

BEHAVIORAL HEALTH ADVISORY BOARD
General Meeting
Monday, September 20, 2021, 1:00 – 3:30 PM
VIRTUAL MEETING VIA ZOOM

Zoom Participation

The following information referenced below and at the end of the agenda is provided to you in support of your attending the upcoming BHAB General Meeting via Zoom:

Join the Zoom meeting in the following way:

Join Zoom Meeting: <https://us02web.zoom.us/j/83332714732?pwd=bE43OUJqRHhHa0ExSIR5L1VLMWMyQT09>

Meeting ID: 833 3271 4732

Password: 149553

Dial-In: 669-900-9128

AGENDA

- I. Call to Order
- II. Board Member Roll Call
- III. Welcome and Introductions
- IV. Approval of the Agenda – **ACTION** (Roll Call)
- V. Approval of the August 16, 2021 Minutes – **ACTION** (Roll Call)
- VI. Recognition: Supervisor Linda Parks
- VII. Public Comments (3 min. per speaker)
- VIII. Presentation: Crisis Intervention Team (CIT) Program Update – Mark Stadler, Program Administrator (15 min.)
- IX. Chair Comments (5 min.)
- X. Director’s Report – Dr. Sevet Johnson (10 min.)
- XI. Board Member Comments and Announcements (10 min.)
- XII. Secretary’s Report – Janis Gardner (5 min.)
- XIII. BHAB Committee Reports (5 min each)
- XIV. New Business
 - A. Transitional Age Youth (TAY) Committee (reporting on August 26 meeting) – Joe S. Ramirez, Chair
 - B. Adult Services Committee (reporting on September 2 meeting) – Gane Brooking, Co-Chair
 - C. Prevention Committee (reporting on September 14 meeting) – Janis Gardner, Chair
 - D. Establish a Workgroup to Review and Finalize Board of Supervisors Letter for Comprehensive Needs Assessment for BHAB Review on October 18 (10 min.)
 - E. Establish a Workgroup to Study and Identify Funding Sources for Comprehensive Needs Assessment (10 min.)
 - F. Announcements – Janis Gardner (5 min.)
 - G. Presentation Requests
 - H. Recognition Award Recommendations

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. **Public comments on agenda items must be made prior to board member deliberations of agenda items.** The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact Behavioral Health Administration at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

- XV. Contracts – None (Board of Supervisors dark in August 2021)
- XVI. Public Comments (3 min. per speaker)
- XVII. Adjourn

Next Meeting: Monday, October 18, 2021

All agenda reports and supporting data, including those filed in accordance with Government Code Section 54957.5 (b) (1) and (2) are available from the Behavioral Health Advisory Board Assistant at bhabadmin@ventura.org or in person at Ventura County Behavioral Health, 2nd Floor, 1911 Williams Drive, Oxnard, California. The same materials will be available and attached with each associated agenda item, when received, at the following website: www.vcbh.org/en/behavioral-health-advisory-board-meetings.

Welcome to the meeting of the Behavioral Health Advisory Board of the County of Ventura. The following information is provided to help you understand, follow, and participate in the Board meeting:

Join the Zoom meeting by clicking the link provided on the agenda at the scheduled time and date. Zoom will initially start with a **waiting room** — you will be admitted into the meeting room when the meeting starts. All participants are muted upon entry to minimize any unintended disruption of background sounds. Please keep yourself on mute unless you are speaking.

Note: The meeting is recorded.

Public Comments

- The Behavioral Health Advisory Board (BHAB) welcomes comments from the community, consumers and family members.
- The BHAB operates under the Brown Act. This requires that all meetings be open meetings, with the agenda and minutes posted. A public comment period will be provided on all meeting agendas.
- Due to confidentiality laws, the Board is unable to respond directly to a public comment or to discuss client-specific issues without proper releases from the individuals concerned.
- At all BHAB meetings, the BHAB Assistant provides a Grievance Form for individuals who have concerns. The form is reviewed promptly by VCBH Quality Management. Individuals can also contact the BHAB Assistant to request a VCBH Grievance Form outside a BHAB meeting or call 1-888-567-2122.
- Individuals who have further concerns are welcome to return to the BHAB for assistance.

Public comments may be provided using one of the following options:

Email or Mail Public Comment in Advance of the Meeting

To make a public comment, you must send an email to bhabadmin@ventura.org, with the specific agenda item or topic, if a general comment, by no later than 10:00 AM on the day of the BHAB meeting. Your public comment may also be submitted in writing and mailed to:

BHAB Assistant
1911 Williams Drive, Suite 200
Oxnard, CA 93036

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Please indicate in the subject line the agenda item number (e.g., Item No. 9) on which you are commenting. Your email will be distributed to the BHAB Members and placed into the item's record of the meeting.

