

DeLeon, Jakeline

From: bhabadmin
Sent: Monday, November 27, 2023 3:07 PM
Subject: VC Suicide Prevention Council Meeting 12/13/23 @ 2pm
Attachments: VC SP Council - Dec 2023 Agenda - Engl.pdf; VC SP Council - December 2023 Agenda - Span.pdf

Approved for distribution to all BHAB Members by Janis Gardner, Chair – Behavioral Health Advisory Board.

Good afternoon,

I hope all is well and you had a great weekend.

Please see the attachment above for the upcoming Suicide Prevention Council meeting.

Aprobado para su distribución a todos los miembros de BHAB por Janis Gardner, Presidenta de la Junta Asesora de Salud del Comportamiento.

Buenas tardes,

Espero que todo este bien y hayas tenido un buen fin de semana.

Por favor consulte el archivo adjunto de arriba para conocer la próxima reunión del Consejo de Prevención del Suicidio.

Gracias.

Thank you,

Jakeline(Jaky)De Leon

BHAB Management Assistant

Ventura County Behavioral Health Administration

Phone: (805) 981-6832 | (805) 981-1881

Email: jakeline.deleon@ventura.org

1911 Williams Dr., Suite #200

Oxnard, California 93036

Pronouns: She/Her/Ella <https://pronouns.org/>



VENTURA COUNTY SUICIDE PREVENTION COUNCIL

MEETING AGENDA • WEDNESDAY, DECEMBER 13, 2023

ZOOM LINK

Meeting ID: 961 7046 1357

Passcode: 765584

Dial-in: 669 900 6833

[Click to join Zoom meeting](#)

IN-PERSON MEETING SITE

VCBH 1911 Williams Drive Oxnard, CA 93036

Large Training Room, 1st floor

- Parking is available behind the building
- Enter through the “F” Door Entrance, 3rd door to the left

2:00 PM MEETING STARTS: Welcome, introductions, housekeeping items

2:10 PM GUEST SPEAKER

VETERAN MENTOR PROJECT, INC. • James Espinoza, President, CEO & Co-Founder

The Veteran Mentor Project is a prevention and early intervention program designed to help veterans and first responders adjust to life after service. This can mean support in establishing a healthy routine, dealing with mental health issues or diagnosis, building new communities, or finding a career. Having the support of a mentor, in a non-clinical setting, and an organization can help reduce the risk of suicide, reduce risky substance abuse, and ensure that we have fewer veterans slipping through the cracks between the mental health agencies and VA systems of care. The board is made up of veterans and first responders all committed to running and organization for us and by us.

3:10 PM COUNCIL UPDATES

- 1. Mental Health Services Act (MHSA) Community Planning Process**
 - 2. Seeking Innovation Project Submissions for \$1-3 Million Mental Health Grants**
 - 3. Suicide Prevention Gatekeeper Trainings**
 - 4. Strategic Plan Update**
-

3:30 PM ANNOUNCEMENTS

- State your name, and if applicable, agency/organization. Share information re: upcoming events, volunteer opportunities, workshops, concerns, suggestions, etc.
 - Feel free to pass out flyers, brochures, etc. or place on the resource table.
 - 2-3 minutes per person allowing equitable & inclusive opportunities for all speakers
-

4:00 PM ADJOURN: Informal networking may continue until 4:30 pm.

VENTURA COUNTY SUICIDE PREVENTION COUNCIL

Together We Can Make a Difference

VISION

Ventura County Suicide Prevention Council is comprised of countywide stakeholders who are dedicated to reducing suicides by offering help and hope to people of every culture, gender, and socioeconomic group throughout their lifespans.

MISSION

Our purpose is to promote help and hope to everyone at risk or affected by suicide. We engage in collaborative dialogue to raise public awareness, identify resources, and provide education, and we strive to support innovative suicide prevention and intervention initiatives.

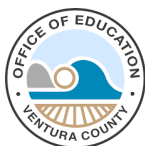
JOIN US

If you are interested in joining the Ventura County Suicide Prevention Council, to request a presentation, training, and/or for more information, please email:

MHSA@ventura.org

UPCOMING 2024 BIMONTHLY MEETINGS

- Wednesdays from 2PM to 4PM
- February 14th, April 10th, June 12th, August 14th, October 9th
- **All Meetings Held In-Person & Virtually**



DeLeon, Jakeline

From: bhabadmin
Sent: Monday, November 27, 2023 3:36 PM
Subject: FW: NOTICE OF PUBLIC HEARING re: General Plan Conveyance Regarding Open space/Oil, pipeline and trucking transport

Approved for distribution to all BHAB Members by Janis Gardner, Chair – Behavioral Health Advisory Board.

Good afternoon,

Please see the information below for the Notice of Public Hearing for PL23-0113.

TRANSLATION:

Aprobado para su distribución a todos los miembros de BHAB por Janis Gardner, Presidenta de la Junta Asesora de Salud del Comportamiento.

Buenas tardes,

Por favor consulte la información a continuación para conocer el aviso de audiencia pública para PL23-0113.

Gracias.

Thank you,

Jakeline (Jaky) De Leon

BHAB Management Assistant

Ventura County Behavioral Health Administration

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Oxnard, California 93036

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that gases emitted from all new discretionary oil and gas wells be collected and used or removed for sale or production, flaring or venting is allowed in cases of emergency or and for testing purposes consistent with federal, State, and local laws.

challenged the adoption of the General Plan.

Environmental Impact Report.

(805) 654-2493 or by e-mail to Shelley.Sussman@ventura.org The Planning Commission staff report will be available on the Planning Commission website.

ing options:

It is **strongly encouraged that they be submitted by 3:30 p.m. two days prior to the hearing (December 5, 2023)** commenting. Your email will be distributed to the Planning Commissioners and placed into the item's administrative record.

Present at the meeting location and provide your comment prior to the close of the public comment period for the item you wish to speak on.

[Public Comment - Commission Hearings](#) before the close of the public comment period for the item you wish to speak on. Please provide your comment and a Zoom meeting ID and password. The participation information is unique to you; please do not share as it may cause issues with your ability to participate. Public hearings are scheduled to occur on November 21, 2023, at 5:00 p.m.

