

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
PREVENTION COMMITTEE
1911 WILLIAMS DRIVE, LAKE CACHUMA ROOM, OXNARD, CA**

MINUTES □ **Oct 10, 2016**

<u>PREVENTION MEMBERS PRESENT</u>	
Janis Gardner	BHAB Member, Chair Prevention Committee (PC)
Karyn Bates	BHAB PC Member, The Client Network, Vice President
Gane Brooking	BHAB PC Member
Katherine Kasmir	BHAB PC Member, Straight Up – Reality Improv, Executive Director
Ezequiel A. Sanchez	BHAB PC Member, TAY Tunnel
Mark Stadler	BHAB PC Member, Crisis Intervention Training (CIT) Program Administrator
Sandra Wolfe	BHAB PC Member
<u>VCBH STAFF PRESENT</u>	
Dan Hicks	VCBH, ADP Manager, Prevention Services
Cari Kawell	VCBH, Alcohol & Drug Programs, Prevention Services, Management Assistant
Kiran Sahota	VCBH, MHSA Manager, PEI
David Tovar	VCBH, Alcohol & Drug Programs, Office of Traffic Safety (OTS) Grant Coordinator
<u>FEATURED PRESENTER</u>	
Gabe Teran	Ventura County Office of Education (VCOE), Comprehensive Health & Prevention/Friday Night Live
<u>GUESTS</u>	
Marissa Espinoza	Casa Pacifica
Kim Patterson	Interface

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:19 PM by Chairperson, Janis Gardner.		
II.	Approval of the Agenda (Action) Agenda for October 10, 2016 was approved as written.	Approved as written M/S/C	
III.	Approval of the Minutes (Action) Minutes of September 12, 2016 were approved with the following amendments: remove Rachel Jones as an attendee and correct the Brief Risk Reduction Interview & Intervention Model acronym from (BRRIM) to read properly as (BRRIIM).	Approved as amended M/S/C	
IV.	Welcome and Introductions The Chair welcomed all. Self-introductions were made around the table.		
V.	Chair Announcements Janis Gardner, BHAB Prevention Committee Chair, announced that as of October 2, 2016 it is now official - the new Ventura County Health Care Agency Director, Johnson Gill. In addition, Ms. Gardner shared that in September, several events recently took place including the Preventing Suicide Conference and the <i>Marijuana – What Future Do You See?</i> Conference and the <i>Suicide Walk</i> event. 50 people participated in the walk and about 200 attended the community event which included good music and partner organizations who had booths there. Chair Gardner also mentioned that October is “Anti-Bullying” month which includes Cyberbullying; October 10 is World Mental Health Day according to the World Health Organization; and, October 15 is National LGBT Day.		
VI.	Public Comments N/A		
VII.	Staff/Provider Updates A.) Dan Hicks, Manager, VCBH ADP Prevention Services mentioned that VCBH Prevention Services has been doing edits to their new 2016-2021 Strategic Prevention Plan (SPP) which will be submitted to the State. It should be finalized within the next two weeks.		

Mr. Hicks mentioned that multiple CA State reports came out - one of which is the *High Intensity Drug Report* (64 pages with references) which cites interesting CA State level data.

Last week, Mr. Hicks represented VCBH ADP Prevention Services at a Simi Valley event on the topic of Cyberbullying which focused on expanding community education. Adult & Youth presentations took place with representatives in attendance from Ventura County Law Enforcement, Ventura County School Districts and Ventura County Behavioral Health. The Bullying topic overlaps both VCBH units - ADP Prevention Services & MHSA Prevention Early Intervention (PEI). Mr. Hicks distributed copies of the VCBH brochure *Cyberbullying – What Parents Need to Know*.

On Thursday, October 6th, two managers from VCBH ADP Prevention Services attended the *Immigration, Trauma & Substance Use: The Latino Journey to the U.S. Symposium* at the AT&T Center Auditorium at University of Southern California, Los Angeles, CA. This event was sponsored by the Addiction Technology Transfer Center Network which is funded by the Substance Abuse and Mental Health Behavioral Administration. The purpose of this symposium was to provide a forum where behavioral health professionals could learn about difficulties related to the process of immigration, associated trauma and implications, substance abuse and dependence.