Video Public Comment using Zoom

You may use the raise hand feature when the Chair invites public comments in the following ways:

If you are running an older version of Zoom, you can raise your hand by clicking on the Participant button at the bottom of the Zoom screen and then click on the raise hand feature in that participant window.

If you are running the most current version of Zoom (5.4.9 and above) you can raise your hand by clicking on the Reactions button and then clicking on raise hand feature. Your hand will appear in the upper left-hand corner of your individual Zoom window as well as the participant window.

Call-In Public Comment using Zoom

If you are joining the meeting by telephone only, you can join the comment queue by pressing *9. When it is your turn to make your comment, press *6 to unmute and then again to mute yourself after speaking.

Note: Your raised hand will appear TO THE HOST in the order it was received.

Comments are taken in the order they are received in the queue/participant window. When it is your turn to make a comment, you will be asked to unmute yourself. **Public comments may be up to 3 minutes during the public comment periods, or before an agenda item, with a cumulative total time not to exceed 5 minutes.** The assigned timekeeper will track each public comment time as well as the total time per speaker. When your time is up, the timekeeper will interrupt to let you know that you have reached the 3-minute maximum as well as when you have reached your total allotted time. At the end of the three minutes and/or allotted time, the next person in the comment queue will be invited to speak.

REMINDER: In order to minimize distractions during public meetings, all personal communication devices should be turned off or put in a non-audible mode.

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Ventura County Law Enforcement
Crisis Intervention Team



