

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
 BHAB PREVENTION COMMITTEE
 1911 WILLIAMS DRIVE, VCBH TRAINING ROOM, OXNARD, CA**

MINUTES □ June 12, 2017

<p><u>Present</u> Janis Gardner, Chair, BHAB Member Claudia Armann, BHAB Member Gane Brooking, BHAB Member Karyn Bates, BHAB Member Patricia Mowlavi, BHAB Member Sandra Wolfe, BHAB Member David Deutsch, NAMI Gabe Teran, Ventura County Office of Education (VCOE) Inga McManus, Pacific Clinics TAY Tunnel Josh Tirado, VIPS June Ewart, Community Coalition United Kelli Daher, Pacific Clinics TAY Tunnel Marika Collins, Casa Pacifica Martha Montesinos, CalFresh – Food Share Nancy Carbajal, United Parents Natalie Gabric, Aegis Treatment Centers Rachel Jones, Straight Up Ventura County Sara Bavar, NAMI Sara Cook, Vista del Mar Hospital Scott Walker, Crisis Intervention Team</p>	<p><u>VCBH Staff Present</u> Dan Hicks, Alcohol & Drug Programs, Prevention Services David Tovar, Alcohol & Drug Programs, Prevention Services Sevet Johnson, Transitions Cari Kawell, Alcohol & Drug Programs, Prevention Services</p> <p>NEXT MEETING: Monday, July 10, 2017, 3:15 – 4:30 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Ste. 210, Lake Tahoe Conference Room, Oxnard</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:16 PM by Chairperson, Janis Gardner.		
II.	Approval of the Agenda (Action) Agenda for June 12, 2017 was approved as written.	Approved as written M/S/C	Motion: Sandra Wolfe 2nd: Patricia Mowlavi
III.	Approval of the Minutes (Action) Minutes for May 8, 2017 were approved with the following amendment: Gane Brooking, BHAB Prevention Committee member to be listed in BHAB Member section of meeting attendees.	Approved as amended M/S/C	Motion: Gane Brooking 2nd: Sandra Wolfe
IV.	Welcome and Introductions The Chair welcomed all. Self-introductions were made around the table.		
V.	Chair Announcements BHAB Prevention Committee Chair, Janis Gardner announced the following items: The BHAB will be creating a Housing Workgroup to collaborate with County agencies regarding the housing issue for our mental health and substance abuse clients. On August 29, the <i>Ventura County Opioid Solutions Summit: Addressing the Two-Fold Epidemic</i> will be held at the Ventura Beach Marriott. More info at: www.venturacountylimits.org/rx There is a new program with Todd Road Jail called RUFF- Road to Rehabilitation Utilizing Furry Friends. The dogs who are being adopted spend time with the inmates which helps teach patience, discipline, understanding, self-pride, communication skills and respect to the incarcerated. This program is funded by donations only, www.pivotareo.org . An article was also distributed on this new program.		

