

BEHAVIORAL HEALTH ADVISORY BOARD

General Meeting

Monday, June 18, 2018, 1:00 – 3:30 p.m.

Ventura County Behavioral Health

1911 Williams Drive, Training Room • Oxnard, CA 93036

AGENDA

- I. Call to Order and Pledge of Allegiance
- II. Approval of the Agenda – **ACTION**
- III. Approval of the May 21, 2018 Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Recognition: Judge Frederick Bysshe, Superior Court
- VI. Public Comments (3 min. per speaker)
- VII. Chair's Report (5 min.)
 - A. Events and Announcements – Janis Gardner, Chair Emeritus (5 min.)
- VIII. Board Members Comments and Announcements (3 min. per speaker)
- IX. Director's Report – Dr. John Schipper, Adult Division Chief, for Dr. Sevet Johnson (10 min.)
- X. Secretary's Report – Nancy Borchard (5 min.)
- XI. BHAB Committees Reports (5 min. each)
 - A. Adult Services Committee – Nancy Borchard and Gane Brooking, Co-Chairs
 - B. Prevention Committee – Janis Gardner, Chair
 - C. Transitional Age Youth (TAY) Committee – Cmdr. Ron Nelson, Chair
 - D. Youth & Family Committee – Denise Nielsen, Chair
 - E. Subcommittee on Legislation Report – Sheri Valley
- XII. New Business
 - A. Election of Officers for Fiscal Year 2018-19 – Cmdr. Ron Nelson, Nominating Committee Chair – **ACTION**
 - B. Develop Process for Communicating with the Board of Supervisors and Identify BHAB Scope In Terms of Advising the Board of Supervisors
 - C. Welfare & Institutions Code 5270 – Dr. John Schipper – Discussion, **ACTION**
 - D. California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) Invitation to Attend Annual Meeting in Los Angeles on June 22, 2018 – Identify BHAB Members Who Will Be Attending
- XIII. Old Business
 - A. BHAB Vision, Mission – Discussion, **ACTION**
 - B. BHAB Objectives for Fiscal Year 2018-19 – **ACTION**
 - C. Re-defining "Gravely Disabled" – Discussion - **ACTION**
 - D. Future Presentations
 1. July: Mental Illness and the Criminal Justice System – Judge Ryan Wright
 2. August: Pharmaceutical Crimes Unit – Sgt. Matthew Young, Ventura County Sheriff's Office
 - E. Future Potential Recognitions
 1. Michael White, VCBH Facilities, Safety and Disaster Manager

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Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact Behavioral Health Administration at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

XIV. Contracts – **ACTION**

A. Board of Supervisors Agenda – June 19, 2018

1. FY 2017-18 Casa Pacifica Amendment
2. Mental Health Services Oversight and Accountability Commission (MHSOAC) Triage Grant
3. FY 2017-18 Sunrise Manor and FY 2018-21 La Siesta and Hickory House Board and Care Amendments
4. FY 2017-18 Telecare Corporation Casa B, C, D, and VISTA Amendments
5. FY 2018-19 Turning Point Foundation Quality of Life (QOL) and Adult Wellness and Recovery Centers (AWRC)/Growing Works Contract Amendments

XV. Public Comments (3 min. each)

XVI. Adjourn

Next Meeting: Monday, July 16, 2018

MEMORANDUM

DATE: June 12, 2018

TO: Behavioral Health Advisory Board

FROM: Contracts Administration

SUBJECT: Board of Supervisors Agenda

Executive Summary

Ventura County Behavioral Health (VCBH) is requesting Board of Supervisors approval for the following:

Board Agenda – June 19, 2018

1. FY 2017-18 Casa Pacifica Amendment.

This item is requesting approval to combine the Residential Treatment Center (RTC) and Shelter Programs and modify payment terms.

