

BEHAVIORAL HEALTH ADVISORY BOARD

General Meeting

Monday, September 17, 2018, 1:00 – 3:30 p.m.

Ventura County Behavioral Health

1911 Williams Drive, Training Room • Oxnard, CA 93036

AGENDA

- I. Call to Order and Pledge of Allegiance
- II. Approval of the Agenda – **ACTION**
- III. Approval of the August 20, 2018 Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Public Comments (3 min. per speaker)
- VI. Recognitions (20 min.)
 - A. Captain James Fryhoff
 - B. Commander Ronald Nelson
 - C. Bennie Crayton
 - D. Karyn Bates
- VII. Chair's Report (5 min.)
 - A. California Association of Local Behavioral Health Boards & Commissions (CALBHB/C) Fall 2018 Newsletter
 - B. Marijuana FactCheck Website – www.mjfactcheck.org
 - C. Events and Announcements – Janis Gardner, Chair Emeritus (5 min.)
- VIII. Board Members Comments and Announcements (3 min. per speaker)
- IX. Director's Report – Dr. Sevet Johnson (10 min.)
- X. Secretary's Report – Kay Wilson-Bolton (5 min.)
- XI. BHAB Committees Reports (5 min. each)
 - A. Adult Services Committee – Nancy Borchard and Gane Brooking, Co-Chairs
 - B. Prevention Committee – Janis Gardner, Chair
 - C. Transitional Age Youth (TAY) Committee – Cmdr. Ron Nelson, Chair
 - D. Youth & Family Committee – Denise Nielsen, Chair
 - E. Legislative Workgroup– Ratan Bhavnani
- XII. New Business
 - A. Site Visit Report: Logrando Bienestar – Margaret Cortese (10 min.)
 - B. Site Visit Corrective Action Plan (10 min.)
 - C. Development of Action Plans (5 min.)
 - D. Feasibility of Re-establishing a Support Group for Parents of Transitional Age Youth (TAY) – **ACTION** (10 min.)
- XIII. Old Business
 - A. New Process for the Ongoing Review of Contracts
 - B. Progress on the Adult Crisis Stabilization Unit (CSU) – Daniel Powell, Mental Health Operations Supervisor Inpatient Unit, Ventura County Medical Center Inpatient Psychiatric Hospital (10 min.)
 - C. Future Presentations
 - D. Future Recognitions
- XIV. Public Comments (3 min. each)
- XV. Adjourn

Next Meeting: Monday, October 15, 2018

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact Behavioral Health Administration at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

CONSEJO ASESOR DE BEHAVIORAL HEALTH

Junta General

Lunes, 17 de septiembre de 2018, 1:00 – 3:30 p.m.

Ventura County Behavioral Health

1911 Williams Drive, Training Room • Oxnard, CA 93036

ORDEN DEL DÍA

- I. Se convoca la reunión y Juramento a la bandera
- II. Aprobación del Orden del Día - **ACCIÓN**
- III. Aprobación de las Actas del 20 de agosto– **ACCIÓN**
- IV. Bienvenida y presentaciones
- V. Comentarios del público – (3 minutos por orador)
- VI. Reconocimientos (20 min.)
 - A. Capitán James Fryhoff
 - B. Comandante Ronald Nelson
 - C. Bennie Crayton
 - D. Karyn Bates
- VII. Informe del Presidente (5 min.)
 - A. Asociación Local de California de Juntas y Comisiones de Behavioral Health (CALBHB/C) Boletín de Otoño 2018
 - B. Portal de internet Marihuana FactCheck– www.mjfactcheck.org
 - C. Eventos y anuncios – Janis Gardner, Presidente Emérito (5 min.)
- VIII. Comentarios y anuncios de los miembros de la Junta (3 min. por orador)
- IX. Informe del Director – Dr. Sevet Johnson (10 min.)
- X. Informe de la Secretaria – Kay Wilson-Bolton (5 min.)
- XI. BHAB Informes de los comités (5 min. cada uno)
 - A. Comité de Servicios para Adultos – Nancy Borchard y Gane Brooking, Copresidentes
 - B. Comité de Prevención – Janis Gardner, Presidente
 - C. Comité de la Juventud en Edad de Transición (Tay) – Comand. Ron Nelson, Presidente
 - D. Comité de Jóvenes y Familias – Denise Nielsen, Presidente
 - E. Grupo de trabajo legislativo– Ratan Bhavnani
- XII. Nuevas Actividades
 - A. Informe de visita al lugar: Logrando Bienestar – Margaret Cortese (10 min.)
 - B. Plan de medidas correctoras de la visita al lugar (10 min.)
 - C. Desarrollo de Planes de Acción (5 min.)
 - D. Viabilidad de restablecer un grupo de apoyo para Padres de jóvenes en edad de transición (TAY) – **ACCIÓN** (10 min.)
- XIII. Asuntos Anteriores
 - A. Nuevo proceso propuesto para la Revisión Continua de los Contratos
 - B. Progreso sobre la Unidad de Estabilización en caso de Crisis en Adultos (CSU) – Daniel Powell, Supervisor de Operaciones de Salud Mental, Unidad de Hospitalización, Hospital psiquiátrico para pacientes hospitalizados de Ventura County Medical Center (10 min.)
 - C. Presentaciones futuras
 - D. Reconocimientos futuros
- XIV. Comentarios públicos (3 min. por orador)
- XV. Se levanta la sesión