VI.	<p>Public Comments None.</p>		
VII.	<p>Staff/Provider Updates</p> <p>A.) Dan Hicks, Manager, ADP Prevention Services, mentioned that the recent Gold Coast Health Plan's Opioid Policy Summit on May 5, 2017. There was an excellent program and very helpful to VCBH in moving forward with their continued efforts on prescription drug and heroin prevention and intervention treatment goals.</p> <p>Gold Coast is a sponsor for our VCBH ADP Prevention initiative on Overdose Prevention and Rescue, including making possible a good supply of Naloxone in the kits that are used to reach people at elevated risk across Ventura County distributed through 19 different channels/sites. Over 100 lives have been saved so far by these efforts. More information at: www.venturacountylimits.org/rx</p> <p>Thanks were given to BHAB Prevention Committee Member Patricia Mowlavi, C.F.O., Gold Coast Health Care who pushed forward the funding for the Naloxone expansion in Ventura County.</p> <p>On Tuesday, June 27, from 1:30 to 3 pm, a free Marijuana Webinar called Marijuana Legalization & Healthcare Readiness: Lessons from Colorado will take place both online and in the Lake Tahoe Conference Room at VCBH in Oxnard. Space is limited and registration is required. Registration must take place by June 23 to attend online or in person: https://www.surveymonkey.com/r/MJWebinarJune27</p> <p>Also distributed for review the new VCBH ADP Prevention report "<i>Issue Briefing – Local Research: Drug-Related Deaths in Ventura County 2008 – 2014</i>" which summarizes a larger report on local drug related deaths using Ventura County Medical Examiner data. This report shows why VCBH is emphasizing Prevention efforts on the Opioid Crisis.</p> <p>B.) David Tovar, OTS Grant Coordinator, VCBH ADP Prevention Services gave the following updates within VCBH ADP Prevention Services Impaired Driving Prevention efforts:</p> <p>On Friday, June 9th, Mr. Tovar was invited by AAA of Southern California to speak at their Impaired Driving Summit in Orange County to share our VCBH DUI Prevention media efforts with IDEA Engineering (VCBH Contracted Provider) and our coalition and team building with other partner agencies and other non-profits in the area. Simon Dixon of IDEA Engineering presented an overview of why and how Prevention efforts are important. Mr. Tovar gave the programmatic overview of the VCBH Impaired Driving efforts and explained that it is only one facet of our VCBH ADP Prevention work and how we reach the community. About 300 people were in attendance at this event.</p> <p>The CA Office of Traffic Safety which funds some of our impaired driving programs gave us a tentative yes on a new grant for FFY 2017/18 (October – September). The grant will be slightly over \$250K and will focus the media portion on our fastest growing impaired driving sector, female drivers, while continuing the general outreach to the public.</p> <p>C.) David Deutsch, Director, NAMI Ventura, announced the upcoming NAMI General Meeting on Tuesday, June 13 at 7 pm at the Vineyard Community Church in Camarillo. This meeting will feature Andrew Koenig who will speak on the issues of SSI and SSDI benefits as well as describe the appeals and hearing process that sometimes goes along with these benefit applications. Also, a flyer followed to promote the NAMI Ventura County event - <i>A Minority Mental Health Awareness</i> to be held on Friday, June 23rd from 6 to 8 pm at the Bethel AME Church in Oxnard.</p>		
VIII.	<p>Prevention Committee Member and Participant Comments</p> <p>Patricia Mowlavi, BHAB Member and C.F.O., Gold Coast Health Plan, mentioned a TAY Site visit occurred in April 2017 and went well. It was good to see progress from the TAY clients who have been involved with Behavioral Health for a long time. Another report on this will be given at the next BHAB General Meeting.</p> <p>June Ewart, Community Coalition United distributed multiple event flyers that included: the VCBH MHSA events for Youth Mental Health First Aid (offered in Spanish) on June 8, 15, 22 & 29, 2017 from 8:30 am to 10:30 am at Iglesia de Nuestra Senora de Guadalupe in Santa Paula.; and, an "Open to the Public – Free Event" called the "<i>Youth Art & Craft Festival & Fine Art Scholarship Competition</i>" on Sunday, October 8, 2017 from 2 to 4:30 pm in Simi Valley.</p>		

IX.	<p>Time Certain Presentation</p> <p>Dr. Sevet Johnson, VCBH Behavioral Health Manager, Transitions Program, presented “TAY in Prevention” giving an overview of their services. In 2005, multiple gaps were identified within the programs offered to Transitional Age Youth (TAY) by Ventura County. At that time, TAY were an unserved and underserved population in Ventura County. The developmental needs of the TAY population were not met through traditional youth and family or adult clinics. As a result of this desire to serve Ventura County TAY, 2 clinics were established by VCBH – one in Oxnard and one in the Conejo Valley.</p> <p>Two types of programs serve the TAY – Transitions and Transitions FSP. Transitions FSP clients are provided with a higher level of clinical services. Transitions staff serve clients in both types of programs. Different activities are available to engage TAY on multiple subjects that include sobriety, parenting and employment. Transitions encourages their TAY clients to express their talents by giving them opportunities to “Heal through Art.” The creative process feeds their soul and allows TAY to express themselves with art and music.</p> <p>Some evidence-based Prevention practices of the Transitions program include: Cognitive Behavioral Therapy (CBT) and Motivational Interviewing.</p> <p>Every year, an event put on by SAMSHA is held at UCLA which honors those in the film industry as well as peers that advocate for mental health and wellbeing. VCBH vans are available for transporting clients who put on their best clothes and are treated to a night of wait service, gourmet food, star sightings and red carpets!</p> <p>After graduating from the program, Transitions also assists TAY with connections to the community and has the goal of helping clients to help themselves so they can continue to feel safe when moving forward with their lives without becoming dependent on their Transitions care givers.</p> <p>For more information on the Transitions program, please contact Sevet.Johnson@ventura.org</p>		
X.	<p>New Business</p> <p>None.</p>		
XI.	<p>Old Business</p> <p>Janis Gardner, Chair, BHAB Prevention Committee Chair mentioned that over the next several months, the FY16/17 BHAB PC Annual Report will be assembled. Chair Gardner shared the FY15/16 BHAB Prevention Committee Annual Report and asked for input on the Mission, Purpose and Objectives sections for the FY16/17 report.</p>		
XII.	<p>Future Meeting Discussion</p> <p>Janis Gardner, Chair, BHAB Prevention Committee Chair asked the group for suggestions for featured guests for the July Time Certain Presentation.</p>		
XIII.	<p>Adjourn</p> <p>Meeting was adjourned at 4:20 PM.</p>	<p>Next Meeting: July 10, 2017</p>	