

# MENTAL HEALTH SERVICES ACT COMMUNITY UPDATE

**JOIN US ONLINE**

**Tuesday, November 9, 2021**

**6:00 – 7:30 PM**

**OR**

**Thursday, November 18, 2021**

**11:00 AM – 12:30 PM**

**REGISTER NOW FOR ZOOM EVENT**

**Email: [MHSA@ventura.org](mailto:MHSA@ventura.org)**

Interpretation available upon request.



WELLNESS • RECOVERY • RESILIENCE



# California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Fall 2021

## In this Issue:

[Grants](#)

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[Legislative Update](#)

[Resources](#)

## CALBHB/C Statewide Teleconference

October 22, 12:30 - 2:30 pm

Updates from statewide agencies and organizations with opportunity for local and statewide issue-based discussion.

[Registration](#)

There is no fee to register.

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## Grants

### Crisis Care

[Mental Health Wellness Grant Programs for Children & Youth](#): \$22,584,573 available in capital funding for Crisis Residential Treatment, Crisis Stabilization Unit, and Mobile Crisis Support Team programs and \$1,138,616 in Mobile Crisis Support Team personnel funding. CHFFA, Deadline: October 29.

[Crisis Care Mobile Units](#): \$46 million+ is for:  
1) Planning grants up to \$200,000 to assess needs of mobile crisis and non-crisis programs & develop an action plan;  
2) Implementation grants up to \$1 million per CCMU team to implement a new, or expand an existing, CCMU program. Must prioritize mobile behavioral health crisis services for individuals age 25 and younger, while also serving the broader population, with encouragement to support justice intervention services. DHCS, Deadline: November 29.

### Infrastructure

[Behavioral Health Continuum Infrastructure](#): Grants to construct, acquire, and rehabilitate real estate assets, or invest in mobile crisis infrastructure, w/a portion of funding available for increased infrastructure for children and youth, 25 and younger.

[Project Homekey](#) - \$1.45 billion through the California Comeback Plan.

### Provider Relief

[Provider Relief/American Rescue Plan](#) \$25.5 billion, with \$8.5 billion for providers/ organizations who serve rural Medicaid, Children's Health Insurance Program, and/or Medicare beneficiaries. Due: Oct. 26, 9 pm

### Workforce

[Loan Repayment, Scholarship or Grant Program](#), Health Care Access and Information (HCAI) (formerly OSHPD)

## CALBHB/C Issue Briefs



December 2018 [www.facebook.com/CALBHC](https://www.facebook.com/CALBHC) [www.calbhbc.org](http://www.calbhbc.org)

**EMPLOYMENT – Successful practices for adults with mental illness.**

**ISSUE BRIEF**

Work helps us feel well. Employment is a major therapeutic tool, improving quality of life and reducing symptoms in those with mild to moderate to severe mental illness. The following items are important for board/commission members to understand and consider as they advise locally and as they join with CALBHB/C for statewide advocacy.

**Individual Placement & Support (IPS)** is a successful Employment Practice as implemented in Alameda County, 20+ states and many countries.

**What is IPS?**  
IPS is a model of supported employment for people with serious mental illness (for example, schizophrenia spectrum disorder, bipolar, depression). IPS is based on eight principles:

1. Competitive Employment
2. Systematic Job Development
3. Rapid Job Search
4. Integrated Services
5. Benefits Planning
6. Zero Exclusion
7. Time-Unlimited Support
8. Worker Preferences

**IPS Data**

- In CA, only 10% of people in the public mental health system work.
- IPS helps 50% or more of people get jobs.
- People are 2.5 times more likely to get a job with IPS vs. traditional rehab programs.
- People in IPS work longer stints, earn more, and are more likely to become steady workers than people in traditional programs.

See [www.calbhbc.org/employment.html](http://www.calbhbc.org/employment.html)

**MH Cooperative Programs**  
CA's Mental Health Cooperative programs are partnerships between County Mental Health agencies and the Department of Rehabilitation. These programs assist consumers find, get, and keep meaningful community employment. Programs serve over 7,000 consumers annually, resulting in over 750 successful closures annually. More than 80% of consumers with a mental health diagnosis receive vocational rehabilitation plan services when participating in the DOR Mental Health Cooperative programs. More at [DOR.CA.GOV](http://DOR.CA.GOV).