VCBH contracts with Casa Pacifica for a variety of program services--many of which are included under one EPSDT contract. Those programs include: RTC, Shelter, Non-Public School (NPS), Therapeutic Behavioral Services (TBS), and Parent Child Interactive Therapy (PCIT). The contract states that although these various programs are included under one agreement, "payments are limited to the lesser of program actual cost or program maximum cost and it is mutually understood that allowable costs are not transferrable between programs." However, the Shelter (now referred to as Assessment, Stabilization, and Permanency (ASAP)) and RTC programs no longer exist as separate program codes because on July 24, 2017 Casa Pacifica received its license to operate as a Short Term Residential Treatment Program (STRTP). With this license, the RTC and Shelter/ASAP programs are no longer recognized as separate programs and funding for these programs no longer necessitates delineation. For this reason, Casa Pacifica is requesting to combine costs for the RTC and Shelter/ASAP programs. The combined cost for these programs is \$2,079,000. The proposed amendment does not affect the maximum contract of \$5,163,498. This contract is funded with Short-Doyle/Medi-Cal Federal Financial Participation (SD/MC FFP) and EPSDT/Realignment funds.

VCBH is proposing approval of the contract amendment with Casa Pacifica to: (1) combine the RTC and ASAP program budgets and (2) adjust the unit cost for the STRTP to reflect a more accurate cost of the services provided.

2. Mental Health Services Oversight and Accountability Commission (MHSOAC) Triage Grant.

This item is requesting approval to sign the MHSOAC Triage Grant agreement for new grant funding.

Senate Bill (SB) 82 enacted the Investment in Mental Health Wellness Act of 2013 (Act). The Act affords California counties the opportunity to use Mental Health Services Act (MHSA) funds to expand crisis services for individuals experiencing mental health crises through competitive grant processes. The purpose of SB 82 is to strengthen and expand county mental health systems by augmenting existing county crisis services and creating linkages to services through additional funding for triage personnel. In February 2014, various counties, including VCBH, were awarded grant funding. In December 2017, the MHSOAC released a second Request for Application (RFA) for grants that support hiring of mental health personnel to provide triage services to the following two populations – individuals 22 years or older and Transitional Age Youth (TAY) (individuals 16 to 25 years old).

In response to the MHSOAC RFA, VCBH submitted an application that focuses on two expanded programs to the current VCBH Triage Program: 1) collaborative mental health and law enforcement activities (VCBH staff “ride along” with police officers to better identify and provide services to clients and potential clients who are hard to find in the community) and 2) partnering with high schools, community colleges, and colleges, and the TAY Wellness Center to identify TAY who are in need of mental health services and support. Funding will allow VCBH to develop teams that will be composed of clinicians, case managers, and peer recovery coaches that will provide triage services and targeted case management in the community. Each team will develop a case load of 20 clients comprised of known individuals in the community who frequently exhibit mental health needs but who are hard to reach. Teams will also engage, monthly, with approximately 20 additional persons who have not previously been identified as potential mental health clients. Goals of the program include providing immediate support and triage services, making referrals to wellness centers and recovery oriented services, reducing hospitalizations and incarcerations, and diverting individuals in crisis to a more appropriate level of care. On March 27, 2018, the MHSOAC awarded VCBH a \$2,486,224 grant for the term of July 1, 2018 through June 30, 2021. VCBH will use this grant funding to expand the existing Triage Program services with seven additional FTE positions and two contracted peer positions.

VCBH is proposing approval of and authorization for the VCBH Director or designee to sign the MHSOAC Triage Grant agreement, in the amount of \$2,486,224, effective July 1, 2018 through June 30, 2021.

3. FY 2017-18 Sunrise Manor and FY 2018-21 La Siesta and Hickory House Board and Care Amendments.

This item is requesting approval to sign board and care contract amendments that set new rates and maximum contract amounts for FY 2017-18 through FY 2018-21.

La Siesta, Hickory House, and Sunrise Manor provide augmented board and care services for adults with serious and persistent mental illness which have resulted in significant functional impairments so as to require 24-hour care and supervision to promote safety and recovery. The acuity level of these individuals is high in that they require daily assistance in one or more areas of life functioning, including: attending to self-care and basic needs, attending to medical and medication needs, maintaining participation in supportive mental health/substance abuse and other recovery-based support programs, and socializing and re-integrating into the community. VCBH pays a rate per client/month to each facility. Quarterly, these facilities also receive an additional \$25 per client, based upon the facility's performance on the VCBH consumer comfort review tool which is designed to evaluate various client care and facility maintenance factors. La Siesta is also reimbursed for client activities for actual expenses up to \$1,500 per month. VCBH funding is in addition to the Social Security income (SSI) that these facilities receive from clients to provide basic board and care services. If the client does not have SSI benefits, VCBH provides temporary funding to cover basic board and care services until the client is benefited.

