

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, January 22, 2015

<p><u>Present</u> McKian Nielsen, BHAB TAY Committee Chair Dave Holmboe, BHAB Sharon Espinosa, Dept. of Rehab. Patti Yabu, Interface Denisse Quintero, TAY Tunnel</p>	<p><u>VCBH Managers/Staff Present</u> Meredyth Leafman, Manager, Older Adults Program Irma Victorino, Recording Secretary</p> <p>NEXT MEETING: Thursday, Feb. 26, 2015, 10:30 a.m. – 12:00 pm Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard CA 93036</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:35 am.		
II.	Approval of the Agenda 1. The Chair asked the committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes 1. The Chair asked the committee to review and approve the minutes of the September 25, 2014 meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions.		
V.	Chair Announcements 1. The Annual NAMI Walk is scheduled on Saturday, May 2, 2015. 2. NAMI Ventura County holds Camarillo Family Support Group every 2 nd Tuesday of the month. This group provides support and education to family members and friends suffering from severe mental illness. 3. Ventura County Behavioral Advisory Board (BHAB) meets every third Monday of the month.		
VI.	Public Comments None		
VII.	Update VCBH Transitions Program – Meredyth Leafman, Manager, TAY 1. The department is currently working on the protocol and develop best practices in working with individuals suffering from psychosis. TAY is starting a pilot program which will include providing individual treatment utilizing CBT for psychosis and a Multi-Family Solving program focusing on decreasing stress and increasing coping skills for TAY and their families. 2. TAY has collaborated with Ventura early Intervention Prevention Services (VIPS) to organize upcoming trainings.		

	<ol style="list-style-type: none"> 3. The department has started implementing extended hours in the TAY program in the effort of providing more clinic hours for clients and family members. 4. Currently, TAY Clinic Administrator oversees Oxnard and Conejo TAY Programs. 5. With the successful turnout of Dia De Los Muertos celebration organized by the TAY program to its clients and family members last year, the department has plans of expanding the celebration across the Adult Division. 6. TAY clients attended the 2014 SAHMSA Voice Awards program held in UCLA campus. The Voice Awards recognized both peers, consumers, and film professionals who educate the public about mental illness through film and television. TAY has implemented a “reducing stigma treatment group that utilizes films focusing on mental illness/health as a starting point for discussion and exploration. 		
VIII	VCBH Update – Alcohol and Drug Program Deferred.		
IX.	VCBH Contracted Providers’ Update <ol style="list-style-type: none"> 1. TAY Tunnel, Dennise Quintero <ol style="list-style-type: none"> a. Eight members graduated last Friday. Graduates received certificate and recommendations for employment. b. The Career Club of TAY Tunnel has just offered its Career Club Open House last January 21 in the Pacific Clinics TAY Tunnel. The open house aims to help young adults currently seeking employment and developing necessary job skills to build a career path for their future. For more details, contact Robert Chavez, robchavez@pacificclinics.org 		
X.	Items for Next meeting <ol style="list-style-type: none"> 1. Discuss 2014-2015 BHAB TAY Committee Goals and brainstorm progress, plans, and strategies 2. Increase participation of committee members 		
X.	Next meeting Thursday, February 26, 2015		
XI.	Adjourn The meeting adjourned at 12:00 pm		