

August 9, 2022

TO: All Members of the Behavioral Health Advisory Board

FROM: Elizabeth R. Stone, MA

A Peer Voice on the Ventura County Behavioral Health Advisory Board (BHAB)

TAY Committee Chairperson / Executive Committee: Member-At-Large

From: **National Council for Mental Wellbeing** <Communications@thenationalcouncil.org>

Date: Tue, Aug 9, 2022 at 8:00 AM

Subject: Integrated Care Services and Advancing Health Equity for Individuals with Intellectual and Developmental Disabilities

Tuesday, August 16, 2022
12:00 Noon – 1:00 PM (PST)

Despite much of the progress made to date, including the passage of the Americans with Disabilities Act (ADA), millions of individuals in the United States who live with some form of disability – physical, cognitive, developmental, intellectual or sensory – continue to face health disparities and challenges in accessing equitable health care.

Marginalization and a lack of understanding can inflict physical, mental and emotional challenges on people with disabilities that are difficult to manage and significantly affect their overall wellbeing and ability to access equitable care. The rate of mental health conditions among people living with intellectual and developmental disabilities (IDD) is approximately two to three times higher than the general population. People of color with IDD often face even greater challenges accessing equitable health care due to intersecting discrimination.

By providing integrated care and accessible services to people with IDD, we can advance health equity and improve health outcomes for the millions of Americans with IDD.

[Join us on Tuesday, August 16, 3-4 p.m. ET](#) for a conversation with health equity and lived experience experts who will discuss integrated care services and advancing health equity for people living with disabilities.

[Register Here!](#)

All sessions are supported by the [Center of Excellence for Integrated Health Solutions](#) (CoE-IHS), funded by a grant award from the Substance Abuse and Mental Health Services Administration (SAMHSA). If you have any questions about this session or any others in this series, contact Integration@TheNationalCouncil.org.

NATIONAL COUNCIL
for Mental Wellbeing

1400 K Street NW, Suite 400
Washington, DC 20005



Elizabeth R. Stone, MA
Project Coordinator
FIND: a.friend.in.deed
peer directed services and advocacy

CALBHB/C Quarterly Meeting/Training Invitation

Virtual by **Zoom** or **In-Person** (Chico)

August 20, 2022, 9 am - 3 pm

We invite you to register! Registration is open to local mental/behavioral health board/commission members and staff. There is no fee to register.

Please Register at: www.calbhbc.org/registration

Agenda:

- 9:00 am: CALBHB/C Opening Remarks
Benny Benavidez, President
Theresa Comstock, Executive Director
- 9:10 am: CA Behavioral Health “Planning Council” Update
Jenny Bayardo, Acting Executive Officer
- 9:30 am: Mental Health Services Oversight & Accountability Commission Update
- 10:00 am: Hmong Cultural Center Presentation
Ge Yang, Program Manager & Coua Xiong, Advocacy Coordinator
Hmong Cultural Center is an MHSOAC Stakeholder Advocacy Contractor
- 10:30 am: Peer Provider Certification Progress & Implementation in CA
Milan Fisher, Program Supervisor, Peer Certification
CA Mental Health Services Authority
- 11:00 am: CALBHB/C Presentation - Behavioral Health Continuum: Foundational Elements & Sustainable Funding for Local Communities
Theresa Comstock, Executive Director
- 11:30 am: Issue-Based Discussion - Local board/commission members are encouraged to share local successes and challenges related to mental/behavioral health. (*Additional discussion time will be provided in the afternoon.*)
- 12:00 pm: Break for lunch (Lunch will be provided to in-person attendees.)
- 1:00 pm CALBHB/C Training: How to Be An Effective Board/Commission
- 2:00 pm Issue-Based Discussion *Continued*
- 3:00 pm Adjourn

Please Register at: www.calbhbc.org/registration

The CA Association of Local Behavioral Health Boards & Commissions (CALBHB/C) supports the work of CA's 59 local mental/behavioral health boards and commissions.

www.calbhbc.org email: info@calbhbc.com [facebook/CALBHBC](https://www.facebook.com/CALBHBC) [twitter/CALBHBC](https://twitter.com/CALBHBC)

Sent on behalf of Michael Rodriguez, Chair – Behavioral Health Advisory Board

TO: All BHAB Members

Forwarding information that has been received from the California Association of Local Behavioral Health Boards and Commissions. Thank you for taking the time to read through the various information and articles that have been provided.