The proposed FY 17-18 amendment with Sunrise Manor will increase the contract maximum to ensure there is sufficient funding for clients placed at this facility through June 30, 2018. There are no rate changes to the Sunrise Manor agreement. Sunrise Manor's business entity status with the California Secretary of State is currently listed as suspended. Corporations and limited liability corporations are required to register with the State. Sunrise Manor's status was suspended due to its failure to pay taxes in a timely fashion. Sunrise Manor has provided information to VCBH to demonstrate that its tax payments were made. Sunrise Manor is actively working to resolve the issue and expects that it will be resolved shortly. VCBH must contract with Sunrise Manor despite its current business entity status because VCBH does not have another service provider which can shelter the number of clients that Sunrise Manor currently houses.

The proposed FY 2018-21 amendments with La Siesta and Hickory House will: 1) extend the term of the agreements for a three-year period, 2) revise the client rates, and 3) establish not to exceed amounts through June 30, 2021, as summarized below:

Contract	Current FY 17-18 Client Rate	Current FY 17-18 Contract Maximum	FY 18-19 Client Rate	Proposed FY 18-19 Contract Maximum	FY 19-20 Client Rate	Proposed FY 19-20 Contract Maximum	FY 20-21 Client Rate	Proposed FY 20-21 Contract Maximum
La Siesta	\$380	\$177,499	\$427	\$197,607	\$436	\$200,500	\$448	\$204,000
Hickory House	\$500	\$206,856	\$547	\$228,100	\$556	\$231,000	\$568	\$234,000

Hickory House receives a higher client rate because it is a Residential Care Facility for the Elderly. These rate increases are needed to address increases in the minimum wage and workers' compensation insurance costs that La Siesta and Hickory House are experiencing. Currently, 45 clients are residing at Sunrise, 32 clients at La Siesta, and 31 clients at Hickory House. These contracts are funded with MHSA, Realignment, and Tobacco Settlement funds.

VCBH is proposing approval for the: (1) Purchasing Agent or designee to sign the contract amendments for augmented board and care services with La Siesta and Hickory House and (2) VCBH Director or designee to sign the contract amendment for augmented board and care services with Sunrise Manor.

4. FY 2017-18 Telecare Corporation Casa B, C, D, and VISTA Amendments.

This item is requesting approval to sign contract amendments that will: (1) add additional funding to the Casa contracts due to a projected SSI shortfall and (2) add an outreach and engagement line item to and decrease the Vista contract.

Through three agreements with VCBH, Telecare Corporation (Telecare) operates the following mental health residential treatment facilities (“Casas”): (1) Casa B – Brighter Tomorrows, (2) Casa C - House of Transitions, and (3) Casa D – Starship. These Casas are long-term social rehabilitation facilities that each have 15 beds, with a program duration of approximately 18 months. Services are delivered in a home-like environment to facilitate client’s growth and recovery. Clients receive supervision, guidance, and personal assistance in performing their daily living activities. Structured day and evening services are also provided to assist clients in acquiring living skills, accessing community resources, and accessing educational/vocational resources. Mental health services are provided by VCBH. The Casas are currently at 89% occupancy with a total of 40 clients in the three Casas.

The proposed FY 2017-18 amendments include an increase of \$135,887 to provide Telecare with additional funding to address a projected shortfall in SSI from referred VCBH clients. Thirteen clients at the Casas who are not enrolled in Social Security are TAY--VCBH would like to encourage these individuals to find employment or participate in education that would delay or eliminate participation in SSI. In addition, six adult clients who were enrolled into Social Security when they arrived at the Casas may not receive coverage for up to 18 months, in which case SSI would not be available until the client has left the 18-month program. These agreements are funded with SD/MC FFP, Realignment, and Proposition 63 MHSA funding.

Telecare also operates and manages the VISTA program which provides assertive community treatment (ACT) program services to adults who have been released from local jails. These individuals receive community-based support to ensure independent living and wellness. ACT services include: mental health treatment, psychiatric care and management, medication education to understand and manage chronic conditions, alcohol and other substance abuse treatment, life skills training, vocational training and counseling, advocacy regarding criminal justice, social services, social security issues, and linkage with peer support programs, wellness and recovery centers, and housing supports. Through the contract, 30 clients can be served at any one time. The current census for the program is 27, in addition to four individuals in the community who have been referred for enrollment and 10 individuals who have been referred and are waiting to be released from custody.

