

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
PREVENTION COMMITTEE
1911 WILLIAMS DRIVE, LAKE CACHUMA ROOM, OXNARD, CA**

MINUTES □ August 10, 2015

<u>MEMBERS PRESENT</u>	
Janis Gardner	BHAB Member, Chair, Prevention Committee
John Franchi	VCSO – County LE
Sandra Wolfe	BHAB Member
Regina Poynter	Client Network
<u>VCBH STAFF PRESENT</u>	
Dan Hicks	VCBH, Alcohol and Drug Programs Manager, Prevention
Kiran Sahota	VCBH, MHSA Manager, P.E.I.
Cari Kawell	VCBH, Alcohol and Drug Programs, Prevention
Kathy Mulford	VCBH, Driving Under the Influence Program
<u>GUEST PRESENTERS</u>	
Asencion (Cici) Romero	TAY Tunnel
Benjamin Valdez	TAY Tunnel
<u>GUESTS</u>	
Cece Casey	Family Member
Debra Creadick	CLC
Daniel Jordan	BHAB
Paul Corker	Aanaca
Bryce Dishon	Aanaca
Daniel Dodson	Aanaca
Lori Litel	United Parents
Mark Stadler	Crisis Intervention Training, VCSO

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:19 PM by Chairperson, Janis Gardner.		
II.	Approval of the Agenda (Action) Agenda for July 13, 2015 was approved as written.	Approved as written M/S/C	
III.	Approval of the Minutes (Action) Minutes of June 8, 2015 were approved as written.	Approved as written M/S/C	
IV.	Welcome and Introductions The Chair welcomed all. Self-introductions were made around the table.		
V.	Chair Announcements Janis Gardner, BHAB Prevention Committee Chairperson, reminded all that the MICOP event called A NIGHT IN OAXACA 2015, which aids indigenous populations from Mexico who live in Ventura County, will be held on Saturday, August 15, 2015 at the Oxnard Performing Arts & Convention Center at 800 Hobson Way, Oxnard, CA 93030. Event begins at 6:00 PM and is \$55 per person. Ms. Gardner also mentioned an article about Federal Judge Kimberly Mueller called <i>“Federal judge declines to remove pot from Schedule 1”</i> by Don Thompson and Sudhin Thanawala from the Associated Press.		
VI.	Public Comments Cece Casey, BHAB Prevention Committee Meeting Attendee, read a letter called <i>“Prevention”</i> regarding the use of Mental Health Services Act (MHSA) monies toward the severely mentally ill priority population.		

