

BEHAVIORAL HEALTH ADVISORY BOARD

General Meeting

Monday, July 15, 2019, 1:00 – 3:30 p.m.

Ventura County Behavioral Health (VCBH)
1911 Williams Drive, Training Room • Oxnard, CA 93036

AGENDA

- I. Call to Order and Pledge of Allegiance
- II. Approval of the Agenda – **ACTION**
- III. Approval of the June 17, 2019 Minutes – **ACTION**
- IV. Welcome and Introductions
- V. Public Comments (3 min. per speaker)
- VI. Chair's Report (5 min.)
 - A. Events and Announcements – Ratan Bhavnani
- VII. Board Members Comments and Announcements (3 min. per speaker)
- VIII. Director's Report – Dr. Sevet Johnson (10 min.)
- IX. Time Certain 2:00 p.m. - Health Care Agency Update – William Foley, HCA Director (20 min.)
- X. Secretary's Report – Gina Petrus (5 min.)
- XI. BHAB Committees Reports (3 min. each)
 - A. Adult Services Committee – Nancy Borchard and Gane Brooking, Co-Chairs
 - B. Prevention Committee – Janis Gardner, Chair
 - C. Transitional Age Youth (TAY) Committee – Margaret Cortese, Chair
 - D. Youth & Family Committee – Denise Nielsen, Chair
- XII. New Business
 - A. Formation of Legislative Workgroup
 - B. Member At Large Appointment – **ACTION**
 - C. Review of Budget Presentation – Discussion (5 min.)
 - D. California Association of Local Behavioral Health Boards & Commissions (CALBHB/C) Update – Jerry Harris
- XIII. Old Business
 - A. Institution for Mental Diseases (IMD) Exclusion Waiver – Mary Haffner
 - B. Lanterman, Petris, Short (LPS) Reform Workgroup – Next Meeting: August 19; Presenter: Mark Gale
 - C. Future Presentations
 - D. Future Recognitions
- XIV. Contracts –
 - A. Board of Supervisors Approved Agreements – June 4, 2019
 1. Mental Health Services Act (MHSA) Fiscal Year (FY) 2019-20 Annual Update
 - B. Board of Supervisors Approved Agreements – June 11, 2019
 1. FY 2019-20 Agreements with Clinicas Del Camino Real, Inc. (Clinicas), Mixteco/Indigena Community Organizing Project (MICOP), EVALCORP, and Interface Children and Family Services (Interface) for MHSA Related Services
 2. FY 2018-19 and FY 2019-20 Agreements with Pacific West Care Homes, LLC (Hickory House), Elms Manor Corporation (Elms Manor), La Siesta Guest Home, LLC (La Siesta), and Sunrise Manor for Augmented Board and Care Services

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact Behavioral Health Administration at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

3. FY 2019-20 Agreements with Sylmar Health & Rehabilitation Center, Inc., Crestwood Behavioral Health, Inc., and Telecare Corporation for Mental Health Services
 4. Alcohol and Drug Programs (ADP): FY 2017-20 State Agreement for Substance Abuse Prevention and Treatment Block Grant (SABG) Services and FY 2018-19 Reality Improv Connection, Inc. dba Straight Up for ADP Prevention Services
- C. Board of Supervisors Approved Agreements – June 18, 2019
1. ADP: FY 2018-19 Agreement with Aegis Treatment Centers, LLC (Aegis) and FY 2019-20 Agreements with Aegis, Dennis M. Giroux & Associates, Inc. (DMG), Healthright 360, Tarzana Treatment Centers, Inc. (Tarzana), and Western Pacific Med-Corp (Western Pacific) for Drug Medi-Cal Organized Delivery System (DMC-ODS) Substance Use Disorder (SUD) Services
 2. FY 2019-20 Agreements with ASC Treatment Group (ASC), Turning Point Foundation (Turning Point), and Pathpoint for Mental Health Services
 3. FY 2019-20 Agreements with Telecare Corporation (Telecare) for Mental Health Services
 4. FY 2019-20 Agreement with Traditions Psychology Group, Inc. dba Traditions Behavioral Health (Traditions) for Psychiatric Services
 5. FY 2018-19 Agreement with Pacific Clinics for Transitional Age Youth (TAY) Wellness and Recovery Center (WRC) services
 6. FY 2018-19 and FY 2019-20 Aspiranet, Kids & Families Together (KFT), New Dawn Counseling and Consulting, Inc. (New Dawn) for Mental Health Services

XV. Public Comments (3 min. each)

XVI. Adjourn

Next Meeting: Monday, August 19, 2019

Ventura County Behavioral Health
Board Letter Summary of Contracts for June

Board Date	Contractor	Amount	Term	Description
6/4/2019	Mental Health Services Oversight and Accountability Commission (MHSOAC)	\$74,424,287	FY 2019-20	VCBH submitted the FY 2019-20 Mental Health Services Act Annual Update to the MHSOAC.
6/11/2019	Clinicas Del Camino Real, Inc. (Clinicas)	\$300,000	7/1/2019 to 6/30/2020	VCBH is contracting with Clinicas for primary care services. The contract term is July 1, 2019 through June 30, 2020 for a maximum contract amount of \$300,000 which represents no change from the prior fiscal year.
6/11/2019	Mixteco/Indigena Community Organizing Project (MICOP)	\$240,902	7/1/2019 to 6/30/2020	VCBH is contracting with MICOP for Healing the Soul services. The contract term is July 1, 2019 through June 30, 2020 for a maximum contract amount of \$240,902 which represents an increase of \$5,729 from the prior fiscal year. This increase will fund additional staff, client supportive services, and client participation incentives.
6/11/2019	Evalcorp	\$159,510	7/1/2019 to 6/30/2020	VCBH is contracting with EVALCORP for MSHA data collection and analysis services. The contract term is July 1, 2019 through June 30, 2020 for a maximum contract amount of \$159,510 which represents an increase of \$15,010 from the prior fiscal year. This increase will fund evaluation services for the MSHA Community Services and Supports, Prevention and Early Intervention, and Innovation programs.
6/11/2019	Interface	\$98,058	7/1/2019 to 6/30/2020	VCBH is contracting with Interface for Push Technology Project services. The contract term is July 1, 2019 through June 30, 2020 for a maximum contract amount of \$98,058 which represents no change from the prior board approved amount (multi-year agreement that ends June 30, 2021). The contract scope of work was revised to adjust the contract deliverables for greater clarity.
6/11/2019	Hickory House	\$245,000	7/1/2018 to 6/30/2019	VCBH is contracting with Hickory House for Augmented Board and Care services. The contract term is July 1, 2018 to June 30, 2019. An increase of \$11,800 was needed to fund increased service need. The new contract maximum is \$245,000.
6/11/2019	Elms Manor	\$216,500	7/1/2019 to 6/30/2020	VCBH is contracting with Elms Manor for Augmented Board and Care services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$16,500 was needed to fund increased service need and increase the rates due to workers compensation insurance and minimum wage increases. The new contract maximum is \$216,500.

