

**VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD  
 BHAB PREVENTION COMMITTEE  
 1911 WILLIAMS DRIVE, STE. 210, LAKE TAHOE CONFERENCE ROOM, OXNARD, CA**

**MINUTES □ March 12, 2019**

<p><b>Present</b>          Janis Gardner, Chair BHAB Prevention Committee, BHAB Member          Captain James Fryhoff, BHAB Member/VCSO/Ojai Police Department          Mary Haffner, BHAB Member          Patricia Mowlavi, BHAB Member          Scott Walker, Crisis Intervention Team (CIT)          Stephanie Fournoy, Interface Children &amp; Family Services          Theresa Plante, Casa Pacifica          Yaakov Cahnman, Saving Lives Camarillo (SLC)</p>	<p><b>VCBH Staff Present</b>          Dan Hicks, VCBH/ADP Prevention          David Tovar, VCBH/ADP Prevention          Cari Kawell, VCBH/ADP Prevention          Clara Barron, VCBH/MHSA/Prevention Early Intervention</p> <p><b>NEXT MEETING:</b>  <b>Tuesday, April 9, 2019, 3:15 – 4:30 p.m.</b></p> <p>Ventura County Behavioral Health          1911 Williams Drive, Lake Tahoe Conference Room          (2<sup>nd</sup> floor), Oxnard, CA 93036</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> The meeting was called to order at 3:23 p.m. by Chairperson, Janis Gardner.		
II.	<b>Welcome and Self-Introductions</b> The Chair welcomed all. Self-introductions were made around the table.		
III.	<b>Approval of the Agenda (Action)</b> Agenda for March 12, 2019 was approved as written.	Approved as written.	Motion: Mary Haffner 2 <sup>nd</sup> : Theresa Plante
IV.	<b>Approval of the Minutes (Action)</b> Minutes for February 12, 2018 were approved as written.	M/S/C Approved as written.	Motion: Mary Haffner 2 <sup>nd</sup> : Theresa Plante
V.	<b>Chair Announcements</b> Chair Gardner announced the following: <ul style="list-style-type: none"> <li>• On Friday, March 15, the NAMI Ventura County Golf Tournament will take place at the Victoria Lakes Golf Course in Oxnard.</li> <li>• Oxnard's 1<sup>st</sup> annual native American Peoples Intertribal Pow-Wow will take place on April 13<sup>th</sup> &amp; 14<sup>th</sup> at Oxnard Beach Park honoring elders and veterans. Public is welcome and VCBH is participating.</li> <li>• February 2019 is National Black History Month.</li> <li>• March 2019 is Women's History Month.</li> <li>• Ronald McDonald house will be at Ventura County Medical Center (VCMC) which will allow parents of pediatric patients to stay nearby while their children are being treated for cancer. It is an honor for VCMC to be chosen to host a Ronald McDonald house.</li> <li>• According to <i>The Ventura County Star</i>, on March 12, the City of Ventura School District voted to support a resolution in support of a citywide tobacco retail licensing ordinance that would ensure tobacco retailers in the city will not advertise or sell tobacco products to underage kids and to not sell flavored tobacco products (ie: vapes). Although school boards cannot enact city ordinances they are hoping that the Ventura County City Council would take up the ordinance and bring it to the Ventura City Council.</li> <li>• The Ventura County Board of Supervisors proclaimed March is National Healthy Nutrition month.</li> <li>• On March 7<sup>th</sup>, there was an event against human trafficking and sexual slavery with a march down Main St. in Ventura.</li> </ul>	M/S/C	
VI.	<b>Public Comments</b> N/A		
VII.	<b>Staff / Provider Updates</b> A.) Dan Hicks, Manager, VCBH Alcohol & Drug Programs Prevention Services mentioned the following: <ul style="list-style-type: none"> <li>• The national Rx Drug &amp; Heroin Summit will take place in April 2019 in Atlanta, GA.</li> </ul>		

VCBH was selected to present about the Ventura County Overdose Prevention Program.

- A final version of a map of the municipal Cannabis Policy developments thru January 31, 2019 is about to be released.
- There are a lot of developments within the local cannabis policy realm.
- Prevention Services is in the process of recruiting a new staff member under the County Opioid Abuse Suppression Taskforce (COAST) grant funding. This is a strong collaboration of multiple Ventura County agencies to look more closely at the data around opioid and prescription drug problems that lead to overdose deaths.
- There are about 850,000 people in Ventura County, and, annually, the County is at 1.3 million prescriptions for scheduled substances. With safe disposal sites being limited, it provides easier access to obtain these prescription drugs so some strong prevention messaging will focus on driving down the social supply of Rx drugs.