Próxima Reunión: Lunes 15 de octubre de 2018

Los miembros del público que hagan presentaciones orales ante el Consejo en relación con una o más cuestiones en la agenda o fuera de la agenda en una sola reunión tienen un límite de tiempo total acumulativo que no exceda de (5) minutos para todas sus presentaciones orales en dicha reunión a menos que se indique lo contrario. La totalidad del periodo de comentarios públicos se limita a no más de (20) minutos para todos los oradores. Nota: El presidente puede limitar el número o la duración de los oradores sobre un asunto. En cumplimiento con la Ley de Norteamericanos con Discapacidades, si usted necesita asistencia especial para participar en esta reunión, por favor comuníquese con: Behavioral Health Administration, al (805) 981-6830. Su notificación anticipada razonable de la necesidad de servicios especiales de adaptación antes de la reunión (de preferencia con 48 horas de anticipación) nos permitirá hacer los arreglos razonables para asegurar que tenga acceso a esta reunión.

Behavioral Health Advisory Board Site Visit Report

Date: May 18, 2018

Facility / Program: Logrando Bienestar

Location: 1911 Williams Drive, Oxnard

Contact Person: Maria Hernandez

Phone #: (805) 981-6332

E-mail: mariaa.hernandez@ventura.org

BHAB Review Team:

Margaret Cortese, Claudia Armann, and Gane Brooking

FACILITY / PROGRAM DEMOGRAPHICS

1. Age Group Served: (Check all that apply)

Children (0 - 12) Adolescents (13 - 17) TAY (18 - 25) Adults (18 - 61) Older Adults (60 +)

2. Number of Clients Served:

Maximum possible: _____ Monthly Avg. 68 and / or Daily Avg. _____

3. Services Provided: (i.e.: Counseling, Therapy, Medication management, Nursing, etc.)?

Outreach & engagement-Screening & Linkage to MH services including Beacon, Psycho-education, Advocacy, Establishment of community partnerships, case management services, referrals to other County and non-profit organizations for resources

4. Miscellaneous Additional Services: (i.e.: transportation, follow-up care, community activities or support, etc.)?

Transportation, participation of school activities-back to school night, read across America, Linkage to other social services agencies, such as Coalition of Family Harmony, Parenting classes, Justice systems, New Dawn Counseling, Homeless Shelters, resources when the family is homeless such as food, clothing, medical, referred to Callutheran Counseling Services, Jewish Family Services, Self-help Legal Aid clinic

5. Number of on-site staff having direct client contact:

3 staff persons- one Vacant position in the process of hiring (May 18)

6. What kind of training does your organization provide the staff, and how often?

HIPAA Compliance Training, motivational interviewing, documentation training, cultural competence training, all mandatory trainings that are required by County, Healthcare agency and Ventura County Behavioral Health, annual basis

7. Which professionals are involved directly with clients (i.e. Psychiatrist, Psychologist, MFT, ADT, LCSW, Nurse) and how often?

Psychiatrist, Psychologist, MFT, LCSW once open to the clinic

8. Are peer support specialists/individuals in recovery utilized to support your clients? How many and how often? Are family members involved? How?

Family members are involved, School Counselors and Psychologist become the support system in coordination with Logrando Bienestar staff

9. Describe Groups - education/support?

Psycho education workshops-topics: Mental health and the influence of Culture, Stess and Anxiety, Drepression, bullyin, Health Growth and Development, Substance Use.

10. Facility/Program Physical Layout (i.e. indoor rooms, outdoor areas, recreational areas)? (Attach floor plan if available)

Ste. 154-B in Williams Building (in process of moving in Williams building on Aug. 30)

BHAB Reviewer Response

What do clients typically do during the day (i.e. work, attend programs)?

