

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

GENERAL MEETING

MINUTES

April 16, 2018

NEXT MEETING:

Monday, May 21, 2018

1:00 p.m. – 3:30 p.m.

Ventura County Behavioral Health Administration
1911 Williams Drive, Training Room ♦ Oxnard, CA 93036

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

BHAB Members Present

Jerry Harris, Chair
Claudia Armann
Karyn Bates
Ratan Bhavnani, 1st Vice Chair
Nancy Borchard, Secretary
Gane Brooking, Member at Large
Margaret Cortese
Monique Garcia
Janis Gardner, Member Emeritus
Patricia Mowlavi
Cmdr. Ron Nelson
Denise Nielsen
Supervisor Linda Parks
Marlen Torres
Sheri Valley
Kay Wilson-Bolton, 2nd Vice Chair

BHAB Members Absent

Mary Haffner
Larry Hicks
Irene Pinkard

Others Present

Dan Powell, VCMC Hillmont Psychiatric Unit
Joseph Vlaskovits, M.D.
Heather Davidson, First 5 Ventura County
Lucrecia Campos-Juarez, Clinicas del Camino Real
Asencion "Cici" Romero, TAY Tunnel
Crystal Davis, Probation
Robbie Hidalgo, Simi At the Garden
David Deutsch, NAMI
Marika Collins, Casa Pacifica
Kalie Matissek, Turning Point Foundation
Dawn Anderson, Ventura County Office of Education
Irene Ornelas, Ventura County Office of Education
Mark Stadler, Crisis Intervention Team

VCBH Managers and Staff Present

Pete Pringle, Interim Director
Lisa Acosta, M.D., Youth & Family Medical Director
Clara Barron, MHSA Operations Manager
Greg Bergan, MHSA Program Administrator
Hilary Carson, MHSA
Tina Coates, Patient Rights Advocate
Leisa Donovan, Fiscal Manager
Narci Egan, Assistant Chief Financial Officer
Dan Hicks, Prevention Manager
Svet Johnson, Adult Division Sr. Manager
Jason Jones, MHSA Fiscal
Kathy Mulford, Alcohol and Drug Programs DUI Manager
Dina Olivas, Youth & Family Division Sr. Manager
Esperanza Ortega, MHSA
John Schipper, Adult Division Chief
Maryza Seal, Contracts Manager
Elaina Titus-Sterling, MHSA
Terri Yanez, Administrative Division Chief
Edith Pham, BHAB Assistant

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Jerry Harris called the meeting to order at 1:05 p.m. Monique Garcia lead the audience in reciting the Pledge of Allegiance to the U.S. Flag.		
II.	Approval of the Agenda Mr. Harris asked the Board to review and approve today's agenda. Janis Gardner moved to approve, Patricia Mowlavi seconded. Ratan Bhavnani noted that Mary Haffner is not present to continue the discussion on item XIII.A. Re-defining "Gravely Disabled." Mr. Harris announced that this item is being deferred until the next meeting. The motion to approve the agenda as amended passed unanimously.	The agenda was approved as amended. M/S/C	
III.	Approval of the Minutes Mr. Harris asked the Board to review and approve the minutes of the March 26, 2018 meeting. Nancy Borchard moved to approve, Mr. Bhavnani seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Mr. Harris welcomed everyone and asked BHAB members to introduce themselves.		
V.	Public Comments Mr. Harris reminded members of the public who wish to make a public comment to fill out and turn in a Request to Address the Board card. Those wishing to speak on an agenda item will be called at the time the item is discussed. A. David Deutsch thanked all who participated in the recent NAMI golf tournament. He also noted that the NAMI General meetings are currently on hold due to the loss of a meeting location. The meetings will resume once a new location is secured.		
VI.	Chair Report A. 2018-19 BHAB Objectives and Tracking Progress. Mr. Harris requested that all BHAB Committee chairs provide one objective at the May General Meeting, to be used by the board members to select objectives for the coming year. The committees will be asked to use the Action Plan form to track their progress in achieving their 2018-19 objectives. B. 2017-18 Annual Report. The Executive team will review the Annual Report format during its next Executive meeting to identify the need for any changes. C. BHAB Members Involvement and Participation. Mr. Harris thanked the BHAB members who attended the following events: 1. External Quality Review Organization (EQRO) opening/closing session and/or Quality Wrap-up sessions: Mr. Bhavnani, Gane Brooking, Mr. Harris. 2. MHSA Needs Assessment Workgroup: Ms. Gardner, Mr. Harris. 3. Assist Stakeholders meeting: Mr. Bhavnani, Ms. Borchard, Ms. Brooking, Ms. Gardner, Sheri Valley, and Mr. Harris. 4. VCBH Director Selection Process: Mr. Bhavnani, Ms. Gardner and Mr. Harris will sit on the interview panel to select the next VCBH Director. 5. Governing Board, CALBHB/C: Mr. Harris reminded the board members to vote on the election to select the Southern Region members for that statewide board. D. Events and Announcements. Ms. Gardner provided information on the following: 1. NAMI golf tournament on April 7; 2. Indigenous Knowledge Conference on April 20 at Oxnard College; 3. Foster VC Kids Town Hall meeting on April 21 in Ventura; 4. Pacific Clinics 21 st Annual Latino Mental Health Conference on May 10 in San Gabriel; 5. Screening of the movie "Not Alone" on May 14 in Camarillo; 6. Night in Oaxaca on August 10 at Olivas Adobe in Ventura.	Provide committees' objectives at the May General Meeting	Committee chairs

