

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

**GENERAL MEETING**

MINUTES

**August 21, 2017**

**NEXT MEETING:**

Monday, September 18, 2017

1:00 p.m. – 3:30 p.m.

Ventura County Behavioral Health Administration  
1911 Williams Drive, Training Room ♦ Oxnard, CA 93036

Note: The Behavioral Health Advisory Board has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

**BHAB Members Present**

Jerry Harris, Chair  
Claudia Armann  
Karyn Bates, 1st Vice Chair  
Ratan Bhavnani, 2<sup>nd</sup> Vice Chair  
Nancy Borchard, Secretary  
Janis Gardner, Member Emeritus  
Mary Haffner  
Cmdr. Ron Nelson  
Denise Nielsen  
Supervisor Linda Parks  
Irene Pinkard  
Kay Wilson-Bolton  
Sandra Wolfe

**BHAB Members Absent**

Gane Brooking, Member at Large  
Monique Garcia  
Larry Hicks  
Patricia Mowlavi  
McKian Nielsen  
Marlen Torres  
Sidney White

**Others Present**

Sally Harrison, County Executive Office  
Claudia Grimaldo  
Mark Schumacher, Turning Point Foundation  
Kalie Matisek, Turning Point Foundation  
Marika Collins, Casa Pacifica  
Michael Redard, Casa Pacifica  
David Deutsch, NAMI  
Lucrecia Campos-Juarez, Clinicas del Camino Real  
Catalina Arenas, Aurora Behavioral Health

**VCBH Managers/Staff Present**

Elaine Crandall, Director  
Greg Bergan, MHSA  
Clara Barron, MHSA  
Hilary Carson, MHSA  
Leisa Donovan, Fiscal Manager  
Patricia Gonzalez, MHSA  
Dan Hicks, Prevention Manager  
Sevet Johnson, East County Adult/TAY Manager  
Esperanza Ortega, MHSA  
Pete Pringle, Youth & Family Division Chief  
Kiran Sahota, MHSA Manager  
John Schipper, Adult Division Chief  
Brian Taylor, M.D., Medical Director  
Deborah Thurber, M.D., Youth & Family Medical Director  
Terri Yanez, Administrative Division Chief  
Patrick Zarate, COO and Alcohol & Drug Programs Manager  
Edith Pham, BHAB Assistant

|      | DISCUSSION/CONCLUSIONS  | RECOMMENDATIONS/<br>ACTIONS                      | RESPONSIBLE |
|------|---|--|-------------|
| I.   | <b>Call to Order</b><br>Chair Harris called the meeting to order at 1:05 p.m.   |  |             |
| II.  | <b>Welcome and Introductions</b><br>Due to a lack of quorum, Mr. Harris moved the Introduction up. He welcomed all and asked BHAB members and the public (if they wished) to introduce themselves.  |  |             |
| III. | <b>Public Comments</b><br>Due to a lack of quorum, Mr. Harris moved the Public Comments up. He noted that the Request to Address the Board form has been updated: speakers requesting to address the board should put a checkmark next to the "General Comment" option if they want to speak during the Public Comment segment of the meeting, or write the agenda item number they would like to speak on. The time limit is still 3 minutes per speaker.<br><br>David Deutsch announced that: <ol style="list-style-type: none"> <li>1. Starting August 22, NAMI will begin offering orientation of the peer-to-peer program for clients and families prior to the start of new classes;</li> <li>2. NAMI Ventura County's 1<sup>st</sup> Evening at the Theater fundraising gala will be on October 21 at Newbury Park High School;</li> <li>3. At the next NAMI general meeting on September 12 Supervisor Parks will present on the possibility of having Growing Grounds Nursery hire clients part-time.</li> <li>4. The NAMI California Conference will be held on August 25 and 26 in Newport Beach. NAMI California has selected Elaine Crandall as the 2017 Outstanding Mental Health Director; she will receive her award during a luncheon on August 26.</li> </ol>   |  |             |
| IV.  | <b>Chair's Report</b><br>Mr. Harris noted that being selected by NAMI California as the Outstanding Mental Health Director is an impressive honor.<br><br>Mr. Harris would like to increase communication between the BHAB Board and its committees, and also between the committees as some issues affect more than one target population. Mary Haffner voiced her support.<br><br>Mr. Harris noted that the August 12 edition of the Ventura County Star had an insert on opioid abuse in Ventura County.<br><br>Janis Garner made the following announcements: <ol style="list-style-type: none"> <li>A. The Opioid Solutions Summit will take place on the morning of August 29 at the Ventura Beach Marriott.</li> <li>B. The Suicide Prevention Council Meeting meets on the first Friday of the month at 10:00 a.m. in VCBH Administration, Lake Tahoe room. All are welcome to attend.</li> <li>C. Military and Veteran Suicide Awareness &amp; Prevention Day will be marked on the morning of September 6 at the State Capitol in Sacramento.</li> <li>D. United Way will hold a Day of Caring on the morning of September 16.</li> <li>E. The Out of the Darkness Community Walk will be held on the morning of September 16 at Constitution Park in Camarillo.</li> <li>F. The 2<sup>nd</sup> Annual Suicide Prevention Conference – Help &amp; Hope will be held on the morning of September 20 at Oxnard College.</li> <li>G. Pacific Clinics TAY Tunnel 10 Years Open House will take place on September 29 at 11:00 a.m. at its office in Oxnard.</li> <li>H. Engaged Community Project is partnering with Give an Hour California to develop a network of volunteer professionals who provide free mental health care to those in need.</li> </ol> |  |             |
| V.   | <b>Approval of the Agenda</b><br>Mr. Harris asked the Board to review and approve today's agenda, noting that the Contracts segment needs to be moved up to item VII as the quorum may not be maintained to the end of the meeting. Nancy Borchard moved to approve as amended, Mary Haffner seconded. The motion passed unanimously.   | The agenda was approved as amended. <b>M/S/C</b> |             |