Program Administrator Mark Stadler

Program Assistant Scott Walker



VENTURA COUNTY
BEHAVIORAL HEALTH



NAMI
National Alliance on Mental Illness

Ventura
County



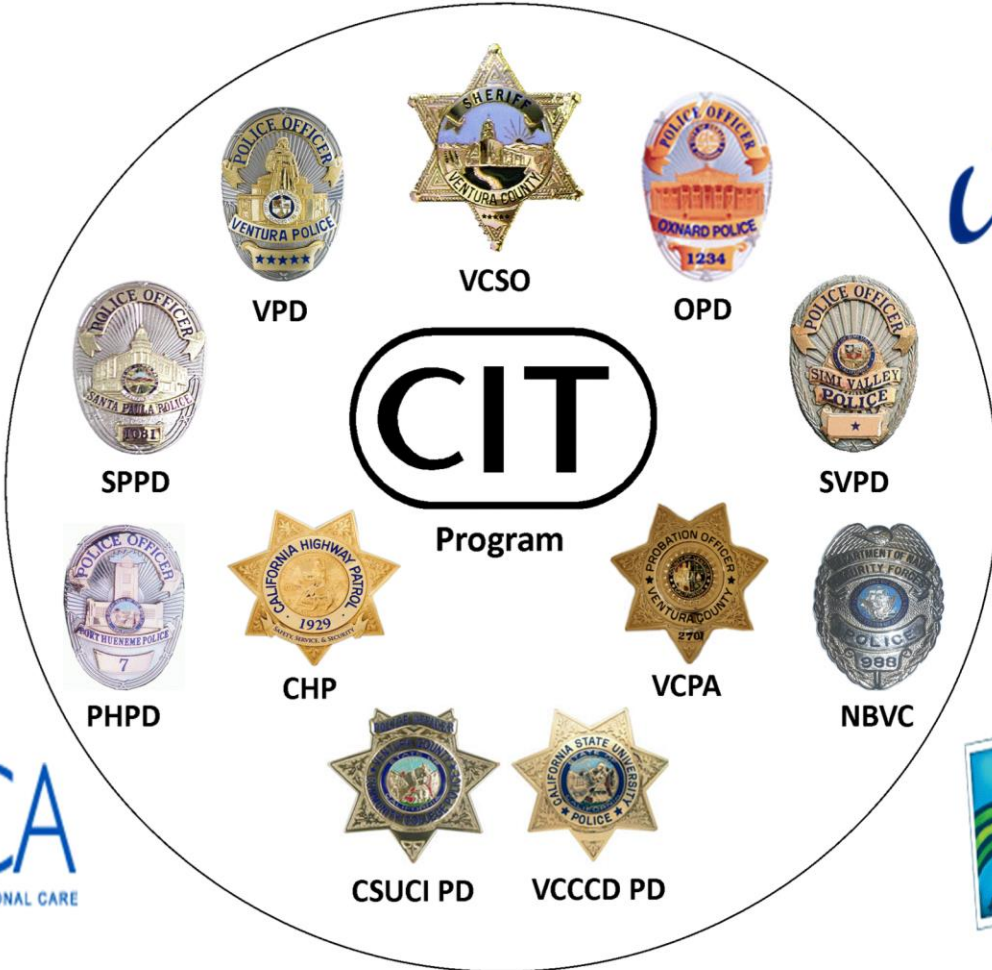
Hillmont Psychiatric Center



USA
MENTAL
HEALTH
FIRST AID®



SENECA
FAMILY OF AGENCIES | UNCONDITIONAL CARE



Ventura County Law Enforcement's Crisis Intervention Team

Ventura County CIT

- **Agencies that financially support the program**
 - Sheriff's Office (contract cities & unincorporated)
 - Ventura PD
 - Oxnard PD
 - Port Hueneme PD
 - Santa Paula PD
 - Simi Valley PD
 - **Ventura County Behavioral Health**

- **Agencies that are partners**
 - **NAMI**
 - CSUCI PD, Community Colleges
 - Fire, AMR
 - Naval Base Ventura County
 - CHP, State Parks, Lake Casitas
 - District Attorney Investigators
 - FBI



History of CIT

- Memphis, 1988
 - Officer Involved Shooting
- Ventura County, before 2001
 - Factors Unique to our Community
 - Closure of State Hospital
 - Good weather
 - Services
 - Officer Involved Shootings
 - Lawsuits
 - PTSD



Mission Statement

The mission of the VC CIT program is to ***develop partnerships*** with mental health consumers and their family members, and other agencies and organizations.

CIT officers will respond to individuals who are in crisis as a result of a mental health disorder and shall ***assess and assist*** those individuals in the ***most effective and compassionate manner*** possible.



Policy Statement

It is the policy of Ventura County law enforcement agencies to utilize CIT officers in calls-for-service involving known or suspected mentally ill individuals when the officer(s) are available, and circumstances are appropriate.



Law Enforcement

- De-escalate crisis situations.
- Reduce the necessity for use-of-force.
- Reduce the use of jail.
- Decrease recidivism.
- Facilitate the empowerment of mentally ill individuals by increasing their lawful self-reliance and health-enhancing behaviors.

Calls for Service

- Who is the best person to respond in a mental health crisis?
 - **Firefighter?**
 - **Paramedic?**
 - **Mental Health worker (therapist, doctor, etc.)?**
 - **Police Officer?**
- The reality is that the Police Officer is available 24/7, arrives on scene first, and can handle someone who is aggressively out of control.

Why Train Law Enforcement?

- 1. It's the right thing to do**
- 2. First responders can assess and stabilize**
- 3. De-mystify mental illness and reduce anxiety**
- 4. Teach them to connect people to resources**
- 5. Limited Crisis Team availability**

