

BEHAVIORAL HEALTH ADVISORY BOARD
General Meeting
Monday, July 17, 2017, 1:00 – 3:30 p.m.
Ventura County Behavioral Health
1911 Williams Drive, Training Room • Oxnard, CA 93036

AGENDA

- I. Call to Order
- II. Approval of the Agenda – **ACTION**
- III. Approval of the June 19, 2017 Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Recognition Awards: Supervisor John Zaragoza
- VI. Public Comments (3 min. per speaker)
- VII. Chair's Report (5 min.)
 - A. Events and Announcements – Janis Gardner, Chair Emeritus (5 min.)
- VIII. Director's Report – Elaine Crandall (20 min.)
- IX. Chief Operations Officer's Update – Patrick Zarate (10 min.)
- X. Secretary's Report – Nancy Borchard (5 min.)
- XI. New Business
 - A. Structure of the General Meeting Agendas and Meeting Content (15 min.)
 - B. Role of the Committees Within the BHAB (15 min.)
 - C. Youth & Family Committee Report – Denise Nielsen, Committee Chair (5 min.)
- XII. Old Business
 - A. Annual Report FY 2016-17 (5 min.)
- XIII. Contracts – **ACTION**
 - A. Board of Supervisors Agenda – June 20, 2017 (BOS Approved)
 - 1. Fiscal Year (FY) 2017-18 Aspiranet, California Psychiatric Transitions, Telecare Corporation, United Parents, and K&M Enterprises Contracts
 - B. Board of Supervisors Agenda – July 18, 2017
 - 1. Alcohol and Drug Programs (ADP) and Mental Health: FY 2017-18 Alternative Action Programs and New Dawn Contracts
 - C. Board of Supervisors Agenda – July 25, 2017
 - 1. ADP: Approval of the Submittal of the Naloxone Distribution Grant Program Application to the California Department of Public Health (CDPH) and Acceptance of Grant Funding
 - 2. No Place Like Home Grant Application and Resolution
 - 3. FY 2017-18 Telecare Casa B, C, D, and E Contracts

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact: Behavioral Health Administration, at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

D. Board of Supervisors Agenda – August 1, 2017

1. VCBH and California Lutheran University (CLU) Memorandum of Understanding (MOU) to Establish a Volunteer Student Clinical Practicum Training Program
2. Approval of the submittal of the FY 2017-18 Public Mental/Behavioral Health Pipeline Program Grant Program Application to the Office of Statewide Health Planning and Development (OSHPD) and Acceptance of Grant Funding from OSHPD
3. Purchase of State Hospital Beds MOU, MOU First Amendment, and Participation Agreement

XIV. Board Members Comments and Announcements (3 min. per speaker)

XV. Public Comments (3 min. per speaker)

XVI. Adjourn

Next Meeting: Monday, August 21, 2017

MEMORANDUM

DATE: July 12, 2017
TO: Behavioral Health Advisory Board
FROM: Contracts Administration
SUBJECT: Board of Supervisors Agenda

Executive Summary

Ventura County Behavioral Health (VCBH) requested and will be requesting Board of Supervisors approval for the following:

Board Agenda – June 20, 2017 (BOS Approved)

1. Fiscal Year (FY) 2017-18 Aspiranet, California Psychiatric Transitions, Telecare Corporation, United Parents, and K & M Enterprises Contracts

Aspiranet provides intensive social and emotional services (ISES) to special education students who have behaviors, symptoms, or family challenges that interfere with their ability to access their special education program. These issues require one-to-one assistance in order to prevent residential treatment service provision. Services are based on students' individualized education program and are designed to supplement the ISES provided at school. In FY 2015-16, Aspiranet served 58 unduplicated clients. The proposed contract reflects: (1) the addition of new contract language related to the National Voter Registration Act, Certification of Claims for Payment for Services Rendered form, Debarment and Suspension Certification, contractor training and reporting requirements, criminal background and fingerprinting check requirements, and Social Security Administration Death Master File requirements, (2) clarification of cost settlement procedures, and (3) new units of service and cost per unit rate information. There is no change in the maximum contract amount from the prior fiscal year. This contract is funded with Short Doyle/Medi-Cal Federal Financial Participation (SD/MC FFP) and Early and Periodic Screening, Diagnostic and Treatment (EPSDT)/Realignment funds. Any unbudgeted EPSDT expenses will be funded by the Ventura County Special Education Local Plan Area (SELPA).

