

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
MINUTES**

January 26, 2015

NEXT MEETING:

**Monday February 23, 2015
1:00 PM- 3:30 PM**

Ventura County Behavioral Health Administration
1911 Williams Drive, Suite 200 ♦ Oxnard, CA 93036
Training Room

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

January 26, 2015 Meeting Attendance Roster

Members Present:

David Holmboe, Chair
Karyn Bates
René Beauchesne, LCSW
Nancy Borchard
Janis Gardner
Monique Garcia
Jerry Harris
Denise Nielsen
McKian Nielsen
Kiran Sahota
Sandra Wolfe
John Zaragoza, Supervisor

Members Absent:

Irene Mellick, LCSW
Kate Mills
Dr. Irene Pinkard
Anita Ranade
Carol Thomas
Beverly Wisotsky, LMFT

VCBH Administration Staff Present:

Elaine Crandall	Director
Elaine Augustine	Chief Operating Officer
Anna Flores	Manager, Alcohol & Drug Programs
Daniel Hicks	Manager, Alcohol & Drug Prevention Services
Sal Manzo	Office of Health Equity Programs
Kathy Mulford	Manager, DUI Programs
Anna Ware	MA, BHAB

HCA Staff Present:

Meloney Roy, LCSW	Chief Deputy Director
Daniel Powell	Operations Manager, IPU
Beverly Weatherford, RN	A&R
Dr. Joseph Vlaskovits, MD	IPU

Others Present:

Hannah Abitia	United Parents
Ratan Bhavnani	NAMI
Lucrecia Campos-Juarez	Clinicas de Camino Real
Jen Gomez	TAY Tunnel
Angela Gonzalez	United Parents
Chuck Kairys	Anka Behavioral Health
Jason Meek	Turning Point Foundation
Debbie Pastor	Aspiria
Regina Poynter	Client Network
Omari Pryor	Aurora Behavioral Health
Elizabeth Rice	NAMI
Liz Warren	Client Network

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTION	RESPONSIBLE
I.	BHAB Call to Order		
	Mr. Holmboe called the meeting to order at 1:09 PM.		
II.	Approval of the Agenda (Action)		
	The January 26, 2015 agenda was approved as written.	The agenda was approved. M/S/C.	
III.	Approval of the December 15, 2014 Minutes (Action)		
	The minutes were approved as written.	The minutes were approved. M/S/C.	
IV.	Welcome and Introductions		
	Mr. Holmboe welcomed the board; introductions were completed around the table.	Information.	
V.	Recognition Award		
	<p>A) Mr. Holmboe presented a Certificate of Commendation to Elizabeth Rice in recognition of her outstanding service to Transitional Age Youth; known as "TAY," commenting that Ms. Rice has served as a strong advocate for youth; particularly those who struggle with substance abuse disorders, mental health challenges and the criminal justice system. Ms. Rice has represented the needs of TAY and their families through her participation in the development and launch of the local Mental Health Services Act Programs. She has continued to advocate for TAY and their families through her participation and involvement as a member of the Community Leadership Committee, the Prevention & Early Intervention Committee and the Behavioral Health Advisory Board's TAY Committee. Ms. Rice is well respected for her leadership to engage the parents of TAY in education and parenting groups to promote improved understanding and support of their child. The Behavioral Health Advisory Board of Ventura County honors Elizabeth Rice for her hard work, vision and dedication to support the development and growth of programs to serve TAY; their families and caregivers in Ventura County.</p> <ol style="list-style-type: none"> 1. Ms. Borchard recognized Ms. Rice for her dedication to support youth and families. 2. Ms. Bates complemented Ms. Rice for her service to youth and participation in the stakeholder process to develop the local MHSA programs and services. 3. Mr. Bhavnani complemented Ms. Rice for her participation and support in NAMI meetings and services to families and individuals diagnosed with a mental health condition. 4. Ms. Rice commented that though her involvement in the MHB, the BHAB, NAMI and the MHSA stakeholder process she had an opportunity to have a voice in the development, delivery and assessment of services to address the needs of the community. 		
VI.	Chair Announcements		
	<p>A) Children experiencing a mental health crisis will continue to be served in the IPU until ground is broken for the new Psychiatric Emergency Service at VCMC. The department and the board will discuss future plans to meet the treatment needs of children in crisis.</p> <p>B) Mr. Holmboe announced that the Latino Disparities Committee continues to meet to evaluate the needs and services available to traditionally underserved people in the cities of Oxnard & Santa Paula.</p> <p>C) The Laura's Law Workgroup continues to meet. The next meeting will be held on Wednesday January 28th at noon at BHD Administration.</p> <p>D) The April General Board meeting will be an outreach community meeting held in the Santa Paula Region. Efforts are underway to identify a host site for an evening board meeting to provide information on BHD facilitated programs and services.</p>		
VII.	Public Comments		
	<p>A) Ms. Bates announced that the Client Network will host the NAMI Program, "In Our Own Voice" a free, educational presentation featuring speakers who will share their lived experience to increase understanding, promote awareness and reduce stigma on Friday, February 13, 2015 in the Training Room at VCBH Administration from 10:30 AM to 12:00 PM.</p> <p>B) Ms. Nielsen commented on the lack of adequate placements for children who require treatment for a mental health crisis; she announced that a taskforce has been established by the BOS to assess and review existing services and develop a recommendation to</p>	Information	