<p>VII.</p>	<p>Board Members Comments and Announcements</p> <p>A. Karyn Bates announced her resignation effective May 1st.</p> <p>B. Marlen Torres noted that her work includes travels to Washington, D.C., to get updates pertaining to managed care. She volunteered to report to the BHAB as appropriate.</p> <p>C. Mr. Bhavnani noted that the Assist stakeholder meeting held on April 9 provided an update on the program. As of July 1st, 2018, the program is scheduled to be brought back in-house, rather than being contracted out to Telecare.</p> <p>D. Ms. Brooking noted that Senior Concerns' regular meeting on May 17 will deal with older adult LGBTQ and dementia.</p>		
<p>VIII.</p>	<p>Presentation: Welfare & Institutions Code 5270 – Joseph Vlaskovits, M.D., Psychiatrist and Forensic Psychiatrist</p> <p>Dr. Vlaskovits noted that he works directly for the Superior Court and indirectly for the Health Care Agency, but the opinions in this presentation are his alone.</p> <p>Welfare and Institutions Code (W&IC) 5270 provides for up to an additional 30 days of inpatient commitment above the current maximum of 17 days (72 hours under 5150 hold and 14 days under 5250 hold) for Grave Disability. It is implemented only in counties where the Boards of Supervisors have authorized its application, e.g. Los Angeles and Santa Barbara counties.</p> <p>Dr. Vlaskovits estimates that 10%-20% of local inpatient clients could benefit from the implementation of this regulation. He requested that the BHAB consider supporting the implementation of W&IC 5270 as it is an additional tool for psychiatrists to help their hospitalized clients.</p> <p>Pete Pringle agreed to gather information on this as it may relate to Ventura County, including fiscal implications, and report to the BHAB at the next General meeting.</p>	<p>Gather information, report at next General Meeting</p>	<p>P. Pringle</p>
<p>IX.</p>	<p>Director's Report – Pete Pringle, Interim Director</p> <p>A. The External Quality Review Organization (EQRO) has conducted its yearly review of VCBH. It looked at many aspects of service delivery and gave recommendations. During this past year, VCBH was able to address most of the recommendations that EQRO had provided a year ago.</p> <p>B. The Alcohol & Drug Programs (ADP) DUI Program had an unannounced audit the previous week. Auditors visited the DUI offices in Thousand Oaks and Fillmore and were impressed with what they saw.</p> <p>C. The Ventura County Medical Center Hillmont Psychiatric Unit (VCMC HPC) will be audited by the Department of Health Care Services (DHCS) during the week of April 23rd. Its Operations Supervisor, Daniel Powell, and Pete Pringle have been communicating about the upcoming audit. They have also been working on increasing the number of inpatient psychiatric beds.</p> <p>D. The Department of Health Care Services had audited VCBH in 2016 and directed it to address the issues it raised. A Plan of Correction is due to the state by the end of the month.</p> <p>E. Dr. Loretta Denering is the new ADP Chief. She comes from Los Angeles County, where she worked on the move to Drug Medi-Cal Organized Delivery System (DMC-ODS), program development, evaluation and research.</p> <p>F. ADP managers gave two presentations at the recent Rx Summit in Atlanta. Additionally, ADP will give a presentation to the Board of Supervisors on April 17 regarding the opioid crisis.</p> <p>G. The VCBH Adult Services Division has been awarded a triage grant. A seven-member outreach and engagement team will focus on two identified needs: pairing with law</p>		

	<p>enforcement to respond to calls in the community, and outreach to transitional-aged youth.</p> <p>H. VCBH continues its collaboration with the Department of Rehabilitation and PathPoint on a FEMA-funded work training program.</p> <p>I. Mr. Pringle had a positive visit of the site in Camarillo where Growing Works will be located. Turning Point Foundation will implement this program.</p> <p>J. Vista del Mar Psychiatric Hospital has been allowed to reopen its intensive outpatient and partial hospitalization programs while its hospital is being rebuilt. VCBH will meet with Vista del Mar to discuss access to these services for Medi-Cal clients. Vista del Mar is hoping to reopen half of its inpatient beds in the summer.</p> <p>K. VCMC Inpatient Unit is meeting with the state regarding re-establishing a crisis stabilization unit to help prevent hospitalization of adult clients. In addition, VCBH is communicating with St. John's Hospital on the possibility of opening a crisis stabilization unit there.</p>		
X.	<p>Secretary's Report – Nancy Borchard</p> <p>A. Karyn Bates will be missed as she had been very active on the BHAB.</p> <p>B. On April 17 the Board of Supervisor will vote on appointing Jamie Banker to the BHAB.</p> <p>C. The attendance of BHAB members at BHAB committees has improved.</p>		
XI.	<p>BHAB Committee Reports</p> <p>A. Adult Services Committee – Nancy Borchard, Gane Brooking, Co-Chairs The committee had a presentation on A New Start for Moms, a program that integrates treatment for mental health and substance use disorders.</p> <p>B. Prevention Committee – Janis Gardner, Chair The committee had a presentation on A New Start for Moms. Stakeholders shared their mission statements. Many trainings are taking place for children and adults.</p> <p>C. Transitional Age Youth (TAY) Committee – Cmdr. Ron Nelson, Chair At its upcoming meeting, the committee will start working on its objectives.</p> <p>D. Youth & Family Committee – Denise Nielsen, Chair The committee had a presentation from Aspiranet on Collaborative Educational Supports (COEDS), a program under Ventura County Office of Education. Next month the committee will discuss its objectives. It is hoped that the shortage of psychiatric beds for children and youth will be a focus of local agencies.</p>		
XI.	<p>New Business</p> <p>A. Appoint and Confirm Nominating Committee Mr. Harris appointed Claudia Armann, Mary Haffner and Cmdr. Nelson to serve on the Nominating Committee. Ms. Borchard moved to accept the slate, Ms. Nielsen seconded. The motion passed unanimously.</p> <p>B. Appoint and Confirm Member-At-Large Mr. Harris appointed Margaret Cortese to serve as Member-At-Large. Kay Wilson-Bolton moved to confirm the appointment, Patricia Mowlavi seconded. The motion passed unanimously. Ms. Cortese noted that she is coordinating a site visit to Logrando Bienestar and asked for BHAB members to join her, Ms. Brooking and Ms. Gardner. Ms. Armann and Ms. Mowlavi volunteered.</p> <p>C. MHSА Annual Report Update: Open 30-day Public Comment Period – Clara Barron, MHSА Operations Manager</p>	<p>Appoint and confirm Nominating Committee M/S/C</p> <p>Appoint and confirm Member-At-Large M/S/C</p>	