If you wish to participate in the hearing using video, you can receive Zoom credentials by registering at: <https://vcrma.org/en/public-comment>. The credentials will be sent once your registration has been approved. You can then watch the meeting in Spanish through the Spanish Channel.

Present before the Ventura County Board of Supervisors on a future date. Any person may attend and be heard on this matter by presenting comments in written correspondence delivered to the County of Ventura at, or prior to, the public hearing.

Requesting an accommodation for the agenda, or to participate in a hearing of the Planning Commission per the Americans with Disabilities Act, may obtain accommodations by calling (805) 654-2478. Any such request for accommodation should be made at least 48 hours prior to the scheduled hearing for the item.

For more information, please contact the Case Planner to confirm the public hearing date one day prior.

COMISIÓN DE PLANEAMIENTO DE VENTURA INICIÓ ENMIENDAS A LAS POLÍTICAS DEL PLAN GENERAL DEL CONDADO DE VENTURA COS-7.7 Y COS-7.8

El Condado de Ventura llevará a cabo una audiencia pública, según lo dispuesto por la ley, **el jueves 7 de diciembre de 2023 a las 5:00 p.m.** en el Centro Comunitario de Ventura para la continuación.

La audiencia se realizará en persona como a través de Zoom. Para saber cómo puede asistir electrónicamente a la audiencia de la Comisión de Planeamiento, visite el sitio web de la Comisión de Planeamiento.

as a dos políticas en el Plan General 2040 del Condado (Plan General), que fue aprobado por la Junta de Supervisores Abiertos (COS por sus siglas en inglés) del Plan General (el Proyecto).

zo del entorno de espacios abiertos naturales y desarrollados no incorporados del Condado de Ventura. Dentro de en la zona no incorporada del Condado de Ventura. Para guiar a los tomadores de decisiones del Condado en el lo

los nuevos pozos petroleros discrecionales utilicen tuberías para transportar petróleo y agua producida; el petróleo

s gases emitidos por todos los nuevos pozos discrecionales de petróleo y gas se recopilen y se utilicen o se retiren p

ón para los impactos de los recursos minerales que se incluyeron en el Informe Final de Impacto Ambiental para el F ícas COS-7.7 y COS-7.8 para que se lean en formato legislativo de la siguiente manera:

o exigirá que los nuevos pozos petroleros discrecionales utilicen tuberías para transportar petróleo crudo y a nitirse si elproponente demuestra que transportar el petróleo y el agua producida a travésde oleoductos no es factible, estatales y locales.

rá que los gases emitidos por todos los nuevos pozos discrecionales de petróleo y gas se recopilen y utilicen o retiren factible. Además, se permite la quema o venteo en casos de emergencia e y para fines de prueba de acuerdo con

as que impugnaron la adopción del Plan General.

condado de Ventura 2040.

os, Shelley Sussman, al (805) 654-2493 o por correo electrónico a Shelley.Sussman@ventura.org. El informe del p on, una semana antes de la audiencia pública.

ar comentarios públicos o participar en la audiencia pública utilizando las opciones que se encuentran en nuestro

llevará a cabo una audiencia pública ante la Junta de Supervisores del Condado de Ventura. Cualquier persona p persona plantearon en la audiencia pública descrita en este aviso, o en correspondencia escrita entregada al Conda

tra discapacidad para revisar una agenda o participar en una audiencia de la Comisión de Planificación según la Le South Victoria Avenue, Ventura CA 93009, o llamando al (805) 654-2478. Cualquier solicitud de adaptación debe re

que se comunique con el Planificador de Casos para confirmar la fecha de la audiencia pública un día antes.

DeLeon, Jakeline

From: bhabadmin
Sent: Friday, December 1, 2023 4:23 PM
Subject: FW: MHSA Event/Newsletter/Innovation Ideas

Approved for distribution to all BHAB Members by Janis Gardner, Chair – Behavioral Health Advisory Board.

To BHAB Members and participants-

Please scroll below to see how to submit an Innovation Project Plan to MHSA, prior to February 12, 2024.

Best regards,

Janis

TRANSLATION:

Aprobado para su distribución a todos los miembros de BHAB por Janis Gardner, Presidenta de la Junta Asesora de Salud del Comportamiento.

A los miembros y participantes de BHAB:

Desplácese a continuación para ver cómo enviar un Plan de Proyecto de Innovación a MHSA, antes del 12 de febrero de 2024.

Saludos,

Janis

Best,

Jakeline (Jaky) De Leon

BHAB Management Assistant

Ventura County Behavioral Health Administration

Phone: (805) 981-6832 | (805) 981-1881

Email: jakeline.deleon@ventura.org

1911 Williams Dr., Suite #200

Oxnard, California 93036

Pronouns: She/Her/Ella <https://pronouns.org/>



From: Janis Gardner <janis@panacea-ent.com>

Sent: Thursday, November 30, 2023 12:06 PM

To: bhabadmin <bhabadmin@ventura.org>

Subject: MHSA Event/Newsletter/Innovation Ideas -

WARNING: If you believe this message may be malicious use the Phish Alert Button to report it or forward the message to Email.Security@ventura.org.

Hi Jaky- Please send the following with my note. Ty. Janis

To BHAB Members and participants-

Please scroll below to see how to submit an Innovation Project Plan to MHSA, prior to February 12, 2024. Best regards,

Janis

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Together Wepr Can Make a Difference