|       |   |  |  |
|-------|---|--|--|
| VI.   | <p><b>Approval of the Minutes</b><br/>Mr. Harris asked the Board to review and approve the minutes of the July 17, 2017 meeting. Cmdr. Nelson moved to approve, Denise Nielsen seconded. The motion passed unanimously.</p>   | The minutes were approved as written. <b>M/S/C</b>                             |  |
| VII.  | <p><b>Contracts</b><br/>Ms. Crandall submitted the following contracts, to be voted on by the Board of Supervisors (BOS) - See attached Executive Summary for details:</p> <p>A. Board of Supervisors Agenda – September 12, 2017</p> <ol style="list-style-type: none"> <li>1. California Lutheran University Clinical Practicum Training Memorandum of Understanding (MOU)</li> <li>2. Fiscal Year (FY) 2016-17 and FY 2017-18 Aurora Vista Del Mar Amendment and One-time Payment to Bakersfield Behavioral Healthcare, LLC</li> <li>3. FY 2016-17 Casa Pacifica Amendment</li> <li>4. Ventura County Office of Education SELPA MOU</li> </ol> <p>In answer to Mr. Bhavnani’s question about referrals to Bakersfield Behavioral Healthcare, Ms. Crandall explained that the VCMC Inpatient Unit or other hospitals may refer directly to that facility. It admits clients but, as a stand-alone, does not bill Medi-Cal; VCBH is financially responsible for the local clients being placed there.</p> <p>Mr. Bhavnani moved to send the contracts to the Board of Supervisors as submitted; Cmdr. Nelson seconded. The motion passed unanimously.</p>  | The Board approved sending the contracts to the BOS as submitted. <b>M/S/C</b> |  |
| VIII. | <p><b>Board Members Comments and Announcements</b></p> <p>A. Sandra Wolfe thanked all who attended the recent Grand Opening of the Diversity Collective’s Community Resource Center, which provides services to the LGBTQ population. She noted that an Overdose Awareness and Lantern Release Gathering will take place on August 31<sup>st</sup> from 6 p.m. to 8 p.m. in Santa Barbara. Such events will take place on that day in most major U.S. cities.</p> <p>B. Cmdr. Nelson noted that on August 18 he and a few other BHAB Members conducted a site visit of Casa Pacifica. He gleaned a few ideas that he would like to use. Cmdr. Nelson has been working with New York University (NYU)’s Patient Centered Outcome Research Institute (PCORI). PCORI staff have been meeting with various stakeholders to identify the needs of those interfacing with both the mental health and criminal justice systems.</p> <p>C. Ms. Gardner encouraged all Board members to attend one or more committees.</p> <p>D. Ratan Bhavnani noted that the day prior to the start of the NAMI California Conference, a multicultural symposium will take place and will include a panel from Ventura county.</p> <p>E. Nancy Borchard encouraged all to review the report from the External Quality Review Organization (EQRO). It can be accessed at <a href="http://vchca.org/vcbh-quality-improvement">http://vchca.org/vcbh-quality-improvement</a></p> <p>F. Mary Haffner reported briefly on the Assist stakeholder meeting of August 17. It is nearing the end of the first federal fiscal year for the SAMHSA grant.</p> <p>G. Supervisor Parks introduced Claudia Grimaldo, who is being considered for appointment to the BHAB. Members welcomed Ms. Grimaldo.</p> |  |  |
| IX.   | <p><b>Managed Care Update and Director’s Report – Elaine Crandall</b><br/>Ms. Crandall noted she feels honored to be recognized at the NAMI California Conference. She acknowledged Oxnard College and the MHSA staff in raising awareness on suicide prevention. She provided information on:</p> <p>A. State updates</p> <ol style="list-style-type: none"> <li>1. County Behavioral Health Directors Association of California (CBHDA) advocacy prevails with influence on shaping Mental Health Services Act (MHSA) Reversion. These changes will establish a balanced approach to MHSA Reversion and provide continuity and predictability to counties.</li> <li>2. Creating county infrastructure with SB 82 Investment in Mental Health Wellness Act grants. These grants help individuals experiencing a mental health emergency. Locally, it funds the RISE Team, which has been extended through 2018.</li> </ol>   | Information  |  |

3. Mitigating In-Home Supportive Services (IHSS) cost shift impacts. State's published rates for Institutions for Mental Disease (IMD) will be frozen in years in which Mental Health 1991 Realignment Vehicle License Fee (VLF) gets swept to pay for IHSS.
4. Continuum of Care Reform (CCR) programming funded under Proposition 30.
5. Acknowledging Proposition 30 for Federal Medicaid Managed Care Rule Workload. The cost of implementing the federal regulations known as Medicaid Managed Care Final Rule is assumed to be 50% County Funds and 50% State General Funds.
6. AB 1299 specialty mental health services to foster children. The financial cost of providing services to out-of-county foster children is shifted from the county of original jurisdiction to the host county. The payment for such services take several years to settle. Several counties expect to be disproportionately impacted; Ventura County is one of them, due to Casa Pacifica's residential asset being within the county.

**B. Legislative Proposals**

1. Housing: AB 727. Allows counties to provide housing assistance to any MHPA-eligible participant.
2. Evaluation of MHPA: SB 688. Establishes an interagency data agreement and contract out for a comprehensive evaluation of MHPA outcomes.
3. Crisis: AB 1372. Authorizes crisis stabilization units (CSU) to provide services beyond 23 hours 59 minutes when inpatient psychiatric beds are not available.
4. AB 1250. Would establish standards for the use of personal services contracts by counties.

**C. Local news**

1. Patrick Zarate, Chief Operations Officer and Chief of Alcohol & Drug Programs (ADP), was honored as the 2017 Behavioral/Mental Health Professional during the Ventura County Medical Resource Foundation's Fainer Award ceremony on August 17.
2. David Tovar, ADP Program Administrator, has been appointed to a California Highway Patrol task force to develop recommendations to address impaired driving.
3. The three new Senior Program Manager positions have been filled through promotions. Their roles will be vital in transitioning to a managed care system.
4. Solutions Court has been replaced with Insights effective July 24.
5. Managed Care updates:
  - a. The State is expected to release a new Mental Health Plan in the next 90 days.
  - b. The State has indicated the Implementation Priorities of the Medicaid Managed Care Final Rule.
  - c. Themes have emerged in states that have transitioned to a managed care system: integration with physical health, and value-based payments.
  - d. Implications and options for California: discussions through CBHDA and locally (stakeholder meetings in the next several months), and California Lutheran University's study of four states that have implemented Managed Care.

See attached for details. Ms. Crandall noted that she is excited about the new structures and promotions, which create a new system to address various challenges.

Ms. Crandall solicited feedback on managed care. Several concerns and hopes were raised:

1. What services will the Severely and Persistently Mentally Ill (SPMI) lose?
2. With value-based payments, what services will not be covered?
3. Clients often know what they need; they want to start directly with specialists rather than wait for referrals.
4. Managed Care may increase delays in treatment, especially from specialists.
5. A multi-disciplinary approach to treatment is important.
6. Hopefully, clients will no longer have to fail/be hospitalized before getting services.
7. Hopefully, clients will be able to work more with primary care doctors for referrals.
8. From a business perspective, managed care seems to make sense.