VCBH is proposing approval for the VCBH Director to sign the contract for COEDS services with Aspiranet, in the amount of \$1,300,000, effective July 1, 2017 through June 30, 2018.

California Psychiatric Transitions (CPT) provides locked restoration of competence services (diversion services) and other mental health services for VCBH in its locked Destructive Behavioral Health Unit (DBU) and Mental Health Rehabilitation Center (MHRC). In FY 2015-16, CPT served three unduplicated clients. The proposed amendment reflects: (1) a decrease of \$35,225 from the prior fiscal year agreement to serve two clients, (2) an increase in the diversion services rate from \$525 to \$575 per day, and (3) the addition of new contract language related to the National Voter Registration Act, Certification of Claims for Payment for Services Rendered form, and Electronic Signature Certification. This contract is funded with Tobacco Settlement and Realignment funds.

VCBH is proposing approval for the Purchasing Agent or designee to sign the Eleventh Amendment to the contract for mental health services with CPT, in the amount of \$620,500, effective July 1, 2017 through June 30, 2018.

Telecare Corporation (Telecare) provides educational support, supportive employment, case management, individual treatment, and psychiatric treatment services to Transitional Aged Youth (TAY) through the Early Detection and Intervention for the Prevention of Psychosis (EDIPP) program. Clients who complete the regular two year EDIPP program receive an additional 12 months of psychiatric services, groups, and counseling through the EDIPP Continuing Care program. Services are available countywide. A minimum of 55 unduplicated TAY are to be served under the FY 2017-18 agreement. In FY 2015-16, a total of 52 unduplicated clients were served. The proposed contract reflects: (1) a decrease of \$71,594 in program and staffing expenses over the prior year agreement in an effort to work within the MHSA FY 2017-18 budget requirements, (2) the addition of performance outcome measures to the scope of work, (3) the addition of new contract language related to the National Voter Registration Act, Certification of Claims for Payment for Services Rendered form, Debarment and Suspension Certification, contractor training and reporting requirements, criminal background and fingerprinting check requirements, and Social Security Administration Death Master File requirements, (4) clarification of cost settlement procedures, and (5) new units of service and cost per unit rate information. This contract is funded with Mental Health Services Act (MHSA), Substance Abuse and Mental Health Services Administration (SAMHSA) Grant, and SD/MC FFP funding.

VCBH is proposing approval for the VCBH Director to sign the contract for EDIPP services with Telecare, in the amount of \$1,105,653, effective July 1, 2017 through June 30, 2018.

United Parents provides respite (short-term and temporary relief/care) for caregivers and families of children with serious emotional, behavioral, and mental disorders. Program services are designed to minimize stressors on caregivers and families which could lead to destabilization, crisis, and the potential for children to be placed out of the home. In FY 2015-16, United Parents served 44 families and had a waiting list of 24 families. Currently, United Parents is serving 51 families and has a wait list of 28 families. The proposed contract reflects the addition of new contract language related to the Certification of Claims for Payment for Services Rendered form and Debarment and Suspension Certification. There is no change to the maximum contract amount from the prior fiscal year. This contract is funded with SAMHSA funding.

VCBH is proposing approval for the VCBH Director to sign the contract for respite services with United Parents, in the amount of \$125,732, effective July 1, 2017 through June 30, 2018.