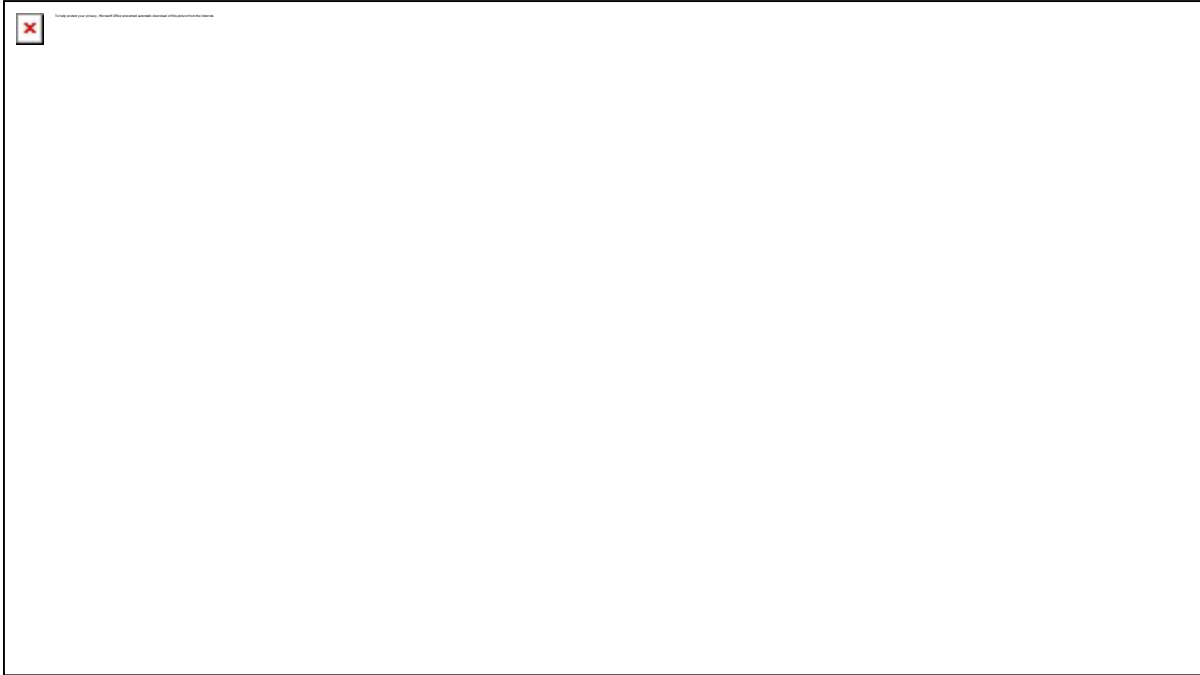
OCTOBER / NOVEMBER 2023

Coping with Tragic Events

tragic and distressing events. During these times, it's important to keep track of your mental well-being and not

the news and social media. Participate in meaningful activities that help you stay active and connected with other

courages residents to call the Crisis & Referral Line. The line is available 24 hours a day, 7 days a week. Help is av



Spanish?

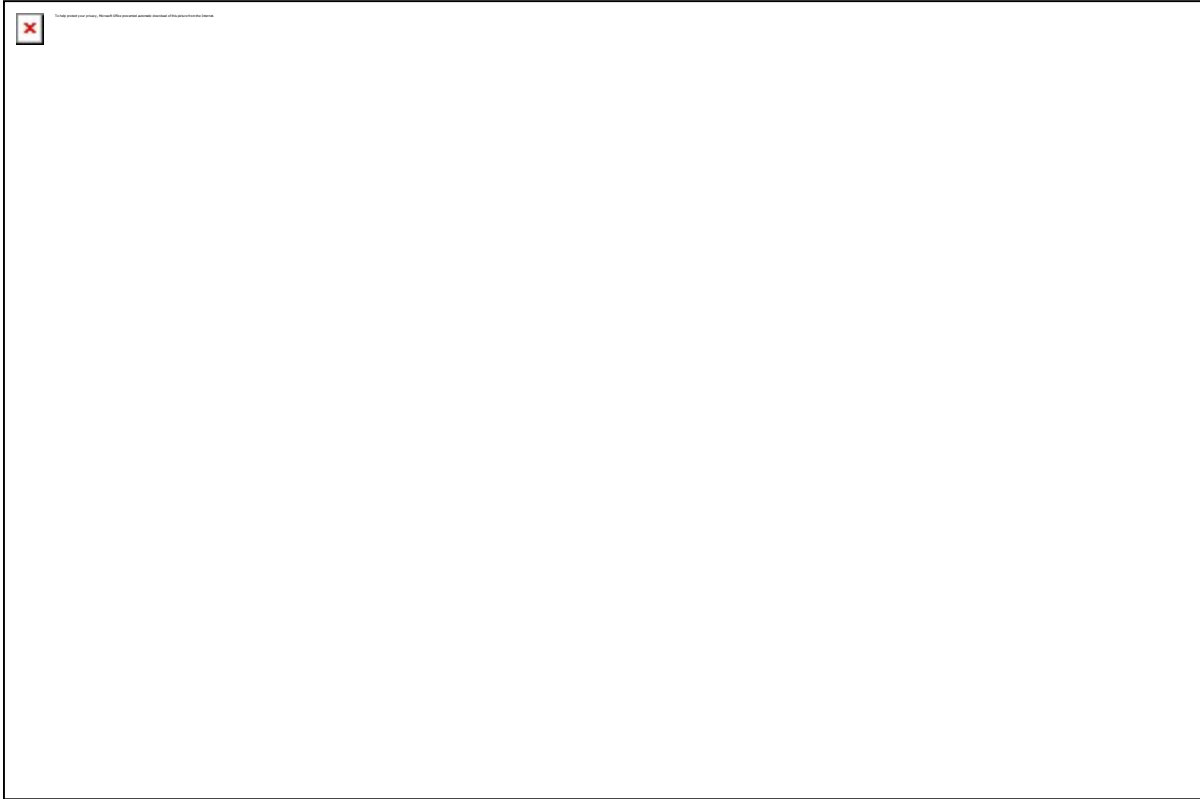
Sí / Yes

No



Event Highlight: From Darkness to Hope and Healing, VCBH's 9th Annual Suicide Prevention

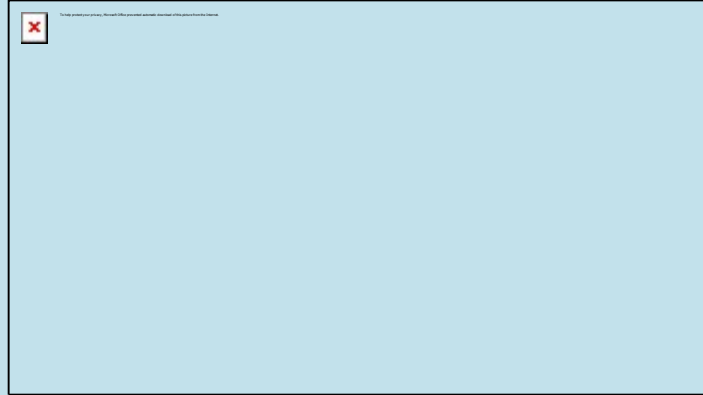
...ring Arts Center on Tuesday, Sept. 12, 2023 was a huge success. The event featured opening remarks by VCBH A...
...s the keynote speaker and shared his own powerful experience with a family member's suicide and the impact th...