|   |                    |  |
|---|--------------------|--|
| <p><b>X. Chief Operations Officer's Update – Patrick Zarate</b></p> <p>Mr. Zarate followed up on questions raised at the previous General Meeting regarding Restorative Justice, a program that holds AB 109 offenders accountable and gets them to make amends in order to repair the harm they caused. Interface, the local provider, will run several cohorts of 20-hour classes each at the Todd Road Jail.</p> <p>Mr. Zarate reviewed data provided in a handout on Assist (45 enrolled in the program since implementation in late January 2017) and Horizon View (23 unduplicated clients since opening on 12/28/16). See attached for details.</p> <p>The Dave Holmboe Crisis Stabilization Unit (CSU) has had 283 admissions since opening in December 2016 and has a diversion rate of 59%. The co-located COMPASS program, which provides short-term stabilization services, has been mostly full.</p> <p>The Ventura County Star newspaper has published an insert on the opioid crisis as a messaging campaign, distributing about 50,000 copies. Locally, there has been a slight leveling of overdose deaths.</p> <p>Dan Hicks, ADP Prevention Manager, noted that in 2001 VCBH launched a "Place of last drink" survey. Results helped generate several campaigns.</p> <p>David Tovar, ADP Program Administrator, gave a brief report on the current campaign focusing on Driving Under the Influence (DUI) of alcohol, marijuana and other drugs. The campaign is being done in English, Spanish and Mixteco on social media and radio shows.</p> <p>Supervisor Parks asked about establishments that are the last place of drink. Mr. Hicks noted that there used to be 19 establishments that generated over 40% of DUIs. ADP Prevention is looking into this again. Cmdr. Nelson noted that enforcement, education and engineering made a difference, and he congratulated ADP Prevention for the work it has been doing.</p> | <p>Information</p> |  |
| <p><b>XI. Secretary's Report – Nancy Borchard</b></p> <p>BHAB Member McKian Nielsen will step down at the end of his term in September. Ms. Borchard asked all to encourage clients to participate in the BHAB. Mr. Harris noted that Mr. Nielsen will be presented with a commendation at the September General Meeting. He plans on having the BHAB Officers take turns presenting commendations in the future.</p> <p>Attendance is generally good. Members who miss more than two or three meetings should contact the Chair.</p> <p>More members have committed to participate in committees.</p>  |                    |  |
| <p><b>XII. BHAB Committees Reports</b></p> <p>A. Adult Services Committee – Karyn Bates and Nancy Borchard, Co-Chairs<br/>The committee is working on its Annual Report. In July, Aegis Treatment Centers gave a presentation on its narcotic treatment program. Per Dr. John Schipper, many counties in other states use Assisted Outpatient Treatment (AOT) program to provide what Ventura County considers basic services.</p> <p>B. Prevention Committee – Janis Gardner, Chair<br/>The committee rotates presentations between mental health and drugs. In June Dr. Sevet Johnson presented on "TAY in Prevention," and in July Dan Hicks presented on "Legal marijuana – What TAY need to know."</p> <p>C. Transitional Age Youth (TAY) Committee – Cmdr. Ron Nelson, Chair<br/>In June David Tovar presented on marijuana and TAY. In July Casa Pacifica presented on its TAY housing program for foster children. The committee will finalize its Annual Report at its next meeting in September.</p>  |                    |  |



## Behavioral Health Advisory Board GENERAL Meeting Attendance

| 2017-18    | Terms               | Members                | July | Aug | Sept | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June |
|------------|---------------------|------------------------|------|-----|------|-----|-----|-----|-----|-----|-----|-----|-----|------|
| District 1 | 9/13/16 – 3/10/18   | Claudia Arman          | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 1 | 10/6/15 – 10/6/18   | Karyn Bates            | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 2 | 2/23/16 – 2/23/19   | Ratan Bhavnani         | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 3 | 1/27/15 – 1/26/18   | Nancy Borchard         | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 3 | 1/12/16 – 1/12/19   | Gane Brooking          | X    |     |      |     |     |     |     |     |     |     |     |      |
| District 5 | 9/24/14 – 9/23/17   | Monique Garcia         | X    |     |      |     |     |     |     |     |     |     |     |      |
| District 2 | 4/7/15 – 4/7/18     | Janis Gardner          | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 1 | 4/7/15 – 4/7/18     | Mary Haffner           | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 4 | 9/17/13 – 9/17/16   | Jerry Harris           | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 3 | 12/2/14 – 12/1/17   | Larry Hicks            | X    |     |      |     |     |     |     |     |     |     |     |      |
| District 2 | 3/14/17 – 3/14/20   | Patricia Mowlavi       | X    |     |      |     |     |     |     |     |     |     |     |      |
| District 2 | 1/1/17 – 12/31/18   | Supervisor Linda Parks | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 4 | 10/13/15 – 10/13/18 | Cmdr. Ron Nelson       | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 4 | 9/17/15 – 9/17/18   | Denise Nielsen         | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 4 | 9/17/14 – 9/17/17   | McKian Nielsen         |      |     |      |     |     |     |     |     |     |     |     |      |
| District 5 | 1/24/17 – 1/24/20   | Dr. Irene Pinkard      |      | X   |      |     |     |     |     |     |     |     |     |      |
| District 5 | 1/10/17 – 1/10/20   | Marlen Torres          | X    |     |      |     |     |     |     |     |     |     |     |      |
| District 1 | 3/10/15 – 3/10/18   | Sidney White, AICP     | X    |     |      |     |     |     |     |     |     |     |     |      |
| District 3 | 4/14/15 – 4/14/18   | Kay Wilson-Bolton      | X    | X   |      |     |     |     |     |     |     |     |     |      |
| District 5 | 1/11/15 – 1/10/18   | Sandra Wolfe           | X    | x   |      |     |     |     |     |     |     |     |     |      |

|            |  |        |  |  |  |  |  |  |  |  |  |  |  |  |
|------------|--|--------|--|--|--|--|--|--|--|--|--|--|--|--|
| District 2 |  | vacant |  |  |  |  |  |  |  |  |  |  |  |  |
|------------|--|--------|--|--|--|--|--|--|--|--|--|--|--|--|

Present = X

- District 1 Supervisor Bennett
- District 2 Supervisor Parks
- District 3 Supervisor Long
- District 4 Supervisor Foy
- District 5 Supervisor Zaragoza

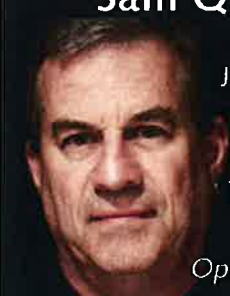
Pham, Edith

**From:** Ventura County Behavioral Health <feedback@venturacountylimits.org>  
**Sent:** Wednesday, July 26, 2017 10:00 AM  
**To:** Pham, Edith  
**Subject:** Join Dreamland Author Sam Quinones at the Opioid Solutions Summit

# OPIOID SOLUTIONS SUMMIT


## AUGUST 29

**KEYNOTE**  
**Sam Quinones**



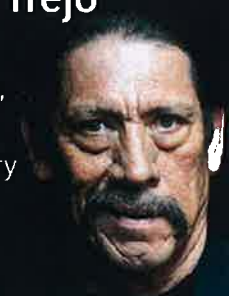
Journalist and author of *Dreamland: The True Tale of America's Opiate Epidemic*

2015 National Book Critics Circle award winner for the Best Nonfiction Book





One of the Best Books of 2015 according to Amazon.com, Slate.com, BuzzFeed, the Wall Street Journal & more

**FEATURED SPEAKER**  
**Danny Trejo**



Iconic actor, producer and recovery advocate

"You won't find this story told better anywhere else... *Dreamland* – true crime, sociology, and expose – illuminates a catastrophe unfolding all around us, right now." – SLATE



From imprisonment to helping young people battle addiction, acting to producing, vintage cars to classic cuisine, the name, face, and achievements of Danny Trejo are well known as a voice of recovery.


