

## BEHAVIORAL HEALTH ADVISORY BOARD

### General Meeting

Monday, May 15, 2017, 1:00 – 3:30 p.m.

Ventura County Behavioral Health

1911 Williams Drive, Training Room • Oxnard, CA 93036

### AGENDA

- I. Call to Order
- II. Approval of the Agenda – **ACTION**
- III. Approval of the Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Recognition Awards: Ezequiel Sanchez - May 2017
- VI. Chair Announcements (5 min.)
- VII. Public Comments (3 min. per speaker)
- VIII. Board Members Comments and Announcements (3 min. per speaker)
- IX. Presentation: Children’s Division and CSU – Pete Pringle, Youth & Family Division Chief
- X. Director’s Report – Elaine Crandall (20 min.)
- XI. Chief Operations Officer’s Update – Patrick Zarate (10 min.)
- XII. New Business
  - A. Proposed Slate of Officers for 2017-18 – Nominating Committee
  - B. Establish a Medicaid Managed Care Workgroup for BHAB Members – Starts June 19, 2017 @ 11am in the Training Room (bring a lunch if you prefer). BHAB Members will be educated on Managed Care by Director Crandall at each workgroup meeting. Members will need to provide input on the impact of this transition to the current system of care. (This replaces the previous BHAB VCBH Operations Workgroup).
  - C. BHAB Bylaws Revision- A new position on the BHAB Executive Committee is member “Chair” Emeritus
  - D. BHAB Annual Report – The Annual Report was submitted to and approved by the Board of Supervisors
  - E. Upcoming – “SAVE THE DATE” for Survivor of Suicide Attempts Support Group Facilitator Training 6/26-27, is now open. <https://bookeo.com/didihirschtraining>
  - F. IPU Feedback requested from BHAB members for June 19, BHAB General Meeting
- XIII. Old Business
  - A. Data Notebook Update – Karyn Bates
  - B. NAMI Walk Update – BHAB Members who attended
- XIV. Contracts – **ACTION**
  - A. BOS Agenda – May 16, 2017
    1. La Siesta, Hickory House, Sunrise Manor and California Psychiatric Transitions Contract Amendments
  - B. BOS Agenda – May 23, 2017
    1. Children’s Accelerated Access to Treatment and Services (CAATS) MHS Innovations Project Proposal

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact: [Behavioral Health Administration](#), at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

- C. BOS Agenda – June 6, 2017
  - 1. Aegis Treatment Centers, LLC Contract Amendment
- D. BOS Agenda – June 13, 2017
  - 1. ADP-FY2017-18 Prevention Contracts: Evalcorp, Idea Engineering, J.A.M.S. Productions, Project Safer Educational Foundation, Reality Improv Connection, Ventura County Office of Education
  - 2. FY2017-18 Mental Health Related Contracts: Elms Manor, Sunrise Manor, Crestwood Behavioral Health, Sylmar Health & Rehabilitation Center, Maxim Healthcare Services and Meditech Health Services
  - 3. Mixteco/Indigena Community Organizing Project Contract

XV. Adjourn

Next Meeting: Monday, June 19, 2017

## MEMORANDUM

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DATE: May 12, 2017  
TO: Behavioral Health Advisory Board  
FROM: Contracts Administration  
SUBJECT: Board of Supervisors Agenda

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### Executive Summary

Ventura County Behavioral Health (VCBH) will be requesting Board of Supervisors approval for the following:

#### Board Agenda – May 16, 2017

#### 1. La Siesta, Hickory House, Sunrise Manor, and California Psychiatric Transitions Contract Amendments

*La Siesta, Hickory House, and Sunrise Manor* provide augmented board and care services for adults with serious and persistent mental illnesses which have resulted in significant functional impairments so as to require 24-hour care and supervision to promote safety and recovery. The acuity level of these individuals is high in that they require daily assistance in one or more areas of life functioning including: attending to self-care and basic needs, attending to medical and medication needs, maintaining participation in supportive mental health/substance abuse and other recovery-based support programs, and socialization and community reintegration. To provide augmented board and care services, VCBH currently pays La Siesta \$340 per client/month, Hickory House \$445 per client/month, and Sunrise Manor \$195 per client/month. VCBH funding is in addition to the Social Security income that these facilities receive from clients to provide basic board and care services. The proposed amendments with La Siesta and Hickory House increase the maximum contract amounts for fiscal year (FY) 2016-17 and FY 2017-18 to ensure sufficient funding for clients placed at these facilities through each fiscal year end. The proposed amendment with Sunrise Manor increases the maximum contract amount for FY 2016-17 to ensure sufficient funding for clients placed at this facility through the end of this fiscal year. These contracts are funded with Mental Health Services Act (MHSA), Realignment, and Tobacco Settlement funds.

The proposed amendments for augmented board and care services increase the: (1) La Siesta maximum contract amount for the service period of July 1, 2016 through June 30, 2017 from \$137,826 to \$158,274 (an increase of \$20,448), (2) La Siesta maximum contract amount for the service period of July 1, 2017 through June 30, 2018

from \$150,629 to \$154,799 (an increase of \$4,170), (3) Hickory House maximum contract amount for the service period of July 1, 2017 through June 30, 2018 from \$188,221 to \$203,475 (an increase of \$15,254), (4) Hickory House maximum contract amount for the service period of July 1, 2017 through June 30, 2018 from \$203,296 to \$206,856 (an increase of \$3,560), and (5) Sunrise Manor maximum contract amount for the service period of July 1, 2016 through June 30, 2017 from \$121,683 to \$144,235 (an increase of \$22,552).

*California Psychiatric Transitions (CPT)* provides locked restoration of competence services (diversion services) and other mental health services for VCBH in its locked Destructive Behavioral Health Unit (DBU) and Mental Health Rehabilitation Center (MHRC). The proposed amendment adds a bed hold rate to the contract of \$350 per day. The bed hold rate is being added in order to remit payment for: (1) a bed hold for a VCBH client who was placed at CPT in April 2017 and (2) future bed holds for clients who temporarily leave the facility for medical, acute psychiatric, or other justifiable reasons, but for whom a return to the facility is planned. No increase to the contract is needed to fund the bed hold services for the client placed at CPT in April 2017. VCBH currently has three clients placed at this facility. This contract is funded with Tobacco Settlement and Realignment funds.

The proposed amendment for mental health services with CPT adds a new rate for “bed holds,” for the service period of July 1, 2016 through June 30, 2017.

**Board Agenda – May 23, 2017**

**1. Children's Accelerated Access to Treatment and Services (CAATS) MHSAs Innovations Project Proposal**

The MHSAs impose a one percent income tax on personal income in excess of \$1,000,000 to provide funding to counties for the development of comprehensive community-based mental health services and supports to reduce the adverse impact from untreated serious mental illness in adults and severe emotional disturbance in minors. The MHSAs include an “Innovations” category of funding. Innovations projects are novel, creative, and/or ingenious mental health practices and approaches that contribute to learning. These projects are developed within communities through a process that is inclusive and representative, especially of unserved, underserved, and/or inappropriately served individuals. Under the MHSAs Innovations category, counties are expected to develop innovative projects and use the information learned from such projects to improve the behavioral health care system.

VCBH has designed a three-year Innovations project called CAATS which will focus on increasing the quality of services to all youth entering the child welfare system. This project will provide a comprehensive intake process that includes coordinated interagency linkage to services, medication support, and clinical intervention for all youth entering the child welfare system. The proposed project changes the existing practice of referring only youth exhibiting moderate to severe symptoms into mental health services. The CAATS project will add: (1) four clinicians and one licensed vocational nurse to ensure that all minors entering the child welfare system receive expedited access to treatment and (2) corresponding services to support youth prescribed psychotropic medication. The project is time-limited and if the quality of services improves according to the Child and

Adolescent Needs and Strengths-Trauma Comprehensive tool, VCBH's Youth and Family Division will absorb the additional staff costs to keep the new services in place.