...vention topics, as well as breathing and relaxation exercises and a live audience poll. Read more about the even...

...volunteering at this year's event and contributing to the success of the event! The TAY team is comprised of 5 em...
...d Nathan for all your help and hard work!

Call for Submissions: MHSA Innovation Projects



Do you have a fresh idea for improving mental health services in our community?

Learn about priority populations and how to submit a project plan.

SHARE YOUR IDEA BEFORE FEBRUARY 12, 2024

[Learn more →](#)

[Submit your project plan →](#)

Partner Spotlight: Ventura County Law Enforcement Crisis Intervention Team (CIT)

...due to a mental health concern as well as to assess and assist those persons in the most effective and compassionate manner possible, in coordination with law enforcement, mental health professionals, and other agencies.

...Sheriff's Office and funded by collaborative agreements with Oxnard Police, Ventura Police, Simi Valley Police, Pomona Police, and other law enforcement agencies, public safety dispatchers, and selected personnel to facilitate positive outcomes and reduce use of force.

Get Help Now

Is anyone in immediate danger? Call 911 and ask for a CIT Officer

Talk with someone local now:
VCBH Crisis & Referral Line
1-866-998-2243 • www.VCBH.org
Free • Confidential • 24/7

Or call the national support line:
988 Suicide & Crisis Lifeline
Call, text, or TTY: 988
Web Chat: www.988lifeline.org
Free • Confidential • 24/7

Need information and resources related to health and social services support?
Call, click or text: 211
Interface 211 Ventura County

Ventura County Suicide Prevention Council

Upcoming Bimonthly Meetings

- December 13th, February 14th, April 10th
 - All meetings 2PM to 4PM
 - **Meetings Held In-Person & Virtually**

[Download the December Meeting's Agenda →](#)

[Download Spanish Agenda →](#)

Join us

MHSA@ventura.org

...s who are dedicated to reducing suicides by offering
...nic group throughout their lifespans.

Our purpose is to promote help and hope to everyone,
awareness, identify resources, and provide education,



Funding is made through Ventura County Behavioral Health, Mental Health Services Act

*Information provided, and services contained on this communication does not constitute endorsement.
If you'd like to announce an event for consideration, please contact: mhsa@ventura.org*

STAY CONNECTED



Ventura County Behavioral Health | 1911 Williams Drive, Oxnard, CA 93036

Unsubscribe_janis@panacea-ent.com

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by mhsa@ventura.org

TRANSLATION:

|

Juntos, WePR puede marcar la diferencia

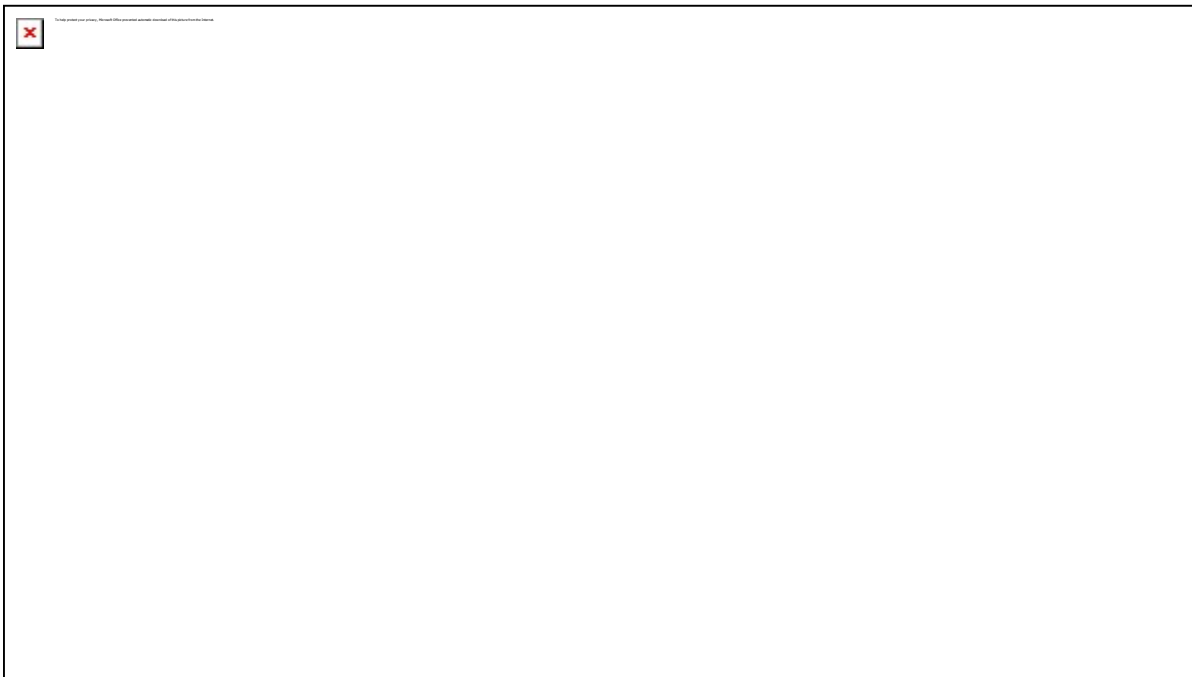
OCTUBRE / NOVIEMBRE 2023

Cómo hacer frente a los acontecimientos trágicos

tos trágicos y angustiosos. Durante estos momentos, es importante hacer un seguimiento de su bienestar mental
nsos periódicos de las noticias y las redes sociales. Participe en actividades significativas que lo ayuden a mantene
momentos difíciles.

