

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
MINUTES**

June 16, 2014

NEXT MEETING:

**Monday July 21, 2014
1:00 PM- 3:30 PM**

Ventura County Behavioral Health Administration
1911 Williams Drive ♦ Oxnard, CA 93036
Training Room

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

June 16, 2014 Meeting Attendance Roster

Members Present:

Karyn Bates
René Beauchesne, LCSW
Nancy Borchard
David Holmboe
Janis Gardner
Jerry Harris
Irene Mellick, LCSW
Denise Nielsen
McKian Nielsen
Anita Ranade
Carol Thomas

Members Absent:

Patrick Kelley
Kate Mills
Linda Parks, Supervisor
Dr. Irene Pinkard
Beverly Wisotsky, LMFT
Kiran Sahota
Sandra Wolfe

VCBH Administration Staff Present:

Daniel Hicks
Meredyth Leafman, LCSW
Celia Woods, MD
Patrick Zarate
Anna Ware

ADP Manager
BH Manager Youth & Family
Adult Medical Director
ADP/DUI Division Manager
MA, BHAB

VCMC Staff Present:

Beverly Weatherford, R.N.
Dan Powell

A & R

Others Present:

Mary Allport
Gane Brooking
Lucrecia Campos Juarez
Stephanie Cervantes
Marika Collins
Laura Flores, MFT
Valerie Flores
Jennifer Gomez
Maria Hernandez
Jennifer Hinklel
David Kerrigan, LCSW
Mary Kerrigan
Kayden Kim
Linda Oksner
Laura Pancake
Omari Pryor
Joseph Rodriguez
Gloria Ruiz
Jesse Anthony Villanueva
Liz Warren
Nicoleta Weeks

Clinicas del Camino Real

Turning Point

Pacific Clinics
CEDC
RI

VCOE
VSO
Pacific Clinics

CEDC

Client Network
CFMG

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTION	RESPONSIBLE
I.	BHAB Call to Order		
	Mr. Holmboe called the meeting to order at 1:11 PM.		
II.	Approval of the Agenda (Action)		
	The June 16, 2014 agenda was approved with an amendment proposed and approved to add two items of business to Section X., New Business, B) MH Contract Review (Action), 2. Board Agenda-June 24, 2014, items: a) Physician Agreements, b) FY 2014-15 Mental Health Services Act (MHSA) Agreements.	The agenda was approved with the amendment noted. M/S/C.	
III.	Approval of the April 21, 2014 Minutes (Action)		
	The minutes of May 19, 2014 were approved as written.	The minutes were approved. M/S/C.	
IV.	Welcome and Introductions		
	Mr. Holmboe welcomed the board; introductions were completed around the table.	Information.	
V.	Recognition Awards		
	<p>A) Mr. Holmboe invited Gabriel Teran, Project Specialist; Comprehensive Health & Prevention Programs, Ventura County Office of Education to present a brief overview of the project completed by the youth participants of the Paseo Santa Clara Chapter of the Ventura County Friday Night Live Program. The chapter members with the support of their adult advisors initiated a Community Assessment to evaluate posted alcohol and tobacco advertising in their community to measure merchant compliance with the Lee Law. The youth engaged retailers and local authorities in a dialogue to discuss community concerns and the purpose of the Lee Law. Retailers were educated on their role to promote community health and safety through responsible advertising and merchandising practices to reduce crime.</p> <ol style="list-style-type: none"> 1. Mr. Holmboe presented certificates of commendation in recognition of the leadership and social responsibility demonstrated by: Stephanie Cervantes, Safire Durazo, Yessica Nuñez, Marco Ramirez, Gloria Ruiz and Jesse Villanueva as youth leaders of the Friday Night Live Program to address community issues through advocacy and social engagement. 2. Mr. Holmboe presented certificates of commendation in recognition of the hard work and dedication of Maria Hernandez and Joseph Rodriguez in their role as adult advisors to promote the development of engaged and empowered youth leaders in Ventura County through mentorship and participation in the Friday Night Live Program. <ol style="list-style-type: none"> a) Members of the board and the department recognized the leadership and commitment of the individual members recognized in their project to address areas of concern within the community. 		
VI.	Chair Announcements		
	<p>A) Mr. Holmboe announced that a photographer is in attendance at the meeting to take a few photos to update the BHAB board brochure and website. Board members and individuals photographed will be asked to complete a talent release to allow the use of their image.</p> <p>B) Mr. Holmboe reminded members that as individuals in the community they are not empowered to speak on behalf of the board unless authorized by vote. Committee chairs were advised that documents and letters developed in committee should be submitted to the Executive Committee or to the full board for review and approval prior to public distribution to ensure that the documents are aligned with the BHAB goals.</p> <p>C) Mr. Holmboe announced that the board will have a role in the review and recommendation of candidate's to the Board of Supervisors (BOS) for the BHD Director position.</p> <p>D) Mr. Holmboe announced that the 2014 Data Notebook committee will present the completed submission to the board for review and approval at an upcoming meeting.</p> <p>E) Mr. Holmboe announced that the workgroup formed to gather information on Laura's Law and implementation efforts in other regions will compile the information for evaluation by a committee comprised of stakeholders and representatives of partner agencies in the coming months who will review Laura's Law evaluate its possible implementation in Ventura County.</p>	Information	
VII.	Public Comments		
	Mr. Miller presented a comment to the board urging the review and use of non-traditional complementary treatments to address common mental health conditions. He presented	Information	