From: CAL BHBC <cal@calbhbc.com>

Sent: Friday, July 15, 2022 11:09 AM

To: bhabadmin <bhabadmin@ventura.org>

Subject: 988 Begins TOMORROW - Learn More: NPR Article & CALBHB/C Issue Brief

WARNING: If you believe this message may be malicious use the Phish Alert Button to report it or forward the message to Email.Security@ventura.org.

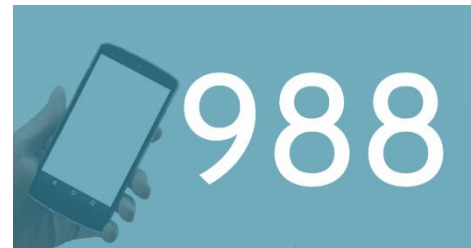


988 Behavioral Health Crisis Number Launches Nationwide Tomorrow

The 988 Behavioral Health Crisis Number is set to launch tomorrow, Saturday, July 16, 2022.

Learn More:

[988: National Public Radio \(NPR\) Article](#)
[Crisis Care Continuum Issue Brief \(CALBHB/C\)](#)



[NPR Article](#)

TRANSLATION:

Enviado en nombre de Michael Rodriguez, Presidente de la Junta Asesora de Salud conductual

PARA: Todos los miembros de BHAB

Reenvío de información que se ha recibido de la Asociación de Juntas y Comisiones Locales de Salud conductual de California. Gracias por tomarse el tiempo para leer la diversa información y artículos que se han proporcionado.

CALBHB/C supports the work of CA's 59 local Mental/Behavioral Health Boards & Commissions



California Association of Local Behavioral Health Boards and Commissions

988 Número de crisis de salud conductual se lanza mañana en todo el país

El número de crisis de salud conductual 988 se lanzará mañana, sábado 16 de julio de 2022.

Aprende más:

[988: Artículo de la Radio Pública Nacional \(NPR\)](#)

[Resumen de la edición continua de atención de crisis \(CALBHB/C\)](#)



[Artículo de NPR](#)

CALBHB/C apoya el trabajo de las 59 Juntas y Comisiones locales de Salud Mental/Conductual de CA

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California Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Summer 2022

In this Issue:

[Advocacy](#)
[Grants/Funding](#)
[Issue Briefs](#)
[Meetings](#)
[Reports & Webinars](#)
[Resources](#)

Thank you for serving on or supporting
your local board/commission!

Website: www.calbhbc.org

Email: info@calbhbc.com

Reminder: Review & Advise!

Remember that the main duties of local
mental/behavioral health boards/commissions
are to review and advise.

Related CALBHB/C resources:

[Review](#) - *New!*
[Recommendations](#)

These resources and more are provided in the
“[Best Practices Handbook](#)”
and at www.calbhbc.org

Advocacy

Local Advocacy:

“The Rules”, “The Tools” & “Tips on
addressing local leaders”:

www.calbhbc.org/advocacy

Statewide Advocacy:

CALBHB/C's Governing Board supports
legislation and budget items in response to
issues reported from CA's 59 local
mental/behavioral health boards &
commissions, providing written and
in-person advocacy. Top issues are included
in our [Annual Goals](#) document, item C.

Join with us by writing to your legislators
after reviewing "[Understanding your Role](#)"
(next page).

CALBHB/C Governing Board Legislative Positions [Sample Letters & Fact Sheets](#)

Access - Support!

