

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
MINUTES**

October 20, 2014

NEXT MEETING:

**Monday November 17, 2014
1:00 PM- 3:30 PM**

Ventura County Behavioral Health Administration
1911 Williams Drive ♦ Oxnard, CA 93036
Training Room

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

October 20, 2014 Meeting Attendance Roster

Members Present:

David Holmboe, Chair
René Beauchesne, LCSW
Nancy Borchard
Monique Garcia
Janis Gardner
Jerry Harris
Irene Mellick, LCSW
Denise Nielsen
McKian Nielsen
Dr. Irene Pinkard
Anita Ranade
Carol Thomas
Beverly Wisotsky, LMFT
Sandra Wolfe
John Zaragoza, Supervisor

Members Absent:

Karyn Bates
Kate Mills
Kiran Sahota

VCBH Administration Staff Present:

Elaine Augustine
Pam Fisher, Psy.D.
Kim Graves
Susan Kelly, LMFT
Salvador Manzo
Deborah Thurber, MD
Celia Woods, MD
Patrick Zarate
Anna Ware

Chief Operating Officer
Division Manager Adults
Behavioral Health Administrator
Division Manager Youth & Family
Manager, Health Equity & Training
Youth & Family Medical Director
Adult Medical Director
ADP/DUI Division Manager
MA, BHAB

VCMC Staff Present:

Daniel Powell, LMFT, BCBA
Dr. Joseph Vlaskovits, M.D.
Beverly Weatherford, R.N.

Manager, IPU
IPU
A & R

Others Present:

Ratan Bhavnani
Lucrecia Campos-Juarez
CJ Chimenti
Marika Collins
Tracy Gallaher
Jen Gomez
Dan Hicks
Ron Nelson
Omari Pryor
Liz Warren

NAMI
Clinicas de Camino Real

Casa Pacifica

Pacific Clinics
ADP
VCSD
Aurora Behavioral Health
Client Network

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTION	RESPONSIBLE
I.	BHAB Call to Order Mr. Holmboe called the meeting to order at 1:12 PM.		
II.	Approval of the Agenda (Action) The October 20, 2014 agenda was approved as written.	The agenda was approved. M/S/C.	
III.	Approval of the September 15, 2014 Minutes (Action) The minutes were approved as written.	The minutes were approved. M/S/C.	
IV.	Welcome and Introductions Mr. Holmboe welcomed the board and announced the appointment of two new members: Monique Garcia and Supervisor John Zaragoza. The new board members introduced themselves.	Information.	
V.	Chair Announcements A) Mr. Holmboe announced that a process improvement project was recently launched at the direction of the County CEO to review operating policies and procedures in place at the In-Patient Unit. A summary of initial findings was recently presented at a public meeting and also forwarded to members of the BHAB for their information. The chair will request a presentation on the project findings for the board at a later date. B) Two Ethics Training events have been coordinated by the CEO's Office for county residents appointed to boards and commissions; if you are in need of ethics training you may complete an online training at your convenience or an a training hosted by the CEO's Office. C) Mr. Holmboe announced that the Mental Health Services Oversight & Accountability Commission will be hosting a Community Forum on November 6 th at the Crown Plaza, Ventura Beach Hotel from 3:00-6:30 PM. Information tables to promote community mental health education and services will be staffed from 1:30-3:00 PM. Board members and stakeholders from the Ventura and Santa Barbara communities have been invited to attend. Please RSVP to mhsoac@mhsoac.ca.gov or via phone at (916) 445-8696. Transportation and interpretation services will be provided upon request.		
VI.	Public Comments Mr. Bhavnani announced that the VC Board of Supervisors issued a resolution presented to NAMI Ventura County in recognition of <i>Mental Health Awareness Week</i> on October 7, 2014. Mr. Bhavnani thanked VCBH staff, BHAB members and community advocates for their attendance in support of the resolution. Mr. Bhavnani announced the NAMI Ventura County Casino Night & Silent Auction honoring NAMI's <i>Mental Health Heroes</i> : Commander Linda Oksner, will be recognized as <i>Advocate of the Year</i> ; Turning Point Foundation, will be recognized as a <i>Distinguished Provider Organization</i> . The fundraiser will be held at the Las Posas Country Club in Camarillo on Saturday, October 25, 2014 from 6:00 PM-11:00 PM. Mr. Bhavnani invited all present to visit http://www.namiventura.org to learn more or purchase event tickets.	Information	
VII.	Time Certain Presentations—60 mins. A) IPU Quarterly Report—1:30 PM: Daniel Powell, VCMC Mr. Powell presented a brief overview of the services provided by the A & R and the IPU; described the target population for service; staff to patient ratios for each unit and provided a summary of client contacts, admissions and dispositions from April 2014 through September 2014. 1. A & R criteria for admission and referral sources were reviewed. 2. Ten months of data describing A & R client encounters, holds, admissions and dispositions was presented. An average of 134 clients was admitted over the ten month period reviewed. 3. IPU client populations were reviewed by presenting diagnosis. Treatment needs related to diagnosis were discussed. 4. Exclusions for admission were described: age related, developmental, substance intoxication and forensic exclusions were explained. Involuntary admissions exceed voluntary admissions for treatment. 5. Discharge planning processes to coordinate future treatment and medication management were reviewed.	Information	