**Peer Provider Certification**  
With the passage of SB 823 (Beall), CA will implement a process for certification for peer support specialists (who have lived experience with the process of recovery from mental illness, substance use disorder, or both). This bill requires DHCS, by July 1, 2022, to establish requirements for counties or their representatives. See [www.calbhbc.org/peer-supports.html](http://www.calbhbc.org/peer-supports.html)

CALBHB/C: A STATEWIDE ORGANIZATION SUPPORTING THE WORK OF CA'S 59 LOCAL MENTAL & BEHAVIORAL HEALTH BOARDS AND COMMISSIONS.

[Board & Care \(ARF or RCFE\)](#)

[Children & Youth:](#)

[Integrated School-Based BH  
Transitional Age Youth \(TAY\)](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment \*\*Updated!\*\*](#)

[LGBTQ+ \*\*New!\*\*](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth \*\*New!\*\*](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: [www.calbhbc.org/newsissues](http://www.calbhbc.org/newsissues) Questions: [cal@calbhbc.com](mailto:cal@calbhbc.com)

## On-Line Events & Reports: State/National Organizations/Agencies

### MHSOAC

CA Mental Health Services Oversight & Accountability Commission:

[Client & Family Leadership Committee](#),  
October 19, 1 pm

[Immigrant and Refugee Listening  
Session](#), October 21, 4:30 pm

### CASRA

CA Association of Social Rehabilitation Agencies (CASRA) Conference: "Making Connections" Conference will focus on how reducing harmful behaviors, being employed and having a sense of belonging all contribute to feelings of connection and worth. 10/19, 10/26 and 11/2, [Registration](#) Fee of \$49.99

### CBHPC

CA Behavioral Health Planning Council:

[Performance Outcomes](#) - 10/19, 2-3:30pm

[Executive](#) - 10/20, 8:30 - 10 am

[Patients' Rights](#) - 10/20, 10:30 am-12pm

[Workforce & Education](#) - 10/20, 1:30-3 pm

[Housing & Homelessness](#) - 10/21, 8:30 am

[Systems & Medicaid](#) - 10/21, 10:30 am-12p

[Legislation](#) - 10/21, 1:30-3:15 pm

[General Session](#) - 10/22, 9 am-12 pm

**Reminder:** The "**Data Notebook**" is due to the CBHPC on November 30, 2021. Contact [Linda Dickerson](#) with questions.

### Mental Health America

Mental Health Summit, November 5 - 6

[Streaming Live](#)

## On-Line Events & Reports *Continued* - By Topic

### CalAIM

[CalAIM Explained: A Five-Year Plan to Transform Medi-Cal, Fact Sheet](#) with examples of what success will look like, CA Health Care Foundation, 2021

### Children & Youth

[Teen Mental Health and Substance Use Challenges](#), National Council for Mental Wellbeing, Recording

[Kids, Communities and Schools Convening](#), CA Alliance, MHSOAC and the Children's Partnership, September 2021 Recording

[Keeping Youth Close to Home: Building a Comprehensive Continuum of Care for California's Youth](#), CA Alliance of Child & Family Services Report

[Raising the Bar](#): Building system-and provider-level evidence to drive equitable education and employment outcomes for youth in extended foster care. First Place for Youth Research & Policy Brief

### COVID 19

[The impact of complex trauma stemming from the COVID-19 pandemic](#), The Kennedy Forum Recording

[COVID-19 and Children's Mental Health: Addressing the Impact](#), Little Hoover Commission Report

[ER visits for suspected suicide attempts among teen girls rose during pandemic](#), CDC study says, CBS News

### Crisis Care

[Launch of the 988 hotline](#) next summer [July 2022] DHCS News Release

### Disaster

[First Aid Kit for Your Mind](#) for individuals, family and community members. in seven languages: English, Spanish, Chinese, Filipino, Hmong, Korean and Vietnamese.

