

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
MINUTES**

November 17, 2014

NEXT MEETING:

**Monday December 15, 2014
1:00 PM- 3:30 PM**

Ventura County Behavioral Health Administration
1911 Williams Drive ♦ Oxnard, CA 93036
Training Room

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

November 17, 2014 Meeting Attendance Roster

Members Present:

David Holmboe, Chair
Karyn Bates
Nancy Borchard
Janis Gardner
Jerry Harris
Irene Mellick, LCSW
Denise Nielsen
Dr. Irene Pinkard
Anita Ranade
Kiran Sahota
Carol Thomas
Beverly Wisotsky, LMFT

Members Absent:

René Beauchesne, LCSW
Monique Garcia
Kate Mills
McKian Nielsen
Sandra Wolfe
John Zaragoza, Supervisor

VCBH Administration Staff Present:

Meloney Roy, LCSW
Elaine Augustine
Pam Fisher, Psy.D.
Kim Graves
Susan Kelly, LMFT
Daniel Hicks
Salvador Manzo, LCSW
Deborah Thurber, MD
Celia Woods, MD
Anna Ware

Chief Deputy Director, HCA
Chief Operating Officer
Division Manager Adults
Behavioral Health Administrator
Division Manager Youth & Family
ADP Manager
Manager, Health Equity & Training
Youth & Family Medical Director
Adult Medical Director
MA, BHAB

VCMC Staff Present:

Daniel Powell, LMFT, BCBA
Beverly Weatherford, R.N.

Manager, IPU
A & R

Others Present:

Ratan Bhavnani
Lucrecia Campos-Juarez
Marika Collins
Jen Gomez
Ron Nelson
Omari Pryor
Liz Warren

NAMI
Clinicas de Camino Real
Casa Pacifica
TAY Tunnel
VCSD
Aurora Behavioral Health
Client Network

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTION	RESPONSIBLE
I.	BHAB Call to Order		
	Mr. Holmboe called the meeting to order at 1:09 PM.		
II.	Approval of the Agenda (Action)		
	The November 17, 2014 agenda was approved as written.	The agenda was approved. M/S/C.	
III.	Approval of the October 20, 2014 Minutes (Action)		
	The minutes were approved as written.	The minutes were approved. M/S/C.	
IV.	Welcome and Introductions		
	Mr. Holmboe welcomed the board, introductions were completed around the table.	Information.	
V.	Chair Announcements		
	A) Mr. Holmboe announced that the Mental Health Services Oversight & Accountability Commission hosted a Community Forum including community stakeholders, consumers, providers and family members in discussions on the MHSA Programs in Santa Barbara and Ventura County. Concerns regarding the allocation of services and penetration of services in underserved communities were noted in a report which was referenced but not distributed. The county and the MHSOAC will review and address to those concerns. Mr. Holmboe invited community members to share their concerns with the board and department to facilitate an open dialogue.		
VI.	Public Comments		
	A) Mr. Bhavnani announced that the NAMI Holiday Party will be held on Tuesday December 9 th at the Oxnard Elks Lodge from 5:00-8:00 PM. He invited members of the board to participate in the holiday dinner and celebration hosted for clients and families by NAMI Ventura County, VCBH and the Elks Lodge. B) Mr. Bhavnani addressed concerns raised by individuals at the MHSOAC who commented that minimal resources are allocated to meet the mental health needs of Latino clients. Mr. Bhavnani commented that multiple workgroups have been meeting for months to assess the needs of the Latino community and review resources to enhance service quality and cultural competency. Mr. Bhavnani related that a majority of clinics and services are located in areas that serve Latino clients. Mr. Bhavnani addressed a statement that NAMI services are not culturally competent, commenting that many classes and support groups are provided in Spanish and English. Mr. Bhavnani urged community members with concerns to engage in discussion at the local level.	Information	
VII.	Time Certain Presentations—30 mins.		
	A) “A Different Generation Gap, Marijuana and the Developing Brain”—1:30 PM Daniel Hicks, ADP Prevention Manager & Richard LaPerriere, ADP Treatment Mr. Hicks and Mr. LaPerriere presented on the potency and prevalence of marijuana use among adolescents and adults, described specific risks related to adolescent use, provided information on dependence and shared resources to learn more or access treatment services. <ol style="list-style-type: none"> 1. Impact of use on the executive functions of the brain was discussed; adverse impacts on learning and memory can last for days or weeks. 2. Common effects related to marijuana use described by Mr. Hicks included reduced attention, coordination, altered judgment and cognition; including reduced IQ, leading to an increased expression of high risk-behaviors. 3. Mental health effects associated with marijuana use include increased risk of anxiety, depression, suicidal thoughts, suicide attempts and psychotic symptoms in vulnerable users. Mr. LaPerriere reported that regular use of THC increases the risk of mental illness by 40%. 4. Dependency is a significant risk; 67% of youth seeking substance treatment report a marijuana dependency; 20% of all substance use treatment admissions are to address marijuana dependency. 5. Countywide 40% of 11th graders have smoked marijuana at least once, most report starting between 13-16 years of age. About 25% of youth report that they use marijuana regularly. Almost 40% of youth believe that more than 70% of their peers are using marijuana regularly. 6. Campaign messaging on the medical use of marijuana was discussed. 	Information	