PLUS  
**BREAKOUT PANELS WITH STATE & LOCAL EXPERTS**

AUGUST 29  
8:30 AM – 12:30 PM  
Ventura, CA



**OPIOID SOLUTIONS SUMMIT**  
Addressing the Twofold Epidemic

**REGISTER NOW**  
[vcopioidsummit.eventbrite.com](http://vcopioidsummit.eventbrite.com)



STAY UPDATED ON EVENT INFORMATION & RESOURCES

<http://my.yapp.us/OPIOIDSUMMIT>

# MILITARY & VETERAN Suicide Awareness & Prevention Day



Coming together to support military, veteran,  
and family mental wellness

September 6, 2017

..... 9 a.m. - 12 Noon .....

East Side of the California State Capitol  
1315 10th St, Sacramento, CA 95814

.....

## Join us in raising awareness about suicide within the military and among veterans.

Join us in raising awareness about suicide within the military and among veterans. Suicide is a serious and tragic public health problem that can be prevented through mental health and substance use awareness, services, and support. Suicide affects all Americans, but data show that active duty service members and veterans die by suicide at much higher rates than the civilian population.

All of us have a responsibility to support and help our military personnel, their families, and veterans for protecting and serving our country. We must speak up about mental health, wellness, and suicide prevention. Our voices are amplified when we speak up together. By hosting Military and Veteran Suicide Awareness and Prevention Day, we bring attention to a stigmatized topic, strengthen community, and energize efforts to save the lives of those who have courageously served our country and protected us.

### Isolation Kills and Community Heals

**This is a free event!** Prepare for outdoor seating, bring folding chairs and picnic seating.

#### Partners



Senator Josh Newman,  
Orange County, District 29



Hosted by



Please call MHAC at 916-557-1167 with questions.

Reasonable accommodation will be provided for any individual with a disability. Pursuant to the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, any individual with a disability who requires reasonable accommodation to attend or participate in any meeting or function of the board may request assistance by contacting 916-557-1167.

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# VOLUNTEER VENTURA COUNTY



## 2017 Day of Caring

Sep 16, 2017 to Sep 16, 2017

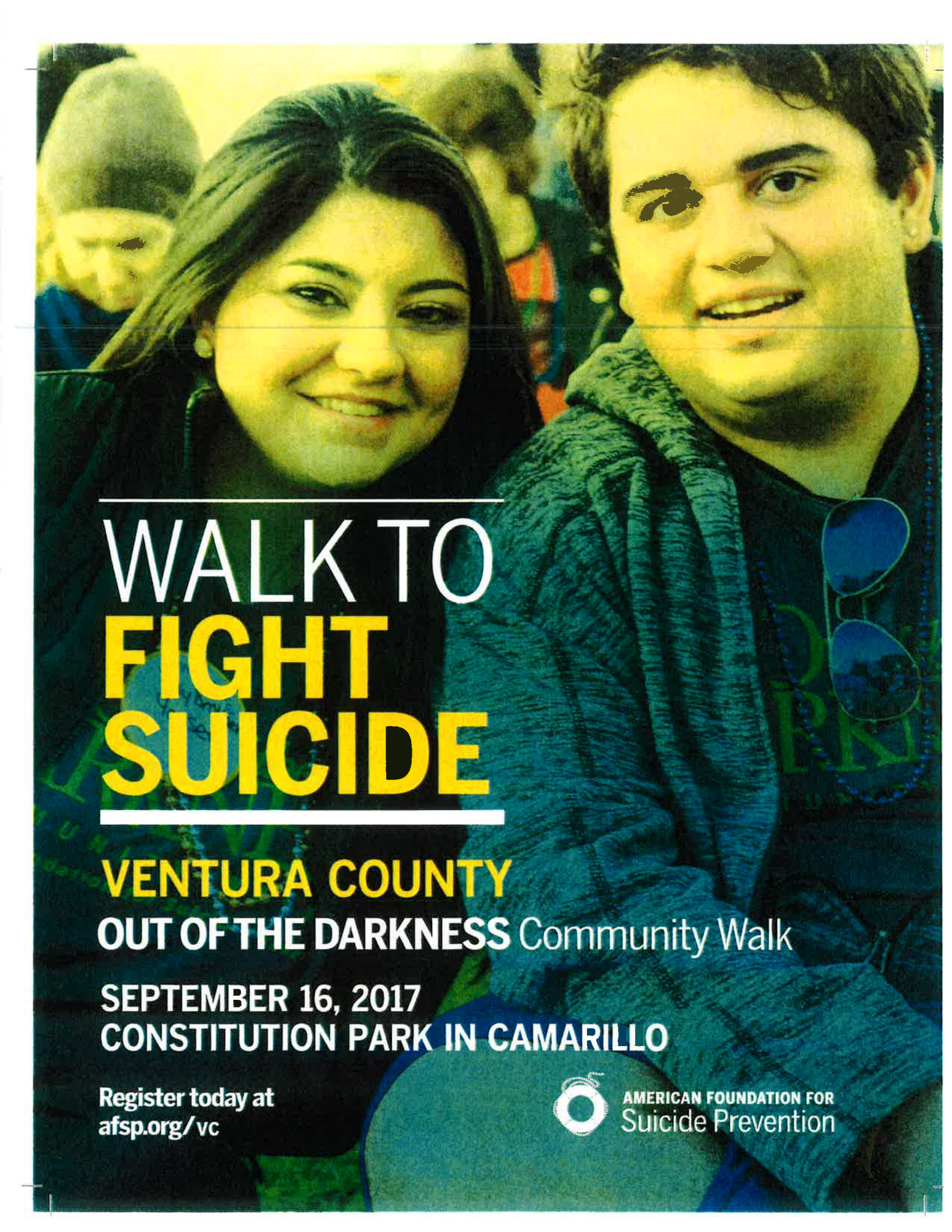
### Day of Caring 2017

**United Way of Ventura County's 28th Day of Caring is scheduled for  
Saturday, September 16, 2017,**

**from 9:00 AM to 12 Noon.**

Day of Caring will connect hundreds of volunteers to community organizations throughout  
Ventura County.

Day of Caring is a fun filled day all about working together to create positive change in our  
community.



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# WALK TO FIGHT SUICIDE

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**VENTURA COUNTY**  
**OUT OF THE DARKNESS** Community Walk

SEPTEMBER 16, 2017  
CONSTITUTION PARK IN CAMARILLO

Register today at  
[afsp.org/vc](http://afsp.org/vc)



AMERICAN FOUNDATION FOR  
Suicide Prevention

# PREVENTING SUICIDE HELP & HOPE

2ND ANNUAL CONFERENCE • WEDNESDAY, SEPTEMBER 20, 2017  
8:00 AM – 12:30 PM • OXNARD COLLEGE • FREE

With suicide on the rise nationwide, how can we make a difference in our community?