VCBH is proposing approval for the VCBH Director to sign and submit the CAATS project proposal to the Mental Health Services Oversight and Accountability Commission (MHSOAC), designating the expenditure of \$2,670,777 in MHSA Innovations funding previously received by the County for a period of three (3) years.

### Board Agenda – June 6, 2017

#### **1. Alcohol and Drug Program (ADP) – Aegis Treatment Centers, LLC Contract Amendment**

As part of the Affordable Care Act (ACA), effective January 1, 2014, all Medi-Cal benefits, including Drug Medi-Cal (D/MC) services, were expanded to a population previously ineligible for these services. Accordingly, narcotic treatment program providers in Ventura County and state-wide have seen increased utilization resulting from the implementation of the ACA and the Medi-Cal expansion population. VCBH is obligated to reimburse these providers as the 1994 Sobky v. Smoley injunction ruled that drug treatment is an entitlement under Medicaid guidelines. Failure to provide funding for Medi-Cal eligible clients violates the federal Medicaid Act and the Sobky v. Smoley injunction further prohibits limiting the availability of methadone maintenance services due to budgetary constraints.

*Aegis Treatment Centers, LLC (Aegis)* provides outpatient narcotic treatment program services for adults. With the implementation of the ACA in January 2014, utilization of narcotic treatment program services has increased as more clients have become eligible for Medi-Cal services, including new and previously uninsured clients. Aegis currently has clinics in Oxnard, Santa Paula, Simi Valley, and Ventura with a total licensed capacity of 1,250 clients. For Fiscal Year (FY) 2016-17 Aegis served 1,102 D/MC clients. Since July 1, 2016, Aegis has served 757 D/MC clients and anticipates serving 839 D/MC clients by the end of this fiscal year. The proposed amendment with Aegis is needed to ensure that sufficient funding is available for services rendered through fiscal year end. This agreement is funded with D/MC Service and Administrative Revenues and Realignment.

VCBH is proposing approval for the VCBH Director to sign the amendment for substance use disorder narcotic treatment program services with Aegis, increasing the maximum contract amount from \$4,758,339 to \$5,151,000 (an increase of \$392,661), for the service period of July 1, 2016 through June 30, 2017.

### Board Agenda – June 13, 2017

#### **1. ADP – FY 2017-18 Prevention Contracts: Evalcorp, Inc., Idea Engineering, Inc., J.A.M.S. Productions, LLC, Project Safer Educational Foundation, Reality Improv Connection, Inc., Ventura County Office of Education**

The ADP prevention providers described below provide a variety of services in support of VCBH's multi-year Strategic Prevention Plan. The plan contains various alcohol and drug prevention activities that are designed to change community norms, behaviors, attitudes, and policies related to alcohol and drug use. The prevention contracts are fully funded by Substance Abuse Prevention and Treatment (SAPT) Block Grant funds.

*Evalcorp, Inc.* provides ADP prevention research, evaluation, data management for the Place of Last Drink survey for driving under the influence (DUI) arrestees, and policy and program impact evaluation related to the Social Host Ordinance, drug-involved impaired driving behaviors, and county-wide Alcohol/Drug Community Health Survey. The proposed contract for FY 2017-18 represents a decrease of \$6,642 from the prior year agreement in an effort to work within the ADP Prevention Division's FY 2017-18 budget and desired scope of services.

VCBH is proposing approval for the VCBH Director to sign the agreement for research, evaluation, and data management services with Evalcorp, Inc., in the amount of \$145,000, for the service period of July 1, 2017 through June 30, 2018.

*Idea Engineering, Inc.* provides communication materials, graphic design services, a custom and localized image library in support of various program publications (i.e., Prescription Drug Abuse and Heroin Prevention initiative and Impaired Driving Prevention), social host services, community education efforts, and internet-based digital messaging services to youth and young adults. The proposed agreement will support the department's prevention education efforts which include developing new publications and media messaging on the harmful effects associated with marijuana use among youth. The proposed FY 2017-18 contract represents a decrease of \$89,900 over the prior year agreement due to the changes in the Office of Traffic Safety grant funding that was previously included in this contract.

