

BEHAVIORAL HEALTH ADVISORY BOARD
General Meeting
Monday, September 19, 2016, 1:00 – 3:30 p.m.
Ventura County Behavioral Health
1911 Williams Drive, Training Room • Oxnard, CA 93036

AGENDA

- I. Call to Order
- II. Approval of the Agenda – **ACTION**
- III. Approval of the August 15, 2016 Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Recognition Award: Dr. Celia Woods, VCBH Medical Director, and Anita Catapusan, ADP Clinic Administrator
- VI. Chair Announcements (5 min.)
- VII. Public Comments (3 min. per speaker)
- VIII. Board Members Comments and Announcements (3 min. per speaker)
- IX. Director’s Report: Annual Report and Organizational Chart – Elaine Crandall (20 min.)
- X. Alcohol and Drug Programs Update – Patrick Zarate (10 min.)
- XI. “Preventing Suicide” Conference Update – Kiran Sahota (5 min.)
- XII. New Business
 - A. BHAB Youth & Family Committee Letter to Governor Brown in Support of AB741 - **ACTION**
 - B. Principles of MHSA and Target Population
- XIII. Old Business
 - A. MICOP Innovation Project Public Comments Period – **ACTION**
 - B. BHAB Annual Report Update – Jerry Harris
 - C. Site Visit Updates: Inpatient Unit (IPU) on 9/27 at 2:00; Telecare Casas on October 7 at 10:00
 - D. Laura’s Law/AOT Orange County Visit Update – John Schipper (5 min.)
- XIV. Contracts – **ACTION**
 - A. BOS Agenda – October 4, 2016
 - 1. ADP – Office of Traffic Safety Grant
 - 2. ADP – Fillmore Unified School District MOU
 - 3. SELPA – ISES Positions
 - 4. Interface Children & Family Services Agreements
- XV. Adjourn

Next Meeting: Monday, October 17, 2016

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact: [Behavioral Health Administration](#), at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

MEMORANDUM

DATE: September 15, 2016

TO: Behavioral Health Advisory Board

FROM: Contracts Administration

SUBJECT: Board of Supervisors Agenda

Executive Summary

Ventura County Behavioral Health (VCBH) will be requesting Board of Supervisors approval for the following:

Board Agenda – October 4, 2016

1. ADP – Office of Traffic Safety Grant

Drug-impaired driving is a reality and a threat to public safety. This trend is seen nationally and locally, as Ventura County has an increasing number of arrests for driving under the influence (DUI) of drugs or in combination with alcohol. According to a 2014 study, almost 55% of drivers who tested positive for marijuana also had alcohol in their systems. Research shows that teens and adolescents are susceptible and are at a higher risk of using marijuana, alcohol and intoxicating substances. Over 35% of 12th grade students nationally used marijuana in the past year, and marijuana and alcohol are used at nearly the same rate. Young adults (ages 18-24) in Ventura County's DUI program represent 24% of the programs participants. In a 2014 Journal of the American Medical Association (JAMA) study of 18-24 year olds, 20.3% said they had used marijuana, 43.9% of males had driven after their use and 51% of males had ridden as a passenger after the driver had smoked.

On October 7, 2014, the Board of Supervisors approved the acceptance of the first drug-impaired driving Office of Traffic Safety (OTS) grant, "Risks & Realities", in the amount of \$162,000 for one year. The grant process is annual and competitive. On October 6, 2015, the Board of Supervisors approved and accepted the second drug-impaired driving OTS grant, "Call to Action", in the amount of \$299,677 for one year. VCBH Alcohol and Drug Programs (ADP) Prevention Services submitted another OTS grant application in January 2016 for drug-impaired driving, the "Manejando Clarament" or "Driving Clearly" campaign, and was awarded \$250,000 for one year, effective October 1, 2016 to September 30, 2017. On October 4, 2016, we will go before the Board of Supervisors with the "Driving Clearly" campaign that will focus on teens and younger adults to change perceptions and dispel myths around driving under the influence of marijuana.

Key strategies of the “Driving Clearly” campaign include: 1) collaborating with traffic safety partners and law enforcement agencies for DUI driver license checkpoint materials; 2) promoting the idea of “communal responsibility” to prevent impaired driving through collaboration with community groups, traffic safety partners, and law enforcement; 3) increasing the understanding of marijuana impairment and the combination of marijuana and alcohol impairment while driving, especially in underserved communities; 4) conducting a culturally appropriate media campaign that includes the use of video, audio, print, and web-based media; 5) working with community groups to promote ground-level outreach to ensure the message of impaired driving is absorbed and understood, and; 6) educating on-site alcohol retailers on the impairing effects of marijuana and alcohol combinations and the consequences of a DUI.