	comments and a testimonial flier in support of nutritional supplements and flotation therapy as two treatments for consideration.		
VIII.	Time Certain Presentation Peer Services Within the Continuum of Care—1:40 PM		
	<p>Ms. Leafman provided a brief introduction of the three providers present to describe BHD contracted peer services within the continuum of care.</p> <p>A) Recovery Innovations (RI) Dr. Jennifer Hinkel, Vice President, presented on the mission and vision of RI which is supported through recovery education and peer training. RI trained Peer Support Specialists (PSS) and Recovery Coaches (RC) have provided support for clients served at twelve locations throughout the county.</p> <ol style="list-style-type: none"> 1. Beginning June 30, 2014 Recovery Coaches will replace Peer Support Specialists to support clients, collaborate with treatment teams/community based services and lead classes; drawing on increased clinical support skills and knowledge. 2. In FY 2014-15 Peer Workforce development training will continue; Recovery Coaches will provide treatment team and community based support, Recovery Specialists will be placed on RISE Grant teams to provide support services. Pool positions will be added to cover vacations and leaves as needed. <p>B) Turning Point Foundation (TPF) Laura Flores, MFT and Program Manager presented on employment training and work opportunities for individuals with lived experience within TPF programs; beginning with volunteer work to coordinate activities and facilitate groups.</p> <ol style="list-style-type: none"> 1. Three Peer Support Trainees are employed to relieve regularly scheduled staff for vacations, workshops and leave. Trainees attend scheduled TPF trainings, staff meetings and workshops; WRAP and PET trainings are provided to build skills. 2. Eleven Peer Support Specialists (PSS) are employed at the Oxnard Clubhouse, the New Vision Program, the Wellness Centers and the Quality of Life Programs to provide a peer perspective within the clinical team, lead groups, and coordinate activities and as a resource for one to one peer support. 3. PSS staff, trainees and volunteers are supervised by a Lead Peer Support Specialist who oversees outreach activities, program calendars and events working closely with two Program Managers who have lived experience. <p>C) Pacific Clinics (PC) Laura Pancake, LCSW and Corporate Director presented on PC guidelines to integrate individuals with lived experience into paid staff positions. Individuals with lived experience are employed at all levels providing support serves, case management services and clinical services.</p> <ol style="list-style-type: none"> 1. Ms. Pancake reported that the organizations guiding principles are to provide training and mentoring opportunities to facilitate the professional growth and development of staff with lived experience. The educational goals of staff are supported through free trainings sponsored by PC, employment training for careers in Mental Health coordinated through Pasadena City College, and scholarships and programs to support higher education. 2. The PC Career Lattice supports the employment of individuals with lived experience in a variety of roles within the organization from peer partner through to administrative positions and clinical licensed position's. 3. Ms. Gomez, Program Manager of the TAY Tunnel described the training and mentoring provided to staff to expand their competency as advocates and public presenters. In addition, TAY Tunnel staffs at all levels participate at both the local and state level; sitting on a range of boards and commissions. <ol style="list-style-type: none"> a. Board members discussed peer support and employment training. 	Information.	
IX.	Directors Report		
	The Directors Report was deferred.	Information	
X.	New Business		
	<p>A) ADP Contracts Review Mr. Zarate provided a summary of the ADP contracts submitted to the Board of Supervisors for their approval.</p> <ol style="list-style-type: none"> 1. Board Agenda—June 24, 2014 <ol style="list-style-type: none"> a) FY 2014-15 ADP Prevention Agreements 	Information.	