K & M Enterprises provides grant development and writing services. K & M Enterprises has been instrumental in assisting VCBH in acquiring various grants over the past several years. Most recently, it assisted VCBH in obtaining a \$4,000,000 SAMHSA Assisted Outpatient Treatment (AOT) grant, a \$7,573,671 triage personnel grant, a \$729,980 mental health nurse practitioner supervision grant, and a \$112,000 workforce and education training grant. The proposed amendment reflects a maximum contract amount of \$24,000 which is a decrease of \$19,500 from the prior year agreement. While the proposed agreement does not exceed the \$100,000 delegated contracting authority of the Purchasing Agent, there are additional contracts with K & M Enterprises countywide that exceed \$100,000 in total, thus prompting VCBH to seek Board of Supervisors approval for this contract. There is no change to the service rates and no other substantive changes to the contract. This contract will be funded with Realignment funds.

VCBH is proposing approval for the VCBH Director to sign the Fourth Amendment to the contract for grant development and writing services with K & M Enterprises, in the amount of \$24,000, effective July 1, 2017 through June 30, 2018.

Board Agenda – July 18, 2017

1. Alcohol and Drug Programs (ADP) and Mental Health: FY 2017-18 Alternative Action Programs and New Dawn Contracts

Alternative Action Programs (AAP) provides outpatient substance use disorder treatment services to Assembly Bill (AB) 109 clients at various locations in Ventura County, including Oxnard, Ventura, and the jail. AAP uses the following evidence-based practices: matrix, seeking safety, and moral reconnection therapy (MRT). In FY 2015-16, AAP provided services to 323 clients. As of mid-June 2017 (July 1, 2016 through June 13, 2017), it had provided services to 229 clients. In FY 2017-18, AAP anticipates serving 272 clients. For FY 2015-16, 52% of Oxnard/Ventura outpatient clients successfully completed the program, 67% of the Todd Road Jail clients successfully completed the Matrix evidence based program, and 49% of the Todd Road Jail clients successfully completed the MRT program (an evidence based program specific to the criminal justice population).

The proposed contract reflects: (1) the addition and updating of contract language related to client rights requirements, contractor staff certification requirements, protected health information or personal information confidentiality and security requirements, anti-virus software requirements, background check requirements, electronic signature certification requirements, sterile needle distribution restrictions, and debarment and suspension certification requirements and (2) a 6% increase in the rates. The proposed rate increase is needed to address increases in salaries and benefits costs. There is no increase to the maximum contract amount from the prior fiscal year. This agreement is funded by AB 109 Public Safety Realignment Act and Drug Medi-Cal Federal Financial Participation (D/MC FFP) funds.

VCBH is proposing ratification and approval for the VCBH Director to sign the agreement for outpatient substance use disorder treatment services with AAP, in the amount of \$270,000, effective July 1, 2017 through June 30, 2018.

New Dawn provides EPSDT specialty mental health care services to children and their families. EPSDT is a children's health component of Medicaid. States are required to provide Medi-Cal recipients under the age of 21 any health or mental health service that is deemed "medically necessary." Examples of these services include: individual, group, family therapy, case management and crisis intervention. Over the last three quarters (July 2016 – March 2017), New Dawn has provided services to 189 unduplicated children and their families. During that same period, New Dawn provided over 295,000 units (minutes) of service.

In FY 2016-17, VCBH contracted with New Dawn to provide services to children ages 0-5 using funding from First 5 Ventura County and EPSDT Realignment. In FY 2017-18, New Dawn will contract directly with First 5 to continue serving that population. To continue providing specialty mental health services to Medi-Cal beneficiaries ages 0-5, VCBH has agreed to shift the EPSDT Realignment funding to New Dawn's EPSDT Medi-Cal specialty mental health care services contract. The proposed amendment reflects: (1) an increase of \$89,999 to provide EPSDT services to the 0-5 population, (2) the addition of or updating of contract language related to insurance provisions, National Voter Registration Act, Debarment and Suspension Certification, training and reporting requirements, criminal background and fingerprinting requirements, and Social Security Administration Death Master File requirements, (3) clarification of cost settlement procedures, and (4) new units of service and cost per unit rate information. This contract is funded with SD/MC FFP and EPSDT/Realignment funding.