2. ADP - Fillmore Unified School District MOU

VCBH contracts with various prevention providers to provide services that support VCBH-ADP’s multi-year Strategic Prevention Plan. The plan contains a range of alcohol and drug prevention activities that are designed to change local community norms, behaviors, attitudes, and policies related to alcohol and drug use. The proposed Memorandum of Understanding (MOU) is needed to create and confirm an effective working relationship between the parties, and to provide the means by which VCBH and Fillmore Unified School District (FUSD) will maintain a collaborative relationship to facilitate inter-agency services to faculty and staff.

VCBH will provide and deliver policies and training to support the implementation of a sustainable district-wide K-12 Student Assistance Program (SAP). The SAP Brief Risk Reduction Interview and Intervention Model (BRRIMM) has been successfully utilized in other school districts to intervene early in the risk of substance use, academic and emotional/behavioral challenges of students. This model is a viable alternative to certain disciplinary actions such as suspension. The goal of this program is to reduce underage drinking, drug use, and associated problems among secondary school students by developing individually-tailored prevention plans to keep students in school. From the training and technical assistance, FUSD will be able to develop a sustainable prevention program to identify students strengths, focus on youth development, promote relevant career awareness, and provide individualized alcohol and drug prevention support services to identified students and their families, effective July 1, 2016 through June 30, 2017.

3. SELPA – ISES Positions

On June 30, 2011, Assembly Bill 114, Chapter 43, Statutes of 2011 (AB 114) was signed into law. Under AB 114, several sections of Chapter 26.5 of the California Government Code were amended or rendered inoperative. This ended the state mandate on county mental health agencies to fund mental health services to students with disabilities. These services were provided to special education students via the Individualized Education Program (IEP) process, and may have included such things as individual or small group counseling, collateral services, medication monitoring, case management, and residential care. School Districts are now solely responsible for funding special education and related services needed to address social, emotional, and behavioral needs, in accordance with the Individuals with Disabilities Education Act (IDEA).

Ventura County Office of Education Special Education Local Plan Area (VCOE/SELPA) has contracted with VCBH to provide special education related mental health services. VCBH will invoice VCOE/SELPA for costs not covered by SD/MC FFP and EPSDT funds. The services may include, but are not limited to, assessments,

individual therapy, group therapy, collateral services, case management, day rehabilitation, residential placement, and other mental health services.

During the four years since the inception of **Intensive Social Emotional Services (ISES)**, the collective goal of VCOE/SELPA and VCBH has been to maintain children within their home and in the county versus out of county and out of state placements. Data and research indicate that recidivism in youth placed out-of-state tops 70%, while increasing trauma and failing to address the behaviors in the first place. We are proud of our success in this commitment, not only having reduced out of state placements from a high of nearly 100 to a current census of 17, but also greatly reducing the costs associated with residential placement and most importantly keeping children in their home. On May 12, 2015, the Board of Supervisors approved the addition of 7.0 Regular Positions for the provision of ISES. The growth in need has continued and VCBH recommends approval of 5.0 additional Regular Positions for the ISES program with anticipated potential deployment to the following regions of Ventura County based on projected caseload and needs:

Region	Position	FTE
Oxnard (North & South)	Behavioral Health Clinician III	2.0
Santa Paula/Fillmore	Behavioral Health Clinician III	1.0
Simi/Conejo Valley	Behavioral Health Clinician III	1.0
Providence School/Ventura	Behavioral Health Clinician III	2.0
	Total FTE	5.0

Through both the expansion in Santa Clara and Ojai Valleys as well as the new VCBH facility at the Centerpoint Mall in South Oxnard, identification of children requiring school based mental health services continues to increase. VCOE/SELPA has requested and supports additional VCBH resources for ISES. VCBH and VCOE/SELPA will collectively monitor caseloads to ensure that the new resources are appropriately assigned to the areas in need.

4. Interface Children & Family Services Agreements

Interface provides Triple P Prevention and Early Intervention (PEI) and Triple P First 5 services to children and their families through two agreements. The Triple P PEI program serves children up to 17 years of age and their families and the Triple P First 5 program specifically provides services to children 0 to 5 years of age and their families. The Triple P programs are designed to address emerging mental health issues and use the Triple P evidence based practice model. Triple P gives parents and caregivers simple and practical strategies to help them confidently manage their children’s behavior to prevent more severe, long term mental health issues. Services are considered “short term” in nature.

The proposed agreements with Interface extend the term for an additional one-year from July 1, 2016 through June 30, 2017, for a combined total maximum amount of \$703,696 (Triple P PEI \$462,057 and First 5 \$241,639). The Triple P PEI maximum amount reflects a decrease of \$149,855 from the prior fiscal year due to the realignment of Specialty Mental Health Care services to Interface’s Early and Periodic Screening, Diagnosis and Treatment (EPSDT) contract so that the Triple P PEI program can focus on providing group services to maintain the fidelity of the Triple P model. Payment will be made according to the provisional unit of service rates and do not exceed the Ventura County Maximum Allowance. The agreements are funded with Short Doyle/Federal Financial Participation (SD/MC FFP), Mental Health Service Act (MHSA) Prop 63, and the First 5 Grant.