do de Ventura alienta a los residentes a llamar a la Línea de Crisis y Referencias. La línea está disponible las 24 h

cragic-
NTY3Nzk1ZTZlZWl6Njo2NmJhOjg2ZTNiYzZhMDU2MTlwYTA4ZmYzYjAwNzkwZGM0OGZkNGJlZjBkMDZiMmRiNjY



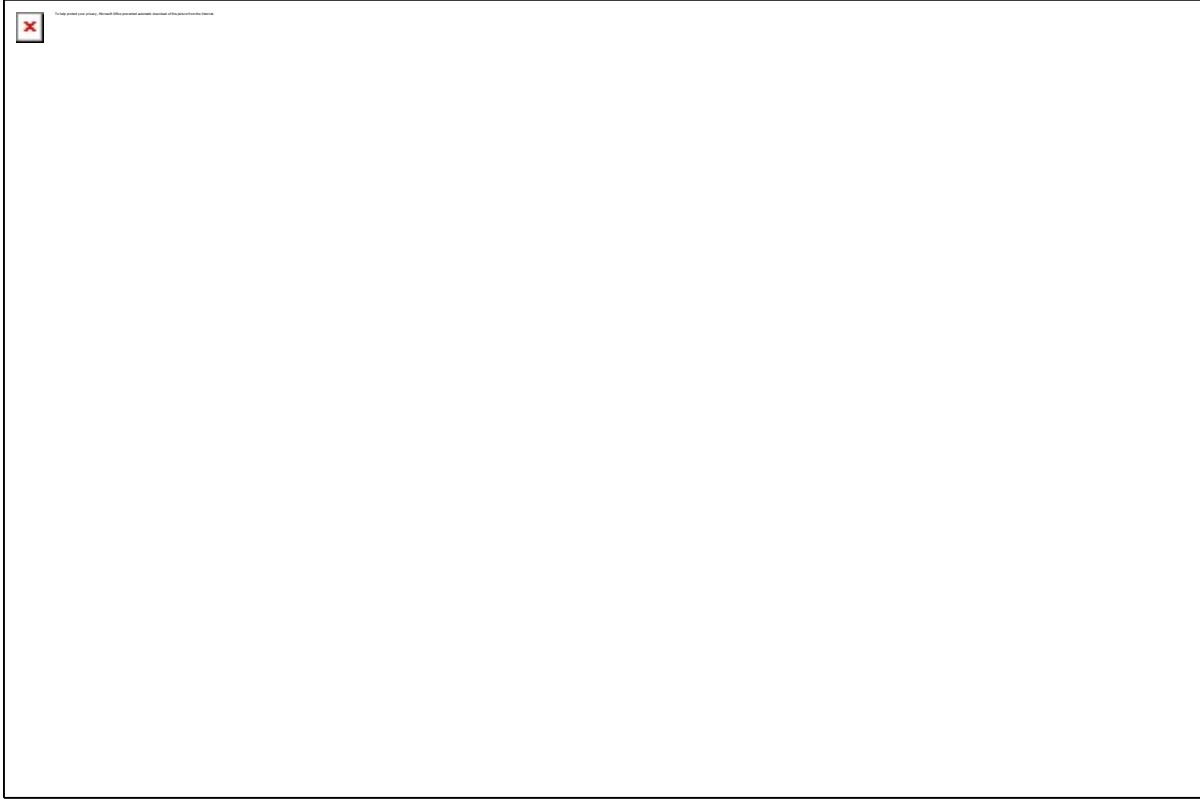
Spanish?

Sí / Yes

No

**Lo más destacado del evento:
esperanza y la curación, 9º Foro Anual de Prevención del**

Escénicas de Oxnard College el martes 12 de septiembre de 2023, fue un gran éxito. El evento contó con las palabras del Director de Desarrollo y Defensa de la Juventud, fue el orador principal y compartió su propia experiencia con el suicidio.



mental y prevención del suicidio, así como ejercicios de respiración y relajación y una encuesta de audiencia en vivo (3)

(TAY) por ofrecerse como voluntarios en el evento de este año y contribuir al éxito del evento! El equipo de TAY agradece a Chris, Ella, Gianni, Jenna y Nathan por toda su ayuda y arduo trabajo!

Convocatoria para la presentación de propuestas: Proyectos de

Innovación de MHSA



¿Tiene una idea fresca para mejorar los servicios de salud mental en nuestra comunidad?

Infórmese sobre las poblaciones prioritarias y cómo presentar un plan de proyecto.

COMPARTE TU IDEA ANTES DEL 12 DE FEBRERO DE 2024

[Más información →](#)

[Envíe su plan de proyecto →](#)

Socio destacado: Equipo de Intervención en Crisis (CIT) de las Fuerzas del Orden del Condado de Ventura

crisis debido a un problema de salud mental, así como para evaluar y ayudar a esas personas de la manera más efectiva. Este programa trabaja en colaboración con la Oficina del Sheriff del Condado de Ventura y otras agencias.

Este programa es financiado por la Oficina del Sheriff del Condado de Ventura y financiado por acuerdos de colaboración con la Policía de Oxnard y el Condado de Ventura. El Programa CIT brinda capacitación especializada a los socorristas, despachadores de seguridad y personal de apoyo.

Obtenga ayuda ahora

¿Hay alguien en Peligro inmediato? Llame al 911 y pida un Oficial de CIT

Hable con alguien local ahora:
Línea de Crisis y Referencia de VCBH
1-866-998-2243 • www.VCBH.org
Gratis • Confidencial • 24/7

O llame a la línea de apoyo nacional:
988 Línea de Prevención del Suicidio y Crisis
Llame, envíe un mensaje de texto o TTY: 988
Chat web: www.988lifeline.org
Gratis • Confidencial • 24/7

¿Necesita información y recursos relacionados con el apoyo de los servicios sociales y de salud?
Llama, haz clic o envía un mensaje de texto: 211
Interfaz 211 Condado de Ventura

Consejo de Prevención del Suicidio del Condado de Próximas reuniones bimestrales Ventura

- 13 de diciembre, 14 de febrero, 10 de abril
- Todas las reuniones de 2 p.m. a 4 p.m.
- **Reuniones presenciales y virtuales**