**B.) Clara Barron, Operations Manager, MHSA/PEI reported the following:**

- MHSA/PEI is currently finalizing their annual update to their 3 year plan. Some items that were addressed are: program descriptions; and, how they are going to spend funding.
- Every year, CA State asks VCBH MHSA/PEI to update this plan and then report for that current year. The current report should come out in a few weeks.
- A Prevention Early Intervention evaluation feeds the report outcomes.
- SB1004 is the new legislation that outlines and prioritizes how VCBH MHSA is to spend their PEI money. VC MHSA/PEI is beginning to align their efforts with these new rules.
- A newly designated target group is youth (ages 0 to 15) who have been exposed to adverse and traumatic childhood events and prolonged toxic stress.
- Another new target group is high school (Transitional Aged Youth – TAY) aged youth. VC MHSA/PEI would go to schools and find out where there are gaps in their services so that they can supplement with additional services to better serve the population.
- Older adults are also a target population under this new legislation.
- MHSA/PEI will be conducting a new assessment for early psychological & mood disorders.
- By January 2020, CA State is supposed to give direction to CA Counties who receive MHSA/PEI funding.

**C.) Yaakov Cahnman, Community Coordinator, Saving Lives Camarillo (SLC) shared the following items:**

- On Thursday, March 14<sup>th</sup>, SLC will hold a Prescription Drug Taskforce meeting regarding the expansion of prescription drug take-back locations in Camarillo.
- Pharmacy locations in Oxnard, Thousand Oaks, currently have Rx drug takeback locations. SLC is trying to gain participation from CVS locations in Camarillo to be Rx disposal sites.
- SLC is also working on prescription security by using the Sheriff's grant they received which helps them to promote the use of prescription drug lockboxes in homes within the Camarillo community.
- On Tuesday, March 19 at 5:30 p.m., SLC will have an Alcohol & Vaping Taskforce planning meeting for the upcoming National Convention Week which runs from May 12 thru May 18th. They will be presenting a Communities Talk Town Hall for underage alcohol use and vaping.

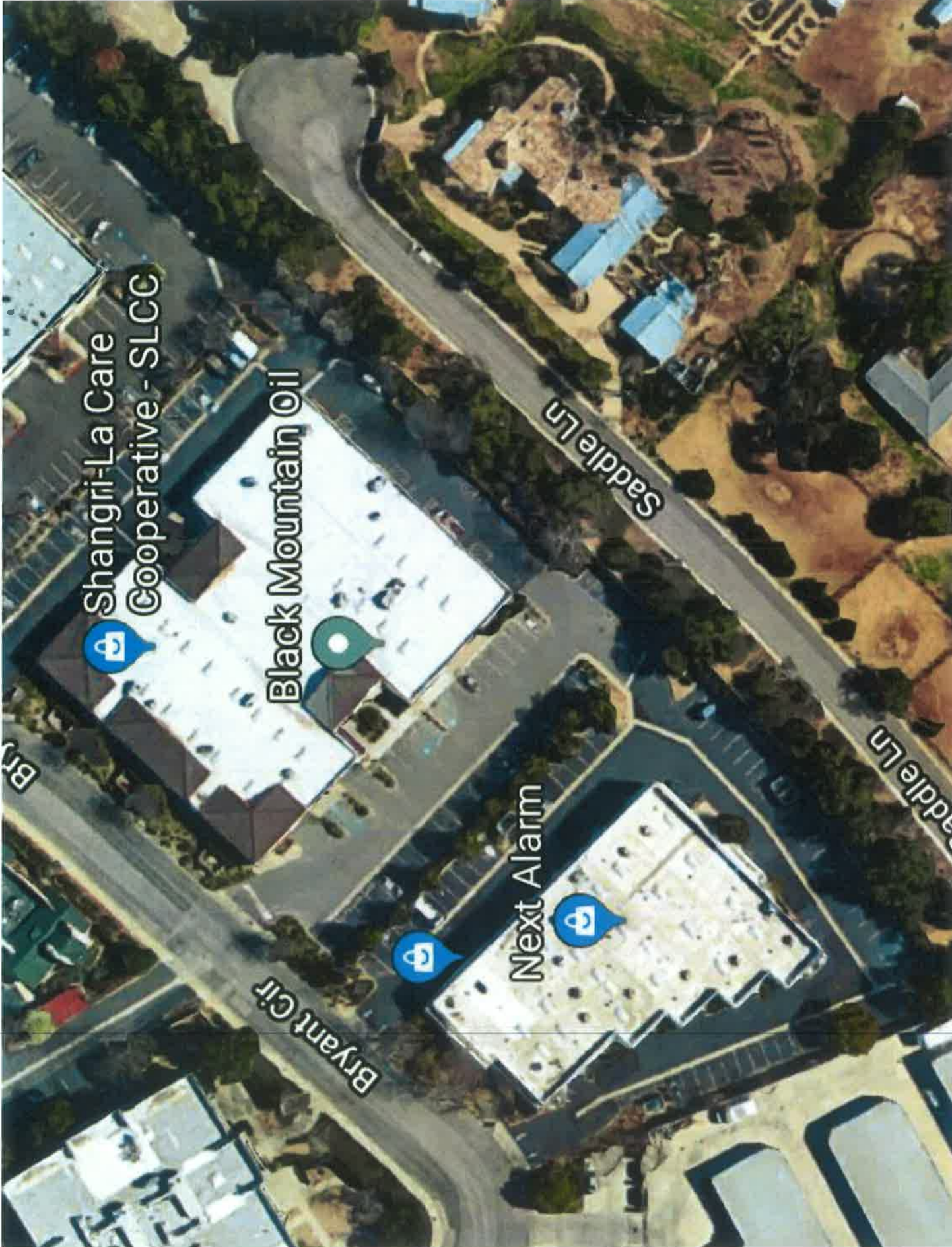
**D.) David Tovar, Office of Traffic Safety (OTS) Grant Coordinator, VCBH Alcohol & Drug Program Prevention Services gave announcements that included:**