- B.)** Kiran Sahota, VCBH, Mental Health Services Act Manager, shared that MHSA has many faceted components, so just talking about the Prevention Early Intervention Component doesn't cover all of the programs under MHSA. The CA State MHSA Prevention & Intervention regulations changed in October 2015 and will be implemented this year after being ratified by the state of CA, possibly at the end of this month. As a result of these changes, an enormous amount of data needs to be collected for the State under their Prevention component. Ms. Sahota's team is in the process of creating new tools for MHSA Prevention Providers which includes collecting all the demographic data for MHSA Prevention and why are they doing Prevention efforts such as: preventing children from being removed from the home, preventing relapse, preventing suicide, reducing stigma, reduced incarcerations and hospitalization. The VCBH MHSA unit is focused on creating data tools that are consistent for each of their Providers. This is a monumental task which Ms. Sahota and her team are hoping to have done by the end of this month and which will be implemented during this next Fiscal Year.

Ms. Sahota discussed other aspects of Prevention, mentioning that LGBTQ is in the forefront. The VCBH MHSA unit has been working with the Diversity Collective and Trans Alliance which had a gala yesterday. At this event, Sandra Wolfe, BHAB PC Member, received an award for her work with diversity. The MHSA unit is also looking at reconvening the Ventura County LGBTQ community with the idea of having "one stop" for community youth which addresses issues such as, what happens when youth leave VCBH or school, and it is nighttime... where do they go? The MHSA unit is working with Rainbow Umbrella on this as well.

Ms. Sahota and Chair Gardner shared with the group that any announcements for local events should be sent to Janis Gardner (Janis@panacea-ent.com) and "cc" Cari Kawell (cari.kawell@ventura.org). The VCBH MHSA unit has a new data person, Greg Bergan, so as it pertains to the PEI data, please contact him at: Greg.Bergan@ventura.org. The MHSA unit is currently working at the State Level to compile multiple reports that are due such as: an annual report, an EQRO report and an audit.

The Suicide Prevention Conference recently was held at Cal-State University Channel Islands (CSUCI) - about 250 people attended. Susie Favor Hamilton was the featured speaker along with Ventura County CEO, Mike Powers and VCBH Executive Director, Elaine Crandall. Mark Stadler, BHAB PC Member and CIT Program Administrator led a breakout session (Crisis Response).

Ms. Sahota recently received notice from CSUCI regarding a grant that they would like her to help co-author. The grant would provide funding for annual conferences for the VCBH MHSA unit helping them move forward with Suicide Prevention. In addition, Ms. Sahota is looking at coordinating a Spanish language Suicide Prevention Conference and is in talks with Ventura County School Districts to do a Partnering with Kevin Hines and Suicide Prevention for *May Is Mental Health Month*.

Ms. Sahota invited the group to check out WellnessEverydayVC.org - the Facebook link to the ads for Bullying featuring the Jose Luis story and Cyberbullying.