	<p>6. An update was provided on the process to establish a Psychiatric Emergency Service.</p> <p>7. Board members discussed A & R & IPU staffing, services and client demand.</p> <p>B) Transitions' Dia de los Muertos Celebration—2:10 PM: Sevet Johnson, Psy.D. Ms. Johnson presented a brief overview of the cultural meaning and treatment significance of the TAY Dia de los Muertos celebration hosted by VCBH.</p> <ol style="list-style-type: none"> 1. Ms. Johnson reported that youth served by the Transitions program countywide have the option to participate in a culturally appropriate celebration to recognize and share among peers and family meaningful struggles and losses they have experienced and processed during weeks of group therapy sessions. 2. Small altars are constructed which incorporate photos, memorabilia, client produced art or writings and culturally relevant artifacts such as fabrics, candles, flowers and small offerings of food. 3. Client altars are shared with peers, family and staff during a celebration that features traditional music and foods that are appreciated by all. 4. Board members discussed the importance of incorporating traditional cultural supports and family into the client's treatment plan. 		
VIII.	Directors Report		
	<p>Ms. Fisher presented the Directors Report.</p> <p>A) Ms. Fisher announced upcoming events and trainings.</p> <ol style="list-style-type: none"> 1. The South Oxnard Adult Clinic move will begin on November 3rd and the clinic will officially open on Monday November 10th. Beginning that week, all clinics will observe new hours of operation to expand client access to services: 8:00-6:00 Monday, Tuesday & Thursday; 8:00-7:00 Wednesday; 8:00-5:00 Friday. 2. October is National Bullying Prevention Awareness Month; nationwide an average of 160,000 students miss school each day due to bullying. Ventura County has used MHSA funds to provide anti-bullying education and prevention services in five school districts directed to students, staff and families. Online anti-bullying education for all school personnel countywide has also been provided. In the participating districts, incidents of bullying have decreased among third – sixth graders from 22% in 2011 to 14% in 2013. 3. The DUI Program Clinic Administrators and staff will attend <i>Drug Impairment Training for Educational Professionals</i> offered by the California Highway Patrol on November 5th and 14th. The training is intended to provide a systematic approach to recognize and evaluate individuals who are impaired by drugs, both legal and illegal for early recognition and intervention. <p>B) Ms. Fisher announced department collaborations.</p> <ol style="list-style-type: none"> 1. VCBH will submit five Board Letters and provide a presentation on the Mental Health Rehabilitation Center (MHRC) under development at the Camarillo Airport for the County Supervisors. An RFP to award the building contract will go out to bid at year end; the awardee selected will participate in the final design of the facility. 2. The Simi Adult clinic continues to outreach to the homeless population through the Samaritan Center in Simi Valley. Our case manager, Selina Escoto, is at the Samaritan Center two days a week to provide mental health screening & referrals to connect clients and potential clients to VCBH services and to safe winter shelter provided through a coalition of Simi Valley churches. 3. Ophra Ashur, Clinic Administrator of the Conejo Youth & Family Clinic represented VCBH at two community events in October to promote awareness of county provided mental health and substance use prevention services at the Conejo Coalition for Youth and Families and the Conejo Valley Community Forum. 	Information	
IX.	BH Contracts Review		
	<p>A) ADP Contracts Review Ms. Fisher provided a summary of the ADP contracts submitted to the Board of Supervisors for their approval.</p> <ol style="list-style-type: none"> 1. Board Agenda—November 4, 2014 <ol style="list-style-type: none"> a) ADP Provider Agreement <p>B) MH Contracts Review (Action) Ms. Fisher provided a summary of the MH contracts submitted to the Board of</p>	Information	