Workshops in English and Spanish including "Minority Stress and Student Risk: What we know and what we need to learn" and "Suicide in the Latino Population with emphasis on Latinas"

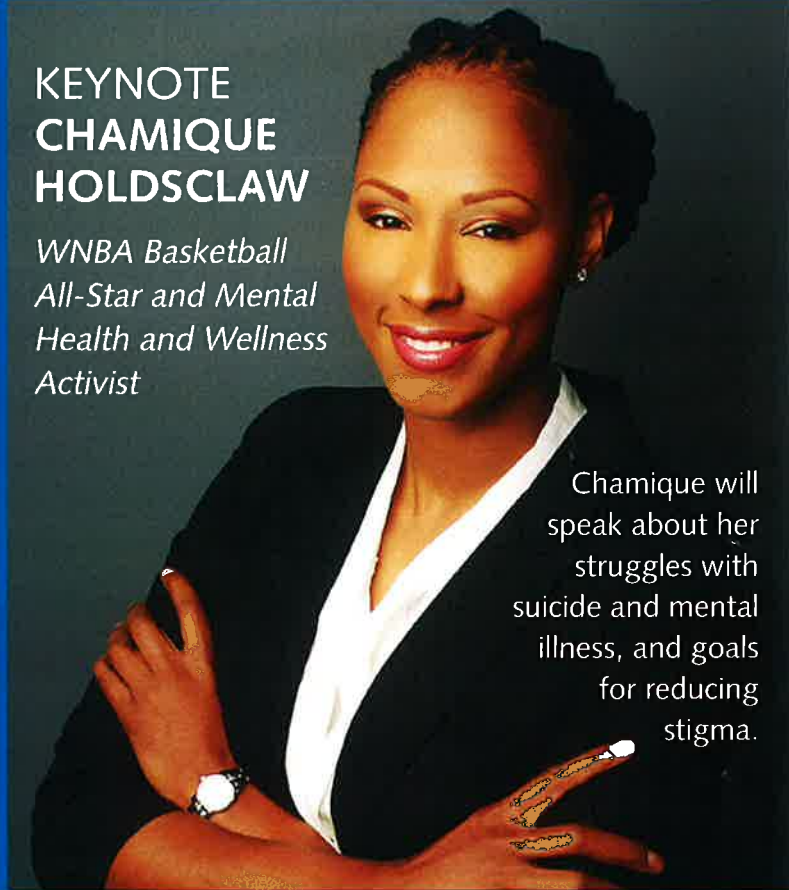
Community Resource Tables

Free On-Site Parking

Must Preregister by Sept. 15, 2017.

## KEYNOTE CHAMIQUE HOLDSCLAW

*WNBA Basketball  
All-Star and Mental  
Health and Wellness  
Activist*



Chamique will speak about her struggles with suicide and mental illness, and goals for reducing stigma.

## REGISTER NOW!

[www.helpandhope2017.eventbrite.com](http://www.helpandhope2017.eventbrite.com)



For more information, email [mhsa@ventura.org](mailto:mhsa@ventura.org).

Made possible through funding from Ventura County Behavioral Health through the Mental Health Services Act, in partnership with Oxnard College.

# PREVENCIÓN DEL SUICIDIO AYUDA Y ESPERANZA

2DA. CONFERENCIA ANUAL • MIÉRCOLES 20 DE SEPTIEMBRE DE 2017  
8:00 AM – 12:30 PM • EN OXNARD COLLEGE • GRATIS

CONFERENCISTA  
PRINCIPAL  
**CHAMIQUE  
HOLDSCLAW**

*Estrella del Baloncesto  
"WNBA All-Star" y  
activista de la salud  
mental y el  
bienestar físico*

Chamique  
hablará de su  
batalla personal  
contra el suicidio y la  
enfermedad mental  
y de las metas para  
reducir este estigma.

Con el suicidio en aumento en todo el país, ¿cómo podemos hacer una diferencia en nuestra comunidad?

Talleres en inglés y español, como:  
"El estrés de las minorías y el riesgo en los estudiantes: Lo que sabemos y lo que necesitamos saber" y  
"El suicidio en la población latina con énfasis en las latinas"

Mesas para Recursos Comunitarios

**¡RESERVE ESTA FECHA!**  
20 DE SEPTIEMBRE DE 2017



Para obtener más información escriba a email [mhsa@ventura.org](mailto:mhsa@ventura.org).

Posible gracias al financiamiento de Ventura County Behavioral Health mediante la Ley de Servicios para la Salud Mental, en colaboración con Oxnard College.



# Pacific Clinics

ADVANCING BEHAVIORAL HEALTHCARE

## *Celebrating Pacific Clinics TAY Tunnel 10 years Open House*

Come join Pacific Clinics TAY Tunnel in celebrating  
10 years of proudly serving our community.

September 29, 2017  
11:00 AM to 2:00 PM

Pacific Clinics TAY Tunnel  
141 W. Fifth St. Ste. D  
Oxnard CA 93030

For more information contact Vanessa Cortez  
at [vcortez@pacificclinics.org](mailto:vcortez@pacificclinics.org) or at 805-240-2538

Please Submit RSVP by September 8, 2017  
[www.tinyurl.com/taytenyears](http://www.tinyurl.com/taytenyears)



# Celebrate RECOVERY!

An EVENING of  
PERFORMANCE CELEBRATING  
the DEPTH and DIVERSITY  
of LIFE in RECOVERY  
from MENTAL ILLNESS.

Presented by  
Newbury Park High School Drama Club & NAMI Ventura County

Proceeds Benefit:

 NAMI Ventura County

**NAMI Ventura County's 1<sup>st</sup> Evening at the Theater Fundraising GALA!**

**DATE: October 21, 2017**

**TIME: Appetizers 6:00pm & Show 7:00pm**

**LOCATION: Newbury Park High School Performing Arts Center**

456 N. Reino Road, Newbury Park, CA 91320




**Entertainment for and by all ages: Poetry! Dance! Song! Skit! Comedy! Music! & Video!**

 NAMI Ventura County  
National Alliance on Mental Illness



Sponsorship opportunities are available. Contact  
[tracey@namiventura.org](mailto:tracey@namiventura.org) for more information.

## Ticket Prices:

-  \$250 Premium Seating (a limited number)
-  \$125 General Admission
-  \$25 Student & Special Needs pricing (first come first service)

Ticket prices include a full Evening of Entertainment

Plus catered appetizers, non-alcoholic beverages, and a coffee and dessert bar.

 Tickets go on sale August 1, 2017 at [www.showtix4u.com](http://www.showtix4u.com)

**Donations accepted for door prize drawings.** (Items valued at \$100 or more!)

Winners MUST be PRESENT to receive prize.

NAMI Ventura County programs and services are **FREE** to the public.

Your ticket purchase helps us achieve our mission of education, advocacy, and community collaboration.



**CONEJO  
VALLEY  
CATERING**

Catering provided by Conejo Valley Catering:

**EVENT MENU:** shrimp crab | pico de gallo | tomatillo salsa martini |  
rum glazed peach | mozzarella | cherry tomato | balsamic glaze mint skewers |  
mini Tri Tip & grilled chicken Po'Boy sliders | remoulade | caramelized onions | zydeco slaw |  
Tuscany pesto turkey | Italian sausage | pancetta meatball |  
grilled vegetable wraps | pesto mayo | spinach | balsamic onion | roasted tomato

5251 Verdugo Way, Suite K, P.O. Box 1613, Camarillo, CA 93011

Tel: 805.641.2426 ~ Fax: 805.275.2188 ~ Email: [info@namiventura.org](mailto:info@namiventura.org) ~ Website: [www.namiventura.org](http://www.namiventura.org)

 NAMI Ventura County  
National Alliance on Mental Illness

NAMI Ventura County is an IRS recognized 501(c) (3) Non-Profit Organization and all donations are tax deductible. Federal Tax ID #770037450



<https://engagedcommunityproject.org>

**Our mailing address is:**  
Engaged Community Project  
660 Hampshire Road, Suite 102  
Westlake Village, CA 91361

## Introducing Give an Hour California

*By Kirsti Thompson on Aug 08, 2017 01:58 pm*



The **Engaged Community Project** is thrilled to announce a new partnership with **Give an Hour**, a National non-profit dedicated to providing free and confidential mental health care to those in need.

