

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
PREVENTION COMMITTEE  
1911 WILLIAMS DRIVE, VCBH TRAINING ROOM, OXNARD, CA**

**MINUTES □ February 13, 2017**

**PREVENTION MEMBERS PRESENT**

Janis Gardner	BHAB Member, Chair Prevention Committee (PC)
David Deutsch	NAMI
Ezequiel A. Sanchez	Pacific Clinics TAY Tunnel
Gane Brooking	BHAB Member
Karyn Bates	BHAB Member, The Client Network
Laurie Jackson	Saving Lives Camarillo
Lori Litel	United Parents
Mark Stadler	Crisis Intervention Team (CIT)
Patricia Mowlavi	BHAB Member
Rachel Jones	Straight Up Ventura County
Sandra Wolfe	BHAB Member

**VCBH STAFF PRESENT**

David Tovar	Alcohol & Drug Programs, Prevention Services
Janet Kaplan	Alcohol & Drug Programs, Prevention Services
Kiran Sahota	MHSA Manager, Prevention Early Intervention (PEI)
Cari Kawell	Management Assistant, Alcohol & Drug Programs, Prevention Services

**FEATURED PRESENTER**

Kathy Mulford	Ventura County Behavioral Health (VCBH), BH Manager, DUI Administration
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**GUESTS**

Claudia Armann	
Gabe Teran	Ventura County Office of Education (VCOE)
Hunter Poulson	Ventura County Office of Education (VCOE)
Josh Tirado	VIPS
Kristin Tignac	City of Simi Valley
Liz Alund	Child Development Resources
Marisa Espinoza	Casa Pacifica
Robert Pacheco	Ventura County Probation
Sara Cook	Vista del Mar Hospital
Scott Walker	Crisis Intervention Team (CIT)

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
<b>I.</b>	<b>Call to Order</b> The meeting was called to order at 3:15 PM by Chairperson, Janis Gardner.		
<b>II.</b>	<b>Approval of the Agenda (Action)</b> Agenda for February 13, 2017 was approved as written.	<b>Approved as written M/S/C</b>	
<b>III.</b>	<b>Approval of the Minutes (Action)</b> Minutes for January 9, 2017 were approved as written.	<b>Approved as written M/S/C</b>	
<b>IV.</b>	<b>Welcome and Introductions</b> The Chair welcomed all. Self-introductions were made around the table.		
<b>V.</b>	<b>Chair Announcements</b> Janis Gardner, Chair, Ventura County BHAB Prevention Committee, announced that a new process will now be implemented at the VCBH BHAB PC Meetings during the Public Comments portion of each meeting. The Ventura County Clerk of the Board requires that prior to speaking, Public Comment Cards be turned in by the Public to the BHAB Prevention Committee Chair, Janis Gardner, or the BHAB Prevention Committee Assistant, Cari Kawell, on any subject other than		