6/1/2019	La Siesta	\$211,107	7/1/2019 to 6/30/2020	VCBH is contracting with La Siesta for Augmented Board and Care services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$12,000 was needed to fund increased service need. The new contract maximum is \$211,107.
6/1/2019	Hickory House	\$245,200	7/1/2019 to 6/30/2020	VCBH is contracting with Hickory House for Augmented Board and Care services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$200 was needed to fund increased service need. The new contract maximum is \$245,200.
6/1/2019	Sunrise Manor	\$180,000	7/1/2019 to 6/30/2020	VCBH is contracting with Sunrise Manor for Augmented Board and Care services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$25,000 was needed to fund increased service need and increase the rates due to workers compensation insurance and minimum wage increases. The new contract maximum is \$180,000.
6/1/2019	Sylmar Health & Rehabilitation Center	\$1,245,059	7/1/2019 to 6/30/2020	VCBH is contracting with Sylmar Health & Rehabilitation Center for Institution for Mental Disease mental health services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$345,059 was needed to fund increased service need and an increase in the Level B rate from \$268.26 to \$300 per day. The new contract maximum is \$1,245,059.
6/1/2019	Crestwood	\$207,320	7/1/2019 to 6/30/2020	VCBH is contracting with Crestwood for Mental Health Rehabilitation Center services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$107,320 was needed to fund increased service need, an increase in day rate from \$274 to \$284 to retain appropriate staff, and add a new bed hold rate of \$284 per day. The new contract maximum is \$207,320.
6/1/2019	Telecare	\$209,068	7/1/2019 to 6/30/2020	VCBH is contracting with Telecare for Skilled Nursing Facility and Institution for Mental Disease mental health services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$9,973 was needed to fund increased service need an increase the day rate from \$185.37 to \$190.93 due to increased minimum wage and workers compensation insurance costs. The new contract maximum is \$209,068.
6/1/2019	Department of Health Care Services	\$14,679,336	7/1/2017 to 6/30/2020	VCBH's Substance Abuse Prevention and Treatment Block Grant (SABG) agreement with DHCS is being increased by \$293,282 to fund additional limited time SABG services due to a surplus in Federal funding at the State level.
6/1/2019	Realty Improve (Straight Up)	\$171,490	7/1/2018 to 6/30/2019	VCBH is contracting with Straight Up for Alcohol and Drug Program Prevention services. The contract term is July 1, 2018 to June 30, 2019. An increase of \$16,490 was added to the contract to fund additional prevention services. This increase was funded with additional SABG funds received from the State. The new contract maximum is \$171,490.

6/18/2019	Aegis		\$400,000	7/1/2018 to 6/30/2019	VCBH is contracting with Aegis for Outpatient Opioid/Narcotic Treatment Program services. The contract term is July 1, 2018 to June 30, 2019. An increase of \$100,000 was needed to address an increase in clients requiring services. The new contract maximum is \$400,000.
6/18/2019	Dennis M. Giroux & Associates, Inc. (DMG)		\$388,442	7/1/2019 to 6/30/2020	VCBH is contracting with DMG for Outpatient Substance Use Disorder (SUD) services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$78,209 was needed to address increased program costs. The new contract maximum is \$388,442.
6/18/2019	Healthright 360		\$3,315,635	7/1/2019 to 6/30/2020	VCBH is contracting with Healthright 360 for Residential Treatment SUD services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$297,676 was needed to address increased program costs. The new contract maximum is \$3,315,635.
6/18/2019	Tarzana		\$1,192,493	7/1/2019 to 6/30/2020	VCBH is contracting with Tarzana for Residential Treatment SUD services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$277,622 was needed to address increased program costs. The new contract maximum is \$1,192,493.
6/18/2019	Western Pacific		\$2,000,000	7/1/2019 to 6/30/2020	VCBH is contracting with Western Pacific for Outpatient Narcotic Treatment Program services. The contract term is July 1, 2019 to June 30, 2020. There is no change in the maximum contract amount of \$2,000,000 from the prior fiscal year.
6/18/2019	ASC Treatment Group (ASC) Bakersfield		\$903,692	7/1/2019 to 6/30/2020	VCBH is contracting with ASC for adult residential mental health treatment services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$18,016 was provided due to increases in minimum wage and workers compensation insurance costs. The new contract maximum is \$903,692.
6/18/2019	ASC Treatment Group (ASC) Los Angeles		\$835,423	7/1/2019 to 6/30/2020	VCBH is contracting with ASC for adult residential mental health treatment services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$58,873 was provided due to increases in minimum wage and workers compensation insurance costs. The new contract maximum is \$835,423.
6/18/2019	Turning Point		\$1,069,056	7/1/2019 to 6/30/2020	VCBH is contracting with Turning Point for Adult Rehabilitation services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$17,654 was provided due to increases in minimum wage and workers compensation insurance costs. The new contract maximum is \$1,069,056.
6/18/2019	Pathpoint		\$405,587	7/1/2019 to 6/30/2020	VCBH is contracting with Pathpoint for Adult Rehabilitation services. The contract term is July 1, 2019 to June 30, 2020. There is no change in the contract maximum of \$405,587 from the prior fiscal year.

6/18/2019	Telecare	\$2,550,178	7/1/2019 to 6/30/2020	VCBH is contracting with Telecare for Mental Health Rehabilitation Center services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$13,489 was provided due to increased salaries and workers compensation costs. The new maximum contract amount is \$2,550,178.
6/18/2019	Telecare	\$884,042	7/1/2019 to 6/30/2020	VCBH is contracting with Telecare for AB 109 ACT services. The contract term is July 1, 2019 to June 30, 2020. An increase of \$83,049 was provided due to increased salaries and workers compensation costs. The new maximum contract amount is \$884,042.
6/18/2019	Traditions	\$14,702,388	7/1/2019 to 6/30/2020	VCBH is contracting with Traditions for Psychiatric services. The contract term is July 1, 2019 to June 30, 2020. The contract maximum is \$14,702,388.
6/18/2019	Pacific Clinics	\$590,800	7/1/2018 to 6/30/2019	VCBH is contracting with Pacific Clinics to provide Transitional Age Youth Wellness and Recovery Center services. VCBH is revising the budgetary line items to better align to program needs. The revision is over the 20% limit that is allowed per the contract, therefore, Board of Supervisors approval was needed. There is no change to maximum contract amount of \$590,800.
6/18/2019	Aspiranet	\$1,586,487	7/1/2018 to 6/30/2019	VCBH is contracting with Aspiranet for Collaborative Education services. The contract term is July 1, 2018 to June 30, 2019. The contract was revised to add a new crisis intervention rate of \$3.55 per unit to the contract. No change the contract maximum of \$1,586,487.
6/18/2019	Aspiranet	\$1,586,487	7/1/2019 to 6/30/2020	VCBH is contracting with Aspiranet for Collaborative Education services. The contract term is July 1, 2019 to June 30, 2020. The contract was revised to add a new crisis intervention rate of \$3.55 per unit to the contract. No change the contract maximum of \$1,586,487.
6/18/2019	Aspiranet	\$881,952	7/1/2018 to 6/30/2019	VCBH is contracting with Aspiranet for Intensive Services Foster Care services. The contract term is July 1, 2018 to June 30, 2019. The contract was increased \$50,832 and a new crisis intervention rate of \$3.55 per unit was added to the contract. The new contract maximum is \$881,952.
6/18/2019	Aspiranet	\$918,240	7/1/2019 to 6/30/2020	VCBH is contracting with Aspiranet for Intensive Services Foster Care services. The contract term is July 1, 2019 to June 30, 2020. The contract was increased \$36,288 and a new crisis intervention rate of \$3.55 per unit was added to the contract. The new contract maximum is \$918,240.

6/18/2019	Kids and Families	\$348,842	7/1/2019 to 6/30/2020	VCBH is contracting with Kids and Families for Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) specialty mental health services. The contract term is July 1, 2019 to June 30, 2020. The contract was increased \$167,168 due to the costs associated with providing Relationship Assessment Program for a full 12 months. The new contract maximum is \$348,842.
6/18/2019	New Dawn	\$1,063,174	7/1/2019 to 6/30/2020	VCBH is contracting with New Dawn for EPSDT specialty mental health services. The contract term is July 1, 2019 to June 30, 2020. The contract was increased \$119,916 due to increased program cost increases. The new contract maximum is \$1,063,174.