<p>Ms. Barron gave a brief report on the format of the Mental Health Services Act (MHSA) Annual Report, which has been redesigned for ease of reading. She asked for a motion to open the MHSA Annual Update for Fiscal Year 2018-19 for the regulatory 30-day public comment period that will close May 17, with gathered comments being heard on May 21st. Mr. Bhavnani moved to open the 30-day public comment period, Ms. Mowlavi seconded. The motion passed unanimously. Mr. Pringle thanked the MHSA team and the Fiscal team for their hard work on this document. Ms. Borchard thanked the MHSA team for getting it out electronically the previous week.</p> <p>D. Report on the National Rx Conference in Atlanta – Janis Gardner, BHAB Chair Emeritus; Dan Hicks, ADP Prevention Manager; Kathy Mulford, ADP DUI Manager Ms. Gardner noted that the conference addressed the nationwide opioid crisis. VCBH Medical Director Dr. Brian Taylor and former Medical Director Dr. Celia Woods presented on the Safe Benzodiazepine Prescribing Program. ADP Prevention Manager Dan Hicks and Ventura County Sheriff’s Office Sgt. Victor Fazio presented on the intersection of law enforcement and healthcare. The presentations can be viewed at www.venturacountyresponds.org. Kathy Mulford noted that the conference was attended by over 3,000 people. The consensus was that the crisis did not happen overnight, and it will not be resolved overnight. The work at the local level is crucial. Dan Hicks distributed a handout with CDC data on overdose deaths. He noted that participants were impressed with the collaboration between agencies in this county.</p> <p>E. How Best to Address Updates on Pending Legislation Mr. Harris noted that at the Executive meeting of April 9 Scott Walker of the Crisis Intervention Team reported on several pieces of pending legislation addressing mental health issues. Mr. Harris suggested that it would be a good idea to track significant pending mental health legislation and report on such at general board meetings. Mr. Bhavnani noted that NAMI California has monthly meetings where legislation is discussed and a prioritized list is established. Mr. Bhavnani proposed to share this list, which currently includes about 30 to 40 bills. Marlen Torres volunteered to work on this topic and to report on budget hearings. Ms. Gardner and Ms. Brookings would also like to participate on a small subcommittee to identify and report on pending mental health legislation. It was agreed that an informal subcommittee be formed and the members report on pending legislation as appropriate at future BHAB general meetings.</p> <p>Public Comment: Marika Collins of Casa Pacifica highlighted one bill, AB 1299, which shifts the cost of treating foster youth placed out of county onto the receiving county. She requested that the BHAB consider writing a letter of support for the Department of Finance to put forward \$75 million into a pool of funds for counties that are highly impacted by the implementation of AB 1299, including Ventura County. That pool would be used while the counties are waiting to be reimbursed for the cost of treating out-of-county foster youth. Mr. Harris noted that the Board of Supervisors policy on supporting pending legislation had changed in the past and he is not sure it provides for boards and commissions to formally support such legislation. He therefore asked the BHAB assistant to find out what the current BOS policy is on this matter and report back to the full board. As an alternative, the BHAB could write a letter of support to VCBH, and VCBH could then ask the Board of Supervisors to support the legislation.</p>	<p>Open 30-day public comment period, to close on May 17 M/S/C</p> <p>Informal legislative subcommittee to report on pending legislation at future BHAB general meetings</p> <p>Find out current BOS policy on BHAB writing letters of support on pending legislation</p>	<p>E Pham</p>
<p>XI. Old Business</p> <p>A. Re-defining “Gravely Disabled” – Discussion This discussion was deferred until the next meeting, as noted under Approval of the Agenda.</p> <p>B. Determine Feasibility of Forming a Psychiatric Hospital Inpatient Bed Needs Assessment Workgroup – Update – Ratan Bhavnani Mr. Bhavnani noted that Matthew Sandoval, Health Care Agency Chief Deputy Director, met with a few BHAB members. He told them that he will meet on April 17 with the</p>		

	<p>local office of the California Department of Public Health (CDPH) with the goal of continuing to locate the Crisis Stabilization Unit within the Hillmont building. Mr. Sandoval is working to increase the number of psychiatric beds at the Ventura County Medical Center Inpatient Unit, from 30 to 42, and to open a Crisis Stabilization Unit. If no progress is made with the local CDPH, it is anticipated that the discussion will be taken to the Sacramento office.</p> <p>C. Future Presentations Mr. Harris reminded BHAB members to share their suggestions for future presentations with the BHAB Assistant or with him. Ms. Brooking suggested inviting one of the judges who had presented recently at a NAMI General meeting; the presentation to the BHAB would be on the criminal justice system being a substitute for treatment. The BHAB Assistant will find out who the judges were.</p> <p>D. Future Recognitions At the April Executive meeting, Mr. Pringle agreed to help the BHAB identify line staff who are deserving of BHAB recognition.</p>	<p>Find out the name of the judges who had presented at NAMI</p> <p>Identify line staff for recognition</p>	<p>E Pham</p> <p>P. Pringle</p>
<p>XII.</p>	<p>Contracts Mr. Harris thanked the Contracts office for recent improvements to the data it is providing in VCBH Executive Summaries and additional enhancements to the data in the future. Mr. Pringle submitted the following contracts, to be voted on by the Board of Supervisors:</p> <p>A. Board of Supervisors Agenda – April 17, 2018 1. Alcohol and Drug Programs (ADP) – Receive and File a Report on Rx Abuse and Heroin Workgroup Addressing the Opioid Epidemic 2. Medi-Cal Contract Language Revision</p> <p>B. Board of Supervisors Agenda – May 1, 2018 1. University of Cincinnati Student Internship Memorandum of Understanding</p> <p>C. Board of Supervisors Agenda – May 8, 2018 1. FY 2017-18 Aspiranet First Amendment</p> <p>D. Board of Supervisors Agenda – May 15, 2018 1. ADP – Ventura County Office of Education First Amendment 2. Maxim Staffing Solutions Second Amendment 3. Tri-Counties Regional Center (TCRC) MOU Second Amendment</p> <p>Ms. Gardner moved to recommend to the Board of Supervisors that they approve the above contracts. Mr. Bhavnani seconded. Ms. Wilson-Bolton asked Mr. Pringle whether VCBH is happy with the contracts, and he stated that it is. He noted that all contracts going to the Board of Supervisors are based on VCBH recommendations. The motion passed unanimously.</p>	<p>The Board approved sending the contracts to the BOS, recommending approval as submitted. M/S/C</p>	
<p>XIV.</p>	<p>Adjourn Mr. Harris thanked all the BHAB members and VCBH staff and partners for all the hard and sometimes difficult work they are doing. The meeting adjourned at 3:05 p.m.</p>		

