

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
 BHAB PREVENTION COMMITTEE
 1911 WILLIAMS DRIVE, STE. 210, LAKE TAHOE CONFERENCE ROOM, OXNARD, CA**

MINUTES □ February 12, 2019

<p><u>Present</u> Janis Gardner, Chair BHAB Prevention Committee, BHAB Member Claudia Armann, BHAB Member Mary Haffner, BHAB Member Patricia Mowlavi, BHAB Member Diana Hernandez, The Client Network Beth Burke, Casa Pacifica Gabe Teran, Ventura County Office of Education/Friday Night Live Javier Bautista, Pacific Clinics TAY Tunnel Katherine Kasmir, Straight Up Lori Litel, United Parents Stuart Fiedler, The Client Network Theresa Plante, Casa Pacifica Vicky Gonzales, Ventura County Public Health Yaakov Cahnman, Saving Lives Camarillo (SLC)</p>	<p><u>VCBH Staff Present</u> Dan Hicks, VCBH/ADP Prevention David Tovar, VCBH/ADP Prevention Cari Kawell, VCBH/ADP Prevention Erika Fernandez, VCBH/ADP Prevention</p> <p>NEXT MEETING: Tuesday, March 12, 2019, 3:15 – 4:30 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Conference Room (2nd floor), Oxnard, CA 93036</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The meeting was called to order at 3:17 p.m. by Chairperson, Janis Gardner.		
II.	Welcome and Self-Introductions The Chair welcomed all. Self-introductions were made around the table.		
III.	Approval of the Agenda (Action) Agenda for February 12, 2019 was approved as written.	Approved as written. M/S/C	Motion: Claudia Armann 2 nd : Katherine Kasmir
IV.	Approval of the Minutes (Action) Minutes for November 13, 2018 were approved as amended: to make the correction to attendee name "Theresa Burke" to read "Theresa Plante."	Approved as amended. M/S/C	Motion: Mary Haffner 2 nd : Claudia Armann
V.	Chair Announcements Chair Gardner announced the following: <ul style="list-style-type: none"> Chair Gardner thanked Lori Litel and The United Parents staff for their thought-provoking and educational presentation at the recent General BHAB meeting. The Foul Weather Shelter in the City of Oxnard is now open. More information at: https://www.oxnard.org/the-city-of-oxnard-will-activate-foul-weather-shelter-1-5-19/ January 2019 was deemed by the Ventura County Board of Supervisors as "Human Trafficking Prevention" month. David Deutsch, Former Director of NAMI Ventura has recently resigned. They do not yet have a new Director. The NAMI Ventura golf tournament will still be held on Friday, March 15th. Detectives from the Ventura County Sheriffs' West County Narcotic street team recently concluded a narcotics investigation in Santa Paula where they removed a lot of methamphetamine and heroin. 		
VI.	Public Comments N/A		
VII.	Staff / Provider Updates A.) Dan Hicks, Manager, VCBH Alcohol & Drug Programs Prevention Services mentioned the following: <ul style="list-style-type: none"> A warm welcome was given to the ADP Prevention Services newest staff member, Erika Fernandez, Community Services Coordinator. In the Tuesday, Feb 12, 2019 edition of the Ventura County Star there was an article about Ventura Police officers who now carry Naloxone and a recent downtown Ventura rescue by an officer in training. This is great validation for the combined OD Prevention collaboration efforts of Ventura County Agencies such as: VCBH; Emergency Medical Services (EMS); and, Ventura PD. Mr. Hicks extended a "thank you" to Vicky Gonzales, Staff Services Specialist, VCPH 		

Tobacco Policy Program for starting Prevention on the topic of vaping, as well as thanks to Gabe Teran, Operations Specialist for Youth Services, VCOE/FNL for his recent presentation at the VCBH Quarterly ADP Prevention Provider Meeting on Thursday, January 31st.