MEMORANDUM

DATE: July 10, 2019
TO: Behavioral Health Advisory Board
FROM: Contracts Administration
SUBJECT: Board of Supervisors Approved June Agreements/Board Items

Executive Summary

Board of Supervisors Approved Agreements – June 4, 2019

1. Mental Health Services Act (MHSA) Fiscal Year (FY) 2019-20 Annual Update.

This item recommended that the Board of Supervisors authorize the Ventura County Behavioral Health (VCBH) Director or designee to sign and submit the MHSA FY 2019-20 Annual Update to the Mental Health Services Oversight and Accountability Commission (MHSOAC). In FY 2019-20, VCBH expects to commit \$74,424,287 in funding towards MHSA Division services.

The MHSOAC requires that counties develop plans detailing how Proposition 63 MHSA funding will be utilized within the county and submit a Three-Year Program and Expenditure Plan every three years. This plan is developed locally with stakeholder input and is reviewed by the local mental health board, approved by the Board of Supervisors, and then submitted to the MHSOAC for approval. Proposition 63 MHSA funding is distributed on a regular basis by the State and is not tied to the submittal and local approval of the MHSA Three-Year Program and Expenditure Plan. MHSA funds are the funding of last resort for these programs and are used only after all other funding sources are applied.

The MHSOAC also requires counties to provide an annual update ("Annual Update") forecasting VCBH's projected total expenses and revenues from all sources for the current fiscal year. State approval is not required for the Annual Update. The FY 2019-20 Annual Update that was presented to the Board of Supervisors includes the Community Program Planning and Local Review Process, VCBH's MHSA Budget, forecasted program adjustments and reporting on the MHSA Plan components for Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Workforce Education and Training (WET), Capital Facilities and Technological Needs (CFTN), and Innovation (INN).

In FY 2017-18, the costs for the MHSA Division of VCBH totaled \$61,329,155. Of this amount, approximately 55% were funded by Proposition 63 MHSA funds. The remaining 45% were funded utilizing non-Proposition 63 MHSA sources, such as Short Doyle Medi-Cal Federal Financial Participation (SD/MC FFP), Behavioral Health Subaccount, grants, insurance, and client fees.

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Board of Supervisors Approved May Agreements/Board Items
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In FY 2019-20, VCBH expects to commit \$74,424,287 in total expenses for the provision of the MHSA Division services. VCBH forecasts that non- Proposition 63 MHSA funding sources will cover 49% of MHSA Division program costs. The remaining 51%, having no other available funding source, will be funded by VCBH's Proposition 63 MHSA available program funding. Of that, \$38,000,000 is expected as new FY 2019-20 Proposition 63 MHSA funds and the remainder will be drawn down from unspent Proposition 63 MHSA funds from prior years.

MHSA FY 2019-20 Annual Update includes Prudent Reserve Assessment/Reassessment. The California Department of Health Care Services, per MHSUDS Information Notice NO. 19-017, dated March 20, 2019, is requiring every County to establish a Prudent Reserve that does not exceed 33 percent of the average amount allocated to the CSS component in the preceding five years. VCBH's Prudent Reserve balance of \$9,699,081 exceeds the 33% maximum level. Behavioral Health is allocating \$1,126,888 of the Restricted MHSA Prudent Reserve to Restricted Health and Sanitation Services. The transfer will bring the MHSA Prudent Reserve fund balance down to \$8,572,193. The County must reassess its maximum prudent reserve funding level every five years.

VCBH recommended approval for the VCBH Director or designee to sign and submit the FY 2019-20 Annual Update to the MHSOAC.

Board of Supervisors Approved Agreements – June 11, 2019

1. FY 2019-20 Agreements with Clinicas Del Camino Real, Inc. (Clinicas), Mixteco/Indigena Community Organizing Project (MICOP), EVALCORP, and Interface Children and Family Services (Interface) for MHSA Related Services.

This item recommended approval of the following four FY 2019-20 agreements with Clinicas, MICOP, EVALCORP, and Interface for MHSA related services. The maximum contract amounts are: (1) \$300,000 for Clinicas, (2) \$240,902 for MICOP, (3) \$159,510 for EVALCORP, and (4) \$98,058 for Interface.

Clinicas provides primary care services through the Prevention and Early Intervention (PEI) component of the MHSA. Through the FY 2019-20 agreement, services will focus on the early intervention side of the continuum of mental health services. The target population for the primary care services is individuals ages 12 and over who are patients of Clinicas' primary health care clinics. These are individuals at risk of or with emerging mental health issues who may exhibit early signs of depression, anxiety, post-traumatic stress disorder or a history of trauma. Clinicas will be responsible for screening referred individuals to determine appropriateness of services and, if needed, referring clients to another provider. In fiscal year (FY) 2017-18, Clinicas provided early intervention mental health care services to approximately 430 unduplicated individuals. Upon discharge, clients surveyed showed, on average, a 47% reduction in symptoms and attended approximately 12 sessions of treatment. There is no change to the contract maximum of \$300,000 from the prior fiscal year.

MICOP Healing the Soul focuses on increasing the quality of services to the Mixtec population, primarily in the Oxnard Plains area. This project is in year two of a research evaluation that is focused on the use of traditional indigenous healing practices as a mental health intervention. Through the amended agreement, MICOP will partner with the indigenous Mexican community and VCBH clinicians to assess whether these indigenous healing traditions can be integrated with the Cognitive Behavioral Therapy (CBT) that is used in VCBH clinics. If the research provides positive results and the parties agree that the practices can be integrated with the CBT approach, an educational training will be offered for mental health providers in year four of the project/contract. The training will educate clinicians on the perspectives of indigenous Mexican persons on mental health, disseminate evaluation results, and communicate how to utilize indigenous practices within mental health service delivery.

During the first year of the program, *Promotoras*¹ from the Mixtec community representing three different pueblos have been trained in research methodology, including data collection methods, qualitative analysis, and

¹ A Promotoras is a lay Hispanic/Latino community member who receives specialized training to provide basic health education in the community.

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Board of Supervisors Approved May Agreements/Board Items

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the facilitation of focus groups. All focus groups were conducted by the Promotoras and led to some promising practices for culturally appropriate engagement methods that were recently published. In year two of the project, community surveys were designed to validate the focus group findings identifying the most common types of traditional indigenous healing methods identified. All 150 surveys were completed by Mixtec community members through extensive outreach efforts. To do so, Promotoras met the community in laundromats, grocery stores, events, homes, and schools.

The FY 2019-20 amendment increases the maximum contract amount to \$240,902 representing an increase of \$5,729 over the prior year contract amount to fund the completion of phase two of the project, which will fully staff the program, fund client supportive services, and fund client participation incentives.

EVALCORP provides MHPA data collection and analysis services for VCBH. Through the new contract amendment, EVALCORP will continue to enhance MHPA data collection efforts by modifying existing data collection plans and processes, analyzing data procedures and findings, developing reporting tools and evaluation capacity, and identifying and recommending best practices for data collection. In FY 2018-19, EVALCORP completed the MHPA Annual Update Report, evaluated various MHPA contract providers, and provided data/evaluation consultation support on various MHPA priorities. The agreement amount is increasing by \$15,010 for a total contract max of \$159,510 for FY 2019-20. The increase in the agreement amount will fund evaluation services for the MHPA Community Services and Supports, Prevention and Early Intervention, and Innovation programs.

