

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
 BHAB PREVENTION COMMITTEE
 1911 WILLIAMS DRIVE, STE. 210, LAKE TAHOE CONFERENCE ROOM, OXNARD, CA**

MINUTES □ August 14, 2018

<p>Present Janis Gardner, Chair BHAB Prevention Committee, BHAB Member Claudia Armann, BHAB Member Beth Burke, Casa Pacifica David Deutsch, NAMI Ventura Diana Hernandez, The Client Network Gabe Teran, Ventura County Office of Education/Friday Night Live Jan Ryan, Redleaf Resources Josh Lepore, Casa Pacifica Lori Litel, United Parents Roland Roberts, Reality Improv, Straight Up Stephanie Flournoy, Interface Children & Family Services</p>	<p>VCBH Staff Present Dan Hicks, VCBH/ADP Prevention David Tovar, VCBH/ADP Prevention Kiran Sahota, VCBH/MHSA/PEI Cari Kawell, VCBH/ADP Prevention</p> <p>NEXT MEETING: Tuesday, September 11, 2018, 3:15 – 4:30 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Conference Room (2nd floor), Oxnard, CA 93036</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:20 PM by Chairperson, Janis Gardner.		
II.	Welcome and Self-Introductions The Chair welcomed all. Self-introductions were made around the table.		
III.	Approval of the Agenda (Action) Agenda for August 11, 2018 was approved with the following amendment: Section VII. Staff / Provider Updates, item B) Kiran Sahota, MHSA, moved to item A) Dan Hicks, ADP Prevention Services. Dan Hicks provided an update during Section IX. Time Certain Presentation	Approved as amended M/S/C	Motion: David Deutsch 2nd: Lori Litel
IV.	Approval of the Minutes (Action) Minutes for July 10, 2018 were approved with the following amendment: Section VIII. Staff / Provider Updates, Item E) David Deutsch, NAMI Ventura, remove the words "Next month" from the 1 st bullet point, since the Diversity Collective did their presentation at the July 10 th NAMI General Meeting.	Approved as amended M/S/C	Motion: Claudia Armann 2nd: Lori Litel
V.	Chair Announcements Chair Gardner announced the following: <ul style="list-style-type: none"> The Central Coast Alliance United for a Sustainable Economy (CAUSE) Raising Justice Fundraising Event called "<i>Fiery Hope: From Resistance to Resilience</i>" will be held on Thursday, September 20th from 2:30 p.m. to 5:30 p.m. at the Residence Inn at River Ridge in Oxnard. Event pre-registration is required. For more info, visit: https://tinyurl.com/Raising-Justice-2018 or call (805) 658-0810. Chair Gardner provided for the group an article called, "<i>Turning Point Foundation – Growing Works.</i>" More information available at: Turning Point Foundation - www.turningpointfoundation.org – (805) 652-0000. 		
VI.	Public Comments N/A		
VII.	Staff / Provider Updates A.) Kiran Sahota, VCBH/MHSA/PEI mentioned the following: <ul style="list-style-type: none"> Next week, MHSA is pushing out their countywide needs assessment primary data collection survey. There will be 16,000 paper copies of the survey available in Spanish, English, Tagalog and Mandarin. The survey will also be online (same language options) for providers and communities. These surveys assist MHSA in gathering primary data in order to determine the areas within the community around which they can then model new programs. More information is available at: www.wellnesseveryday.org The Suicide Prevention Conference is on hold because the keynote speaker will not be available to do the presentation. The Conference was set for September 19th. Ms. Sahota is currently looking for a new inspirational keynote speaker for this event. SB1004 is new California State legislation that changing the way that MHSA is 		