[AB 32](#) Telehealth: Healthcare Access

[SB 316](#) Access: Same Day Visits

[SB 1337](#) Coordinated Care

[Medication Access Trailer Bill](#)

Children & Youth - Support!

[AB 552](#) Integrated School-Based BH

Performance - Support!

[SB 970](#): MHSA Outcome Data

Workforce - Support!

[SB 964](#) BH Workforce Revitalization

[SB 1229](#) Children & Youth BH Workforce

Oppose if Not Amended:

[AB 738](#) - Veterans Required on MH/BH Boards

Advocacy Continued:
Understanding your Role

1. **As Individuals:**
Individuals can and should write to their state legislators! Legislators especially appreciate hearing from residents within their districts.

2. **As Advisory Bodies:**
Local mental/behavioral health boards/commissions are in an advisory role. In most counties, legislative advocacy is handled through the Board of Supervisors / Executive Office. Boards/commissions may wish to recommend specific legislation to their Governing Body (in most cases Board of Supervisors) and MH/BH Director (the BH Directors also advocate through their statewide association, County Behavioral Health Directors Association (CBHDA)).

For additions/updates, sample letters and fact sheets, see: calbhbc.org/legislative-advocacy

Grants/Funding

Board & Cares

Community Care Expansion (CCE) Program

Grant: Acquisition, construction, and rehabilitation of residential care settings. DHCS and CDSS

Children & Youth

Children's Crisis Continuum Pilot Program,

The goal of the pilot is to develop a trauma-focused system of care through which intensive care, qualified supervision, and behavioral health services are provided in a home or home-like environment. Proposals are due September 23, 5 pm.

BH Continuum Infrastructure Program

Round 4: Children and Youth Grant funding to support capacity expansion for qualified behavioral health services specific to children and youth. For more information about this funding opportunity and other BHCIP rounds, please visit the Cal HHS' BHCIP website. Applications due August 31, 2022, at 5:00 p.m.

Crisis Care Continuum

BHCIP Round 5: A listening session is scheduled for August 4, from 1 p.m. to 2 p.m., and provides an opportunity for eligible applicants to offer input directly to DHCS to inform BHCIP Round 5 planning and implementation. **Registration is required.**

BH Mobile Crisis Response Services Federal Medicaid matching funds for community-based mobile crisis response services. The federal match is 85% starting April 1 for up to three years. **CHCF Article**

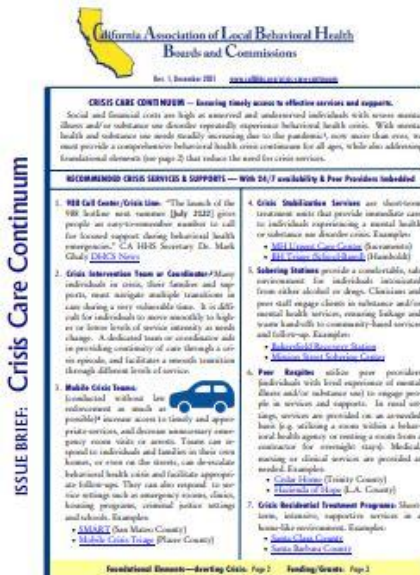
Peer Support

Medi-Cal Peer Support Specialist Certification Scholarships program for new and current peers that want to receive the Medi-Cal Peer Support Specialist Certification. Initial applications and grandparenting applications due September 30th.

Workforce

Licensed Mental Health Services Provider Education Program, Loan repayments of up to \$30,000, HCAI, Due October 31, 2022

CALBHB/C Issue Briefs



[Board & Care \(ARF or RCFE\)](#)

[Children & Youth:](#)

[Integrated School-Based BH
Transitional Age Youth \(TAY\)](#)

[Crisis Care Continuum](#)

[Criminal Justice](#)

[Disaster Prep/Recovery](#)

[Employment](#)

[LGBTQ+](#)

[Older Adults](#)

[Performance Outcome Data](#)

[Transitional Age Youth](#)

[Suicide Prevention](#)