Interface oversees the management of the Push Technology Project. The Push Technology Project is a three-year project that will focus on reducing re-hospitalization rates by using text messaging to offer bridge support and mini-assessments during the first 90 days post-hospitalization. This project will target individuals exiting county inpatient psychiatric hospitals and residential and crisis stabilization units. The project is designed to increase the quality of mental health services and improve post-discharge outcomes using Ecological Momentary Interventions (EMI). Project participants will report their mental health status via text message/EMI, receive appointment reminders, and be able to be connected to additional services using 211 services. The project will evaluate participants' satisfaction, recovery status, any improvement in first appointment attendance, and re-hospitalization rates after one year. There is no change to the maximum contract amount of \$98,058, but changes to the scope work that require Board of Supervisors approval. The scope is being revised to clarify the deliverables.

For all four agreements referenced above, VCBH recommended approval for the VCBH Director or designee to sign the FY 2019-20 agreements for MHPA related services in the following amounts: (1) \$300,000 for Clinicas, (2) \$240,902 for MICOP, (3) \$159,510 for EVALCORP, and (4) \$98,058 for Interface.

2. FY 2018-19 and FY 2019-20 Agreements with Pacific West Care Homes, LLC (Hickory House), Elms Manor Corporation (Elms Manor), La Siesta Guest home, LLC (La Siesta), and Sunrise Manor for Augmented Board and Care Services.

This item recommended approval for the VCBH Director or designee to sign the agreements for augmented board and care services with: (1) Hickory House, in the amount of \$245,000, for FY 2018-19, (2) Elms Manor, in the amount of \$216,500, for FY 2019-20, (3) La Siesta, in the amount of \$211,107, for FY 2019-20, (4) Hickory House, in the amount of \$245,200, for FY 2019-20, and (5) Sunrise Manor, in the amount of \$180,000, for FY 2019-20.

Hickory House provides augmented board and care services for adults with serious and persistent mental illness which have resulted in significant functional impairments so as to require 24-hour care and supervision to promote safety and recovery. The acuity level of these individuals is high in that they require daily assistance in one or more areas of life functioning, including: attending to self-care and basic needs, attending to medical and medication needs, maintaining participation in supportive mental health/substance abuse and other recovery-based support programs, and socializing and re-integrating in to the community. VCBH currently pays a rate per client/per month to each facility. On a monthly basis, these facilities also receive an additional \$25 per client, based upon the facility's performance on the VCBH consumer comfort review tool which is designed to evaluate various client care and facility maintenance factors. VCBH funding is in addition to the Social Security income (SSI) that these facilities receive from clients to provide basic board and care services. If the client does not have SSI benefits, VCBH provides temporary funding to cover basic board and care services until the client receives SSI benefits.

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In FY 2018-19, Hickory House provided a higher level of service than anticipated which resulted in the contractor exceeding its maximum contract amount. The ninth amendment to the agreement with Hickory House is needed to increase the FY 2018-19 maximum contract amount by an additional \$11,800, to \$245,000, to meet the increased service need. There are no rate modifications or other substantive changes to the contract. This contract is funded with Prop. 63 MHSAs, Tobacco Settlement and Realignment.

Elms Manor, La Siesta, Hickory House and Sunrise Manor provide augmented board and care services for adults with serious and persistent mental illness which have resulted in significant functional impairments so as to require 24-hour care and supervision to promote safety and recovery. The acuity level of these individuals is high in that they require daily assistance in one or more areas of life functioning, including: attending to self-care and basic needs, attending to medical and medication needs, maintaining participation in supportive mental health/substance abuse and other recovery-based support programs, and socializing and re-integrating into the community. VCBH currently pays these providers a rate per client/per month for augmented board and care services. VCBH funding is in addition to the SSI that these facilities receive from clients to provide basic board and care services. If the client does not have SSI benefits, VCBH provides temporary funding to cover basic board and care services until the client receives SSI benefits. Currently, 45 clients are residing at Elms Manor, 41 clients at Sunrise Manor, 33 clients at La Siesta, and 33 clients at Hickory House. These contracts are funded with MHSAs, Realignment, and Tobacco Settlement funds.

For FY 2019-20, the agreements with Elms Manor, La Siesta, Hickory House, and Sunrise Manor are being amended to: (1) extend the terms and increase the client monthly rates for Elms Manor and Sunrise Manor, (2) increase the maximum contract amounts for all four contractors, (3) delete the consumer comfort review process and associated rate and add a comfort fund rate, and (4) add/revise contract language related to non-discrimination, licensure, patient rights, records, auditing, reporting client incidents to County, and cultural competency. Elms Manor and Sunrise Manor client support service fund rate for augmented board and care services will be increasing by five (5) percent to address rising costs in the minimum wage and workers' compensation insurance. The rate increases for La Siesta and Hickory House were previously approved by the Board of Supervisors on June 18, 2018. No changes are being proposed to the rates for La Siesta and Hickory House. Accordingly, the maximum contract amounts are also being adjusted to reflect increases in the rates and client services. The table below summarizes the proposed rate and contract maximum changes.

Board and Care Contract or	Current FY 18-19 (per client /month)	Current FY 18-19 Not to Exceed Amount	FY 19-20 Rate (per client /month)	Proposed FY 19-20 Not to Exceed Amount	FY 20-21 Rate (per client /month)	Proposed FY 20-21 Not to Exceed Amount
Elms Manor	\$358	\$200,000	\$375	\$216,500	NA	NA
La Siesta	\$427*	\$199,107	\$436*	\$211,107	\$448*	\$220,104
Hickory House	\$547*	\$245,000	\$556*	\$245,200	\$568*	\$256,740
Sunrise Manor	\$195	\$155,000	\$205	\$180,000	NA	NA

*These rates were previously approved by your Board.

VCBH will be deleting the consumer comfort review requirements and associated rate in lieu of creating a comfort fund. The comfort fund is designed to allocate a specific amount of funds per facility for use in addressing the following types of costs: 1) extermination services (inspection and/or treatment), 2) physical facility improvement, 3) beds, mattresses, indoor/outdoor furniture, 4) appliances, 5) linens, and 6) landscaping. These funds will be critical in assisting the contractors in managing their facilities.

MEMORANDUM

Board of Supervisors Approved May Agreements/Board Items

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VCBH recommended approval for the VCBH Director or designee to sign the agreements for augmented board and care services with: (1) Hickory House, in the amount of \$245,000, for FY 2018-19, (2) Elms Manor, in the amount of \$216,500, for FY 2019-20, (3) La Siesta, in the amount of \$211,107, for FY 2019-20, (4) Hickory House, in the amount of \$245,200, for FY 2019-20, and (5) Sunrise Manor, in the amount of \$180,000, for FY 2019-20.

3. FY 2019-20 Agreements with Sylmar Health & Rehabilitation Center, Inc., Crestwood Behavioral Health, Inc., and Telecare Corporation for Mental Health Services.

This item recommended approval for the VCBH Director or designee to sign the agreements with: (1) Sylmar Health & Rehabilitation Center, Inc. (SHRC) for institution for mental disease (IMD) mental services, in the amount of \$1,245,059, for FY 2019-20, (2) Crestwood Behavioral Health, Inc. (Crestwood) for mental health rehabilitation center (MHRC) services, in the amount of \$207,320, for FY 2019-20, and (3) Telecare Corporation (Telecare) for La Paz Geropsychiatric Center skilled nursing facility (SNF) services, in the amount of \$209,068, for FY 2019-20.

SHRC is an IMD that is designed to facilitate recovery in a restricted environment. SHRC is VCBH's primary residential treatment provider for legal competence restoration services for alleged misdemeanants. SHRC also provides residential treatment for Murphy conservatees (defendants charged with a felony involving death, great bodily harm, or a serious threat to the physical well-being of another person, and for whom a conservatorship was pursued under Welfare and Institutions Code section 5008(h)(1)(B)).

