

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD**

**GENERAL MEETING**

**MINUTES**

**June 13, 2016**

**NEXT MEETING:**

**Monday, July 18, 2016**

**1:00 p.m. – 3:30 p.m.**

Ventura County Behavioral Health Administration  
1911 Williams Drive, Training Room ♦ Oxnard, CA 93036

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

## June 13, 2016 - BHAB General Meeting Attendance Roster

<p><b><u>BHAB Members Present</u></b>          Janis Gardner, Chair          Karyn Bates          Ratan Bhavnani          Gane Brooking          Monique Garcia          Jerry Harris, 2<sup>nd</sup> Vice Chair          Larry Hicks, Member-At-Large          Patricia Mowlavi          McKian Nielsen          Carol Thomas, 1<sup>st</sup> Vice Chair          Sidney White          Kay Wilson-Bolton          Sandra Wolfe</p> <p><b><u>BHAB Members Absent</u></b>          Nancy Borchard, Secretary          Mary Haffner          Cmdr. Ron Nelson          Denise Nielsen          Irene Pinkard          Supervisor John Zaragoza</p>	<p><b><u>VCBH Managers/Staff Present</u></b>          Elaine Crandall, Director          Sandra Nelles, Contracts Division Manager          Sevet Johnson, BH Manager          Kathy Mulford, DUI BH Manager          David Tovar, ADP Prevention          Edith Pham, BHAB Assistant</p> <p><b><u>NEXT MEETING:</u></b>  <b>Monday, July 18, 2016, 1:00 – 3:30 pm</b></p> <p>Ventura County Behavioral Health          1911 Williams Drive, Training Room, Oxnard</p>
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	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Chair Gardner called the meeting to order at 1:05 p.m.		
II.	<b>Approval of the Agenda</b> Ms. Gardner asked the Board to review and approve today's agenda with the following amendment: move all action items up so they are presented right after the Officers Election. Ms. Gardner explained that several members are absent or need to leave early, and moving the action items up will ensure that there is a quorum.	The agenda was approved as amended. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Ms. Gardner asked the Board to review and approve the minutes of the May 16 meeting. Jerry Harris noted that his comment in item VII.D. regarding "some people who are not 5150'able but need help..." is actually about "people who do not meet the requirements for 5150 but are still in need of help, and when they call they cannot always get the Crisis Team quickly. It is not that they are unable to get help from the Crisis Team, it is that they cannot always get help when they need it."	The minutes were approved as amended. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Ms. Gardner welcomed everyone and asked for introductions.		
V.	<b>Recognition – Dr. Tracy Cogbill</b> Ms. Gardner presented Dr. Tracy Cogbill with a Certificate of Commendation, which reads in part: "Dr. Cogbill has been providing psychiatric services at various VCBH clinics for over 17 years. Currently, he is the only full-time psychiatrist at the Conejo Adult Clinic. He shares his expertise with students at UCLA and with the Conejo Adult Clinic's staff, in addition to providing clinical leadership and support to the entire Team." Carol Thomas commented that Dr. Cogbill knows his clients' personal story. "When you go see him, it is not just a clinical discussion about medication, but it is two people talking from their heart and mind." Dr. Cogbill thanked the Board for helping the mentally ill.		