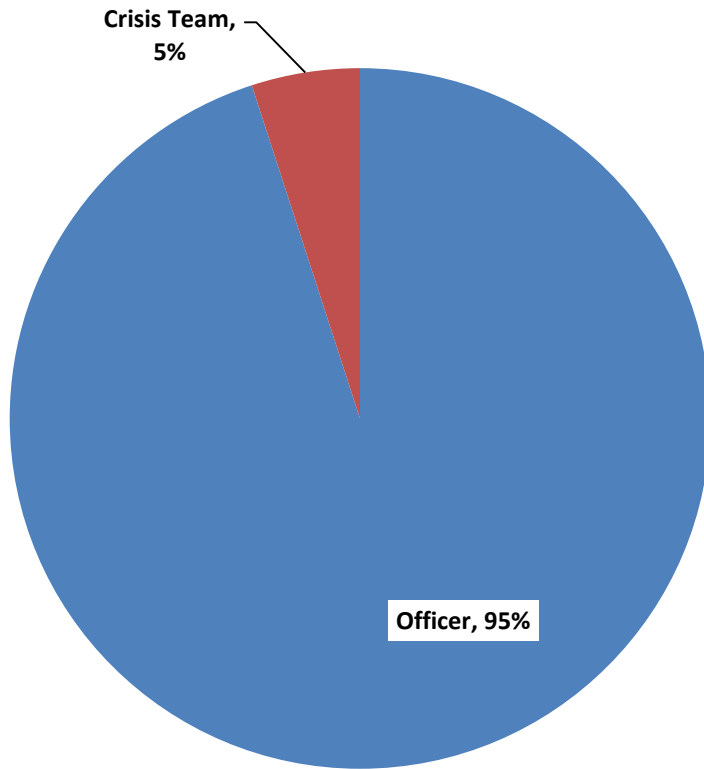


Statistics

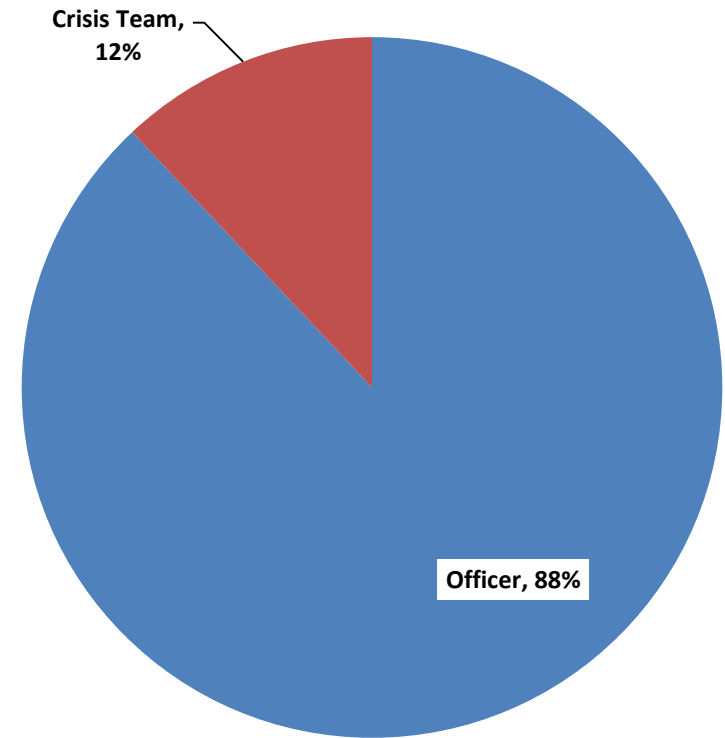


Mental Health Crisis 911 Calls

YEAR ONE



YEAR TWO



How prevalent is mental illness in our county?

NIMH estimates that **4.2%** of the American population has a **serious** mental illness.

Approx. **854,223** residents in 2017

NIMH estimates that nearly **1 in 5** Americans will suffer from some form of mental illness in their lifetime. = **170,845**



PRISONS AND JAILS



1 IN 5 PEOPLE HELD IN AMERICA'S PRISONS AND JAILS HAS A RECENT HISTORY OF MENTAL ILLNESS

7 IN 10 YOUTH IN THE JUVENILE JUSTICE SYSTEMS HAVE AT LEAST ONE MENTAL HEALTH DISORDER



Officer Involved Shootings

- “People with **untreated** mental illnesses are **16x** more likely to be killed during a police encounter.”
 - *Treatment Advocacy Center, Dec. 2015*
- More than **half** of the OIS fatalities occurred in agencies that didn't provide officers de-escalation training.
 - *Washington Post, Dec. 2015*

**Officers contact approximately
1500 Adults with mental health
issues in a year...**



and 350 Children

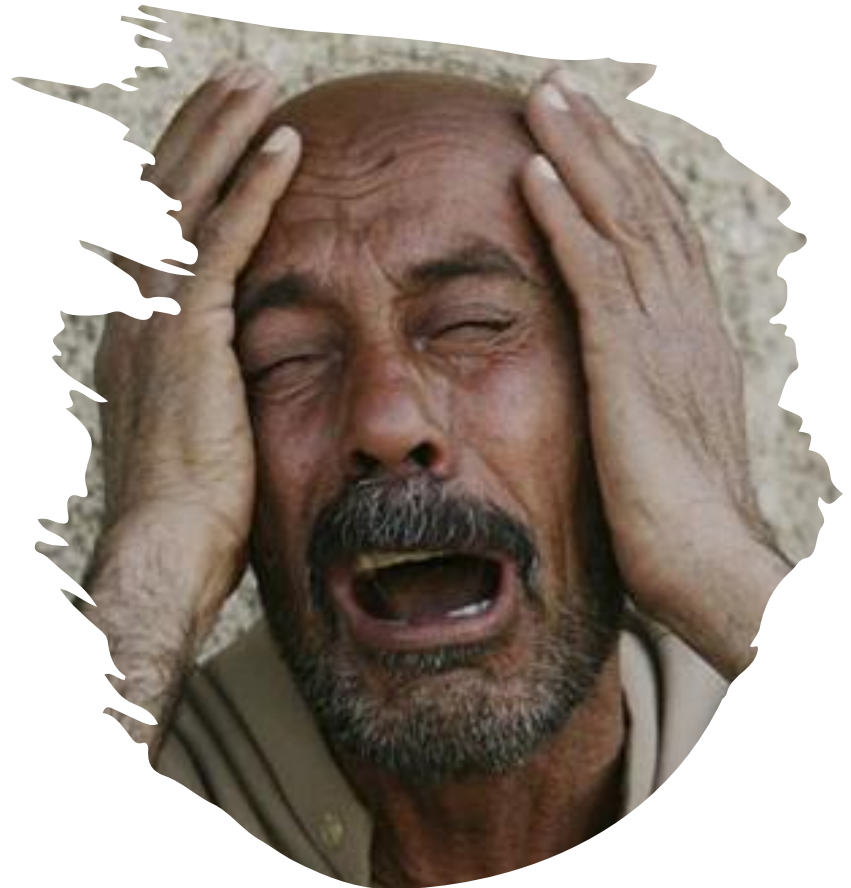
Every 24 hours in
Ventura County,
Law Enforcement
will...