The proposed FY 2017-18 amendment includes a revised budget that will add a \$50,000 Outreach & Engagement line item. Clients and potential clients for this program are resistant to services and require additional outreach to engage in the program. This includes checking homeless areas and visiting clients who are in custody. The addition of this line item will allow Telecare to be reimbursed for outreach activities. Telecare’s cost for this program is running under the original budget mostly due to open staff positions. To compensate for the reduced costs, the proposed amendment will decrease the contract maximum by \$100,003. This agreement is funded with SD/MC FFP and MHSA funding.

VCBH is proposing approval for the VCBH Director or designee to sign the amendments with Telecare for the service period of July 1, 2017 through June 30, 2018 for: (1) social rehabilitation services at Casa B, in the amount of \$787,932, (2) social rehabilitation services at Casa C, in the amount of \$839,182, (3) social rehabilitation services at Casa D, in the amount of \$795,221, and (4) VISTA ACT program services, decreasing the agreement amount from \$779,172 to \$679,169 (a decrease of \$100,003) and revising the budget.

5. FY 2018-19 Turning Point Foundation Quality of Life (QOL) and Adult Wellness and Recovery Centers (AWRC)/Growing Works Contract Amendments.

This item is requesting approval to sign FY 2018-19 contract amendments for the existing QOL and AWRC Programs and adding the new Growing Works Program.

Turning Point Foundation (Turning Point) operates the QOL Program which focuses on individuals with serious and persistent mental illness living in board and care and supported housing facilities. The individuals in these facilities are isolated and do not have access to quality of life enhancing activities, sometimes due to the severity of their mental illness which precludes participation through normal avenues. The goal of the QOL program is to promote wellness through non-clinical groups and activities and increase residents' integration in the community. Peer staff (individuals with lived mental health experience) provide group and community activities and one-on-one interactions to help residents learn independent living skills and coping tools that are designed to promote recovery. As of the third quarter of FY 2017-18, the program served 198 individuals. The program is currently operating at three board and care sites (Elms Manor, Sunrise Manor and Cottonwood) and three supported housing facilities (Villa Calleguas, Castillo del Sol and River Haven).

The proposed amendment includes funding for four peer positions who will be working with the VCBH Rapid Integrated Support & Engagement (RISE) team. Peers accompany VCBH RISE staff when responding to mental illness calls in the community with the goal of improving communication with the individual and facilitating acceptance of services from the VCBH RISE team. Of the four peers, two will be funded by a newly received Triage Grant and will be assigned to conduct ride-alongs with police to serve the TAY community. The two remaining peer positions will be funded by MHSA funding and will serve the general community.

Turning Point also operates two AWRC's (one in Oxnard and one in Ventura) which focus on outreach to and engagement of individuals with serious and persistent mental illness who have been unserved or underserved by the traditional mental health system. The AWRC's use group and 1-on-1 interaction, engage clients in programs, and serve as portals to other mental health, medical, dental, housing, and employment services. The AWRC's support individuals with the goal of reducing symptoms and preventing decompensation and psychiatric hospitalization. The AWRC's assist members in developing a Wellness Recovery Action Plan (WRAP) to help guide the recovery process. The AWRC's incorporate structures that include clients in the operation of the AWRC through leadership teams, peer mentorship and employment. The AWRC's provide a safe and supportive environment to help individuals drop-in and connect to VCBH for services. As of the end of the third quarter of FY 2017-18, the AWRC's have served 463 clients and every member has either completed or been introduced to WRAP.

The proposed amendment increases the contract maximum to \$805,849 and includes \$300,000 in new funding for the Growing Works Program. The Growing Works Program is a new nursery/horticultural peer job readiness program where staff will use established recovery principles to provide job readiness training to 100 VCBH clients. The goal of the program is to have 25 adults completing all phases of the program. This contract is funded by the MHSA.

VCBH is proposing approval for the VCBH Director or designee to sign the amendments with Turning Point for the service period of July 1, 2018 through June 30, 2019 for: (1) QOL Program services, in the amount of \$536,803, and (2) AWRC and Growing Works Program services, in the amount of \$805,849.