	<p>what is on the Agenda. Public Comments on the Agenda items should have the subject listed on the Public Comment card. There are two ways the Public can comment on issues on the Agenda or not on the Agenda. If the item is not on the Agenda, the Public can speak under Public Comments; and, if the item is on the Agenda, the Public can speak just prior to that Agenda item.</p> <p>A Mapping Marijuana Forum was held on Thursday, February 2<sup>nd</sup> at VCBH in the Downstairs Training Room to inform and educate the public, elected officials, County Staff and policy makers around Ventura County. Multiple domains were covered such as: Businesses, Law Enforcement, Healthcare, Natural Resources, Advertising and Education. The Education domain included a presentation by Gabe Teran, Project Specialist, from VCOE, Comprehensive Health &amp; Prevention Programs/Friday Night Live, who shared information about the passage of Proposition 64 – what to expect and what community leaders, municipalities and County officials need to know and what they can do when they plan marijuana policy.</p>		
<b>VI.</b>	<p><b>Public Comments</b> N/A</p>		
<b>VII.</b>	<p><b>Staff/Provider Updates</b></p> <p><b>A.)</b> Janet Kaplan, Program Administrator, VCBH ADP Prevention Services, spoke on behalf of Dan Hicks, Manager, VCBH ADP Prevention Services who was not in attendance, and shared multiple updates such as: the February 2, 2017 Mapping Marijuana Forum held in the VCBH Training Room at 1911 Williams Dr., Oxnard – Mapping Marijuana is a community planning compass for youth, health and safety. It’s a guide for policy makers and looks at how our communities might change in regards to the following sectors: neighborhoods, businesses, schools, public safety, health care and the environment. Over 100 people attended this event from various local agencies including ADP Prevention collaborators to learn about the emerging challenges and domains of local interest. A copy of the Forum Agenda and the Letter from Assemblywoman Jacquie Irwin was distributed to the group. For more info, visit: <a href="http://venturacountylimits.org/en/mediacenter/article/AF6FBD/mapping-marijuana-leadership-forum-copy">http://venturacountylimits.org/en/mediacenter/article/AF6FBD/mapping-marijuana-leadership-forum-copy</a></p> <p>Ms. Kaplan mentioned the new Marijuana Fact Check website <a href="http://www.mjfactcheck.org">www.mjfactcheck.org</a> (English/Spanish) and distributed the related MJ Fact Check card to the group.</p> <p>An overview of the Opioid Crisis was given along with an update of some of the current work being accomplished in this area by VCBH ADP Prevention Services. An article was mentioned from the Monday, Feb 13<sup>th</sup> edition of the <i>Ventura County Star</i> regarding the topic of “Millennials dominating the Heroin epidemic in Emergency Rooms (E.R.).”</p> <p>VCBH ADP Prevention Services is collaborating with Gold Coast Health Care on an upcoming Opioid Conference, in addition to planning a Prescription Drug Abuse and Heroin Summit in Autumn 2017. The Overdose Prevention &amp; Education Program has been distributing an Overdose Rescue Kit within the VCBH ADP Treatment program to assist those with opiate overdose.</p> <p>VCBH ADP Prevention Services is continuing its Safe Prescribing efforts by distributing Safe Prescribing flyers in Emergency Rooms and related Departments, and, they are providing information on the Rx Prescribers Portal for Healthcare Providers to access information about Safe Prescribing and Drug Prevention and Monitoring Programs. VCBH ADP Prevention Services is implementing “Safe Pain” medicine prescribing for Urgent Care, a continuation of the Safe Prescribing Guidelines that are in the E.R.s. A flyer was distributed.</p> <p>Targeted and comprehensive outreach efforts by VCBH ADP Prevention Services in the Ventura County schools are focusing on reaching High School students and parents to increase awareness of the risks of prescription drug abuse and the importance of the safe disposal of medication.</p> <p>VCBH ADP Prevention Services Contract Providers are focused on implementing targeted campaigns to parents, students and seniors in the community to address the Prescription Drug Abuse problem. More information about these efforts is available at <a href="http://www.venturacountylimits.org">www.venturacountylimits.org</a>.</p> <p><b>B.)</b> Kiran Sahota, VCBH, Mental Health Services Act Manager, reported on the Mental Health Services Act and MHSA Prevention. In California, 58 Counties and 2 Cities receive the MHSA funding. The VC MHSA program has multiple funding sectors which include: Prevention, Community Support Services (CSS), and Innovations. There will be no new funding from MHSA for Prevention during the coming year. MHSA is looking at which contracts will be renewed and how to include the new State initiatives regarding the criminal justice intersection with mental health.</p>		

Numbers from VCBH MHSA Suicide Prevention with regard to completed suicides in Ventura County show a decrease from 97 in 2015 to 81 in 2016. In 2013, there were 113 completed suicides. In 2017, MHSA Suicide Prevention will measure outreach efforts. SafeTalk and Mental Health First Aid within VC schools are making a difference. In 2016, there was 1 completed suicide under the age of 18 as compared to 4 in 2015.

Within Ventura County, the number of completed suicides decreased in the cities of Oxnard and Port Hueneme, from 20 in 2015 to 18 in 2016; Ventura had 10 completed suicides in 2015 and 10 in 2016; and, Moorpark and Simi Valley increased from 18 in 2015 to 19 in 2016. In 2016, there were 21 completed suicides in Conejo Valley and in 2017, there were 9.