<p>VII. Staff Update</p>	<p>A.) Dan Hicks, Alcohol & Drug Programs (ADP), Prevention Services Manager, promoted the “call to action against driving under the influence of drugs” event called the WEEDUI Ventura County Drugged Driving Summit on September 17, 2015 from 8 am to 12 Noon at the Ventura Beach Marriott. Mr. Hicks also handed out informational cards from the Office of Traffic Safety (OTS) to promote WEEDUI.org.</p> <p>Mr. Hicks mentioned that there are three Universal Prevention Strategies in the queue for Ventura County, which address the following topics: Bullying Prevention; the increased potency of THC in marijuana on the mental health of young adults; and, support for model student assistance programs. For example, Conejo Valley Unified School District’s Breakthrough Program – a strength based student assist for students & families which utilizes science driven efforts to support mental health. Mr. Hicks also briefly addressed Universal Prevention and how it’s best focus, within the constraints of funding, is in promoting social connections and a lack of isolation.</p> <p>B.) Kiran Sahota, Mental Health Services Act (MHSA) Manager for Ventura County Behavioral Health stated that Mental Health First Aid is in discussion to be held in Police Departments and Sheriff’s Offices community rooms. Though Mental Health First Aid Trainers can train and charge accordingly at these locations, this training will continue to be offered at no charge to the community. Ms. Sahota also mentioned that the LGBT Stigma Reduction & Suicide Prevention Committee meeting is being held during the week of August 17, 2015.</p> <p>Ms. Sahota discussed that a Promotores Request for Proposals (RFP) is open for applications in September 2015 and a Provider will be chosen to oversee the program. Under the suicide initiative, the Countywide Coordinating Council for Suicide Prevention is talking about response, recovery and prevention as a community – gathering information and addressing gaps – addressing “how to” fill these gaps and which community members still need to be included in the discussion.</p> <p>Ms. Sahota also mentioned that MHSA is working on a media campaign with Idea Engineering – specifically, how to assist media when they publish articles on suicide and mental illness in news releases. The Associated Press came out with guidelines on how to “talk about” suicide using correct terminology. This campaign will also go to the PIO’s for first responders.</p>		
<p>VIII. Time Certain Presentation 4:00 PM – Transitional Age Youth</p>	<p>Benjamin Valdez, Peer Partner and Cici Romero, Housing Specialist from Pacific Clinics “TAY Tunnel”, shared an overview of the Transitional Age Youth (TAY) program and presented a PowerPoint giving insight into the accomplishments of a variety of young adults.</p> <p>Cici Romero stated that TAY Program Coordinator, Jennifer Gomez, could be reached re: any questions about the TAY Clinic at (805) 240-2538. Ms. Romero also mentioned that the TAY program is for youth 18 to 24 with mental health concerns such as alcohol and drug abuse, and those who have been through the Foster Care or Juvenile Justice Systems. The TAY program assists their TAY in finding employment, teaching a wide variety of life skills classes, offering counseling to overcome inhibitors to success, changing habits and giving TAY opportunities and tools for rebalancing their lives.</p> <p>Ben Valdez handed out a brochure called TAY TUNNEL – Ventura Division, and an August 2015 calendar of events and classes. Mr. Valdez also stated that the purpose of the TAY program is to help their youth participants to help themselves. The TAY Center is a peer-driven/run facility – staffed by people called “Supporters” who have gone thru similar experiences as their participants and who have recovered. Mr. Valdez shared that also employed with the TAY Clinic is a “Health Navigator” for those who need extra physical health care or if they don’t have health insurance; an “Employment Specialist” named Robert Chavez who runs their Career Club called “World of Work” – a 12-week series; and, a “Housing Specialist” named Cici Romero, who connects TAY in need of housing to various housing programs in Ventura County.</p>		
<p>IX. Old Business</p>	<p>A.) Dan Hicks, Alcohol & Drug Programs (ADP), Prevention Services Manager for Ventura County Behavioral Health, handed out the “<i>Blue Ribbon Commission on Marijuana Policy</i>” letter dated June 17, 2015, which was sent to the CA Office of the Lt. Governor and focuses on effective prevention strategies and protecting youth from marijuana harms.</p> <p>B.) Janis Gardner, BHAB Prevention Committee Chairperson, presented the CBHDA “Talking Points” on “<i>Marijuana and Youth Safety</i>” which is recognized both nationally and in California and mentioned that VCBH’s Alcohol & Drug Programs, Prevention</p>		

	<p>Services is promoting this approach in their statewide efforts. Ms. Gardner also clarified that the Suicide Prevention Countywide Coordinating Council Meeting meets the first Friday of every month, and is comprised of clinicians, stakeholders and community. She stated that Kiran Sahota from VCBH and Dawn Anderson from VCOE are Co-Chairs. The CCC collaborates in the areas of suicide prevention, response and recovery to promote culturally competent integration, assessment, training and education for the Ventura County community. The CCC is building a community that celebrates and advocates for the human potential for change and growth and to eliminate stigma and eradicate suicide.</p>		
X.	<p>New Business</p> <p>A.) Janis Gardner, BHAB Committee Chairperson, stated that the web-based resources for ADP, Prevention Services such as www.venturacountylimits.org is being revamped with a Spanish side of the site as well as optimized for mobile viewing.</p> <p>B.) Dan Hicks mentioned that VCBH's Alcohol & Drug Programs is disseminating Prevention Services information to families, systems and communities through a variety of media.</p> <p>C.) Regina Poynter from Client Network promoted the Mental Health First Aid 2-day course to learn about basics of attending to individuals during crisis. 1300 people have attended this training to date. The next class will be done in East County Ventura in September 2015. Ms. Poynter also distributed a flyer to promote the "Walk to Fight Suicide" on Saturday, Sept 19, 2015 in Constitution Park in Camarillo, CA. To register for this event contact: reginapoynter.afsp@yahoo.com OR dblatt.afsp@gmail.com</p>		
XI.	<p>Prevention Committee Member Comments</p> <p>N/A</p>		
XII.	<p>Future Meeting Discussion</p> <p>A.) Janis Gardner, BHAB Prevention Committee Chairperson, stated that Dr. Celia Woods, VCBH Medical Director who works with VCBH's Alcohol & Drug programs and Mental Health programs will present at the September 14, 2015 BHAB Prevention Committee Meeting to discuss the integration of mental illness and substance use disorders treatment.</p>		
	<p>Adjourn</p> <p>Meeting was adjourned at 4:26 PM.</p>	Next Meeting: Sept. 14, 2015	