VCBH is proposing approval for the VCBH Director to sign the agreement for communication and graphic design service with Idea Engineering, Inc., in the amount of \$162,000, for the service period of July 1, 2017 through June 30, 2018.

*J.A.M.S. Productions, LLC* provides marijuana prevention efforts that target middle and high school youth, parents, coaches, teachers, and institutions. Prevention strategies include youth engagement activities, speaking events, and e-media messaging. The contractor is also responsible for ensuring awareness of the "How High Ventura County" initiative which is designed to educate parents about the harm marijuana causes the teenage brain. The proposed contract represents a decrease of \$23,303 over the prior year agreement in an effort to work within the ADP Prevention Division's FY 2017-18 budget and desired scope of services.

VCBH is proposing approval for the VCBH Director to sign the agreement for marijuana prevention efforts with J.A.M.S. Productions, LLC, in the amount of \$138,000, for the service period of July 1, 2017 through June 30, 2018.

*Project SAFER Educational Foundation* provides responsible beverage sales (RBS) training and professional consultation services to alcohol sales establishments and training, media campaign coordination, and promotional activities for retailer-involved driving under the influence (DUI) prevention events. This contractor also provides regulatory/enforcement agency coordination and Overdose Prevention Project education, training, and overdose rescue kits management. There is no change to the proposed maximum contract amount from last fiscal year.

VCBH is proposing approval for the VCBH Director to sign the agreement for consultation services with Project SAFER Educational Foundation, in the amount of \$170,000, for the service period July 1, 2017 through June 30, 2018.

*Reality Improv Connection, Inc.* provides Straight Up program services which include youth and young adult engagement strategies to address binge drinking, drug abuse, and related risks. The Straight Up program uses school and community-based workshops, performances, and new media (podcasts, blogs, e-news, and text messaging) to alter the expectations and community norms that support and condone alcohol abuse, prescription drug misuse, and marijuana use among young people. The proposed contract represents a decrease of \$10,000 over the prior year agreement in an effort to work within the ADP Prevention Division's FY 2017-18 budget and desired scope of services.

VCBH is proposing approval for the VCBH Director to sign the agreement for Straight Up program services with Reality Improv Connection, Inc., in the amount of \$140,000, for the service period of July 1, 2017 through June 30, 2018.

*Ventura County Office of Education* implements policies and training to support student assistance programs county-wide and Friday Night Live programs (chapters exist in various secondary school districts in Ventura County). The goal of these programs is to reduce underage drinking, drug use, and associated problems. The proposed contract represents an increase of \$14,000 due to enhancements made to the Friday Night Live program staffing and the extension of the opioid safety education efforts.

VCBH is proposing approval for the VCBH Director to sign the agreement for student assistance and Friday Night Live program services with Ventura County Office of Education, in the amount of \$195,000, for the service period of July 1, 2017 through June 30, 2018.

**2. FY 2017-18 Mental Health Related Contracts: Elms Manor Corporation, Sunrise Manor, Crestwood Behavioral Health, Inc., Sylmar Health & Rehabilitation Center, Inc., Maxim Healthcare Services, Inc., and Meditech Health Services, Inc.**

*Elms Manor Corporation (Elms) and Sunrise Manor* provide augmented board and care services for adults with serious and persistent mental illnesses which have resulted in significant functional impairments so as to require 24-hour care and supervision to promote safety and recovery. The acuity level of these individuals is high in that they require daily assistance in one or more areas of life functioning including: attending to self-care and basic needs, attending to medical and medication needs, maintaining participation in supportive mental health/substance abuse and other recovery-based support programs, and socialization and community reintegration. To provide augmented board and care services, VCBH currently pays Elms \$357.50 per client/month and Sunrise Manor \$195 per client/month. On a quarterly basis, these facilities also receive an additional \$25 per client that is based on their performance on the VCBH consumer comfort review tool which is designed to evaluate various client care and facility maintenance factors. Sunrise Manor also receives up to \$25 per client/month to fund client activities. This VCBH funding is in addition to the Social Security income that these facilities receive from clients to provide basic board and care services. The proposed contract with Elms represents a decrease of \$33,546 from the prior fiscal year contract. The proposed contract with Sunrise

Manor represents an increase of \$11,527 from the prior fiscal year contract. The proposed contracts can serve approximately 35 to 40 individuals each. There is no change to the rates or other substantive changes within these contracts. These contracts are funded with MHSA, Realignment, and Tobacco Settlement funds.