Behavioral Health Advisory Board GENERAL Meeting Attendance

2017-18	Terms	Members	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
District 1	9/13/16 – 3/10/18	Claudia Armann	X	X	X	X	X		X	X	X	X		
District 1	10/6/15 – 10/6/18	Karyn Bates	X	X								X		
District 2	2/23/16 – 2/23/19	Ratan Bhavnani	X	X	X	X			X		X	X		
District 3	1/27/15 – 1/26/18	Nancy Borchard	X	X		X	X			X	X	X		
District 3	1/12/16 – 1/12/19	Gane Brooking	X		X	X	X		X	X	X	X		
District 5	1/11/18 – 1/10/21	Margaret Cortese							X	X	X	X		
District 5	10/17/17 – 9/23/20	Monique Garcia	X						X	X		X		
District 2	9/13/16 – 9/13/19	Janis Gardner	X	X	X	X	X		X	X	X	X		
District 1	4/7/15 – 4/7/18	Mary Haffner	X	X	X	X	X			X				
District 4	9/17/16 – 9/17/19	Jerry Harris	X	X	X	X	X		X	X	X	X		
District 3	12/2/17 – 12/1/20	Larry Hicks	X			X	X		X		X			
District 2	3/14/17 – 3/14/20	Patricia Mowlavi	X				X		X	X	X	X		
District 4	10/13/15 – 10/13/18	Cmdr. Ron Nelson	X	X	X	X	X			X	X	X		
District 4	9/17/15 – 9/17/18	Denise Nielsen	X	X	X		X		X	X	X	X		
District 2	1/1/17 – 12/31/18	Supervisor Linda Parks	X	X	X	X	X		X	X		X		
District 5	1/24/17 – 1/24/20	Dr. Irene Pinkard		X	X	X				X				
District 5	1/10/17 – 1/10/20	Marlen Torres	X				X			X		X		
District 4	2/6/18 – 2/6/21	Sheri Valley								X	X	X		
District 3	4/14/15 – 4/14/18	Kay Wilson-Bolton	X	X	X	X	X		X	x	X	X		

District 1		vacant
District 2		vacant

Present = X

- District 1 Supervisor Bennett
- District 2 Supervisor Parks
- District 3 Supervisor Long
- District 4 Supervisor Foy
- District 5 Supervisor Zaragoza

[Subscribe](#)[Past Issues](#)[Trans](#)

MICOP and CBDIO proudly announce this year's
Indigenous Knowledge Conference

[View this email in your browser](#)

Register HERE!



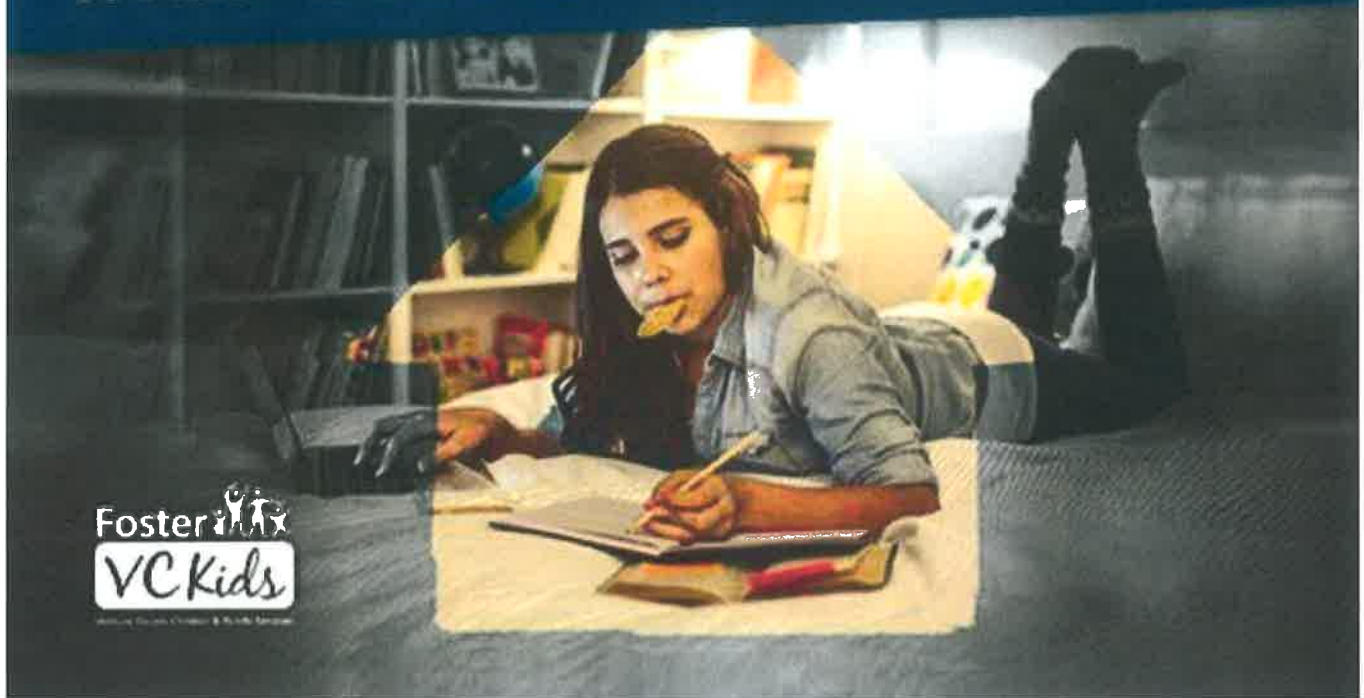
**Registration is open for
Indigenous Knowledge Conference 2018: EQUITY!**

This year we welcome two dynamic presenters to inform and entertain you with discourse and dance. Celebrated Zapotec writer, historian, and linguist, **Victor Cata**, who lives in Oaxaca, will be coming to our conference to talk about sexual equity. Famed "Amassador of Muxes in the Exterior", **Maritza Sanchez**, will share her experiences with you as a Muxe (a third gender in the Zapotec community) from Oaxaca, living in California.