Prospective clients (Latino parents, farm workers, etc.) are invited to attend a series of mental health trainings conducted in Spanish at local schools, farm fields during lunch breaks, and other community sites in Oxnard and Santa Paula. Those who seek services for themselves or their children are scheduled for a preliminary screening with staff from Logrando Bienestar. As appropriate, they are then sent to STARR assessment and some are subsequently referred to clinics for services.

Referrals are also regularly made to Logrando Bienestar by school officials, outside of the class structure. From August 2016 to May 2018, 848 Latino individuals were referred to Logrando Bienestar – 75 percent were school-age students. Of those referred, 276 were eventually eligible for clinic services.

Staff identified program needs ?

There is a demand for services to the Latino community beyond Oxnard and Santa Paula. More Spanish-speaking clinicians are also needed. Scheduling STAR assessments is a major obstacle for the working class population because the final assessment of the day is conducted at 2:30 PM.

Overall Impression or Brief Summary (key points, including appearance of clients and facility)?

BHAB members, Claudia Amann, Gane Brookings, and Margaret Cortese conducted this site visit. It was done in three visits:

May 18: with all the staff at the LB office on Williams;

Maria Hernandez, JD Manager

Outreach Team members: Angeles Small MA, Miguel Rodriguez BA, Judith Rodriguez BA

Elizabeth Morales, Admin Assistant. **at the LB office on Williams;**

July 26: with two staff and field workers in a Reiter Bros. raspberry field outside of Oxnard;

August 30: with Maria Hernandez on Williams.

The staff were all bilingual-bicultural and brought tremendous skills, appropriate community experience, and deep concern for the Latino community to their roles.

We learned that the three community services staff members (what was their exact titles?) present an eight-session mental health course to Latino residents at six school sites in Santa Paula and another six schools in Oxnard. There are typically between ten to sixty participants at each site. Topics include: stress anxiety, bullying, substance abuse, depression, healthy relationships, healthy growth and development, and the influence of culture in health. The curriculum was developed in partnership with Cal State Northridge. In addition, staff have office hours at the school sites so they can meet with and assess prospective clients.

In partnership with local grower Reiter Affiliated, staff also conduct the same workshop series for farm workers in the fields during the lunch breaks.

Staff provide extensive support until clients are integrated into the system including transportation to STARR assessment and follow-up calls to ensure appointments are kept.

Board Member Recommendations for Program Needs?

OUTREACH

Latino residents live throughout Ventura County (not just Oxnard & Santa Paula) and the budget of this project should be augmented to allow for services throughout the County. We recommend:

- outreach to other agricultural businesses in addition to Reiter Bros.;
- Outreach to community based organizations that regularly convene the Latino community (e.g.

MICOP, El Centrito, El Concilio, etc.)

STAR (the intake unit to all clinical programs)

It was not clear whether STAR assessment was directly available in Spanish, and not via an internet translation service. There was a sense that this lack sometimes results in false negatives, that is not referring to Behavioral Health a person who does qualify for service.

It is critical that the schedule for STAR assessments be aligned with the particular needs of the population served. Evening and weekend appointments are absolutely necessary for serving farm workers and other working class individuals who don't have flexible work schedules and can't afford to lose wages. Given these findings regarding the LB Star interface problems, we recommend that BHAB send site visitors to STAR.

TRANSPORTATION

Staff does not have a car assigned to LB. Time is lost accessing cars from the County pool. We recommend at least one car be assigned to the team

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

Recommended Approach for the Review of VCBH Contracts

For discussion at the BHAB General Meeting on 9/17/18

The proposed review process contains the following elements:

- Following the approval of contracts by the Board of Supervisors, the names of the contracts along with program descriptions, fiscal information and workload data for each contract will be placed on the monthly General Board Meeting agendas. BHAB members will be provided an opportunity to ask questions about each contract at that time.
- When conducting site visits, BHAB members participating in the site visits will be provided with copies of the contract attachments describing the contractor's deliverables.
- BHAB members will be assigned to attend VCBH Quarterly Contract Review Meetings and report back to the full board on what they learned at these meetings.
- Should BHAB members have specific questions/concerns about a contract, they can voice their concerns at either BHAB meetings or address them to the VCBH Director or her designee and request a response to their questions/concerns from the Department.

It is believed that by using the above contract review process, the BHAB will be able to meet its responsibility to review Behavioral Health contracts as contained in the Welfare and Institutions Code.