<p><b>VI. Chair Announcements</b></p> <p>A. The May is Mental Health Month was well attended. Dr. Celia Woods presented on “Anxiety and Research”.</p> <p>B. The Preventing Suicide Conference will take place on September 16 from 7:30 a.m. to noon at Cal State Channel Islands.</p> <p>C. The Out of the Darkness Community Walk to Fight Suicide will take place on September 17 at Constitution Park in Camarillo. Registration is at 7:45 a.m., the walk starts at 9:00 a.m.</p> <p>D. The “What Future Do You Want to See – Marijuana Conference” will take place on September 28 at the Oxnard Marriott River Ridge Hotel. It will include the participation of guest speakers from Colorado.</p> <p>E. Ventura County Department of Resource Management and other Ventura County partners held two Medical Marijuana Regulations meetings – Unincorporated Areas for the public and stakeholders to voice their opinions and/or concerns.</p>	Information	
<p><b>VII. Public Comments</b></p> <p>A. Jeanine Bear would like to attend BHAB meetings more often but needs coverage to take care of her son, who has autism. Despite available resources, she sees gaps in services and is concerned about the needs of people with autism who are maintained at home.</p> <p>B. Jerry Weaver expressed his concerns about the MHSA funding process, which he feels is broken. He urged VCBH to better track its expenditure of MHSA funds.</p> <p>C. Wendy Batstone urged the BHAB to address the problem of the mentally ill being released from jail in the middle of the night. She hopes that in the future the families will be called ahead of the release of their loved ones.</p>		
<p><b>VIII. Board Members Comments and Announcements</b></p> <p>A. Karyn Bates distributed copies of an article that was published in the Star on 5/29/16. It talks about Lou and Jim Matthews, who 35 years ago founded the local chapter of the National Alliance on Mental Illness (NAMI).</p> <p>B. Jerry Harris noted that the BHAB Objectives for 2016-17 do not include a goal that addresses the cultural diversity needs of the community. He moved that the BHAB add one goal: “To advocate to have the Behavioral Health Department achieve the cultural diversity and competency needs of the community to the fullest extent possible.” Ms. Gardner will put this on the July 18 agenda as an action item since the Board had approved the Objectives at the May 16 meeting.</p>	Add item to the July 18 agenda	J.Gardner
<p><b>IX. Officers Election</b></p> <p>A. Larry Hicks reminded the Board that at the May 16 meeting the Nominating Committee recommended keeping the incumbents: Janis Gardner as President, Carol Thomas as 1<sup>st</sup> Vice Chair, Jerry Harris as 2<sup>nd</sup> Vice Chair, and Nancy Borchard as Secretary; the motion had carried. Mr. Hicks then moved that the Board elect the current slate for one more term. The motion was seconded and carried unanimously. Ms. Gardner thanked the Board members for their vote of confidence.</p>	Re-elect current officers. <b>M/S/C</b>	
<p><b>X. Director’s Report – Elaine Crandall</b></p> <p>A. Ms. Crandall thanked BHAB members for serving. She feels fortunate to have a collegial relationship with the Board.</p> <p>B. Oxnard High School has reached out to VCBH to form a partnership. Discussions will take place to define the scope of work.</p> <p>C. The County Library Director, Jackie Griffin, has thanked Ms. Crandall for having VCBH staff posted at the library to engage patrons. Ms. Griffin mentioned this at the State conference of librarians, and the State is now considering developing grant programs to fund mental health professionals in libraries.</p> <p>D. Ms. Crandall gave her Director’s Report:</p> <ol style="list-style-type: none"> <li>1. No Place Like Home (NPLH) will use MHSA revenues to support the financing of a 50-year, \$2 billion housing bond.</li> </ol>	Information	