- Recently, VCBH ADP Prevention submitted a grant proposal to OTS which would change the current grant focus to prevent doctor shopping and impaired driving.
- The new grant efforts would go toward getting drug providers and furnishers of medications to check the Controlled Substances Utilization, Review and Evaluation System (C.U.R.E.S.), and, to promote prescription drug takebacks. Outreach to these audiences could help ensure that they are talking to their clients/patients about the risks of taking their medications and driving.
- With 1.3 million prescriptions for scheduled substances in Ventura County, and with 600,000 of those being opioids, this innovative grant proposal would help address the ramifications of this countywide situation.
- Recently, VCBH ADP Prevention hosted a quarterly meeting for a countywide DUI workgroup. The goal of the workgroup is to connect agencies and individuals to better understand issues surrounding DUI in Ventura County. Presentations were given by the Ventura County District Attorney's Office, Probation and VCBH.
- VCBH ADP Prevention Services is currently working with the Ojai Police Department to distribute 20,000 copies of cannabis educational materials.

	<p>E.) Captain James Fryhoff, Ventura County Sheriff's Office &amp; Chief of Police for the City of Ojai, mentioned that:</p> <ul style="list-style-type: none"> <li>Last week, Saint Rose of Lima Church in Simi Valley had a forum with about 75 people in attendance. They discussed the challenges with the opioid crisis. Multiple Law Enforcement representatives were present including VCSO Narcotics and Simi Valley Police Dept.</li> </ul>		
VIII.	<p><b>Prevention Committee Member Comments</b> N/A</p>		
IX.	<p><b>Time Certain Presentation (3:45 pm):</b> Captain James Fryhoff, Ventura County Sheriff's Office &amp; Chief of Police for the City of Ojai, presented a PowerPoint entitled, <i>"Integrated Prevention: Cannabis dispensaries and City Policies"</i> which included the following:</p> <ul style="list-style-type: none"> <li>In Ventura County, many people are obtaining their marijuana from the black market. This is partly because of Prop 64, and, prior to that, the Compassionate Use Act which decriminalized marijuana use and possession. As a result, black market sources are thriving, giving underage people easier access to acquiring marijuana.</li> <li>Within Ventura County, there is a significant drop off of people who are seeking treatment in lieu of time served – perhaps because it correlates to changes in Prop 47, 57 and AB109 that allowed Ventura County to release low-level offenders back into the community. Historically, Law Enforcement was able to give offenders 30 to 90 days in jail, whereas now, offenders are doing virtually no jail time. There are fewer people going into treatment because now there is no penalty for Under the Influence (U.I.).</li> <li>Currently, there are 3 licensed cannabis dispensaries in the City of Ojai: Ojai Greens; Sespe Creek Collective; and, Shangri La Care.</li> <li>Ages 21 and over can go in and buy up to 1 oz. of recreational marijuana.</li> <li>If you are 18 and have a prescription for marijuana, you can go in. No minors are allowed in these facilities.</li> <li>Captain Fryhoff has good working relationships with the owners of these 3 dispensaries and has asked that they keep in mind a Prevention model to support the community. This includes handing out flyers and talking about the dangers of using marijuana and driving.</li> <li>Samples of these informational pieces were discussed such as: <i>"Cannabis and Driving Don't Mix,"</i> and, <i>"Keep Cannabis Away from Kids."</i> In addition, informational handouts are distributed with each purchase to educate customers about topics such as, the dangers of using marijuana and driving, and, using during pregnancy.</li> <li>At first, the Ojai dispensaries had about 30 customers a day. Now they might have around 250 a day.</li> <li>Currently, all the cannabis that is sold by Ojai dispensaries is prepackaged and sealed because none of these retailers yet have a micro-business license allowing them to legally manufacture their own marijuana.</li> <li>The prepackaged and sealed cannabis has been CA State approved and tested for purity to see if it contains substances such as pesticide, fungus or mold.</li> <li>The CA State Bureau of Cannabis Control (BCC) can visit at any time. The manufacturers not the dispensaries, are held responsible for product purity.</li> </ul>		
X.	<p><b>Old Business</b></p> <ul style="list-style-type: none"> <li>The 2018-19 BHAB Prevention Committee Action Plan that BHAB PC members have been contributing to was recently submitted by BHAB PC Chair Janis Gardner to the BHAB General Board. Copies of this document were distributed to the group.</li> </ul>		
XI.	<p><b>New Business</b></p> <ul style="list-style-type: none"> <li>In April, VCOE will present the latest results of the CA Healthy Kids survey. This encompasses all areas of lifestyle for school-aged children. The survey is done every 2 years. The survey includes but is not limited to data on drugs, LGBTQ+, suicide, bullying and more.</li> </ul>		
XII.	<p><b>Adjourn</b> Meeting was adjourned at 4:30 p.m.</p>		