VCBH is proposing approval for the VCBH Director to sign the agreements for augmented board and care services with: (1) Elms, in the amount of \$188,000, for the service period of July 1, 2017 through June 30, 2018 and (2) Sunrise Manor, in the amount of \$133,210 (an increase of \$11,527, for the service period of July 1, 2017 through June 30, 2018).

***Crestwood Behavioral Health, Inc. (Crestwood)*** provides mental health rehabilitation center (MHRC) services to seriously mentally ill clients who require a higher level of care due to the severity of their illness. Clients placed at Crestwood receive the following services: (1) medication management, (2) training and support with skills related to activities of daily living, (3) daily rehabilitation groups, (4) individual psychotherapy, and (5) various other non-clinical services that are designed to support recovery. The proposed contract reflects: (1) an increase of \$23,421 from the prior year agreement, (2) an increase of 3.5% in the client rate which is due to a State law that provides a cost of living adjustment to MHRC facilities, and (3) the addition of new contract language related to the National Voter Registration Act and Certification of Claims for Payment for Services Rendered form. The cost per client day has increased from \$256 to \$265 per day (an increase of \$9 per day). This contract also contains a bed hold rate of \$265 per day. The proposed contract maximum will support approximately two clients. This agreement is funded by Realignment and Tobacco Settlement funds.

VCBH is proposing approval for the VCBH Director to sign the agreement for MHRC services with Crestwood, in the amount of \$193,421, for the service period of July 1, 2017 through June 30, 2018.

***Sylmar Health & Rehabilitation Center (SHRC)*** is an Institution for Mental Disease (IMD) facility that facilitates recovery in a restricted environment. SHRC is VCBH's primary contractor for legal competence restoration services for alleged misdemeanants. SHRC also provides residential treatment for Murphy conservatees (unrestored defendants that are charged with a felony involving death, great bodily harm, or a serious threat to the physical well-being of another person, and for whom a conservatorship was pursued under Welfare and Institutions Code section 5008(h)(1)(B)). The proposed contract reflects: (1) a decrease of \$527,266 over the prior year agreement as VCBH transferred a number of clients from this facility to the Horizon View MHRC in December of FY 2016-17 and no longer needs the same level of beds at this facility, (2) an increase of 3.5% in the client rates which is due to a State law that provides a cost of living adjustment to IMD facilities, and (3) the addition of new contract language related to the National Voter Registration Act and Certification of Claims for Payment for Services Rendered form. The rate for services at SHRC varies depending on the type of client served. For example, the daily rate for a court ordered client is \$274.49 and for all other clients it ranges from \$215.31 to \$299.49. This contract also contains a bed hold rate of \$176.92 per day. The proposed contract maximum will support approximately 12 clients. The SHRC contract is funded with Tobacco Settlement and Realignment funds.

VCBH is proposing approval for the VCBH Director to sign the Agreement for IMD facility services with SHRC, in the amount of \$1,100,000, for the service period of July 1, 2017 through June 30, 2018.

*Maxim Healthcare Services, Inc. (Maxim) and Meditech Health Services, Inc. (Meditech)* provide certified and/or licensed temporary staff to help fill vacant positions due to the difficulty in finding qualified and appropriately certified and/or licensed staff. These contractors are also used to help backfill existing positions due to unexpected leaves of absence and to ensure timely start-up of new grant funded programs. VCBH's vacancy rate ranges between 9% and 14%. VCBH is taking appropriate steps to expedite its recruitments for qualified and appropriately certified and/or licensed staff, however, until staff can be hired, VCBH is in need of temporary staff from Maxim and Meditech. VCBH uses a variety of temporary staff from Maxim and Meditech, including Registered Nurses, Mental Health Associates, and Licensed Marriage and Family Therapists.