This year's conference promises to bring you new information about who we are and how to achieve equity for everyone in Ventura County and beyond. Workshop topics include:

- food equity within Native communities
- indigenous languages & language justice
- higher education equity for indigenous students
- and more!

WHAT DOES *home* MEAN TO YOU?



Join Foster VC Kids for an informational
TOWN HALL MEETING

April 21st from 10-11:30 am

Ventura County Human Services Agency- 855 Partridge Drive, Ventura

Every day there are children and teens in our community without a stable home and a heartbreaking 47% of our foster youth have been separated from one or all of their siblings. 1 in 5 kids in care is over 16. **Now more than ever, we need dedicated local families just like yours to help!**

Join Foster VC Kids at the upcoming Town Hall Meeting and learn more about becoming a resource parent and other innovative ways to uplift local youth in need.

Hear from an inspiring panel of parents, caregivers and youth who will share their amazing stories of what **HOME** means to them.

[CLICK HERE](#) to for more information and to download the Foster VC Kids Town Hall flyer.

fostervckids.org • (805)654-3220

SAVE THE DATE

Pacific Clinics proudly presents its 21st Annual Latino Conference, Schedule for Thursday, May 10, 2018.

About the conference:

“Behavioral Health Equity Services Amongst the Latino Community”

The focus of this year’s conference will be on mental health disparities and health care quality amongst the Latino Community to ensure equity of services in Los Angeles County, California and the United States. The conference will discuss cultural and linguistic competent services and community health literacy, it is also expected that participants who attend this event will gain valuable information on various topics such as: (1) Neuro-linguistic programming (2) Diabetes within the Latino Community (3) “Ventanillas de Salud” programs, (4) Behavioral Health Resources in the LGBTQ community and cultural factors to consider to engage and retain this population for services, and (5) how the Latino community may be impacted by the legalization of recreational marijuana in the state of California.



SAVE THE DATE

21st Annual Latino Mental Health Conference

Thursday, May 10, 2018, Hilton Los Angeles/San Gabriel

Sponsored by Pacific Clinics

For more information contact bpadilla@pacificclinics.org



Pacific Clinics
CALIFORNIA

Behavioral Health Equity Services Amongst the Latino Community

[More info on registration to come for LACDMH and DCFS employees](#)

Early bird regular registration of \$85, now open, ends January 28, 2018 (Includes Continental Breakfast, Lunch, Parking and CEs for Licensed Staff), Visa/MC accepted.

To register click on link: <http://www.cvent.com/d/ctq4dt/4W>

THANK YOU AND HOPE TO SEE YOU THERE!

Best Regards,
Blanca Padilla Stevens
Pacific Clinics

Assistant to Dr. Luis Garcia, VP Quality Care,
Cultural Diversity and Outcomes

EBP TRAINING MANAGER

9829 Carmenita Road, Suite H

Whittier, CA 90605-3262

(562) 907-7429 Fax (562) 696-8640



Parent and Community Education Event

The Camarillo Council of PTAs will be hosting a screening of “Not Alone”

(a film about teen depression and suicide)

Monday, May 14 at 6:30 pm at the Camarillo Roxy Theater

“Suicide is the SECOND leading cause of death for ages 10-24.”

This film, *Not Alone*, was created to raise awareness of teen mental illness and to initiate an important discussion about suicide prevention within our community. The film was created by a high school student and features several students who share their personal stories of struggling with depression, anxiety, and self harm. The goal of the film is to help youth and adults recognize signs of depression and mental illness and learn how to Ask Questions, Listen, and Get Help.

We encourage parents, high school and middle school students**, teachers, counselors, and community members to attend this film screening. Following the film, there will be a panel discussion about how to recognize signs of mental illness and depression and how to help someone who is struggling.

Thank you for your support!

Tickets are \$5 per person.*

Seating is limited and tickets must be purchased in advance.

BUY NOW

**price includes a small popcorn*

** this film is recommended for ages 14 and up. Parents should use their judgment when bringing middle school students. Students need to be accompanied by a parent or guardian.

<http://www.camarillopta.org/not-alone-film-screening/>

Welfare & Institutions Code (W&IC) 5270: Continued Inpatient Treatment of Grave Disability

Joseph Vlaskovits, M.D.
Diplomate in Psychiatry & Forensic Psychiatry, ABPN
Diplomate in Addiction Medicine, ABPM

BHAB
General
Meeting

Disclosures

- I indirectly work for the Health Care Agency, directly work for Superior Court and am contracted by County Counsel's Office, and have consulted for the Public Defender's Office, the District Attorney's Office and private attorneys.
- I do **not** have financial conflicts of interest to report with regard to pharmaceutical companies or medical device manufacturers.
- The opinions expressed in this presentation are mine alone.

BHAB General Meeting



BHAB General Meeting

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Objectives

- What is it?
- What is it not?
- How it could be implemented in our county.
- The experiences of Santa Barbara and Los Angeles Counties, and how it has been helpful to patients and families, especially as a tool for reducing the revolving door between repeat hospitalizations and/or jail.
- Legal criteria and the process of inpatient commitment with regard to Grave Disability and W&IC 5270's role as an alternative to unnecessary LPS temporary conservatorship.
- Financial considerations.

BHAB General Meeting

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What is it?

W&IC 5270 provides for up to an additional 30 days of inpatient commitment above the current maximum of 17 days for Grave Disability, apart from LPS conservatorship.

BHAB General Meeting

5

What is it not?

A panacea (cure all) for the legal and resource issues affecting our mental health system.

BHAB General Meeting

6

Implementation (by Board of Supervisors) W&IC 5270.12.

This article shall be operative only in those counties in which the county board of supervisors, by resolution, authorizes its application and, by resolution, makes a finding that any additional costs incurred by the county in the implementation of this article are funded either by new funding sufficient to cover the costs incurred by the county resulting from this article, or funds redirected from cost savings resulting from this article, or a combination thereof, so that no current service reductions will occur as a result of the enactment of this article. Compliance with this section shall be monitored by the State Department of Health Care Services as part of its review and approval of mental health plans and performance contracts.

BHAB General Meeting

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Where is it used currently?

Counties: Contra Costa, El Dorado, Fresno, Los Angeles, Merced, Orange, Placer, Sacramento, San Francisco, San Diego, Santa Barbara, Sonoma, Tulare and others.