The FY 2019-20 second amendment will extend the services one additional year and: (1) increase the agreement amount by \$345,059 from the prior fiscal year agreement as the number of clients has increased from last fiscal year (10 clients in FY 2018-19, projected 11 clients in FY 2019-20) and (2) increase the Level B day rate from \$268.26 to \$300.00, a rate that has not been increased over the last two (2) fiscal years. The \$300.00 per day rate, applicable to all current VCBH clients at SHRC, consists of three elements, (1) base rate of \$197.00, (2) Psychiatric Services of \$4.00, and (3) Level B services of \$99.00. This contract also contains a bed hold rate, which will increase from \$130.00 to \$170.89 per client/day, that will allow SHRC to hold the bed for clients that may have other issues, such as medical hospitalization. The FY 2019-20 amendment will support approximately 11 clients for FY 2019-20. In addition, the amendment makes additional language updates that were incorporated into the relevant VCBH agreement templates for FY 2019-20. The SHRC contract is funded by Realignment, Tobacco Settlement, and County Resources funds.

Crestwood provides MHRC services to seriously mentally ill clients who require a high level of care due to the severity of their illnesses. Clients placed at Crestwood receive the following services: (1) medication management, (2) training and support with skills related to daily living activities, (3) daily rehabilitation groups, (4) individual psychotherapy, and (5) various other non-clinical services that are designed to support recovery.

The FY 2019-20 second amendment will extend the services one additional year and will increase the agreement maximum to \$207,320 an increase of \$107,320 from the prior fiscal year agreement. The increase will cover an increase in both the day rate and the "bed hold" rate (from \$274 to \$284) and an increase in the number of clients in the facility (1 client in FY 2018-19 to 2 clients in FY 2019-20). In addition, the amendment makes additional language updates that were incorporated into the relevant VCBH agreement templates for FY 2019-20. This agreement is funded by Realignment and Tobacco Settlement funds.

Telecare provides 24-hour SNF and IMD services for seriously mentally ill clients who require a high level of care due to the severity of their illnesses. In addition to the SNF and IMD services, clients placed at Telecare's La Paz Geropsychiatric Center receive the following services: (1) medication management, (2) care and supervision, (3) daily activities, and (4) food services. In FY 2018-19 VCBH admitted 2 clients to the facility for the first time in several years, prompting an increase in the agreement maximum from \$67,226 to \$199,095.

The FY 2019-20 third amendment will extend the agreement for one year, increase the agreement maximum from \$199,095 to \$209,068 to cover the cost of two clients for all of FY 2019-20 and increase the day rate from \$185.37 to \$190.93. The increase also compensates for the increase in the minimum wage and workers' compensation

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costs. In addition, the amendment makes additional language updates that were incorporated into the relevant VCBH agreement templates for FY 2019-20. This agreement is funded by Realignment funds.

VCBH recommended approval for the VCBH Director or designee to sign the agreements with: (1) Crestwood, in the amount of \$207,320, for FY 2019-20, (2) SHRC, in the amount of \$1,245,059, for FY 2019-20, and (3) Telecare Corporation, in the amount of \$209,068, for FY 2019-20.

4. Alcohol and Drug Programs (ADP): FY 2017-20 State Agreement for Substance Abuse Prevention and Treatment Block Grant (SABG) Services and FY 2018-19 Reality Improvement Connection, Inc. dba Straight Up (Straight up) for ADP Prevention Services.

This item recommended approval for the VCBH Director or designee to sign the agreements with: (1) California Department of Health Care Services (DHCS) for SABG services, in the amount of \$14,679,336, for FY 2017-2020 and (2) Straight Up, in the amount of \$171,490, for FY 2018-19.

DHCS SABG Agreement. The DHCS multi-year Standard Agreement is the established mechanism that allows the County to receive federal allocated funds for SABG services provided by community-based providers and County staff. The County uses these funds to support a wide variety of services, such as priority treatment and support services for individuals without insurance or who are not covered by Medicaid, Medicare, Medi-Cal or private insurance, early intervention and prevention for persons not identified as needing treatment, County-operated and sub-contracted programs that maintain or increase services for perinatal or adolescents and residential board and care.

The DHCS Standard Agreement for SABG services specifies the conditions and requirements that VCBH must meet to receive State funding. Specifically, the DHCS Standard Agreement requires that VCBH comply with: (1) various SABG program and performance specifications, (2) monitoring and audit requirements, (3) various data and reporting requirements, (4) funding usage principles and reimbursement provisions, (5) record maintenance requirements, (6) various requirements associated with conducting business with State of California, and (7) information confidentiality, security, and privacy requirements. The proposed DHCS Standard Agreement contract amendment A02 makes the following revisions to the existing agreement terms: (1) increases the FY 2017-18 SABG funding allocation from \$4,777,113 to \$5,070,395 (an increase of \$293,282) and (2) revises Exhibit B, Attachment I A1 to be Exhibit B, Attachment I A2 and updates the year 1 (FY 2017-18) funding amount by \$293,282. This increase in prior year funding was awarded to VCBH as DHCS had a surplus in federal funding that it elected to award to counties that demonstrated good performance and the ability to quickly increase their substance abuse prevention and treatment services. VCBH will be using these additional funds to support time-limited community based prevention services, including local messaging efforts to more fully address opioid risks and medication safety. These additional funds must be utilized by the end of September of 2019.

Straight Up provides youth, young adult, and parent engagement and education strategies to address binge drinking, impaired driving, drug and prescription abuse, and health disparities. The Straight Up program uses school and community-based workshops, performances, and new media (podcasts, blogs, e-news, and text messaging) to alter the expectations and community norms that support and condone alcohol abuse, prescription drug misuse, and marijuana use among young people.

The FY 2018-19 Third Amendment to the agreement represents an increase of \$16,490 to fund additional group learning and community outreach strategies that will engage the community and increase awareness about Rx drug misuse and abuse. These additional strategies are needed to address the opioid crisis in Ventura County and are being funded with the additional funds VCBH received from DHCS, as discussed above. To educate community members, Straight Up will: 1) develop and share interactive mobile quizzes and online prevention games, 2) host additional prevention game show events in which the dangers of Rx drug abuse and the link to heroin and opioid addiction are featured, 3) direct parents to safe drug disposal options, 4) deploy youth advocates to develop public service announcements about the dangers of Rx drug abuse and the importance of safe drug disposal options (shared via social media and aired on local cable channels), and 5) assist with the implementation of an opioid

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campaign interactive audio/visual display that may be featured and used in a variety of environments. This contract is funded with SABG funds.

VCBH recommended approval for the VCBH Director or designee to sign the agreements with: (1) DHCS for SABG services, in the amount of \$14,679,336, for FY 2017-20 and (2) Straight Up for ADP Prevention Services, to increase the maximum contract amount from \$155,000 to \$171,490 (an increase of \$16,490), for FY 2018-19.

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1. ADP: FY 2018-19 Agreement with Aegis Treatment Centers, LLC (Aegis) and FY 2019-20 Agreements with Aegis, Dennis M. Giroux & Associates, Inc. (DMG), Healthright 360, Tarzana Treatment Centers, Inc. (Tarzana), and Western Pacific Med-Corp (Western Pacific) for Drug Medi-Cal Organized Delivery System (DMC-ODS) Substance Use Disorder (SUD) Services.

This item recommended approval for the VCBH Director or designee to sign the agreements with: (1) Aegis for Opioid/Narcotic Treatment Program (NTP) services, in the amount of \$4,000,000, for FY 2018-19, (2) Aegis for Opioid/NTP services, in the amount of \$6,934,014, for FY 2019-20, (3) DMG for SUD Treatment services, in the amount of \$388,442, for FY 2019-20, (4) Healthright 360 for SUD Residential Treatment services, in the amount of \$3,315,635, for FY 2019-20, (5) Tarzana for SUD Residential Treatment services, in the amount of \$1,192,493, for FY 2019-20, and (6) Western Pacific for NTP services, in the amount of \$2,000,000, for FY 2019-20.