### Employment

[Vocational Services Integrated with Behavioral Health Care](#), CALBHB/C Recording

### Housing/Homelessness

[Fostering Cross-System Collaboration Between Health and Homeless Systems of Care](#) Webinar Series, CA Health Care Foundation

### Peer Support

[Peer Certification SB 803 Community Input Sessions](#), Seeking Input on Training/Exams, Grandparenting, and Specializations, Various October Dates, CalMHSA

[Peer Professional Training & Placement On-Line Training Program](#), Mental Health America of CA and Project Return Peer Support Network

### Substance Use Disorder

Digital Therapeutics for Substance Use Disorders: Research Priorities and Clinical Validation [Recorded Webinar](#)

### Telehealth

[Making Telehealth Work: Key Insights from the CA Safety Net](#), CA Health Care Foundation Webinar

### Whole Person Care

[How Fragmented Care Harms People with Both Mental Illness and Substance Use Disorder](#), CA Health Care Foundation

## Legislative Update

The following bills were recently signed into law.

### Assisted Outpatient Treatment

[AB-507](#) Adjusts statutes related to Laura's Law, adding that a court, when considering an AOT petition:

- 1) Include consideration of a clinical determination that the person is unlikely to survive safely in the community without supervision and that the person's condition is substantially deteriorating, or that assisted outpatient treatment is needed to prevent a relapse or deterioration that would be likely to result in grave disability or serious harm to the person or to others.
- 2) The subject of the petition or the examining mental health professional is allowed to appear before the court for testimony by video conferencing.
- 3) The bill additionally authorizes filing a petition to obtain assisted outpatient treatment under the existing petition procedures for a person if the court makes a prescribed determination, including that the person is an eligible conservatee.

### Competence to Stand Trial

[AB-317](#) Repeals provisions re: restoration of competency for a person charged with a misdemeanor, or a violation of probation for a misdemeanor, including provisions regarding administration for antipsychotic medication. A Court is authorized to conduct an inquiry into a defendant's competency, and is authorized, upon finding a defendant incompetent to stand trial, to suspend the proceedings and take actions, including granting diversion not to exceed one year or dismissing the charges. The application of conduct credits are extended to persons confined in a state hospital or other mental health treatment facility pending their return of mental competency.

### Homelessness: Housing Projects

[AB-816](#) Prioritizes funding for projects serving people experiencing homelessness. CA's Department of Housing and Community Development is authorized to alter priority for funding to align eligibility for possible benefits (including Medi-Cal) intended to assist people experiencing homelessness.

### Meeting Emergency Allowances

[AB-361](#): Exemptions from in-person requirements through Jan. 1, 2024 with specific conditions and requirements. [More Information](#)

### Performance Outcome Data

[SB-465](#) Requires the MHSOAC to report to specified legislative committees outcomes for people receiving community mental health services under an MHSA full service partnership model, including any barriers to receiving the data and recommendations to strengthen California's use of full service partnerships to reduce incarceration, hospitalization, and homelessness.

### Pupil Health

#### [SB 14](#)

- 1) An absence due to illness shall include an absence related to a pupil's mental or behavioral health.
- 2) Contingent on appropriation, requires the State Department of Education, on or before January 1, 2023, to recommend best practices & identify evidence-based, evidence-informed training programs for schools to address youth behavioral health, including, but not necessarily limited to, staff and pupil training.

## Pupil Instruction

[SB 224](#) Requires:

- 1) School districts, county offices of education, state special schools, and charter schools that offer one or more courses in health education to pupils in middle school or high school to include in those courses instruction in mental health.
- 2) Instruction to include reasonably designed instruction on the overarching themes and core principles of mental health.
- 3) Instruction and related materials to be appropriate for pupils of all races, genders, sexual orientations, and ethnic & cultural backgrounds, pupils with disabilities, and English learners.
- 4) State Department of Education to develop a plan on or before January 1, 2024.