- Contact 4 Adults in a Mental Health Crisis
- Contact 1 Child in a Mental Health Crisis
- Take 3 of the above to a Hospital for psychiatric needs

A large, stylized clock face graphic is positioned on the right side of the page. The clock face is composed of a thick black outer ring and a smaller inner ring. The number '24' is prominently displayed in the center of the clock face in a bold, black, sans-serif font. The clock hands are not visible, but the overall design suggests a 24-hour cycle.

What are the most common crisis related behaviors?

- **Suicidal Talk (41%)**
- Severe, Depressed Mood, Crying
- Anxiety
- Bizarre Behavior
- Agitation & Pacing
- Absurd & Illogical Thinking/Speech

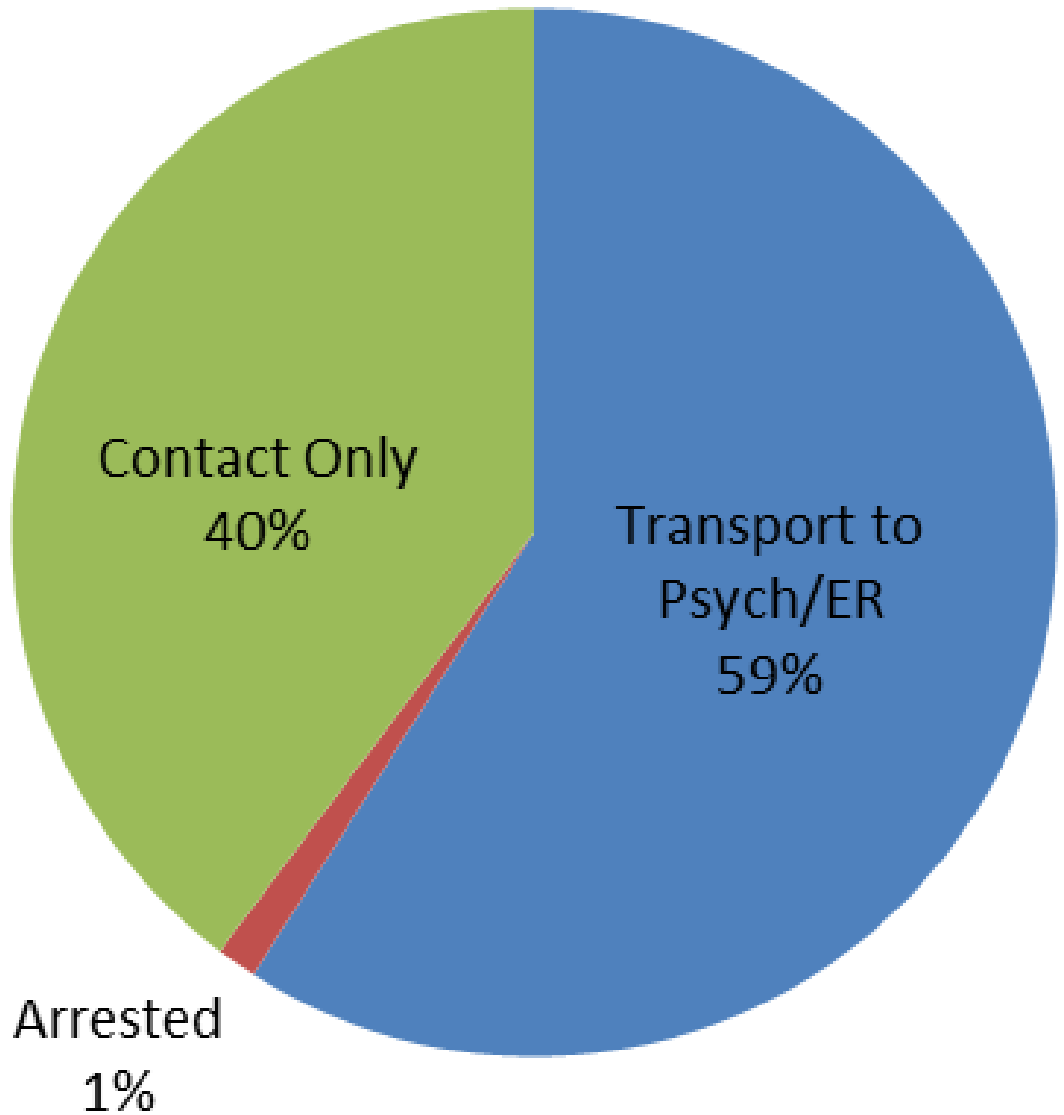


Tell us more about the person in crisis

- 15% are Homeless
- 10% of people in crisis have a weapon
 - Majority are Sharp/Edged Weapons
 - (knife, razor, scissors)



What
happens after
an officer
contacts
someone with
mental
illness?