# "Integrated Prevention: Cannabis dispensaries and City Policies"

by Fryhoff, James



Shangri-La Care  
Cooperative - SLCC

Black Mountain Oil

Next Alarm

Saddle Ln

Bryant Cir

Saddle Ln







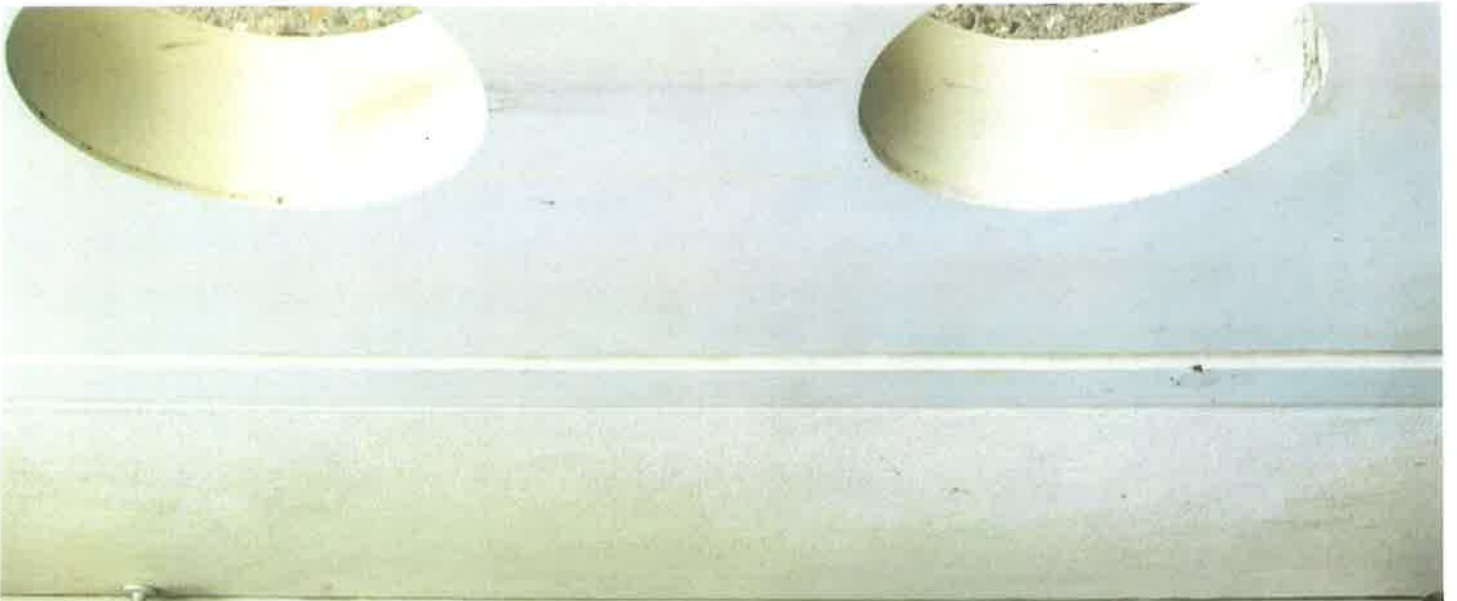
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NOW OPEN