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Meetings (Statewide)

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

Quarterly Meeting/Training
Hybrid (Zoom & In-person (Chico))
August 20, 9 am - 3 pm
[Invitation](#) [Registration](#)

California MH/BH Agency Advisories

Mental Health Services Oversight &
Accountability Commission (MHSOAC)
August 25th, [Webpage](#)

CA Health & Human Services (CA HHS)
Behavioral Health Taskforce
September 13th - [Registration](#)

CA Dept of Health Care Services (DHCS)
Behavioral Health Stakeholders Committee
October 20th - [Webpage](#)

CA Behavioral Health Planning Council (October 2022 Meetings are in Sacramento)

[Performance Outcomes](#): Oct 18, 2 pm - 5 pm
[Executive](#): Oct 19, 8:30 am -10:15 am
[Patients' Rights Committee](#): Oct 19, 10:30 am
[Children & Youth](#): Oct 19, 10:30 am - 12 pm
[Workforce and Education](#): Oct 19, 1:30pm
[Legislation](#): Oct 19, 1:30 pm - 5 pm
[Housing and Homelessness](#): Oct 20, 8:30 am
[Systems and Medicaid](#): Oct 20, 8:30 am
[General Session](#): 10/20 & 10/21

Reports & Webinars - By Topic

Access

[Increasing Access to Care](#): A CCBHC Success Story, The National Council, August 11, 1:30 pm PT

[Enhanced Care Management \(ECM\)](#): On July 1, DHCS expanded ECM for individuals and families experiencing homelessness, high utilizer adults, and adults with serious mental illness and/or substance use disorders in counties where the Whole Person Care and Health Homes Program did not previously operate. ECM addresses clinical and non-clinical needs of the highest-need enrollees through intensive coordination of health and health-related services, meeting beneficiaries where they are. [ECM webpage](#)

[No Wrong Door \(NWD\)](#): On July 1, the CalAIM NWD for Mental Health Services policy was implemented to ensure Medi-Cal beneficiaries receive mental health services immediately regardless of where they initially seek care, and that beneficiaries can continue to see the provider with whom they have built a trusted relationship. County mental health plans (MHPs) and Medi-Cal managed care plans (MCPs) have joint responsibility for implementing the NWD policy.

Also as of July 1, Medi-Cal beneficiaries are able to receive covered mental health services provided during the assessment period, even prior to a diagnosis and even if the assessment ultimately indicates they are best served in another delivery system; access mental health care even if they have a co-occurring substance use disorder; and receive mental health services concurrently from both MCP and MHP providers, provided the services are coordinated and not duplicative.

Access Continued

[Medi-Cal Asset Test](#): Assembly Bill (AB) 133 (2021) authorizes a two-phased approach to eliminate the asset test for all non-Modified Adjusted Gross Income (MAGI) Medi-Cal programs, including long-term care and the Medicare Savings Programs. Phase I was implemented on July 1, which increased asset limits to \$130,000 per person and \$65,000 per additional person being evaluated. DHCS published the Medi-Cal Eligibility Division Information Letter (MEDIL) (22-02), which provides counties, advocacy groups, and other partners with global outreach messaging to use in their outreach activities regarding the increased asset limits. Phase II is scheduled for implementation on January 1, 2024, and will eliminate the asset test.

Children & Youth

[Transition Age Youth Listening Sessions](#), MHSOAC, [August 2nd, 4 pm](#) and [August 4th, 12 pm](#)

[Children's Mental Health Virtual Panel](#) Topics: Stronger school-based approaches; more support for healthy family systems; and trauma-informed practices in the face of violence and social divisiveness. The Kennedy Forum Illinois, August 8, 4 pm (PDT)

[Pulling Back the Curtain on Successful \[SUD\] Prevention Campaigns](#) to better engage youth and youth-serving adults, August 31, 11 am PT

["Hiding in Plain Sight: Youth Mental Illness,"](#) Documentary streaming on PBS free video on demand.