	<p>able to spend their PEI dollars which will directly affect Ventura County. CA State will now determine how MHSA/PEI can spend their money toward efforts to serve the County's underserved populations.</p> <ul style="list-style-type: none"> • PEI efforts will be focused on identified threshold populations such as: LGBTQ, Native American, Hispanic, African-American, or Asian Pacific Islander. • MHSA/PEI will still be focusing on psychosis with Telecare, as well as K-12 efforts, and college mental health efforts. • Moving forward, Ventura County MHSA/PEI will have to adjust some of their program efforts. They may have to end programs in order to implement new ones to expand within the specific CA State required areas. This likely will not happen until January 2020 as SB1004 is currently in legislation. • Currently underway is another approved MHSA/PEI/Innovations Suicide Prevention Program that will train bartenders in QPR to identify patrons (men) and recognize suicide symptoms. Innovations is looking to reduce suicidal ideations and completed suicides of the men in Ventura County. • MHSA/PEI/Innovations is looking for 12 bars in Ventura County to implement this new training service. • Every year, 44% to 48% of suicides within Ventura County are attempted by white males – usually by gunshot. MHSA/PEI/Innovations would like to reduce this number. • MHSA/PEI is also partnering with Interface for PUSH Technology which offers to any youth that come out of the Children's Stabilization Unit or any adult that comes out of IPU, an option to opt-in to this PUSH program. It is a follow-up system for support in staying on track to recovery. If assistance is required, those seeking referral support will be readily available. <p>B.) David Deutsch, Executive Director, NAMI Ventura announced the following:</p> <ul style="list-style-type: none"> • The NAMI General Meeting will be held on Tuesday, August 14th at 7pm at Camarillo Christian Church at 1777 Arneill Road in Camarillo. There will be a Suicide Prevention presentation. • The NAMI Walk is Saturday, October 13th at San Buenaventura State Beach. For more information contact: Roberta Griego, roberta@namiventura.org; (805) 641-2426 – www.namiwalks.org/venturacounty. • Event flyers in both English and Spanish were distributed. <p>C.) Roland Roberts, Project Manager, Straight Up, shared the following announcements:</p> <ul style="list-style-type: none"> • This is a slow time of year for Straight Up, right before the beginning of the new school year. • Straight Up is working with its partners on organizing the next "Reality Party" for October 2018. • Straight Up just completed new Prescription Drug Public Service Announcements. <p>D.) Jan Ryan, Consultant, Redleaf Resources provided several updates:</p> <ul style="list-style-type: none"> • On August 13, Redleaf Resources participated in the Oxnard Union High School District (OUHSD) interviews for newly created Intervention Specialist positions. • 12 candidates are vying for 9 positions who will be the 1st Intervention Specialists within OUHSD to begin providing a District-wide Student Assistance Program at various school sites as well as having a centralized team. OUHSD is committed to this long-term, District-funded program. 		
VIII.	Prevention Committee Member Comments N/A		
IX.	<p>Time Certain Presentation (3:45 pm): Dan Hicks, Manager, VCBH, ADP Prevention Services co-presented "Opioid & Cannabis Efforts Updates" with David Tovar, OTS Grant Coordinator, VCBH ADP Prevention Services.</p> <ul style="list-style-type: none"> • The English/Spanish tri-fold Opioid Brochure called "<i>What You Need to Know about Opioids</i>" was shown to the group. • Mr. Hicks mentioned that services provided by ADP Prevention Services are tied to the ADP Prevention Services 5-year Strategic Prevention Plan which is comprised of 5 different initiatives. One of the largest initiatives in terms of time, effort and focus is responding to the Opioid Crisis. For more information, please visit: www.venturacountyresponds.org • He also shared an ADP Prevention Services Community Outreach Snapshot from FY 17-18 (July 1, 2017 to June 30, 2018) that included multiple items such as the Total Number of Community Outreach Events & Presentation; the Total Number of Community Outreach Events, Presentation and Meetings related to addressing the Opioid Crisis & Prescription Drug Abuse Initiative; and, the total number of brochures distributed. • Mr. Hicks noted that it may be people's perception that cannabis and alcohol are 		

	<p>getting all the attention within the context of home parties, but, in actuality, the biggest part of ADP Prevention Services Community Outreach & Education efforts are focused on responding to the Opioid Crisis. Every year, Ventura County loses between 60 and 100 people to accidental drug overdoses. Similar to the national statistics, the biggest part of the Ventura County overdose deaths involve opioids.</p> <ul style="list-style-type: none"> • 25% of the autopsies performed by the medical examiner's office in 2017, were as a result of accidental drug overdoses. • David Tovar distributed two different informational cards – <i>“Keep Cannabis Away From Kids”</i> and <i>“MJ Factcheck Focused on Facts.”</i> • Every year, Ventura County DUI gets about 2500 clients. DUI is the most used service at Ventura County Behavioral Health. People are sent to these services after a DUI arrest. One of the last things that is done with people who are about to complete their DUI program, is to complete the Place of Last Drink (POLD) survey which tells about the night of their arrest. Used for the past 20 years, the POLD survey has had about 35,000 responses that have assisted in gathering this type of DUI data. • Recent POLD survey results have shown an increase in cannabis use. As a result, new partnerships are being created with each Ventura County jurisdiction with cannabis dispensaries. • Three jurisdictions with adult use medical dispensaries will be opened in October 2018. They will be located in Ojai, Port Hueneme and Thousand Oaks. The aforementioned information will be disseminated to those who visit these dispensaries. • A change in impaired driving policy is happening at the California State level. The next meeting for the CA State Impaired Driving Taskforce is in September. This meeting will be reviewing the devices and the science behind detecting impaired driving such as breathalyzers which detect alcohol within the body. There is no device yet that detects cannabis or other drug use. These future devices will likely be transdermal and will be able to detect the substances within the body of the impaired driver. 		
X.	<p>Old Business Discussion continued by the group with their suggestions for final edits to the FY 17-18 BHAB Prevention Committee Annual Report.</p>		
XI.	<p>New Business Future Meeting Presentation discussion confirmed that Straight Up and VCOE would be Time Certain Presenters in September or October.</p>		
XII.	<p>Adjourn Meeting was adjourned at 4:54 PM.</p>		