## 2-Year Bills Under Consideration

Want to join in advocacy? Please view ["Understanding Your Role"](#) below

### Crisis Care Continuum

[AB 988](#): Behavioral Health Crisis (Related budget activity: \$20 Million has been allocated by the state to facilitate telecommunications and call center aspects of "988" by the July 2022 federal deadline.) CALBHB/C support for AB 988 is on hold at this time, awaiting amendments that will provide the foundation for CA's local behavioral health agencies to effectively implement 988 along with mental health crisis services and mobile mental health crisis units.

### Integrated School-Based BH Partnership

[AB 552](#) - [Sample Letter & Fact Sheet](#)  
(Support)

### Mental Health Access

HR 432 / S. 828: [Advocacy](#)  
(National Council for BH)

## Understanding Your Role regarding State and Federal Legislation

**As Individuals:** Individuals can and should contact their legislators! Legislators especially appreciate hearing from residents within their districts.

**As Advisory Bodies:** Local mental/ behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office.

See CALBHB/C's [legislative advocacy page](#) for more information and updates.

## Resources for Boards/Commissions

[Best Practices Handbook](#) **UPDATED!**

[Brown Act Guide](#) **NEW!**

[Public Emergency Allowances](#)

[Conduct](#)

[Cultural Competence](#)

[Hybrid Meetings](#) **NEW!**

[Member Orientation](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Templates/Sample Docs](#)

- Annual Reports
- Bylaws
- Member Orientation
- Recommendations
- Recruitment
- Site Visits
- *And More!*

[Welfare & Institutions Code](#)

Bylaw Requirements

- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Presentations/Recordings](#)

- Chair Training
- Performance Data & Fiscal Info
- Mental Health Board
- MHSA Community Program Planning
- Unconscious Bias

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### Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues. We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

### Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

### Contact Us!

[info@calbhbc.com](mailto:info@calbhbc.com) [www.calbhbc.org](http://www.calbhbc.org)

Follow CALBHB/C: [www.twitter.com/CALBHBC](https://www.twitter.com/CALBHBC) [www.facebook.com/CALBHBC](https://www.facebook.com/CALBHBC)

For ADA compliant or printed copies of CALBHB/C documents and resources, contact [cal@calbhbc.com](mailto:cal@calbhbc.com)

The CA Association of Local Behavioral Health Boards & Commissions (CALBHB/C) supports the work of CA's 59 local mental and behavioral health boards & commissions.

*New Opportunity for*  
**Peer-led Support Groups**  
**at your organization**

Through its new EPOC grant from DHCS  
**Transforming Peers Lives**  
can travel to facilitate  
**Peer – Led Support Groups**

topics include:

exploring sobriety

creative works (art, music, writing – rotating)

navigating conflict

introduction to peer support

advocating as a service user

GED prep

veterans support

1-1.5 hours each

open participation

(weekly attendance not required)

all materials will be supplied

Co-facilitators will be receiving training and work experience that could  
**lead to State Certification as a Peer Support Specialist**  
– specializations in Homelessness, Crisis Services, and/or Justice System

***PLUS:***

***Inviting inquiries from individuals with direct lived experience to  
participate and be considered for paid staff positions and/or stipends  
for outreach and/or advocacy***

More Information by email =

**Peers@DowntownVentura.org**

**From:** [Lopez, Gracie](#)  
**To:** [bhabadmin](#)  
**Subject:** Respect for Fetal Alcohol Spectrum Disorders (FASD) Webinar – November 17 – 9 AM  
**Date:** Wednesday, November 10, 2021 3:30:21 PM

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***Sent on behalf of Danielle Shaw, MD, FAAF, FAPA – Youth & Family Committee Member***

TO: All Youth & Family Committee Members and meeting participants

Dr. Shaw has requested that we forward information about an upcoming Webinar that she has signed up to attend to share this important information regarding providing assessment and services for those with prenatal alcohol exposure.

Thank you for registering if interested in attending the webinar via Zoom.