CELEBRATING 100 YEARS  
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NO SOLICITING



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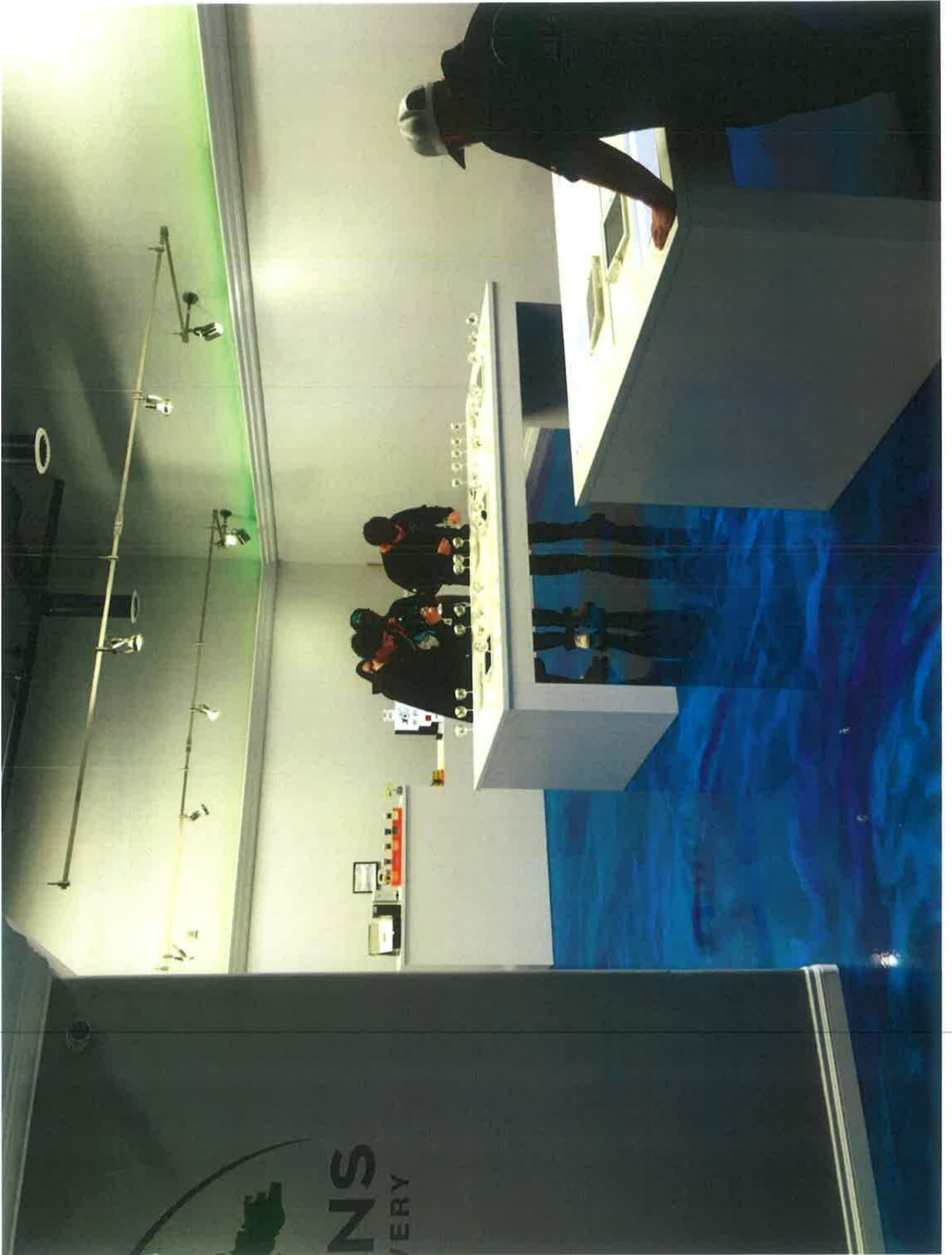
