



# MENTAL HEALTH SERVICES ACT (MHSA) COMMUNITY PLANNING PROCESS

Come and hear what the community has to say about mental health. We welcome you to participate in the Community Planning Process and will be reviewing the results of the Ventura County Community Needs Assessment.

## JOIN US IN-PERSON

Oxnard

**TUESDAY, NOVEMBER 29**  
**6:00PM – 7:30PM**

*The Board Room at the Oxnard School District  
1051 South A Street, Oxnard*

Register at: [www.vcbh.org/mhsa5](http://www.vcbh.org/mhsa5)



## OR JOIN US ONLINE VIA ZOOM

**TUESDAY, NOVEMBER 29**  
**1:00PM – 2:30PM**

Register at: [www.vcbh.org/mhsa7](http://www.vcbh.org/mhsa7)



Santa Paula

**WEDNESDAY, NOVEMBER 30**  
**6:00PM – 7:30PM**

*Community Center in Santa Paula  
530 W Main St, Santa Paula*

Register at: [www.vcbh.org/mhsa6](http://www.vcbh.org/mhsa6)



**WEDNESDAY, NOVEMBER 30**  
**1:00PM – 2:30PM**

Register at: [www.vcbh.org/mhsa8](http://www.vcbh.org/mhsa8)



To register by email:  
[mhsa@ventura.org](mailto:mhsa@ventura.org)

Interpretation and childcare  
available upon request.



***Approved for distribution to all BHAB members by Michael Rodriguez, Chair – Behavioral Health Advisory Board at the request of Elizabeth R. Stone.***

Below is information from the Depression and Bipolar Support Alliance (DBSA) who will offer online support groups for teens age 14-17 living with mood disorders such as depression or bipolar disorder. Support groups for teens will take place virtually twice a week:

Mondays at 3:30 PM (PST)

Wednesday at 4:30 PM (PST)

To learn more and join, please see the details that are provided.

Elizabeth R,

For more than 35 years, the Depression and Bipolar Support Alliance has been a place for adults living with depression and bipolar disorder to share support and understanding.

Now, DBSA is launching a pilot program to make that same support and understanding available to teenagers.

According to the Centers for Disease Control and Prevention, more than one in three high school students had experienced persistent feelings of sadness or hopelessness in 2019, and approximately one in six youth reported making a suicide plan in the past year.

DBSA now offers **online support groups for teens age 14-17** living with mood disorders such as depression or bipolar disorder. Support groups for teens will take place virtually twice a week on **Mondays at 5:30 p.m. CDT and Wednesdays at 6:30 p.m. CDT.**

Space is limited. To apply to join a teen support group, fill out the application and follow the instructions.

[Learn more](#)

## **DBSA Teen Council**

The DBSA Teen Council is a group of high school students (ages 15-18) that meet with DBSA each month to discuss issues impacting teen mental health, particularly for those living with depression or bipolar disorder. The group advises DBSA on the types of resources teens need to support mental wellness and creates its own resources to share with the DBSA community.

Interested in joining the DBSA Teen Council? If you are a teen, age 15-18, who is interested in joining the DBSA Teen Council, please fill out the application.

[Join the Teen Council](#)

11/10/22

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## **Behavioral Health Stakeholder Advisory Committee (BH-SAC) Special Webinar to Solicit Feedback on Medicaid Section 1115 Concept Paper**

On November 15, from 11:30 a.m. to 12:30 p.m., DHCS will virtually host a special [public stakeholder meeting \(join webinar at scheduled time\)](#) to solicit stakeholder feedback for an upcoming concept paper on DHCS' intent to apply for a new [Medicaid Section 1115 demonstration](#). This demonstration will expand access to and strengthen the continuum of community-based mental health services for Medi-Cal members living with serious emotional disturbance or mental illness. It will also amplify California's ongoing behavioral health initiatives, and be informed by findings from DHCS' 2022 [Assessing the Continuum of Care for Behavioral Health Services in California](#). Meeting materials for the November 15 meeting will be posted to the [BH-SAC webpage](#) as they become available. Questions about the BH-SAC may be directed to [BehavioralHealthSAC@dhcs.ca.gov](mailto:BehavioralHealthSAC@dhcs.ca.gov).

Elizabeth R. Stone, MA  
A Peer Voice  
on the Ventura County Behavioral Health Advisory Board (BHAB)  
TAY Committee Chairperson  
Executive Committee: Member-At-Large

### **TRANSLATION:**

## **Seminario web especial del Comité Asesor de Partes Interesadas de Salud del Comportamiento (BH-SAC) para solicitar comentarios sobre el documento conceptual de la Sección 1115 de Medicaid**

El 15 de noviembre, de 11:30 a.m. a 12:30 p.m., DHCS organizará virtualmente una reunión pública especial de partes interesadas ([únase al seminario web a la hora programada](#)) para solicitar comentarios de las partes interesadas para un próximo documento conceptual sobre la intención de DHCS de solicitar una nueva demostración de la [Sección 1115 de Medicaid](#). Esta demostración ampliará el acceso y fortalecerá la continuidad de los servicios de salud mental basados en la comunidad para los miembros de Medi-Cal que viven con trastornos emocionales graves o enfermedades mentales. También amplificará las iniciativas de salud conductual en curso de California y se basará en los hallazgos de la Evaluación de la continuidad de la atención para los servicios de salud conductual en California 2022 del DHCS. Los materiales de la reunión para la reunión del 15 de noviembre se publicarán en la página web de BH-SAC a medida que estén disponibles. Las preguntas sobre el BH-SAC pueden dirigirse a [BehavioralHealthSAC@dhcs.ca.gov](mailto:BehavioralHealthSAC@dhcs.ca.gov).

Elizabeth R. Stone, MA  
Una voz de pares  
en la Junta Asesora de Salud del Comportamiento del Condado de Ventura (BHAB)  
Presidente del Comité TAY  
Comité Ejecutivo: Miembro General

### **Vickie Poliquin**

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