- B.)** Yaakov Cahnman, Community Coordinator, Saving Lives Camarillo reported the following:
- Mr. Cahnman just returned from the Community Anti-Drug Coalitions of America (CADCA) event in Washington DC. Almost 3000 people were in attendance and represented over 600 drug prevention coalitions across the United States.
 - Substance Abuse and Mental Health Services Administration (SAMSHA) also had their Prevention Day at this event.
 - Last Wednesday, SLC was at Capitol Hill to advocate to our Congresswoman about the importance of drug prevention in our communities.
- C.)** Katherine Kasmir, Executive Director, Straight Up gave several updates as follows:
- So far for FY 2018-19, Straight Up has completed around 300 workshops for over 5600 participants.
 - Over 800 young people completed advocacy projects for Straight Up.
 - As of the end of January 2019, the youth video projects that they have done have aired almost 12,000 times on CAPS TV.
 - A successful Reality Party for Parents was held in the City of Ventura on Saturday, January 9th.
 - Straight Up has added “Vaping 101” workshops to their offerings to further educate parents and youth.
 - In their work for Health Disparities and Vulnerable Populations, Straight Up is now doing more mental health-type workshops.
- D.)** Lori Litel, United Parents announced that:
- From May 15 – 17th, the 39th Annual California Mental Health Advocates for Children and Youth (CMHACY) Conference will be held at Asilomar Conference Grounds in Pacific Grove, CA. More information can be found here: <http://cmhacy.org/2019conference/>
 - United Parents is partnering with CMHACY to offer a Parent Track at this Conference. They will be leading some workshops/presentations promoting Mental Health Advocacy to address bullying.
 - United Parents has a number of full scholarships available for the CMHACY Conference which could include event registration, lodging, and/or travel expenses. For more information, please contact: Melissa Hannah at mhannah@unitedparents.org.
- E.)** Vicky Gonzales, Staff Services Specialist, Tobacco Policy Program, Ventura County Public Health, announced the following:
- Regarding Vaping Policy, the City of Oxnard is the only city in Ventura County that has a Tobacco Return Licensing program. Since 2012, there has been a fee established to enforce tobacco laws. VCPH is working to get other jurisdictions to address this topic.
 - Currently, the City of Oxnard sets the standard as they have a good second-hand smoke ordinance. It took 9 years for the City of Oxnard to pass this smoke ordinance. It took a lot of effort to get elected officials to recognize this smoke ordinance as a fee and not as a tax.
 - VCPH has been working with various municipalities in Ventura County to get them to apply for the CA State Dept. of the Attorney General’s Office to receive tobacco enforcement grants. These grants are paid through Prop 56 which also pays for VCPH’s Tobacco Policy Program.
 - VCPH’s Tobacco Policy Program staff provides assistance to cities to help them draft the policy language for these smoke ordinances which cover second-hand smoke from both tobacco and cannabis.
 - Vaping technically does not create “smoke” but rather, an “aerosol.”
 - 7 out of 10 jurisdictions in Ventura County have a second-hand smoke ordinance.
 - Moorpark has the strongest second-hand smoke ordinance in Ventura County which includes a “smoke-free, multi-use” housing ordinance. If you live in an apartment complex in Moorpark, you cannot smoke.
- F.)** Gabe Teran, Operations Specialist for Youth Development, VCOE/FNL, offered the following:
- From the policy side, within the Ventura County school system, one of the main components of an effective vaping presentation should be about how Ventura County schools are responding to the issue of vaping. VCOE is trying to proactive

	<p>with their efforts to educate on this topic.</p> <ul style="list-style-type: none"> • The CA State Dept. of Education revised their requirements for a school district to be tobacco-free certified in order to comply with the CA State Dept. of Education Code. • A CA school district has to be tobacco-free certified in order to apply for Prevention grants, so, if a school district does not have that tobacco free certification they miss out on Prevention funds. • School district policies have been revised with the definition of tobacco products which now include “e-products – ie: vaping and related electronic products.” • All of the Ventura County school districts have now revised their district policies, in fact, the VC school districts were ahead of the CA State deadline. • There are only 2 remaining school districts in Ventura County who do not have the Prevention funding. • Most of the VC school districts now have a curriculum that is being implemented which VCOE helped develop with VC school districts/teachers to assist them with incorporating the subject of vaping products. • In addition, the FNL program and other youth programs throughout Ventura County are helping to address what students are saying is important to know about vaping so that something can be done about it. • VCOE is approaching the vaping subject in a multi-faceted way to address this ever-evolving and very large issue. 		
VIII.	Prevention Committee Member Comments N/A		
IX.	<p>Time Certain Presentation (3:45 pm): Dan Hicks, Manager, ADP Prevention Services, VCBH co-presented with David Tovar, OTS Grant Coordinator, ADP Prevention Services, VCBH, a PowerPoint entitled, “<i>The Great Vape Escape</i>” which included the following:</p> <ul style="list-style-type: none"> • Teens across Ventura County are using vaping devices in record numbers. • Nearly 2 in 5 students in 12th grade report past-year vaping, raising concerns about the impact on brain health and potential for addiction. • Teens who vape nicotine or marijuana increased across all grades 8th – 12th. • Examples of vaping devices were shown to illustrate product diversity. • For many years, consumers were told that the clouds made by e-cigarettes/vape pens was just water vapor, but, that is not true. • The health effects of the exposure to these chemical emissions can cause cancer – ie: formaldehyde, other chemicals. • The FDA does not currently require e-cigarette manufacturers to stop using potentially harmful substances. • The nicotine in e-cigarettes is addictive and can harm brain development, especially exposure in teens and young adults. • Nicotine can lead to hypertension, diabetes, obesity, neurobehavioral defects, infertility, and even respiratory failure. • Cannabis use may have long-lasting or permanent effects on the developing adolescent brain. There is increased risk of mental health issues including depression or anxiety, and, in some cases, exacerbation of psychosis where there is a family history. • The long-term health effects of vaping is unknown despite the inhalation and accumulation of heavy metals such as chromium, nickel, lead and zinc. • VCBH ADP Prevention Services facilitates the MJ Factcheck websites – www.mjfactcheck.org (English) and www.datosmarihuana.org (Spanish) which helps youth and parents stay up-to-date with cannabis and youth health and safety. • The Ventura County vaping epidemic demands a public health response including demand reduction, especially for parents of young teens, and teens themselves; and, to adjust/augment current “smoking” and teen brain messaging. • In addition, strong enforcement of state and local policies on products & sales and expanded local action to deter retail and social access for youth are needed. 		
X.	Old Business N/A		
XI.	<p>New Business</p> <ul style="list-style-type: none"> • Future meeting presentation discussion confirmed that the Ventura County Office of Education will do the April 2019 Time Certain Presentation. • Dialogue regarding decorum and respectful communication between staff and committee members was facilitated by Chair Janis Gardner. 		
XII.	<p>Adjourn Meeting was adjourned at 4:33 p.m.</p>		