

BEHAVIORAL HEALTH ADVISORY BOARD

General Meeting

Monday, October 21, 2019, 1:00 – 3:30 p.m.

Ventura County Behavioral Health (VCBH)

1911 Williams Drive, Training Room • Oxnard, CA 93036

AGENDA

- I. Call to Order and Pledge of Allegiance
- II. Approval of the Agenda – **ACTION**
- III. Approval of the September 16, 2019 Minutes – **ACTION**
- IV. Oath of Office – New Member Carol Thomas
- V. Welcome and Introductions
- VI. Public Comments (3 min. per speaker)
- VII. County Executive Office Update – Michael Powers, County Executive Officer
- VIII. Chair's Report (5 min.)
 - A. Events and Announcements – Ratan Bhavnani (5 min.)
- IX. Board Members Comments and Announcements (3 min. per speaker)
- X. Director's Report – Dr. Sevet Johnson (10 min.)
- XI. Secretary's Report – Gina Petrus (5 min.)
- XII. BHAB Committees Reports (5 min. each)
 - A. Adult Services Committee – Nancy Borchard and Gane Brooking, Co-Chairs
 - B. Prevention Committee – Janis Gardner, Chair
 - C. Transitional Age Youth (TAY) Committee – Margaret Cortese, Chair
 - D. Youth & Family Committee – Denise Nielsen, Chair
 - E. Lanterman, Petris, Short (LPS) Reform Workgroup – Jerry Harris, Chair
 - F. Legislative Workgroup – Ratan Bhavnani, Chair
 - G. Housing Workgroup – Gane Brooking
- XIII. New Business
 - A. BHAB Committee Objectives for Fiscal Year 2019-20 – **ACTION**
 - B. Welfare & Institutions Code Changes – Jerry Harris
 - C. Site Visits in Fiscal Year 2019-20
- XIV. Old Business
 - A. BHAB Annual Report Update – Janis Gardner
 - B. Future Presentations
 - C. Future Recognitions
- XV. Contracts
 - A. Board of Supervisors Approved Agreements – September 10, 2019
 - 1. Substance Abuse and Mental Health Services Administration (SAMHSA) Community Mental Health Block Grant (MHBG) Allocation Worksheet
 - 2. FY 2019-20 Interface Children & Family Services (Interface) Agreement for Early and Periodic Screening, Diagnostic and Treatment (EPSDT) Medi-Cal Specialty Mental Health Care Services and

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact Behavioral Health Administration at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

FY 2019-20 United Parents Agreement for Family Access and Support Team (FAST) Services

- B. Board of Supervisors Approved Agreements – September 17, 2019
 - 1. Alcohol and Drug Programs (ADP): California Office of Traffic Safety (OTS) Grant Agreement for ADP Prevention Services and FY 2019-20 Idea Engineering, Inc. Seventh Amendment for ADP Prevention Services
 - 2. FY 2019-20 Telecare Corporation (Telecare) Casa B, Casa C, and Casa D Social Rehabilitation Agreements and Casa E Adult Residential Facility Agreement
- C. Board of Supervisors Approved Agreements – September 24, 2019
 - 1. FY 2019-20 HealthRIGHT 360 Second Amendment for Drug Medi-Cal Organized Delivery System (DMC-ODS) Substance Use Disorder (SUD) Services

XVI. Public Comments (3 min. each)

XVII. Adjourn

Next Meeting: Monday, November 18, 2019

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact Behavioral Health Administration at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

- B. Acuerdos aprobados de la Junta de Supervisores - 17 de septiembre de 2019
1. Programas de alcohol y drogas (ADP): Acuerdo de subvención de la Oficina de Seguridad del Tráfico de California (OTS) para servicios de prevención de ADP y para el año fiscal 2019-20 Idea Engineering, Inc. Séptima enmienda para servicios de prevención de ADP
 2. FY 2019-20 Telecare Corporation (Telecare) Casa B, Casa C y Casa D Rehabilitación social
Acuerdos y Acuerdo de Instalación Residencial para Adultos Casa E
- C. Acuerdos aprobados de la Junta de Supervisores - 24 de septiembre de 2019
1. FY 2019-20 HealthRIGHT 360 Segunda enmienda para la entrega organizada de medicamentos de Medi-Cal
Servicios del trastorno del uso de sustancias (SUD) del sistema (DMC-ODS)
- XVI. Comentarios públicos (3 min. Cada uno)
- XVII. Aplazar