Descargue la agenda de la reunión de diciembre →

Descargar Agenda Española →

Únete a nosotros

ventura,
víe un correo electrónico a: MHSA@ventura.org

partes interesadas de todo el condado que se dedican
s, géneros y grupos socioeconómicos a lo largo de sus

Nuestro propósito es promover la ayuda y la espera
diálogo colaborativo para aumentar la conciencia
iniciativas innova



La financiación se realiza a través de la Ley de Servicios de Salud Mental y Salud Conductual del Condado de Ventura

*La información proporcionada y los servicios contenidos en esta comunicación no constituyen una aprobación.
Si desea anunciar un evento para su consideración, comuníquese con: mhsa@ventura.org*

MANTENTE CONECTADO



DeLeon, Jakeline

From: bhabadmin
Sent: Tuesday, December 5, 2023 2:21 PM
Subject: Flyer for the 2024 Youth Town Hall
Attachments: Youth Town Hall Save the Date 2024.pdf; Span-Youth Town Hall Save the Date 2024.pdf

Approved for distribution to all BHAB Members by Janis Gardner, Chair – Behavioral Health Advisory Board.

Good afternoon,

I hope all is well.

Please see the attached flyer from the City of Simi Valley for a Youth Town Hall.

Aprobado para su distribución a todos los miembros de BHAB por Janis Gardner, Presidenta de la Junta Asesora de Salud del Comportamiento.

Buenos días,

Espero que todo este bien.

Por favor consulte el folleto adjunto de la ciudad de Simi Valley para conocer un ayuntamiento juvenil.

Gracias.

Thank you,

Jakeline (Jaky) De Leon

BHAB Management Assistant

Ventura County Behavioral Health Administration

Phone: (805) 981-6832 | (805) 981-1881

Email: jakeline.deleon@ventura.org

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Join us for a

Youth Town Hall

Hosted by the Ronald Reagan Presidential Foundation and Institute

JOIN US AND LET YOUR STUDENTS' VOICES BE HEARD!

EVENT DETAILS:

Date: Thursday, January 18, 2024

Time: 10 AM; 9 AM Check-in

Location:

Presidential Learning Center

Led by:

The Simi Valley Youth Council

Discussion Topic:

Social and Academic Challenges
Students Face

HOW TO RSVP:

Register the number of students and chaperones at bit.ly/vcyth24 or use the QR Code below.

Questions, email

LLupica@reaganfoundation.org.



What to expect:

- **Engaging dialogue:** 500+ middle and high school students will discuss relevant topics impacting them.
- **Guest panelists:** Hear from topic experts and leaders.
- **Open forum:** With the guidance of two youth moderators, students will be able to ask questions and share opinions.
- **Actionable insights:** Students will gain knowledge on issues and learn how to make positive changes.

Why attend:

- **Gain valuable knowledge:** Discuss issues and impacts.
- **Influence policy changes:** Help shape important policies.
- **Connect with others:** Students will be involved in the discussion collectively working to solve problems.
- **Let your voice be heard:** Students will become civically engaged and receive first hand experience in civil discourse.

*Don't miss out on this civic engagement event for teens, led by teens
Seats are limited, so make sure to reserve seats for your students early.*

DeLeon, Jakeline

From: bhabadmin
Sent: Wednesday, December 6, 2023 10:16 AM
Subject: BHAB Prevention Committee BRITE Presentation
Attachments: BHAB Meeting 11_28.pdf; Spanish-BHAB Meeting 11_28.pdf

Approved for distribution to all BHAB Members by Janis Gardner, Chair – Behavioral Health Advisory Board.

Good morning,

I hope all is well.

The BHAB Prevention committee meeting did not reach quorum when we met, November 28th, however, we continued an informal discussion and BRITE's team, Victoria Sayeg, Mitch Boring, and Amy Duganne, shared an informative and educational presentation on their prevention efforts in the community.

Please see BRITE's PowerPoint presentation above.

TRANSLATION:

Aprobado para su distribución a todos los miembros de BHAB por Janis Gardner, Presidenta de la Junta Asesora de Salud del Comportamiento.

Buenos días,

Espero que todo este bien.

La reunión del comité de Prevención de BHAB no alcanzó el quórum cuando nos reunimos el 28 de noviembre; sin embargo, continuamos una discusión informal y el equipo de BRITE, Victoria Sayeg, Mitch Boring y Amy Duganne, compartieron una presentación informativa y educativa sobre sus esfuerzos de prevención en la comunidad.

Por favor consulte la presentación de PowerPoint de BRITE adjunta arriba.

Gracias.

Thank you,

Jakeline (Jaky) De Leon

BHAB Management Assistant

Ventura County Behavioral Health Administration

Phone: (805) 981-6832 | (805) 981-1881

Email: jakeline.deleon@ventura.org

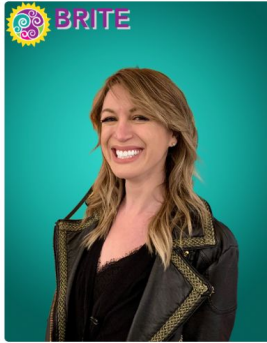
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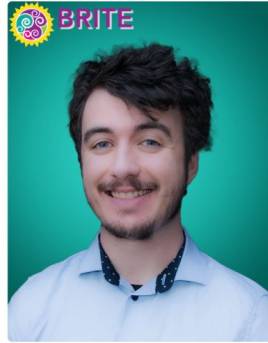
Katherine Kasmir
Executive Director



