

BEHAVIORAL HEALTH ADVISORY BOARD

General Meeting

Monday, April 16, 2018, 1:00 – 3:30 p.m.

Ventura County Behavioral Health

1911 Williams Drive, Training Room • Oxnard, CA 93036

AGENDA

- I. Call to Order and Pledge of Allegiance
- II. Approval of the Agenda – **ACTION**
- III. Approval of the March 26, 2018 Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Public Comments (3 min. per speaker)
- VI. Chair's Report (5 min.)
 - A. 2018-19 BHAB Objectives and Tracking Progress
 - B. 2017-18 Annual Report
 - C. BHAB Member Involvement and Participation
 1. External Quality Review Organization (EQRO) Participation
 2. Mental Health Services Act (MHSA) Needs Assessment Workgroup
 3. Assist Stakeholders Meeting
 4. VCBH Director Selection Process
 5. Governing Board, California Association of Local Behavioral Health Boards and Commissions (CALBHB/C)
 - D. Events and Announcements – Janis Gardner, Chair Emeritus (5 min.)
- VII. Board Members Comments and Announcements (3 min. per speaker)
- VIII. Presentation: Welfare & Institutions Code 5270 – Joseph Vlaskovits, M.D., Psychiatrist and Forensic Psychiatrist (20 min.)
- IX. Director's Report – Pete Pringle, Interim Director (10 min.)
- X. Secretary's Report – Nancy Borchard (5 min.)
- XI. BHAB Committees Reports (5 min. each)
 - A. Adult Services Committee – Nancy Borchard, Gane Brooking – Co-Chairs
 - B. Prevention Committee – Janis Gardner, Chair
 - C. Transitional Age Youth (TAY) Committee – Cmdr. Ron Nelson, Chair
 - D. Youth & Family Committee – Denise Nielsen, Chair
- XII. New Business
 - A. Appoint and Confirm Nominating Committee – **ACTION** (5 min.)
 - B. Appoint and Confirm Member-At-Large – **ACTION** (5 min)
 - C. MHSA Annual Report Update: Open 30-day Public Comment Period – Clara Barron, MHSA Operations Manager (10 min.) – **ACTION**
 - D. Report on the National Rx Conference in Atlanta – Janis Gardner, BHAB Chair Emeritus; Dan Hicks, ADP Prevention Manager; Kathy Mulford, DUI Manager (10 min.)
 - E. How Best to Address Updates on Pending Legislation – Discussion (5 min.)

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact: Behavioral Health Administration, at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

XIII. Old Business

- A. Re-defining "Gravely Disabled" – Discussion, **ACTION** (10 min.)
- B. Determine Feasibility of Forming a Psychiatric Hospital Inpatient Bed Needs Assessment Workgroup – Update – Ratan Bhavnani (10 min.)
- C. Future Presentations (3 min.)
- D. Future Recognitions (3 min.)

XIV. Contracts – **ACTION** (10 min.)

- A. Board of Supervisors Agenda – April 17, 2018
 - 1. Alcohol and Drug Programs (ADP) – Receive and File a Report on Rx Abuse and Heroin Workgroup Addressing the Opioid Epidemic
 - 2. Medi-Cal Contract Language Revision
- B. Board of Supervisors Agenda – May 1, 2018
 - 1. University of Cincinnati Student Internship Memorandum of Understanding (MOU)
- C. Board of Supervisors Agenda – May 8, 2018
 - 1. FY 2017-18 Aspiranet First Amendment
- D. Board of Supervisors Agenda – May 15, 2018
 - 1. ADP – Ventura County Office of Education First Amendment
 - 2. Maxim Staffing Solutions Second Amendment
 - 3. Tri-Counties Regional Center (TCRC) MOU Second Amendment

XV. Public Comments (3 min. each)

XVI. Adjourn

Next Meeting: Monday, May 21, 2018

MEMORANDUM

DATE: April 12, 2018
TO: Behavioral Health Advisory Board
FROM: Contracts Administration
SUBJECT: Board of Supervisors Agenda

Executive Summary

Ventura County Behavioral Health (VCBH) requested Board of Supervisors approval for the following:

Board Agenda – April 17, 2018

1. Alcohol and Drug Programs (ADP) – Receive and File a Report on Rx Abuse and Heroin Workgroup Addressing the Opioid Epidemic.

This item is a receive and file providing an update to the Board of Supervisors on the opioid epidemic.

The overuse of prescription painkillers (opioids) and their link to heroin use are significant and growing public health problems nationally. Today, accidental drug overdose ranks as the leading cause of accidental death in the United States, eclipsing motor vehicle crashes in 2012, and every year since. In 2012, VCBH collaborated with other County agencies to join forces and establish a prescription drug abuse workgroup, to better coordinate efforts to reduce drug abuse and the growing problem of addiction. At the request of the Board of Supervisors, VCBH is submitting a report that discusses the local opioid crisis impact and efforts taken to fight and decrease the opioid epidemic in Ventura County.