	a) Board members participated in a discussion of local trends, treatment programs and demand for service.		
VIII.	Directors Report		
	<p>Ms. Roy presented the Directors Report.</p> <p>A) Ms. Roy announced the appointment of Elaine Crandall as the Behavioral Health Department Director to the board commenting that Ms. Crandall has served as a Deputy County Executive Officer, leading the county's initiative to streamline its operations to improve customer service, enhance efficiency and increase savings. Ms. Crandall has also served as a leader and executive manager in the private and public sector, managing programs which provided employment training, life skills training and opportunity for individuals in need.</p> <p>B) Ms. Roy expressed her thanks to the board, BHD staff, consumers, family members and the community she has known and worked with throughout her tenure first as a BHD clinician and then as the Director, commenting that it has been an honor and an enjoyable experience to work alongside them.</p> <p>C) Ms. Roy announced upcoming events and trainings. The Transitions Program hosted their sixth annual Dia de los Muertos Celebration on November 4, 2014. Clients constructed altars to honor loved ones or significant live events to share with peers and staff at an event that encouraged reflection and joy. Thank you to Vincent Franco, of administration who collaborated with the youth to develop a video of the altars that included the youth describing the meaning of their altars that was played during the event. Thank you to Gloria Ramirez and our Transitions staff who prepared and served delicious posole, pan dulce and hot chocolate.</p> <p>D) Ms. Roy announced department collaborations. Thank you to the community stakeholders, consumers, family members and contracted partners who came out in record numbers to participate in a symposium hosted by the Mental Health Services Oversight and Accountability Commission to discuss MHSA Programs in Santa Barbara and Ventura Counties on November 6, 2014 at the Crowne Plaza Hotel. Ms. Roy shared that the MHSOAC staff told her that they were impressed by the involvement and engagement of Ventura County residents who came out to participate in the Commission Meeting.</p>	Information	
IX.	BH Contracts Review		
	<p>A) ADP Contracts Review Ms. Roy provided a summary of the ADP contracts submitted to the Board of Supervisors for their approval.</p> <ol style="list-style-type: none"> 1. Board Agenda—December 2, 2014 <ol style="list-style-type: none"> a) Alcohol and Drug Programs (ADP) Standard Agreement <p>B) MH Contracts Review (Action) Ms. Roy provided a summary of the MH contracts submitted to the Board of Supervisors for their approval.</p> <ol style="list-style-type: none"> 1. Board Agenda—December 2, 2014 <ol style="list-style-type: none"> a) California Psychiatric Transitions, Incorporated (CPT) Amendment b) Physician Amendment <p>A motion was made and seconded to approve the mental health contracts as submitted.</p>	Information	The board approved the MH contracts as submitted. M/S/C.
X.	New Business		
	<p>A) Site Visit Reports Ms. Borchard presented activity schedules and the impressions of the board members who visited the adult board and cares who have participated in the Innovation Project. Ms. Borchard noted that board members observed a disparity in the condition and surroundings of one home over the other which they shared with the VCBH Manager of Housing. Ms. Borchard reported that in discussion with the residents she learned that many are not participating in the groups, she recommended increased outreach to residents to promote their engagement in the activities. Board members commented that residents appeared motivated to visit the Wellness Center and to participate in other activities coordinated by Turning Point.</p> <ol style="list-style-type: none"> 1. Board members discussed the Innovation Project, supports for residents of board and cares and the value of regular visits to assess residential programs contracted by the department. <p>B) Committee Updates Prevention Committee</p>	Information	

	<p>Ms. Gardner presented highlights of a written Prevention Committee Quarterly Report that was distributed to the board. Prevention Committee members participated in BHD coordinated trainings on treatments to support recovery from schizophrenia, addiction recovery treatment and supports, and mental health first aid skills to better support an individual in crisis. Committee members have participated in workgroups to assess community needs and evaluate BHD services and contracted services to refine the continuum of care between primary care and specialty mental health for Ventura County residents.</p> <ol style="list-style-type: none"> 1. Board Members discussed mental health and substance use prevention services and initiatives to increase community awareness of available treatments and supports. 		
XI.	Board Member Comments & Announcements		
	<p>A) Mr. Holmboe thanked Ms. Roy for her collaborative nature, transparent leadership and dedication to address the needs of the community.</p> <p>B) Mrs. Mellick and Ms. Gardner recognized Ms. Roy for her professionalism, genuine care and consideration for the wellbeing of the clients and the community.</p> <p>C) Ms. Sahota shared that the CIT Program staff participated in a forum in Kern County to help Kern revise their crisis response and service model to better support the needs of the community. At that forum, Ventura County NAMI, BHD & Sheriff's Department were recognized for promoting a culture of open community communication and leading to effective interagency collaboration.</p>		
XII.	Adjourn		
	The meeting adjourned at 3:28 PM.	Next meeting: December 15, 2014	

Behavioral Health Advisory Board Meeting Attendance 2014

District	Member	July	Aug	Sept	Oct	Nov	Dec
District 1 Sup. Bennett	Karyn Bates	X		X		X	
	VACANT						
	Kate Mills						
	Kirin Sahota	X		X		X	
District 2 Sup. Parks	Janis Gardner			X	X	X	
	Irene Mellick, LCSW	X		X	X	X	
	Carol Thomas	X			X	X	
	Beverly Wisotsky, LMFT	X		X	X	X	
District 3 Sup. Long	Nancy Borchard	X		X	X	X	
	David Holmboe	X			X	X	
	VACANT						
	VACANT						
District 4 Sup. Foy	Jerry Harris	X		X	X	X	
	Denise Nielsen			X	X	X	
	McKian Nielsen	X			X		
	Anita Ranade			X	X	X	
District 5	René Beauchesne, LCSW	X		X	X		
Sup. Zaragoza	Monique Garcia				X		
	Dr. Irene Pinkard	X		X	X	X	
	Sandra Wolfe			X	X		
Gov. Body	John Zaragoza, Supervisor				X		

Present = X