Victoria Sayeg
Director of Media & Performing Arts



Patty Lau-Cho
Project Director & Youth Coalition Coordinator



Mitchell Boring
Video Production Manager



Ashley Heatherly
Social Media Manager & Engagement Coordinator

BRITE

Building Resilience & Inclusion Through Engagement



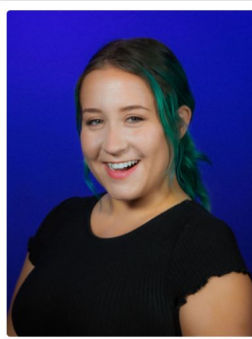
Miles Reitz
Video Editor Animation Lead



Roland Roberts
Prevention Education & Youth Development Specialist



Nancy Viveros
Prevention Education & Youth Development Specialist



Kyra Boring
Prevention Education & Youth Development Specialist



Megan White
Program Manager



Jace Meadows
Audio/Video Specialist



Amy Nash
Wellness Coach & Applied Improv
Facilitator



Sade Champagne
Youth Development Specialist



Oscar Ramirez
Youth Development Specialist



Amy Duganne
Consultant, Overdose Prevention



Grant Tomerlin
Metaverse Designer



Dean Moray
Administrative Assistant

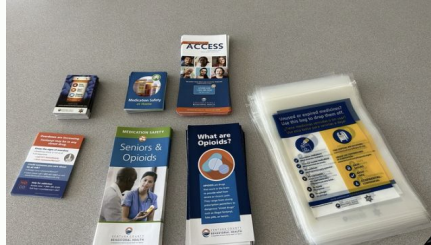


Koda Delgado
Board Member

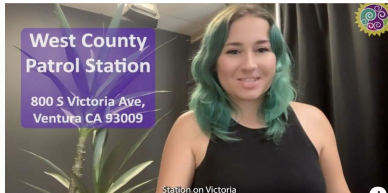
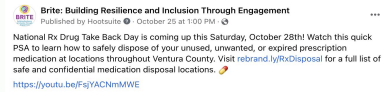
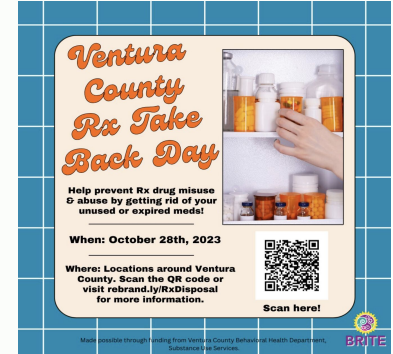


Andreea Petrus
Board Member

OVERDOSE PREVENTION EDUCATION EFFORTS



- 7 parent presentations: 2 in Spanish
- 12 community presentations: 2 in Spanish
- 14 training sessions reaching 157 people in specialty populations
- 2 presentations to youth
- 21 social media posts across multiple platforms
- 93 classroom workshops
- 23 resource fairs
- 16 wellness centers
- Over 2000 plays of online learning activities



YOUTUBE.COM
PSA - Safe Rx Drug Disposal
Watch this quick PSA to learn how to safely dispose of your unused, unwanted, or expired ...



NALOXONE DISTRIBUTION

BRITE staff has been trained on
Naloxone

BRITE is an authorized Naloxone
distribution partner with **successful
distribution** within the community



Addressing Health Disparities

Over 200 youth/young adult participants


- Focus groups & surveys
- Social media campaigns
- Resource tables
- Campus clubs
- Wellness center activities
- Youth written blog posts



In collaboration with youth groups and organizations serving **LGBTQ+ youth**

Search...

MANY AUTHORS



BRITE Staff & Youth
Ventura County Participants

We share the voices, opinions and stories of many Ventura County youth and young adults here. Not all posts reflect the opinion of BRITE or our sponsors. Managed by Ashley Heatherly.

Categories

- All Categories
- Addiction
- Advertising
- Advocacy
- Alcohol
- Alcoholism
- All Children Thrive
- Anxiety
- Autism
- Beauty Standards
- Binge Drinking
- Body Image
- Bullying
- Car Accident
- Civic Engagement
- Clean Air Day
- Coming Out
- Communication
- Coping Skills
- Depression
- Developing Brain
- Drinking And Driving
- Drug Abuse
- Drugged Driving
- Drugs
- Drunk Driving
- Dui
- Dwi
- E-Cigarettes



Numb and Spaced Out

Nov 22, 2023

Content warning: this post contains a brief mention of domestic violence as well as drug use.

Written by a Ventura County young adult.

Throughout my life I always told myself I would never try or be peer pressured into using any type of drugs or alcohol. My story began when I met an ex of mine. I was super head over heels, and in that moment I would have done just about anything for...

[Continue Reading...](#)



Is Drinking Worth the Consequences?

Oct 25, 2023

Written by a CSUCI student.

Many of us have someone close to us who is abusing alcohol and not even realizing it. It turns out that alcohol is the most common substance people turn to for fast relief. Alcohol provides temporary relief for some who suffer from low self-esteem and look for coping mechanisms. Peer pressure and feeling "less than others" can cause someone to...

[Continue Reading...](#)



First Generation

Oct 24, 2023

Written by a CSUCI student.

Being a first-generation student is something to take pride in. Being the first person in your family to obtain a higher degree such as a bachelor's or master's is phenomenal. I never thought I would go to college after graduating high school. I had decided I wanted to work, and I wanted something quick that would make me money. I didn't go to...

[Continue Reading...](#)



How to Reduce Drug Overdoses in Ventura County

Oct 23, 2023

What can you do to help reduce drug overdoses in our community?

The DEA's National



TRANScend Youth Feature: Ask a Trans Kid

Oct 12, 2023

This post is from one of our wonderful community partners, **TRANScend Youth**. TRANScend Youth is a pending nonprofit focused on education, advocacy, and



Older and Wiser

Sep 29, 2023

Written by a CSUCI student.

Growing up I had very low self-esteem. I believe this came from school bullies and family always picking on me about anything I would do. My mom was always comparing me to others.

Marijuana Harms Prevention

Marijuana Presentations:

160 classroom workshops
7 Parent Presentations including Spanish

Marijuana Online:

Over 10,000 plays of our online games & quizzes
since July 2023



Impaired Driving Presentation



True story about DUI incident and real life consequences
of driving under the influence

Underage Drinking and Drug Prevention Services

Online:
Social Media
Blog posts

Discussion Groups:
Oxnard School Club surveys
CSUCI course research project

Workshops:
71 classroom workshops



Thank you Roland!
Thank you for spreading the word about drugs and alcohol in a fun way. I feel like I learned a lot.
Thank you so much,
Chloe

Quizzes by Topic

Total Quizzes Played

25878

Addiction

175

Alcohol

6033

Other Drugs

188

DUI

975

Opioids

165

Meth

75

The Brain

466

Tobacco

3659

Overdose

483

Marijuana

3704

Social Emotional Learning

2644

RX Drugs

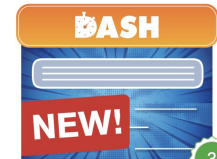
1005

Vape

6236

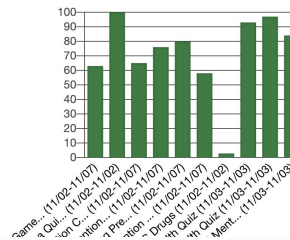
Misc.