[Free Youth Vaping Cessation Program](#), Enrollment begins November 1, 2022 for ages 13-17, www.QuitTheHitCA.com

Criminal Justice

[Deflection, Diversion and Mental Health Recovery: A Systems Approach and DEI Practice Perspective](#), Mental Health America and SAMHSA

Crisis Care Continuum

[The new 988 mental health hotline is live. Here's what to know](#), NPR Article

Behavioral Health Continuum Infrastructure Program (BHCIP) Round 5: Crisis

Continuum Listening Session. August 4, from 1:00 pm – 2:00 pm. DHCS is preparing for its fifth round of BHCIP grant funding that would provide \$480 million for crisis-focused behavioral health infrastructure projects. Stakeholders and potential applicants are invited to attend the listening session as Information and policy questions specific to BHCIP Round 5: Crisis Continuum will be presented and written or verbal responses will be collected. [Registration](#)

Culture, Race, Ethnicity

[Setting a Goal for a More Diverse Workforce](#)
The National Council

[Overdose Death Data Shows Striking Disparities in Minority Groups](#), CDC Report

[CMS Proposes Rule to Promote Non-discrimination in Health Plans](#), US HHS

Employment (Vocational Rehabilitation)
[Moving the Employment Needle to Quality](#) - Learn how engagement and partnership among vocational rehabilitation and behavioral health agencies is moving the employment needle to quality. [Podcast](#).

LGBTQ+

[CMS Proposes Rule to Promote Non-discrimination in Health Plans](#), US HHS

Parity

[New HHS Mental Health and SUD Benefit Resources](#)

Peer Providers

[Peer Support & Lived Experience in Substance Use Treatment and Recovery](#), PCSS Recording

[Medi-Cal Peer Support Specialist Certification](#), CalMHSA Website

Substance Use Disorder (SUD)

[Fighting Fentanyl: The Federal Response to a Growing Crisis](#), U.S. Senate Committee on Health, Education, Labor & Pensions

[Pulling Back the Curtain on Successful Prevention Campaigns](#) to better engage youth and youth-serving adults, August 31, 11 am PT

[Study on Methadone Take-home Policy](#) finds that the temporary methadone regulations implemented in the beginning of the COVID-19 pandemic appear to be safe and effective. CDC and NIH Study

[Overdose Prevention Strategy](#), US HHS

[Peer Support & Lived Experience in Substance Use Treatment and Recovery](#), PCSS Recording

[Harm Reduction in Social Work Practice with Substance Use and Misuse](#), PCSS Recording

Suicide Prevention

[Healing After Suicide Loss Summit](#) - The purpose of the summit is to equip practicing mental health professionals with global best-practice knowledge and skills on suicide prevention, thereby making a tangible reduction on suicide rates. August 19 - 21, American Association of Suicidology
[Registration is Free](#)

Telehealth

[Innovations in Telehealth in Behavioral Health During COVID-19](#) features an extensive review of what's working, what's not, and how to reduce remaining barriers, National Council for Mental Wellbeing [Report & Webinar](#)

[Improving Telehealth for SUD](#), Legislative Analysis and Public Policy Association Report

Trauma-Informed Care

[Historical & Intergenerational Trauma and Resiliency](#) learning series explores impacts on individuals and communities, and how to shift work toward a trauma-informed, resilience-oriented model. August 29, 10 am

Veterans

[House Veterans Hearing Highlights Importance of Telehealth](#), House Veterans' Affairs Subcommittee on Health

[CA Veterans Health Initiative to Combat Suicide and Address Mental Health](#), CalVet

Workforce

[Workforce Crisis & Diversity, Equity & Inclusion Workforce Issue Briefs](#), The National Council & Health Management Associates

[Setting a Goal for a More Diverse Workforce Article](#), The National Council

Resources for Boards/Commissions

[Best Practices Handbook](#)

[Brown Act Guide](#)

[Public Emergency Allowances](#)

[Conduct](#)