The proposed contracts with Maxim and Meditech reflect: (1) a \$575,000 decrease in Maxim's maximum contract amount from the prior year agreement, (2) a \$175,000 increase in Meditech's maximum contract amount from the prior year agreement, (3) the addition of a new rate in the Maxim contract of \$28.50 per hour for a Community Services Worker/Child Care Services Aide position, and (4) the addition of new contract language related to the Debarment and Suspension Certification and mileage reimbursement procedures. These contracts are funded with County Resources, Drug Medi-Cal, MHSA, Realignment, SAPT, and SD/MC FFP.

VCBH is proposing approval for the VCBH Director to sign the agreements for medical personnel recruiting services with: (1) Maxim, in the amount of \$473,273, for the service period of July 1, 2017 through June 30, 2018 and (2) Meditech, in the amount of \$904,841, for the service period of July 1, 2017 through June 30, 2018.

### **3. Mixteco/Indigena Community Organizing Project Contract**

VCBH has developed a project addressing the "Innovation" component of its MHSA plan which focuses on increasing the quality of services to the Mixteco population, primarily in the Oxnard Plains area. This project will evaluate traditional indigenous healing practices as a mental health intervention. If successful, the Mixteco/Indigena Community Organizing Project (MICOP) will partner with the indigenous Mexican community and VCBH clinicians to assess whether these traditions can be integrated with the Cognitive Behavioral Therapy (CBT) that is used in VCBH clinics. The project has received unanimous approval from the state MHSOAC and local Institutional Review Board. If the research provides a positive result and the parties agree the practices can be integrated with the CBT approach, an educational training will be offered for mental health providers. The training will educate clinicians on the indigenous Mexican perspectives of mental health, disseminate the evaluation results, and communicate how to utilize the indigenous practices within mental health service delivery. This project is funded by MHSA Innovation funding.

The proposed project with MICOP, Healing the Soul, is planned to take place over a three-year period. A fourth year may be requested in order to achieve all contract goals and deliverables. The proposed budget for the project over the course of four years is \$809,556. The program will be reviewed and renewed each year based on program outcomes and budget considerations. If it is determined that the final project goal cannot be attained based on VCBH's review of the contracted services, the project will be terminated. Progress on contract goals will be assessed quarterly and will be required to align with the activities, outputs, and outcomes of the following core deliverables:

1. Convene an Advisory Board - A ten member board will assemble monthly to give guidance on all project activities.

2. Hold Focus Groups - Two focus groups will take place in year 1 to gather qualitative data on mental health status and healing strategies of indigenous Mexicans to inform survey questions.
3. Complete Structured Surveys - 150 indigenous Mexican community members will complete surveys that result in the capturing of quantitative data on the most commonly held perspectives on healing strategies of indigenous Mexicans. This information will be used to inform which interventions will be evaluated.
4. Evaluate Indigenous Intervention - 300 indigenous Mexican community members will take pre and post tests and complete 10-20 hours of traditional indigenous intervention(s). Pre and post tests will consist of qualitative assessments of stress, anxiety, and depression symptoms for baseline and improvement post-intervention.
5. Develop Mental Health Providers Training - In partnership with VCBH, training will take place that covers the project results, CBT and indigenous integrated strategies, and instructions for the Cultural Learning Card use. The Cultural Learning Card is a quick reference card for the client and clinician to determine cultural compatibility and help improve communication.
6. Finalize Project Evaluation in partnership with VCBH – A final report will be developed that summarizes the project and evaluation process and results.

VCBH is proposing approval for the VCBH Director to sign the agreement with MICOP for the Healing Soul Innovation mental health project, in the amount of \$174,320, for the service period of July 1, 2017 through June 30, 2018.