VCBH is proposing ratification and approval for the Purchasing Agent or designee to sign the First Amendment for EPSDT services with New Dawn, in the amount of \$943,258, effective July 1, 2017 through June 30, 2018.

Board Agenda – July 25, 2017

1. ADP: Approval of the Submittal of the Naloxone Distribution Grant Program Application to the California Department of Public Health (CDPH) and Acceptance of Grant Funding.

In March of 2017, the CDPH announced the availability of grant funding that would provide the Naloxone product (Narcan nasal spray) and funding to all 61 local health departments to conduct Naloxone Distribution Projects. Naloxone is a prescription medication that is designed to save the lives of people experiencing an opioid overdose by working almost immediately to reverse an overdose. VCBH submitted an application to CDPH to receive the Naloxone product (worth \$85,800) and grant funding for administrative costs (\$4,290). On June 9, 2017, VCBH was awarded a \$90,090 Naloxone Distribution Project grant for the grant term of July 1, 2017 through June 30, 2019. VCBH plans to use the Naloxone grant product and funding to: (1) reduce the rate of fatal overdose from opioid drugs and (2) provide oversight and management of the naloxone distribution through the VCBH ADP Overdose Prevention and Rescue Program.

VCBH is proposing ratification and approval of the submittal of the FY 2017-18 to FY 2018-19 Naloxone Distribution Grant Program application to CDPH. VCBH is also proposing approval for the VCBH Director to accept \$90,090 in grant funding from CDPH for the grant term of July 1, 2017 through June 30, 2019.

2. No Place Like Home Grant Application and Resolution.

On July 1, 2016, Governor Brown signed legislation enacting the No Place Like Home (NPLH) Program to dedicate \$2 billion in bond proceeds to acquire, design, construct, rehabilitate, or preserve permanent supportive housing for persons who are in need of mental health services and are experiencing or at risk of chronic homelessness. Counties that apply for NPLH funding for permanent supportive housing must offer flexible, voluntary, and individualized supportive services. Counties must also commit to provide mental health services and help coordinate access to other community-based supportive services.

Application Preparation and Technical Assistance Grants for the NPLH Program are available. Specifically, \$6.2 million from the Mental Health Services Fund is available to provide technical assistance to counties related to the NPLH Program Preparation. For large counties like Ventura County, the available grant amount is \$150,000. VCBH's proposed NPLH Program 2017 Technical Assistance Grant application requests funding to: (1) coordinate and partner with other county and community partners to meet the needs of the homeless clientele, (2) implement capacity building activities to create permanent supportive housing models, (3) develop or update the county homeless plan, and (4) hire staff or consultants to assist with identifying potential sites for permanent supportive housing, identifying potential developers, and other related activities. The grant submittal deadline is September 30, 2017. As part of the grant application process, VCBH is required to submit a resolution which authorizes VCBH to apply for and receive grant funding. If awarded a grant, the grant term would be July 1, 2017 through September 30, 2020.

VCBH is proposing authorization for the Board of Supervisors Chair to sign the resolution authorizing the application for and receipt of NPLH Program 2017 Technical Assistance Grant funding. VCBH is also proposing approval for the VCBH Director to sign the NPLH Program 2017 Technical Assistance Grant application, in the amount of \$150,000, for the grant term of July 1, 2017 through September 30, 2020.