What Qualifies for a 5150 / 5585 ?

- Danger to Self
- Danger to Others
- Gravely Disabled
 - Food, Shelter, Clothing due to a mental illness
- Is it really 72 hours?
 - Application
 - Re-evaluation by MH professional
 - Voluntary conversion
- Transportation to ER***





When does an officer consider making an arrest of someone that has mental illness?

- Does the officer know the mental health history?
- Infraction, Misdemeanor, Felony
- Serious crimes (e.g. assault) that result in injuries
- Victim's desire for prosecution
- Use of a weapon
- Likelihood that behavior will repeat in the immediate future if released
- Availability of mental health services

Officers' Actions

- **88%** of the contacts result in verbalization only versus use-of-force
 - CIT Officers are less likely to use force, and...
 - **Approx. 3x more likely** to have “contact only”
 - **Approx. 2x less likely** to use jail





CIT Academy Stats

- CIT Academies are 40-hour classes
- Held 2-3 times a year
- 50 students maximum per class
- 54 CIT Academies since 2001
- 1900+ trained since 2001
- >90% of Patrol Officers
- 50% of Custody Personnel
- 76% of ALL Officers
- 67% of Dispatchers
- Class 55 May 24th-29th 2021
(17 from Custody Facilities)

Up to 75 Instructors/Volunteers Needed Per Class

Crisis Intervention Team (CIT) Academy #55: May 24th-28th, 2021

(Schedule as of 5/18/2021)

Location: Sheriff Training Center (106 Durley Ave., Camarillo 93010) - Classroom #2