As detailed in the report, the: (1) workgroup membership has expanded to include both public and private efforts to address the epidemic, with a wide array of services across the county, (2) multiple training events, public awareness campaigns, conferences and client outreach efforts have been successfully launched, and (3) VCBH staff are working closely with other County agencies to systematically improve the County's ability to effectively respond to a rapidly evolving drug crisis.

2. Medi-Cal Contract Language Revision.

This item is requesting VCBH be granted administrative authority to revise non-financial components of VCBH Medi-Cal contracts with County Counsel review and approval.

In 2016, the Centers for Medicare and Medicaid Services (CMS) published in the Federal Register the Medicaid and Children's Health Insurance Program (CHIP) Managed Care Final Rule (Final Rule). The Final Rule is the first major update to the Medicaid and CHIP managed care regulations in more than a decade. The key goals of the Final Rule are to support state efforts to advance delivery system reform, improve the quality of care, strengthen the beneficiary experience of care, strengthen key beneficiary protections, strengthen program integrity by improving accountability and transparency, and aligning key Medicaid and CHIP managed care requirements with other health coverage programs. The Final Rule requirements are to be phased in over three years, starting with the contract period starting on or after July 1, 2017.

Over the course of this fiscal year, DHCS has been evaluating the Final Rule requirements and slowly providing clarification and guidance to counties on the application of the revised federal regulations and transition to a managed care service delivery system. To ensure that VCBH is compliant with the Final Rule and all DHCS requirements and guidance released to date, VCBH is revising its existing Medi-Cal contract template to conform to these new requirements including terms related to: (1) Medi-Cal providers' adherence to specific federal and state laws and regulations pertaining to the provision of Medi-Cal/Medicaid services, (2) conflict of interest, (3) non-discrimination, (4) time, distance, and timely access standards, (5) delegation and assignment of contract functions, (6) licenses, certifications, and staffing, (7) patients'/clients' rights, (8) program monitoring and review, (9) record retention, (10) reporting requirements, (11) auditing of services, (12) facilities, (13) cooperation with County of Ventura compliance efforts, (14) ownership/controlling interest disclosure, (15) criminal background and fingerprinting checks, (16) Social Security Administration Death Master File checks, (17) National Plan and Provider Enumeration System checks, (18) non-payment provisions related to entities outside of the United States of America, (19) suspension of payments due to fraud, (20) non-payment provisions for services rendered by an entity or individual excluded from participation in a federal health care program, and (21) certification of claims for services rendered.

While DHCS has provided guidance on several components of the Final Rule requirements through Mental Health Substance Use Disorder Services (MHSUDS) information notices and other feedback methods, several more MHSUDS information notices and other regulatory guidance is expected to be released during the remainder of this fiscal year to clarify the new requirements set forth in the Final Rule that became effective July 1, 2017. To assist VCBH in timely responding to future DHCS/MHSUDS requirements or guidelines, VCBH is requesting authorization to amend VCBH's Medi-Cal contracts to revise or add language applicable to Medi-Cal providers, as required in the future by the Final Rule or DHCS, and subject to County Counsel review and approval.

Board Agenda – May 1, 2018

1. University of Cincinnati Student Internship Memorandum of Understanding (MOU).

This item establishes an MOU with University of Cincinnati for internship opportunities for clinical students.

Currently, VCBH collaborates with several educational institutions to provide volunteer internship opportunities for students enrolled in various mental health related educational programs. These educational programs typically require fieldwork or internship experiences within a behavioral health setting as part of their academic program. The proposed MOU between VCBH and University of Cincinnati would establish an internship opportunity for students to gain clinical experience in counseling, marriage and family therapy, or psychology. By establishing this internship, VCBH is participating in the development of future counseling, marriage and family therapy, and psychology professionals and creating a potential pool of professionals to recruit from in the future. In addition, having interns working as volunteers under clinical supervision at our clinics enriches the clinical services we provide. This MOU is being presented to the Board of Supervisors because the MOU template being used contains deviations from the Board of Supervisors approved internship template that require Board of Supervisors approval. In fiscal year (FY) 2018-2019, VCBH plans to host one student from the University of Cincinnati.

VCBH is proposing approval of and authorization for the VCBH Director to sign the MOU to establish an internship program between VCBH and University of Cincinnati, effective January 1, 2018 through January 31, 2019.

Board Agenda – May 8, 2018

1. FY 2017-18 Aspiranet First Amendment.

This item is increasing the Aspiranet contract by \$286,487 resulting from an increase in clients served.