BHAB General Meeting

8

Transinstitutionalization



BHAB General Meeting 9

The local “revolving door”



BHAB General Meeting 10

Patient "A"

- Discharged from surgery following treatment of fracture in dominant upper extremity.
- Long history of chronic psychotic illness, homelessness and treatment non-adherence.
- No social supports.
- Admitted to IPU as Gravely Disabled.
- Lacked capacity to consent to psychotropic medications, court granted involuntary medication petition.
- Hospitalized for maximum possible of 17 days. AMA discharge considered by MD, but rejected due to patient's need for future long-term psychiatric treatment.
- Two days following discharge, name was noted on jail intake statistics shared by VCBH.

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Patient "B"

- Discharged from surgery following treatment of fracture in lower extremity.
- Long history of chronic psychotic illness, significant substance use, many misdemeanor arrests, homelessness and treatment non-adherence.
- No social supports.
- Admitted to IPU as Gravely Disabled.
- Lacked capacity to consent to psychotropic medications, court granted involuntary medication petition.
- Hospitalized for maximum possible of 17 days. Left hospital without a wheelchair by choice, despite strict instructions not to bear weight on affected extremity.
- Readmitted about one week later due to severe psychotic decompensation.

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Grave Disability Legally Defined

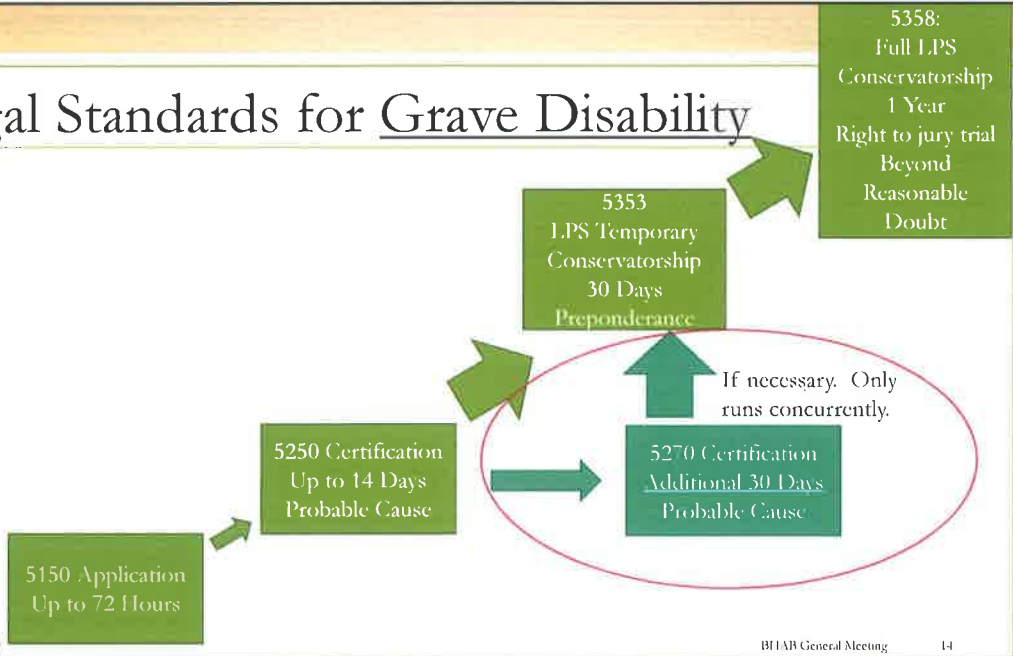
A condition in which a person, as a result of a mental disorder (~~or impairment by chronic alcoholism~~), is unable to provide for his (or her) basic personal needs for food, clothing or shelter.

*Homelessness alone does not qualify for this.

*Responsible (willing and able to help) third-party assistance also negates this.

Legal Standards for Grave Disability

Standard of Proof Required
& Level of Due Process



What's the problem with conservatorship?

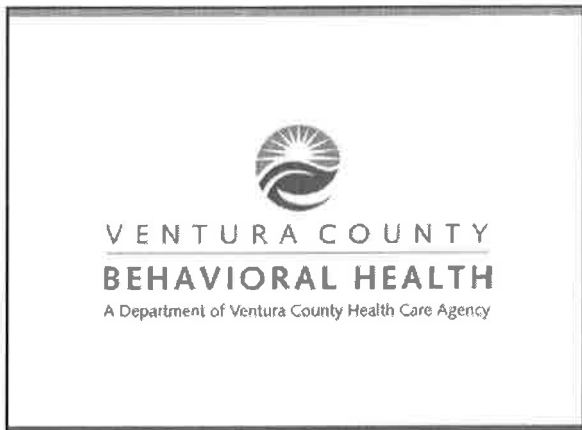
- By law, “last resort.”
- Extremely restrictive, strips person of their civil rights.
- Resource availability, especially locally.
- Legal process risks alienating conservatee from future voluntary treatment.

“It is like going to prison.”

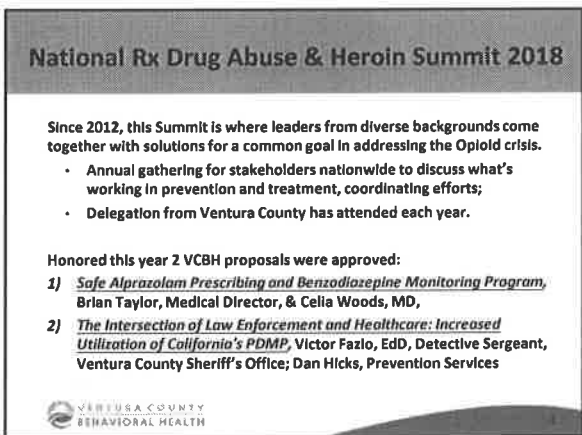
BHAB General Meeting 15

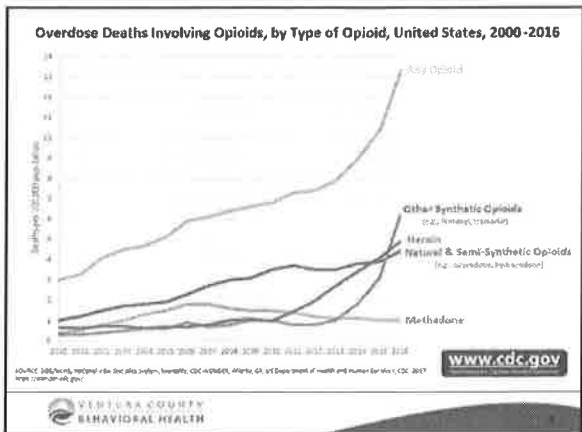


Questions?