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Please Call For Appointment  
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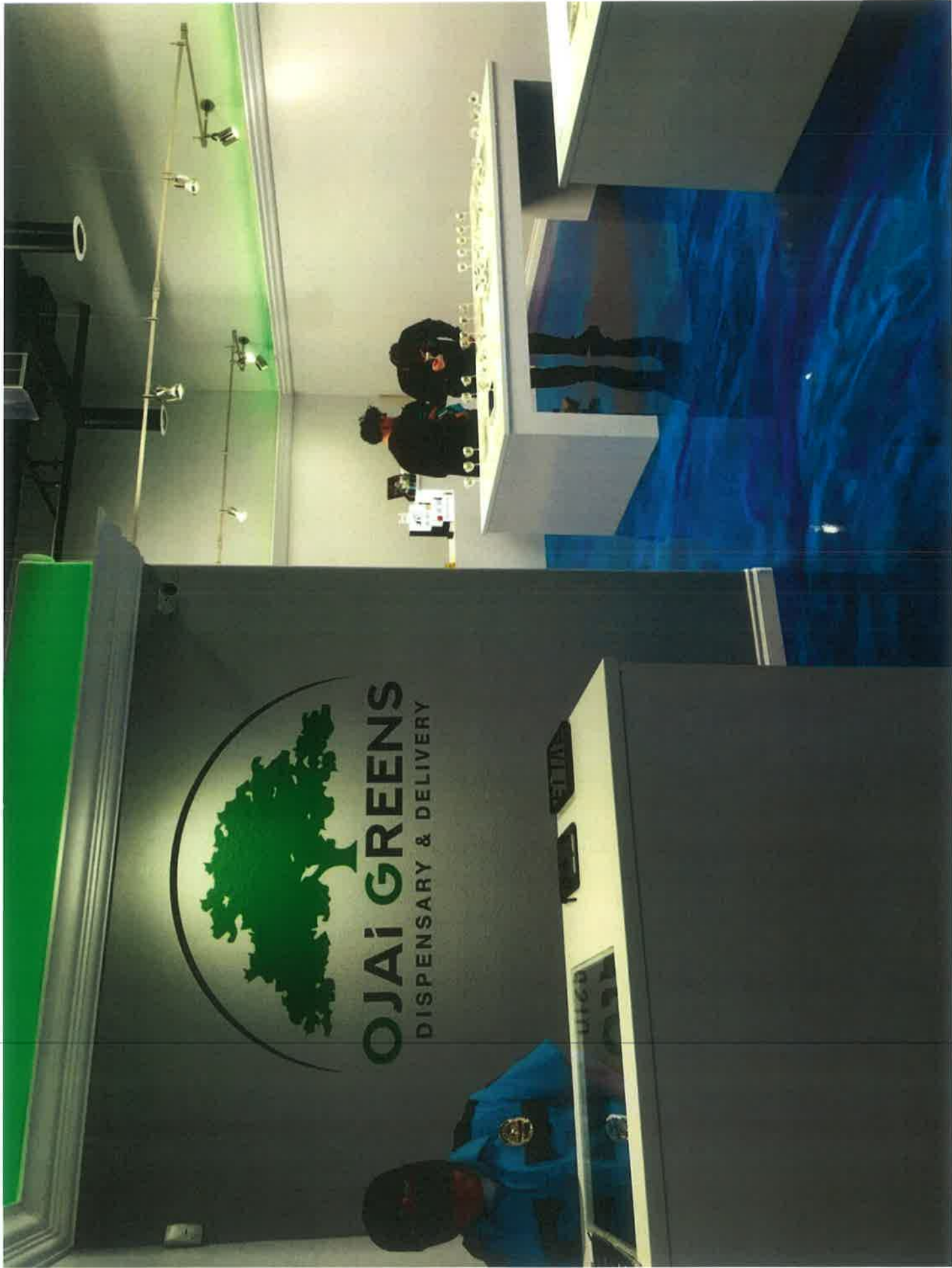