Aegis provides outpatient Opioid/NTP services for adults. Aegis currently has clinics in Oxnard, Santa Paula, Simi Valley, and Ventura with a total licensed capacity of 1,310 clients. In FY 2017-18 Aegis served approximately 874 D/MC clients. Since July 1, 2018, Aegis has served 894 D/MC clients and anticipates serving 930 D/MC clients by the end of this fiscal year. With the implementation of the DMC-ODS Waiver in December 2018, utilization of Opioid/NTP services has increased as more clients have become eligible for expanded Medication Assisted Treatment (MAT) services. The FY 2018-19 amendment increases the maximum agreement amount an additional \$100,000 to \$4,000,000 to address the increase in clients requiring services. The FY 2019-20 agreement reflects: (1) the extension of the term through FY 2019-20, (2) various agreement language changes, and (3) an increase of \$248,300 from the prior fiscal year to fund additional client services for a contract amount of \$6,934,014. This agreement is funded with Drug Medi-Cal Federal Financial Participation (D/MC FFP) and Realignment funds.

DMG provides outpatient SUD treatment services to adults involved in the criminal justice system at various locations in Ventura County, including Oxnard, Ventura, and the Todd Road County Jail. DMG uses the following evidence-based practices: matrix, seeking safety, and moral reconnection therapy. In FY 2017-18 DMG served 159 AB 109 clients in the Oxnard and Todd Road locations and 40 non-AB 109 clients. Since July 1, 2018, DMG has served 204 AB 109 clients in the Oxnard and Todd Road locations and expects to serve 255 AB 109 clients by the end of this fiscal year. The FY 2019-20 amendment reflects: (1) the extension of the term through FY 2019-20, (2) various agreement language changes, and (3) an increase of \$78,209 from the prior fiscal year for a contract amount of \$388,442. DMG reevaluated the services provided for the current fiscal year and the cost to run the program resulted in an overall increase in the budget. This Agreement is funded by D/MC FFP and Assembly Bill (AB) 109 funds.

Healthright 360 provides three levels of residential treatment services and one level of withdrawal management treatment services for women and their children. Healthright 360's satisfactory discharge rate is 75%. In FY 2017-18, Healthright 360 served 140 clients (residential) and 142 clients (withdrawal management). Since July 1, 2018, Healthright 360 has served 171 clients (residential) and 102 clients (withdrawal management) and expects to serve a total of 313 clients by the end of this fiscal year. The FY 2019-20 amendment reflects: (1) the extension of the term through FY 2019-20, (2) various agreement language changes, and (3) an increase of \$297,676 from the prior fiscal year for a contract amount of \$3,315,635. Healthright 360 calculated that the cost to run the program is higher than originally anticipated when establishing the budget for the current fiscal year. This agreement is funded with Realignment (adults and dependency drug court), D/MC FFP, SABG discretionary, and AB 109 funds.

Tarzana provides multiple levels of residential SUD treatment services and residential withdrawal management treatment services for adults and youth. Since July 1, 2018, Tarzana served 141 inpatient detox clients with a

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completion rate of 84%. Tarzana also served 24 patients in adult residential with a completion rate of 46% and 7 patients in youth residential with a 57% completion rate. The FY 2019-20 amendment reflects: (1) the extension of the term through FY 2019-20, (2) various agreement language changes, and (3) an increase of \$277,622 from the prior fiscal year for a contract amount of \$1,192,493. Tarzana calculated that the cost to run the program is higher than originally anticipated when establishing the budget for the current fiscal year. This agreement is funded with D/MC FFP, SABG discretionary, and AB 109 funds.

Western Pacific provides Outpatient NTP services and additional MAT services for adults. With the implementation of the DMC-ODS Waiver in December 2018, utilization of Outpatient NTP services has increased as more clients have become eligible for expanded MAT services. Increased care coordination efforts and referrals have also increased client access to MAT across the continuum of care. Western Pacific's clinic is located in Ventura and has a licensed capacity of 450 clients. For FY 2017-18 Western Pacific served 564 D/MC clients. Since July 1, 2018, Western Pacific has served 569 D/MC clients and anticipates serving 580 D/MC clients by the end of this fiscal year. The proposed amendment reflects: (1) the extension of the term through FY 2019-20 and (2) various agreement language changes. There is no change to the maximum agreement amount of \$2,000,000 from the prior fiscal year. This agreement is funded with D/MC FFP and Realignment funds.

2. FY 2019-20 Agreements with ASC Treatment Group (ASC), Turning Point Foundation (Turning Point), and Pathpoint for Mental Health Services.

This item recommended approval for the VCBH Director or designee to sign the agreements with: (1) ASC Bakersfield for adult residential treatment services, in the amount of \$835,423, for FY 2019-20, (2) ASC Los Angeles for adult residential treatment services, in the amount of \$903,692, for FY 2019-20, (3) Turning Point for social rehabilitation program services, in the amount of \$1,069,056, for FY 2019-20, and (4) Pathpoint for social rehabilitation program services, in the amount of \$405,587, for FY 2019-20.

ASC (Bakersfield) and ASC (Los Angeles) provide adult residential treatment services. These facilities offer 24-hour staffing and a full range of clinical and rehabilitation services that are designed to assist clients in their mental health recovery. Specifically, the following clinical and rehabilitation services are provided: psychiatry and medication support, individual and group therapy, therapeutic recreation/community activities, and case management. The goal of these programs is to assist clients in being able to live in a less restrictive environment upon discharge. ASC-Bakersfield's daily average census in FY 2017-2018 was 7.8, serving 18 unduplicated clients. ASC-Los Angeles' daily average census in FY 2017-2018 was 6.9, serving 15 unduplicated clients.

The FY 2019-20 second amendments increase the maximum agreement amounts for ASC Los Angeles to \$835,423 (an increase of \$58,873 from the prior fiscal year) and ASC Bakersfield to \$903,692 (an increase of \$18,016 from the prior fiscal year) and extend the terms. ASC's cost increases are based on increases to the State minimum wage and the rising cost of workers' compensation insurance. A bed hold rate was added to Exhibit B in these amendments at \$93.35 per date, this will allow a bed to be held if a client leaves the facility temporarily, such as for a medical hospital stay. In addition, the amendments make additional language updates that were incorporated into the relevant VCBH agreement templates for FY 2019-20. These agreements will be funded with SD/MC FFP and Realignment funding.

Turning Point provides rehabilitation services to adults who suffer from severe and persistent mental illness using an evidence-based psychiatric rehabilitation model. The model provides day treatment services that integrate peer support with licensed professional supervision as a strategy for providing self-help, rehabilitation, and recovery-oriented services. The program provides structured skill-building groups, support groups, and activities six days per week and is designed to enhance independent living skills and develop and practice coping, social, and communication skills. Rehabilitation services are provided at the New Visions Center (Center) located in Ventura and at the Oxnard Clubhouse (Clubhouse). All clients must be referred and authorized by VCBH prior to accessing services. To reduce transportation barriers for clients with physical impairments or who lack public transportation, Turning Point also offers a ride share program that provides transportation to and from the Center and the Clubhouse. In FY 2017-18, the two locations, combined, served 111 unduplicated individuals, with an average daily attendance of 37, and an average of 57 members at any point in time.