**Give an Hour** develops national networks of volunteer professionals capable of responding to both acute and chronic mental health conditions. Since 2005 they have focused on providing free and confidential mental health care to those who serve, our veterans, and their families. **Give an Hour** is now expanding to address the mental health needs of additional populations.

In our newly formed partnership, **Give an Hour California**, we will work to expand the network to serve adolescents and their families in need of mental health support. Our work in prevention education and outreach will continue, as well as our support to field of mental health service providers. We look forward to expanding this model in California, and to changing the culture of mental health, so all of those in need get care and support.

Soon, you will be getting messages from our updated address. We look forward to serving you in our expanded role!

# Director's Report

## State Updates

1. **CBHDA Advocacy Prevails with Reversion Trailer Bill Language.** After steadfast advocacy with the Legislature, the Governor's Department of Finance and the Department of Health Care Services (DHCS), CBHDA prevailed with measurable influence on shaping Mental Health Services Act (MHSA) Reversion. These changes establish a balanced approach to MHSA Reversion for both the past and the future, thereby providing continuity and predictability to counties moving forward. Providing a one-time opportunity for past years, while specifying that future Reversion will retain the purpose of the funding as initially specified, is a pragmatic way to continue to honor the goals of the MHSA. For example, in the future, Innovation funding will stay as Innovation funding when reverted. The following are the changes requested by CBHDA which were enacted into state law, effective immediately:
  - Approximately \$112 million in county MHSA funds will stay in counties' local accounts, rather than revert. For fiscal years prior to 2017-18, the state will be publishing instructions requiring counties with prior year funds subject to reversion, including submitting a plan by July 1, 2018. Counties will have until 2020 to expend the funds. CHBDA is seeking additional information from DHCS about how this will become operational.
  - Small counties will have two additional years to expend MHSA funds before they become subject to reversion. Instead of three years, small counties with populations under 200,000 will have five years to expend MHSA funds.
  - The start date for all counties' MHSA Innovation funds to revert will be based upon the date the county's MHSA Innovation plan is approved by the Mental Health Services Oversight and Accountability Commission (MHSOAC).
  - Starting in 2017-18, unspent MHSA funds that are reverted will be reallocated to other counties, and will be required to be expended on the category of funds which they were initially allocated (e.g., Innovation funds reverted must be spent on Innovation services).
2. **Creating Important County Infrastructure with SB 82 Grants.** Due to advocacy by CBHDA, the budget extends expenditure authority through December 2021 for the SB 82 Investment in Mental Health Wellness Act grants administered by the California Health Facilities Financing Authority (CHFFA). After completing five funding rounds, 56 grants for 41 counties have been awarded, totaling over \$140 million GF to increase California's capacity to help individuals experiencing a mental health emergency. The State is currently considering new avenues for releasing the next round of grants. SB 82 funds the Ventura County "RISE" team.
3. **Mitigating IHSS Cost Shift Impacts.** Unfortunately, the enacted budget sweeps a projected \$110 million in 1991 Realignment Mental Health Vehicle License Fee (VLF)

growth funding over the next four to five years and prioritizes IHSS costs over other county programming. However, during the state legislative process, CBHDA advocated for and won an important mitigation in the form of an Institution for Mental Disease (IMD) rate freeze. Under current law, IMDs are entitled to an annual 3.5% increase in the state's published rates. As you know, counties rely on 1991 Realignment revenues for critical services, such as IMDs, which have either no, or limited, other funding options. The IMD rate freeze will occur in years in which Mental Health 1991 Realignment VLF growth gets swept to pay for IHSS. CBHDA will join CSAC in advocating for adjustments to the financing of IHSS after the first two years of the deal that was struck with the Brown Administration this year.

- 4. Continuum of Care Reform (CCR) Programming Funded Under Proposition 30.** County Mental Health Plans (MHPs) participate in CCR Child and Family Teams, mental health assessments, mental health training and Foster Family Agency (FFA) Certification. The enacted budget supports this workload under Proposition 30 and is assumed to be 50% federal and 50% state GF. The total 2017-18 funding for CFTs is \$23 million; for mental health assessments, \$83,000; for mental health training \$1.5 million; and for FFA Certification \$242,000. Based on the Department of Social Services (DSS) estimates, 220 foster youth will transition to a Short Term Residential Treatment Program (STRTP) in 2017-18.
- 5. Acknowledging Proposition 30 for Federal Medicaid Managed Care Rule Workload.** The budget includes \$9 million GF and \$18 million federal funding for county Mental Health Plan (MHP) implementation of the federal regulations otherwise known as the "mega rule" or Medicaid Managed Care Final Rule. County MHP costs in 2017-18 are estimated to total \$37 million for the administrative activities arising from the implementation of the new federal managed care regulations. As required by Proposition 30, the non-federal share of these new federally required costs is assumed to be 50% County Funds and 50% State GF.
- 6. AB 1299 Ridley-Thomas. Medi-Cal: specialty mental health services: foster children.** Existing law includes standardized contracts, procedures, documents, and forms, to facilitate the receipt of medically necessary specialty mental health services by a foster child who is placed outside his or her county of original jurisdiction. The bill would require the mental health plan in the host county to assume responsibility for the authorization and provision of mental health services, and payments for services, upon the presumptive transfer. Given the residential asset in the County, with Casa Pacifica, Ventura County is one of a handful of counties that expect to have a disproportionate share of foster children transferred from other counties. While the payment for such services do "catch up" in the calculation of 2011 Realignment growth, this calculation and eventual payment takes several years to settle. The department is currently discussing this matter with the State, requesting a consideration for the budget in the next two years.

1. **HOUSING: AB 727 (Nazarian).** Co-sponsored by Los Angeles County, clarifies state law to allow counties to include Mental Health Services Act (MHSA) Community Services and Supports (CSS) funding in their local MHSA plans to provide "housing assistance" to any MHSA-eligible participant. Current state regulations permit *only* Full Service Partnership participants to receive housing assistance funded by the MHSA. Housing assistance includes:
  - Assistance with rent or capitalized operating subsidies;
  - Security deposits, utility deposits, or other move-in cost assistance;
  - Utility payments;
  - Moving costs; and
  - Capital funding to build or rehabilitate housing for homeless individuals (or individuals at risk of being homeless) who are living with a mental illness.

The MHSAOAC will be meeting on 8/24/17 to vote on RFA outline and to vote to release RFA.