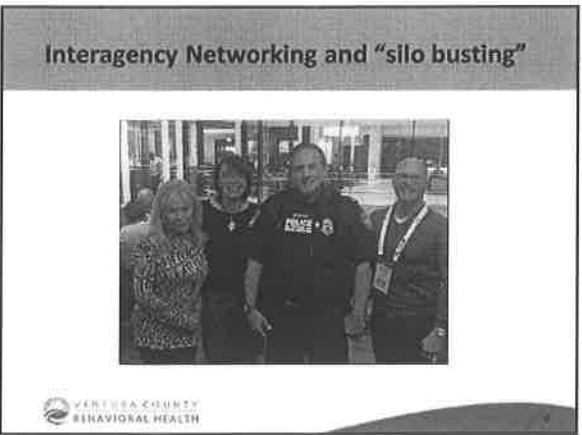












MEMORANDUM

DATE: April 12, 2018
TO: Behavioral Health Advisory Board
FROM: Contracts Administration
SUBJECT: Board of Supervisors Agenda

Executive Summary

Ventura County Behavioral Health (VCBH) requested Board of Supervisors approval for the following:

Board Agenda – April 17, 2018

1. Alcohol and Drug Programs (ADP) – Receive and File a Report on Rx Abuse and Heroin Workgroup Addressing the Opioid Epidemic.

This item is a receive and file providing an update to the Board of Supervisors on the opioid epidemic.

The overuse of prescription painkillers (opioids) and their link to heroin use are significant and growing public health problems nationally. Today, accidental drug overdose ranks as the leading cause of accidental death in the United States, eclipsing motor vehicle crashes in 2012, and every year since. In 2012, VCBH collaborated with other County agencies to join forces and establish a prescription drug abuse workgroup, to better coordinate efforts to reduce drug abuse and the growing problem of addiction. At the request of the Board of Supervisors, VCBH is submitting a report that discusses the local opioid crisis impact and efforts taken to fight and decrease the opioid epidemic in Ventura County.

As detailed in the report, the: (1) workgroup membership has expanded to include both public and private efforts to address the epidemic, with a wide array of services across the county, (2) multiple training events, public awareness campaigns, conferences and client outreach efforts have been successfully launched, and (3) VCBH staff are working closely with other County agencies to systematically improve the County's ability to effectively respond to a rapidly evolving drug crisis.

2. Medi-Cal Contract Language Revision.

This item is requesting VCBH be granted administrative authority to revise non-financial components of VCBH Medi-Cal contracts with County Counsel review and approval.

In 2016, the Centers for Medicare and Medicaid Services (CMS) published in the Federal Register the Medicaid and Children's Health Insurance Program (CHIP) Managed Care Final Rule (Final Rule). The Final Rule is the first major update to the Medicaid and CHIP managed care regulations in more than a decade. The key goals of the Final Rule are to support state efforts to advance delivery system reform, improve the quality of care, strengthen the beneficiary experience of care, strengthen key beneficiary protections, strengthen program integrity by improving accountability and transparency, and aligning key Medicaid and CHIP managed care requirements with other health coverage programs. The Final Rule requirements are to be phased in over three years, starting with the contract period starting on or after July 1, 2017.

Over the course of this fiscal year, DHCS has been evaluating the Final Rule requirements and slowly providing clarification and guidance to counties on the application of the revised federal regulations and transition to a managed care service delivery system. To ensure that VCBH is compliant with the Final Rule and all DHCS requirements and guidance released to date, VCBH is revising its existing Medi-Cal contract template to conform to these new requirements including terms related to: (1) Medi-Cal providers' adherence to specific federal and state laws and regulations pertaining to the provision of Medi-Cal/Medicaid services, (2) conflict of interest, (3) non-discrimination, (4) time, distance, and timely access standards, (5) delegation and assignment of contract functions, (6) licenses, certifications, and staffing, (7) patients'/clients' rights, (8) program monitoring and review, (9) record retention, (10) reporting requirements, (11) auditing of services, (12) facilities, (13) cooperation with County of Ventura compliance efforts, (14) ownership/controlling interest disclosure, (15) criminal background and fingerprinting checks, (16) Social Security Administration Death Master File checks, (17) National Plan and Provider Enumeration System checks, (18) non-payment provisions related to entities outside of the United States of America, (19) suspension of payments due to fraud, (20) non-payment provisions for services rendered by an entity or individual excluded from participation in a federal health care program, and (21) certification of claims for services rendered.

While DHCS has provided guidance on several components of the Final Rule requirements through Mental Health Substance Use Disorder Services (MHSUDS) information notices and other feedback methods, several more MHSUDS information notices and other regulatory guidance is expected to be released during the remainder of this fiscal year to clarify the new requirements set forth in the Final Rule that became effective July 1, 2017. To assist VCBH in timely responding to future DHCS/MHSUDS requirements or guidelines, VCBH is requesting authorization to amend VCBH's Medi-Cal contracts to revise or add language applicable to Medi-Cal providers, as required in the future by the Final Rule or DHCS, and subject to County Counsel review and approval.

Board Agenda – May 1, 2018

1. University of Cincinnati Student Internship Memorandum of Understanding (MOU).

This item establishes an MOU with University of Cincinnati for internship opportunities for clinical students.

Currently, VCBH collaborates with several educational institutions to provide volunteer internship opportunities for students enrolled in various mental health related educational programs. These educational programs typically require fieldwork or internship experiences within a behavioral health setting as part of their academic program. The proposed MOU between VCBH and University of Cincinnati would establish an internship opportunity for students to gain clinical experience in counseling, marriage and family therapy, or psychology. By establishing this internship, VCBH is participating in the development of future counseling, marriage and family therapy, and psychology professionals and creating a potential pool of professionals to recruit from in the future. In addition, having interns working as volunteers under clinical supervision at our clinics enriches the clinical services we provide. This MOU is being presented to the Board of Supervisors because the MOU template being used contains deviations from the Board of Supervisors approved internship template that require Board of Supervisors approval. In fiscal year (FY) 2018-2019, VCBH plans to host one student from the University of Cincinnati.