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The FY 2019-20 second amendment increases the maximum agreement amount to \$1,069,056 (an increase of \$17,654 from the prior fiscal year) and extends the term. Turning Point's cost increases are based on increases to the State minimum wage, the rising cost of workers' compensation insurance. In addition, the amendment makes additional language updates that were incorporated into the relevant VCBH agreement templates for FY 2019-20. This agreement is funded with SD/MC FFP and Realignment funds.

PathPoint provides rehabilitation services to adults who suffer from severe and persistent mental illness using an evidence-based psychiatric rehabilitation model. The model provides day treatment services that integrate peer support with licensed professional supervision as a strategy for providing self-help, rehabilitation, and recovery-oriented services. The program provides structured skill-building groups, support groups, and activities six days per week and is designed to enhance independent living skills and develop and practice coping, social, and communication skills. In FY 2017-18, under a prior agreement with PathPoint, PathPoint served 61 unduplicated clients, with the majority of the clients residing in the Conejo Valley, with an average daily attendance of 13, and an average of 45 members at any point in time.

The FY 2019-20 agreement with PathPoint contains a revised scope of work (from the existing contract) that clarifies existing goals and outcomes measurements. In addition, the agreement makes additional language updates that were incorporated into the relevant VCBH agreement templates for FY 2019-20. There was no change in the maximum agreement of \$405,587 from the prior fiscal year. This agreement is funded with SD/MC FFP and Realignment funds.

VCBH recommended approval for the VCBH Director or designee to sign the agreements with:

(1) ASC Bakersfield for adult residential treatment services, in the amount of \$835,423, for FY 2019-20, (2) ASC Los Angeles for adult residential treatment services, in the amount of \$903,692, for FY 2019-20, (3) Turning Point for social rehabilitation program services, in the amount of \$1,069,056, for FY 2019-20, and (4) Pathpoint for social rehabilitation program services, in the amount of \$405,587, for FY 2019-20.

3. FY 2019-20 Agreements with Telecare Corporation (Telecare) for Mental Health Services.

This item recommended approval for the VCBH Director or designee to sign the agreements with: (1) Telecare for mental health rehabilitation center (MHRC) services at Horizon View, in the amount of \$2,550,178, for FY 2019-20 and (2) Telecare for AB 109 assertive community treatment (ACT) services, in the amount of \$884,042, for FY 2019-20.

Telecare provides locked MHRC services at Horizon View for individuals who have a history of severe mental illness who cannot be properly treated at lower levels of care. These consumers are: (1) Medi-Cal eligible, (2) 18 years or older, and (3) on conservatorship pursuant to Welfare and Institutions Code section 5350, et seq. (the Lanterman-Petris-Short Act) and are transferring from an acute psychiatric hospital, a state hospital, or another locked MHRC. Mental health services are delivered in a home-like nurturing environment to facilitate the consumers' growth and recovery. Consumers receive supervision, guidance, and personal assistance in performing their daily living activities. In addition, structured day and evening services are also provided to assist consumers in acquiring living skills, accessing community resources, and accessing educational/vocational resources. For FY 2017-18 the average daily census was 15 and there was a total of 27 unduplicated clients at the MHRC.

The FY 2019-20 second amendment increases the agreement amount by \$13,489 from the prior fiscal year to \$2,550,178 and extends the term. Telecare's costs have increased based on increases in salaries and benefits, and the rising cost of workers' compensation insurance. There are no other substantive changes to the scope of work compared to FY 2018-19. In addition, the amendment makes additional language updates that were incorporated into the relevant VCBH agreement templates for FY 2019-20. The rates are provisional and subject to cost settlement. This agreement is funded with SD/MC FFP and Realignment funds.

Telecare provides ACT services to AB 109 parolee consumers who have significant mental health and/or alcohol and drug issues that require treatment in order to live safely and productively in the community and reduce recidivism. ACT services include: mental health treatment; psychiatric care and management; medication education to understand and manage chronic conditions; alcohol and other substance abuse treatment; life skills training,

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vocational training and counseling; advocacy regarding criminal justice, social services, and social security issues; and linkage with peer support programs, wellness and recovery centers, and housing supports. The treatment needs of the AB 109 parolee population fall into two main categories. The first category encompasses those individuals who require high intensity ACT model wraparound support services, such as intensive case management, medication, crisis intervention, and housing/life skills support. These services are to be available 24/7 and 365 days per year using a "whatever it takes" approach. The second category encompasses those individuals who require low intensity ACT services (ACT Lite), such as case management and medication management. For FY 2017-18, there were 30 unduplicated clients with an average daily census of 5 for the high intensity and 65 unduplicated clients with an average daily census of 6 for the ACT Lite services.

The FY 2019-20 second amendment increases the agreement amount by \$83,049 from the prior fiscal year to \$884,042 and extends the term. Telecare's costs have increased based on increases in salaries and benefits, and the rising cost of workers' compensation insurance. There are no other substantive changes to the scope of work compared to FY 2018-19. In addition, the amendment makes additional language updates that were incorporated into the relevant VCBH agreement templates for FY 2019-20. The rates are provisional and subject to cost settlement. This contract will be funded with AB 109 and SD/MC FFP funds.

4. FY 2019-20 Agreement with Traditions Psychology Group, Inc. dba Traditions Behavioral Health (Traditions) for Psychiatric Services.

This item recommended approval for the VCBH Director or designee to sign the agreement with Traditions for psychiatric services, in the amount of \$14,702,388, for FY 2019-20.

VCBH is designated as the Mental Health Plan by DHCS. As such, VCBH is required to provide psychiatric services to seriously and persistently mentally ill (SPMI) individuals who are Medi-Cal eligible or indigent. The Final Rule² was effective on July 1, 2017. With that, VCBH is mandated to meet specific timeliness, access, and network adequacy requirements. If the requirements are not met, financial sanctions may be imposed on VCBH.

The VCBH agreement for psychiatric services expires on June 30, 2019. VCBH negotiated with the current psychiatric services provider and sought additional bids as well so as to not only meet the Final Rule requirements, but also establish an agreement that is fiscally responsible and competitive with current market rates. Additionally, VCBH utilized the services of ECG Consulting to assist with identifying a fair market value contract for these required services and with comparable compensation in the Southern California region.

VCBH is recommending that the psychiatric services contract be awarded to Traditions. Traditions, a California company, has a long history of partnering with county mental health agencies, hospital corporations and other entities that serve the SPMI in acute, sub-acute, longer-term care facilities and outpatient services. Traditions currently has over 200 physicians who receive benefits and 100 extra help physicians, all of whom are trained to work with administration, clinical staff and consumers to produce the best coordinated, evidence-based, and outcome-oriented treatment to SPMI clients.

Within the proposed agreement, Traditions will be paid a base contract amount of \$11,832,288 to provide 32.5 full-time equivalent (FTE) psychiatrists to VCBH. The agreement amount is also inclusive of a Medical Director. This base contract amount will be paid at an hourly rate for actual services provided. VCBH will be hiring a Medical Director as an employee in the coming months and will return to your Board to revise this agreement at that time. In addition to the base contract amount, a bilingual incentive totaling up to \$237,600 is also included in the agreement to incentivize Traditions to hire bilingual psychiatrists who can serve our Spanish-speaking client

² On April 25, 2016, the Centers for Medicare and Medicaid Services published in the Federal Register the Medicaid and Children's Health Insurance Program (CHIP) Managed Care Final Rule (Final Rule). The Final Rule was the first major update to the Medicaid and CHIP managed care regulations in more than a decade. The key goals of the Final Rule are to support state efforts to advance delivery system reform, improve the quality of care, strengthen the beneficiary experience of care, strengthen key beneficiary protections, strengthen program integrity by improving accountability and transparency, and aligning key Medicaid and CHIP managed care requirements with other health coverage programs. The Final Rule requirements are to be phased in over three years, starting with the contract period starting on or after July 1, 2017.