3. FY 2017-18 Telecare Casa B, C, D, and E Contracts.

Telecare operates and manages the following four mental health residential treatment facilities ("Casas") through four separate agreements with VCBH: (1) Casa B, (2) Casa C, (3) Casa D, and (4) Casa E. These Casas are located in Camarillo. Casas B, C, and D are long-term social rehabilitation facilities that each have 15 beds. Casa E is an adult residential facility that also has 15 beds. Consumers receive supervision, guidance, and personal assistance in performing their daily living activities. Structured day and evening services are also provided to assist consumers in acquiring living skills, accessing community resources, and accessing educational/vocational resources. Mental health services are provided by VCBH. In FY 2015-16, Telecare served a total of 115 unduplicated clients at these facilities. In FY 2016-17, Telecare served a total of 98 unduplicated clients at these facilities in the first three quarters of the fiscal year.

The proposed FY 2017-18 Telecare amendments include: (1) a net increase of \$50,003 to provide Telecare with additional funding to address a projected shortfall in social security income from clients (from the prior fiscal year, Casa B will increase \$11,679, Casa C will increase \$17,064, Casa D will increase \$4,385, and Casa E will increase \$16,875), (2) a revised scope of work that is inclusive of new program outcome requirements, (3) the addition of new contract language related to the National Voter Registration Act, Certification of Claims for

Payment for Services Rendered form, Debarment and Suspension Certification, training and reporting requirements, and Social Security Administration Death Master File requirements, (4) clarification of cost settlement procedures, and (5) new units of service and cost per unit rate information. These contracts will be funded with SD/MC FFP, Realignment, and MHSA funding.

VCBH is proposing ratification and approval for the VCBH Director to sign the amendments with Telecare at: (1) Casa B, in the amount of \$750,832, effective July 1, 2017 through June 30, 2018, (2) Casa C, in the amount of \$777,575, effective July 1, 2017 through June 30, 2018, (3) Casa D, in the amount of \$758,041, effective July 1, 2017 through June 30, 2018, and (4) Casa E, in the amount of \$679,868, effective July 1, 2017 through June 30, 2018.

Board Agenda – August 1, 2017

1. VCBH and California Lutheran University (CLU) Memorandum of Understanding (MOU) to Establish a Volunteer Student Clinical Practicum Training Program.

Currently, VCBH collaborates with a number of educational institutions to provide volunteer internship opportunities for students enrolled in various mental health related educational programs. These educational programs typically require fieldwork or internship experiences within a behavioral health setting as part of their academic program. The proposed MOU between VCBH and CLU will create a volunteer student clinical practicum training program for CLU counseling, marriage and family therapy, or psychology students. VCBH will provide the students with an opportunity to obtain specialized clinical training in the counseling, marriage and family therapy, or psychology practice. By establishing this volunteer student clinical practicum training program, VCBH is participating in the development of future counseling, marriage and family therapy, and psychology professionals and creating a potential pool of professionals to recruit from in the future. In addition, having students working as volunteers under clinical supervision at our clinic sites enriches the clinical services we provide. In FY 2017-18, VCBH will host approximately three (3) volunteer student interns from CLU. It is estimated that in future years, VCBH could host approximately three (3) to five (5) students per year from this university.

VCBH is proposing approval for the VCBH Director to sign the MOU to establish a volunteer student clinical practicum training program between VCBH and CLU, effective August 1, 2017 through July 31, 2022.

2. Approval of the submittal of the FY 2017-18 Public Mental/Behavioral Health Pipeline Program Grant Program Application to the Office of Statewide Health Planning and Development (OSHPD) and Acceptance of Grant Funding from OSHPD.

In January of 2017, a Request for Application was released by the OSHPD inviting responses to the Public Mental/Behavioral Health Pipeline Program Grant. The grant is designed to fund the construction of region or community specific programs that implement new or supplement existing pipeline programs or coursework for a proposed target population (high schools, adult education, regional occupational programs, colleges or universities). Grant activities must introduce individuals to and prepare them for employment in the Public Mental Health System (PMHS).