	<p>C.) David Tovar, VCBH, ADP Prevention Services, Office of Traffic Safety Grant Coordinator, updated the group on multiple items including an announcement that the CA Office of Traffic Safety granted VCBH for FFY 2017 \$250K. The focus of the program changes the current VCBH ADP Prevention Services program to work with underserved communities to change perceptions on impaired driving in a culturally appropriate and relevant way.</p> <p>On Wednesday, Oct 5th, Mr. Tovar was invited to speak at the AAA Drugged Driving Summit in Los Angeles at the Petersen Automotive Museum. The focus of this event was the changing legislative landscape and the increasing demand for innovative strategies surrounding impaired driving.</p> <p>D.) Katherine Kasmir, BHAB PC Member and Executive Director, Straight Up, shared that there were over 60 people on the Waitlist for the completely sold out tours (16 to 20 parents per tour) for the Saturday, October 8th “Reality Party for Parents” facilitated by Straight Up. At Straight Up Reality Parties, parents tour a home set up as a teen drinking party, with youth actors portraying common party activities and voicing concerns expressed by local teens and young adults. After each performance or tour, Straight Up facilitates community dialogue, with a panel to answer questions and discuss ideas for change. In attendance were representatives from the Thousand Oaks Police Department, Conejo Unified School District and the Ventura County Superintendent of Schools. For more information, please visit: http://straightupvc.org/realityparties/</p> <p>E.) Mark Stadler, BHAB Prevention Committee Member and Crisis Intervention Training (CIT), CIT Program Administrator announced that CIT had a booth at the Mental Health Resource Fair in Simi Valley which was hosted by Assemblymember Jacqui Irwin’s Office and Moorpark Community College. This event was held at Moorpark College on Saturday, October 10 to connect local residents with resources and services that are available in the community.</p> <p>Mr. Stadler also shared that recently 42 new CIT program attendees graduated and 25 Ventura County Law Enforcement officers attended an <i>Autism for Law Enforcement</i> event.</p>		
VIII.	<p>Time Certain Presentation 3:45 PM</p> <p>Gabe Teran, Project Specialist, Ventura County Office of Education (VCOE), Comprehensive Health and Prevention Programs (CHPP) / Friday Night Live (FNL) gave a presentation highlighting the scope of work of their Comprehensive Health and Prevention Programs. Mr. Teran distributed 4 flyers that included information on Suicide Prevention (safeTALK); a Drug Impairment Training for School Personnel (VCOE & CHP event); and, Human Trafficking (Forever Found).</p> <p>Mr. Teran stated that VCOE provides leadership, service, and support for all learners in collaboration with local educational and community agencies. In addition, VCOE provides direct services to students in specialized programs: Special education; Career Education Center; Incarcerated Youth; Expelled and at-risk youth; and, Special Populations (Cal-Safe, Homeless, Migrant). More specifically, the CHPP Department assists schools and districts to support academic achievement and healthy behavioral outcomes for students in a safe, supportive, and healthy school environment with positive school climates. CHPP oversees School Health Services, Health and Prevention Education, Professional Learning Opportunities, Youth Asset Development and Hearing Conservation.</p> <p>The CHPP Health Prevention Education efforts provide leadership and support with: Policy and Procedure development; Healthy, Safe, and Supportive Schools Collaborative (HS3); Health content standards; Grant writing and reporting requirements; Science-based, research-validated curricula selection and implementation; and, California Healthy Kids Survey (2016 Administration- Presentations available later this year).</p> <p>The CHPP promotes Youth Asset Development through various programs including Friday Night Live (FNL) in High Schools, Middle Schools, Upper elementary grades, and a Youth Advisory Council. FNL Mentoring uses volunteer High School students that mentor specifically referred middle school students. The Teens Kick Ash – Youth Tobacco-Free Advocacy Conference also supports Youth Asset Development.</p> <p>For more information on VCOE and CHPP visit: www.vcoe.org/health</p>		
IX.	<p>Old Business</p> <p>A.) Dan Hicks, Manager, VCBH ADP Prevention Services distributed a sample of the attendee packet that attendees received at the VCBH ADP Prevention Services,</p>		

	<p>September 28, 2016 conference <i>Marijuana – What Future Do You See?</i> This folder included items such as: the White Paper: <i>Marijuana - What the Science Says about Adolescent Use of Cannabis</i>. 270 people were in attendance. The conference included many dynamic speakers discussing the kind of norms we want to see for medical marijuana regulation and related policies to help keep marijuana out of the hands of young people.</p> <p>B.) Janis Gardner, Chair, BHAB Prevention Committee briefly mentioned VCBH Site Visits and shared some of the items on the Site Visit Form. Ms. Gardner asked the group if anyone was open to leading VCBH Site Visits to the local Aegis Treatment Centers and also mentioned that any Prevention Committee Site Visits would need to be focused specifically on the topic of Prevention.</p>		
X.	New Business N/A		
XI.	Prevention Committee Member Comments N/A		
XII.	<p>Future Meeting Discussion</p> <p>Janis Gardner, Chair, BHAB Prevention Committee asked the group if they wanted to have a BHAB Prevention Committee meeting in December. The group said no. There will not be a December 2016 BHAB PC meeting.</p> <p>Chair Gardner also stated that the Time Certain Presentation for the November 14 BHAB Prevention Committee should be from Mental Health, but, no specific presenter has yet been chosen.</p> <p>Chair Gardner mentioned that Dan Hicks, VCBH Alcohol and Drug Programs Prevention Services Manager and Kiran Sahota, VCBH, MHSA Manager would be giving a comprehensive overview at the BHAB General Meeting in January 2017 regarding the overlapping Prevention segment (drugs and mental health) with updates about how things are moving ahead in Ventura County as a result of the efforts of the ADP Prevention Services unit and Mental Health Services Act unit.</p>	<p>Approved</p> <p>M/S/C</p>	
XIII.	<p>Adjourn</p> <p>Meeting was adjourned at 4:36 PM.</p>	<p>Next Meeting: Nov 14, 2016</p>	