Thank you,

Gracie Lopez  
Management Assistant II to Jennifer Dougherty, Youth & Family Division Interim Chief  
1911 Williams Drive, Suite 200  
Oxnard, CA 93036  
805-981-2240



**CONFIDENTIALITY NOTICE: All content in this email is strictly confidential. If you are not the intended recipient, please notify the sender by email and destroy all copies of the original message.**

----- Forwarded message -----

From: **Annette Kunzman** <[annettek@fasdsocalnetwork.org](mailto:annettek@fasdsocalnetwork.org)>  
Date: Thu, Nov 4, 2021 at 11:34 AM  
Subject: [FASD Network of Southern California] FASD Now! Respect for FASD Webinar November 17, 2021  
To: FASD Network of Southern California Google Group <[fasd-network-of-southern-california@googlegroups.com](mailto:fasd-network-of-southern-california@googlegroups.com)>

Join us on November 17!

Hi there,

Please join this important online event to learn more about the federal FASD Respect Act being proposed to Congress, and how California can enhance programs and funding for FASD research, preventions, screening and identification, and services for persons with FASD and their caregivers. Additionally, the LA County Board of Supervisors just passed a motion to increase collaboration across county agencies to increase screening and services

for people with Fetal Alcohol Spectrum Disorders.

You received this message because you are subscribed to the Google Groups "FASD Network of Southern California" group.

To unsubscribe from this group and stop receiving emails from it, send an email to [fasd-network-of-southern-california+unsubscribe@googlegroups.com](mailto:fasd-network-of-southern-california+unsubscribe@googlegroups.com).

To view this discussion on the web visit <https://groups.google.com/d/msgid/fasd-network-of-southern-california/7E675703-87E3-4A57-85A2-90652239C1B6%40fasdsocalnetwork.org>.

You are invited to a Zoom webinar.

When: Nov 17, 2021 09:00 AM Pacific Time (US and Canada)

Topic: FASD Now! Respect for FASD Webinar

Register in advance for this webinar:

[https://us06web.zoom.us/webinar/register/WN\\_JuClT8K6TOGwFaiJ7QJVOQ](https://us06web.zoom.us/webinar/register/WN_JuClT8K6TOGwFaiJ7QJVOQ)

After registering, you will receive a confirmation email containing information about joining the webinar.

## **Ana C. Cardenas Rolon, LCSW 75343**

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**RDO Every other Friday**

You received this message because you are subscribed to the Google Groups "FASD Network of Southern California" group.

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To view this discussion on the web visit

<https://groups.google.com/d/msgid/fasd-network-of-southern-california/7E675703-87E3-4A57-85A2-90652239C1B6%40fasdsocalnetwork.org>.

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# *The Dignity of Risk and the Duty to Care*

– *A Virtual Training* –

**December 15, 2021**  
**10:00 – 11:00 am (PST)**

Choice and self-determination are foundational principles of recovery-oriented practice. But if a person is making a choice that steers their life away from recovery, how should staff respond? Most providers hold values such as person-centered care, holistic and collaborative practice approaches, and a belief in self-determination. These values are more difficult to hold when people engage in choices that are self-defeating. Providers can become overly protective, directive, or even neglectful depending on the situation. This training introduces a pragmatic, recovery-oriented framework for working with people who are making choices that may be self-defeating.

## **Trainer**



**Patricia E. Deegan, Ph.D.**

**Internally renowned speaker and founder of Pat Deegan & Associates**

## **Learning Objectives**

1. Participants will be able to apply a recovery-oriented risk framework in practice.
2. Participants will be able to differentiate the Duty to Care from the Dignity of Risk.
3. Participants will understand how to navigate the Neglect/Overprotect Continuum

## **Cost**

- The cost of the webinar is \$70 per person, or \$85 including continuing education credit.
- Click on the REGISTER button below for more information about the program and CE credits, and to register today.



## **Trainer**

Patricia E. Deegan Ph.D. is an internationally renowned speaker and founder of Pat Deegan & Associates. For over 30 years, Pat has been a thought leader and disruptive innovator in the field of behavioral health recovery. Pat is an activist in the disability rights movement and has lived her own journey of recovery after being diagnosed with schizophrenia as a teenager.

She has held several academic appointments, has numerous publications, and has carried a message of hope for recovery to audiences around the world. Learn more about the breadth of Pat's work and additional recovery tools by visiting <http://patdeegan.com>.