	MONDAY 5/24	TUESDAY 5/25	WEDNESDAY 5/26	THURSDAY 5/27	FRIDAY 5/28
LE O/D	VCSO Sgt. Daniel Gonzales	Cmdr. Varner / NBVC Sgt. Garcia	VCSO Sgt. Pat Ruby	<i>vacant</i>	
MH O/D	Rebecca Carpenter	Rebecca Carpenter	Rebecca Carpenter	Rebecca Carpenter	
8 : 0 0	8:00 - 8:30 Introduction VCSO Sheriff Bill Ayub	8:00 - 9:00 Military & Veterans Chrystal Crawford 146th Airlift Wing	8:00 - 10:00 Psychosis, Mood, and Personality Disorders CIT Prog. Asst. Scott Walker	8:00 - 8:15 Prior Day Debrief	8:00 - 12:00 Scenario Testing
9 : 0 0	8:30 - 9:15 Course Overview CIT Prog. Admin. Mark Stadler CIT Prog. Asst. Scott Walker	9:00 - 10:00 Officer Involved Incident SPPD Cmdr. Scott Varner	or De-Escalation #3 FOS Scenarios/Group Work BRING BELTS	8:15 - 8:45 Group Projects Student Presentations	
	9:15-9:45 Bias & Discrimination Regan Mew			8:45 - 9:45 Suicide Intervention Rebecca Carpenter Kaj Swanson	
10 : 0 0	9:45 - 11:15 NAMI / Consumer National Alliance on Mental Illness In Our Own Voice (IOOV) Cultural Component Kimberly Quinn-Colvin @ 9:45 Patricia "Patti" Pape @ 10:45	10:00 - 10:45 Officer Wellness Shane Norwood	10:00 - 12:00 Psychosis, Mood, and Personality Disorders CIT Prog. Asst. Scott Walker	10:00 - 10:30 Group Activity 5150 Tabletop Scenarios / Videos	
11 : 0 0	11:15 - 11:45 Group Activity	10:45 - 11:45 Post Traumatic Stress Ret. OPD Sgt. Jeff McGreevy	or De-Escalation #3 FOS Scenarios/Group Work BRING BELTS	10:30 - 11:30 De-Escalation #4 VPD Det. Alyse Quiroz VPD Det. Stephanie Avila	
	11:45 - 12:00 Morning Debrief	11:45 - 12:00 Morning Debrief		11:30-11:45 Vista Del Mar Hosp.	11:45 - 12:00 Morning Debrief
LE O/D	12 - 1 LUNCH on your own	12 - 1 LUNCH on your own	12 - 1 LUNCH on your own	12 - 1 LUNCH on your own	12 - 1 LUNCH on your own
MH O/D	<i>vacant</i>	OPD Ofc. David Castillo	VCSO Sgt. Greg Cadman	SVPD Sgt. Frank Panza	VCSO Sgt. Pat Ruby
1 : 0 0	Rebecca Carpenter	Rebecca Carpenter	Rebecca Carpenter	Rebecca Carpenter	Rebecca Carpenter
2 : 0 0	1:00 - 1:45 VCBH Services STAR & Crisis Team: Dr. Boscarelli RISE & Assist: Felicia Skaggs	1:00 - 1:15 Group Activity	1:00 - 1:15 Scenario Debrief	1:00 - 2:00 Officer Panel VCSO Sgt. Jason Cantrall VCSO Sr. Dep. Virginia Tinoco	1:00 - 1:15 Scenario Debrief
	1:45 - 3:15 Traumatic Brain Injuries (TBI) Mike and Bill Yarnall, and VCSO Dep. Nick Gildroy, and Lisa Morris observing	1:15 - 2:15 Neurocognitive Disorders Dementia, Alzheimers, etc. Dr. Erik Lande	1:15 - 3:00 Developmental Disabilities Tri-Counties Regional Ctr. overview Dr. Steven Graff Guest Speakers @ 2:30 Bill & Lee Burke, and Carly Fulgham	2:00 - 2:30 LE & Homelessness VCSO Dep. Josh Richter	1:15 - 2:15 Weapon Prohibition Emily Gardner, County Counsel and VCSO Sgt. Chris Zapata
3 : 0 0	3:15 - 3:30 BI Center (Chrissy)	2:15 - 2:45 Adult Protective Svcs APS Worker Joanne Giacopuzzi	3:00 - 5:00 5150 W&I Basics Tina Coates	2:30 - 3:30 Psych Meds and Substance Abuse Dr. Joseph Vlaskovits	2:15-2:30 Firearm Tidbits (Walker)
4 : 0 0	3:30 - 4:45 De-Escalation #1 CIT Prog. Admin. Mark Stadler	2:45 - 3:45 Youth Mental Health Dr. Kathleen Van Antwerp and Senta Green		3:30 - 4:30 Suicide-By-Cop CIT Prog. Admin. Mark Stadler	2:30 - 2:45 Children's CSU
	4:45 - 5:00 Afternoon Debrief	3:45 - 4:45 De-Escalation #2 OPD Sr. Ofc. Mike Wood	4:30 - 4:45 Scenario Prep	2:45 - 3:00 TAY Tunnel (Anthony) 3:00 - 3:15 LGBTQ+ (Michelle) 3:15 - 3:30 CONREP (Walker)	
			4:45 - 5:00 Afternoon Debrief	3:30 - 3:45 Afternoon Debrief	3:45 - 5:00 Conclusion Written Test Evaluations Graduation

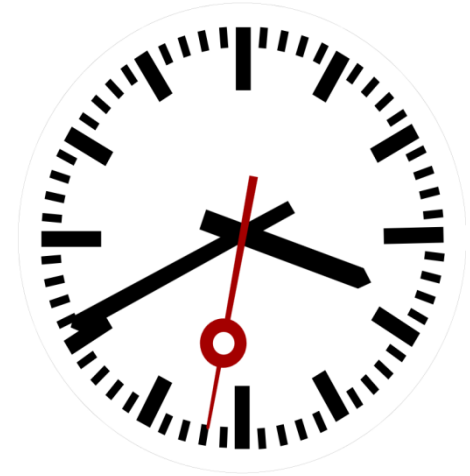
De-escalation Defined

(CA-POST 2019)

De-escalation is the process of using strategies and techniques intended to decrease the intensity of a situation.

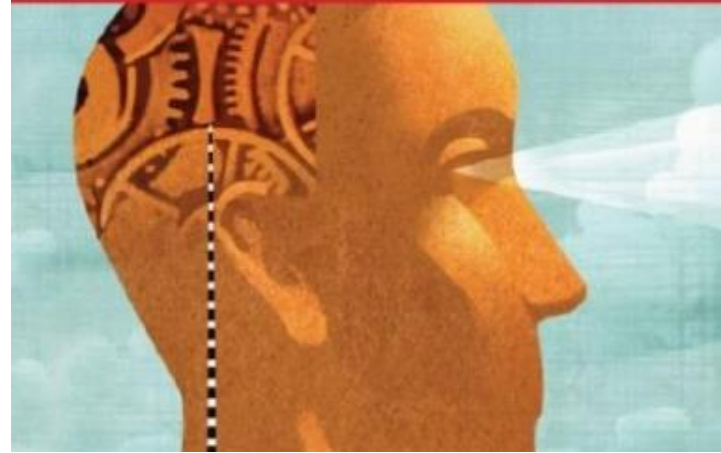
Crisis Intervention Techniques

- Time and Space
- Human Behavior
 - Maslow's Theory
 - Fight, Flight, Freeze or Appease
- Active listening techniques
- Reduce excessive stimuli
- Reach for small concrete goals
 - Use win-win strategies