Próxima reunión: lunes por , 18 de de noviembre de , 2019

Los miembros del público que realizan presentaciones orales ante la Junta en relación con uno o más puntos del orden del día o no incluidos en el orden del día en una sola reunión están limitados a un tiempo total acumulado que no exceda (5) minutos para todas sus presentaciones orales en dicha reunión a menos que se indique lo contrario. El período completo de comentarios públicos está limitado a no más de (20) minutos en total para todos los oradores. NOTA: El Presidente puede limitar el número o la duración de los oradores en un asunto. En cumplimiento de la Ley de Estadounidenses con Discapacidades, si necesita asistencia especial para participar en esta reunión, comuníquese con la Administración de Salud Mental al (805) 981-6830 . La notificación anticipada razonable de la necesidad de acomodación antes de la reunión (es preferible un aviso con 48 horas de anticipación) nos permitirá hacer arreglos razonables para garantizar la accesibilidad a esta reunión.

Behavioral Health Advisory Board
Committee Objectives for Fiscal Year 2019-20

Adult Services Committee

1. Advocate for the expansion of the Crisis Stabilization Unit (CSU) at the Hillmont Psychiatric Hospital to the maximum approved number of chairs (12) including the capability of conducting medical clearance examinations on-site.
2. Advocate for the reactivation of the 12 inpatient beds at the Hillmont Psychiatric Hospital currently not in use.
3. Advocate for the Crisis Residential Treatment (CRT) facility to be used for both a crisis prevention unit to avoid hospitalizations and as a step-down from Hillmont Psychiatric Hospital or other intensive service.
4. Advocate for the development of a CSU supported by one of the community hospitals in Ventura County.
5. Advocate for access to increased inpatient, community-based and in-home services to the older adult population.
6. Participate in all efforts to establish affordable and supportive housing for individuals who live with mental health and/or substance use disorder challenges that includes additional VCBH staff to provide supportive services associated with No Place Like Home and other potential supportive housing developments.

Transitional Age Youth (TAY) Committee

1. Advocate for increased housing options for TAY.
2. Review the needs of the TAY population. Develop and prioritize strategies to address service needs for the TAY population relative to mental health and substance abuse treatment.
3. Encourage increased participation of community partners serving TAY in the BHAB TAY Committee meetings.
4. Develop approaches to increase community outreach, especially to underserved communities. Improve communication among parents, clients, agencies and the TAY Committee.
5. Engage TAY population membership on this committee.

Youth & Family Committee

1. **Continuum of Care**
 - a. Follow the implementation of the Continuum of Care Reform (CCR). Identify further needs or gaps in services to children in foster care.
 - b. Follow the continuum of crisis care for children covered by Medi-Cal and children with private insurance. Provide feedback to the Behavioral Health Advisory Board (BHAB), Ventura County Behavioral Health (VCBH) and community providers.
 - c. Ensure communication and care coordination of health record information between care providers.
2. **Community and Parent Outreach**
 - a. Engage community agencies to schedule presentations regarding the role and activities of this Committee.
 - b. Recruit community members to serve on the Committee, and inform families about mental health services available.
 - c. Create innovative strategies to learn about parents/caregivers' needs and concerns.

- d. Raise awareness of alcohol and substance use resources. Actively disseminate alcohol and substance use prevention resources to the community partners, including community-based organizations (CBOs), law enforcement, and school districts.
- e. Maintain the availability of relevant materials on the Ventura County Behavioral Health's wellnesseveryday.com website.
- f. Continue to explore the use of technology to enhance access to services and resources.
- g. Identify and address system barriers for access to service needs for children ages 0-5. Advocate for improvement in the continuum of services.

Prevention Committee

1. Support and collaborate with VCBH and the BHAB in helping to prevent the onset of substance use and mental illness amongst multi-generational populations.
2. Promote vaping and cannabis education and awareness.

