

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, April 24, 2014

<p>Present McKian Nielsen, BHAB TAY Committee Chair Josh Lepore, Casa Pacifica Sharon Espinosa, Dept. of Rehab. Patti Yabu, Interface Brenda Ramirez, Probation Denisse Quintero, TAY Tunnel Anthony Marron, TAY Tunnel Melissa Murray, TAY Tunnel</p>	<p>VCBH Managers/Staff Present Meredyth Leafman, Transitions Manager Ramila Sloane, Family Liaison Holly Bishop, Transitions</p> <p>NEXT MEETING: Thursday, May 22, 2014, 10:30 a.m. – 12:00 pm Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard CA 93036</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:35.		
II.	Approval of the Agenda The Chair asked the committee to review and approve today's agenda. An amendment was proposed the Seeking Safety presentation will be done by Holly Bishop.	The agenda was approved as amended. M/S/C	
III.	Approval of the Minutes The Chair asked the committee to review and approve the minutes of the March meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions.		
V.	Chair Announcements The NAMI Walk will take place on Saturday, May 3 rd in Ventura. The Chair encouraged everyone to participate.		
VI.	Public Comments None.		
VII.	Old Business Letter to the Community. Chair Nielsen The Chair encouraged everyone to send the letter to community partners to invite them to the BHAB TAY meetings. A motion was made to add to the letter "We encourage you to attend. Please join us."	M/S/C	
VIII.	New Business		
	A. Casa Pacifica – Josh Lepore Josh Lepore presented on Casa Pacifica's independent living skills programs available to the youth, including those 16-18 years old and Transitional Housing Program Plus Foster Care (THP+FC). There is a health care clinic on site. There are scholarships available for college classes. The youth can get help locating family members.		

	<p>B. Seeking Safety – Holly Bishop of Oxnard Transitions This evidence-based program helps clients attain safety from symptoms of Post-Traumatic Stress Disorder (PTSD) and substance abuse. It teaches new coping skills. It is not mandatory for participants to have both PTSD and substance abuse. There are 25 modules and three stages, which are safety, mourning, and reconnection. It is presented in an open group and individual therapy.</p>		
IX.	<p>VCBH Transitions Update – Meredyth Leafman A nurse has been hired for Transitions; she supports the Oxnard, Simi and Conejo TAY clients and doctors.</p>		
X.	<p>VCBH Alcohol & Drug Program Update – Dr. Linda Gertson Dr. Gertson was not in attendance.</p>		
XI.	<p>VCBH Contracted Providers Update Anthony Marron stated that the TAY Tunnel:</p> <ul style="list-style-type: none"> • has several members in its NAMI Walk Team; • will start an orientation for the Todd Road WRAP class. • is serving 65 youth. 		
XII.	<p>Committee Members’ Comments/Activities N/A.</p>		
XIII.	<p>Items for Next Meeting Agenda Presentation by the Department of Rehabilitation.</p>		
XIII.	<p>Adjourn The meeting adjourned at 11:45.</p>		