173

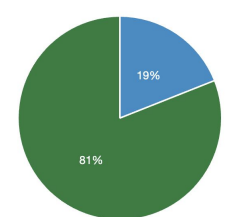


Reports

← Reports 11/02 - 11/08 →



My quiz content



REALITY PARTIES FOR PARENTS

"I love the way these Reality Parties are able to inspire change throughout our communities and emotionally connect with many people involved."

- Chris, Reality Party Youth Actor



YOUTH SPOKESPERSONS IN STUDIO



Focus group of students from diverse backgrounds discussing:

- Vaping
- Alcohol-based problems
- Marijuana youth-access
- Secure Storage of Rx Medication
- Healthy Family Policies

NALOXONE STORY VIDEO

“...and then while he was getting driven to the hospital, I went and I **shot up more**. And then I went to the hospital to go pick him up.

And then him and I went and, you know, [...] **shot up more**.”

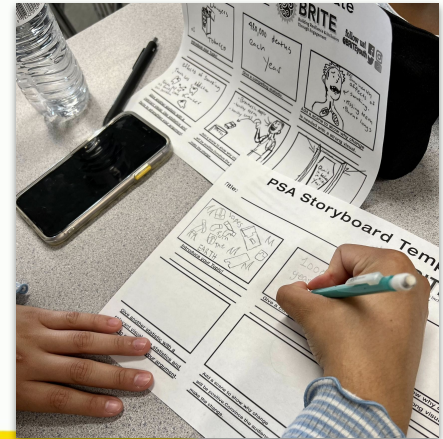
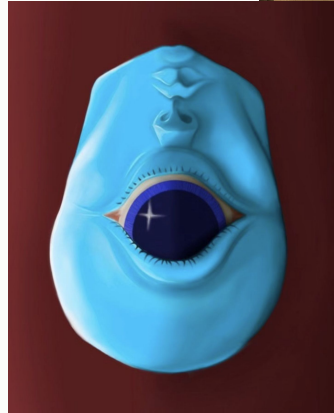
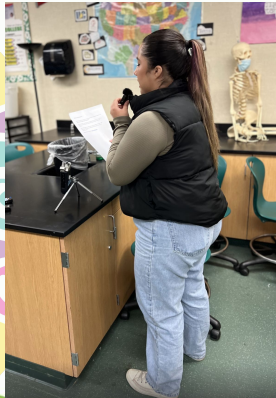
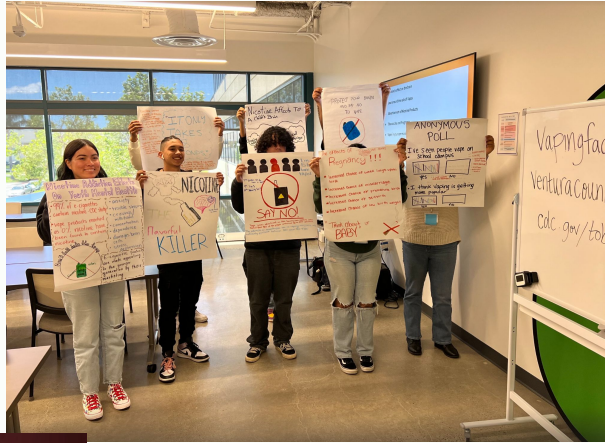
-Anonymous Ventura County Resident
September 2023



STUDENT MULTIMEDIA PROJECTS

“Working with BRITE was extremely impactful for me. It was the birthplace of my creative spark and taking action.”

- *Kaden, Youth Spokesperson and Activist*



YOUTH COALITION OF OXNARD



Oxnard youth are learning about civic engagement being community advocates.



Wellness Centers / Health Fairs / SEL



BRITE WORLD



Live Event Production & On-Location Filming



empower
up!



- Live-streaming
- Audio-engineering
- Camera-operating
- Video-recording
- Show-calling
- Editing and rolling of pre-produced videos
- Photography
- Video editing and delivery in English and Spanish



MENTAL HEALTH & SUICIDE PREVENTION

MARKETPLACE

Search For & Place Classifieds

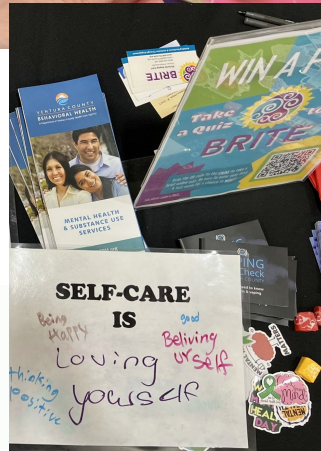
VC Star.

[News](#) | [Sports](#) | [Opinion](#) | [Entertainment](#) | [Education](#) | [Advertise](#) | [Obituaries](#) | [eNewspaper](#) | [Legals](#) 



The audience participates in a breathing and relaxation exercise during the Pathways to Hope and Healing suicide prevention forum at the Oxnard College Performing Arts Center on Tuesday, Sept. 12, 2023.

ANTHONY PLASCENCIA/THE STAR



MARKETPLACE

Search For & Place Classifieds

VC Star.

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Victoria Sayeg of the Building Resilience and Inclusion Through Engagement program conducts a live audience poll during the Pathways to Hope and Healing suicide prevention forum at the Oxnard College Performing Arts Center on Tuesday, Sept. 12, 2023.

ANTHONY PLASCENCIA/THE STAR



BRITE

Building Resilience & Inclusion
Through Engagement

<https://brite.link/signup>



@BRITEyouth

BRITE is made possible through funding from Ventura County Behavioral Health Department, Substance Use Services – Prevention.

brite.link/educators