Ventura County Behavioral Health

Board Letter Summary of Contracts for September 2019

Board Date	Contractor	Amount	Term	Description
9/10/2019	Substance Abuse and Mental Health Services Administration (SAMHSA)	\$836,523	10/1/2018 to 9/30/2019	VCBH receives SAMHSA Mental Health Block Grant (MHBG) funds to support the following mental health activities: United Parents FAST and Respite services, Juvenile Justice Dual Diagnosis services, and VIPS services. This item ratifies the submittal of the FY 2019-20 SAMHSA MHBG allocation worksheet by the VCBH Director.
9/10/2019	Interface	\$1,610,000	7/1/2019 to 6/30/2020	VCBH is contracting with Interface to provide early and periodic screening, diagnostic and treatment (EPSDT) mental health care services. Interface will continue to provide EPSDT services for FY 2019-20 with the agreed maximum amount unchanged from FY 2018-19.
9/17/2019	United Parents	\$469,781	7/1/2019 to 12/31/2019	VCBH is contracting with United Parents to provide family access and support team (FAST) supportive services. This FY 2019-20 agreement with United Parents provides continued FAST services that remain unchanged from FY 2018-19 agreement, with the agreement maximum reduced to account for the six-month agreement term.
9/17/2019	Office of Traffic Safety (OTS)	\$125,000	10/1/2019 to 9/30/2020	VCBH receives OTS grant funds to support Alcohol and Drug Program (ADP) prevention services. This agreement with OTS provides funding for new OTS grant-related services, such as (1) environmental prevention to targeted outreach and education, (2) improved understanding and use of tools to recognize impairing drug combinations, (3) increased understanding of the threat legal drug combinations pose to driving safety, (4) targeted messaging for pharmacies and medical offices, and (5) improved access and understanding about drug disposal locations and messaging to patients and the community at large.
9/17/2019	Idea Engineering	\$182,000	7/1/2019 to 12/31/2019	VCBH is contracting with Idea Engineering to provide ADP prevention services. This amendment includes OTS funding for ADP Prevention marketing campaign services.
9/17/2019	Telecare: Casa B	\$891,775	7/1/2019 to 6/30/2020	VCBH is contracting with Telecare Casa B for social rehabilitation services, for TAY and adults. The third amendment allows continued provision of these services for FY 2019-20, revises contract language, and makes no changes to the existing maximum contract amount of \$891,775.

9/17/2019	Telecare: Casa C	\$975,083	7/1/2019 to 6/30/2020	VCBH is contracting with Telecare Casa C for social rehabilitation services, for TAY and adults. The third amendment will allow continued provision of these services for FY 2019-20, revises contract language, and makes no changes to the existing maximum contract amount of \$975,083.
9/17/2019	Telecare: Casa D	\$880,354	7/1/2019 to 6/30/2020	VCBH is contracting with Telecare Casa D for social rehabilitation services, for TAY and adults. The third amendment allows continued provision of these services for FY 2019-20, revises contract language, and makes no changes to the existing maximum contract amount of \$880,354.
9/17/2019	Telecare: Casa E	\$766,456	7/1/2019 to 6/30/2020	VCBH is contracting with Telecare Casa E for adult residential care services. The third amendment allows continued provision of these services for FY 2019-20, revises contract language, and makes no changes to the existing maximum contract amount of \$760,456.
9/24/2019	HealthRIGHT 360	\$3,315,635	7/1/2019 to 6/30/2020	VCBH is contracting with HealthRIGHT 360 to provide three levels of residential treatment services and one level of withdrawal management treatment services for women and their children. This amendment revises contract funding source language only with no change to the existing maximum contract amount of \$3,315,635.

MEMORANDUM

DATE: October 4, 2019

TO: Behavioral Health Advisory Board

FROM: Contracts Administration

SUBJECT: Board of Supervisors Approved September Agreements/Board Items

Board of Supervisors Approved Agreements – September 10, 2019

1. Substance Abuse and Mental Health Services Administration (SAMHSA) Community Mental Health Block Grant (MHBG) Allocation Worksheet.

This item recommended the Board of Supervisors (Board) ratify the submission and acceptance of the SAMHSA MHBG allocation worksheet, by the Ventura County Behavioral Health (VCBH) Director, in the amount of \$836,523, representing an increase in the allocation of \$190,331, for the period of October 1, 2018 through September 30, 2019.

VCBH receives the SAMHSA MHBG funds on an annual basis, following the federal fiscal year of October 1st through September 20th. VCBH uses the SAMHSA MHBG funding to support the following mental health activities: 1) United Parents FAST contract services (partially funded with SAMHSA MHBG funds), 2) United Parents Respite contract services (fully funded with SAMHSA MHBG funds), 3) Juvenile Justice Dual Diagnosis Services (partially funded with SAMHSA MHBG funds), and 4) Ventura County Early Intervention Program Services (VIPS) (partially funded with SAMHSA MHBG funds). In FY 2018-19, VCBH received an initial SAMHSA MHBG allocation of \$646,192 for the service period of October 1, 2018 through September 30, 2019, and later in FY 2018-19, unexpectedly received \$190,331 in additional SAMHSA MHBG funding for that same service period. To meet the DHCS grant submission and acceptance timeframe, VCBH submitted the grant allocation worksheet to DHCS without Board approval to accept the additional funding. VCBH was later notified by the CEO that Board approval of this action was needed due to the increase in the funding amount above the originally budgeted amount. VCBH returned to the Board to seek approval of the submission of the SAMHSA MHBG allocation worksheet.