	<p>Supervisors for their approval.</p> <ol style="list-style-type: none"> 1. Board Agenda—October 7, 2014 (Previously Submitted to the BOS) <ol style="list-style-type: none"> a) Gold Coast Health Plan MOU 2. Board Agenda – October 28, 2014 <ol style="list-style-type: none"> a) Netsmart Technologies, Inc., Fourth Amendment 3. Board Agenda –November 4, 2014 <ol style="list-style-type: none"> a) Physician Amendment <p>A motion was made and seconded to approve the mental health contracts as submitted.</p>	The board approved the MH contracts as submitted. M/S/C.	
X.	New Business		
	<p>A) BHAB Member Quotes & Brochure—Discussion Board members discussed outreach materials to recruit members and increase community participation in board meetings and events. Comments highlighting the rewards of community service and board involvement were discussed. Board members agreed to submit the draft brochure and comments to Idea Engineering as a starting point for the development of the BHAB brochure. The EC will review and approve the final draft prior to printing.</p> <p>B) Committee Updates</p> <ol style="list-style-type: none"> 1. Ms. Borchard provided an update on the activities of the Adult & Older Adult Committee to assess the impact of the Quality of Life Project activities provided to residents of two board & care facilities contracted with VCBH. Ms. Borchard discussed the need for additional housing resources for individuals with mental health conditions and/or substance use disorders. <ol style="list-style-type: none"> a) Board members discussed housing needs and possible community partnerships to advocate for and develop additional placements. 2. Ms. Mellick presented a summary of the Laura’s Law (LL) Workgroup deliberations. Assisted Outpatient Treatment (AOT) was defined and the client’s right to accept or refuse treatment was discussed. Under the best case scenario, clients voluntarily participate in treatment under the supervision of the court for up to six months at a time. Individuals who refuse treatment cannot be cited or jailed for non-compliance; they can only be evaluated and held if they meet 5150 criteria. <ol style="list-style-type: none"> a) Board members discussed the benefits and limitations of AOT. 	Information	
XI.	Board Member Comments & Announcements		
	<p>A) Ms. Thomas announced that a full day LGBTQ Outreach Training for agency staff has been coordinated; on October 24th at VCBH; representatives from a wide range of client programs will be in attendance, including programs that serve monolingual people, indigenous people and the deaf and hard of hearing community.</p>		
XII.	Adjourn		
	The meeting adjourned at 3:28 PM.	Next meeting: November 17, 2014	

Behavioral Health Advisory Board Meeting Attendance 2014

District	Member	July	Aug	Sept	Oct	Nov	Dec
District 1 Sup. Bennett	Karyn Bates	X		X			
	VACANT						
	Kate Mills						
	Kirin Sahota	X		X			
District 2 Sup. Parks	Janis Gardner			X	X		
	Irene Mellick, LCSW	X		X	X		
	Carol Thomas	X			X		
	Beverly Wisotsky, LMFT	X		X	X		
District 3 Sup. Long	Nancy Borchard	X		X	X		
	David Holmboe	X			X		
	VACANT						
	VACANT						
District 4 Sup. Foy	Jerry Harris	X		X	X		
	Denise Nielsen			X	X		
	McKian Nielsen	X			X		
	Anita Ranade			X	X		
District 5 Sup. Zaragoza	René Beauchesne, LCSW	X		X	X		
	Monique Garcia				X		
	Dr. Irene Pinkard	X		X	X		
	Sandra Wolfe			X	X		
Gov. Body	John Zaragoza, Supervisor				X		

Present = **X**