Recently, there has been an increase of completed suicides from 1 to 8 of adults between the ages of 70 to 74 showing a need for Preventative Services for aging adults. Every month until 2020, 10,000 baby boomers per day will turn 60 in the U.S.

C.) David Deutsch, Director NAMI Ventura, provided several updates such as: the upcoming NAMI Walk fundraising event is to be held on Saturday, May 6<sup>th</sup> at 9 am at the Ventura Beach Promenade.

D.) Mark Stadler, CIT Program Administrator, Crisis Intervention Team, announced that two weeks ago, the CIT program graduated a new class of 36 newly trained CIT Law Enforcement Officers and Deputies. Mr. Stadler emphasized that with CIT, it is not just a Law Enforcement (LE) program, but, that they were founded on a partnership between NAMI, LE and Ventura County Behavioral Health. The VCBH Mental Health Services Act (MHSA) provides one third of the CIT budget every year. Mr. Stadler stated that any healthy CIT LE program across the nation is founded on the fundamental components of: community involvement, funding, partnerships with the County Behavioral Health Department and strong support from LE.

Mr. Stadler mentioned two upcoming items: the CIT Officer of the Year Recognition at the March BHAB General Meeting; and, the Ventura County CIT program has become involved in the CA Crisis Intervention Team Association, who will be holding a conference later this year. Mr. Stadler is assisting the coordination of this event as a member of their Advisory Board. In addition, the next Ventura County CIT class will be the week of May 22, 2017.

E.) Gabe Teran, VCOE, Comprehensive Health and Prevention Programs Project Specialist, Friday Night Live, announced a number of items that included and upcoming event on Wednesday, March 1<sup>st</sup>, from 6 to 7 pm, is a no cost community event that will be held at Oxnard High School called ***“Inside the Darkside: Addiction and the Brain”*** Translation in Spanish will be available. Prior to this event, beginning at 5:30 pm, will be a Resource Fair on Addiction, Prevention and Mental Health Services. Mr. Teran distributed flyers for this upcoming event.

F.) Lori Litel, United Parents, gave an update that United Parents is going to be involved with CSU with Parent Partners - two of which have been hired and are working full time. These two new hires are currently training with the RISE program.

**VIII. Prevention Committee Member Comments**

A.) Sandra Wolfe announced an upcoming AIDS/HIV 5K Walk and Health Fair on Saturday, March 4<sup>th</sup> at the Plaza Park in Ventura (8:30 am check-in – walk at 10 am). Those interested in walking or volunteering for this event can find out more at: [www.diversitycollective.org](http://www.diversitycollective.org)

B.) Karyn Bates, Vice President, The Client Network, shared information on the Data Notebook, which comes from the Planning Council and is legislated by the U.S. Federal Government to evaluate Behavioral Health Addiction and Mental Health programs throughout CA State. The Planning Council sends a Data Notebook survey (at least once a year) to the BHAB to make recommendations and look at various programs spanning Youth Services and TAY Services and their access to Mental Health and Addiction Services. The survey is a series of questions that the BHAB has to answer by a workgroup that comes together in March 13 2017. This survey includes the LGBTQ community along with the Youth community and addresses what happens with their families and care givers. These surveys will be compiled into reports by County on their website. The VCBH BHAB will provide their report by the end of April 2017 which then goes on to the Planning Council. Anyone interested in this workgroup should contact Janis Gardner or Karyn Bates.

C.) Gabe Teran, VCOE, Comprehensive Health & Prevention Programs Project Specialist, Friday Night Live, mentioned that there is an open invitation to all VCBH BHAB Committee