2. **EVALUATION OF MHSA: SB 688 (Moorlach).** Directs the California Department of Health Care Services to establish an interagency data agreement and contract out for a comprehensive evaluation of MHSA outcomes, as intended to be funded by MHSA State Administrative Funds.
  - This evaluation effort would be modeled on the long-standing and successful "Child Welfare Indicators Project", which is administered by the University of California under contract with the California Department of Social Services. The Child Welfare Indicators Project provides a comprehensive source of child welfare administrative data, serves as a model for open-data and information dissemination, and provides policymakers, child welfare workers, researchers, and the public with access to customizable information on California's entire child welfare system.
3. **CRISIS: AB 1372 (Levine).** Establishes a process by which a certified crisis stabilization unit (CSU) may be authorized to provide medically necessary crisis stabilization services to Medi-Cal beneficiaries beyond the current time limit of less than 24 hours, in such cases that a beneficiary needs inpatient psychiatric care, but no such inpatient bed is reasonably available.
4. **AB 1250 Jones-Sawyer-Counties: Contracts for personal services. (Amended: 6/21/2017).** Would establish specific standards for the use of personal services contracts by counties. Beginning January 1, 2018, the bill would allow a county or county agency to contract for personal services currently or customarily performed by employees, as applicable, when specified conditions are met. Among other things, the bill would require the county to clearly demonstrate that the proposed contract will result in actual overall costs savings to the county and also to show that the contract does not cause the displacement of county workers. The bill would require a contract entered into under these provisions to specify that it may be terminated upon material breach, if notice is provided, as specified. Status: 7/13/2017 - Withdrawn from committee. Re-referred to Com. on APPR. Hearing: 8/21/2017 10 a.m. - John L. Burton Hearing Room (4203) SENATE APPROPRIATIONS, LARA, Chair.

## Local News

1. Patrick Zarate, Department COO and Chief of ADP has been honored as the 2017 recipient for Behavioral/Mental Health Professional at the Ventura County Medical Resource Foundation's Fainer Award Ceremony held Thursday, August 17, 2017. Congratulations to Patrick for this well deserved recognition!
2. David Tovar, ADP Program Administrator, has been appointed to a State California Highway Patrol task force to develop recommendations for best practices, protocols, proposed legislation, and other policies to address the issue of impaired driving, including driving under the influence of cannabis and controlled substances.
3. The Department has established an administrative infrastructure that now includes a Sr. Program Manager Position. The position have been filled and we are pleased to announce the promotion of the following effective September 2017: 1) Dr. Sevet Johnson, Adults, 2) Dina Olivas, Children and Family, 3) Kiran Sahota, MHSA. These position will be a vital part of allowing the department the ability to meet all the requirements of the MHP and transition to a Managed Care System.
4. New program, Insights, replaces Solutions Court and expects to serve 30 kids in their local community. The program will use existing resources and systems.
5. Managed Care Updates:
  - a. A new Mental Health Plan side by side update (of changes) has been forwarded to the counties. The new Plan has not yet been forwarded and it is anticipated that it will be released within the next 90 days.
  - b. The State has indicated the Implementation Priorities of the Medicaid Managed Care Final Rule. The requirements will apply to both the department and contracted partners, and include:
    - i. Information Requirements
    - ii. Grievance and Appeals
    - iii. Program Integrity
    - iv. Record Keeping
  - c. Other States have transitioned to a managed care system and a few themes have emerged:
    - i. Moving towards integration with physical health
    - ii. Thinking about quality and cost (towards value based payments)
  - d. Implications and Options for CA
    - i. Develop principals and priorities
      1. The CA Behavioral Health Directors Association is engaging in facilitated discussions to begin to build consensus.
      2. To prepare for local discussions, the department is conducting a mapping exercise that will be backed by data for discussion with multiple stakeholder groups in the coming year.
    - ii. Explore payment reform options
      1. With the support of Gold Coast Health Plan, a compare and contrast study by California Lutheran University has been commissioned to assist our local community consider the lessons learned and best practices from those States who have already made the transition from FFS to Managed Care.

## Assist Data

### 103 calls through 8/14/17

97 (94%) referrals

6 (6%) information only

### Source of calls

47 (46%) family, friends, etc.

52 (50%) mental health providers

4 (4%) other



## Assist Data

Of the 97 referrals, 70 (72%) resulted in VCBH face-to-face screenings

### Disposition of RISE referrals

45 (46%) screened in and referred to Telecare

10 (10%) in process of being determined

11 (11%) referred to RISE

31 (32%) did not meet criteria (i.e., already enrolled in treatment, no hospitalizations, etc.)



## Assist Data

Of the 45 screened and referred to Telecare:

- 15 Enrolled

### Non-Court Involved

- 12 Signed voluntary treatment plans
- 23 Ongoing outreach/engagement

### Court Involved

- 4 Petitions with the court have been filed
- 1 Court order for treatment
- 2 Voluntary settlement agreements
- 1 Has been continued

### Closed

- 7 cases closed for no longer meeting AOT criteria (i.e., conserved, pending legal charges with no release, unable to locate)



3

## Horizon View Data

23 unduplicated clients since opening 12/28/16

16 current census

6 discharges to lower levels of care

1 discharge back to Sylmar

95% occupancy rate

11 incidents of seclusions (2 included restrains)

4 psychiatric hospitalizations



4



**DO YOU KNOW...**

**DUI**

**YOU CAN BE ARRESTED FOR DRIVING UNDER THE INFLUENCE OF...**



**Alcohol**

**Marijuana\* ("WEEDUI")**



**Prescription medication\***

**Other drugs**



**OR ANYTHING THAT IMPAIRS YOUR ABILITY TO DRIVE.**

\* A prescription or recommendation will not prevent a DUI for impaired driving.

**DUI**

**WHAT ARE THE COSTS?**

**FIRST DUI CONVICTION**

- \$2,995 Fines, penalties and court-mandated costs
- \$10,154 Auto insurance rate increase (over 10 yrs.)
- \$2,500 Attorney fees
- \$15,649 TOTAL FEES\***

**PLUS:**

- Criminal record
- Loss of driver's license
- 3+ years in jail possible if anyone is injured

Learn more: [WEEDUI.org](http://WEEDUI.org)



\* Automobile Club of Southern California estimate. Funding for this program was provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration. ©2018 Ventura County Behavioral Health, Risk Management, Compliance, Risk Engineering, Behavioral, Administrative, IT/IS/ITP.



**ABÍA USTED?**

**DUI**

**LA POLICÍA PUEDE ARRESTARLO POR MANEJAR BAJO LA INFLUENCIA...**



**del alcohol**

**de la marihuana\* ("WEEDUI")**



**de medicamentos por receta\***

**de otras drogas**



**O DE CUALQUIER COSA QUE IMPIDA SU HABILIDAD DE MANEJAR.**

\* Una receta o recomendación del médico no impedirá que usted reciba un "DUI" por conducir bajo los efectos de estas sustancias.