	<ol style="list-style-type: none"> <li>2. SB75 makes children eligible for Medi-Cal benefits regardless of immigration status as long as they meet eligibility requirements.</li> <li>3. Waiver 2020 is designed to develop a team-based delivery of services focused on outcomes. Behavioral Health and Substance Abuse Integration in the primary health environment is crucial to success.</li> <li>4. The Children’s Crisis Stabilization Unit may need to delay the opening of its doors due to needed building improvements.</li> <li>5. The Mental Health Rehabilitation Center (MHRC) is expected to have a two-month delay in opening its doors, now anticipated for late October.</li> <li>6. Laura’s Law/ACT (Assertive Community Treatment) will be run by Telecare.</li> <li>7. The Continuum of Care Reform (AB 403) is a state mandate which requires screening all foster care children and their families for mental health and substance abuse services. There is no allocation from the State to provide the services. For details, please see attached Continuum of Care Reform presentation prepared by Barry Zimmerman, Director of the Human Services Agency.</li> <li>8. External Quality Review Organization (EQRO) has submitted its final report of its March review of VCBH.</li> <li>9. Payor Sources: VCBH major sources (78.4%) are Medi-Cal/Medicare part B.</li> <li>10. Strategic Plan for the Health Care Agency (HCA): VCBH will include staff input, the BHAB Objectives and the new State mandates.</li> <li>11. Grants that are pending or have been awarded/not awarded.</li> <li>12. Staffing: Dr. John Schipper has been appointed to the position of Adults Division Manager, and Pete Pringle to that of Youth and Family Division Manager.</li> <li>13. A Financial Report will be presented at the next BHAB meeting.</li> </ol> <p>See attached Director’s Report for details.</p>		
<p><b>XI.</b></p>	<p><b>Contracts</b> (listed as XIV. on the agenda)  Ms. Crandall submitted the following contracts, to be voted on by the Board of Supervisors (BOS):</p> <ol style="list-style-type: none"> <li>A. BOS Agenda – June 7, 2016 (BOS Approved) <ol style="list-style-type: none"> <li>1. Naming of the Horizon View Rehabilitation Center (MHRC)</li> </ol> </li> <li>B. BOS Agenda – June 14, 2016 <ol style="list-style-type: none"> <li>1. ADP – Aegis and Western Pacific Amendments</li> <li>2. Casa Pacifica – CIRT Amendment</li> <li>3. K &amp; M Enterprises Amendment</li> <li>4. Board and Care Amendments</li> </ol> </li> <li>C. BOS Agenda – June 21, 2016 <ol style="list-style-type: none"> <li>1. Driving Under the Influence (DUI) MOU with RAND</li> <li>2. Pacific Clinics Agreement</li> <li>3. Recovery Innovations Amendment</li> <li>4. Telecare Corporation Agreements for FY 2016-17</li> <li>5. HCFVC and Linda Gertson Amendments</li> <li>6. ASC Treatment Group (Los Angeles) Amendment</li> <li>7. Pathpoint and United Parents Amendments</li> <li>8. Clinicas Del Camino Real, Inc. Agreement</li> </ol> </li> </ol> <p>See attached Executive Summary for details.</p>	<p>The Board approved sending the contracts listed on the agenda to the BOS as submitted.  <b>M/S/C</b></p>	
<p><b>XII.</b></p>	<p><b>Alcohol and Drug Programs Update</b> (listed as XI. on the agenda)  Patrick Zarate, ADP Division Manager and Chief Operations Officer, was not in attendance.</p> <p>Kathy Mulford, DUI Manager for the Alcohol and Drug Program Division, gave some updates:</p> <ol style="list-style-type: none"> <li>A. ADP published a white paper titled What the Science Says About Adolescent Use of Cannabis, written by Dr. Linda Gertson. Go to <a href="http://www.venturacountylimits.org">www.venturacountylimits.org</a> to download the document.</li> </ol>	<p>Information</p>	

	<p>B. The Department of Health Care Services will hold a Shifting the Substance Use Disorders Paradigm on August 23-25 in Orange County.</p> <p>David Tovar, Program Administrator for Prevention OTS (California Office of Traffic Safety) Grant, presented on drug-impaired driving. Drug and alcohol/combination DUI are now more prevalent than alcohol DUI, whether the driver is under the influence of prescription drugs, marijuana, or illicit drugs. VCBH Prevention is using radio and TV ad campaigns and social media and speaking directly to the public. Go to <a href="http://www.WEEDUI.org">www.WEEDUI.org</a> for more information. In the past two weeks Prevention held two forums, one in Thousand Oaks and one in Oxnard, to discuss regulating medical marijuana within the unincorporated areas of Ventura county. About 60 people attended each forum.</p>		
<p><b>XIII.</b></p>	<p><b>New Business</b> (listed as XII. on the agenda)</p> <p>A. Laura’s Law – Letter of Commitment for AOT Grant Ms. Gardner sent a letter of commitment to the Substance Abuse and Mental Health Services Administration (SAMHSA) in support of Assisted Outpatient Treatment (AOT). The BHAB Executive Committee approved the letter under a very tight deadline; other stakeholders, such as law enforcement, wrote similar letters.</p> <p>B. Ethics Training Ms. Gardner reminded the Board that this is a mandatory training, to be done within one year of appointment to the Board and every two years thereafter.</p> <p>C. Crisis Intervention Team (CIT) Information – Mark Stadler Mark Stadler stated that since 2001, over 1300 people from Ventura County have been trained in CIT. During this fiscal year 122 new law enforcement officers participated in the the 40-hour CIT training. 76% of patrol officers and 40% off dispatchers in Ventura County are CIT-trained. Upon graduating from the Academy, new deputies are usually assigned to work in the jail and take an eight-hour course: MI/DD training (Mental Illness/ Developmental Disability). Other deputies in the jail have taken the CIT training. Every law enforcement agency in the county participates in the CIT training, including every police department, some of which provide financial support for the training. The CIT International Conference in Chicago included a presentation on the CIT program in Ventura County. CIT has partnered with VCBH to host Mental Health First Aid (MHFA) training.</p>		
<p><b>XIV.</b></p>	<p><b>Old Business</b> (listed asd XIII. on the agenda)</p> <p>A. Laura’s Law Workgroup Update Ratan Bhavnani stated that the workgroup, which he co-chairs with Mary Haffner, last met in late May. A grant application was submitted for \$1 million; the decision will be know by the end of September, and the Laura’s Law program would likely start in January 2017. The workgroup cannot start before the status of the grant is decided in order to remain eligible for the grant. The workgroup was also waiting to see who would be selected as the contract provider to run the program. Now that Telecare has been confirmed, the workgroup will engage it in all discussions.</p> <p>B. Site Visit Update Ms. Gardner noted that to make the visits as easy as possible, it has been agreed that individual BHAB members can lead the visits as long as they abide by the protocol. Ms. Gardner thanked Jerry Harris for leading a visit to the main jail. He stated that the group is preparing a report, with input from Sgt. White, who coordinated the visit. Mr. Harris distributed copies of an article titled “Report: OC [Orange County] Jail Is Failing Mentally Ill.” Mr. Bhavnani noted that at its July 12 meeting in Camarillo NAMI will screen a powerful documentary called CODE: Correctional Officer De-escalation Education; the public is invited to the meeting.</p>		