	Members to visit VCOE on Tuesday, February 28 <sup>th</sup> to attend the High School Day of the 18 <sup>th</sup> annual Teens Kick Ash Youth Tobacco Free Advocacy Conference. More information at: <a href="http://straightupvc.org/teens-kick-ash-2017/">http://straightupvc.org/teens-kick-ash-2017/</a>		
<b>IX.</b>	<p><b>Time Certain Presentation</b></p> <p>Kathy Mulford, VCBH BH Manager, DUI Administration shared a PowerPoint presentation called <b>“Evidence-Based Strategies to Impaired Driving Prevention: An Overview of Ventura County’s DUI Programs.”</b> Ms. Mulford stated that The Ventura County Driving Under the Influence (DUI) Program offers a First Offender DUI Program and a Multiple Offender DUI Program for individuals convicted of driving under the influence. The programs vary in length (3 months, 9 months, 12 months, 18 months) consist of education sessions, and group and individual counseling. Curriculums must be therapeutic and beneficial for clients with an emphasis on changing perceptions and attitudes.</p> <p>Ms. Mulford discussed reducing DUI impacts through Prevention, Intervention, Deterrence, Enforcement, Laws and Sanctions, Rehabilitation and Treatment and Technology. The Ventura County DUI Program objectives were outlined as follows: to reduce the number of repeat DUI’s; to provide the opportunity for clients to explore problems related to their alcohol or other drug use; and, to satisfy court and DMV terms for the return of their driver’s license. 1 in 4 impaired drivers under the age of 21 crash before being arrested by law enforcement.</p> <p>Programs are offered in Thousand Oaks, Simi Valley, Oxnard, Ventura and Fillmore including <b>Prime For Life</b> an evidence-based Prevention and Intervention program.</p> <p>The Place of Last Drink Survey (POLD) is data collected via Ventura County DUI Programs at an individual’s Exit Interview. Since 2001, over 30,000 surveys (English and Spanish) – an average of 200/month have been collected. The POLD Survey is a 35-item questionnaire designed to capture information useful for identifying the places, settings and circumstances associated with impaired driving.</p> <p>Ms. Mulford shared that of 6,937 respondents, 74% are first offenders; 73% are male; the average age is 36 (range = 18-95); 50% are Caucasian or White; 40% are Hispanic or Latino; 3% are multi-racial; 3% are Asian American or Pacific Islander; 2% are Black or African American; 1% are Native American and, 1% are Other. In addition, Ms. Mulford stated that some of the characteristics of DUI arrests as follows: 10 miles are driven on average before being arrested for a DUI; One third are with passengers in their vehicle when arrested; 1 in 6 crashed before their arrest; and, 22% of the crashes caused physical injuries to the driver or others.</p> <p>VCBH ADP DUI POLD survey data promotes DUI Awareness Campaigns that help to raise awareness of the consequences of DUI; helps designate DUI Checkpoints; and, through its ADP Prevention Services efforts, has a Designated Driver Awareness Campaign called <b>“Be the DD and Win!”</b> In addition, VCBH uses the POLD Survey findings to inform grant proposals, such as the “Call to Action” Drug-impaired Driving Campaign through the California Office of Traffic Safety. More info at: <a href="http://www.VenturaCountyLimits.org">www.VenturaCountyLimits.org</a></p> <p>Ms. Mulford distributed multiple handouts that included information on the First Offender and Multiple Offender DUI Programs, a <b>Frequently Asked Questions</b> brochure, and, a DUI Checkpoint Brochure.</p>		
<b>X.</b>	<b>Old Business</b> N/A		
<b>XI.</b>	<b>New Business</b> Janis Gardner, Chair, BHAB Prevention Committee Chair distributed copies of the Prevention Committee section of the FY 15/16 BHAB Annual Report (an annual report given to the Ventura County Board of Supervisors each year) which highlights the Time Certain Presentations and a variety of Committee Reports for that FY. The group was invited to review the DRAFT report and share their comments.		
<b>XII.</b>	<b>Future Meeting Discussion</b> Janis Gardner, Chair, BHAB Prevention Committee Chair asked the group for suggestions for upcoming Time Certain Presentation ideas. Two possibilities were mentioned: a.) SafeTalk Suicide Prevention & Awareness – Kris Trotsky from VCOE coordinates these presentations; and, b.) VIPS – Dr. Barry Boatman, PsyD, LMFT, Telecare		
<b>XIII.</b>	<b>Adjourn</b> Meeting was adjourned at 4:27 PM.	<b>Next Meeting:</b> <b>Mar 13, 2017</b>	