Other Training

- Basic Academy Training
 - MIDD
 - Use of Force/De-escalation
 - OIS
- 8-hour CIT Update/Refresher
- 4-hour Autism Training
- Briefing training



What is Tactical Disengagement?

Disengagement is the tactical decision to;

- Leave
- Delay Contact
- Delay Custody
- Plan for Re-engagement at a Future Time

This tactic should be considered when an officer reasonably believes continued contact may result in an unreasonable risk to the person in crisis, the public and/or members of this agency.

“So if I know someone is experiencing a mental health crisis...what should I do?”

Looking for help:

211 and 1-866-998-2243

- Suicidal thoughts BUT no suicidal plan:

1-877-727-4747 or 1-800-273-8255 (best for Vets)

•Suicidal thoughts & plan, BUT not imminent:

1-866-998-2243

•Imminent plans to hurt themselves:

911, ask for a CIT Trained Officer

Ventura County CIT Program

For general questions
about the program call:

(805) 383-4806

VenturaCo.CIT@ventura.org



VENTURA COUNTY BEHAVIORAL HEALTH

Clients Served

Open episodes in August 2021

As of 9/15/2021

All VCBH	VCBH Treatment Programs
SUS - County & Contractor MH Adult - County & Contractor MH Y&F - County & Contractor VCBH STAR Adult Crisis	County & Contractor Includes outpatient and residential

**VCBH enrolled clients only

	VCBH Program Group							
	All VCBH	SUS	MH Adult	MH Youth and Family	VCBH STAR	Adult Crisis	CSU**	IPU**
Total Clients With Open Episode	11,435	1,217	5,751	3,879	956	726	41	47

**VCBH enrolled clients only

Total Clients With Open Episode Age Group *	VCBH Program Group							
	All VCBH	SUS	MH Adult	MH Youth and Family	VCBH STAR	Adult Crisis	CSU**	IPU**
0-15	2,805	14		2,655	198	53		
16-25	2,153	212	735	1,102	209	135	7	6
26-59	5,222	932	3,929	122	496	419	31	34
60+	1,255	59	1,087		53	119	3	7
Grand Total	11,435	1,217	5,751	3,879	956	726	41	47

* Client age as of August 31, 2021

**VCBH enrolled clients only

Total Clients With Open Episode Preferred Language	VCBH Program Group							
	All VCBH	SUS	MH Adult	MH Youth and Family	VCBH STAR	Adult Crisis	CSU**	IPU**
English	9,999	1,145	5,036	3,336	824	655	38	44
Spanish	1,139	60	551	475	99	30	2	3
Other	100	4	70	18	10	8	1	
Unknown / Not Reported	196	8	94	49	23	33		
Hebrew	1			1				
Grand Total	11,435	1,217	5,751	3,879	956	726	41	47

**VCBH enrolled clients only

Total Clients With Open Episode	VCBH Program Group							
	All VCBH	SUS	MH Adult	MH Youth and Family	VCBH STAR	Adult Crisis	CSU**	IPU**
Ethnicity								
Latinx	5,799	637	2,527	2,486	477	229	18	22
Non-Latinx	4,238	440	2,761	871	320	282	21	22
Unknown / Not Reported	1,398	140	463	522	159	215	2	3
Grand Total	11,435	1,217	5,751	3,879	956	726	41	47

**VCBH enrolled clients only

Total Clients Served At Each Location ***	VCBH Program Group							
	All VCBH	SUS	MH Adult	MH Youth and Family	VCBH STAR	Adult Crisis	CSU**	IPU**
Program Service Location								
CAMARILLO	585		103	483				
FILLMORE	141	48		95				
MOORPARK	19			19				
OXNARD	6,144	1,004	2,794	1,346	934	706		
SANTA PAULA	749		484	266				
SIMI VALLEY	1,237	79	725	458				
THOUSAND OAKS	1,261	43	877	354				
VENTURA	2,366	75	1,171	1,141			32	47
Outside Ventura County (Contractor)	199	169	24	6				
Grand Total	12,701	1,418	6,178	4,168	934	706	32	47

*** Clients may be counted under multiple locations