

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

GENERAL MEETING

MINUTES

April 18, 2016

NEXT MEETING:

Monday, May 16, 2016

1:00 p.m. – 3:30 p.m.

Ventura County Behavioral Health Administration
1911 Williams Drive, Training Room ♦ Oxnard, CA 93036

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

April 18, 2016 - BHAB General Meeting Attendance Roster

<p><u>BHAB Members Present</u> Janis Gardner, Chair Karyn Bates Ratan Bhavnani Nancy Borchard, Secretary Gane Brooking Mary Haffner Jerry Harris, 2nd Vice Chair Larry Hicks, Member-At-Large Patricia Mowlavi Cmdr. Ron Nelson Denise Nielsen McKian Nielsen Irene Pinkard Carol Thomas, 1st Vice Chair Sidney White Kay Wilson-Bolton Sandra Wolfe Supervisor John Zaragoza</p> <p><u>BHAB Members Absent</u> René Beauchesne</p>	<p><u>VCBH Managers/Staff Present</u> Elaine Crandall, Director Dan Hicks, Prevention Manager Sandra Nelles, Contracts Division Manager Kiran Sahota, MHSA Manager Deborah Thurber, M.D., Youth & Family Medical Director Celia Woods, M.D., VCBH Medical Director Patrick Zarate, Alcohol & Drug Programs Manager Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Monday, May 16, 2016, 1:00 – 3:30 pm</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room, Oxnard</p>
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	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
I.	Call to Order Chair Gardner called the meeting to order at 1:02 p.m.		
II.	Approval of the Agenda Ms. Gardner asked the Board to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Gardner asked the Board to review and approve the minutes of the March 21st meeting. A. Karyn Bates stated that her comment in X.B. should read "Karyn Bates prefers to omit the members' credentials." B. Jerry Harris noted that in XIII.A. his comment on having informative meeting minutes is not tied to the Annual Report but rather to the fact that they are public documents.	The minutes were approved as amended. M/S/C	
IV.	Welcome and Introductions Ms. Gardner welcomed everyone and asked for introductions.		
V.	Chair Announcements A. The Ventura City Council will hold a workshop on homelessness this evening (4/18) at the Fairgrounds. B. The Mixteco Indigenous Community Organizing Project (MICOP) will hold its Indigenous Knowledge Conference on April 29 th from 8:30 to 4:00 at Oxnard College. C. As part of May is Mental Health Month, VCBH will hold a conference on Anxiety Disorders on May 4 th from 8:00 to 4:00 at the Ventura Beach Marriott. Pre-registration is required.	Information	
VI.	Public Comments A. Bob Wickham spoke about his recent interaction with the Crisis Response team regarding his adult son. It left him disappointed and angry. He is concerned about a gap in service when dealing with crisis calls.		

	<p>B. Jeanine Bair noted that April is Autism Awareness Month. She related that the caregiver for her autistic son could not be trusted. She urged BHAB members to conduct site visits.</p> <p>C. Jerry Weaver spoke about his disappointment with the MHSA FY 2015-16 Annual Update.</p> <p>D. David Deutsch reminded the audience that the NAMI Walk will take place on April 30th in Ventura. He urged all to sign up for a walk.</p>		
VII.	<p>Board Members Comments and Announcements</p> <p>A. Jerry Harris stated it is a privilege to have Supervisor Zaragoza sit on the BHAB.</p> <p>B. Ratan Bhavnani is continuing the work done by Joshua Newstat, a NAMI Board member who recently took his own life. A NAMI Walk team has been created in his memory.</p> <p>C. Carol Thomas thanked the Board for attending the training she provided just prior to the General Meeting.</p>		
VIII.	<p>Director's Report</p> <p>Ms. Crandall provided updates on:</p> <ol style="list-style-type: none"> 1. Operations Workgroup meetings between BHAB and Director; 2. CIRT (Children's Intensive Response Team) transition; 3. Crisis Stabilization Unit/Short-Term Crisis Residential; 4. MHRC (Mental Health Rehabilitation Center); 5. Laura's Law; 6. Continuum of Care Reform (CCR). <p>See attached Director's Report for details.</p>		
IX.	<p>Contracts</p> <p>Ms. Crandall submitted the following contracts to be voted on by the Board of Supervisors (BOS):</p> <ol style="list-style-type: none"> A. BOS Agenda – April 19, 2016 <ol style="list-style-type: none"> 1. Resolution Proclaiming May Is Mental Health Month B. BOS Agenda – May 3, 2016 <ol style="list-style-type: none"> 1. MHSA Annual Update C. BOS Agenda – May 10, 2016 <ol style="list-style-type: none"> 1. Sylmar and Telecare Amendments <p>Ms. Gardner noted that the City Impact and Interface Amendments, which are included in the VCBH Executive Summary, are not listed on today's General Meeting agenda and thus cannot be voted on at this time.</p>	<p>The Board approved sending the contracts listed on the agenda to the BOS as submitted. M/S/C</p>	
X.	<p>Presentation: Prescription Drug Abuse and Heroin – Patrick Zarate</p> <p>Some members of the Prescription Drug Abuse and Heroin Prevention Workgroup, including Mr. Zarate and Ms. Gardner, attended the National Rx Drug Abuse & Heroin Summit in Atlanta March 28th to 31st. President Obama participated on a panel; he focused on some priorities of the Federal government.</p> <p>More Americans die every day from drug overdose than from motor vehicle crashes; the majority of those deaths involve legal prescription drugs.</p> <p>Mr. Zarate noted that ADP is conducting a campaign to raise awareness of the naloxone kits that have been distributed in the county; they have already saved lives but are not widely available due to limited funding.</p>	Information	
XI.	<p>BHAB Adult Services Committee Update</p> <p>Karyn Bates and Nancy Borchard, Co-Chairs, provided an update on the work of the Adult Services Committee.</p> <ul style="list-style-type: none"> • The Committee brings together partners from various organizations such as Area Agency on Aging, Turning Point, Telecare, NAMI, and the Client Network. 	Information	