	<p>provide crisis care for children locally. Due to a lack of appropriate treatment beds, young children are often transported several hours by ambulance out of county and away from their family. Representatives from Casa Pacifica, VCBH, HCA, VCOE, Juvenile Justice and members of the BHAB Youth & Family Committee are participating in those meetings to develop a recommendation.</p>		
VIII.	Time Certain Presentations—50 mins.		
	<p>A) VCMC In Patient Unit Quarterly Report—1:30 PM (30 mins.) Dan Powell, Joseph Vlaskovits, MD., Beverly Weatherford, RN.</p> <ol style="list-style-type: none"> 1. Mr. Powell presented an update of the Kaizen project to enhance patient comfort throughout treatment on the unit: <ol style="list-style-type: none"> a) Installation of four patient phones b) Seaside murals added to patient areas c) Expanded patient groups d) Increased clinical staff 2. Mr. Powell presented an update of administrative adaptations completed to increase quality of care and collaborations with outside agencies and partners: <ol style="list-style-type: none"> a) Family communication forms developed to ensure families can share vital information with treatment staff b) Improved phone system to manage and direct incoming calls c) Increased collaborations with law enforcement and local hospitals 3. Mr. Powell presented the IPU Quarterly Report: <ol style="list-style-type: none"> a) Total admissions for 2014 ranged from 120-150 per month b) Patient admissions during the fourth quarter ranged from 129-136; readmissions during the same period ranged from 9-4 c) Average length of stay during the fourth quarter was 5 days 4. Mr. Powell presented briefly on the services which will be provided by the Psychiatric Emergency Service (PES) under development at VCMC <ol style="list-style-type: none"> a) Triage of psychiatric disorders b) Limited medical screening, lab tests and treatment c) Intensive short term treatment d) Crisis stabilization of acute adult psychiatric patients e) Longer assessment period f) Provision of a “23 hour” bed <p>B) MHSA Three Year Plan Update and 30 Day Posting for Public Comment—2:00 PM (20 mins.) (Action) Ms. Roy presented the MHSA Three Year Plan Update for 2014/2015 through 2016/2017 describing draft updates to the plan approved by the Community Leadership Committee (CLC) and prepared for the 30 day public posting and comment. A hard copy draft of the report was provided for review.</p> <p>Ms. Roy explained that the CLC reviews MHSA components to identify unmet needs and gaps in the continuum of care, suggests programming and/ supports to resolve gaps and reviews recommendations from the component workgroups: Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Workforce Education and Training (WET), Capital Facilities /Information Technologies (Cap Fac) and Innovation Programs (INN).</p> <ol style="list-style-type: none"> 1. CLC recommendations were integrated into the plan presented to the Behavioral Health Advisory Board which coordinates public posting and stakeholder review of the plan. 2. An overview of the MHSA Plan Recommendations for the five year period was provided by component and discussed; <ol style="list-style-type: none"> a) Changes to Contractor and County Programs totaling \$2,863,000. b) Expenses for the Adult & TAY Wellness and Recovery Centers were transferred from CSS to PEI. c) Expansions to the Telecare Early Detection and Intervention Psychosis Program, and the Adult Wellness Center were announced. d) New Outreach and Engagement efforts through an expanded LGBT program. e) Ongoing county contributions to the CalMHSA fund for Statewide projects. f) The board members discussed the CLC recommendations for the MHSA Three Year Plan Update. 	<p>The DRAFT MHSA Three Year Plan Update was approved for 30 Day Posting and Public Comment when finalized by</p>	

