be notified that the time has ended, be able to make a closing comment and then the mic will be opened to the next person.

CONDUCT

In addition to following the Brown Act, and abiding by adopted meeting rules (e.g. Roberts Rules), the following guidelines are provided to help local mental health boards (MHBs) function as effective advisory bodies.

A. Conduct Agreement – A listing can be printed on agendas and/or read at the beginning of each meeting. The following list is an example:

1. Active Listening
2. Focus on Issues
3. Person-First Language (see below)
4. No Swearing
5. No Personal Attacks or Criticism (of self or others)
6. One person speaks at a time—no side bars
7. Keep comments short if possible—do not monopolize discussion
8. Limit the Use of Acronyms—“When in doubt, spell it out.”
9. Turn Off or Silence Cell Phones

B. Person-First Language

When talking about people with mental illness, it is important to be mindful and use "person-first language". MHB members should set an example and lead the way in using terminology when speaking or writing that is positive and reflective of the person first.

Generic phrases such as "the mentally ill" or "psychologically disturbed" are not appropriate since they convey a lack of appreciation for and depersonalize the individual. These terms communicate and reinforce the discriminatory notion of a special and separate group that is fundamentally unlike the rest of "us."

The use of person-first language such as "a person with schizophrenia," "an individual with bipolar disorder," or "people with mental illnesses," communicates first that they are people and second that they have a disability. Use of person-first language, although sometimes awkward, is important and requires that we be mindful of what we present to the public.

Language to Avoid

• Mentally defective or disturbed • Mentally ill • Mentally or emotionally handicapped • Crazy, nuts, etc. • Emotionally challenged • Differently-abled • Victim or sufferer

Person-First Language:

• Person with a psychiatric or psychological disability • Person with schizophrenia • Person with a mental illness • Person with bipolar disorder • Individual living with mental illness

C. Unconscious Bias **Training:** www.calbhbc.org/training

- Avoid Micro-Aggressions (Inequalities): Comments or actions that are subtly and often unintentionally hostile or demeaning to a member of a minority or marginalized group. (Such as looking at your cell phone while someone is speaking.)
- Be intentional about treating everyone with dignity and respect. (The Public, Speakers, MHB Members, Staff, Contractors, etc.)