**DUI**

**¿CUÁNTO LE CUESTA?**

**PRIMERA VEZ QUE RECIBE UN "DUI"**

- \$2,995 por multas, sanciones y cargos impuestos por el tribunal
- \$10,154 aumento del seguro del auto (durante 10 años)
- \$2,500 costo por abogados
- \$15,649 COSTO TOTAL\***

**MÁS:**

- Antecedentes penales
- Suspensión de la licencia para conducir
- Posiblemente 3 ó más años en la cárcel si hay herido

Ver más: [WEEDUI.com](http://WEEDUI.com)



\* Estimado del Club de Automovilistas del Sur de California ("AAA"). El presupuesto de este programa fue posible gracias a la asistencia de "California Office of Traffic Safety". ©2018 Ventura County Behavioral Health, Risk Management, Compliance, Risk Engineering, Behavioral, Administrative, IT/IS/ITP.

# **WEEDUI** is Real

*You can get a DUI for marijuana.*

**DUI = Arrested for:**

*Marijuana*

*Alcohol*

*Prescription &*

*Other drugs*



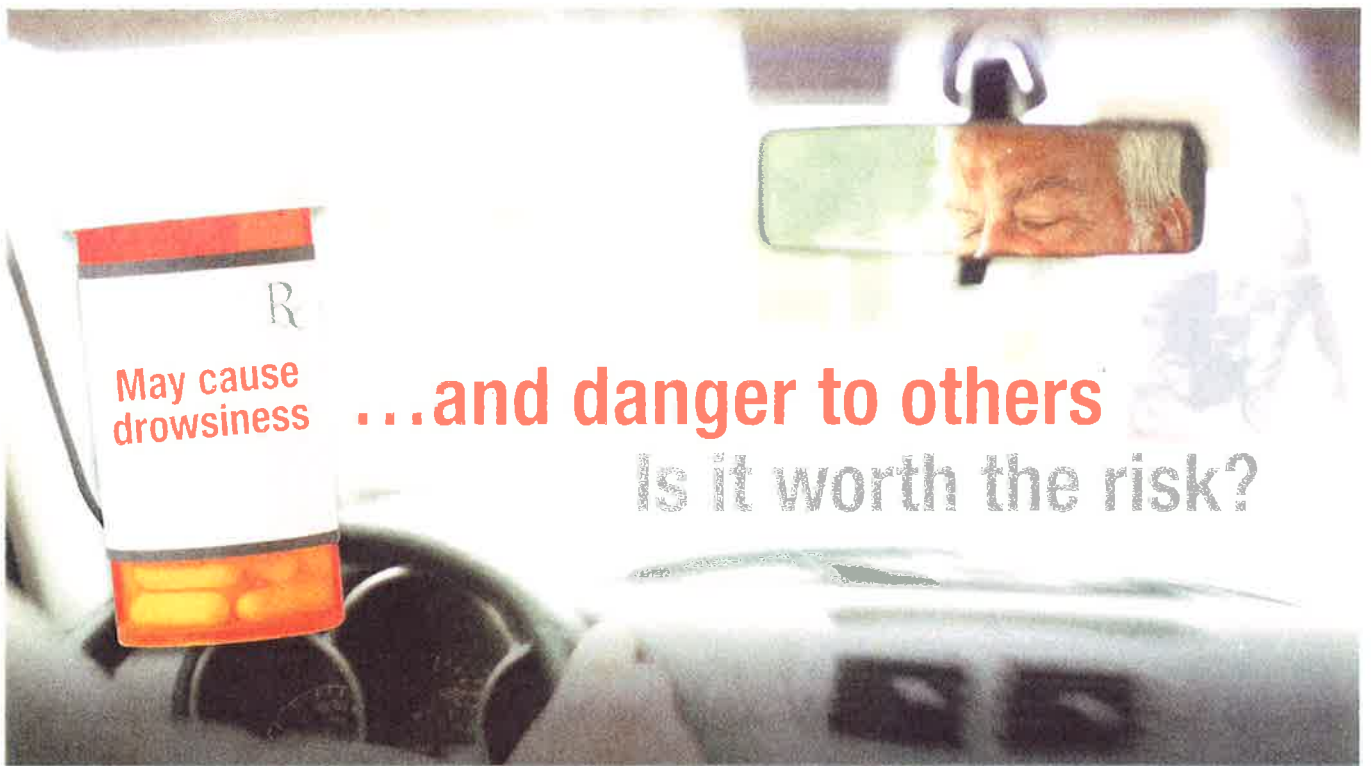
CALIFORNIA OFFICE  
OF TRAFFIC SAFETY



VENTURA COUNTY  
BEHAVIORAL HEALTH  
ALCOHOL & DRUG PROGRAMS

Funding for this program was provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration. ©2015 Ventura County Behavioral Health • Rae Hanstad Consulting, Idea Engineering: Branding, Advertising, Design.

More info: **WEEDUI.org**



May cause  
drowsiness

R

...and danger to others

Is it worth the risk?



Funding for this program was provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration. ©2015 Ventura County Behavioral Health • Rie Hanstad, Consulting • Idea Engineering, Branding, Advertising, Design.



Did you know you can get a DUI for "Driving Under the Influence" of alcohol or any drug that impairs your ability to drive — even if you have a prescription? **Learn more:** [venturacountylimits.org/rxdui](http://venturacountylimits.org/rxdui)



MEDICAMENTO  
POR RECETA R

Cuidado:  
Puede causar  
sueño

**MEDICAMENTOS + MANEJAR  
PUEDE PONER EN PELIGRO A OTROS**

Conduzca con seguridad.



El financiamiento de este programa fue posible gracias a la subvención de "California Office of Traffic Safety" a través de "National Highway Traffic Safety Administration". ©2015 Ventura County Behavioral Health • Rie Hanstad, Consultant • Idea Engineering, Branding, Publicidad, Diseño.



¿Sabía usted que se puede obtener un DUI por "conducir bajo la influencia" del alcohol o cualquier droga que afecte su capacidad para manejar, incluso si usted tiene receta médica? **Para más información:** [venturacountylimits.org/es](http://venturacountylimits.org/es)

# Ventura County Behavioral Health Advisory Board

## Fiscal Year 2016-2017 Objectives

### Board Member Assessment Form

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. Advocate for increased supported housing, and partner with cities to open a year-round homeless shelter with wrap-around services for the SPMI population.

Was this objective achieved? Yes  No  Partial

Provide evidence/reasons for your decision: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. Advocate for integrated programs and residential settings for those in all age groups with both mental health and addiction challenges.

Was this objective achieved? Yes  No  Partial

Provide evidence/reasons for your decision: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. Advocate for local alternatives to Patton State Hospital for inmates within the Justice system in order to expedite their treatment to help them regain trial competency and return them to court for adjudication.

Was this objective achieved? Yes  No  Partial

Provide evidence/reasons for your decision: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. BHAB members shall conduct at least six site visits in the fiscal year, including reviewing each relevant contract, per Site Visit Protocol.

**Was this objective achieved?** Yes  No  Partial

Provide evidence/reasons for your decision: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Explore resources available for the geriatric population with mental illness and physical issues.

**Was this objective achieved?** Yes  No  Partial

Provide evidence/reasons for your decision: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. Advocate to have the Behavioral Health Department achieve the cultural diversity and competency needs of the community to the fullest extent possible.

**Was this objective achieved?** Yes  No  Partial

Provide evidence/reasons for your decision: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***If additional space is needed to document the evidence/reasons for your decisions, identify the objective number and continue your answer(s) on the back of each page.***