[Cultural Relevance](#)

[Hybrid Meetings](#)

[Mental Health Services Act](#)

- Role of MHB/C
- Fiscal
- [Community Program Planning](#)

[News/Issues](#)

[Performance Outcome Data](#)

[Recommendations](#)

[Review](#) - Key Considerations & Roles

[Templates/Sample Docs](#)

- Annual Reports
- Recommendations
- Recruitment
- Site Visits

[And More!](#)

[Welfare & Institutions Code](#)

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHS Community Planning

[Training: Modules](#)

- Duties
- Ethics Training
- Mental Health Services Act

[Training: Presentations/Recordings](#)

- Chair Training
- Performance Data & Fiscal Info
- Mental Health Board
- MHS Community Program Planning / Community Engagement
- Unconscious Bias

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our [Annual Report](#). We invite you to evaluate us by taking a few minutes to complete: [Evaluate CALBHB/C](#).

Report to Us!

Let us know your top issues and/or resource needs: [Report to CALBHB/C](#)

Contact Us!

info@calbhbc.com www.calbhbc.org

Follow CALBHB/C: www.twitter.com/CALBHBC www.facebook.com/CALBHBC

For ADA compliant or printed copies of CALBHB/C documents and resources, contact cal@calbhbc.com

The CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C) supports the work of CA's 59 local mental/behavioral health boards & commissions.

08/10/22

From:

Elizabeth R. Stone, MA

A Peer Voice on the Ventura County Behavioral Health Advisory Board (BHAB)

TAY Committee Chairperson

Executive Committee: Member-At-Large

Friday, Sept. 23, 2022

6 PM - 8 PM

Oxnard Performing Arts Center

800 Hobson Way, Oxnard, CA 93030

Outdoor Event. Please dress accordingly.

Humanizing. Hopeful. Heartbreaking. Honest.

Join us for a night of storytelling closing out OPAC's two-year programming series, CLOSE TO HOME: A Community Conversation Spotlighting the People, Places + Perspectives Surrounding Homelessness. Directed by Juliana Acosta + portrayed by local actors, Stories from the Street profiles the experiences of unsheltered residents in Ventura County as told to + transcribed by writer Craig Rosen.

Free + open to the public. Light refreshments provided.

www.oxnardperformingarts.com/stories-from-the-street.html



Stories from the Street

STORIES FROM THE STREET

"recurrent crises are more appropriately regarded as a failure in the partnership to achieve the desired outcomes of care ... and signal a need for a fresh and careful reappraisal of approaches." SAMHSA, 2009

July 19, 2022

TO: All BHAB Members

FROM: Elizabeth R. Stone

From: MHSOAC Communications <communications@mhsoc.ca.gov>

To: "mhsoc_listserv@listserv.state.ca.gov" <mhsoc_listserv@listserv.state.ca.gov>

Sent: Friday, July 15, 2022, 04:34:24 PM PDT

Subject: MHSOAC Update: Save the Date - Transition Age Youth Listening Sessions on August 2nd and 4th



SAVE THE DATE
Transition Age Youth
Listening Sessions

Tuesday, August 2, 2022
Time: 4:00 PM – 5:30 PM

Thursday, August 4, 2022
Time: 12:00 PM – 1:30 PM

Locations

Zoom Access: Zoom link will be provided

In-Person: 1812 9th Street, Sacramento, CA 95811

The Commission will be hosting two listening sessions on Tuesday, August 2nd and Thursday, August 4th to gather information from Transition Age Youth (TAY), adult allies, and youth-serving organizations on the most effective approaches for advocacy on behalf of the mental health needs of TAY. These listening sessions will inform the Commission's upcoming solicitation for a statewide organization to work with TAY to enhance local participation, voice, and empowerment through advocacy, education, and outreach efforts.

These listening sessions will be hybrid meetings to allow for both virtual attendance via Zoom and in-person attendance at the MHSOAC office. Additional materials for each listening session will be posted prior to the meetings.