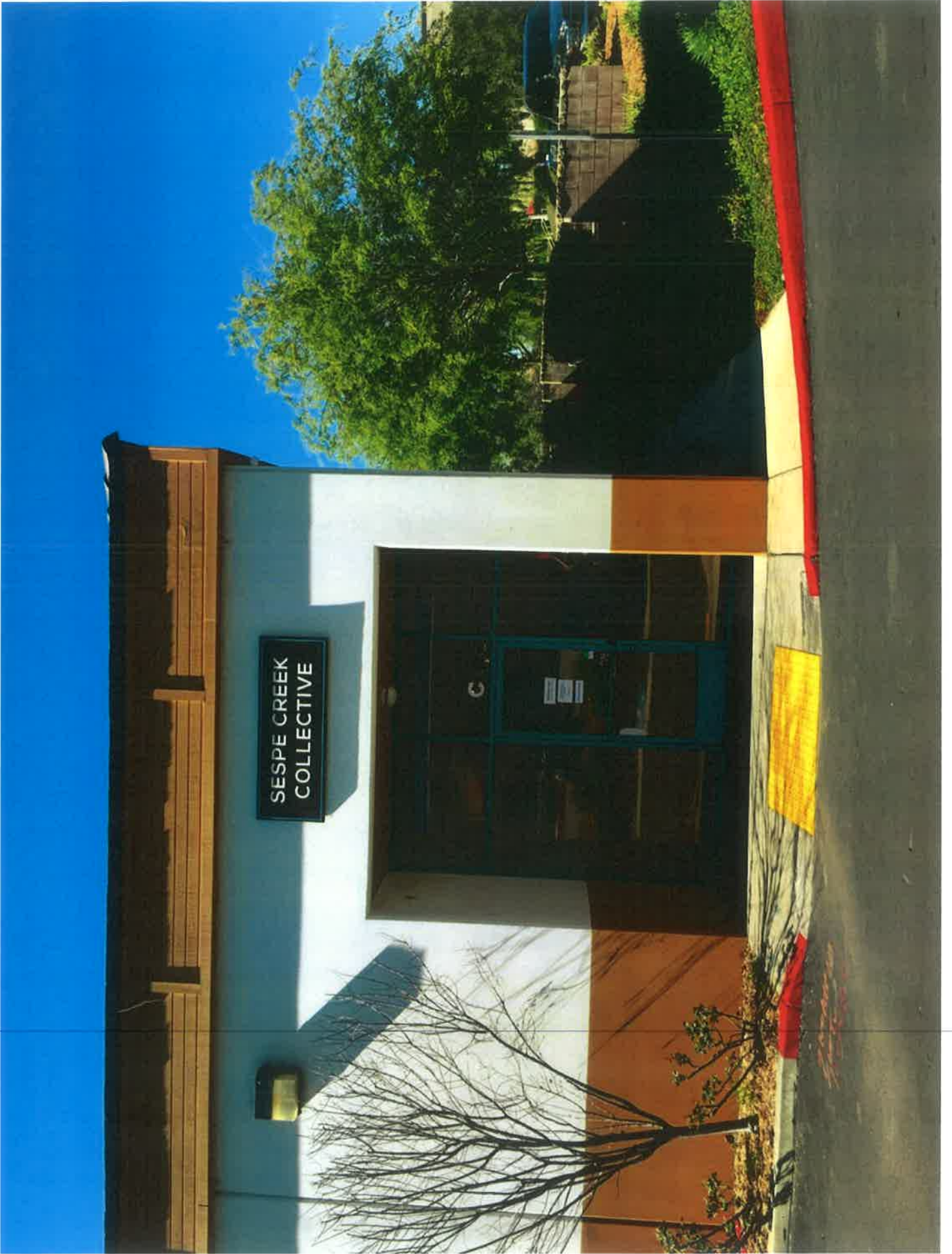
  
**PLEASE**  
REMOVE ALL HEAD  
COVERINGS AND  
SUNGLASSES  
BEFORE ENTERING

THE USE OF ANY  
CANNABIS PRODUCTS  
IS PROHIBITED  
ON PREMISES









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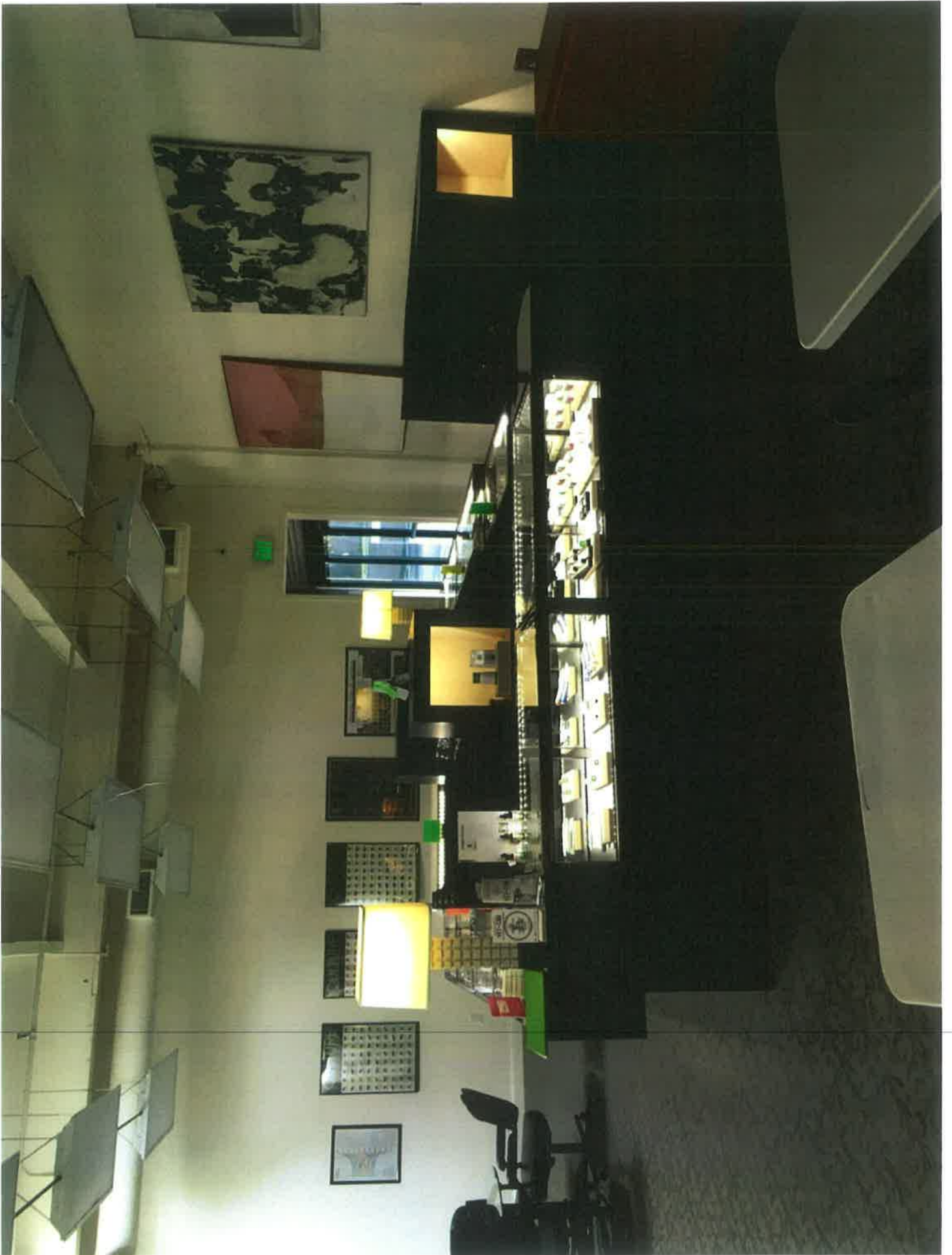
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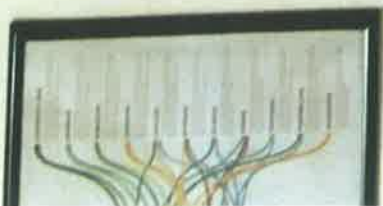
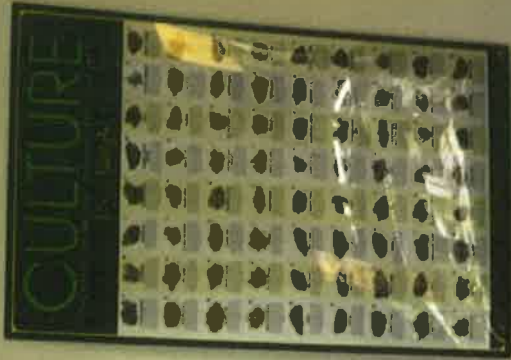
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# CANNABIS AND DRIVING DON'T MIX

## DID YOU KNOW? IT'S ILLEGAL...

### ...TO DRIVE AFTER USING CANNABIS.

You can get a DUI for cannabis, alcohol, prescription medication or any other drug that can impair your ability to drive.

### ...TO HAVE AN OPEN CONTAINER IN A VEHICLE. Put it in the trunk.

### ...TO SMOKE OR CONSUME IN A VEHICLE.

## A DUI CAN COST YOU:

- More than \$16,000 for a first conviction
- A criminal record
- Loss of driver's license
- Additional jail time if there are injuries

## IT'S RISKY:

- Reduces reaction time
- Slows coordination
- Distorts perception
- In combination with alcohol, affects driving more than either alone



**PLAN AHEAD. Get a ride, not a DUI.**



Funding for this program was provided by a grant from the California Office of Traffic Safety through the national Highway Traffic Safety Administration.  
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# KEEP CANNABIS AWAY FROM KIDS

## CANNABIS CAN MAKE KIDS VERY SICK

- Accidental use by children includes inhaling and eating.
- Cannabis edibles can be confused with regular food or candy.
- Symptoms in children may include sleepiness, trouble breathing, difficulty walking or sitting up.



## STORE IT SAFELY

- Keep it in a childproof container.
- Lock it up where it can't be seen or reached.
- Adjust how cannabis is stored: kid-proof for a young child may not stop older, curious kids and teens.



**IF YOU THINK YOUR CHILD HAS EATEN  
OR INHALED CANNABIS PRODUCTS**