VCBH recommended the Board ratify the submission of the grant allocation worksheet, signed by the VCBH Director, and accept the DHCS SAMHSA MHBG, in the amount of \$836,523, representing an increase in the allocation of \$190,331, for the service period of October 1, 2018 through September 30, 2019.

2. FY 2019-20 Interface Children & Family Services (Interface) Agreement for Early and Periodic Screening, Diagnostic and Treatment (EPSDT) Medi-Cal Specialty Mental Health Care Services and FY 2019-20 United Parents Agreement for Family Access and Support Team (FAST) Services.

This item recommended approval for the VCBH Director or designee to sign the: (1) FY 2019-20 agreement with Interface for EPSDT services, in the amount of \$1,610,000 and (2) FY 2019-20 agreement with United Parents for FAST services, in the amount of \$469,781. These agreements are funded by Short Doyle/Medi-Cal (SD/MC) Federal Financial Partnership (FFP), 2011 Realignment, Proposition 63 Mental Health Services Act (MHSA), and SAMHSA MHBG funds.

Interface provides mental health and trauma treatment to address the complex needs of children and families in the community, working collaboratively with other service providers. They provide multiple services including family support, domestic violence intervention, outreach and youth activities, prevention, as well as prevention and mental health counseling within economically challenged communities. Interface provides EPSDT services to children under than 21 years of age who are EPSDT Medi-Cal beneficiaries and meet the criteria for medical necessity. Under the proposed agreement, Interface will continue to provide EPSDT services within Ventura County, with services and the agreement maximum unchanged from the previous fiscal year.

United Parents provides FAST services to children and families, providing short term intensive home and community based supportive services in a proactive approach with the goal of reducing the need for crisis-based interventions, hospitalizations and out-of-home placements. Families of children diagnosed with Serious Emotional Disturbance (SED) benefit from a more proactive approach which supports and teaches strategies to prevent an escalating situation from turning into a crisis, reducing emotional stress on the entire family, with the program's peer to peer component training utilizing trained parents to work with families to build specific skills and techniques. Under the proposed agreement, United Parents will continue to provide FAST services within Ventura County, with services remaining unchanged from the previous fiscal year. The agreement maximum was reduced to account for the six-month agreement term.

VCBH recommended approval for the VCBH Director or designee to sign the: (1) FY 2019-20 agreement with Interface for EPSDT services, in the amount of \$1,610,000 and (2) FY 2019-20 agreement with United Parents for FAST services, in the amount of \$469,781, for the six-month term of July 1, 2019 to December 31, 2019.

Board of Supervisors Approved Agreements – September 17, 2019

1. Alcohol and Drug Programs (ADP): California Office of Traffic Safety (OTS) Grant Agreement for ADP Prevention Services and FY 2019-20 Idea Engineering, Inc. Seventh Amendment for ADP Prevention Services.

This item recommended approval for the VCBH Director or designee to sign the: (1) OTS agreement for ADP prevention services, in the amount of \$125,000, for the service period of October 1, 2019 through September 30, 2020 and (2) FY 2019-20 seventh amendment to the agreement with Idea Engineering, Inc. for ADP prevention services, increasing the maximum agreement amount from \$162,500 to \$182,000, an increase of \$19,500. The Idea Engineering, Inc. agreement is funded by the OTS Grant and Substance Abuse Prevention and Treatment Block Grant (SABG).

OTS awarded VCBH a grant on June 26, 2019, in the amount of \$125,000 for the service period of October 1, 2019 through September 30, 2020. Per the OTS approved grant application, VCBH will: (1)

collaborate environmental prevention through targeted outreach and education, (2) improve prescriber's and furnisher's understanding and usage of California's Prescription Drug Monitoring Program (PDMP) and California's Controlled Substance Utilization Review and Evaluation System (CURES), as a tool to recognize impairing drug combinations, (3) increase understanding for prescribers and furnishers of medications about the threats legal drugs, especially combinations of drugs, pose to patients' ability to drive safely, (3) create targeted messaging for pharmacies and medical offices, and (4) improve access to, and understanding of, drug disposal by improving messaging about drop off locations to patients and community at large.