In March of 2017, VCBH submitted an application to OSHPD to increase exposure to mental health careers as key to engaging and preparing future professionals for the PMHS. VCBH's grant application program will target students at local high schools, community colleges, and four-year universities. VCBH's grant program application will include the following activities: (1) creation of a new high school outreach and mentorship program that will engage students via mentorship and career counseling opportunities, (2) organization of a career fair for students from local high schools and community colleges to introduce them to careers in the PMHS and provide resources to prepare participants for these careers, and (3) continuation of internships for college-level juniors and seniors that exposes them to the VCBH Mental Health Associate position and gives them the opportunity for future employment. On April 20, 2017, VCBH was awarded an \$112,000 Public Mental/Behavioral Health Pipeline Program Grant. The grant term is from July 1, 2017 through June 30, 2018.

VCBH is proposing ratification and approval of the submittal of the FY 2017-18 Public Mental/Behavioral Health Pipeline Program Grant application to OSHPD. VCBH is also proposing approval for the VCBH Director to accept \$112,000 in grant funding from OSHPD, effective July 1, 2017 through June 30, 2018.

3. Purchase of State Hospital Beds MOU, MOU First Amendment, and Participation Agreement.

The parties to the Purchase of State Hospital Beds MOU are the California Department of State Hospitals (DSH), California Mental Health Services Authority (CalMHSA) (acting as administrative agent for participating Counties), and the County (VCBH). The DSH has jurisdiction over all state hospitals which provide services to persons with mental disorders. Section 4330 of the Welfare and Institutions Code requires counties to reimburse DSH for use of state hospital beds and services provided pursuant to the Lanterman-Petris-Short Act. CalMHSA is a joint powers authority comprised of counties and cities with mental health programs. CalMHSA is responsible for negotiating a joint agreement with DSH for the purchase of state hospital beds and also serves as liaison agency for ensuring compliance with the terms and conditions of the Purchase of State Hospital Beds MOU.

The Purchase of State Hospital Beds MOU defines the patient referral process, bed types and uses, admission and discharge procedures, treatment coordination procedures, compensation requirements, and other patient and records management related requirements. The Purchase of State Hospital Beds MOU has been beneficial in stabilizing hospital bed costs, standardizing the levels of care, and delineating the admissions and discharge processes. The MOU term is July 1, 2014 through June 30, 2016. VCBH signed the MOU in 2015 without receiving Board of Supervisors approval to do so. VCBH is now presenting the MOU to the Board of Supervisors for approval of the VCBH Director's signature and approval of the MOU. VCBH is also presenting the Purchase of State Hospital Beds MOU amendment to the Board of Supervisors for approval. This amendment extends the term of the MOU an additional three years for the term of July 1, 2016 through June 30, 2019. There are no other proposed changes to the MOU.

VCBH is also presenting the Participation Agreement, between CalMHSA and the various participating counties, which authorizes CalMHSA to negotiate the terms of the Purchase of State Hospital Beds MOU and contract for state hospital beds with DSH on behalf of the participating counties. The Agreement goals include: (1) contracting with DSH for access and use of state hospital beds, (2) ensuring DSH compliance with CalMHSA's contract with DSH, (3) analyzing cost containment strategies that will create efficiency in the

purchase of state hospital beds, (4) establishing standardization of services and consistency in services, (5) identifying and determining the feasibility of utilizing alternatives to state hospital resources, and (6) evaluating opportunities for the development of programs for special populations requiring 24 hour treatment services. To fund these services, CalMHSA is charging counties an administrative fee of \$1,402 per bed, per fiscal year. This administrative fee will start in FY 2017-18 and continue through FY 2018-19.

VCBH is proposing ratification and approval of the VCBH Director's signature of the Purchase of State Hospital Beds MOU with DSH and CalMHSA, effective July 1, 2014 through June 30, 2016. VCBH is proposing approval for the VCBH Director to sign the Purchase of State Hospital Beds MOU amendment, extending the term, effective July 1, 2016 through June 30, 2019. VCBH is also proposing approval for the VCBH Director to sign the CalMHSA Participant Agreement, in the amount of \$1,402 per bed, per fiscal year, effective July 1, 2017 through June 30, 2019.