Aspiranet provides Educationally Related Social Emotional Services (ERSES) to special education students who have behaviors, symptoms, or family challenges that interfere with their ability to access their special education program. These issues require one-to-one assistance to prevent residential treatment service provision. Services are based on students' individualized education program and are designed to supplement the ERSES provided at the school. In FY 2016-17, Aspiranet served 70 unduplicated clients and provided 574,702 units of service (minutes). The total cost per client was \$18,571 with a median length of stay of 350 days. In the first two quarters (July 1, 2017 through December 31, 2017) of the current term, Aspiranet has served 50 unduplicated clients and provided 326,595 units of service (minutes). Compared to the first two quarters of the prior term (July 1, 2016 through December 31, 2016), Aspiranet has provided 21% more units of service than prior term. Aspiranet is projected to serve a total of 100 unduplicated clients for the contract term July 1, 2017 through June 30, 2018. As a result of the increase in clients and units provided, Aspiranet's salaries and supplies costs have increased. To ensure that there is sufficient funding available through June 30, 2018, the proposed amendment reflects an increase to the contract maximum. Through February of 2018, this contractor has submitted invoices for \$814,

741 in funding. This contract is funded with Short Doyle Medi-Cal Federal Financial Participation (SD/MC FFP), Realignment, and Special Education Local Plan Area (SELPA) funds.

VCBH is proposing approval for the VCBH Director or designee to sign the First Amendment for COEDS services with Aspiranet, increasing the contract maximum from \$1,300,000 to \$1,586,487 (an increase of \$286,487), effective July 1, 2017 through June 30, 2018.

Board Agenda – May 15, 2018

1. ADP – Ventura County Office of Education First Amendment.

This item is a revising line items within the existing contract. There are no additional funds requested.

Ventura County Office of Education (VCOE) provides: (1) alcohol and drug prevention outreach to students, school personnel, and community partners, (2) youth mentoring services, and (3) coordination and training to support student assistance and Friday Night Live programs throughout Ventura County. The goal of these programs is to prevent and reduce underage drinking, drug use, and associated problems. As of March 2018, VCOE has: 1) Friday Night Live charters in 14 schools with outreach and engagement of nearly 400 students in grades 5-12, representing diverse populations from across Ventura County, 2) provided training for at least 100 youth participants to develop relevant and lifelong skills while building their capacity for community health advocacy and college and career readiness, and 3) provided professional development for at least 30 adult allies (teachers, counselors, administrators, and community agency representatives) to effectively work with youth using engaging and inclusive strategies, or increase their own level of knowledge in the areas of common youth challenges (e.g. alcohol, tobacco, and other drug prevention). In addition, the Friday Night Live charters referenced above have also collaborated with at least 20 partnering community agencies to develop, deliver, and provide effective and relevant services and resources for participating youth. The proposed first amendment will revise the contract budget to more closely align the budgetary line items to the proposed services. There is no increase in the maximum contract amount. Through February of 2018, this contractor has submitted invoices for \$113,304 in funding. This contract is fully funded with SAPT Block Grant funds.

VCBH is proposing approval for the VCBH Director or designee to sign the first amendment to the contract for alcohol and drug prevention services with VCOE, to revise the budget and in the existing amount of \$195,000, for the service period of July 1, 2017 through June 30, 2018.

2. Maxim Staffing Solutions Second Amendment.

This item is increasing the temporary staffing contract to cover the cost of staff hired for the FEMA Crisis Counseling Program (CCP) grant.

Maxim provides certified and/or licensed temporary staff to help fill vacant positions due to the difficulty in finding qualified and appropriately certified and/or licensed staff. These contractors are also used to help backfill existing positions due to unexpected leaves of absence. The proposed Second Amendment will increase the

Maxim contract maximum to allow VCBH to fill positions that will be funded by Department of Homeland Security's Federal Emergency Management Agency (FEMA) through the CCP Grant. The CCP funds are obligated for continuing crisis-counseling services for victims of the recent Southern California wildfires in the disaster-declared counties. VCBH will utilize personnel through Maxim to provide crisis counseling services to Ventura County residents affected by the Thomas fire.

VCBH is proposing approval for the VCBH Director or designee to sign the Second Amendment for medical personnel staffing and recruiting services with Maxim, increasing the maximum contract amount from \$946,765 to \$1,316,125 (an increase of \$369,360), effective July 1, 2017 through June 30, 2018.

3. Tri-Counties Regional Center (TCRC) MOU Second Amendment.

This is an update to the existing MOU between TCRC, VCBH, and VCMC. There is no fiscal impact with this item.

TCRC is a private, non-profit corporation contracted by the State of California to provide or arrange for a continuum of diagnostic and support services to persons with developmental disabilities. Until October 31, 2015, TCRC had an MOU in place with the Ventura County Health Care Agency (HCA) (Inpatient Psychiatric Unit (IPU) and VCBH) to insure: (1) care coordination between all three entities for individuals dually diagnosed with a mental illness and developmental disability and (2) payment provisions existed for services rendered to individuals placed at the IPU if, and when an individual no longer met the medical necessity criteria for inpatient hospitalization.

The proposed second amendment to the TCRC MOU renews and extends the term of the MOU for the service period of July 1, 2017 through June 30, 2020 and updates the care coordination and service delivery responsibilities of the three parties to the MOU. The primary goal of extending and continuing this relationship is to improve the quality of mental health outcomes for individuals that are dually diagnosed with mental illness and developmental disability.

VCBH is proposing approval for the HCA Director to sign, the Second Amendment to the MOU between TCRC, IPU, and VCBH for mental health services for developmentally disabled adults, effective July 1, 2017 through June 30, 2020.