	<p>B) MH Contracts Review (Action) Mr. Zarate provided a summary of the MH contracts submitted to the Board of Supervisors for their approval.</p> <ol style="list-style-type: none"> 1. Board Agenda—June 17, 2014 <ol style="list-style-type: none"> a) Physician Amendment b) Special Education Local Plan Area (SELPA) Memorandum of Understanding 2. Board Agenda—June 24, 2014 <ol style="list-style-type: none"> a) Physician Agreements 3. Board Agenda—July 15, 2014 <ol style="list-style-type: none"> a) FY 2014-15 Mental Health Services Act (MHSA) Agreements <p>A motion was made and seconded to approve the mental health contracts as submitted.</p>	<p>The board approved the MH contracts as submitted. M/S/C.</p>	
XI.	Committee Reports		
	<p>A) Adult & Older Adult Committee Ms. Bates and Mrs. Borchard presented a brief summary of the Adult Committee’s consideration of goals for adoption</p> <ul style="list-style-type: none"> • Increased housing resources within the county to reduce out of county placements, including housing for individuals with co-occurring disorders. • Review of the process for transitioning clients from program to program and from crisis to crisis. The committee shared highlights a report of the number of individuals diagnosed with mental illness housed in out of county placements and within the jails. <ol style="list-style-type: none"> 1. A draft of the Adult Safety Plan developed in committee was passed out for review by the chairs and will be produced in English and Spanish following committee approval as a resource for the community. 2. The Older Adult Committee has collaborated on the development of Health Navigation services to address the healthcare needs of seniors. A collaboration of TAY Youth and the Area Agency on Aging will work together on a gardening project to increase empathy and understanding across the age spectrum. <p>B) TAY Committee Mr. Nielsen presented highlights of the TAY Committee meetings Recent presentations received by the committee include</p> <ul style="list-style-type: none"> • TAY Tunnel Services to address basic needs and develop employment skills were demonstrated through a short film presentation and talk. • Casa Pacifica’s Independent Living Program and Transitional Housing Program for foster youth ages 16-18 years of age. Health care services, scholarship help for college and family location assistance are available. • VCBH Website Resources for TAY were discussed in committee. • Transitions Seeking Safety Program, an evidence based treatment to support the development of coping skills to address symptoms of PTSD and substance abuse. The program content is reviewed weekly in 25 modules to move through three stages titled: Safety, Mourning and Reconnection. <p>Mr. Nielsen announced that the committee will be dark in June and August.</p> <p>C) Youth & Family Committee Ms. Nielsen announced the recent activities of the Youth & Family Committee.</p> <ol style="list-style-type: none"> 1. The Children’s Safety Plan has been completed in English & Spanish, for distribution in the resource packet and on the web. Copies were distributed accompanied by an updated fact sheet on Residential Care Options for youth. 2. Dr. Landon interviewed Ms. Nielsen on Get Moving TV to discuss the Children’s Safety Plan, the link to the recorded interview on YouTube and supporting information has been sent to pediatricians and primary care physicians across the county. 3. The committee received informative presentations on Family Finding services provided by Aspiranet. The CITY Program (Coaching Independence in Transitional Youth) which supports the development of life skills for employment, educational attainment, vocational training, independent living and personal skills for youth ages 16-25 was presented by Casa Pacifica. 4. Southwest Key has established temporary emergency housing for up to 570 unaccompanied immigrant youth between the ages of 13-17 at the Navy Base. 		
XII.	Board Member Comments & Announcements		
	A) The board adjourned for five minutes to take a group photo for the board webpage and		

	brochure under development. B) Ms. Bates announced the upcoming WRAP graduation scheduled on June 26, from 11:00-1:00. C) Ms. Borchard commented on crisis care and assessment services provided at the IPU. D) Ms. Gardner commented on the prevalence of marijuana use and the impact of use on the adolescent brain, distributing the <i>2014 Report on Marijuana Use in Ventura County</i> and additional resources on Marijuana Use and Drugged Driving produced in partnership through the Alcohol & Drug Program.		
XIII.	Adjourn		
	The meeting adjourned at 3:35 PM.	Next meeting: July 21, 2014	

Behavioral Health Advisory Board Meeting Attendance 2014

District	Member	January	February	March	April	May	June
District 1 Sup. Bennett	Karyn Bates	X	X	X	X		X
	VACANT						
	Kate Mills	X	X	X	X	X	
	Kirin Sahota	X	X	X	X	X	
District 2 Sup. Parks	Janis Gardner	X	X	X		X	X
	Irene Mellick, LCSW	X	X	X	X	X	X
	Carol Thomas		X	X	X	X	X
	VACANT						
District 3 Sup. Long	Nancy Borchard	X	X	X			X
	David Holmboe	X		X	X	X	X
	Patrick Kelley						
	VACANT						
District 4 Sup. Foy	Jerry Harris	X	X	X	X	X	X
	Denise Nielsen	X	X	X	X		X
	McKian Nielsen			X		X	X
	Anita Ranade	X	X	X	X	X	X
District 5 Sup. Zaragoza	René Beauchesne, LCSW	X	X	X	X		X
	VACANT						
	Dr. Irene Pinkard	X		X	X		
	Sandra Wolfe	X	X	X			
Gov. Body	Linda Parks, Supervisor	X		X	X	X	

Present = X