VCBH is proposing approval of and authorization for the VCBH Director to sign the MOU to establish an internship program between VCBH and University of Cincinnati, effective January 1, 2018 through January 31, 2019.

Board Agenda – May 8, 2018

1. FY 2017-18 Aspiranet First Amendment.

This item is increasing the Aspiranet contract by \$286,487 resulting from an increase in clients served.

Aspiranet provides Educationally Related Social Emotional Services (ERSES) to special education students who have behaviors, symptoms, or family challenges that interfere with their ability to access their special education program. These issues require one-to-one assistance to prevent residential treatment service provision. Services are based on students' individualized education program and are designed to supplement the ERSES provided at the school. In FY 2016-17, Aspiranet served 70 unduplicated clients and provided 574,702 units of service (minutes). The total cost per client was \$18,571 with a median length of stay of 350 days. In the first two quarters (July 1, 2017 through December 31, 2017) of the current term, Aspiranet has served 50 unduplicated clients and provided 326,595 units of service (minutes). Compared to the first two quarters of the prior term (July 1, 2016 through December 31, 2016), Aspiranet has provided 21% more units of service than prior term. Aspiranet is projected to serve a total of 100 unduplicated clients for the contract term July 1, 2017 through June 30, 2018. As a result of the increase in clients and units provided, Aspiranet's salaries and supplies costs have increased. To ensure that there is sufficient funding available through June 30, 2018, the proposed amendment reflects an increase to the contract maximum. Through February of 2018, this contractor has submitted invoices for \$814,

741 in funding. This contract is funded with Short Doyle Medi-Cal Federal Financial Participation (SD/MC FFP), Realignment, and Special Education Local Plan Area (SELPA) funds.

VCBH is proposing approval for the VCBH Director or designee to sign the First Amendment for COEDS services with Aspiranet, increasing the contract maximum from \$1,300,000 to \$1,586,487 (an increase of \$286,487), effective July 1, 2017 through June 30, 2018.

Board Agenda – May 15, 2018

1. ADP – Ventura County Office of Education First Amendment.

This item is a revising line items within the existing contract. There are no additional funds requested.

Ventura County Office of Education (VCOE) provides: (1) alcohol and drug prevention outreach to students, school personnel, and community partners, (2) youth mentoring services, and (3) coordination and training to support student assistance and Friday Night Live programs throughout Ventura County. The goal of these programs is to prevent and reduce underage drinking, drug use, and associated problems. As of March 2018, VCOE has: 1) Friday Night Live charters in 14 schools with outreach and engagement of nearly 400 students in grades 5-12, representing diverse populations from across Ventura County, 2) provided training for at least 100 youth participants to develop relevant and lifelong skills while building their capacity for community health advocacy and college and career readiness, and 3) provided professional development for at least 30 adult allies (teachers, counselors, administrators, and community agency representatives) to effectively work with youth using engaging and inclusive strategies, or increase their own level of knowledge in the areas of common youth challenges (e.g. alcohol, tobacco, and other drug prevention). In addition, the Friday Night Live charters referenced above have also collaborated with at least 20 partnering community agencies to develop, deliver, and provide effective and relevant services and resources for participating youth. The proposed first amendment will revise the contract budget to more closely align the budgetary line items to the proposed services. There is no increase in the maximum contract amount. Through February of 2018, this contractor has submitted invoices for \$113,304 in funding. This contract is fully funded with SAPT Block Grant funds.

VCBH is proposing approval for the VCBH Director or designee to sign the first amendment to the contract for alcohol and drug prevention services with VCOE, to revise the budget and in the existing amount of \$195,000, for the service period of July 1, 2017 through June 30, 2018.

2. Maxim Staffing Solutions Second Amendment.

This item is increasing the temporary staffing contract to cover the cost of staff hired for the FEMA Crisis Counseling Program (CCP) grant.

Maxim provides certified and/or licensed temporary staff to help fill vacant positions due to the difficulty in finding qualified and appropriately certified and/or licensed staff. These contractors are also used to help backfill existing positions due to unexpected leaves of absence. The proposed Second Amendment will increase the

Maxim contract maximum to allow VCBH to fill positions that will be funded by Department of Homeland Security's Federal Emergency Management Agency (FEMA) through the CCP Grant. The CCP funds are obligated for continuing crisis-counseling services for victims of the recent Southern California wildfires in the disaster-declared counties. VCBH will utilize personnel through Maxim to provide crisis counseling services to Ventura County residents affected by the Thomas fire.

VCBH is proposing approval for the VCBH Director or designee to sign the Second Amendment for medical personnel staffing and recruiting services with Maxim, increasing the maximum contract amount from \$946,765 to \$1,316,125 (an increase of \$369,360), effective July 1, 2017 through June 30, 2018.

3. Tri-Counties Regional Center (TCRC) MOU Second Amendment.

This is an update to the existing MOU between TCRC, VCBH, and VCMC. There is no fiscal impact with this item.

TCRC is a private, non-profit corporation contracted by the State of California to provide or arrange for a continuum of diagnostic and support services to persons with developmental disabilities. Until October 31, 2015, TCRC had an MOU in place with the Ventura County Health Care Agency (HCA) (Inpatient Psychiatric Unit (IPU) and VCBH) to insure: (1) care coordination between all three entities for individuals dually diagnosed with a mental illness and developmental disability and (2) payment provisions existed for services rendered to individuals placed at the IPU if, and when an individual no longer met the medical necessity criteria for inpatient hospitalization.

The proposed second amendment to the TCRC MOU renews and extends the term of the MOU for the service period of July 1, 2017 through June 30, 2020 and updates the care coordination and service delivery responsibilities of the three parties to the MOU. The primary goal of extending and continuing this relationship is to improve the quality of mental health outcomes for individuals that are dually diagnosed with mental illness and developmental disability.

VCBH is proposing approval for the HCA Director to sign, the Second Amendment to the MOU between TCRC, IPU, and VCBH for mental health services for developmentally disabled adults, effective July 1, 2017 through June 30, 2020.