	<ol style="list-style-type: none"> 1) A motion was made, seconded and approved to post the MHSA Three Year Plan Update for a 30 day public review and comment period. M/S/C 2) The BHAB will conduct a Public Hearing of the Plan at the conclusion of the posting and comment period in March. 3) The approved plan will be submitted to the BOS for approval and submission to the State. 	staff. M/S/C.	
IX.	Directors Report		
	<p>Ms. Crandall presented the Directors Report.</p> <p>A) Ms. Crandall announced the following trainings.</p> <ol style="list-style-type: none"> 1. VCBH has been awarded a \$750,000 grant through OSHPD to support our Psychiatric Mental Health Nurse Practitioner program over the next three years. 2. Free Mental Health First Aid (MHFA) training is available to anyone in the community interested in learning how to recognize and respond to the signs of mental illness and substance abuse. Trainings are scheduled on December 10-11, January 27-28 and February 25-26. <p>B) Ms. Crandall announced internal and external collaborations.</p> <ol style="list-style-type: none"> 1. The Benefits Program has continued to host the monthly SOAR meetings which provide a forum for staff from many programs and agencies servicing homeless individuals with mental illness to collaborate, problem solve and share resources to address the needs of the most difficult cases in the community. 2. The Ventura County Rx Abuse WorkGroup, chaired by ADP has facilitated the adoption of Safe Prescribing Guidelines across all Emergency Rooms in the Ventura County. Public and private ER's have signed on to a standard set of prescribing guidelines to help stem the problem of opiate based prescription drugs. A media event is planned at Los Robles Hospital later this week to announce the adopted guidelines to the public. 3. ADP Prevention through JAMS productions has launched its "How High, Ventura County?" website, designed to educate parents about the risks and realities posed by marijuana and its impact on the developing adolescent brain. Web, Facebook, YouTube and other media attention has been significant. 4. The assessment team at CWS has screened our highest number of referrals to date: 111! Thanks to the CWS and Calworks teams for their outstanding teamwork to facilitate the Katie A rollout and expansion of services. We've screened over 710 foster youth in 2014. 	Information	
X.	BHD Contracts Review		
	<p>A) ADP Contracts Review Ms. Crandall provided a summary of the ADP contracts submitted to the Board of Supervisors for their approval.</p> <ol style="list-style-type: none"> 1. Board Agenda—January 13, 2015 <ol style="list-style-type: none"> a) ADP Psychologist Supervision Agreement <p>B) MH Contracts Review (Action) Ms. Crandall provided a summary of the MH contracts submitted to the Board of Supervisors for their approval.</p> <ol style="list-style-type: none"> 1. Board Agenda—January 13, 2015 <ol style="list-style-type: none"> a) Youth and Family Physician Amendments b) Adult Physician Amendments 2. Board Agenda—February 3, 2015 <ol style="list-style-type: none"> a) Ventura county Office of Education (VCOE) Amendment 3. Board Agenda—February 10, 2015 <ol style="list-style-type: none"> a) Nurse Practitioner Grant Award b) Telecare Corporation (EDIPP) Amendment <p>A motion was made and seconded to approve the mental health contracts as submitted. The board voted to approve the contracts as submitted.</p>	<p>Information</p> <p>The board approved the MH contracts as submitted. M/S/C.</p>	
XI.	New Business		
	<p>A) BHAB Brochure (Action) The board reviewed two brochure drafts presented by Idea Engineering. Board members discussed the brochure text and proposed edits to correct the board mission statement, meeting location, contact names and contact details as needed for</p>	Information	

	accuracy. The BHD website address and a statement regarding the provision of interpretation services upon request to be added. A motion was made and seconded to approve the proposed BHAB brochure cover featuring word art as submitted with the edits specified. M/S/C.	The board approved the BHAB brochure with edits as specified. M/S/C.	
XI.	Board Member Comments & Announcements		
	<p>A) Mr. Holmboe requested updates from the committee chairs regarding each committee's progress to achieve their goals.</p> <p>B) An announcement of the First Annual Youth Point In Time (PIT) Count was made to urge participation in the census to quantify the number of youth between the ages of 12-24 who are without stable housing. Youth may complete surveys on January 27, 2015 between the hours of 2:00-6:00 PM at Interface Children & Family Services and the Pacific Clinics TAY Tunnel in Oxnard.</p> <p>C) Mr. Holmboe announced that the April 20, 2014 BHAB General meeting will be an evening outreach meeting in the city of Santa Paula.</p>	Information.	
XIII.	Adjourn		
	The meeting adjourned at 3:00 PM.	Next meeting: February 23, 2015	

Behavioral Health Advisory Board Meeting Attendance 2015

District	Member	Jan	Feb	Mar	Apr	May	Jun
District 1 Sup. Bennett	Karyn Bates	X					
	VACANT						
	Kate Mills						
	Kirin Sahota	X					
District 2 Sup. Parks	Janis Gardner	X					
	Irene Mellick, LCSW						
	Carol Thomas	X					
	Beverly Wisotsky, LMFT	X					
District 3 Sup. Long	Nancy Borchard	X					
	David Holmboe	X					
	VACANT						
	VACANT						
District 4 Sup. Foy	Jerry Harris	X					
	Denise Nielsen	X					
	McKian Nielsen	X					
	Anita Ranade						
District 5	René Beauchesne, LCSW	X					
Sup. Zaragoza	Monique Garcia	X					
	Dr. Irene Pinkard	X					
	Sandra Wolfe	X					
Gov. Body	John Zaragoza, Supervisor	X					

Present = **X**