	<p>Ms. Crandall noted that the Stanford Law School released a report called When Did Prisons Become Acceptable Mental Healthcare Facilities? She also noted that the peer support contract includes post-release from incarceration in the scope of work.</p> <p>Ms. Gardner also noted that Patricia Mowlavi is volunteering to lead site visits to Telecare and the Conejo clinic. Interested members should contact her.</p> <p>VCBH will provide a 15-minute training on how to fill out the Site Visit Report form on a computer. Members agreed to having it just prior to the next BHAB Executive Meeting.</p> <p>C. Recognition Awards – BHAB General Meeting of July 18, 2016 A discussion took place regarding recognizing René Beauchesne at the July meeting. He has resigned from the BHAB.</p>		
<b>XV.</b>	<p><b>Adjourn</b> The meeting adjourned at 3:01 p.m.</p>		

## Behavioral Health Advisory Board GENERAL Meeting Attendance

District	TERMS	Member	July	Aug	Sept	Oct	Nov	DARK DEC	Jan	Feb	Mar	Apr	May	Jun
District 1 Sup. Bennett	10/6/15 to 10/6/18	Karyn Bates	X	X	X		X		X	X	X	X	X	X
		VACANT	X	X										
	3/10/15-3/10/18	Sidney L. White, AICP	X	X	X	X	X		X	X	X	X	X	X
	4/7/15-4/7/18	Mary Haffner	X	X	X		X		X	X	X	X	X	
District 2 Sup. Parks	2/23/16-2/23/19	Ratan Bhavnani									X	X	X	X
	9/17/13-9/17/16	Janis Gardner	X	X	X	X	X		X	X	X	X	X	X
	3/15/16-3/17/17	Patricia Mowlavi									X	X	X	X
	1/5/15-1/7/19	Carol Thomas	X	X	X		X		X	X	X	X	X	X
District 3 Sup. Long	1/27/15-1/26/18	Nancy Borchard			X	X	X		X	X	X	X	X	
	1/12/16-1/12/19	Gane Brooking							X	X	X	X	X	X
	4/14/15-4/14/18	Kay Wilson-Bolton	X	X	X	X	X		X	X	X	X	X	X
	12/2/14-12/1/17	Larry Hicks	X		X	X	X		X	X	X	X	X	X
District 4 Sup. Foy	9/17/13-9/17/16	Jerry Harris	X	X	X	X	X		X	X	X	X	X	X
	10/13/15-10/13/18	Cmdr. Ron Nelson	X			X	X		X	X	X	X	X	
	9/17/15-9/17/18	Denise Nielsen			X	X	X		X	X	X	X	X	
	9/17/14-9/17/17	McKian Nielsen	X				X		X		X	X	X	X
District 5 Sup. Zaragoza	9/17/13-1/10/17	René Beauchesne, LCSW	X	X	X	X			X	X	X			
	9/24/14-9/23/17	Monique Garcia			X				X	X		X	X	X
	9/17/13-1/10/17	Irene Pinkard, Dr.		X	X		X		X	X	X	X		
	1/11/15-1/10/18	Sandra Wolfe	X	X	X	X	X		X	X	X	X		X
Gov. Body	1/1/15-12/31/18	John Zaragoza, Supervisor	X		X		X		X	X	X	X	X	

Present = X

- District 1     Supervisor Bennett
- District 2     Supervisor Parks
- District 3     Supervisor Long
- District 4     Supervisor Foy
- District 5     Supervisor Zaragoza