In addition, to seeking approval from the Board to accept the OTS grant funding and sign the OTS grant agreement, VCBH amended the Idea Engineering, Inc. agreement to add additional funding for new OTS grant-related marketing campaign services. These new OTS grant marketing campaign services are in addition to the communication planning and materials, graphic design, and strategic messaging services that Idea Engineering, Inc. currently provides in support of various ADP Prevention Services publications and outreach efforts.

VCBH recommended approval for the VCBH Director or designee to sign the: (1) OTS Standard Grant Agreement, in the amount of \$125,000, for the service period of October 1, 2019 through September 30, 2020 and (2) FY 2019-20 seventh amendment to the agreement with Idea Engineering, Inc., for ADP Prevention Services, in the amount of \$182,000 (an increase of \$19,500).

2. FY 2019-20 Telecare Corporation (Telecare) Casa B, Casa C, and Casa D Social Rehabilitation Agreements and Casa E Adult Residential Facility Agreement.

This item recommended approval for the VCBH Director or designee to sign the: (1) FY 2019-20 third amendments to the agreements with Telecare for social rehabilitation services at Casa B, Casa C, and Casa D, to revise contract language and (2) FY 2019-20 third amendment to the agreement with Telecare for adult residential facility services at Casa E, to revise contract language. There was no change to the previously approved contract maximums. These agreements are funded with Realignment, SD/MC FFP, and MHPA funding.

Telecare operates and manages the following four mental health residential treatment facilities (Casas) through four separate agreements with VCBH: (1) Casa B – Brighter Tomorrows, (2) Casa C – House of Transition, (3) Casa D – Recovery Starship, and (4) Casa E – Stonehenge. Casas B, C and D are 12-bed long-term social rehabilitation facilities, and the program is approximately 12 months in duration, servicing Transitional Age Youth (TAY) and adults. Casa E is a 15-bed adult residential facility, with no limit to length of stay. The proposed amendments replace contract language, removing the Ventura County Maximum Allowance rate and referencing the maximum unit rate in Exhibit B and updating the Certification of Claims for Payment for Services Rendered terms specified in Exhibit G.

VCBH recommended approval for the VCBH Director or designee to sign the: (1) FY 2019-20 third amendments to the agreement with Telecare for social rehabilitation services at Casa B, Casa C, and Casa D, revising contract language as discussed above and (2) FY 2019-20 third amendment to the agreement with Telecare for adult residential care services at Casa D, revising contract language as discussed above.

Board of Supervisors Approved Agreements – September 24, 2019

1. FY 2019-20 HealthRIGHT 360 Second Amendment for Drug Medi-Cal Organized Delivery System (DMC-ODS) Substance Use Disorder (SUD) Services.

This item recommended approval for the VCBH Director or designee to sign the FY 2019-20 second amendment to the agreement with HealthRIGHT 360 for DMC-ODS SUD services, revising funding source information. There was no change to the previously approved contract maximum. This agreement is funded by DMC-ODS FFP, SABG Discretionary, Realignment, Assembly Bill 109 funds. CalWORKS, and Judicial Council of California (JCC).

HealthRIGHT 360 provides three levels of residential treatment services and one level of withdrawal management treatment services for women and their children. HealthRIGHT 360's satisfactory discharge rate is 75%. The proposed amendment adds two additional anticipated funding sources to the contract: CalWORKS and JCC. These two funding sources were inadvertently not included in the FY 2019-20 agreements. CalWORKS is a state welfare-to-work public assistance program that provides income support and access to health coverage on a temporary basis to eligible families that have children in the home. The CalWORKS VCBH Program is a collaboration between the Human Services Agency and VCBH, targeting the welfare-to-work population and working to eliminate barriers to self-sufficiency through behavioral health, drug and alcohol services. The Ventura County Superior Court receives annual JCC grant funding through various California programs, and uses this funding to support ADP services provided by HealthRIGHT 360 for participants in the juvenile dependency drug court program.

VCBH recommended approval for the VCBH Director or designee to sign the FY 2019-20 second amendment to the agreement with HealthRIGHT 360, for DMC-ODS SUD services, revising the funding source information.