	<ul style="list-style-type: none"> • During the monthly meetings, members give updates on their work and challenges. Presentations are given by organizations or individuals working with adults, such as the Sober Living Coalition, the long-term care ombudsman, VCBH Adult programs, and MHSA. • The Committee has designed a Safety Plan for Adults, a one-page document that is handed out to clients during orientation at the clinics. It is available in English and in Spanish. • The Committee is developing a list of sober living options. • The Committee has made site visits to Sunrise Manor and The Elms Board & Care facilities. The focus of these visits has been on the clients' quality of life. 		
XII.	<p>New Business</p> <p>A. Nominating Committee for the June Officers Election The nominating committee (Larry Hicks, Gane Brooking, Sandra Wolfe) is putting forth a slate of officers which will be presented at the May General Meeting.</p> <p>B. Laura's Law Implementation Workgroup The Co-Chairs (Ratan Bhavnani and Mary Haffner) are formulating a plan, then will start meeting with stakeholders, including any BHAB members who would like to be involved.</p> <p>C. BHAB Objectives Workgroup Cmdr. Ron Nelson chairs the workgroup. It has met to draw a list of objectives for the BHAB, using input from BHAB members. It will bring the list to the BHAB at the May General Meeting for discussion and adoption.</p> <p>D. MHSA Annual Plan Update FY 2015-16 The Mental Health Services Act (MHSA) Annual Update for Fiscal Year 2015-2016 was distributed to the BHAB members. Kiran Sahota explained that the Community Leadership Committee (CLC) made a change in the budget section as it was missing some information on local reserves. The 30-day public comment period ended on April 10. The CLC had a meeting on April 11. The CLC is bringing the Update to the BHAB for approval before it goes to the BOS; approval was secured during the Contracts segment of this meeting.</p>		
XIII.	<p>Old Business</p> <p>A. Annual Report Update Mr. Harris is looking forward to receiving reports from the Committees.</p> <p>B. BHAB Brochures Edith Pham has placed an order for 250 BHAB brochures. They will arrive in a week. BHAB members will be able to use them to raise community awareness of the Board.</p> <p>C. Site Visits Ms. Gardner encouraged every member to conduct a site visit, using the site lists, Protocol, and Site Visit Report form provided by the BHAB Assistant. Any BHAB member can visit any of the sites but should go in teams of two and inform Ms. Gardner and Ms. Pham of the visit. Only BHAB members may conduct a site visit. However, members of BHAB committees may give input into which sites they would like BHAB members to visit. BHAB Committee chairs do not need approval of the General Board to conduct visits. Mr. Harris stated he is interested in doing site visits of the VCMC Inpatient Unit and would like to see the mental health unit and the jail added to the list of sites.</p>		
XIV.	<p>Adjourn The meeting adjourned at 2:45.</p>		

Behavioral Health Advisory Board GENERAL Meeting Attendance

District	TERMS	Member	July	Aug	Sept	Oct	Nov	DARK DEC	Jan	Feb	Mar	Apr	May	Jun
District 1 Sup. Bennett	10/6/15 to 10/6/18	Karyn Bates	X	X	X		X		X	X	X	X		
		VACANT	X	X										
	3/10/15-3/10/18	Sidney L. White, AICP	X	X	X	X	X		X	X	X	X		
	4/7/15-4/7/18	Mary Haffner	X	X	X		X		X	X	X	X		
District 2 Sup. Parks	2/23/16-2/23/19	Ratan Bhavnani									X	X		
	9/17/13-9/17/16	Janis Gardner	X	X	X	X	X		X	X	X	X		
	3/15/16-3/17/17	Patricia Mowlavi									X	X		
	1/5/15-1/7/19	Carol Thomas	X	X	X		X		X	X	X	X		
District 3 Sup. Long	1/27/15-1/26/18	Nancy Borchard			X	X	X		X	X	X	X		
	1/12/16-1/12/19	Gane Brooking							X	X	X	X		
	4/14/15-4/14/18	Kay Wilson-Bolton	X	X	X	X	X		X	X	X	X		
	12/2/14-12/1/17	Larry Hicks	X		X	X	X		X	X	X	X		
District 4 Sup. Foy	9/17/13-9/17/16	Jerry Harris	X	X	X	X	X		X	X	X	X		
	10/13/15-10/13/18	Cmdr. Ron Nelson	X			X	X		X	X	X	X		
	9/17/15-9/17/18	Denise Nielsen			X	X	X		X	X	X	X		
	9/17/14-9/17/17	McKian Nielsen	X				X		X		X	X		
District 5 Sup. Zaragoza	9/17/13-1/10/17	René Beauchesne, LCSW	X	X	X	X			X	X	X			
	9/24/14-9/23/17	Monique Garcia			X				X	X		X		
	9/17/13-1/10/17	Irene Pinkard, Dr.		X	X		X		X	X	X	X		
	1/11/15-1/10/18	Sandra Wolfe	X	X	X	X	X		X	X	X	X		
Gov. Body	1/1/15-12/31/18	John Zaragoza, Supervisor	X		X		X		X	X	X	X		

Present = X

- District 1 Supervisor Bennett
- District 2 Supervisor Parks
- District 3 Supervisor Long
- District 4 Supervisor Foy
- District 5 Supervisor Zaragoza