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population. VCBH has included financial incentives in the agreement to meet the Final Rule timeliness and access requirements for a total amount of up to \$2,632,500. The incentives are split into two components, productivity in the amount of \$1,404,000 and compliance in the amount of \$1,228,500. The productivity and compliance incentives will be paid on a quarterly basis and the full amount of the incentives will be paid only if 100% of the productivity and compliance metrics are met. The base, bilingual, and productivity/compliance amounts include an administrative overhead of eight percent (8%).

Psychiatrists employed by Traditions will earn base compensation along with a full benefits package and paid time off. In addition to the base compensation and benefits, the physicians will have the opportunity to earn productivity and compliance incentives provided for in the agreement. For full transparency, Traditions will provide VCBH with copies of all of its agreements with its psychiatrists. The County's current psychiatric physician services contractor is working with Traditions to ensure a seamless transition of care for the clients of VCBH.

VCBH recommended approval for the VCBH Director or designee to sign the Agreement for Psychiatric Services with Traditions, in an amount up to \$14,702,388, for FY 2019-20.

5. FY 2018-19 Agreement with Pacific Clinics for Transitional Age Youth (TAY) Wellness and Recovery Center (WRC) services.

This item recommended approval for the VCBH Director or designee to sign the agreement with Pacific Clinics for TAY WRC services, in the amount of \$590,800, for FY 2019-20.

Pacific Clinics manages a TAY WRC that focuses on assisting youth ages 19 to 25 in developing linkages to services and accessing resources. The WRC assists these youth in achieving the goals in their individualized Wellness Recovery Action Plan (WRAP). The WRC involves the youth in planning and operating the WRC through an advisory board, leadership team, and peer mentorship/employment program. In this way, the program is peer-led and speaks to the unique needs of the TAY population being served. The WRC also makes referrals to VCBH for youth who are experiencing symptoms of severe and persistent mental illness and assists them with navigating the mental health system to access services and achieve wellness.

The FY 2018-19 Second amendment will revise various budgetary line items to better align with program needs. These budgetary adjustments exceed the 20% threshold currently allowed per the agreement and thus requires Board of Supervisors approval. This program is funded by the MHSAs.

VCBH recommended approval for the VCBH Director or designee to sign the agreement for TAY WRC services with Pacific Clinics, within the existing agreement maximum amount of \$590,800, for FY 2019-20.

6. FY 2018-19 and FY 2019-20 Aspiranet, Kids & Families Together (KFT), New Dawn Counseling and Consulting, Inc. (New Dawn) for Mental Health Services.

This item recommended approval for the VCBH Director or designee to sign the agreements with: (1) Aspiranet for Collaborative Education (COEDS) services, in the amount of \$1,586,487, for FY 2018-19, (2) Aspiranet for COEDS services, in the amount of \$1,586,487, for FY 2019-20, (3) Aspiranet for early and periodic screening, diagnostic and treatment (EPSDT) intensive services foster care (ISFC) services, in the amount of \$881,952, for FY 2018-19, (4) Aspiranet for EPSDT ISFC Services, in the amount of \$918,240, for FY 2019-20, (5) Aspiranet for intensive care coordination/intensive home-based (ICC/IHBS) mental health services, in the amount of \$1,516,580, for FY 2018-19, (6) Aspiranet for ICC/IHBS mental health services, in the amount of \$1,516,580, for FY 2019-20, (7) KFT for EPSDT mental health services, in the amount of \$348,842, for FY 2019-20, and (8) New Dawn for EPSDT mental health services, in the amount of \$1,063,174, for FY 2019-20.

Aspiranet provides COEDS, EPSDT/ISFC and ICC/IHBS services through three separate agreements with VCBH for EPSDT specialty mental health care services. Services are targeted at children younger than 21 years of age who are EPSDT Medi-Cal beneficiaries and meet the criteria for "medical necessity" as defined in California Code of Regulations, title 9, sections 1830.205 and 1830.210. Services may include assessment, individual, group and family therapy, crisis intervention, medication management and case management. Aspiranet has been contracted

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to provide mental health and case management units of service. Many of the children/youth whom Aspiranet is serving have complex trauma histories which make them vulnerable to mental health challenges, circumstances and/or conditions that require a more timely response. In these cases, more intensive services such as crisis intervention are required. Since July 1, 2018, Aspiranet's EPSDT/ISFC program has seen an increase in referrals that has resulted in needing to hire additional staff to manage the additional cases.

The proposed amendments to the EPSDT specialty mental health services agreements with Aspiranet will: (1) update boiler plate contract language in all three agreements related to compliance for FY 2018-19 and FY 2019-20, per the Mental Health Plan Agreement with DHCS, (2) add a crisis intervention unit of service rate of \$3.55 to all three agreements, effective July 1, 2018, (3) increase the contract amount for the EPSDT/ISFC agreement by \$50,832, effective July 1, 2018, and an additional \$36,288, effective July 1, 2019, and (4) extend the term of the three agreements for a one-year period, beginning July 1, 2019 through June 30, 2020.

KFT began providing EPSDT specialty mental health services to a specific group of children and their families who have been referred to the Therapeutic Visitation Center (TVC) at Kids & Families since July 1, 2018. Referrals are made through the Human Services Agency (HSA), Children & Family Services division for families that have court-ordered supervised visitation with the goal of family reunification. In December of 2018, KFT began providing services to children and families in HSA's Relationship Assessment Program (RAP). In the first three quarters of this fiscal year (July 2018 through March 2019), KFT provided services to 44 unduplicated children and their families/caregivers. The FY 2019-20 budget reflects an increase associated with the cost to provide RAP services for a full 12-month period. This agreement is funded with SD/MC FFP and HSA Wraparound Trust funds.

The proposed amendment to the agreement with KFT will: (1) extend the term of the agreement for a one-year period beginning July 1, 2019 through June 30, 2020, (2) update contract language related to compliance, per the Mental Health Plan Agreement with DHCS, and (3) increase the contract maximum amount from the prior term by \$167,168 due to the costs associated with providing RAP services.

New Dawn provides EPSDT specialty mental health services to children and their families. In FY 2017-2018, New Dawn provided services to 232 unduplicated children and their families. The FY 2019-20 budget reflects an increase in program costs related to cost of living, benefits and the addition of an administrative assistant position. This agreement is funded with SD/MC FFP and Realignment funds.

The proposed amendment to the agreement with New Dawn will: (1) extend the term of the agreement for a one-year period, beginning July 1, 2019 through June 30, 2020, (2) update contract language related to compliance requirements, and (3) increase the contract amount by \$119,916 from the prior term (July 1, 2018–June 30, 2019) due to program cost increases.

VCBH recommended approval for the VCBH Director or designee to sign the agreements with: (1) Aspiranet for COEDS services, in the amount of \$1,586,487, for FY 2018-19, (2) Aspiranet for COEDS services, in the amount of \$1,586,487, for FY 2019-20, (3) Aspiranet for Early and Periodic Screening, Diagnostic and Treatment (EPSDT) Intensive Services Foster Care (ISFC) services, in the amount of \$881,952, for FY 2018-19, (4) Aspiranet for EPSDT ISFC Services, in the amount of \$918,240, for FY 2019-20, (5) Aspiranet for Intensive Care Coordination/Intensive Home-Based (ICC/IHBS) mental health services, in the amount of \$1,516,580, for FY 2018-19, (6) Aspiranet for ICC/IHBS mental health services, in the amount of \$1,516,580, for FY 2019-20, (7) KFT for EPSDT mental health services, in the amount of \$348,842, for FY 2019-20, and (8) New Dawn for EPSDT mental health services, in the amount of \$1,063,174, for FY 2019-20.